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First Quarter
(January 1, 2020 – March 31, 2020)

Issues and Programs List

For

AM 1480 WBBP

- A. Spaying for pets- WBBP discusses why pet owners should consider “spaying” their pets.
 - B. The importance of saving – January, the first of the year, is a great time to plan a savings goal. WBBP gives tips on how to do so.
 - C. Black History month- WBBP discusses its origin and importance.
 - D. Whole foods- With so many diets and plans going around, we now here of “whole foods”. What are they and how do they help us?
 - E. COVID 19- What is it? What can we do to prevent it?
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The following topics were aired on AM 1480 WBBP during a segment called "A Quick Tip". Each last 2 to 3 minutes.

- A. Spaying- January 13, 2020. Neutering or spaying dogs helps control the pet population. This means, his number of unwanted animals is reduced. Spaying is a fairly east procedure that can be done in a day and other than a little sourness, the pet is fine a couple of days afterwards. Spaying is usually not expensive either.
- B. Saving- January 27, 2020. It may be easier for an older person to appreciate, still WBBP encourages young people to develop the habit of saving at a young age. This is important for many reasons like having access to funds in the event of an emergency and or being able to buy needed goods.
- C. Black History month- February 3, 2020. WBBP celebrates famous African Americans and their contributions during this time. It begins Saturday February 1, 2020 and ends Saturday February 29, 2020.
- D. Whole Foods- March 8, 2020. WBBP gets into the differences between processed and whole foods. While processed foods have little healthy value and mostly come in a box or container, whole foods are from the earth at best. They are also packed with vitamins and minerals that promote a healthy life.
- E. COVID 19- March 17, 2020. COVID 19 is a virus that is affecting the entire world. This pandemic has no regard for race, age, gender or otherwise. The CDC asks us to wear masks, cough in our arms, and practice social distancing to name a few.