Name of Program	Air Date	Day	Time In	Length	Title	Description - Synopsis	Issue treated	How issue was treated	Host	Guests	Contact Information
Eastern Sierra News - English	1/4/2020	Saturday	6:00am	0:29:50	News from 11/20/2019	This episode covers on some local political changes. With a focus on National Smokeout day and updated Inyo county flood maps. The national smokeout day or the "Great American smokeout," is a day to bring awareness to lung cancer and the dangers of smoking. With the updated flood maps supplied by FEMA providing needed emergency information to the community.	Dangers of Smoking and Emergency Preparedness	News Program	Kat Greenman		1280 N. Main St. Suite J · Bishop, CA 93514 · 760-873-5329
Frente a Frente - Spanish	1/5/2020	Sunday	6am	0:29:50	Census	This episode discusses the importance of the census and what it provides to local communities from state taxes and where money should be distributed for services such as schools, medicare and various public services. Also provided is information for applying for a census job provided you meet the requirements to apply. Most importantly, guest stresses that no personal information is asked for such as citizenship, but simply counting residents residing in their home. Additionally information remains private and will not be given to Homeland Security. Guest advises if personal information is asked to contact local authorities as they are not census approved workers.	Census Bureau, Dpt. Of Commerce, House of Representatives	News Program	Guillermo Ahumada	Patricia Ramos	Gahumada@lbimedia.com
Eastern Sierra News - English	1/11/2020	Saturday	6:00am	0:29:50	News from 12/18/2019	Episode covers power infastructure in Mono County. New generator to supply Jail and 911 center. State Parks lack of staffing, funding and vandalism. Feature on Hanta Virus infections caused by mouse waste. Concerns as residents visit cabins that have been unattended.	Hana Virus prevention, City Infastructure and local state parks	News Program	Kat Greenman		1280 N. Main St. Suite J · Bishop, CA 93514 · 760-873-5329
Frente a Frente - Spanish	1/12/2020	Sunday	6am	0:29:50	Supreme Dreamers	Episode discusses Deferred Action for Childhood Arrivals which Trump has labeled these individuals as criminals and gangsters via Twitter. Guest discusses President Trump's indecision to continuing DACA or taking it away as he has not yet made a final decision. Also discussed is the final decision of the Supreme Court in May or June if DACA will remain protected. Finally guest Galvez, states if a viewer believes that they are eligible for citizenship or residency to apply as there will be a a fee of more than one-thousand dollars. Additionally, an immigration lawyer is suggested as applying for residency is most efficient to do once and assistance from a lawyer secures an application. Guest also states there are various organizations that can assist in this process as well.	Immigration, DACA, Supreme Court	News Program	Guillermo Ahumada	Alex Galvez	Gahumada@lbimedia.com
Eastern Sierra News - English	1/18/2020	Saturday	6:00am	0:29:50	News from 12/18/19 repeat	Episode covers power infastructure in Mono County. New generator to supply Jail and 911 center. State Parks lack of staffing, funding and vandalism. Feature on Hanta Virus infections caused by mouse waste. Concerns as residents visit cabins that have been unattended.	Hana Virus prevention, City Infastructure and local state parks	News Program	Kat Greenman		1280 N. Main St. Suite J · Bishop, CA 93514 · 760-873-5329
Frente a Frente - Spanish	1/19/2020	Sunday	6am	0:29:50	Supreme Dreamers - Repeat	Episode discusses Deferred Action for Childhood Arrivals which Trump has labeled these individuals as criminals and gangsters via Twitter. Guest discusses President Trump's indecision to continuing DACA or taking it away as he has not yet made a final decision. Also discussed is the final decision of the Supreme Court in May or June if DACA will remain protected. Finally guest Galvez, states if a viewer believes that they are eligible for citizenship or residency to apply as there will be a a fee of more than one-thousand dollars. Additionally, an immigration lawyer is suggested as applying for residency is most efficient to do once and assistance from a lawyer secures an application. Guest also states there are various organizations that can assist in this process as well.	Immigration, DACA, Supreme Court	News Program	Guillermo Ahumada	Alex Galvez	Gahumada@lbimedia.com
Eastern Sierra News - English	1/25/2020	Saturday	6:00am	0:29:50	News from 12/18/19 repeat	Episode covers power infastructure in Mono County. New generator to supply Jail and 911 center. State Parks lack of staffing, funding and vandalism. Feature on Hanta Virus infections caused by mouse waste. Concerns as residents visit cabins that have been unattended.	Hana Virus prevention, City Infastructure and local state parks	News Program	Kat Greenman		1280 N. Main St. Suite J · Bishop, CA 93514 · 760-873-5329

Name of Program	Air Date	Day	Time In	Length	Title	Description - Synopsis	Issue treated	How issue was treated	Host	Guests	Contact Information
Frente a Frente - Spanish	1/26/2020	Sunday	6am	0:29:50	Business	Episode discusses the economy, buisness and finances. The segment begins by discussing affordable housing all alwousing all alwousing all alwousing all alwousing almost a rise in rent and people of low income cannot afford to pay rent. Landlords also contribute to this problem by not complying with affordable housing laws. Guests discuss the highs and lows of starting a business, most emphasized is to follow ones passion as it will be the mental motivational drive to persue their business. Guest John suggests they seek support from family and loved ones as it will provide some confirmation that their business may have validity to continue to persue. Guest also informs viewers on obtaining ITIN's, SBA, and various resources to establishing their business.	Business, Education, Economy, Housing laws	News Program	Guillermo Ahumada	John Ismerio, Rose Ismerio	Gahumada@lbimedia.com
Eastern Sierra News - English	2/1/2020	Saturday	6:00am	0:29:50	News from 1/29/20	Bishop airport scoping session, experts preparing for eviromental review of airport. Concerns of hurting tourism. The California Department of Fish and Wildlife (CDFW) has proposed an inland trout angling regulation simplification: year round fishing with a five fish limit, and no restriction on method of take. CDFW also settling tribe disbute of deer hurting. Allowing 16 deer a year for tribal community and education.	Tourism, CDFW politics and Tribal rights	News Program	Bill Syder		1280 N. Main St. Suite J · Bishop, CA 93514 · 760-873-5329
Frente a Frente - Spanish	2/2/2020	Sunday	6am	0:29:50	Trump Nightmares	Episode discusses what is currently occurring in the US, the border and Central America. Opening segment goes over impeachment proceedings, both guests give analysis to potentional outcomes. Guest Luis Alvarado, notes impeachment proceedings as a null point being that republican led Congress will not impeach Donald Trump. However, he points out that proceedings are a good way to determine what side a senator is on and thus a voter can determine if one would like to vote them out of office. Also discussed are the Handuran migrants heading into Mexico to board caravans into the U.S. but were withheld by authorities in Mexico and subsequently deported back to their country.	Impeachment, Congress, Immigration	News Program	Guillermo Ahumada	Luis Alvarado, Salvador Sanabria	Gahumada@lbimedia.com
Eastern Sierra News - English	2/8/2020	Saturday	6:00am	0:29:50	News from 1/29/20 - repeat	Bishop airport scoping session, experts preparing for eviromental review of airport. Concerns of hurting tourism. The California Department of Fish and Wildlife (CDFW) has proposed an inland trout angling regulation simplification: year round fishing with a five fish limit, and no restriction on method of take. CDFW also settling tribe disbute of deer hurting. Allowing 16 deer a year for tribal community and education.	Tourism, CDFW politics and Tribal rights	News Program	Bill Syder		1280 N. Main St. Suite J · Bishop, CA 93514 · 760-873-5329
Frente a Frente - Spanish	2/9/2020	Sunday	6am	0:29:50	Taxes	The episode discusses tax season and tax preparations. Guest Edgar Palacios answers questions regarding filing and tax preparations. Host raises the question of situational cases where people have children outside of the US or another country and question if one is allowed to claim that child as a dependent when filing their taxes. The response being that one can claim their child as a dependent if they are providing more than \$300 dollars to said child and if they reside in Mexico, Canada or Puerto Rico only. Finally Edgar Palacios stresses that calls stating they are from Internal revenue, social security, etc. seeking payments for unpaid taxes is false and illegal. Personal information such as banking accounts, home addresses and tax information should never be provided via phone call and is a sure way to determine that the call is not from a legitimate IRS personnel.	IRS, Taxes, Economy	News Program	Guillermo Ahumada	Edgar N. Palacios,	Gahumada@lbimedia.com
Eastern Sierra News - English	2/15/2020	Saturday	6:00am	0:29:50	News from 1/29/20 - repeat	Bishop airport scoping session, experts preparing for eviromental review of airport. Concerns of hurting tourism. The California Department of Fish and Wildlife (CDFW) has proposed an inland trout angling regulation simplification: year round fishing with a five fish limit, and no restriction on method of take. CDFW also settling tribe disbute of deer hurting. Allowing 16 deer a year for tribal community and education.	Tourism, CDFW politics and Tribal rights	News Program	Bill Syder		1280 N. Main St. Suite J · Bishop, CA 93514 · 760-873-5329

Name of Program	Air Date	Day	Time In	Length	Title	Description - Synopsis	Issue treated	How issue was treated	Host	Guests	Contact Information
Frente a Frente - Spanish	2/16/2020	Sunday	6am	0:29:50	Frontier	Episodes discusses various topics relating to immigration. The episode begins on the topic of social services and who can qualify for them. Also discussed is the exploitation of undocumented minors and adults that are forced into prostitution and criminal acts. People that are trafficked into the U.S for sex or prostitution have agencies that will protect them, file a complaint with authorities and direct them to help for women with similar cases. There is also a specific visa to those that have been trafficked into the US for labor or sex work, prostitution. Also discussed are the forms required for filing for public assistance.	Immigration, Asylum, Citizenship	News Program	Guillermo Ahumada	Silvia Aguirre	Gahumada@lbimedia.com
Eastern Sierra News - English	2/22/2020	Saturday	6:00am	0:29:50	News from 1/29/20 - repeat	Bishop airport scoping session, experts preparing for eviromental review of airport. Concerns of hurting tourism. The California Department of Fish and Wildlife (CDFW) has proposed an inland trout angling regulation simplification: year round fishing with a five fish limit, and no restriction on method of take. CDFW also settling tribe disbute of deer hunting. Allowing 16 deer a year for tribal community and education.	Tourism, CDFW politics and Tribal rights	News Program	Bill Syder		1280 N. Main St. Suite J · Bishop, CA 93514 · 760-873-5329
Frente a Frente - Spanish	2/23/2020	Sunday	6am	0:29:50	The Violence You Cannot See	The episode discusses the side of domestic violence involving verbal, psychological abuse that ultimately harms ones self esteem. Guest Patricia Montero discusses her book "The Violence you cannot see" in which she describes the subtle types of psychological abuse that often are disregarded as abuse by a significant other. Guest describes the types of abuse that range from judgment of ones way of speaking, household tasks, harsh criticisms that come from an aspect of negativity. Ultimately these actions lead to negative views of ones self esteem and cause self doubt. Guest Annette Torres suggests to viewers if one feels they are being abused but unsure to read books on the topic, speak with agencies or women's shelter.	Domestic Violence, Psychology, Mental Health	News Program	Guillermo Ahumada	Patricia Montero, Annette Torres	Gahumada@bimedia.com
Eastern Sierra News - English	2/29/2020	Saturday	6:00am	0:29:50	News from 1/29/20 - repeat	Bishop airport scoping session, experts preparing for eviromental review of airport. Concerns of hurting tourism. The California Department of Fish and Wildlife (CDFW) has proposed an inland trout angling regulation simplification: year round fishing with a five fish limit, and no restriction on method of take. CDFW also settling tribe disbute of deer hurting. Allowing 16 deer a year for tribal community and education.	Tourism, CDFW politics and Tribal rights	News Program	Bill Syder		1280 N. Main St. Suite J · Bishop, CA 93514 · 760-873-5329
Frente a Frente - Spanish	3/1/2020	Sunday	6am	0:29:50	Autism	Episode discusses children with austism, informs on what autism is and how to better understand behaviors. Guest Margarita who is a medical pediatrician provides information which introduces autism as a disease not always seen physically. However, there are children who exhibit symptoms such as difficulties paying attention, behavior and delayed speech development at an expected age for language. Guest also stresses that a child with autism may have different needs that need to be met such as speaking softly/slowly, need in depth explanations to complete a task. The final segment discusses the need for medication for children with autism. Guest states that studies have shown that brain scans of children with autism have shown that there are no irregularities. Medication is not needed when everything in the brain appears to be normal. Guest Margarita stresses that a child with autism are not mentally ill, they are simply a different child with different kinds of needs.	Autism, Health, Wellness	News Program	Guillermo Ahumada	Margarita Gonzalez	Gahumada@lbimedia.com
Eastern Sierra News - English	3/7/2020	Saturday	6:00am	0:29:50	News from 1/29/20 - repeat	Bishop airport scoping session, experts preparing for eviromental review of airport. Concerns of hurting tourism. The California Department of Fish and Wildlife (CDFW) has proposed an inland trout angling regulation simplification: year round fishing with a five fish limit, and no restriction on method of take. CDFW also settling tribe disbute of deer hunting. Allowing 16 deer a year for tribal community and education.	Tourism, CDFW politics and Tribal rights	News Program	Bill Syder		1280 N. Main St. Suite J · Bishop, CA 93514 · 760-873-5329

Name of Program	Air Date	Day	Time In	Length	Title	Description - Synopsis	Issue treated	How issue was treated	Host	Guests	Contact Information
Frente a Frente - Spanish	3/8/2020	Sunday	6am	0:29:50	Primaries	Episode discusses the impact of voting, the importance of participating and the difference it makes during primary voting. In California the hispanic vote aided in Bernie Sanders candidacy and maintained an actual possibility toward a presidential candidate. Additionally in California proposition 13 regarding the construction of new schools or fixing schools with deteriorating infastructure did not pass. Also discussed and explained is the electoral college composed of approximately six hundred and forty constituents who represent all congressional districts, one vote for each district.	Primaries, Voting, Presidential Candidate, Electoral college	News Program	Guillermo Ahumada	Juan Jose Gutierrez, Laura Valdez Gonzalez	Gahumada@bimedia.com
Eastern Sierra News - English	3/14/2020	Saturday	6:00am	0:29:50	News from 3/4/2020	Episode covers 2019 taxes and local programs to help low income and elderly complete taxes. A disscussion on local EMT programs and a request for help in Mono County. And, a Mosiquito outbreak in Mono county due to hot wea	Taxes, Community Programs, Health & Safety	News Program	Charles James		1280 N. Main St. Suite J · Bishop, CA 93514 · 760-873-5329
Frente a Frente - Spanish	3/15/2020	Sunday	6am	0:29:50	Advocates	Episode discusses injuries in the work place, workers compensation and seeking new employment. Guest Angie Gorzalez who is a vocational rehabilitation counselor who assists in seeking new jobs and services from insurance and one's state, for instance workers compensation. Additionally discussed is workers compensation as a process that can involve many months to years depending on the injury. Guest also highlights positive experiences she's had with previous clients who were successfully provided with workers compensation. Additionally with her help have found new jobs in other fields of interest from people who can no longer work with their previous employer due to workers comp injury.	Self-help, Wellness, Workers Compensation	News Program	Guillermo Ahumada	Angie Gonzalez	Gahumada@bimedia.com
Eastern Sierra News - English	3/21/2020	Saturday	6:00am	0:29:50	News from 3/11/2020	Episode primarily focuses on the Corona virus, the health inpacks and prevention. Disscussion of event closures. And also stolen equipment from the fire department. Episode also includes an interview with Jaci Mill, infection control officer from the Toiyabe Indian Health project: importance of social distancing and protective gear.	COVID, Health and Safety and Local Economics	News Program	Charles James		1280 N. Main St. Suite J · Bishop, CA 93514 · 760-873-5329
Frente a Frente - Spanish	3/22/2020	Sunday	6am	0:29:50		The episode discusses the side of domestic violence involving verbal, psychological abuse that ultimately harms ones self esteem. Guest Patricia Montero discusses her book "The Violence you cannot see" in which she describes the subtle types of psychological abuse that often are disregarded as abuse by a significant other. Guest describes the types of abuse that range from judgment of ones way of speaking, household tasks, harsh criticisms that come from an aspect of negativity. Ultimately these actions lead to negative views of ones self esteem and cause self doubt. Guest Annette Torres suggests to viewers if one feels they are being abused but unsure to read books on the topic, speak with agencies or women's shelter.	Domestic Violence, Psychology, Mental Health	News Program	Guillermo Ahumada	Patricia Montero, Annette Torres	Gahumada@bimedia.com
Eastern Sierra News - English	3/28/2020	Saturday	6:00am	0:29:50	News from 3/18/2020	Episode focuses on the Corona virus, new guidelines, testing locations in Inyo County, the 3/17 business closure order from the state discussed in detail and local supply shortages of protective equipment.	COVID, Health and Safety and Local Economics	News Program	Charles James		1280 N. Main St. Suite J · Bishop, CA 93514 · 760-873-5329

Name of Program	Air Date	Day	Time In	Length	Title	Description - Synopsis	Issue treated	How issue was treated	Host	Guests	Contact Information
Frente a Frente - Spanish	3/29/2020	Sunday	6am	0:29:50	Autism - Repeat	Episode discusses children with austism, informs on what autism is and how to better understand behaviors. Guest Margarita who is a medical pediatrician provides information which introduces autism as a disease not always seen physically. However, there are children who exhibit symptoms such as difficulties paying attention, behavior and delayed speech development at an expected age for language. Guest also stresses that a child with autism may have different needs that need to be met such as speaking softly/slowly, need in depth explanations to complete a task. The final segment discusses the need for medication for children with autism. Guest states that studies have shown that brain scans of children with autism have shown that there are no irregularities. Medication is not needed when everything in the brain appears to be normal. Guest Margarita stresses that a child with different kinds of needs.	Autism, Health, Wellness	News Program	Guillermo Ahumada	Margarita Gonzalez	Gahumada@lbimedia.com