

Quarterly Report of Compliancy Issues & Programs List 2020-Q4 (October - December) Radio Health Journal

- Agriculture
- American Culture
- Child Abuse/Neglect
- Child Welfare System
- Children/Youth at Risk
- Clinical Trials
- Constitutional Rights
- Consumerism & Consumer Safety
- Criminal Justice
- Culture & the Arts
- Data Science
- Disabilities
- Discrimination & Racism
- Domestic Violence
- Death & Grief
- Economics
- Education
- Elderly & Senior Citizens
- Employment & Workplace Issues
- Environment
- Ethics
- Family & Parenting Issues
- Federal Government
- Health Care
- Hunger/Food Insecurity
- Immigration
- Infectious Disease
- Local Government
- Mental Health

Program 20-40	Writers/Producers:	Reed Pence
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Air Week:

Studio Production:

Jason Dickey

10/4/2020

SEGMENT 1: FOOD INSECURITY IN 2020	Time	Duration
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Synopsis:	An estimated 35 million people were food insecure last year, and the dislocations due to COVID-19 have made it much worse now. Experts discuss the health consequences of hunger, the strategies families are using to cope with economic dislocation, and one local effort typical of new volunteer programs to feed hungry children in need.	1:50	12:54
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Host & Producer: Reed Pence

Guests: Jessica Hager, Director of Health and Nutrition, Feeding America; Dr. Jagdish Khubchandani, Prof. of Public Health, New Mexico State Univ.; Margaret Norris, kindergarten teacher, Arcola Elementary School, Silver Spring, MD

Compliance issues: public health; hunger and food insecurity; economics; poverty; children at risk; education; volunteerism; federal government; COVID-19 Pandemic

Links: <https://www.feedingamerica.org/>
<https://scholar.google.com/citations?user=9yB0CvMAAAAJ&hl=en>
<https://www2.montgomeryschoolsmd.org/schools/arcolaes/>

SEGMENT 2: VIRTUAL CLINICAL TRIALS	Time	Duration
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Synopsis:	Researchers see the new acceptance of telemedicine as an opportunity during clinical trials. Along with Zoom visits, numerous sensors on participants could provide constant monitoring of health conditions without traveling to see doctors, making control better.	15:46	7:12
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Host: Nancy Benson

Guests: Glen DeVries, Co-CEO and Co-Founder, Medidata Solutions

Compliance issues: health care; public health; science; technology; COVID-19 Pandemic; research; clinical trials

Links: <https://www.medidata.com/en/leadership/>

Program 20-41	Writers/Producers:	Reed Pence
Air Week:	Studio Production:	Jason Dickey
10/11/2020		

SEGMENT 1: WILL WE BE READY FOR A COVID VACCINE?	Time	Duration
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Synopsis:	A COVID-19 vaccine is on the horizon, but while billions have been spent on its development, little has been spent on distribution and there are still many unanswered questions. Experts discuss how vaccine distribution might be carried out, how long it's likely to take, and the steps needed to make it work.	1:45	13:31
Host & Producer:	Reed Pence		
Guests:	Dr. Kelly Moore, Assoc. Director for Immunization Education, Immunization Action Coalition; Dr. William Schaffner, Prof. of Preventive Medicine and Infectious Diseases, Vanderbilt Univ. Medical Center; Dr. Marcus Plescia, Chief Medical Officer, Assoc. of State and Territorial Health Officials		
Compliance issues:	public health; prevention; consumerism; federal and state government; vaccination; COVID-19 Pandemic; infectious disease		
Links:	https://www.immunize.org/ https://www.vumc.org/health-policy/person/kelly-l-moore-md-mph https://www.astho.org/StatePublicHealth/ASTHOs-New-CMO-Brings-Clinical-Perspective-to-Public-Health/01-04-18/		

SEGMENT 2: SEARING PAIN IN THE FACE: TRIGEMINAL NEURALGIA	Time	Duration
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Synopsis:	A searing, stabbing pain on one side of the face can be so severe it's sometimes called "the suicide disease," and may evade diagnosis. Trigeminal neuralgia is often caused by a throbbing artery in contact with nerves at the base of the brain. Treatment can be difficult though often ultimately successful. Two experts discuss.	16:18	6:37
Host:	Nancy Benson		
Guests:	Dr. Mark McLaughlin, Princeton Brain and Spine, Princeton, NJ; Dr. Jeffrey Brown, neurosurgeon, NYU Winthrop Hospital and Director of Medical Board, TNA Facial Pain Organization.		
Compliance issues:	health care; senior citizens; disability		
Links:	https://www.princetonbrainandspine.com/dr/mark-mclaughlin-md/ https://www.nspc.com/physician/jeffrey-brown/		

Program 20-42	Writers/Producers:	Reed Pence
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Air Week:

Studio Production:

Jason Dickey

10/18/2020

SEGMENT 1: "PERFECT PITCH"

Time Duration

Synopsis: The ability to "know" the musical pitch of any sound has traditionally been thought to be learnable only at a very early age through musical training. But new research shows perfect pitch is teachable to adults as well. Experts discuss the implications on all forms of learning.	1:50	12:16
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Host & Producer: Reed Pence

Guests: Dr. Diana Deutsch, Prof. of Psychology, Univ. of California, San Diego; Stephen Van Hedger, Post-doctoral fellow, Brain and Mind Institute, Univ. of Western Ontario; Dr. Howard Nusbaum, Prof. of Psychology, Univ. of Chicago

Compliance issues: education and learning; adult education; culture & the arts; neurology; psychology

Links: <http://deutsch.ucsd.edu/psychology/pages.php?i=101>
<http://psychology.uchicago.edu/people/faculty/hnusbaum.shtml>

SEGMENT 2: ORGAN THIEVES: THE FIRST HUMAN HEART TRANSPLANT IN THE SOUTH

Time Duration

Synopsis: In the race to perform the first human-to-human heart transplant, ethical corners were sometimes cut. An investigative journalist explains how a black man's heart was harvested without his family's consent for the first human heart transplant in the South, and how incidents such as this help to explain ongoing African-American distrust of medicine.	15:08	7:43
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Host: Nancy Benson

Producer: Polly Hansen

Guests: Chip Jones, author, *The Organ Thieves: The Shocking Story of the First Heart Transplant in the Segregated South*

Compliance issues: health care; technology; discrimination & racism; ethics

Links: <https://www.chipjonesbooks.com/>

Program 20-43	Writers/Producers:	Reed Pence
Air Week:	Studio Production:	Jason Dickey
10/25/2020		

SEGMENT 1: PLANETARY HEALTH	Time	Duration
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Synopsis:	The new scientific field of planetary health seeks to analyze how humans are influencing the planet, which in turn rebounds to affect humans. The field encompasses more than environmental science and ecology, and helps to explain pandemics and other illnesses, mass migration, food consumption, and other public health factors. Two experts explain.	1:50	12:02
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Host & Producer: Reed Pence

Guests: Dr. Howard Frumkin, Emeritus Prof. of Environmental and Occupational Health Sciences, Univ. of Washington School of Public Health and co-editor, Planetary health Protecting Nature to Protect Ourselves; Dr. Sam Myers, Principal Research Scientist, Harvard Univ. T. H. Chan School of Public Health and Director, Planetary Health Alliance, and co-editor, Planetary Health

Compliance issues: environment; pollution; public health; politics; immigration; natural disasters

Links: <https://islandpress.org/books/planetary-health>

SEGMENT 2: THE MANY KINDS OF GRIEF	Time	Duration
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Synopsis:	Grief can come from the loss of anything important to us—a loved one, a job, a home, a status in the community. Today many people are suffering from unresolved grief, since there are no rituals to ease these forms of grief and prohibitions against large gatherings such as funerals. An expert discusses the many forms of grief and how we can get through them.	14:54	8:02
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Host: Nancy Benson

Producer: Reed Pence.

Guests: Dr. Missouri McPhee, Chaplain and Resident Thanatologist, Orlando Health—Health Central Hospital, Ocoee, FL

Compliance issues: public health; mental health; death & grief

Links: <https://www.orlandohealth.com/facilities/health-central-hospital/services/chaplain-services-at-health-central-hospital>

Program 20-44	Writers/Producers:	Reed Pence
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Air Week:	Studio Production:	Jason Dickey
11/1/2020		

SEGMENT 1: MEMORY CARE FARM ANIMALS: HELPFUL MENAGERIES	Time	Duration
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Synopsis:		
Some nursing homes with a large number of patients with dementia have found that farm animals on-site and even in rooms can be helpful in raising spirits and reducing the need for medications. A therapist and program director at one such nursing home discusses how llamas, chickens, goats and mini horses have found a home, to the benefit of residents.	1:52	12:02

Host & Producer: Reed Pence

Guests: Lauren Gaffney, occupational therapist and Program Director, Memory Support Unit, Lifecare Center of Nashoba Valley, Littleton, MA

Compliance issues: senior citizens & elderly; health care; pets and people; education; family issues; agriculture

Links: <https://www.nimh.nih.gov/news/science-news/2015/lisanby-chosen-to-lead-nimh-division-of-translational-research.shtml>

SEGMENT 2: BLACK LUNG DISEASE: STILL ALL TOO PRESENT	Time	Duration
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Synopsis:		
Black lung disease among coal miners is often thought of as a relic of the past, thanks to environmental laws. The disease is completely preventable, but a distinguished reporter and author has still found plenty of it among today's miners. He discusses his findings and why it's still going on.	14:54	8:02

Host: Nancy Benson

Producer: Polly Hansen

Guests: Chris Hamby, reporter, New York Times and author, Soul Full of Coal Dust: A Fight For Breath and Justice in Appalachia

Compliance issues: public health; health care; employment & workplace issues; environment; federal government

Links: <https://www.nytimes.com/by/chris-hamby>

Program 20-45	Writers/Producers:	Reed Pence
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Air Week:	Studio Production:	Jason Dickey
11/8/2020		

SEGMENT 1: TIME BLINDNESS	Time	Duration
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Synopsis: Someone who is always late for everything and never finishes any project on time is often labeled as irresponsible, lazy, or purposely insulting. But they may be suffering from a brain abnormality called time blindness that's often a part of ADHD, with often sad consequences. Experts discuss.	1:47	12:32
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Host & Producer Reed Pence

Guests: Dr. Ari Tuckman, psychologist and co-chair, Conference Committee, CHADD (Children and Adults with Attention Deficit/Hyperactivity Disorder); Dr. Russell Barkley, Clinical Prof. of Psychiatry, Virginia

Compliance issues: disabilities; health care; employments & workplace issues; education; parenting issues

Links: <https://tuckmanpsych.com/>
<http://www.russellbarkley.org/>

SEGMENT 2: HOW DEEP ARE THE DIFFERENCES OF LEFT HANDERS?	Time	Duration
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Synopsis: Handedness is a central part of a person's identity. Left-handers are often seen as somehow different than the rest of us, and over history they've been stereotyped as more quirky, intelligent, and sinister than righties. Science shows that some labels are likely to be true. Experts discuss where handedness comes from, and what differences truly result.	15:18	7:42
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Host: Nancy Benson

Producer: Reed Pence

Guests: R. Ron Yeo, Regents Prof., Univ. of New Mexico; Kim Sawyer, left-hander; Dr. Clare Porac, Prof. of Psychology, Penn State Univ. and author, *Laterality: Exploring the Enigma of Left-Handedness*

Compliance issues: American culture; consumerism

Links: <https://psych.unm.edu/people/faculty/profile/ronald-yeo.html>

Program 20-46	Writers/Producers:	Reed Pence
Air Week:	Studio Production:	Jason Dickey
11/15/2020		

SEGMENT 1: THE EFFECTS OF 2020 STRESS	Time	Duration
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Synopsis: 2020 has produced an ongoing barrage of stressful events, and psychologists say the months of strain have started to show in both physical and mental breakdowns among increasing numbers of people. Three mental health professionals discuss the signs that a person is in trouble, and what they can do to get through these difficult times intact. 1:47 12:42

Host & Producer Reed Pence

Guests: Dr. Kate Harkness, Prof. of Psychology, Queens Univ.; Dr. Jennifer Love, psychiatrist and co-author, When Crisis Strikes: Five Steps to Heal Your Brain, Body, and Life From Chronic Stress; Dr. Kjell Tore Hovik, clinical neuropsychologist and co-author, When Crisis Strikes

Compliance issues: health care; public health; mental health; youth at risk; substance abuse

Links: <https://www.queensu.ca/psychology/people/faculty/kate-harkness>
<https://www.amenclinics.com/team/jennifer-love-md/>
<https://www.lovehovik.com/about-us/>

SEGMENT 2: MUSIC THERAPY	Time	Duration
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Synopsis: Some people are finding relief from mental health issues through music therapy, a combination of psychotherapy and music-making. A noted music therapist describes what the practiced is and how it works. 15:31 7:23

Host: Nancy Benson

Producer: Reed Pence

Guests: Dr. Sandi Curtis, Prof. Emeritus of Music Therapy, Concordia Univ., Montreal and author, Music For Women (Survivors of Violence)

Compliance issues: mental health; culture & the arts; domestic violence

Links: <https://sandicurtis.com/>

Program 20-47	Writers/Producers:	Reed Pence
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Air Week:	Studio Production:	Jason Dickey
11/22/2020		

SEGMENT 1: WHERE CAN WE GATHER? THE ZOOM THANKSGIVING	Time	Duration
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Synopsis:		
Getting together with family and friends over the holidays will be different this year due to COVID-19 precautions for families and governmental restrictions on restaurants and bars. The hospitality industry complains it's unfairly targeted, but data shows it's a COVID hotspot. Yet families in homes can repeat some of the same errors. Experts discuss how to keep gatherings safe and the consequences if we don't.	1:48	13:09

Host & Producer Reed Pence

Guests: Dr. Beth Thielen, Asst. Prof. of Pediatric Infectious Diseases and Immunology, Univ. of Minnesota Medical School and pediatric infectious disease physician, M Health Fairview Health System; Dr. Shelly Miller, Prof. of Mechanical Engineering, Univ. of Colorado

Compliance issues: public health; family issues; public safety; hospitality industry; consumerism; health industry; health care; state and local government; COVID-19 Pandemic; data science

Links: <https://med.umn.edu/bio/pediatrics-by-division/beth-thielen>
<https://www.colorado.edu/even/people/shelly-miller>

SEGMENT 2: "FLATE HEAD SYNDROME"	Time	Duration
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Synopsis:		
Since the beginning of the "baby on back" movement to reduce sudden infant death syndrome, many more infants are developing misshapen heads with a flat spot in one place. An expert discusses whether this is serious, how it can be treated with a helmet-like device, and how it might be prevented.	15:59	6:33

Host: Nancy Benson

Producer: Hannah Swarm

Guests: Dr. Peter Taub, Prof. of Pediatrics and Neurosurgery, Icahn School of Medicine at Mount Sinai, New York.

Compliance issues: consumerism; health care; youth at risk; parenting issues

Links: <https://www.mountsinai.org/profiles/peter-taub>

Program 20-48 **Writers/Producers:** Reed Pence

Air Week:

Studio Production:

Jason Dickey

11/29/2020

SEGMENT 1: MOMS RELEASED FROM PRISON

Time **Duration**

Synopsis: Women are the fastest-growing prison population, but when they're released, they face far more barriers to successful reintegration into society than men, especially if they have children. Experts and a former inmate running a new program for moms in prison discuss barriers and ways to overcome them. 1:49 13:45

Host & Producer Reed Pence

Guests: Nina Porter, former inmate and co-founder, Mothers On the Rise; Dr. Jack Turman, Prof. of Social and Behavioral Sciences, Fairbanks School of Public Health, Indiana Univ.; Dr. Pamela Lattimore, Senior Director for Research Development, Division for Applied Justice Research, RTI

Compliance issues: criminal justice; police & justice system; prisons; women's issues; crime; children at risk; housing

Links: <https://fsph.iupui.edu/about/directory/turman-jack.html>
<https://www.in.gov/idoc/about-idoc/special-initiatives/wee-ones-nursery/>
<https://ijrd.csw.fsu.edu/person/pamela-lattimore-phd>

SEGMENT 2: THE SURPRISING ORIGINS OF CHEMOTHERAPY IN WORLD WAR II

Time **Duration**

Synopsis: Chemotherapy has saved millions of lives, but its origins date to the chemical warfare agent mustard gas. A secret shipment of the gas was released in Italy after the bombing of a US ship in World War II. An investigative reporter details how doctors turned death and tragedy to the lifesaver we know today. 16:36 6:21

Host: Nancy Benson

Producer: Polly Hansen

Guests: Jennet Conant, author, The Great Secret: The Classified World War II Disaster That Launched the War On Cancer

Compliance issues: federal government; military; technology; national defense

Links: <https://jennetconant.com/about/>

Program 20-49	Writers/Producers:	Reed Pence
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Air Week:

Studio Production:

Jason Dickey

12/6/2020

SEGMENT 1: SHOULD WE REPORT "BAD PARENTS?"	Time	Duration
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Synopsis: Just about anyone can report a parent to a child abuse hotline. It's meant to protect children, but often, parents are reported when no abuse or neglect exists in order to retaliate for a divorce or some other grievance. Some parents are reported for merely letting children play outside or walk to school without an adult in attendance, what was once thought of as normal. Some activists say this robs children of independence. An expert and a woman who went through an unjustified child abuse investigation discuss.

1:47

12:31

Host & Producer Reed Pence

Guests: Corey Widen, mother reported to child abuse hotline, Wilmette, IL; Rachel Ruttenberg, Director of Policy, Heartland Alliance

Compliance issues: youth at risk; child abuse and neglect; child welfare system; police and justice system; child safety; public safety; family issues

Links: <https://www.heartlandalliance.org/research-and-policy/experts>

SEGMENT 2: NERVE GROWTH FACTORS: HOPE FOR TBI'S, MS, ALS?	Time	Duration
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Synopsis: Unlike most cells in the human body, the central nervous system cannot repair itself. People who suffer brain or spinal cord injuries, or neurological disorders such as MS and ALS have few alternatives. A neurological researcher describes how he has discovered previously unknown nerve growth factors that could someday allow such injuries and diseases to heal.

15:20

7:39

Host: Nancy Benson

Producer: Reed Pence

Guests: Dr. Benjamin Segal, Chair of Neurology and Director, Neuroscience Research Institute, Ohio State Univ.

Compliance issues: health care; public health; disabilities; neurology; research

Links: <https://wexnermedical.osu.edu/neurological-institute/researchers/benjamin-segal-md>

Program 20-50	Writers/Producers:	Reed Pence
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Air Week:

Studio Production:

Jason Dickey

12/13/2020

SEGMENT 1: FROM NOW UNTIL THE VACCINE

Time Duration

Synopsis:	New COVID-19 vaccines won't be available for most people until spring, and the months until then may have a staggering cost in lives and illness. A noted infectious disease expert discusses probable time lines and events between now and the vaccine's availability, and how adherence to social distancing and masking could change outcomes.	1:46	13:00
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Host & Producer: Reed Pence

Guests: Dr. William Schaffner, Prof. of Preventive Medicine and Infectious Diseases, Vanderbilt Univ. Medical Center

Compliance issues: public health; public safety; federal and state government; Constitutional rights; vaccination; COVID-19 Pandemic; infectious disease

Links: <https://www.vumc.org/health-policy/person/william-schaffner-md>

SEGMENT 2: WHAT'S UP WITH HICCUPS?

Time Duration

Synopsis:	Hiccups are annoying and uncomfortable, and doctors don't know why we (and most other species) get them. An expert explains what we know about what hiccups are and why most home remedies actually work.	15:48	7:25
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Host: Nancy Benson

Producer: Reed Pence

Guests: Dr. Tyler Cymet, Chief, Clinical Education, American Assn. of Colleges of Osteopathic Medicine

Compliance issues: consumerism; health care; pop culture

Links: <http://www.aacom.org/>
https://en.wikipedia.org/wiki/Tyler_Cymet

Program 20-51	Writers/Producers:	Reed Pence
Air Week:	Studio Production:	Jason Dickey
12/20/2020		

SEGMENT 1: THE GOOD AND THE BAD OF MEDICAL CROWDFUNDING	Time	Duration
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Synopsis:	Medical campaigns account for a third of monies raised on crowdfunding sites like GoFundMe, and many people who've fallen through the holes of the safety net have been helped this way. But studies show that fraud is rampant in crowdfunding, with fake patients and medical providers who are all too eager to take money for worthless treatment. Experts discuss these issues and the need for regulation.	1:50	12:11
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Host & Producer Reed Pence

Guests: Dr. Jeremy Snyder, Prof. of Health Sciences, Simon Fraser Univ.; Dr. Art Caplan, head, Division of Medical Ethics, New York University School of Medicine; Dr. Nora Kenworthy, Asst. Prof. of Nursing and Health Studies, Univ. of Washington-Bothell.

Compliance issues: health care; consumerism; consumer protection; online fraud; federal government; regulation

Links: <https://www.sfu.ca/fhs/people/profiles/jeremy-snyder.html>
<https://med.nyu.edu/faculty/arthur-l-caplan>
<https://www.uwb.edu/nhs/facultyandstaff/faculty/nkenworthy>

SEGMENT 2: NAVIGATING A COVID CHRISTMAS	Time	Duration
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Synopsis:	This holiday season will be unlike any we've ever had before, with "loss" as a major theme—loss of little things such as routines as well as big ones. Two experts weigh in on how families can navigate this season while keeping it festive.	15:03	8:02
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Host: Nancy Benson

Producer: Reed Pence

Guests: Dr. Parker Huston, pediatric psychologist, Nationwide Children's Hospital and Clinical Director, On Our Sleeves; Dr. Carlin Barnes, co-founder, Healthy Mind MD's, Houston, TX

Compliance issues: consumerism; pop culture; mental health; children & youth at risk; COVID-19 Pandemic; infectious disease; family issues; prevention; public health; public safety

Links: <https://www.onoursleeves.org>
<https://www.onoursleeves.org/about/parker-huston-bio>
<http://www.drcarlindbarnes.org/home.html>

Program 20-52	Writers/Producers:	Reed Pence
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Air Week: 12/27/2020	Studio Production:	Jason Dickey
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SEGMENT 1: PANCREATIC CANCER	Time	Duration
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Synopsis: Pancreatic cancer is increasing, and soon to be the second leading cancer killer, since it is rarely detected in early stages. Two physicians discuss pancreatic cancer and its symptoms, as well as their research into methods to find the disease in earlier stages.	1:48	11:10
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Host & Producer: Reed Pence

Guests: Dr. Richard Frank, Director of Cancer Research, Nuvance Health Cancer Institute; Dr. Somashekar Krishna, Assoc. Prof. of Gastroenterology, Ohio State Univ. Wexner Medical Center

Compliance issues: health care; consumerism; technology; research

Links: <https://www.norwalkhospital.org/find-a-doctor/richard-frank>
<https://wexnermedical.osu.edu/mediaroom/expertslisting/somashekar-krishna>

SEGMENT 2: BROKE: PATIENTS OPEN UP ABOUT MONEY WOES	Time	Duration
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Synopsis: Millions of Americans are in financial straits due to COVID layoffs and furloughs. A doctor describes how he gets patients to talk about why they're in trouble and what they do about it to create an eye-opening portrait.	14:00	8:57
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Host: Nancy Benson

Producer: Reed Pence

Guests: Dr. Michael Stein, internist, Prof. of Health Policy, Boston Univ. School of Public Health and author, Broke: Patients Talk About Money With Their Doctor

Compliance issues: consumerism; economics; poverty; employment & workplace issues; unemployment; COVID-19 Pandemic; infectious disease

Links: <https://uncpress.org/book/9781469661148/broke/>