

Tri-County Broadcasting, Inc.

PUBLIC MATTERS **Quarterly Issues Report**

April - June 2020
2nd Quarter

InfoTrak

Weekly Public Affairs Program
(:30-minutes)

WHMH Sauk Rapids, Minnesota (101.7FM/HD1), Sunday-4:00AM
WMIN Sauk Rapids, Minnesota (1010AM/101.1FM & 101.7HD4), Sunday-9:35AM
WVAL Sauk Rapids, Minnesota (800AM/102.3FM), Sunday-9:00AM
WBHR Sauk Rapids, Minnesota (660AM/95.7FM), Sunday-5:00AM
WXYG Sauk Rapids, Minnesota (540AM/94.3 & 101.7HD2/107.3FM), Sunday-11:00PM

- | | |
|--------------------------|-------------------------|
| 1. Aging | 18. Media |
| 2. Agriculture | 19. Medicare |
| 3. Alzheimer's Disease | 20. Mental Health |
| 4. Child Abuse | 21. Nutrition |
| 5. Constitutional Rights | 22. Personal Finances |
| 6. Consumer Matters | 23. Personal Health |
| 7. Corona Virus | 24. Physical Fitness |
| 8. Crime | 25. Public Health |
| 9. Domestic Violence | 26. Retirement Planning |
| 10. Economy | 27. Rural Concerns |
| 11. Education | 28. Senior Citizens |
| 12. Food Safety | 29. Sm. Business/ Ecnmy |
| 13. Government | 30. Suicide |
| 14. Gvmnt. Regulations | 31. Transportation |
| 15. Gvmnt. Stimulus | 32. Unemployment |
| 16. Health Care | 33. Vaccines |
| 17. Legal Matters | 34. Volunteerism |
| | 35. Literacy |



Call Letters: WWAL

Weekly Public Affairs Program

QUARTERLY ISSUES REPORT, APRIL-JUNE, 2020

Show # 2020-14

Date aired: 04-05-2020 Time Aired: 9:00 AM

Gregory A. Poland, MD, Mary Lowell Leary Professor of Medicine at the Mayo Clinic in Rochester, MN, Director of the Mayo Clinic's Vaccine Research Group, Editor-in-Chief of the medical journal Vaccine

Dr. Poland discussed the status of the coronavirus pandemic and what must happen before lockdowns and physical distancing can be eased. He offered recommendations on what to disinfect in homes, whether surgical masks are useful for the general public, what to do about summer vacation plans, and other steps to take to avoid the virus.

Issues covered:

Length: 8:59

Coronavirus

Personal Health

Government Regulations

Dan Stockdale, Licensed Healthcare Executive in seven states, Certified Nursing Home Administrator, Certified Assisted Living Administrator

Nursing homes and retirement communities have been an intense focal point for the coronavirus pandemic. Mr. Stockdale outlined the steps that nursing homes across the country have taken to protect their residents and staff. He explained what families and others can do to help during this time of social isolation.

Issues covered:

Length: 8:13

Coronavirus

Senior Citizens

Show # 2020-15

Date aired: 04-12-2020 Time Aired: 9:00 AM

Ken Johnson, PhD, Senior Demographer at the Carsey School of Public Policy and Professor of Sociology at the University of New Hampshire

As the coronavirus pandemic spreads across the country, those living in rural areas, are increasingly threatened. Prof. Johnson said that people in rural areas are often more reliant on their neighbors than those who live in urban areas, via through such things as volunteer fire departments and shared educational resources. He said hospitals and doctors are almost always further away in rural areas. He also discussed the potential impact to agriculture and other areas of the rural economy.

Issues covered:

Length: 8:59

Coronavirus

Rural Concerns

Agriculture

Ellie Hollander, President and Chief Executive Officer of Meals on Wheels America

Ms. Hollander talked about the effect the coronavirus pandemic on Meals on Wheels and the elderly citizens they serve. She said for many elderly clients, Meals on Wheels volunteers are the only people a senior may see in a given day, so families often depend on them to monitor their loved one's day to day welfare. She explained how someone can volunteer or make a cash donation to help.

Issues covered:

**Coronavirus
Senior Citizens
Volunteerism**

Length: 8:13

Show # 2020-16

Date aired: 04-19-2020 Time Aired: 9:00 AM

David Spiegel, MD, Willson Professor and Associate Chair of Psychiatry & Behavioral Sciences at Stanford University, Director of the Stanford Center on Stress and Health.

A recent poll found that half of Americans are now suffering mental health issues as a result of the economic shutdown and coronavirus pandemic. Dr. Spiegel outlined the multiple challenges faced by every American during the crisis. He said he expects the mental health effects to be a long-term issue, including increased rates of suicide. He offered tips for coping.

Issues covered:

**Mental Health
Suicide
Coronavirus**

Length: 10:14

Maureen Mahoney, Policy Analyst, Consumer Reports

From fake cures for coronavirus to phishing emails and phony websites, scammers are taking advantage of consumers' fear as the virus spreads. Ms. Mahoney talked about the way authorities have handled a recent wave of robocalls. She explained how consumers can recognize the signs of a spoofed phone number, or a text or social media message sent by a scammer.

Issues covered:

**Crime
Consumer Matters
Coronavirus**

Length: 7:00

Show # 2020-17

Date aired: 04-26-2020 Time Aired: 9:00 AM

Amy David, PhD, Clinical Assistant Professor of Supply Chain and Operations Management at Purdue University

As store shelves emptied and consumers became frustrated at being unable to get basic supplies during the coronavirus pandemic, many blamed hoarders. Dr. David explained the real reasons behind the shortages, and how the supply chain for food and most other products is much more complex and brittle than most people realize. She talked about ways to build flexibility and redundancies into a supply chain.

Issues covered:
Consumer Matters
Coronavirus

Length: 10:03

Brian Walsh, Certified Financial Planner at SoFi, a personal finance company

Mr. Walsh outlined prudent financial steps Americans should take to protect themselves during the COVID-19 economic tailspin. He discussed scenarios for those who are unemployed, those who are worried about their jobs and those who have received stimulus checks.

Issues covered:
Personal Finance
Government Stimulus
Consumer Matters
Coronavirus

Length: 7:17

Show # 2020-18

Date aired: 05-03-2020 Time Aired: 9:00 AM

Rick Seaney, CEO of FareCompare.com

A recent poll found that nearly half of all Americans are ready to travel the moment the pandemic fears are over. Mr. Seaney discussed the current state of air travel. He said, although the current travel outlook is bleak with few flights in the air, there are numerous bargains for consumers who are willing to buy tickets for use later in the year.

Issues covered:
Consumer Matters
Transportation
Coronavirus

Length: 8:51

Amanda Kubista-Owen, social worker with Mayo Clinic Health System

Among the unintended consequences of government-ordered lockdowns, Ms. Kubista-Owen said cases of domestic violence and child abuse are becoming more frequent, more severe and more dangerous. She offered advice to those dealing with abusive relationships and said that resources are still available to help victims, despite the pandemic.

Issues covered:
Domestic Violence
Child Abuse
Coronavirus

Length: 8:15

Show # 2020-19

Date aired: 05-10-2020 Time Aired: 9:00 AM

Benjamin Domb, MD, orthopedic surgeon, Founder and Medical Director of the American Hip Institute & Orthopedic Specialists in suburban Chicago

Dr. Domb said a secondary health care crisis is now brewing. He believes it threatens to be much larger than the crisis caused by COVID-19 itself, after the complete stoppage of all non-urgent procedures such as most surgeries, annual mammograms, routine blood tests and cancer screenings.

Issues covered:
Public Health
Government
Coronavirus

Length: 8:48

Eric Groves, Co-Founder and CEO of Alignable, a social network for local businesses

Mr. Groves shared the results of his organization's recent polling, which found that 34% of small businesses nationwide won't be able to pay their May rent in full, as a result of the government-mandated lockdowns. He said retailers, travel, restaurants and personal services businesses are suffering the most, as more than 44% of all small businesses have been shuttered. He also discussed government aid that is available to help small businesses.

Issues covered:
Small Business/Economy
Government
Unemployment
Coronavirus

Length: 8:25

Show # 2020-20

Date aired: 05-17-2020 Time Aired: 9:00 AM

Lisa M. Brosseau, PhD, expert on respiratory protection and infectious diseases, Certified Industrial Hygienist, former Director of the Illinois Education and Research Center and the Director of the Center for Healthy Work, both at the University of Illinois Chicago School of Public Health

Prof. Brosseau spent decades studying the efficacy and fit of surgical masks and respirators, and the airborne transmission of infectious disease. She said there is no scientific basis for the general public to use cloth masks to prevent COVID-19. She explained why there is a great difference between the use of masks in medical settings vs going to the grocery store. She is concerned that authorities who are ordering the use of bandanas and the like are not taking the issue seriously, and that masks may cause the public to disregard physical distancing.

Issues covered:
Public Health
Government
Coronavirus

Length: 11:53

Prathit A. Kulkarni, MD, Infectious Diseases Section, Department of Medicine, Baylor College of Medicine

Dr. Kulkarni explained the basics of contact tracing and why experts believe it will be an effective weapon in the fight against COVID-19. He said the exact number of contact tracers hired by the government will depend on the population and severity of the outbreak in each geographic area.

Issues covered:
Public Health
Government
Coronavirus

Length: 5:57

Show # 2020-21

Date aired: 05-24-2020 Time Aired: 9:00 AM

James J. Duane, Professor at Regent Law School in Virginia Beach, VA, author of *"You Have the Right to Remain Innocent"*

Prof. Duane explained the importance of the Fifth Amendment. He believes it is a constitutional right not clearly or widely understood by the average American. He explained why he advises everyone to never answer questions from law enforcement officers without legal representation. He believes when someone is wrongfully convicted of a crime they didn't commit, often it is because of information they voluntarily gave to investigators.

Issues covered:
Constitutional Rights
Legal Matters
Crime

Length: 9:03

Frank Lalli, investigative journalist, author of *"Your Best Health Care Now: Get Doctor Discounts, Save With Better Health Insurance, Find Affordable Prescriptions"*

Mr. Lalli shared his personal story: after he was diagnosed with multiple myeloma, a treatable form of blood cancer, he put his reporter's instincts to work and got the wonder drug he needed at an affordable price—thousands of dollars less than he was told he would have to spend. He explained how to negotiate doctors' fees and how to search for assistance in paying for medications.

Issues covered:
Personal Health
Consumer Matters

Length: 8:11

Show # 2020-22

Date aired: 05-31-2020 Time Aired: 9:00 AM

Paul A. Offit, MD, Director of the Vaccine Education Center and Professor of Pediatrics in the Division of Infectious Diseases at Children's Hospital of Philadelphia, co-inventor of the rotavirus vaccine

Dr. Offit discussed the race for a COVID-19 vaccine. He talked about the various strategies that vaccine researchers are pursuing and what the biggest challenges are. He said the typical vaccine takes 20 years to develop. He believes the chances are low that a vaccine will be available by the end of 2020, even with unprecedented resources poured into the research. He expects that there will eventually be multiple vaccines using different approaches because of the great number of companies and government agencies engaged in research.

Issues covered:
Vaccines
Government
Coronavirus

Length: 9:15

Bob Bixby, Executive Director of the Concord Coalition, a nationwide, non-partisan, grassroots organization advocating generationally responsible fiscal policy

Mr. Bixby discussed the rapidly expanding national debt. He said although he is a deficit hawk, he believes that the US government has little choice than to pour trillions of dollars into the economy in response to the current economic tailspin. He believes the increased spending should be temporary and carefully targeted, and that taxes will almost certainly have to rise in future years. He talked about the path to recovery, once the COVID-19 crisis has passed.

Issues covered:
Economy
Government
Coronavirus

Length: 8:03

Show # 2020-23

Date aired: 06-07-2020 Time Aired: 9:00 AM

Colleen Tressler, Senior Project Manager, Division of Consumer and Business Education, Federal Trade Commission

Health experts say that contact tracing helps to stop the spread of COVID-19. However, Ms. Tressler noted that scammers, pretending to be government contact tracers, are sending text messages that contain links to malware, to hijack an unsuspecting consumer's computer or phone. She explained how to recognize a scam and how to report one to the FTC.

Issues covered:
Consumer Matters
Crime
Coronavirus

Length: 8:42

George Zaidan, science communicator, television and web host, author "*Ingredients: The Strange Chemistry of What We Put in Us and on Us*"

Mr. Zaidan discussed the often-unsettled science surrounding food and health, and why the health aspects of processed food are so controversial. He explained how consumers can try to judge the credibility of media reports about nutrition and food. He also discussed the safety of chemicals that we use on our bodies, such as sunscreen.

Issues covered:
Nutrition
Media
Consumer Matters

Length: 8:16

Show # 2020-24

Date aired: 06-14-2020 Time Aired: 9:00 AM

Mark Votruba, PhD, Associate Professor of Economics in the Weatherhead School of Management at Case Western Reserve University

Prof. Votruba was the co-author of a study that examined how layoffs and unemployment may affect crime rates. He found that workers who were let go through no fault of their own experienced a 60% jump in property crimes charges and an overall 20% increase in criminal-charge rates in the year after losing their job. He talked about the possible reasons behind this finding, and how it can be remedied.

Issues covered:
Unemployment
Crime

Length: 8:42

Allan J. Hamilton, MD, Harvard-trained brain surgeon, Regents' Professor of Neurosurgery at the University of Arizona Health Sciences Center, author of "*Younger Next Year*": and "*Younger Next Year for Women*"

Dr. Hamilton discussed a wave of encouraging new research suggesting ways to prevent Alzheimer's disease and cognitive decline. He discussed the importance of exercise in generating the growth of

new brain cells, and said that it can even result in significant increases in IQ. He explained how women's brains age differently than men, and why preventative steps are even more important for women.

Issues covered:
Alzheimer's disease
Physical Fitness
Aging

Length: 8:16

Show # 2020-25

Date aired: 06-21-2020 Time Aired: 9:00 AM

Philip Moeller, author of "*Get What's Yours for Medicare: Maximize Your Coverage, Minimize Your Costs*"

Health costs are the biggest unpredictable expense for older Americans, who are turning 65 at the rate of 10,000 a day. While Medicare guarantees them affordable health insurance, few Americans know what Medicare covers and what it doesn't, what it costs, and when to sign up. Mr. Moeller explained why Medicare has become so confusing, and how people approaching retirement can understand these complex and important choices.

Issues covered:
Medicare
Senior Citizens
Healthcare

Length: 9:13

Caitlin Shetterly, author of "*Modified: GMOs and the Threat to Our Food, Our Land, Our Future*"

GMO products are among the most consumed and the least understood substances in the United States today. Ms. Shetterly shared her personal story of how GMOs affect her family's health. She explained why consumers should learn more about GMOs and why organic foods can be a sensible choice.

Issues covered:
Food Safety
Personal Health
Consumer Matters

Length: 8:01

Show # 2020-26

Date aired: 06-28-2020 Time Aired: 9:00 AM

Suze Orman, personal finance expert, author of "*The Ultimate Retirement Guide for 50+: Winning Strategies to Make Your Money Last a Lifetime*," host of the "Women & Money" podcast

Ms. Orman discussed strategies to save for retirement, especially in the aftermath of the economic upheavals caused by the coronavirus lockdowns. She explained why she believes that Americans should plan to work until age 70. She also explained why those saving for retirement should be using Roth IRAs and 401ks to save for retirement, rather than traditional IRAs.

Issues covered:
Retirement Planning
Personal Finance
Consumer Matters

Length: 10:30

David Geary, PhD, Curators Distinguished Professor of Psychological Sciences in the College of Arts and Science at The University Of Missouri

Significantly fewer men than women are attending college or pursuing other forms of post-high school education. Prof. Geary led a study that found the primary cause is boys' poor reading skills in adolescence. He said the reading gap between boys and girls is detectable from the very beginning of schooling, even in preschool.

Issues covered:

Education

Literacy

Length: 6:37

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April - June 2020
2nd Quarter

Almanac Special Weekly Public Affairs Program (:30-minutes)

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WMIN Sauk Rapids, Minnesota (1010AM/101.1FM & 101.7HD4), Sunday - 10:05 AM

WVAL Sauk Rapids, Minnesota (800AM/102.3FM), Sunday - 11:05 AM

WBHR Sauk Rapids, Minnesota (660AM/95.7FM), Sunday - 5:30 AM

WXYG Sauk Rapids, Minnesota (540AM/94.3 & 101.7HD2/107.3FM), Sunday - 11:30 PM

Special Series: Living with Covid (See Attached)

Almanac Special

Quarterly Issues Report, April – June 2020

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On tonight's Special 3/29/20

Almanac Special on WVAL Sauk Rapids/ St. Cloud @ 11:05 AM: Main focus - living with COVID - how we're all dealing, and the human realities.

SHOW RUNDOWN

1.U of M Infectious Disease Expert | March 2020

Infectious disease expert Mike Osterholm talks about efforts to slow the spread of COVID-19.

2.Health and DEED Commissioners

Mary Lahammer reports on two state commissioners leading the way on MN COVID-19 response.

3.MN Response to COVID-19 | March 2020

Mary Lahammer updates us on this week's increased state response to COVID-19.

4.Hope Breakfast Bar

Brian Ingram has turned his restaurant in to a community kitchen to feed those in need.

5.MN Disaster Recovery Fund

Susie Brown of MN Community on Foundations talks about a new disaster relief fund.

6.Weather with Paul Douglas | March 2020

Paul Douglas joins us by phone from his basement weather station with a spring forecast.

7.A Silver Lining in the COVID-19 Cloud?

TPT Producer Luke Heikkila shares observations from the his new home office.

8.Political Science Professors | Presidential Politics, COVID-19 Politics

Professors Jacobs, Schultz + Pearson talk Presidential race, VP sweepstakes.

On tonight's Special 4/5/20

Almanac Special on on WVAL Sauk Rapids/ St. Cloud @ 11:05 AM: Main focus - living with COVID - how we're all dealing, and the human realities.

SHOW RUNDOWN

Almanac Special @ 11:05 AM:

1. Voice actor Linnea Mohn on expecting to give birth by weekend.
2. Producer Kate McDonald on her series dovetailing on pregnancy.
3. Brian Ingram of Hope Breakfast on servicing community.
4. Former TPT producer and now Good Morning American producer Adam Daniels on life/work in NYC with family here.
5. Mayo doctor on testing shortage and a few other bells and whistles.

On tonight's Special 4/12/20

Almanac Special on WVAL Sauk Rapids/ St. Cloud @ 11:05 AM: Main focus - living with COVID - how we're all dealing, and the human realities.

SHOW RUNDOWN

1. Dr. Roli Dwivedi of the University of Minnesota discusses healthcare preferences and concerns in minority communities.
2. Becky Smith of Violence Free Minnesota outlines domestic abuse services available during the pandemic,
3. Tamara Statz of Vibrant Living Senior Services offers advice on how to navigate intergenerational disagreements,
4. Kate McDonald of Twin Cities PBS debuts her new series "Pregnant in the time of Coronavirus"
5. Throughout the show feature viewer video submissions/testimonials and a local artist plug to take us home with music.

On tonight's Special 4/19/20

Almanac Special on WVAL Sauk Rapids/ St. Cloud @ 11:05 AM: Main focus - living with COVID - how we're all dealing, and the human realities.

SHOW RUNDOWN

- 1) Cardiovascular Care During the Pandemic Dr. Steven Bradley is concerned Minnesotans are forgoing essential treatments.
- 2) Case Numbers in China and the U.S. Epidemiologist Kumi Smith has studied in both countries and sees differences in approach.
- 3) Trash Collection and Social Distancing Twin Cities PBS producer Luke Heikkila profiles trash warrior Des Mueller.
- 4) Discrimination Then and Now Sachi Watson experienced racism during WWII, and she sees some elements returning today.
- 5) Healthy Living Recommendations Jasmine Stringer shares five lifestyle tips for making the most of your time at home.
- 6) Local Music Plug Joe Jacobs sent us a heartfelt tune about life during quarantine.

On tonight's Special 4/26/20

Almanac Special on WVAL Sauk Rapids/ St. Cloud @ 11:05 AM: Main focus - living with COVID - how we're all dealing, and the human realities.

SHOW RUNDOWN

- 1) Health Commissioner Jan Malcolm Commissioner Malcolm discusses the road ahead and her increasing role as a public figure.
- 2) From Hospital to Birth Center Kate McDonald has been talking with expecting mothers about their shifting birth plans.
- 3) Minnesota Innovation A home-grown company has developed a fast and easy way to sterilize N95 masks.
- 4) Making the Most of Leftovers Anne Guttridge has a fridge full of food and plenty of time to try something new.
- 5) Rethinking Farmers Markets Tiffany Tripp runs the Faribault Farmers Market, and she's been forced to make changes.
- 6) Partnering to Support Others The Minnesota Table and Appetite for Change are joining forces to feed those in need.
- 7) Local Music Plug This week it's the very talented Ingeborg von Agassiz and her track "Oh The Hillside."

On tonight's Special 5/3/20

Almanac Special on WVAL Sauk Rapids/ St. Cloud @ 11:05 AM: Main focus - living with COVID - how we're all dealing, and the human realities.

SHOW RUNDOWN

- 1) Care When Communication Isn't Possible** Rachel Rennie lost her non-verbal brother and believes visitation policies aren't working. (90) **Sanford Fargo Visitation Policies** Dr. Doug Griffin responds to Rachel Rennie's story and addresses visitation practices.
- 2) Comic Relief in a Time of Anxiety** Ali Sultan has launched an online 'open mic' for local comedians.
- 3) Protecting Disability Rights** Bud Rosenfield of the Disability Law Center is defending clients in a time of change.
- 4) Better Communication Needed** Alecia Carr believes some disabled people don't understand why we're staying home.
- 5) Learning While Home** Dave Anderson of Lakeville Area Schools describes the challenges his students are facing.
- 6) Local Music Plug** Joyann Parker and her track "Envy."

On tonight's Special 5/10/20

Almanac Special on WVAL Sauk Rapids/ St. Cloud @ 11:05 AM: Main focus - living with COVID - how we're all dealing, and the human realities.

SHOW RUNDOWN

- 1) No Audience, No Paycheck** Adam Levy is a working musician who's finding it almost impossible to work.
- 2) Unemployment Insurance** Minnesota DEED Commissioner Steve Grove explains why it IS available to the self-employed.
- 3) Coronavirus and Coloring** Jewelry designer Tia Keobounpheng takes comfort in a simple, creative routine.

4)Live Theatre Put on Hold Sarah Bellamy, Mary Fox and Ansa Akyea explain the changes Coronavirus has forced on performance arts.

5)Knitting to Fill the Time Luke Heikilla never planned to become a knitter, but he didn't plan on quarantine either.

6)The Business Side of Creativity Artists need help earning an income. Springboard for the Arts is exploring new options.

7)Chalk Art as a Daily Escape Tasia Hart Islam found a simple way to add hope and optimism to her life at home.

8)Local Music Plug Adam Levy and his band "Turn Turn Turn" play us out.

On tonight's Special 5/17/20

MBA – MNN – AMPERS – Community-Based Media Carrying TPT Almanac Special: Coronavirus

On tonight's Special 5/17/20

Almanac Special on WVAL Sauk Rapids/ St. Cloud @ 11:05 AM: Main focus - living with COVID - how we're all dealing, and the human realities.

SHOW RUNDOWN

1)Midway Academy We visit a charter school with deep roots in the Somali community.

2)Reimagining Graduation High school seniors reflect on what's been lost and what's been gained during this historic year.

3)Evolving Educational Goals Minnesota's Education Commissioner, Mary Cathryn Ricker, gives us a policy update.

4)Knitting to Fill the Time Luke Heikkila never planned to take up knitting, but he didn't plan on quarantine either.

5)Higher Education Has Changed St. Scholastica President Barbara McDonald sees opportunities in our new reality.

6)Local Music Plug Twin Cities band Charlie Doesn't Surf plays us out with "Lynlake Punk."

On tonight's Special 5/24/20

Almanac Special on WVAL Sauk Rapids/ St. Cloud @ 11:05 AM: Main focus - living with COVID - how we're all dealing, and the human realities.

1)Preserving Healthy Relationships Prof. Bill Doherty of the U of M discusses the ways relationships can be damaged by pandemic.

2)Mental Health Needs Help Sue Abderholden and Willie Garrett discuss the importance routine, patience and forgiveness.

3)Bob Ross Sends His Best Anne Guttridge is taking inspiration from the master of 'happy accidents.'

4)Virtual Baby Showers Kate McDonald continues her exploration of pregnancy in the time of coronavirus.

5)Journaling for History The Minnesota Historical Society wants us to record our thoughts for future generations.

6)Lessons from the Past Dr. Jeremy Greene of Johns Hopkins explores what we can learn from pandemics of the past.

7)Support Local Music Say hello to Nur-D and his high-energy single, "Take My Picture."

On tonight's Special 5/31/20

Almanac Special on WVAL Sauk Rapids/ St. Cloud @ 11:05 AM: Main focus - living with COVID - how we're all dealing, and the human realities.

Coronavirus Special What SHOULDN'T return to normal after COVID.

1)The Rise of Telemedicine Dr. Steve Ommen of the Mayo Clinic explains why virtual care is here to stay.

2)A Jarring Moment for Education Acooa Ellis of the Greater Twin Cities United Way is calling for us to expand what's possible.

3)Time on The River Alauna Yust has been enjoying rivers since before she could even crawl.

4)Masks Made Locally The Cedar Riverside community in Minneapolis is taking action to reduce community spread.

5)Public Dining During Pandemic The owners of Mucci's Italian and El Burrito Mercado discuss public health guidelines.

6) Staying Fit, Staying Safe Residents of Trillium Woods are exercising together even while staying apart.

7) Learning from the Past Medical historians from the University of Minnesota explain why our actions matter.

8) Local Music Plug Introducing Kiss the Tiger and their track "Starting to See You"

On tonight's Special 6/7/20

Almanac Special on WVAL Sauk Rapids/ St. Cloud @ 11:05 AM: Main focus - living with COVID - how we're all dealing, and the human realities.

SHOW RUNDOWN

1. It's Now a "Syndemic" Dr. Renee Crichlow of the U of M sees a synergistic relationship between two epidemics.

2. Protesting as an Epidemiologist Kumi Smith is an expert in community spread, but she's still chosen to protest.

3. Overcoming Powerlessness Psychologist Willie Garrett talks about the loss of control we all feel during tragedy.

4. Coming Together for Community Shay Webbie has organized pop-up food drives in the St. Paul's Midway neighborhood

5. Tough Lessons from History Joe Nocera sees disturbing parallels between today's protests and a tragic parade in 1918.

6. Systemic Inequality Rises Again Dr. Brooke Cunningham discusses the effects of coronavirus and policing on people of color.

7. Local Music Plug Pulled from the archives of Minnesota Original, Mayyadda performs "Black is Beautiful."

MBA – MNN – AMPERS – Community-Based Media Carrying TPT Almanac Special: Coronavirus

On tonight's Special 6/14/20

Almanac Special on WVAL Sauk Rapids/ St. Cloud @ 11:05 AM: Main focus - living with COVID - how we're all dealing, and the human realities.

SHOW RUNDOWN

Short: Almanac explores personal choice during a pandemic.

Medium: Almanac explores the power of personal choice during a pandemic.

Long: Almanac explores the power of personal choice during a pandemic, focusing on the role of government, lessons from a bioethicist, and what we know about how pandemics start.

SHOW RUNDOWN

1)State Regulations Relax Health Commissioner Jan Malcolm sees positive trends in the data, but an uncertain future.

2)Lessons from a Bioethicist Joel Wu of the University of Minnesota reflects on how our actions impact others.

3)A Church Finds Renewed Purpose Bethlehem Lutheran Church is refocusing its work to distribute food resources in St. Paul.

4)Coronavirus and Pregnancy Visual artist Marz Lovejoy talks with Kate McDonald about giving birth during pandemic.

5)Why Pandemics Happen Susan D. Jones explains why our destruction of the natural world makes disease inevitable.

6)Local Music Plug Pulled from the archives of Lowertown

Please NOTE: This will be the FINAL TPT Coronavirus Special – Thank YOU to Lillian McDonald and the Team at TPT for the collaboration and making this content available to all of our MBA Members!

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