

WCRH Quarterly Issues

July 1, 2023 - September 30, 2023

Title	Date	Time	Duration	Issue	How Addressed
When Your Teen's Depressed and Anxious	7/3/2023	6:30 PM	24:30	Mental Health	Psychologist Dr. Ed Welch offers you-can-do-this guidance to shape a home environment that welcomes, supports, heals - and helps kids navigate their way to hope.
The Best Choices You Can Make for Your Marriage	7/7/2023	12:30 PM	28:30	Marriage	Jim Daly discusses how it's the small, simple, everyday choices that can make a <u>big</u> difference in your marriage.
Talking to Your Kids About Sexuality and Gender	7/10/2023	12:30 PM	28:30	Sexuality	Two "Mama Bears" describe how to help your children have tough conversations on gender and identity.
Cultural Pressures, Digital Devices	7/13/2023	6:30 PM	24:30	Technology	Ron Deal offers concepts from Dr. Meg Meeker, who discusses the challenges parents encounter with tech--like setting and maintaining wise boundaries, and following through with healthy choices for your kids.
Guiding Your Daughter into Womanhood	7/20/2023	12:30 PM	28:30	Womanhood	Two moms describe how to discuss the changes of puberty in a positive and affirming way, helping young girls understand God's gift of their sexuality!
Parenting Struggles and What They Teach	7/31/2023	12:30 PM	28:30	Parenting	Ken Swarner, dad of four, reminds you why it's so important to keep your sense of humor in parenting and to laugh when appropriate.
Dealing with Debilitating Anxiety	8/3/2023	6:30 PM	24:30	Mental Health	Author and scholar Jeremiah Johnston has lived with crippling fear – and quickly tired of the answers from bumper-sticker Christianity. He unpacks his story, and realizations that have gradually brought healing.
Reaching the Next Generation for Christ	8/4/2023	12:30 PM	28:30	Christianity	J. Warner Wallace shares how he used his investigative skills to explore Christianity, discovering the claims of the Bible are true. He'll share about the cultural challenges for young people today – Gen Z in particular – and the importance of passing on our faith.
What's God Think about My Anxiety?	8/4/2023	6:30 PM	24:30	Mental Health	Psychologist and author Dr. Ed Welch fumbled with his own anxiety, and eventually, it led him into life-altering encounters with God – who, it turned out, had beautiful things to say.
Getting Real with God and Finding Salvation for My Family	8/7/2023	12:30 PM	28:30	Family	Author Sharon Jaynes shares her personal testimony of seeing God work in her life, but not until she gave up trying to control her own circumstances.
Raising Emotionally Healthy Boys	8/7/2023	6:30 PM	24:30	Raising Children	Veteran counselor David Thomas lays out strategies to equip boys for a powerful present and future.
Navigating the Early Grade School Years	8/8/2023	12:30 PM	28:30	Education	Two moms share their wisdom and insight about the early grade school years and how to help your child succeed.

Quarterly Report Page 2

Three Kinds of Love You Need for Your Marriage	8/11/2023	12:30 PM	28:30	Marriage	Jim Daly shares how all you need for a great marriage is self-sacrifice, a solid friendship with your spouse, and romance.
Postpartum Pain Points: How to Deal	8/11/2023	6:30 PM	24:30	Health	Kathryn and Elisha Voetberg provide ideas to navigate the biggest challenges of bringing a child into the world.
Lies Girls Believe	8/14/2023	6:30 PM	24:30	Emotions	Author Dannah Gresh chats about the lies our girls believe, the powerful emotions they face, and how to deal in healthy ways with both.
A Father's Influence in his Daughter;s Life – I & II	8/16-8/17/2023	12:30 PM	28:30	Parenting	Dr. Kevin Leman and Kim Trobee explain to dads how to invest in your little girl's life and build a lifelong relationship you can both treasure into adulthood.
Anger issues in Boys	8/17/2023	6:30 PM	24:30	Emotions	Counselor David Thomas understands boys' anger – and that telling them to "stop being angry" works about as well as you'd think. Thomas offers time-tested strategies to help deal with powerful emotions.
Helping Your Loved One Find Freedom from Addiction	8/18/2023	12:30 PM	28:30	Addiction	Pastor Victor Torres shares his dramatic story of growing up as a gang member and a heroin addict and how God changed his life. He'll identify some signs of substance abuse and offer first steps toward hope and healing for your addicted loved ones.
Stepfamily Teens--and Straddling Vastly different Homes	8/28/2023	6:30 PM	24:30	Blended Families	Author Kara Powell discusses the needs of teens in stepfamilies.
Made for Friendship	8/31/2023	6:30 PM	24:30	Friendship	Author Drew Hunter proposes a solution to the nationwide epidemic of loneliness. He digs into the scriptural plea for authentic friendship, and how, exactly, to make friendships you can't live without.
Connecting Spiritually with Your Spouse	9/1/2023	12:30 PM	28:30	Marriage	Dr Greg and Erin Smalley open up about their struggles and joys in finding that bond. They also outline some practical ways for connecting with your spouse, spiritually.
What Might Be In the Way of Your Friendships	9/1/2023	6:30 PM	24:30	Friendship	Author Drew Hunter looks at historical friendships, and some of the ways we get ti wrong.
The Truth Behind Mommy Platitudes	9/8/2023	12:30 PM	28:30	Parenting	Author and mom Becky Baudouin examines some not-so-helpful platitudes of parenting. She offers biblical truth, gritty honesty, and personal stories to bolster you as you're in the thick of it with your kids.
Clinging to God Through the Pain of Depression- I&II	9/12-9/13/2023	12:30 PM	28:30	Mental Health	Sarah Robinson provides her own story of hope and grace after experiencing the depths of despair in her own life.
Addiction--and Our Marriage's Happily Even After	9/14/2023	6:30 PM	24:30	Addiction	Bob and Dannah Gresh's marriage has traveled dark roads of addiction. But they decided to participate in God's redemption story. Together, they discovered something better than romance; a love that endures, and happily even after.

Addiction, and How Our Marriage Survived	9/15/2023	6:30 PM	24:30	Addiction	Authors Bob and Dannah Gresh share the pervasive realities of their own heartache--and their own rocky path toward healing.
Being an Intentional Grandparent to Teens	9/19/2023	12:30 PM	28:30	Grand-parenting	Grandfather of four, Mark Gregston, encourages you to be intentional in the lives of your teen grandchildren. Through storytelling, humor, time, and love, you can be a special influence and build a legacy of hope in your family.
Stepdad, a.k.a. Unsung Hero	9/19/2023	6:30 PM	24:30	Blended Families	Stepdad: It can be a role full of landmines--and at the same time, a role vital and unsung. Author Gil Stuart offers ideas to do it wholeheartedly and all-in within the complexities of your blended family.
Stepdad, a.k.a. Unsung Hero	9/20/2023	6:30 PM	24:30	Blended Families	Author Gil Stuart offers tips on stepfathering thoughtfully, and shaping the kind of family you all long for.
Dating Done Right	9/26/2023	6:30 PM	24:30	Dating	You're dating--but man, do things get sticky. Authors Sean Parron and Spencer Harmon help you approach marriage on purpose, and done right.
Encouraging Your Kids to Discuss Their Feelings	9/29/2023	12:30 PM	28:30	Emotions	Dr. Joshua Straub will explain how helping your child to understand and express their feelings can dramatically improve their lives.