

WCRH Quarterly Issues

October 1, 2023 - December 31, 2023

Title	Date	Time	Duration	Issue	How Addressed
Disciplining Your Kids with Grace	10/2/2023	12:30 PM	28:30	Parenting	You can be your best, even when your kids are at their worst! Learn how to stay calm when your kids misbehave, how you can choose from a "sushi menu" of discipline tactics, and how to discover your child's "currency" and give age-appropriate consequences.
Living with Autism	10/2/2023	6:30 PM	24:30	Special Needs	Brant Hansen, whose autism diagnosis in his 30s rocked his world, gets real about the social and faith-related challenges of life on the spectrum - as well as practical ways to embrace anyone living with autism.
How to Be a Good Grandparent	10/6/2023	6:30 PM	24:30	Grand-parenting	Wondering how to be a good grandparent? Mark Gregston and Larry Fowler help you toss the stereotypes in favor of five ways your influence can go the distance.
Empowering Women to Take Control of their Finances	12/9/2023	12:30 PM	28:30	Finances	Deborah Pegues empowers you to better understand your finances and make strong choices for the future. She'll bust a few myths and encourage you to develop personal financial goals.
The Toxic War on Masculinity	10/9/2023	6:30 PM	24:30	Masculinity	Author and professor Nancy Pearcey, knows well her personal, searing path toward, war on men. But on a broader level, she began to ask, how did the idea arise that masculinity is dangerous? She uncovers why the script for masculinity turned toxic - and how Christianity recognizes the war between the sexes, renovating manhood for good.
Men and Miscarriage: Coping with Loss	10/13/2023	12:30 PM	28:30	Coping with Loss	Miscarriage can be a devastating experience for married couple. Would-be mothers feel this grief and loss deeply -- but what about the men? Dave Deets describes his emotional shut-down through four miscarriages - and how he finally found healing.
The Couple that Prays	10/16/2023	6:30 PM	24:30	Spirituality	It can feel tough...or weird... to pray together as a couple. But have you ever wondered what you might be missing out on if you don't? Paul Miller, a bestselling author, digs into the why and how of creating space to look to God together.

Navigating the Middle School Years	10/17/2023	12:30 PM	28:30	Education	The early tennage years are often fraught with drama and angst. Education experts Cynthia Tobias and Sue Acuna share their insights on the turbulent middle school years and how you can make the most of them as a parent.
Improve Your Marriage through Healthy Conflict	10/20/2023	12:30 PM	28:30	Marriage	Can conflict ever be GOOD for a relationship? Marriage-and-family coaches Dave and Anne Wilson explain how to recognize your conflict style, and they provide five helpful keys to having a positive disagreement
Helping Those Suffering from Menatl Illness	10/23/2023	12:30 PM	28:30	Mental Health	One in five adilsts suffers from mental illness. Dr. Matthew Stanford explains that treatment for mental health issues requires a holistic approach - addressing physical, spritual, emotional, and relational needs.
How to Be Single and Content	10/26/2023	6:30 PM	24:30	Singleness	Sherry Lynn, co-host of the Brant Hansen show--who beleves marrieage isn't the only solution to lonelinee--gets real about the road to happy singleness - and offers wise ways to be single and content.
Modeling Generosity for Your Children	10/27/2023	12:30 PM	28:30	Generosity	Do you practice "everyday generosity"? A father-and-son team explain how you can use your time, talent, and influence to benefit others; and how to extend a habit of generosity to the next generation.
5 Ways to Stop Sabotaging Your Marriage	10/27/2023	6:30 PM	24:30	Marriage	Are there ways you're shooting your own marriage in the foot? Author, Ted Lowe, knows 5 bad habits that could stealthily undercut all the closeness you crave -- and 5 ways to stop them.
How to Be "All There" in Your Marriage	11/2/2023	6:30 PM	24:30	Marriage	Ever find that even when you're home, it's hard to be "all there" in your marriage? Jonathan Pokluda, author of Why Do I Do What I Don't Want to Do: Replace Deadly Vices with Life-Giving Virtues, shares ideas on chucking the habits stealing your full attention from your relationship.
Throwing a Chair at My Anxiety	11/3/2023	6:30 PM	24:30	Mental Health	A miasma of life-upending health issues depended on Brian Barnett for over two years and left a mark. Shelby Abbot, host of Real Life Loafing..., talks about how Brian healed his anxiety & trauma.
Encouragement fo rthe Single Life	11/6/2023	12:30 PM	28:30	Singlemess	Life as a single adult can be daunting, especially when it comes to maintaining a high moral standard in romantic relationships. Cheryl Martin will encourage single to remain focused on pursuing God, honoring Him in dating, and trusting Him for the best He has to offer.

What Makes a Man?	11/6/2023	6:30 PM	24:30	Manhood	From six-pack abs to sexual conquest to a big bank account or even spiritual performance, you might get the idea real manhood is earned. But former NFL Seahawks quarterback, Jeff Kemp, knows that can leave a guy burned out, isolated, and confused. He tells his own story of moving out of insecurity and into confidence in what really makes a man -- without competing or pretending.
American Heroes: Serving on the Front Lines	11/10/2023	12:30 PM	28:30	Military	Chad Robichaux is an American hero working to support American troops around the world. Chad tells his riveting stories of rescuing men, women, and children in Afghanistan from the Taliban.
Blending Two Lives into One Flesh	11/14/2023	12:30 PM	28:30	Marriage	When a man and woman get married, blending their two lives can often feel like a tornado! Learn about the "merge of marriage" and why couples need to have a lot of patience, grace, and commitment, while avoiding blame and despair.
When God Gives You the Family You Never Expected	11/15-11/16/2023	12:30 PM	28:30	Foster Care	Some of the most vulnerable children in the world are living in our foster-care system. Jim Daly will explore how Christian families can help these needy kids- by becoming foster parents or simply by taking care of foster and adoptive families in your community.
Is Your Kid a Gamer?	11/17/2023	6:30 PM	24:30	Parenting	Navigating the video game world as a parent can be confusing. Exper, Drew Dixon starts with five clear ideas of classic parenting mistakes around gaming.
Parenting for Faith that Goes the Distance	11/21/2023	6:30 PM	24:30	Parenting	What can you do right now to parent kids toward faith that lasts a lifetime? Dr. Collin Outerbridge shares research and practical strategies.
Celebrating God's Blessings on Thanksgiving	11/23/2023	12:30 PM	28:30	Gratitude	Hear heartwarming stories of people who saw the importance of gratitude, in spite of financial difficulty, sickness, and even life-changing injury.
Blinding Suffering	11/30/2023	6:30 PM	24:30	Suffering	Whether you're bowled over by cancer, chronic pain, or other blinding forms of suffering, even the next step can feel bleak. Covenant College professor, Kelly Kapic and his wife Tabitha shares how their personal experience has filled them with unspeakable hope and nearness to the God who suffers alongside us.
Guiding Your Daughter into Womanhood	12/1/2023	12:30 PM	28:30	Womanhood	Celebrating your daughter's transition into puberty can be a sonderful and sacred experience! Two moms describe how to discuss the changes of puberty in a positive and affirming way, helping young girls understand God's gift of their sexuality!

How to Stay Crazy in Love with Your Spouse-I	12/4/2023	12:30 PM	28:30	Marriage	Stronger marriages require a "life-and-death" commitment! Greg and Erin Smalley describe how a foundation of faith, a relentless commitment to each other, and learning "rules of engagement" in conflict saved their marriage.
How Godly Moms Can Raise Godly Sons-I	12/6/2023	12:30 PM	28:30	Motherhood	Boys are very different from their moms, which can create some challenges in your home! Focus on th Family examines helpful resources for moms with boys, such as older menors and examples of great mothers in the Bible. Diacover how moms can have a powerful influence on the future men in their family.
The Intentional Father	12/11/2023	6:30 PM	24:30	Fatherhood	Author, Jon Tyson lays out a clear path for fathers and sons that includes specific activities, rites of passage, and significant "marking moments" that can be customized to fit any family.
Experiencing God's Mercy After Leaving the Abortion Industry- I & II	12/12-12/13/2023	12:30 PM	28:30	Abortion	Abby Johnson describes her dramatic transition from the abortion industry to pro-life advocate, and how she's helping others make the same change.
Fatherhood has Second Chances	12/12/2023	6:30 PM	24:30	Fatherhood	Shape your sons into good men by understanding your influence. Author, Jon Tyson dives into the impact of habits, wounds, and the importance of positive role models.
Women in the Bible: Do you Fear the Unknown?	12/15/2023	6:30 PM	24:30	Womanhood	How do you find hope in tough times? Dave and Ann Wilson along with Shelby Abbott listen to Nana Dulce's best clips of 2023. They explore women's struggles in the Old Testament, revealing keys to overcome fear and find reassurance in tough times.
Leaving Pro-Gay Theology for True Faith	12/18/2023	12:30 PM	28:30	Homosexuality	Joe Dallas shares his testimony of succumbing to homosexual urges, even after he became a Christian, and how the Lord helped him find healing and forgiveness.
How to Overcome Loneliness	12/18/2023	6:30 PM	24:30	Loneliness	How can we overcome loneliness? Brant Hansen shares practical ways to finding peace in Jesus in this disconnected world.
Setting Boundaries in Your Most Difficult Relationships- I & II	12/20-12/21/2023	12:30 PM	28:30	Relationships	Lysa TerKeurst reflects on how she placed boundaries in her marriage ane with friends. She offers insight, biblical wisdom, and encouragement for establishing
I Belong in the Kingdom of God-I'm Socially Awkward	12/21/2023	6:30 PM	24:30	Social	In a dark place? Brant Hansen discusses lessons from his spiritual journey, finding security in God's love amidst doubts, and how skepticism led him to Jesus.
How to Be a Prayer Warrior for Your Children	12/29/2023	12:30 PM	28:30	Prayer	Many parents are prone to worry or fear when it comes to the future of their children, especially when an older child goes wayward. Dr. Erwin Lutzer helps

