KPYK 1570 AM Issues/Programs List

First Quarter 2022

April 6, 2022

Issues:

Religion/Faith in Daily Life:

Church services from the First Baptist Church in Terrell, TX, are broadcast live every Sunday morning from 10:25 a.m. until 12:00 noon. Sermons are broadcast by senior pastor John Lowrie. The church service is preceded and followed by announcements concerning church and community activities. John Porter and Jerry White are the announcers presenting the church/community events announcements. Although Covid-19 shutdowns stopped all but broadcast services last year, the church is open and services are held with many attending. However, there are some elderly, and others unable to attend due to health or employment, for which the church broadcasts the services.

Families/Family Relations:

This is addressed in a daily 5-minute feature which runs at 10:05 a.m. Monday through Friday, "Guidelines for Living," with commentary by Bonnie Sala, taking Dr. Harold Sala's place. Topics covered included poverty, doubt, marriage and fidelity, depression and its various stages, and faith, forgiveness, love and commitment, remaining faithful, and dealing with the stress of daily family living.

Health:

Running daily, Monday through Friday at 4:35 p.m. is "Check Up on Health," a two-minute health feature which addresses a variety of health topics, including respiratory viral infections, terminally ill patient care, alcohol and marijuana use among teens, healthy diet choices, substance abouse and addictions, aspirin for heart health, high blood pressure, precautions around infections, attention deficit hyper activity disorder, avoiding broken bones, functional foods, preventing child abductions, gluten sensitivity, alcohol as the #1 cause of death worldwide for men 15-56, PSA test, nutrition labels and what you should look for, suicide, carbon monoxide poisoning and alarms, healthy foods - fruits and vegetables, prescription drugs, health care costs, high cholesterol, staph infections, trans fats, blood pressure screenings, affects of exeercise and diet on aging, obesity and health, music's affect on health, common cold, benefits of garlic on health, health psychology and spirituality, and mental health care costs.

Education:

This is addressed by the program "Issues in Education," which airs Saturday mornings at 6:05 a.m. until 6:30 a.m. Specific program content is attached.

Education and government involvement is also addressed with the broadcast of the regular monthly meetings of the Terrell School Board of Trustees on KPYK. The meetings were as follows: January 24, 2022 at 6:00 p.m. (30 minutes); February 28, 2022 at 6:00 p.m. (40 minutes); and March 28, 2022 at 6:00 p.m. (52 minutes). In addition to the meeting broadcast, a comprehensive report on the board's actions is given the following morning during the local news reports.

Government and public relations:

KPYK broadcasts the meetings of the Terrell City Council live Tuesdays of each month starting at 6:00 p.m. The meeting dates and broadcast times are as follows: January 4, 2022 for 58 minutes; January 11, 2022 for 2 hours 46 minutes; February 1, 2022 for 55 minutes; February 9, 2022 for 2 hrs 45 minutes; February 15, 2022 for 1 hr 55 minutes; February 22, 2022 for 1 hr 50 minutes; March 1, 2022 for 48 minutes; March 8, 2022 for 2 hrs 1 minute; and March 22, 2022 for 2 hours 25 minutes. In addition to the meeting broadcast, a comprehensive report on each council meeting is given the following morning during the local news reports.

Reports on the activities of the Kaufman County Commissioner's Court meetings, which are held every Tuesday at 9:00 a.m. are broadcast the following morning during the local newscasts at 7:30 a.m., 9:30 a.m., 10:30 a.m., 12:05 p.m. and 1:05 p.m.

Local News:

KPYK broadcasts a local news report every weekday morning at 7:30 a.m., 8:30 a.m.,



9:30 a.m., 10:30 a.m., 12:05 p.m. and 1:05 p.m. News includes local government activities, crime reports, deaths and funeral notices. local activities of service clubs and other non-profit service organizations, and reports on those serving in the military whose families live in the local area (Kaufman. Van Zandt. Rockwall and eastern Dallas Counties). Five minute newscasts of regional and state news from the Texas State Network are broadcast on KPYK every hour from 7:00 a.m. through 8:00 p.m. National and world news is presented in a two-minute broadcast from the USA Radio Network every hour on the half-hour 24hours per day, and also in a five-minute presentation on the hour from 9:00 p.m. throughout the night through 6:00 a.m. Texas headlines from the Texas State Network follow the USA Radio Network news on the half-hour between 7:00 a.m. and 6:00 p.m. KPYK broadcasts a minimum of 3 hours of news every 24 hours.

Info-Track:

Various issues, including marriage, relationships, mental health and depression, consumer issues, etc. are addressed weekly at 6:30 a.m. Saturdays on a 30-minute program, "Info-Track." Specific topics discussed are attached.

Community events:

Twice every hour, at :17 and :47, KPYK broadcasts "Community Notes," short features with information on community service club activities, educational opportunities, civic fund raisers, area school and church activities which are open to the public, city-wide clean-up drives, health fairs and the like. KPYK broadcast information concerning the primary fundraiser for the Terrell Kiwanis Club, the club's annual pancake day, during the month of March and on the day of the event on March 22, 2022 from 7 a.m. until 7 p.m..

PSA's broadcast ROS during the quarter were for the following: American Red Cross - Coronovirus education Covid-19 Prevention of spread Retirement Planning Foundation Fighting Blindness Drunk Driving/Buzzed Driving **AARP** Coast Guard Reserve

Lighthouse International American Lung Association

A minimum of 5 minutes per weekday is allocated for public service announcements on KPYK.

en 04-06-2022

Charles Mohnkern General Manager, KPYK



Weekly Public Affairs Program

Call Letters: KPYK

QUARTERLY ISSUES REPORT, JANUARY-MARCH, 2022

Show # 2022-01

Date aired: 01/01/2022Time Aired: 6:30 AM

Ashley Kendall, PhD, postdoctoral fellow in the University of Illinois at Chicago School of Public Health

Dr. Kendall led a study that examined ways to prevent juvenile delinquents from returning to the criminal justice system. She found that clinically aggressive juvenile offenders on probation, who participated in a two-week intervention program designed to reduce risky behavior, were four times less likely to be incarcerated in the following 12 months. She also discussed the variety of costs incurred by communities as a result of youth crime.

Issues covered:

Youth at Risk Juvenile Crime Length: 8:46

Martin Gibala, PhD, Professor and Chair of the Department of Kinesiology, McMaster University in Ontario, author of "The One-Minute Workout: Science Shows a Way to Get Fit That's Smarter, Faster, Shorter"

Dr. Gibala discussed the value of high intensity workouts. He led a study that found that bursts of short but very intense exercise appear to be just as beneficial as traditional endurance training. He explained why this type of exercise works, and how it can be a good occasional substitute for a conventional workout.

Issues covered:

Physical Fitness Personal Health Length: 8:29

Daniel McGuinn, editor at Harvard Business Review, author of "Psyched Up: How the Science of Mental Preparation Can Help You Succeed"

Of the 2,000 hours we work every year, our success or failure is often determined in the couple of dozen crucial hours when we need to bring our absolute best in a meeting or presentation. Mr. McGuinn discussed the importance of mental preparation in the last few minutes before a major challenge, and offered tips on how to channel nervous jitters into useful emotions.

Issues covered:

Career

Mental Health

Length: 4:59

Show # 2022-02

Date aired: 01/08/2022**Time Aired:** 6:30 AM

Alessandra Cassar, PhD, Professor of Economics at the University of San Francisco

As researchers investigate reasons for America's persistent gender wage gap, one possible explanation that has emerged over the last decade or so is that women may be less competitive than men. Prof. Cassar was the co-author of a study that examined whether women are less competitive and less willing to take risks than men.

Issues covered:

Women's Issues Gender Equality

Career

Joe Saul-Sehy, former financial advisor, host of "The Stacking Benjamins Podcast," author of "Stacked: Your Super-Serious Guide to Modern Money Management"

Mr. Saul-Sehy explained that many Americans feel too much pressure to be perfect and as a result make unnecessary errors in handling their money. He talked about the urgency of getting out of debt, and the best ways to accomplish it. He also explained the importance of setting timelines for financial goals.

Issues covered:

Personal Finance

Length: 8:57

Length: 8:23

Marie-Josee Harbec, PhD, psycho educator at CHU Ste-Justine Children's Hospital in Montreal

Dr. Harbec led a study that found that boys who participate in sports in early childhood are less likely to experience depression and anxiety symptoms in middle childhood. She said 5-year-old boys who participated in any sport were more likely to be physically active at age 12. She also explained the differences the study found between boys and girls.

Issues covered:

Mental Health Child Development **Physical Fitness**

Length: 5:06

Show # 2022-03

Date aired: 01/15/2022**Time Aired**: 6:30 AM

Carol Matthews, PhD, Professor of Psychiatry, University of Florida

Symptoms of depression, anxiety, and obsessive-compulsive disorders have emerged or worsened for many during the pandemic. Dr. Mathews discussed what effect the lockdowns and subsequent supply chain disruptions have had on another common but often misunderstood problem—hoarding. She explained how to distinguish between hoarding, stockpiling and panic buying, and what constitutes normal behavior in an abnormal time.

Issues covered:

Mental Health Supply Chain Concerns **Consumer Matters**

Length: 8:26

Dan O'Neill, MD, EdD, author of "Survival of the Fit: How Physical Education Ensures Academic Achievement and a Healthy Life"

For more than a century, team sports have been a mainstay of American childhood, but the number of kids involved had been falling even before the pandemic. Dr. O'Neill said fear of COVID-19 and much-reduced access to organized sports has caused the drop to accelerate dramatically. He talked about the potential health effects of inactivity and childhood obesity. He said physical fitness levels also have a significant impact on academic performance.

Issues covered:

Youth Sports Mental Health Education Length: 8:55

Dr. Christopher M. Smith, PhD Student in Health Sciences, Warwick Medical School, Coventry, England

Automated external defibrillators might be increasingly available for use in the event of a cardiac arrest, but Dr. Smith led a study that found that they aren't being used nearly as much as they should be. He talked about the reasons that bystanders are reluctant to use AEDs and what government officials can do to help.

Issues covered:

First Aid Emergency Preparedness Personal Health Length: 5:04

Show # 2022-04

Date aired: 01/22/2022Time Aired: 6:30 AM

Julia Brewer Daily, MS, former educator, author of "No Names to Be Given," a novel based on her real-life story of adoption

Technological advances in home DNA tests and online genealogy have led to a remarkable wave of adoptees locating long-lost parents and siblings. Ms. Daily shared her own story of adoption and locating her biological parents, and discussed the emotional landmines that sometimes accompany attempted reunions.

Issues covered:

Adoption Technology <u>Length:</u> 8:17

Lisa Hinkelman, PhD, counselor, founder and CEO of Ruling Our eXperiences, Inc., author of "Girls Without Limits: Helping Girls Succeed in Relationships, Academics, Careers and Life"

Dr. Hinkelman said teenage girls today face a plethora of major challenges, including more stress and pressure than ever before. She said eight hours per day of social media exposure has had a profound effect on girls, one that parents can scarcely relate to. She explained why girls are experiencing a significant drop in confidence between grades 5 and 9.

Issues covered:

Girls Issues Parenting Length: 9:00

David C. Mair, MD, Medical Director, American Red Cross

The American Red Cross has declared a national blood crisis for the first time in its history. Dr. Mair outlined the reasons behind this urgent problem. He said doctors have been forced to make difficult decisions about who receives blood transfusions and who will need to wait until more products become available. He explained how listeners can sign up to make a blood donation.

Issues covered:
Blood Donation
Personal Health
COVID 19

Length: 5:02

Show # 2022-05

Date aired: 01/29/2022 Time Aired: 6:30 AM

Sean Covey, author of "The 6 Most Important Decisions You'll Ever Make: A Guide for Teens: Updated for the Digital Age"

Mr. Covey outlined what he believes are the six largest challenges faced by today's teens. He said the top challenge is dealing with the pressures of school. He also said parents have a far greater impact on their teens than they realize, much more than friends or others. He also explained why it is important for teens to learn to serve others, and to be willing to accept help from others, as well.

<u>Issues covered:</u> Teenage Concerns

Parenting Education Volunteerism Length: 8:51

Carol Janney, PhD, Assistant Professor of Epidemiology, Michigan State University

Dr. Janney led a study that suggested that it may be wise for mental health providers to add exercise to their patients' treatment plans. In her survey, a large majority of mental health patients said they wanted to exercise more and believed exercise helped improve their moods and anxiety much of the time. She said psychiatrists and other providers may discuss exercise with patients in generalities, but rarely create a comprehensive exercise plan for them or regularly make sure they are adhering to a specific goal.

Issues covered:

Mental Health Physical Fitness Length: 8:21

Adam Barry, PhD, Assistant Professor of Health Education, University of Florida

Dr. Barry conducted a study that found that two in five designated drivers had been drinking before getting behind the wheel and that 18% had blood-alcohol levels high enough to impair their driving skills. He outlined the potential reasons that designated driver education campaigns have been less than successful.

Issues covered: Drunk Driving Length: 4:56

Show # 2022-06

Date aired: 02/05/2022 Time Aired: 6:30 AM

Dale Clark Farran, PhD, Emerita Professor, Research Professor in Early Childhood Education at Vanderbilt University's Peabody College of Education and Human Development

Prof. Farran was the lead author of the first statewide randomized controlled trial that followed low-income students from pre-kindergarten through sixth grade, to determine the value of pre-K programs. She was shocked at the results, which found that by third and sixth grade, poor children who attended pre-K scored lower on math, reading and science achievement tests, and were more likely to have been expelled or suspended for disciplinary infractions.

Issues covered:

Length: 8:49

Early Childhood Education Poverty

Creek Stewart, preparedness expert, Weather Channel host, author of "The Disaster-Ready Home: A Step-by-Step Emergency Preparedness Manual for Sheltering in Place"

The federal government urges Americans to have a sufficient supply of emergency food and water for at least three days. Mr. Stewart outlined simple and relatively inexpensive steps anyone can take to set up an emergency food and water supply. He also discussed plans to deal with the loss of power and heat. He also explained what should be in a 72-hour survival kit, for use if someone must leave their home in an emergency.

Issues covered:

Length: 8:33

Disaster Preparedness Consumer Matters

Aaron Packman, PhD, Professor, Civil and Environmental Engineering, Northwestern University, Director of the Northwestern Center for Water Research

Prof. Packman led a study that found that microplastics can deposit and linger within riverbeds for as long as seven years before washing into the ocean. He outlined the sources of microplastics and explained the effect that this form of pollution has on wildlife, humans and the environment.

Issues covered:

Length: 4:58

Pollution Environment

Show # 2022-07

Date aired: 02/12/2022 Time Aired: 6:30 AM

Dakota Witzel, doctoral candidate in Oregon State University's College of Public Health and Human Sciences

Ms. Witzel was the lead author of a paper that found that dwelling on negative aspects of aging can have a measurable negative impact on a person's physical health and ability to respond to stress. She suggested ways to change thought patterns relating to getting older, to reduce stress.

Issues covered:

Aging

Personal Health

<u>Length:</u> 8:17

Carl Erik Fisher, MD, addiction physician, bioethicist, and Assistant Professor of Clinical Psychiatry in the Division of Law, Ethics, and Psychiatry at Columbia University, author of "The Urge: Our History of Addiction"

An estimated 20 million Americans with substance abuse problems go without treatment. Dr. Fisher shared his assessment of the ongoing overdose crisis that claimed more than 100,000 American lives last year. He explained why he believes that calling addiction a disease is not helpful for recovery, and why he thinks the division between "good" drugs and "bad" drugs is overemphasized. He also said complete abstinence may not be the best treatment goal for many with drug or alcohol abuse problems.

Issues covered:

Length: 8:58

Drug Addiction
Government Policies

Madeleine Dore, author of "I Didn't Do the Thing Today: Letting Go of Productivity Guilt"

Any given day brings a never-ending list of things to do, and even on productive days, the thing left undone can leave us feeling guilty, anxious, or disappointed. Ms. Dore outlined ways to avoid overly ambitious to-do lists and how to stop comparing ourselves to others.

Issues covered:

Length: 5:03

Career

Mental Health

Show # 2022-08

Date aired: 02/19/2022 Time Aired: 6:30 AM

Sarah Y. Tse, author of "7 Years on the Front Line: True Stories and Tough Lessons about a Small Business that You Won't Learn in a Classroom"

Ms. Tse offered advice to anyone who dreams of starting a small business. She explained how she learned to maintain a work/life balance when faced with the stresses of owning a business. She also talked about the importance of education in being prepared for entrepreneurship, and how she deals with racism in business, as an immigrant and Asian-American.

<u>lssues covered:</u>

Entrepreneurship

Career

Racism

Ellen Voie, CEO & President of Women in Trucking, a non-profit organization that encourages women to join the trucking industry.

The recent supply chain problems have been a reminder that US has a huge and long-term shortage of truck drivers. Ms. Voie said women comprise 10% of truck drivers today. She explained why she believes women are often better suited to the job than men, what is attractive about it and what needs to change to encourage women of all ages to seek a career in trucking.

Issues covered:

Length: 8:58

Length: 8:17

Supply Chain Women's Issues Employment

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Wendy M. Troxel, PhD, Senior Behavioral and Social Scientist at the RAND Corporation, Adjunct Professor of Psychiatry and Psychology at the University of Pittsburgh

Dr. Troxel led a state-by-state analysis of the economic implications of a shift in school start times in the US. She found that a nationwide move to 8.30 a.m. could contribute \$83 billion to the U.S. economy within a decade. She said the economic gains would be realized through higher academic and professional performance of students, and reduced car crash rates among adolescents.

Issues covered:

Education Economy Youth at Risk Length: 5:00

Show # 2022-09

Date aired: 02/26/2022 Time Aired: 6:30 AM

Chuck Bell, Programs Director, Advocacy, Consumer Reports

Buy now, pay later schemes are catching the eye of consumers, and, to a lesser extent, of federal regulators. The multi-billion-dollar industry says no-interest BNPL loans are more equitable than credit cards, but Mr. Bell explained how lenders still make money when a buyer theoretically pays no interest, and why these loans can be a spending trap. He said Consumer Reports believes that there is not enough government oversight of these loans.

Issues covered:

Consumer Matters
Government Regulation

Length: 8:43

Gary Sirak, retirement planner, author of "How to Retire and Not Die: The Three Ps That Will Keep You Young"

When most Americans ponder retirement planning, they typically think of accumulating money. But Mr. Sirak said clear planning about what to do with one's time after retirement is equally important. He said not retiring at all may be the best option for some, while part time work is another good option for a happy retirement.

<u>Issues covered:</u> Retirement Planning Length: 8:40

Kendall Smith, author of "Rookie Father: A Playbook for Men Experiencing Fatherhood for the First Time"

According to the U.S. Census, 1 in 4 men who are becoming a parent didn't have a father figure themselves growing up. Mr. Smith shared his own story as the son of a single mom, and the struggles he faced in learning the role of being a father. He offered advice for men entering the new "Dad" stage of their lives.

Issues covered:

Parenting

Length: 5:07

On 7

Show # 2022-10

Date aired: 03/05/2022**Time Aired:** 6:30 AM

Roni Cohen-Sandler, PhD, licensed clinical psychologist, author of "Anything But My Phone, Mom! Raising Emotionally Resilient Daughters in the Digital Age"

Technology is transforming the way girls think of themselves, learn, develop social skills, and communicate with the people around them. Dr. Cohen-Sandler talked about the unprecedented changes faced by teens and their parents today. She offered suggestions to improve communication, particularly for a mother-daughter relationship. She said the current generation of teens is more sensitive and vulnerable than ever, about political and cultural trends such as the Me Too movement, Black Lives Matter and climate change.

Issues covered:

Parenting

Teenager Concerns

Annabel Streets, author of "52 Ways To Walk: The Surprising Science of Walking for Wellness and Joy"

Everyone knows that walking is a very healthy activity. Ms. Streets shared cutting-edge research and advice on how to maximize the physical and psychological benefits of walking, whether it's in an urban area or through the woods. She explained why walking within an hour of waking increases the metabolic benefits, why humming as you walk boosts natural immunity and how owning a dog can make walking far less of a chore.

Issues covered:

Exercise

Personal Health

<u>Length:</u> 8:23

Length: 8:54

Cassandra Herring, Technical Advisor at Safe Kids Worldwide

In the wake of the pandemic, poison control centers across the country have been flooded with calls relating to children ingesting cleaning products and hand sanitizers. Ms. Herring explained the factors that have caused this disturbing trend, and outlined three tips to help parents keep kids safe from these products. She also recommended that parents save the National Poison Help number (1-800-222-1222) in their phones and post it visibly at home.

<u>Issues covered:</u> Child Poisoning Consumer Matters Length: 5:00

Show # 2022-11

Date aired: 03/12/2022 Time Aired: 6:30 AM

Lila Rabinovich, qualitative social science analyst, Director of Policy and Development at Center for Economic and Social Research at the University of Southern California

Fewer than 1 in 5 Americans have created an online "my SocialSecurity" account to get a personalized estimate of their future retirement benefits. Ms. Rabinovich said most of the Social Security Administration's website users are older. She explained why it is important for younger workers get a good understanding now of their future retirement benefits. She said one of the primary reasons that workers haven't looked up their personal accounts is a lack of awareness the feature exists.

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Issues covered: Social Security Retirement Planning Length: 8:59

Bonnie J. Kaplan PhD, co-author of *The Better Brain: How to Overcome Anxiety, Combat Depression, and Reduce ADHD and Stress with Nutrition*"

From violent meltdowns on airliners, to abusive tweets aimed at someone with different political beliefs, signs of a meaner, angrier, and more violent America are everywhere. Dr. Kaplan said part of the answer lies in today's typical American diet. She said more than half of Americans' food intake consists of ultra-processed 'products' with virtually no micronutrient content, creating a lack of nourishment in our brains.

Issues covered:

Nutrition Mental Health Length: 8:16

Priscila Dib Gonçalves, PhD, post-doctoral research fellow in the Department of Epidemiology at Columbia University's Mailman School of Public Health

Dr. Gonçalves led a study that found that two in five Americans who said they used alcohol and cannabis in the past year drove under the influence of one or both of the intoxicants. She said she hopes that identifying demographics that are at high risk for DUIs could assist in the development of better prevention strategies, and to make people more aware of the dangers.

Issues covered:

Drunk/Impaired Driving

Length: 5:05

Show # 2022-12

Date aired: 03/19/2022 Time Aired: 6:30 AM

Amy Morin, PhD, licensed clinical social worker, college psychology instructor and psychotherapist, author of "13 Things Mentally Strong Parents Don't Do: Raising Self-Assured Children and Training Their Brains for a Life of Happiness. Meaning, and Success"

With safe spaces and trigger warnings designed to "protect" kids, many adults worry that today's kids don't have the resilience to reach their greatest potential. Dr. Morin explained why she believes parents must strive to raise mentally strong and resilient children, and offered suggestions to do it.

Issues covered:

Parenting Mental Health Length: 7:31

Marion McGovern, founder and CEO of M Squared Consulting, one of the first gig-economy talent intermediaries, author of "*Thriving in the Gig Economy*"

The world of work has changed dramatically in the past few years, as evidenced by tech companies such as Uber and Airbnb. Ms. McGovern noted that while most media attention is on the low end of the skill and income spectrum, little attention is being paid to the best-in-class professionals who have chosen an independent path. She discussed the biggest misconceptions regarding the gig economy and explained the reasons behind its rapid growth.

Issues covered:

Career Economy Length: 9:38

Nadia Lopez, founding principal of Mott Hall Bridges Academy in Brooklyn, NY, author of "The Bridge to Brilliance: How One Woman and One Community Are Inspiring the World"

As part of a pilot program in New York City, Ms. Lopez started a middle-grade public school in one of America's poorest communities. She talked about the risks and challenges faced by students in a high crime, low-income neighborhood, and how she devised programs to address them.

Issues covered:

Length: 4:54

Education Poverty

Government Policies

Show # 2022-13

Date aired: 03/26/2022 Time Aired: 6:30 AM

Mark Harmon, PhD, Professor Emeritus in the Oregon State University College of Forestry

Prof. Harmon recently led a study that showed the vast majority of carbon stored in trees before large wildfires was still there after the fires. He said the findings are an important step toward understanding the connection between wildfires and climate-change-inducing carbon emissions, and making wiser decisions about the carbon storage and emissions implications of forest management.

Issues covered:

Length: 8:09

Climate Change

Wildfires

Forest Management

Anna Lembke, MD, psychiatrist, Medical Director of Stanford University Addiction Medicine, Chief of the Stanford Addiction Medicine Dual Diagnosis Clinic, author of "*Dopamine Nation: Finding Balance in The Age of Indulgence*"

Americans are living in a time of unprecedented access to high-reward, high-dopamine stimuli: drugs, food, news, gambling, shopping, gaming, texting, sexting, Facebooking, tweeting and more. Dr. Lembke outlined new scientific discoveries that explain why the relentless pursuit of pleasure leads to pain, and what to do about it.

Issues covered:

Length: 8:55

Addiction Mental Health

Andrew Gray, **PhD**, Assistant Professor of Watershed Hydrology in the Department of Environmental Sciences at the University of California, Riverside

Prof. Gray led a recent study that found that most items in roadside litter typically originate less than two miles from where they're found, and unless humans remove them, most of these items will never leave the environment. He hopes the research will help cities to develop strategies to prevent plastic litter that eventually taints water and air.

Issues covered:

Length: 5:10

Pollution

Environment

Issues in Education - Saturday 6:05 AM

3/26/22 Living in Communist Russia 1773
We take our precious God given freedoms for granted. Powerful forces want to make our nation socialist even communist.
Immigrant Jamie Glazov describes the terror and oppression in the USSR before coming here but how America was like heaven. As a graduate student, Jamie tells how university professors believe and teach that communism is wonderful and capitalism is oppressive! Russian military scientist, Dr Igor Shafhid, former communist and author of Inside the Red Zone, says, "We could lose a city to terrorists and recover, but if we adopt a communist ideology, the whole country is lost."

3/19/22 Communist Infiltration 1772
The Communist Manifesto is the most assigned economics book on US college campuses!
In 1984, a Russian KGB officer,
Yuri Bezmenov, author of Love Letter to America, in a one-hour presentation, reveals
the KGB strategy to use our education
system to replace the ideas of free enterprise and capitalism to teach ideas of
social justice, equality and redistribution of wealth! Without knowing their true
American history, students are easily brainwashed to hate our nation and bring it
down! Trump's 1776 Commission to teach our true history and patriotism has been
abolished by Biden. Are we becoming a
communist nation?

3/12/22 The Fairy Tale of Evolution 1771
Is the age of the earth important? Some stars are so far from earth that it would take millions of years for their light to reach us. Is that proof for an "old earth"? Many people, including Christian leaders, try to fit billions of years into the Genesis account. Russ Miller, author of It's About Time - How to Believe God's Word in a Secular World, substantiates the Biblical account through logical and scientific answers to man's origin, sin and death. The amazing universe shows God's awesome creativity. The omnipotent Creator simply spoke and galaxies whirled into space and the universe was created.

3/5/22 A Neurosurgeon's View of Life & Death 1770 We will each face the fear and pain of our death or of a loved one. How we respond will show a deep faith or shallow religiosity. Dr Lee Warren, a neurosurgeon and Iraq war veteran, is the author of I've Seen the End of You- a Neurosurgeon's Look at Faith, Doubt and the Things We Think We Know. In this gripping, inspirational memoir, you will get an honest look between his faith and his medical experience. His testimony will stir your faith as you hear his insightful and profound thoughts. These inspirational accounts reveal a profound faith in some patients who pray that God would take them home to heaven.

2/26/22 Anticipating the Rapture 1769
Does the rapture of believers, who are transformed into a spirit body, to meet the
Lord in the air, occur before the Tribulation? How is Jesus's appearance in the
rapture different from His second coming to earth? Prophecy expert Dr David Reagan,
founder of Lamb & Lion Ministries and author of Living on Borrowed Time - The
Imminent Return of Jesus, said, "There's no mention of the Church after Rev 3,
because the Church has been raptured out." Evangelist Tiff Shuttesworth says
Biblical patterns show us God's character. Since Christ took our punishment for us,
God won't bring his wrath on his Church.

2/19/22 War on American History 1768
Why are statues of Presidents like Lincoln, Roosevelt and Washington torn down? Are
we ashamed of our heritage? Feb 21 is
President's Day but few people know or celebrate it. Peter Lillback, author of
George Washington's Sacred Fire, says
Washington was a strong Christian. Lincoln freed the slaves. It's an attack on our
nation in an attempt to destroy it by
destroying our history. Washington said, "The two indispensable pillars for
government are religion and morality." Peter

Page 1

Issues in Education - Saturday 6:05 AM Marshall, author of The Light and the Glory, describes how God supernaturally protected Washington and saved our rag-tag Continental army.

2/12/22 God's Creative Genius 1767 God brilliantly knit our bodies together to show His creative genius. God's creative genius in the physical realms leads us to want to know Him. Best selling author, Philip Yancy, author of Fearfully and Wonderfully, who survived a near fatal car accident, surprisingly talks about the benefits of pain. Until God became flesh as Jesus, he had not truly experienced pain and suffering as we do. If you want to know how God feels about our pain and suffering, look at how Jesus responded when He was on earth. Without Jesus, we would not know the love of God. The inspiration behind "Fearfully" is surgeon Paul Brand.

2/5/22 Evolution's False Evidence 1766 Scientists have censored and fabricated evidence that disproves evolution. Jack Cuozzo, author of Buried Alive - The Startling Truth About Neanderthal Man, was the only creationist who saw the original bones used to support evolution and he says they are fraudulent. Evolutionists claimed Neanderthal man was a transitional species. Dr Cuozzo says Neanderthal man was one of the ancient people who had a different DNA from ours because they lived hundreds of years. Dr Cuozzo describes the huge bones of these ancient patriarchs. The teeth of ancient lions and crocodiles consisted of molars for grinding vegetation.

1/29/22 Why Does God Allow Suffering? 1765 What do many Christians with weak faith do when disaster strikes? Radio and TV host, Joni Eareckson Tada, author of more than 50 books including, An Unforgettable Story, has suffered for over 50 years with quadriplegia and extreme pain. Then she got breast cancer! What helps is focusing on Jesus and his suffering to pay for our salvation. Tim Hansel, author of You Gotta Keep Dancin'- In The Midst of Life's Hurts You Can Choose Joy, suffered a tragic fall that broke his back, causing him to be in extreme pain, says, "This light and momentary affliction is preparing for us an eternal weight of glory beyond comparison!"

1/22/22 Was Jesus A Socialist? 1764
Has our nation become a socialist nation? Rand Paul and his wife Kelly, authors of The Case Against Socialism, say socialists use Scandinavia as an idyllic socialist nation. But the Scandinavian economy is funded by capitalism. Young Americans don't know how the socialist USSR, Nazi Germany and China slaughtered about 100 million people! Jay Richards, author of Money, Greed, & God, says Jesus parable of the talents is a classic case for capitalism. Private property ownership is capitalism. The Ten Commandments to not steal or covet, include individual ownership of property, otherwise there would be nothing to steal.

1/15/22 Killing Roe 1763
The Supreme Court decision in Roe v Wade has had a disastrous affect on our nation by killing a whole generation of over 62 million babies. Legalizing abortion declared children in their mother are not people and can be killed legally. Recently the Supreme Court heard oral arguments in a case that could overturn Roe. Attorney Laura Ingram, host of Fox's Ingram Angle, says the arguments presented to the court for keeping Roe legal are bogus. Senator Josh Hawley says it's time the American people had the choice. Ted Cruz said he hopes the Supremes will turn this issue back to the states to decide on abortion.

1/8/22 Signs We Are Living in the End Times 1762
How do we know we are living in the end times? Bible teacher Don Stewart, author of 25 Signs We Are Near the End, says,
Never before has there been the technology to show the whole world at the same time the two witnesses of God lying dead in the street miraculously coming back to life. Don Stewart tells of the ubiquitous Starlink satellites that will enable everyone around the world to see this at the same time. Pastor Billy Crone, author of The Final Countdown - The AI Invasion, says

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Issues in Education - Saturday 6:05 AM artificial intelligence will help the Antichrist to monitor the whole world to see who worships his image and takes his mark.

1/1/22 Great Health Naturally 1761 Public health officials warn that this generation is at greater risk for heart disease and diabetes. Children who eat just three hot dogs a week have 9 times the risk of getting leukemia. Americans are dieting more but are more overweight than ever which increases their risk of getting cancer, heart disease and diabetes. Dr Ted Broer, a nutrition expert and author of Maximum Fat Loss and Maximum Energy, gives a comprehensive overview of a good diet and foods to avoid. He warns of Ritalin use for ADHD. Lifelong habits are established in youth, yet 27% of young people are too fat to fight in the military.