								How issue			
Name of Program	Air Date	Day	Time In	Length	Title	Description - Synopsis	Issue treated	was treated	Host	Guests	Contact Information
Eastern Sierra News English	7/6/2019	Saturday	7:00am	0:29:50	News From 6/20/19	In the news, Inyo Water Department and LADWP reach agreement that went to Inyo Supervisors today. The Mammoth Lakes Fire Safe Council receives approval on a grant application, be hantavirus aware in the Eastern Sierra and The Mammoth Lakes Film Festival grew in its fith year	Water Rights/Usage, Fire Safety and	News Program	Bob Todd	Guests	1280 N. Main St. Suite J · Bishop, CA 93514 · 760-873- 5329
Frente a Frente in Spanish	7/7/2019	Sunday	6am	0:29:50	Against the Heart	Episode introduces a medical doctor who discusses heart attacks and diabetes and what it does to the human body. Also educating viewers on signs to look out for that are indicative of heart issues or diabetes such as chest pain, feeling of numbness in parts of the body. Dr.Alonzo also describes doctoral methods of pin pointing the areas of the artery that are failing in someone that has had a heart attack. Also discussed is the increase in Type II Diabetes in children which has become a rising epidemic. Dr.Alonzo also provides information on beginning a nutritional diet, most importantly decreasing ones intake of bad carbohydrates and fatty foods.	Diabetes, Wellness, Fitness	News Program	Guillermo Ahumada	Dr.Alonso Alberto	Gahumada@lbimedia.com
Eastern Sierra News English	7/13/2019	Saturday	7:00am	0:29:50	News From 6/20/19 - Repeat	In the news, Inyo Water Department and LADWP reach agreement that went to Inyo Supervisors today. The Mammoth Lakes Fire Safe Council receives approval on a grant application, be hantavirus aware in the Eastern Sierra and The Mammoth Lakes Film Festival grew in its fith year		News Program	Bob Todd		1280 N. Main St. Suite J · Bishop, CA 93514 · 760-873- 5329
Frente a Frente in Spanish	7/14/2019	Sunday	6am	0:29:50	Singers	Guest panelists are two artistic singers of folk ballads known as 'corridos' which are a form of narrative song or verse, and are largely popular in Mexico and the Southwestern US. Guests discuss evolving the corrido style and creating narratives that pertain to love through the lens of a woman's perspective. Guests also elaborate on their individual journey to discovering and refining their skills as singers. Also discussed is Reggaeton which is a mixture of hip hop, dancehall and Caribbean music. Panelists provide their opinion on their distaste of Reggaeton because it lacks substance, variety, degradation of women and portrays a negative lifesyle involving sex and drugs. Ultimately the theme of the episode is discovering and crafting your talent and to pursue ones dream.		News Program	Guillermo Ahumada	Nancy Rey, Angelica Ramirez	Gahumada@lbimedia.com
Eastern Sierra News English	7/20/2019	Saturday	6:00am	0:29:50	News From 6/20/19 - Repeat	In the news, Inyo Water Department and LADWP reach agreement that went to Inyo Supervisors today. The Mammoth Lakes Fire Safe Council receives approval on a grant application, be hantavirus aware in the Eastern Sierra and The Mammoth Lakes Film Festival grew in its fith year		News Program	Bob Todd		1280 N. Main St. Suite J · Bishop, CA 93514 · 760-873- 5329
Frente a Frente in Spanish	7/21/2019	Sunday	6am	0:29:50	Financial Education	Episode discusses finances and consumer spending. Guest educates the public on ways to spend their money wisely and economically such as identifying the aspects in ones life that require saving and planning financial goals. Guest suggests to get together with spouse or partner and make a realistic list of spending that is necessary. Guest also emphasizes to begin saving early not when you need the finances and to be aware of situations that can cause debt such as interests, etc.	Education, Economics, Taxes, Rent	News Program	Guillermo Ahumada	Azucena Gomez	Gahumada@lbimedia.com

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Name of Program	Air Date	Day	Time In	Length	Title	Description - Synopsis	Issue treated	was treated	Host	Guests	Contact Information
Eastern Sierra	7/27/2019	Saturday	6:00am	0:29:50	News from	In the news, The 50th Mule Days was a rousing success - Mule Days		News	Bob Todd	Guesis	1280 N. Main St. Suite J
News English	772772010	Gataraay	0.000111	0.20.00	5/30/19	President Kent Schlick spoke with SWM, a sobering look at a great	Drunk Driving.	Program	Dob Toda		Bishop, CA 93514 · 760-873-
3 -						video of the "Every 15 Minutes" event in Mammoth Lakes, Inyo	Teen	3			5329
						County commercial cannabis license application win to reopen June	Drug/Tabacco				
						10, Bishop City Council discusses kids and flavored tobacco and the	Abuse, Legal				
						FERC calls Prememium Energy's hydro electric problem "patently	Canibus and				
						deficient."	Local				
Fuente e	7/28/2019	Consider	C	0:29:50	W/	Constantiana their arresticate asses Messas a Durat of Fire	Infrastructure	Name	Guillermo	Dana Jamania	Gahumada@lbimedia.com
Frente a Frente in	7/28/2019	Sunday	6am	0:29:50	Women of Fire	Guests discuss their organization's name Women a Proof of Fire which stands on the idea of arising from fire as a spirtual means of	Organization, Literature,	News Program	Ahumada	Rose Ismerio, Erika Rojas,	Ganumada@ibimedia.com
Spanish					1116	cleansing. It represents the hardships in life but resulting in a	Empowerment,	riogram	Anumaua	Marba Reyes,	
Оранізн						transformation of a better self. The organization of Women a Proof of	Self-help,			Miriam Balderas	
						Fire has a book that provides women with stories from their personal	Mental Health			Robles, Elba	
						experiences in the hopes to inspire. The stories in the book regard				Granados	
						topics such as becoming a new mother, navigating life in a new					
						country and language, experiences of an immigrant and how to start					
						and maintain a business. Also provided is a website for up to date					
						organization meetings, inviting all women to participate.					
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Eastern Sierra	8/3/2019	Saturday	6:00am	0:29:50	News from	In the news, the Navy reported the pilot whose fighter jet crashed in	Opiod Crisis,	News	Bob Todd		1280 N. Main St. Suite J ·
News English					8/1/19	Death Valley National Park is dead, local officials get together for an Opiod Summit, an arrest on felony sexual abuse charges in Mono	Sexual crimes and driver	Program			Bishop, CA 93514 · 760-873- 5329
						County and motorists urged to drive safely and be on the lookout for	safety				3329
						wildlife.	Salety				
Frente a	8/4/2019	Sunday	6am	0:29:50	Ecuador	Episode discusses national pride of the people of Ecuador particulary	Latin America,	News	Guillermo	Mentor Paredes	Gahumada@lbimedia.com
Frente in						their Independence Day, 24th of May. The 10th of August is their	Indepence	Program	Ahumada		
Spanish						most celebrated day as Ecuadorians and patriots got together to	Day, Ecuador				
						revolutionize their independence from all of America. Guest discusses					
						and invites viewers to their parade taking place in City Hall, where people of all nationalities celebrate their individual countries					
						independence particulary people from Latin America. Also in					
						attendence are guest speakers from Ecuador, some from an					
						organization called Boys Against Cancer also political counselors of					
						various cities of Ecuador.					
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Eastern Sierra	8/10/2019	Saturday	6:00am	0:29:50	News from	In the news, the Navy reported the pilot whose fighter jet crashed in	Opiod Crisis, Sex Crimes	News	Bob Todd		1280 N. Main St. Suite J
News English					8/1/19 - repeat	Death Valley National Park is dead, local officials get together for an Opiod Summit, an arrest on felony sexual abuse charges in Mono	and Driver	Program			Bishop, CA 93514 · 760-873- 5329
						County and motorists urged to drive safely and be on the lookout for	Safety				3023
						wildlife.	Galoty				
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Name of Program Frente a Frente in Spanish	<b>Air Date</b> 8/11/2019	<b>Day</b> Sunday	Time In 6am	Length 0:29:50	Title CPR	Description - Synopsis  Episode discusses CPR and educates viewers on how to help someone that is unconscious, had cardiac arrest and establish if CPR is necessary. Guest doctor, educates viewers on how to initiate CPR steps, and stresses a person has 5 minutes to revive the unconscious person. Guest also advises viewers in ones family that has the potentional to have a cardiac arrest such as, the elderly, people that have previously had a heart attack,stroke, obesity particulary with arterial problems. Guest also suggests a person who is administering CPR be in good physical shape. Most importantly educated and trained to effectively administer CPR with successful results. However,	Issue treated  Health, Fitness, Cardiac Arrest, CPR, Health Education	How issue was treated News Program	Host Guillermo Ahumada	Guests  Dr. Alberto Alonzo	Contact Information Gahumada@lbimedia.com
Eastern Sierra News English		Saturday	6:00am	0:29:50	News from 8/8/19	a person without training can also successfully administer CPR, providing the compression techniques and air into the mouth.  In the news, a San Bernardino man drowned in Lake Mamie, Caltrans will enhance the stop signs at Wye Rd. and Highway 6. The CHP plans a Mono County sobriety checkpoint Friday, Inyo Supervisors face more issues with trees and bike thefts this summer in the Eastern Sierra	Local Crime, Road/Driver Safety, Local Enviromental Laws and Personal Safety	News Program	Bob Todd		1280 N. Main St. Suite J · Bishop, CA 93514 · 760-873- 5329
Frente a Frente in Spanish	8/18/2019	Sunday	6am	0:29:50	El Paso Shooting	Episode topic is on shootings in the US particulary in El Paso, Texas and Dayton, Ohio. Host asks guests on whether POTUS' rhetoric of hate, racism, and lack of political laws have affected mass shootings. Additionally, how the El Paso shooting was a direct attack on the Latin American community. Guest Alvarado provides his analysis on lack of mental health care, Trump's suggestive hate for people of color and how this effects Caucasian violence against Mexicans. Guest Sanabria adds 3 factors, easy access to high ammunition guns, inaction of legislative laws from Congress and the easy facilition,lack of strong background checks for guns. Also discussed is the increase in raids, recently several factories in Mississipi where 600 immigrants were detained. Guests believe these raids to be a political raid from President Trump as a means to placate what he has promised his base.	Gun Control, Immigration, Legislation, Latin Community	News Program	Guillermo Ahumada	Luis Alvarado, Salvador Sanabria	Gahumada@lbimedia.com
Eastern Sierra News English	8/24/2019	Saturday	6:00am	0:29:50	News from 8/8/19 - repeat	In the news, a San Bernardino man drowned in Lake Mamie, Caltrans will enhance the stop signs at Wye Rd. and Highway 6. The CHP plans a Mono County sobriety checkpoint Friday, Inyo Supervisors face more issues with trees and bike thefts this summer in the Eastern Sierra	Local Crime, Road/Driver Safety, Local Enviromental Laws and Personal Safety	News Program	Bob Todd		1280 N. Main St. Suite J · Bishop, CA 93514 · 760-873- 5329

Name of								How issue was			
Program	Air Date	Day	Time In	Length	Title	Description - Synopsis	Issue treated	treated	Host	Guests	Contact Information
Frente a Frente in Spanish	8/25/2019	Sunday	6am	0:29:50	Donald Trump	Episode discusses the negotiation between the United States and Guademala by providing a safe and secure space for deported immigrants. Which has resulted in the deportation of fifty-five thousand immigrants to Guademala in the past four months. Guest Gutierrez is opposed to the agreement by the president of Guademala due to the country's current political and economic problems. Additionally Guademala doesn't have the infrastructure and means to handle the mass population of immigrants from Mexico, Salvador and Honduras. Episode also discusses the shift of campaigning by highlighting Julian Castro in which he criticizes Trump and his statements such as, going back to your country, referring a country as a sh*+hole, and demeaning Mexicans as rapists and murders. Panelists state their opinion on the rules of campaigning having changed because of the populist style of President Trump.	Immigration, Guademala, Campaign, Politics	News Program	Guillermo Ahumada	Juan Jose Gutierrez, Raul Murillo	Gahumada@lbimedia.com
Eastern Sierra News English	8/31/2019	Saturday	6:00am	0:29:50	News from 8/8/19 - repeat	In the news, a San Bernardino man drowned in Lake Mamie, Caltrans will enhance the stop signs at Wye Rd. and Highway 6. The CHP plans a Mono County sobriety checkpoint Friday, Inyo Supervisors face more issues with trees and bike thefts this summer in the Eastern Sierra	Local Crime, Road/Driver Safety, Local Enviromental Laws and Personal Safety	News Program	Bob Todd		1280 N. Main St. Suite J · Bishop, CA 93514 · 760-873- 5329
Frente a Frente in Spanish	9/1/2019	Sunday	6am	0:29:50	Diabetes	The episode topic is on diabetes and related health issues. Guest Ibanez stresses to seek medical assistance to varify if you have diabetes and suggests to get checked 3 times a year. Also people that have a genetic predisposition to diabetes should get checked as a preventative measure. Nutritionist Estrada focuses on diabetes in children and what diet is best for an individual as not all diabetics have similar symptoms. Panelists inform viewers on nutrition, cutting back on eating fruit and introducing greens in ones diet. Pregnant women are also prone to diabetes because of the rise in hormones resulting in diabetes transmitted to their child. Panelists suggest if one wants to add bicarbonates into their diet, check if they are safe for human consumption adding only a tablespoon per liter of water.	Health, Wellness, Diabetes, Nutrition	News Program	Guillermo Ahumada	Alba Ibanez, Javier Estrada	Gahumada@lbimedia.com
Eastern Sierra News English	9/7/2019	Saturday	6:00am	0:29:50	News from 9/7/19	In the news, the Taboose Fire is burning southwest of Big Pine, Tesla wants to put charging stations in Bishop, traffic advisory this Saturday's huge event, the Mammoth Gran Fondo Grants help put a weather station in Bishop. An arrest in June Lake after a standoff with law enforcement with two arrested in Bishop on charges including stolen vehicles	Fire Safety, Electrical Cars, Local Law Enforcement and Local Enviroment	News Program	Bob Todd		1280 N. Main St. Suite J · Bishop, CA 93514 · 760-873- 5329

Name of								How issue was			
Program	Air Date	Day	Time In	Length	Title	Description - Synopsis	Issue treated	treated	Host	Guests	Contact Information
Frente a Frente in Spanish	9/8/2019	Sunday	6am	0:29:50	FBI Organizations	Episode dicusses the recent changes in deportation in Mexico due to	FBI, Immigration, Deportation, Activism	News Program	Guillermo Ahumada	Juan Jose Gutierrez	Gahumada@lbimedia.com
Eastern Sierra News English	9/14/2019	Saturday	6:00am	0:29:50	News from 9/7/19 - repeat	In the news, the Taboose Fire is burning southwest of Big Pine, Tesla wants to put charging stations in Bishop, traffic advisory this Saturday's huge event, the Mammoth Gran Fondo Grants help put a weather station in Bishop. An arrest in June Lake after a standoff with law enforcement with two arrested in Bishop on charges including stolen vehicles	Fire Safety, Electrical Cars, Local Law Enforcement and Local Enviroment	News Program	Bob Todd		1280 N. Main St. Suite J · Bishop, CA 93514 · 760-873- 5329
Frente a Frente in Spanish	9/15/2019	Sunday	6am	0:29:50	Professor Kevin De Leon	Guest speaker was a professor of UCLA and USC who is now a candidate for counselor of Los Angeles, District 14. Panelist discusses the current homelessness epidemic that is occuring in Los Angeles as a humanitarian crisis. He emphasizes the housing market is failing to provide sufficient housing for working class people, but instead build luxury homes and apartments. Additionally, providing suifficient psychological help for people that have lost their jobs, mental health resources and how to manage a stable income. Also discussed is immigration pertaining to the Supreme Court's approval of Donald Trump's ligation for people seeking asylum.	Housing, Los Angeles, Mental Health, Immigration, Politics, Asylum	News Program	Guillermo Ahumada	Kevin De Leon	Gahumada@lbimedia.com
Eastern Sierra News English	9/21/2019	Saturday	6:00am	0:29:50	New from 9/14/19	In the news, an update on the Taboose Fire and Sierra Wave Media's Bill Snyder has an interview about the helicopters on the Taboose Fire at Bishop Airport. New green waste disposal in Mono County, Inyo County braces for a possible strain of big Tumbleweeds, a great story on the Carson and Colorado Railway making two successful runs in Colorado and information on the vaping crisis in the United States.	Forrest Fires, Recycling, Local History and Vaping	News Program	Kat Greenman	Bill Snyder	1280 N. Main St. Suite J · Bishop, CA 93514 · 760-873- 5329
Frente a Frente in Spanish	9/22/2019	Sunday	6am	0:29:50	Books & Authors	The episodes topic is on the personal experiences of the panelists and how they published those stories into a book. Guest Cacho discusses her book written for the Latin American community regarding anxiety, depression, stress and panic attacks. She provides a compilation of personal experiences regarding these attacks and how she overcame them. Guest Vargas discusses her book about Divorce, where she provides insight, suggestions, and how to process divorce through forgiveness and understanding. The book also serves to help couples currently married as well as people that are single. Guest Rojas discussed her book that provides suggestions, tips, refining ones skill as a writer, and how to publish your work.	Self-Help, Mental Health, Literature	News Program	Guillermo Ahumada	Jackeline Cacho, Elizabeth Vargas, Erika Rojas	Gahumada@lbimedia.com

Name of Program Eastern Sierra News English	<b>Air Date</b> 9/28/2019	<b>Day</b> Saturday	Time In 6:00am	Length 0:29:50	Title New from 9/14/19 - Repeat	Description - Synopsis  In the news, an update on the Taboose Fire and Sierra Wave Media's Bill Snyder has an interview about the helicopters on the Taboose Fire at Bishop Airport. New green waste disposal in Mono County, Inyo County braces for a possible strain of big Tumbleweeds, a great story on the Carson and Colorado Railway making two successful runs in Colorado and information on the vaping crisis in the United States.		How issue was treated  News Program	Host Kat Greenman		Contact Information 1280 N. Main St. Suite J · Bishop, CA 93514 · 760-873- 5329
Frente a Frente in Spanish	9/29/2019	Sunday	6am	0:29:50	Insurance	Episode discusses health insurance and changes to health care laws in the state of California. Guest Yadira provides information on coverage options offered by the company she works for. Panelists urge viewers to seek health insurance regardless of immigration status. Noting that people will often fall under the assumption that they will never get sick, are in good health and can live without insurance. However, panelists describe the various people that they have spoken with that are currently paying off high health care bills. Medicare is also discussed and advised to add plan C to Medicare insurance, which covers doctor visits, hospitalizations, and surgery.	Health Care, Insurance, Medicare	News Program	Guillermo Ahumada	Jose Luis Gonzales, Yadira M Lopez	Gahumada@lbimedia.com