2016-Q4 (October – December) Radio Health Journal Quarterly Logs
Compliancy Issues Covered

Aging
Air Pollution
Alcohol
American Society and Culture
Children at Risk
Consumerism
Crime and Prison
Disabilities
Disaster Recovery
Discrimination
Drunk Driving
Economics
Education
Environment
Ethics
Federal Government and Regulation
Health Care
Homelessness
Infectious Disease
Insurance
Interpersonal Communication
Local Government and Regulation
Media and Society
Mental Health & Mental Illness
Military
Municipal Government
National Security
Obesity
Parenting Issues
Pollution
Pop Psychology
Public Safety
Research and Development
Substance Abuse and Addiction
Taxes
Technology
Traffic Safety
Vaccination
Water Safety
Women's Issues
Youth at Risk

See weekly logs below for segment dates, titles, topics, guests & duration

Radio Health Journal is a registered trademark of MediaTracks, Inc.
Contents copyright 2016 by MediaTracks, Inc. 2250 East Devon Avenue, Suite 150 Des Plaines, Illinois 60018847-299-9500
Affiliate downloads are available at ftp://mediatracksdownloads.com and www.mediatracks.com
Guest information, segment podcasts and the latest health news are available at www.radiohealthjournal.net

Program Log for *Radio Health Journal*

Program	16-40	**Producers**	Reed Pence & Heather Muno
Air Week	10/02/16-10/08/16	**Production Director**	Sean Waldron

Time	Segment	Dur.
2:02	**NATIONAL SAFETY COUNCIL SAFETY MINUTE: DISTRACTED DRIVING** Compliancy issues covered: auto and traffic safety; public health OUTCUE: …National Safety Council	:59
3:03	**SEGMENT 1: POLICE RESPONSE AND THE MENTALLY ILL**	11:47
	Synopsis: Police confrontations with mentally ill subjects can quickly turn tragic, as neither side may understand the other. Specially trained crisis intervention teams have spread around the country to prevent deaths, injuries, and unneccessary incarceration. Experts discuss how CIT works. Host: Reed Pence. Guests: Laura Usher, Crisis Intervention Team Program Manager, National Alliance on Mental Illness (NAMI); Mary Neal, Director and co-founder, Assistance to the Incarcerated Mentally Ill; Dr. Randolph DuPont, clinical psychologist and Prof. of Criminal Justice, Univ. of Memphis; Sam Cochran, Major, Memphis Police Dept. (retired) and Project Coordinator, Univ. of Memphis CIT Center. Compliancy issues covered: public safety; mental illness; police and criminal justice; police brutality; education; community activism; prisons Links for more information: http://www.nami.org/Get-Involved/Law-Enforcement-and-Mental-Health; http://www.care2.com/c2c/group/AIMI; http://www.memphis.edu/cjustice/people/randolph-dupont.php; http://cit.memphis.edu/sam.html	
15:52	**SEGMENT 2: LEPROSY**	7:14
	Synopsis: Thanks in part to its Biblical past, the disfiguring disease leprosy carries more stigma than most diseases. We hear little about it today, but it still exists, and because it's now treatable, often the stigma is worse than the disease. An expert discusses. Host: Nancy Benson. Guests: Dr. David Scollard, Director, National Hansen's Disease Program Compliancy issues covered: health care; public health Links for more information: http://www.hrsa.gov/hansensdisease/	

Program	16-41	**Producers**	Reed Pence & Michael Wu
Air Week	10/09/16-10/15/16	**Production Director**	Sean Waldron

Radio Health Journal is a registered trademark of MediaTracks, Inc.
Contents copyright 2016 by MediaTracks, Inc. 2250 East Devon Avenue, Suite 150 Des Plaines, Illinois 60018847-299-9500
Affiliate downloads are available at ftp://mediatracksdownloads.com and www.mediatracks.com
Guest information, segment podcasts and the latest health news are available at www.radiohealthjournal.net

radio HEALTH JOURNAL

Program Log for *Radio Health Journal*

Time	Segment	Dur.
1:58	**NATIONAL SAFETY COUNCIL SAFETY MINUTE: MY CAR DOES WHAT?** Compliancy issues covered: auto and traffic safety; technology OUTCUE: …Safety Council and Toyota	:60
3:00	**SEGMENT 1: ADOPTION PSYCHOLOGY**	11:18
	Synopsis: People who are adopted have more psychological problems than others, yet they also tend to have other psychological strengths. Experts, both themselves also adoptees, discuss the roots and outcomes of these issues as adopted children grow up. Host: Reed Pence. Guests: Dr. Stephen Betchen, Clinical Asst. Prof. of Psychology, Thomas Jefferson Univ., Sr. Supervisor, Council for Relationships and author, *Magnetic Partners*; Dr. Joyce Maguire Pavao, adoption consultant and Lecturer in Psychiatry, Harvard Medical School Compliancy issues covered: youth at risk; parenting issues; adoption; human development Links for more information: http://www.pavaoconsulting.com/Site/Dr._Joyce_Maguire_Pavao.html; http://www.stephenbetchen.com	
15:20	**SEGMENT 2: TICKLING**	7:42
	Synopsis: Tickling is a unique application of the sense of touch that surprisingly has developmental and cultural importance. Experts discuss the science and sociology of tickling. Host: Nancy Benson. Guests: Dr. David Linden, Prof. of Neuroscience, Johns Hopkins Univ. School of Medicine and author, *Touch: The Science of Hand, Heart and Mind*; Dr. Robert Provine, Prof. of Psychology & Neuroscience, Univ. of Maryland, Baltimore County and author, *Curious Behavior: Yawning, Laughing, Hiccuping, and Beyond* Compliancy issues covered: science and culture; human development Links for more information: http://davidlinden.org/bio/; http://provine.umbc.edu	

Program	16-42	**Producers**	Polly Hansen & Reed Pence
Air Week	10/16/16-10/22/16	**Production Director**	Sean Waldron

Time	Segment	Dur.
1:58	**NATIONAL SAFETY COUNCIL SAFETY MINUTE: NEW TEEN DRIVERS** Compliancy issues covered: auto and traffic safety; youth at risk OUTCUE: …Safety Council and Toyota	:59

Radio Health Journal is a registered trademark of MediaTracks, Inc.
Contents copyright 2016 by MediaTracks, Inc. 2250 East Devon Avenue, Suite 150 Des Plaines, Illinois 60018847-299-9500
Affiliate downloads are available at ftp://mediatracksdownloads.com and www.mediatracks.com
Guest information, segment podcasts and the latest health news are available at www.radiohealthjournal.net

Program Log for *Radio Health Journal*

2:59	**SEGMENT 1: DIRECT-TO-CONSUMER GENETIC TESTING**	11:49
	Synopsis: Genetic testing is now available to consumers to satisfy a variety of desires—tracing heritage, gauging risk of inherited diseases in children, and screening for disease. However, risks come with what doctors say is incomplete knowledge. Experts discuss uses, risks, and future of consumer genetic testing. Host: Reed Pence. Guests: Dr. David Balding, Prof. of Statistical Genetics, Univ. of Melbourne and University College, London; Dr. Wayne Grody, Prof. of Pediatrics, UCLA School of Medicine; Dr. Steven Monroe Lipkin, Pro. Of Medicine, Weill Cornell College of Medicine and author, *The Age of Genomes*; Dr. Gerald Feldman, Prof. of Pediatrics, Pathology and Molecular Genetics in Medicine, Wayne State Univ. School of Medicine and President, American College of Medical Genetics and Genomics. Compliancy issues covered: consumerism; health care; public health; technology and society Links for more information: http://www.ms.unimelb.edu.au/Personnel/profile.php?PC_id=1520; https://www.uclahealth.org/wayne-grody; http://www.beacon.org/The-Age-of-Genomes-P1196.aspx; http://www.childrensdmc.org/geraldfeldman	
15:50	**SEGMENT 2: BRAIN INJURY AND HOMELESSNESS**	7:07
	Synopsis: Research is showing that a remarkably high proportion of homeless men have suffered a traumatic brain injury in the past, raising the possibility that TBIs may cause behaviors directly leading to homelessness. Experts discuss their research. Host: Nancy Benson. Guests: Dr. Jane Topolovec-Vranic, Associate Scientist, St. Michael's Hospital, Toronto, and Asst. Prof. of Occupational Science, Univ. of Toronto; Dr. Steven Hwang, Director, Center for Urban Health Solutions, St. Michael's Hospital, Toronto, and Prof. of Medicine, Univ. of Toronto Compliancy issues covered: homelessness; poverty; health care; rehabilitation; prevention Links for more information: http://www.stmichaelshospital.com/crich/	

Program	16-43	**Producers**	Reed Pence & Polly Hansen
Air Week	10/23/16-10/29/16	**Production Director**	Sean Waldron

Time	Segment	Dur.
1:58	**NATIONAL SAFETY COUNCIL SAFETY MINUTE: OLDER DRIVERS** Compliancy issues covered: auto and traffic safety; senior citizens OUTCUE: …Safety Council and Toyota	:59
2:59	**SEGMENT 1: VACCINATION REFUSAL**	12:00
	Synopsis: A new survey shows more pediatricians are experiencing vaccination refusal among patients, and while the reasons are evolving, they still often result from misinformation. An increasing proportion of doctors are kicking these	

Radio Health Journal is a registered trademark of MediaTracks, Inc.
Contents copyright 2016 by MediaTracks, Inc. 2250 East Devon Avenue, Suite 150 Des Plaines, Illinois 60018847-299-9500
Affiliate downloads are available at ftp://mediatracksdownloads.com and www.mediatracks.com
Guest information, segment podcasts and the latest health news are available at www.radiohealthjournal.net

	families out of their practices if they can't change minds and behavior, but is that ethical? Whose rights are paramount—the unvaccinated child or the rest of the practice? Experts discuss. Host: Reed Pence. Guests: Dr. Kathryn Edwards, Prof. of Pediatrics, Vanderbilt Univ. and member, Committee on Infectious Diseases, American Academy of Pediatrics; Dr. Nathan Boonstra, pediatrician, Blank Children's Hospital, Des Moines, IA; Dr. Art Caplan, Director, Division of Medical Ethics, Langone Medical School and Co-Director, Project on Vaccine Ethics and Policy, New York Univ. Compliancy issues covered: youth at risk; consumerism; health care; public health; ethics; parenting issues; state government regulation Links for more information: http://pediatrics.mc.vanderbilt.edu/directory.php?did=1822; https://www.unitypoint.org/blankchildrens/pedsgeekmd-dr-nathan-boonstra.aspx; http://www.med.nyu.edu/pophealth/faculty/caplaa01	
16:01	**SEGMENT 2: THE BENEFITS OF FEAR**	6:59
	Synopsis: During the Halloween season, many people seek out frightening experiences. This controlled fear has a psychological and developmental purpose, as an expert explains. Host: Nancy Benson. Guest: Margee Kerr, Prof. of Sociology, Univ. of Pittsburgh and author, *Scream: Chilling Adventures and the Science of Fear* Compliancy issues covered: pop culture and society; psychology; growth and development Links for more information: http://www.margeekerr.com	

Program	16-44	**Producer**	Reed Pence
Air Week	10/30/16-11/5/16	**Production Director**	Sean Waldron

Time	Segment	Dur.
2:02	**NATIONAL SAFETY COUNCIL SAFETY MINUTE: KIDS AND CARS** Compliancy issues covered: auto and traffic safety; teens at risk OUTCUE: ...and Toyota	:59
3:03	**SEGMENT 1: LUPUS AND THE SKIN**	12:00
	Synopsis: Lupus results when the immune system turns on the body, producing inflammatory attacks on virtually any organ. A minority of patients have lupus only on the skin, and while this is not life threatening, it can still be psychologically devastating. Experts discuss.	

Radio Health Journal is a registered trademark of MediaTracks, Inc.
Contents copyright 2016 by MediaTracks, Inc. 2250 East Devon Avenue, Suite 150 Des Plaines, Illinois 60018847-299-9500
Affiliate downloads are available at ftp://mediatracksdownloads.com and www.mediatracks.com
Guest information, segment podcasts and the latest health news are available at www.radiohealthjournal.net

	Host: Reed Pence. Guests: Dr. Christopher Hansen, Asst. Prof. of Dermatology, Univ. of Utah; Dr. Victoria Werth, Prof. of Dermatology, Univ. of Pennsylvania & Chief, Dermatology Section, Philadelphia VA Medical Center; Dr. Betty Diamond, Investigator, Finestein Institute for Medical Research Compliancy issues covered: health care; consumerism; technology Links for more information: http://healthcare.utah.edu/fad/mddetail.php?physicianID=u0046495; http://www.lupusresearchinstitute.org/lupus-research/grant-recipients/werth/victoria-p; http://www.feinsteininstitute.org/our-researchers/betty-diamond-md/	
15:51	**SEGMENT 2: PLUSES AND MINUSES OF HIGH SCHOOL FOOTBALL**	7:09
	Synopsis: Concussions have prompted many parents to question whether their sons should play high school football. A well known sportswriter and parent who was given nearly unlimited access to a high school team for a year shares the red flags he saw as well as the benefits of playing. Host: Nancy Benson. Guest: Kostya Kennedy, author, *Lasting Impact: One Team, One Season. What Happens When Our Sons Play Football* Compliancy issues covered: youth at risk; parenting issues; public health; sports and society; education Links for more information: kostyakennedy.com	

Program	16-45	**Producer**	Reed Pence
Air Week	11/6/16-11/12/16	**Production Director**	Sean Waldron

Time	Segment	Dur.
2:02	**NATIONAL SAFETY COUNCIL SAFETY MINUTE: ATTENTIVE DRIVING** Compliancy issues covered: auto and traffic safety; technology OUTCUE: ...Volkwagen Group of America	:60
3:04	**SEGMENT 1: HIGH RISK ORGAN DONORS**	11:49
	Synopsis: Skyrocketing drug overdose deaths are adding to the supply of transplantable organs. Contrary to the beliefs of many—and their designation as “high risk” donors--these are often high quality organs from youthful people. Even organs carrying disease that never would have been acceptable before are now able to be used if recipients accept them. Experts explain. Host: Reed Pence. Guests: Dr. Michael Porayko, Chief of Hepatology and Prof. of Medicine, Vanderbilt Univ. Medical Center; Dr. David Klassen, Chief Medical Officer, United Network for Organ Sharing	

Radio Health Journal is a registered trademark of MediaTracks, Inc.
Contents copyright 2016 by MediaTracks, Inc. 2250 East Devon Avenue, Suite 150 Des Plaines, Illinois 60018847-299-9500
Affiliate downloads are available at ftp://mediatracksdownloads.com and www.mediatracks.com
Guest information, segment podcasts and the latest health news are available at www.radiohealthjournal.net

	Compliancy issues covered: health care; ethics; HIV and AIDS; public health; consumerism Links for more information: https://www.vanderbilthealth.com/main/findadoc_detail?doc=1033206149; https://www.unos.org/about/key-staff/david-klassen/	
15:55	**SEGMENT 2: YAWNING**	6:58
	Synopsis: Virtually all animals with a backbone yawn, but scientists don't know what purpose it serves or why yawns are so contagious. Experts discuss what's known and what's behind a yawn. Host: Nancy Benson. Guests: Dr. Robert Provine, Prof. of Psychology, Univ. of Maryland-Baltimore County and author, *Curious Behavior: Yawning, Laughing, Hiccuping and Beyond*; Dr. Andrew Gallup, Asst. Prof. of Psychology, SUNY Oneonta. Compliancy issues covered: health; pop culture Links for more information: http://provine.umbc.edu; http://academicminute.org/2014/10/andrew-gallup-suny-oneonta-yawns-are-cool/	

Program	16-46	**Producers**	Reed Pence & Polly Hansen
Air Week	11/13/16-11/19/16	**Production Director**	Sean Waldron

Time	Segment	Dur.
2:05	**SEGMENT 1: THE SAFETY OF SELF-DRIVING CARS**	12:57
	Synopsis: Self-driving cars are being developed more rapidly than most experts thought possible. But even if they're technically possible, can we be assured of their safety? Trust is a major hurdle to adoption of what could be a major step forward in transportation, as experts discuss. Host: Reed Pence. Guests: Dr. Nidhi Kalra, Senior Information Scientists, RAND Corp.; Brandon Schoettle, Project Manager for Sustainable Worldwide Transportation, Univ. of Michigan Transportation Research Inst. Compliancy issues covered: traffic and highway safety; transportation; public safety; technology; insurance; ethics; infrastructure Links for more information: http://www.umtri.umich.edu/who-we-are/staff-directory/brandon-schoettle; http://www.rand.org/about/people/k/kalra_nidhi.html	
16:04	**SEGMENT 2: "DOG MEDICINE" FOR MENTAL ILLNESS**	76:58

Radio Health Journal is a registered trademark of MediaTracks, Inc.
Contents copyright 2016 by MediaTracks, Inc. 2250 East Devon Avenue, Suite 150 Des Plaines, Illinois 60018847-299-9500
Affiliate downloads are available at ftp://mediatracksdownloads.com and www.mediatracks.com
Guest information, segment podcasts and the latest health news are available at www.radiohealthjournal.net

	Synopsis: A woman who suffered severe abuse as a child describes the mental health benefits of owning a dog, and an expert on the Americans with Disabilities Act discusses requirements for emotional support animals. Host: Nancy Benson. Guests: Julie Barton, author, *Dog Medicine: The Unbreakable Bond Between One Woman and the Dog That Saved Her Life*; Vinh Nguyen, Project Director, Southwest ADA Center at Tirr Memorial Hermann, Houston. Compliancy issues covered: disabilities; mental health issues; pets and people; housing issues Links for more information: https://byjuliebarton.com; http://tirr.memorialhermann.org/research/independent-living-and-community-integration/	

Program	16-47	**Producer**	Reed Pence
Air Week	11/20/16-11/26/16	**Production Director**	Sean Waldron

Time	Segment	Dur.
2:04	**SEGMENT 1: RESTORING DOCTORS' COMPASSION**	11:55
	Synopsis: Doctors have often been advised to avoid emotions regarding patients in order to keep their decisions objective. However, this has led many patients to believe doctors don't care about them. A new movement in medicine seeks to reverse the trend and put compassion back in medicine, led by a "Healer's Art" class in many medical schools. Experts who teach the class explain. Host: Reed Pence. Guests: Dr. Joseph O'Donnell, Prof. of Medicine and Psychiatry, Geisel School of Medicine, Dartmouth College; Dr. Dean Parmelee, Prof. of Psychiatry and Pediatrics, Wright State Univ. Boomshoft School of Medicine. Compliancy issues covered: education; health care; legal system Links for more information: https://vivo.dartmouth.edu/vivo/display/d27077x; https://people.wright.edu/dean.parmelee;	
15:01	**SEGMENT 2: PBC: LIVER AUTOIMMUNE DISEASE**	8:08
	Synopsis: A variety of liver diseases may cause test results that mimic alcohol-related cirrhosis. One, known as PBC, is the second largest reason for liver transplants in women. A patient and an expert discuss. Host: Nancy Benson. Guests: Ally Roberson, PBC patient; Dr. John Vierling, Prof. of Medicine and Surgery and Chief of Hepatology, Baylor College of Medicine	

Radio Health Journal is a registered trademark of MediaTracks, Inc.
Contents copyright 2016 by MediaTracks, Inc. 2250 East Devon Avenue, Suite 150 Des Plaines, Illinois 60018847-299-9500
Affiliate downloads are available at ftp://mediatracksdownloads.com and www.mediatracks.com
Guest information, segment podcasts and the latest health news are available at www.radiohealthjournal.net

	Compliancy issues covered: health care; alcoholism and substance abuse Links for more information: https://www.bcm.edu/people/view/john-vierling-m-d-f-a-c-p/b276af2c-ffed-11e2-be68-080027880ca6	

Program	16-48	**Producers**	Reed Pence & Polly Hansen
Air Week	11/27/16-12/03/16	**Production Director**	Sean Waldron

Time	Segment	Dur.
2:04	**SEGMENT 1: INFLAMMATION AND DEPRESSION**	12:03
	Synopsis: Doctors have long known that people feel depressed when they're ill with a cold or the flu. But it may be more than simply feeling bad. Inflammation, which is part of many illnesses and infections, has been found in brain cells and is being implicated as a cause of depression., one of the world's most debilitating disorders. This creates the possibility of treatment with anti-inflammatory medications. Experts on the frontlines of this research discuss. Host: Reed Pence. Guests: Dr. Ed Bullmore, Prof. of Psychiatry, Univ. of Cambridge; Dr. Jeffrey Meyer, Director, Neurochemical Imaging Program, Center for Addiction and Mental Health and Prof. of Psychiatry, Univ. of Toronto Compliancy issues covered: health care; mental health; consumerism; disability Links for more information: http://www.neuroscience.cam.ac.uk/directory/profile.php?etb23; http://www.camh.ca/en/research/about_research_at_CAMH/scientific_staff_profile/Pages/Jeffrey-Meyer.aspx	
15:09	**SEGMENT 2: THE PSYCHOLOGY OF WEIGHT LOSS SURGERY**	6:54
	Synopsis: Patients who have bariatric surgery stand to lose not only lots of weight but often an identity and way of life as an obese person, which changes many of their relationships. Experts discuss these changes and means of coping with them. Host: Nancy Benson. Guests: Dr. Adam Crane, psychologist, Kane Center for Advanced Surgical Weight Solutions and Suburban Surgical Care Specialists, Hoffman Estates, IL; Dr. Nick Nicholson, Medical Director, Nicholson Clinic for Weight Loss Surgery, Plano, TX Compliancy issues covered: health care; psychology; obesity; mental health; consumerism	

Radio Health Journal is a registered trademark of MediaTracks, Inc.
Contents copyright 2016 by MediaTracks, Inc. 2250 East Devon Avenue, Suite 150 Des Plaines, Illinois 60018847-299-9500
Affiliate downloads are available at ftp://mediatracksdownloads.com and www.mediatracks.com
Guest information, segment podcasts and the latest health news are available at www.radiohealthjournal.net

	Links for more information: https://www.suburbansurgicalcare.com/in-the-media/weight-loss-surgery-seminars-with-chicago-bariatric-surgery-practice/; http://www.nicholsonclinic.com/our-doctors/nick-nicholson-md	

Program	16-49	**Producers**	Reed Pence & Polly Hansen
Air Week	12/04/16-12/10/16	**Production Director**	Sean Waldron

Time	Segment	Dur.
2:04	**SEGMENT 1: HOW INCOME AFFECTS LIFE EXPECTANCY**	11:41
	Synopsis: Average life expectancy in the US is increasing, but among lower income people it is not, and the lifespan gap between rich and poor is increasing. Even middle class people have shorter lifespans than the rich. Experts discuss how a large income buys extra years of life, and why a lower income produces barriers to a longer life. Host: Reed Pence. Guests: Dr. David Kindig, Emeritus Prof. of Population Health Sciences, Univ. of Wisconsin-Madison; Dr. Michael Reisch, Daniel Thursz Distinguished Prof. of Social Justice, Univ. of Maryland Compliancy issues covered: public health; economics; poverty; youth at risk; employment; worker safety; health care; consumerism Links for more information: https://uwphi.pophealth.wisc.edu/about/staff/kindig-david.htm; http://www.ssw.umaryland.edu/academics/faculty-bios/michael-reisch/	
14:47	**SEGMENT 2: HOW KIDS CAN TAKE CONTROL OF CHRONIC DISEASE**	8:03
	Synopsis: Children with serious chronic diseases often have a tough time transitioning from pediatric care, which has much support built in, to adult care, which has to be managed by the patient. Experts discuss how parents can make it easier with a gradual transition. Host: Nancy Benson. Guests: Dr. Maria Ferris, pediatric nephrologist and Assoc. Prof. of Pediatrics and Medicine, Univ. of North Carolina-Chapel Hill; Dr. Miranda Van Tilburg, gastroenterologist and hematologist and Assoc. Prof. of Medicine, Univ. of North Carolina-Chapel Hill Compliancy issues covered: health care; youth at risk; parenting issues Links for more information: http://unckidneycenter.org/about/directory/maria-ferris; https://www.med.unc.edu/ibs/about-us/faculty-biographies/miranda-van-tilburg-phd	

Radio Health Journal is a registered trademark of MediaTracks, Inc.
Contents copyright 2016 by MediaTracks, Inc. 2250 East Devon Avenue, Suite 150 Des Plaines, Illinois 60018847-299-9500
Affiliate downloads are available at ftp://mediatracksdownloads.com and www.mediatracks.com
Guest information, segment podcasts and the latest health news are available at www.radiohealthjournal.net

Program Log for *Radio Health Journal*

Program	16-50	**Producers**	Reed Pence & Polly Hansen
Air Week	12/11/16-12/17/16	**Production Director**	Sean Waldron

Time	Segment	Dur.
2:24	**SEGMENT 1: DRUG ABUSE AND PERSONALITY**	12:14
	Synopsis: Drug and alcohol addiction and abuse is rising. Researchers have found that "fear mongering" educational efforts to combat it in adolescents doesn't work. New science has discovered that certain personality types are predictably predisposed to addiction risk, and that educational efforts can be targeted to them effectively. Experts discuss. Host: Reed Pence. Guests: Dr. Natalie Castellanos Ryan, Asst. Prof. of Psychoeducation, Univ. of Montreal; Maia Szalavitz, author, *Unbroken Brain: A Revolutionary New Way of Understanding Addiction* Compliancy issues covered: public health; drugs; drug and alcohol addiction; youth at risk; education; police and law enforcement; mental illness Links for more information: https://www.chusj.org/en/Bio?id=c6f888f1-7ef7-47e6-b349-cc74ec1cfa3a; https://www.amazon.com/Maia-Szalavitz/e/B001ILFON8	
15:40	**SEGMENT 2: GOD AND GENOME**	7:47
	Synopsis: Advancements in genetic science are often clouded in ethical controversy. Experts discuss a new platform where scientists and public can debate it, and from which education can be disseminated. Host: Nancy Benson. Guests: Dr. Ting Wu, Prof. of Genetics, Harvard Medical School Compliancy issues covered: health care; technology; ethics; education; religion Links for more information: http://pged.org	

Radio Health Journal is a registered trademark of MediaTracks, Inc.
Contents copyright 2016 by MediaTracks, Inc. 2250 East Devon Avenue, Suite 150 Des Plaines, Illinois 60018847-299-9500
Affiliate downloads are available at ftp://mediatracksdownloads.com and www.mediatracks.com
Guest information, segment podcasts and the latest health news are available at www.radiohealthjournal.net

Program Log for *Radio Health Journal*

Program	16-51	**Producer**	Reed Pence
Air Week	12/18/16-12/24/16	**Production Director**	Sean Waldron

Time	Segment	Dur.
2:04	**SEGMENT 1: HEALTHCARE UNDER TRUMP: WHAT TO EXPECT**	14:13
	Synopsis: The incoming Trump Administration and Congressional Republicans have made "repeal and replacement" of the Affordable Care Act one of their primary goals. But there are many options in how it might be replaced, and some popular aspects of Obamacare will likely remain. Experts discuss likely scenarios and how they would affect Medicaid, Medicare, insurance exchanges and the overall market. Host: Reed Pence. Guests: Ed Haislmeier, Senior Research Fellow in Health Policy, Heritage Foundation; Dr. Paul Ginsburg, Leonard Schaeffer Chair in Health Policy Studies, Brookings Institution and Prof. of Health Policy, Univ. of Southern California Compliancy issues covered: public health; health care and health policy; federal government, regulation and politics; state government; unemployment; Medicaid and Medicare; economics; insurance; privatization Links for more information: http://www.heritage.org/about/staff/h/edmund-haislmaier#; https://priceschool.usc.edu/paul-b-ginsburg/	
17:19	**SEGMENT 2: "AFFLUENZA"**	5:47
	Synopsis: Rich people receive deference that the rest of us don't, but how much can they get away with? Some young criminals have escaped jail by claiming "affluenza:" their wealthy parents instilled no moral compass, so they believed they could do anything without consequence. Host: Nancy Benson. Guests: Dr. Suniya Luthar, Foundation Prof. of Psychology, Arizona State Univ. and Prof. Emerita, Columbia Univ. Teachers College; Maia Szalavitz, co-author, *Born for Love: Why Empathy is Essential and Endangered* Compliancy issues covered: youth at risk; mental health; law and crime; ethics Links for more information: http://www.suniyaluthar.org; https://www.amazon.com/Maia-Szalavitz/e/B001ILFON8	

Radio Health Journal is a registered trademark of MediaTracks, Inc.
Contents copyright 2016 by MediaTracks, Inc. 2250 East Devon Avenue, Suite 150 Des Plaines, Illinois 60018847-299-9500
Affiliate downloads are available at ftp://mediatracksdownloads.com and www.mediatracks.com
Guest information, segment podcasts and the latest health news are available at www.radiohealthjournal.net

Program Log for *Radio Health Journal*

Program	16-52	**Producers**	Polly Hansen & Reed Pence
Air Week	12/25/16-12/31/16	**Production Director**	Sean Waldron

Time	Segment	Dur.
2:02	**SEGMENT 1: "TWICE EXCEPTIONAL" CHILDREN**	12:20
	Synopsis: Many people feel that gifted children don't need any help because they're so talented. But many gifted kids are so bored in school they become disruptive and do poorly, so they're not identified and their need for a challenge isn't met. Other gifted children have disabilities, such as learning disabilities, that are not identified because they are masked by their gifts. Experts discuss how to meet the needs of these children educationally and emotionally. Host: Reed Pence. Guests: Dr. James Webb, clinical psychologist, President, Great Potential Press and founder, Supporting Emotional Needs of the Gifted; Megan Foley Nicpon, Assoc. Prof of Counseling Psychology, University of Iowa and Assoc. Director for Research and Clinic, Belin-Blank Center; Jen Merrill, mother of two twice exceptional children and author, If This Is A Gift, Can I Send It Back? Compliancy issues covered: education; children at risk; disabilities; mental health Links for more information: http://sengifted.org; https://www.nagc.org/resources-publications/resources/myths-about-gifted-students; http://www.davidsongifted.org/Search-Database/entry/A10140	
15:24	**SEGMENT 2: BEAT DEAFNESS**	7:31
	Synopsis: Some people simply have no rhythm. A small percentage may be "beat deaf," the rhythmic equivalent of tone deafness, and have a biological deficit in their body's timing mechanism. Experts discuss the problem and other body timekeeping clocks that may be affected. NOTE CONTACT POINT CITED: beat.brams@gmail.com Host: Nancy Benson. Guests: Mathieu Dion, Montreal TV reporter who suffers from beat deafness; Dr. Caroline Palmer, Prof. of Psychology, McGill Univ., Montreal. Compliancy issues covered: disabilities; pop psychology Links for more information: https://www.mcgill.ca/channels/news/so-you-think-you-can-clap-beat-239990	

Radio Health Journal is a registered trademark of MediaTracks, Inc.
Contents copyright 2016 by MediaTracks, Inc. 2250 East Devon Avenue, Suite 150 Des Plaines, Illinois 60018847-299-9500
Affiliate downloads are available at ftp://mediatracksdownloads.com and www.mediatracks.com
Guest information, segment podcasts and the latest health news are available at www.radiohealthjournal.net