Courtney Hale, Chief Hope Dealer of Super Money Kids

- Appeared on The Ellen DeGeneres Show on June 18th along with my daughter to talk about the importance of financial literacy and how our mission is empowering students across the country.
- Mission + Goals: Our mission is to make financial literacy accessible for children of color throughout the country. We
 have 2 primary goals: 1. identify corporations with community engagement initiatives focused on education and financial
 literacy who could become a programming partner. 2. Connect with elementary and middle schools who are interested in
 adding a enrichment program focused on financial literacy.
- New program (Super Money Kids Home Edition): Beginning in July, families at home can participate in the Super Money Kids program.

Website: https://supermoneykids.co/

Facebook: https://www.facebook.com/knowledgebanknashville
Instagram: https://www.instagram.com/supermoneykidsco/

Email: chale@knowledgebank.money

David "Ledge" Ledgerwood, Co-founder and Managing Partner - Add1Zero.

- Our passion: Any founder we work with will never have to worry about cash flow again.
- Founders reach a point where they either operate or they sell. And we're here to support them.
- Revenue is king. Yes, we want to produce it with high integrity, but ultimately that's what makes a business work.

Website: https://add1zero.co/

LinkedIn: https://www.linkedin.com/company/add1zero/

Email: ledge@add1zero.co

Beth Cavenaugh, Author of "Some Light At The End: An End-of-Life Guidebook for Patients and Their Caregivers"

A terminal diagnosis can be scary, and the options can feel so limited. Knowing what to expect and what to ask will help you ease into the end of your life with a plan. In this tender yet transparent guide to your final days, experienced hospice nurse Beth Cavenaugh reveals what options you may have as a patient with a terminal diagnosis.

With personal stories and a touch of humor, Some Light at the End helps you find support to understand this process, be better informed, and anticipate the unknown.

About Beth Cavenaugh - Beth Cavenaugh is a certified hospice and palliative care nurse and educator with over 14 years of experience in caring for terminally ill patients. She has been a registered nurse for over 24 years and holds a bachelor's degree in nursing from Creighton University. Beth has supported hundreds of patients and their families at inpatient units, in the home setting, and behind the scenes in hospice care. Compassion, patient autonomy, and transparent communication are at the core of her care philosophy. Beth hopes to demystify death and dying so this powerful moment will be embraced as a normalized and celebrated life event. She continues to work in hospice and has a private Reiki practice to support physical, emotional, and spiritual healing for adults and teens.

Purchase the book: https://www.bethcavenaugh.com/

Jennifer Bell, Director of the Academies of Nashville and Career and Technical Education at MNPS.

- What are the Academies?
 - How we do high school at our 12 zoned schools
 - Built on the foundations of college and career readiness, an academies high school experience allows students
 to:
 - Select a themed academy (similar to a college major) to study throughout their high school career, including everything from automotive to healthcare to IT.
 - Gain early college credit, industry recognized credentials, and take advanced academic courses to assist
 in their journey to their next destination (college, career, etc).
 - Have a more personalized experience within these smaller learning communities built within the academy structure.
 - We have 35 academies within our 12 zoned high schools.
 - Approx. 15,000 students within MNPS attend an AON high school
 - Shift in the way we did things due to COVID, opportunities with technology that hadn't been there before...etc...
 - o In addition to excellent staff, teachers, and students, the model relies on community investment from local nonprofit and for-profit businesses to provide real world experiences for our students. Have to see it to be it.
- The Power of Partnership
 - Ways to engage in the academies:
 - Career Fair (virtual)
 - Guest speaking
 - Field Trips
 - Job Shadows
 - Mentorship
 - Internships
 - If you or your organization is looking to get involved in this work, please reach out to us! Provide either your email or mine?
- Celebrating 15 Years
 - Like many have said, the last two years have been unprecedented. We have learned so much and had some heartaches, as well as successes.
 - We are lucky enough to be celebrating 15 years of the Academies of Nashville in the 2020-2021 school year, and we are taking the lessons we have learned from that time to think about our next.
 - Stay tuned (and maybe have us back) to see what excellent opportunities we have in store.

Website: Academies of Nashville - Metro Nashville Public Schools (mnps.org)

Facebook: (2) The Academies of Nashville | Facebook

Twitter: @myfuturemyway
Email: jennifer.bell@mnps.org

D. Gray Holden, Managing Director and Management Liability Practice Leader with Higginbotham

Host Jeremy C. Park talks with **D. Gray Holden**, Managing Director and Management Liability Practice Leader with **Higginbotham**, who discusses what **cyber liability insurance** is and why it is needed now more than ever to protect your organization. During the interview, Gray talks about the trends with ransomware and social engineering, what to do if a claim or loss happens, examples of recent claims, and recommendations to help put your organization in the best position to be protected.

Visit www.higginbotham.net or email gholden@higginbotham.net to learn more.

Bob Hutchins is passionate about the power of digital technology to impact humanity. Digital Restoration is what he gives his time and life to, and his personal restorative role is to ask questions about (a) what it means to become fully human and (b) what it means to enrich the humanity of others through brand communications, consumer psychology, digital marketing, and neuro-marketing.

Bob has helped brands like Disney, Warner Brothers, Sony Pictures, and many other companies' market and sell their projects to various target demographics and psychographics.

Learn more by following him on Twitter: https://twitter.com/bobhutchins

Jehlin, 2021 Middle TN Youth of the Year – Boys & Girls Clubs of Middle Tennessee

- Jehlin growing from 4-year-old playing Legos in the Club to representing us at the state level (see TN State Proclamation), going to college, and inspiring other Club members to dream their big dreams
- Club Ambassadors program launching for teens to have a seat at the corporate board and represent their peers
- Back to School 2021 will be the biggest back to school in our lifetime and after school goes hand-in-hand with that. Clubs are open and accessible for when youth need us most.

Website: https://bgcmt.org/

Facebook: https://www.facebook.com/BGCMidTN/

Twitter: https://twitter.com/BGCMidTN

LinkedIn: https://www.linkedin.com/company/bgcmidtn/

Email: <u>jhebda@bgcmt.org</u>

Mary Russell, Chief Operating Officer of Personal Lines with Higginbotham

Host Jeremy C. Park talks with Mary Russell, Chief Operating Officer of Personal Lines Insurance with Higginbotham, who provides some background on the company, based in Fort Worth, Texas, which is one of the nation's largest independent brokers of business insurance, employee benefits, retirement plans, life insurance, executive compensation, home and auto insurance. In Memphis and Nashville, Tennessee, Higginbotham is partnered with Lipscomb & Pitts Insurance.

During the interview, Mary discusses some of the latest trends and important specialized coverages that are available, then offers a number of helpful tips related to protecting your home and automobiles, making sure your family is safe and protected while traveling, how to leverage technology to lower your premiums, making sure your children are protected while away at college and more.

Visit www.higginbotham.com to learn more.

Kalley Dunn, Director of Strategic Initiatives & Senior Development Director - AM Fund

Host Andrew Bartolotta talks with Kalley Dunn, Director of Strategic Initiatives & Senior Development Director at the American Fundraising Foundation (AmFund), a nonprofit organization with a Platinum rating from Guide Star that has served other nonprofit organizations for over 20 years and has donated over \$38 million for worthy causes.

Each year AmFund's Board of Directors carefully selects organizations to support through sponsorship of their events. The Golden Pear, prominently part of AmFund's new logo, is deeply rooted in history as well as in its mission. Throughout history, even before the written word, the pear has been honored as a sacred fruit signifying wisdom, prosperity, good health, longevity and future happiness- all the things AmFund seeks for its nonprofit partners. And behind every golden pear is a great story. It may be the story of a child receiving special literacy assistance, or a woman finding shelter from an abusive relationship or an animal being rescued.

Learn more by visiting: https://www.amfund.org/

Jason Poling, CEO - Dominion Payroll Tennessee

Our mission is to passionately provide education, technology, and support that creates EMPOWERMENT for our clients, our team, and our community.

Vision:

We will serve 50K employees by 2026 because businesses deserve to have the best technology and support so that they can best serve their employees and focus on growing their business.

- Here are some stats from our series of free webinars we did during COVID and all of the navigation that needed to be
 done with PPP, payroll credits, remote work, etc.
- Since March of 2020, we've hosted 230 webinars covering legislative updates and analysis, industry spotlights, HR guidance and in-depth client trainings.
- We've had over 16,250 participants on these webinars. (Many repeats, but still an impressive number.)
- We've answered well over 5,000 questions on these webinars.

Website: https://dominionpayroll.com/

Facebook: https://www.facebook.com/DominionPayroll/

Twitter: https://twitter.com/dominionpayroll/

Email: <u>jpoling@dominionpayroll.com</u>

Ross Carmichael, Managing Director of Compliance and Operations, and Ryan Campbell, Employee Benefits Producer - Higginbotham

Host Jeremy C. Park talks with **Ross Carmichael**, Managing Director of Compliance and Operations, and **Ryan Campbell**, Employee Benefits Producer, who both discuss some of the major trends and updates for **Employee Benefits**, along with a number of helpful recommendations. During the interview, Ross shares some of the major legal updates and things that employers need to focus on while Ryan touches on some of the newer opportunities that are available. Visit www.higginbotham.com to learn more.

Sean Tyler Foley, Actor, Author & Keynote Speaker – 5 Insider Tips Every Speaker Needs to Know

Host Andrew Bartolotta sits down with actor, author, and keynote speaker, **Sean Tyler Foley** to discuss 5 insider tips every speaker needs to know and how to use the power of story to inspire others.

Tyler Foley is an accomplished film and stage performer and has been acting in film and television since he was 6 years old after his father passed away suddenly in a motor vehicle accident. He has appeared in productions including Freddy Vs Jason, Door to Door, Carrie, and the musical Ragtime. Tyler is passionate about helping others confidently take the stage and impact an audience with their stories. He is currently the Managing Director of Total Buy In and author of the #1 best-selling book The Power to Speak Naked.

Tyler is a father, husband, son, and performer, in that order. Some days he feels like he has dabbled in every industry on the planet, from oil and gas, to aviation, to film and television, but that diverse experience is what has made him so versatile!

Regardless of the industry or the titles he has held, what they all had in common was promoting and encouraging people to be heard and understood. The skills and resources he has garnered along the way have enabled him to become an entertaining professional speaker and a knowledgeable trainer, who inspires others to reach for their dreams.

With his distinct and direct style, Tyler is emerging as one of North America's sought-after leaders in the field of public speaking for personal and professional development and would welcome the opportunity to be on your show and discuss the lessons he has learned and the grace he has discovered in each event of his life! Learn more: https://themethod.seantylerfoley.com/the-method

Mickey Randolph, Owner & CEO - Randolph Business Resources

- Tell us who is Randolph Business Resources?
- When did Randolph Business Resources begin and what led you to start the company?
- Talk to me about your growth over the years in # of clients and employees.
- What type of client needs Randolph Business Resources?
- What type of person is a great fit to be a part of the RBR team?
- What industries are clients of RBR?
- *** Let's make sure we get to this question ... Tell me what differentiates Randolph from other accounting services companies.

Website: https://randolphacctg.com/

Facebook: https://www.facebook.com/RandolphBusinessResources/
https://www.facebook.com/RandolphBusinessResources/
https://www.facebook.com/randolphBusinessResources/
https://www.facebook.com/randolphBusinessResources/
https://www.facebook.com/randolphBusinessResources/
https://www.facebook.com/randolphBusinessResources/
https://www.linkedin.com/in/mickey-randolph-3902159a/

Email: mickey@randolphacctg.com

Dr. Deb Macfarlan Enright - Founder & CEO - McFarland Group

Pam Bryant - Senior Consultant - The Macfarlan Group

- The formation and mission of The Macfarlan Group
- Our area of focused support available to nonprofit/social impact organizations
- Our commitment to offer affordable support services so that disrupters can challenge the status quo and serve more of their constituents
- A story or two of the impact our work has had on Nashville nonprofit/social impact organizations
- Our Podcast in its third season <u>3 a.m. What's Keeping You Up at Night?</u> focused on the work of those in the nonprofit/social impact field with special attention given to race and pivoting through the pandemic
- Our Blog <u>Blogging Out Loud NOW!</u> focusing on leadership and social justice

Website: <u>www.themacfarlangroup.com</u>

Instagram: The Macfarlan Group (@themacfarlangroup)
Twitter: The Macfarlan Group @DebMacfarlan

Facebook: https://www.facebook.com/themacfarlangroup/

Podcast: 3 a.m. What's Keeping You Up at Night?

Blogging Out Loud NOW!

Email: deb@themacfarlangroup.com pam@themacfarlangroup.com

Tuck Ross— Clubhouse and TikTok for Entrepreneurs and Businesses

Host Andrew Bartolotta chats all things social media with award-winning marketer, **Tuck Ross**, who has 20+ years experience at Disney, Hasbro, and more in marketing, digital, and social media.

Tuck Ross is an award-winning marketer, strategic MBA with 18+ years of marketing, digital, e-commerce, retail, product and management experience in consumer-centric environments. Tuck drives innovation in consumer engagement and digital marketing in addition to managing the brand and strategy. He's led strategic marketing programs at Disney, Hasbro, Guitar Center, and others, driving retail and entertainment consumer marketing strategy and digital sales, CRM & lifecycle, paid & social media and community, content, CX, and digital product development.

Learn more: https://www.tuckross.com/

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- Since March of 2020, we've hosted 230 webinars covering legislative updates and analysis, industry spotlights, HR guidance and in-depth client trainings.
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Facebook: https://www.facebook.com/DominionPayroll/

Twitter: https://twitter.com/dominionpayroll/
Email: jpoling@dominionpayroll.com

Peter Demos Latest Book: "Afraid to Trust"

Host Jeremy C. Park talks with Peter Demos, entrepreneur, restauranteur and author of the book, "Afraid to Trust: One Man's Journey Into the Love of God," who shares some of his story growing up in the restaurant business, taking over the family business and growing it into multiple brands, lessons learned during the pandemic and what led him to write his book. During the interview, Peter shares his faith and words of wisdom and encouragement that he has learned along the way, along with some of the key takeaways he hopes readers glean from his book.

Learn more by visiting www.peterdemos.org

Facebook: https://www.facebook.com/PeterDemosOfficial

Twitter: https://twitter.com/peter demos
Demos: https://www.demosrestaurants.com/
PDK: https://www.pdksouthernpantry.com/

John Mertz – Social Entrepreneurship and Moral Courage

Host Andrew Bartolotta sits down with researcher, speaker, and thought entrepreneur, **Jon Mertz**, as he discusses the role of social entrepreneurs in leading change within their communities.

Jon is also the founder of Santa Fe Innovates, which is building a collaborative community to enable and guide the next generation of social entrepreneurs and startups in New Mexico.

About Jon Mertz: Jon is a 25-year tech and marketing executive. He led brand development, product management and marketing, lead generation, and sales channel efforts for entrepreneurial and enterprise companies, including Corepoint Health, QuickArrow, Deloitte, IBM, and BMC. He founded Activate World, a leadership and podcast community designed to explore corporate citizenship and activism. Jon is pursuing an interdisciplinary leadership doctorate through Creighton University.

Learn more: www.jonmertz.com

Chasing Pro: Thinking Beyond Impossible by Jeffery Johnson

Host Jeremy C. Park talks with **Jeffery Johnson**, author of the book, **"Chasing Pro: Thinking Beyond Impossible,"** who shares some of his personal story and what led him to write the book, along with some of the major takeaways for readers. Ten weeks before Jeffery was to set out to play professional basketball in Spain, he tore the patellar tendon in his right knee. The trauma temporarily set him back from reaching his dream, but allowed him to reflect on some of the major lessons in life that come from focusing more on continuous improvement and progress rather than the final destination. The book shares foundations for success and a collection of inspiring stories and lessons on how chasing your most sensitive and impossible dreams can impact generations.

Visit <u>www.chasingpro.com</u> to learn more and order the book. There is a "pay it forward" option to donate an additional book to young adults struggling to chase their most impossible dreams.

Eric Jackson, Founder & CEO - Element 47

- Strategy vs. Tactics what people get wrong about marketing
- Hiring and Managing "Marketing People"
- Websites why they're still important

Facebook: https://www.facebook.com/element47co/

Twitter: https://twitter.com/element47co

Instagram: https://www.instagram.com/element47co/

LinkedIn: https://www.linkedin.com/company/element47co/

Website: https://element47.co/
Email: ej@element47.co/

Terry McDougall author of "Winning the Game of Work: Career Happiness and Success on Your Own Terms"

Host **Andrew Bartolotta** sits down with best-selling author of "Winning the Game of Work: Career Happiness and Success on Your Own Terms", **Terry McDougall**, to discuss creating change, driving innovation, and navigating transitions in your life. Terry helps leaders step fully into their potential to lead satisfying careers. Though the majority of her professional experience is in financial services and marketing, her work exposed her to a wide variety of industries, business climates and corporate transitions such as mergers, acquisitions, divestitures and restructures.

Learn more: https://www.terrybmcdougall.com/

Lori Shinton, President & CEO – Hands on Nashville and Chair of Nashvile VOAD

What is VOAD?

Voluntary Organizations Active in Disaster or "VOAD" is a structure that provides a mechanism for representatives of voluntary agencies and organizations that have a role, purpose or function in disaster response and recovery to network and share information.

VOAD is dedicated to whole community engagement and recognize that all sectors of society must work together to foster more resilient communities.

What is the Nashville VOAD Emergency Management Cycle?

- Mitigation Minimizing the effects of disasters
- Preparedness Planning how to respond
- Response Protecting the public and meeting survivors' immediate needs
- Recovery Returning the community to normal

What are some of the goals of the Nashville VOAD?

- Increase capacity to provide more efficient services to survivors of disasters;
- Better response to disasters through cooperation, communication, coordination, and collaboration;
- Networking and sharing best practices with individuals and organizations active in disaster response;
- Reduce or eliminate the adverse effect of natural, technological, and human-caused hazards on our socio-economic and physical environments through preparedness, mitigation, and education.

Why is the Nashville VOAD beneficial to our communities? Because it:

- Builds relationships and trust between organizations and community partners;
- Brings diverse groups together around an issue to create solutions;
- Increases community resiliency through collaborative preparedness and training efforts;
- Creates a responsive structure that can be deployed immediately upon disaster;
- Increases coordination among partnering organizations which leads to a reduction in duplication of services;
- Provides points of contact for emergency managers and allows for a smooth information flow in a disaster;
- Can support the development of long-term recovery by supporting Long-Term Recovery Groups and their activities;
- It's an educational resource to residents of a community.

How many organizations are involved in the Nashville VOAD?

- There are currently 51 member organizations who have committed to being a member of the Nashville VOAD.
- Many organizations have taken on more active roles in ensuring the procedures are in place and there are plans to tap into neighborhoods and/or the community as a whole depending on the level of disaster.
- Other organizations will take more active roles when training and also provide hands on service at the time of a disaster.
- We are currently made up of nonprofits, community organizations, and faith-based institutions.
- Representatives from several city-affiliated groups are also involved in preparation and response to disasters.

What is the relationship between the city and VOAD when it comes to disaster response?

 The relationship between the Nashville VOAD and Metro Nashville Office of Emergency Management (OEM) is a critical component to a successful VOAD.

- Metro Nashville OEM expertise in disaster preparedness, mitigation, response, and recovery is an important resource.
- OEM will provide disaster training and education to all VOAD members and is committed to collaborating with the Nashville VOAD to ensure a coordinated response between the city and the VOAD members.
- In addition to the Nashville VOAD's relationship with OEM, several other disaster preparedness and response partners will help to provide training to our members.

Nashville VOAD's current structure has unfolded over the course of the past 18 months due to disasters in Nashville

- Tornado March 3, 2020
 - o The reconvening of the Nashville VOAD was in its earliest stages when the tornado hit March of 2020
 - Conversations were happening around how to recognize the 10th anniversary of the May 2010 floods, and several of us thought the re-establishing the work of the Nashville VOAD was the most impactful way to do
 - Since no formal group was in place, organizations followed Nashville's Comprehensive Emergency
 Management Plan as a blueprint to responding to those in need.
 - Shortly after, the Davidson Co. Long-Term Recovery Group was formed to ensure tornado survivors could receive the help they needed.
- Christmas Day Bombing, 2020
 - With tornado recovery well on its way, the Nashville VOAD steering committee had been put in place to determine best foot forward in the shape of the Nashville VOAD and the organizations willing to be at the table.
 - Because of the steering committee and active Long-Term Recovery Group, the city and soon-to-be functioning VOAD were able to respond alongside each other, with additional help at the federal level due to the nature of the disaster.
 - Within several weeks, the Christmas Day Bombing Long-Term Recovery Group was stood up to assist residents, employees, and businesses affected by the bomb.
- Flood & Severe Storms March 2021
 - By the time the Spring floods and severe storms hit our community in late March and early April, the Nashville VOAD had 51 organizations signed up and actively meeting.
 - Due to the prior two disasters, we were aware of which organizations could step into the roles needed, as
 well as which organizations had the capacity to take on the extra workload
 - This disaster also put into light the need to connect with our neighbors who did not speak English as their primary language, and we worked to put together a volunteer task force to help guide us on best practices for outreach and effective connections.
- Today
 - All three Long-Term Recovery Groups that have been established out of the work of the Nashville VOAD and actively work with community members on becoming whole again.
 - While each group is seated at a different point in the timeline of recovery, we continue to learn and grow from active response while we build stronger relationships with each other as a collaborative group.

Who is leading the efforts of the Nashville VOAD?

- From the work of Tornado recovery and the roles laid out in the CEMP, the following organizations have been actively planning and executing this new chapter of the Nashville VOAD.
 - Gifts of Money Amy Fair of The Community Foundation of Middle Tennessee is the current Nashville VOAD secretary / treasurer.
 - Not only does CFMT stand up charitable funds for donors to make gifts to in response to disasters, it
 also allows the Nashville VOAD to fundraise to help absorb the cost of preparing for the next disaster

- Gifts of Stuff Tina Doniger of the Community Resource Center is active as the Vice Chair of Nashville VOAD, as she comes with the knowledge of soliciting the items survivors need in both the immediate and long-term recovery from disaster
- Gifts of Time Lori Shinton of Hands On Nashville currently leads the efforts as the Chair of the Nashville VOAD, as her organization not only stands up organization and execution of volunteer needs, but also has a team that can provide expertise in the many facets of disaster response.
- Additional brain trusts come from Red Cross of Tennessee, Neighbor to Neighbor, United Way of Greater Nashville, Family & Children Service, United Methodist Committee on Relief (UMCOR), Westminster Home Connection, Salvation Army – Nashville Area Command, Legal Aid Society of Middle Tennessee and more.

A fulFacebook: @HONashville

Twitter: @HONashville

Website: hon.org

Other: Nashville VOAD — nashvilleresponds.com and @NashvilleVOAD on Twitter, Facebook, and Instagram

I list of members can be found at www.nashvilleresponds.com/about

> Dr. Phil Wenk, President and CEO - Delta Dental of Tennessee

Host Jeremy C. Park talks with **Dr. Phil Wenk**, President and CEO of **Delta Dental of Tennessee**, who offers some history and perspective on the state's largest independent dental benefits carrier, and their core values, which includes supporting efforts to improve the health and wellbeing of their communities by improving the oral health in the state of Tennessee. During the interview, Dr. Wenk talks about their philanthropic efforts and their Smile 180 Foundation, which supports children's hospitals, charitable dental clinics, and dental schools. He highlights the denture program and how Delta Dental has stepped up during the pandemic, their focus on leveraging technology to help new dentists and increasing access in rural areas, and more.

Smile180 reflects the transformative power of a healthy smile to turn someone's life around. We believe a smile is attractive, promotes confidence, and is essential to a healthy, productive life.

One of the core values of Delta Dental of Tennessee is to support efforts that enhance the health and wellbeing of those in our community by improving oral health in our state.

The Smile180 Foundation supports Tennessee's dental colleges, children's hospitals, free and reduced-cost dental clinics, and other like-minded charities.

Learn more by visiting www.deltadentaltn.com or www.smile180.com

Storm Cunningham is Executive Director of RECONOMICS Institute: The Society of Revitalization & Resilience Professionals

Storm Cunningham is Executive Director of **RECONOMICS Institute: The Society of Revitalization & Resilience Professionals**, which helps ensure that communities worldwide have certified Revitalization & Resilience Facilitators (RE Facilitators). Look for the "RE" after their names.

As editor of REVITALIZATION: The Journal of Economic & Environmental Resilience, Storm tracks the latest trends and techniques in urban/rural regeneration, natural resource restoration, and resilience worldwide.

Storm is the author of 2002's The Restoration Economy, which has been hailed by government and business leaders around the world as "Extraordinary", "Remarkable", "A modern classic", "A landmark work", "Required reading", and "The most important and valuable business book I have read in many years."

His second book, reWealth, was published by McGraw-Hill in 2008. George Ochs, Director of Real Asset Investment at JP Morgan calls Storm "the world's thought leader on community revitalization and natural resource restoration" and calls reWealth: "The secret weapon...for economic recovery at both local and global scales."

Storm's third book, RECONOMICS: The Path to Resilient Prosperity was published in both paperback and e-book form on January 9, 2020. It's a guide for policymakers, real estate investors and social entrepreneurs.

From 2006-2009 Storm was Distinguished Visiting Professor at Seneca College (Canada's largest college) in Toronto. From 1996 to 2002, he was Director, Strategic Initiatives at the Construction Specifications Institute, a 60+ year-old association of 14,000 architects, engineers, contractors, and manufacturers.

A former Green Beret SCUBA medic with the U.S. Army's 7th Special Forces Group, he is an avid SCUBA diver, motorcyclist, and amateur herpetologist.

Learn more: https://linktr.ee/stormcunningham

Ryan LaSuer, Executive Director of Community Care Fellowship

I am a native Tennessean, I have been married for 21 years to my wife Rachel and have two daughters, Caroline, and Madeline. I earned my bachelor's degree at MTSU and a master's degree at Trevecca University. I have over 21 years of nonprofit experience in the Nashville area.

The mission of Community Care Fellowship is serving Christ by offering hope, love and resources to our neighbors experiencing housing insecurity. Our principal stabilizing services include meals, showers, laundry, hygiene, mail, pastoral counseling, mental health services, and housing navigation. Our transformational programs create a path of self-sufficiency through our Career Counseling and Rapid Rehousing Program. CCF partners with a social enterprise,

Resera (https://www.resera.com), which employs unhoused or socially displaced female guests to make jewelry, while earning a living wage. Big AL Mowing LLC. employees male and female unhoused and socially displaced guests with the opportunity for growth in the company. Guests are also eligible for a minimum of six months of housing assistance from CCF in partnership with Urban Housing Solutions. Other wrap around services including career and mental health counseling.

CCF will also be launching two Mobile Housing Navigation Centers utilizing churches this fall and are on course to house between 50-75 individuals through our Rapid Rehousing (RRH) and Master Lease programs by year's end. The Nashville nonprofit community, who are part of the RRH project, are on pace to house more than 500 individuals by year's end.

We have volunteer opportunities in all of our programs and individuals interested in volunteering can contact me or our volunteer coordinator Dave Steinmetz at dave@ccfnashville.org. Our biggest need is financial support of our general operations, which are not typically supported through grants. Individuals can mail payments to CCF P.O. Box 60068 511 S. 8th St. Nashville, TN 37206 or give online at our website.

Learn more:

Website: https://www.ccfnashville.org/

Facebook: https://www.facebook.com/CommunityCareFellowship/

Twitter: @ccf511
Instagram @ccfnashville

Adam Germek, President and CEO for Special Olympics Tennessee

- Special Olympics Mission: The mission of Special Olympics is to provide year-round sports training and athletic competition in a variety of Olympic-type sports for children and adults with intellectual disabilities, giving them continuing opportunities to develop physical fitness, demonstrate courage, experience joy and participate in a sharing of gifts, skills and friendship with their families, other Special Olympics athletes and the community.
- I personally got involved when my daughter was born 10 years ago. She was born with a rare genetic disorder and my wife and I were told that she may never walk, talk, dress herself, feed herself, etc. I was working in professional sports for the Memphis Grizzlies and needed to make a career change in order to be more available to support my daughter. Thankfully a position was open with Special Olympics that allowed me to share my passion for sports and also my passion for supporting individuals with intellectual disabilities. It has been such an amazing journey and one our family is so thankful for.
- Special Olympics hosts over 250 events each year throughout the state with local, regional and state events in 18 sports. Traditional sports like Track and field, team sports like flag football and basketball and even winter sports with skiing, ice skating and snowboarding.
- Our newest initiative which started 4 years ago is a program called Unified Champion Schools. This is a program that is funded through a grant from the Department of Special Education and allows us to go into schools with funding to

help the school, school district and community create inclusive environments for all students. There are 3 components to this program, student leadership, whole school engagement and Unified sports opportunities (traditional students paired with students with disabilities).

- Special Olympics is working with TSSAA to sanction sports for Unified Teams to allow individuals with intellectual disabilities train and compete for a state championship for their school. Currently Track and Field and Bowling are sanctioned TSSAA sports.
- Outside of sports, Special Olympics also offers FREE health screenings in multiple disciplines including vision screenings, hearing screenings, free sports physicals, and a strong minds program that offers tips for social and emotional wellness support.
- Ways community members can get involved: coming out of COVID, we have a strong need for people interested in coaching, event volunteers and management team members for local programs.
- Upcoming events: pending COVID restrictions, we have upcoming events listed on our website that include our State Flag Football Tournament, State Golf events, State bowling events and Young athlete camps.

Learn more:

Facebook: https://www.facebook.com/specialolympicstn/

Twitter: @sotennessee

Website: https://www.specialolympicstn.org/

Instagram: specialolympicstn

- Beverly L. Bragg President, Trousdale Place Foundation, Inc.
- Sue Burgess Vice President, Trousdale Place Foundation, Inc.
- A Brief History of Gallatin / Connection to Trousdale Place

After the Revolutionary War, Captain James Trousdale received a 640-acre land grant from the state of North Carolina in return for his military service.

In 1802, Tennessee purchased 40 acres of land from Captain Trousdale for \$490 and the city of Gallatin, named after Thomas Jefferson's Secretary of the Treasury, Albert Gallatin, was established.

William Trousdale, Captain James Trousdale's son, married Mary Ann Bugg in 1827. They had 7 children. Five reached adulthood: Maria Louisa, Valeria, Charles, Julius, and Frances. William Trousdale was a veteran of the War of 1812, the Creek War, the Seminole War and the Mexican American War, earning him the nickname the "War Horse of Sumner County." He served as Governor of Tennessee from 1849 – 1851. In 1853, President Franklin Pierce appointed Governor Trousdale Minister to Brazil. He served in the post until 1857. Charles, William's son, accompanied him to Brazil as his personal aid.

In 1836, Governor Trousdale purchased a house, now known as Trousdale Place, located two city blocks west of the Gallatin Public Square. The home was built circa 1813 by John H. Bowen, a local attorney and member of Congress. Bowen died in 1822, and the house was acquired by William P. Rowles, the Superintendent of the Gallatin Female Academy and a Methodist clergyman. The Trousdale family lived in the in house until 1900. Today, the house / museum is managed by the Trousdale Place Foundation, Inc. and is open for tours and special events.

Our Mission

To preserve the history of Trousdale Place and the history of the Trousdale family, for future generations of the Trousdale family to access and enjoy. Also, to work in conjunction with other historic homes and attractions in Gallatin and Sumner County to preserve and promote Gallatin and Sumner County history. Also, to honor Veterans

of all wars by donating to charitable organizations that support Veterans and by giving Veterans a speaking platform at Trousdale Place.

Spotlight

Trousdale Place Foundation, Inc. is proud and honored to work with Sumner County Historian and Lecturer Kenneth Thomson, who shares our passion for preserving the history of Trousdale Place, and Sumner County history in general. Favorite statement from Ken regarding history and why it is so important to search for information regarding your ancestors? "They want to be found."

Upcoming Events

Saturday, August 28th from 10 a.m. – 2 p.m. – Open House, Free Admission. Donations appreciated.

Saturday, September 18th from 10 a.m. – 2 p.m. – Open House for Smithsonian Museum Day, Free Admission. Donations appreciated.

Thursday, September 23rd is Governor Trousdale's birthday, as well as Governor Trousdale Day, as proclaimed on September 23, 2020, by Gallatin Mayor Paige Brown. Details forthcoming on our Facebook page.

Thursday, November 11th from 10 a.m. – 2 p.m. - Open House for Veteran's Day with guest speakers / presenters. Free Admission. Donations Appreciated.

Learn more:

Facebook: www.facebook.com/TrousdalePlace/

Website: <u>www.Trousdaleplace.com</u>

> Jill McMillan Palm, Executive Director - Arts & Business Council of Greater Nashville

Mission: The Arts & Business Council leverages and unites the unique resources of the arts and business communities to create a thriving, sustainable creative culture in Greater Nashville.

Core Values/Key Messages: The Arts & Business Council is a community and economic development nonprofit. We are the hub for building more sustainable arts businesses and creative enterprises, keeping and making Nashville a great place to create and enjoy art. Investing in artists is central to the Arts & Business Council's vision of a community where artists (of all genres - music, painting, dance, theatre, literary, fashion, culinary, etc.) are valued as critical assets to be engaged, supported, and empowered. A strong sector of creative businesses enhances the overall economic profile of the Greater Nashville area as studies show a thriving arts community 1) attracts businesses to Nashville, 2) makes for a happy, healthy population, and 3) creates strong, innovative solutions to complex social, business, and civic challenges. The Arts & Business Council is the only nonprofit that exists to cultivate this region's creative community through arts service, business engagement, and cross-sector partnerships.

Programs:

- 1) Volunteer Lawyers & Professionals for the Arts (VLPA) provides pro bono legal and business assistance to income-qualified artists and emerging nonprofit arts organizations of all disciplines. Clients must be based in Tennessee and have an arts-related question or issue. Primary legal services include drafting and reviewing contracts, protecting intellectual property with copyright and trademark, resolving arts related disputes, and nonprofit formation. Business volunteers with expertise in accounting, finance, information technology, and human resources provide consultation on best practices in those content areas.
- 2) Arts Board Matching promotes dynamic leadership in the arts by cultivating the skills needed for individuals to be effective, engaged board members, and making matches between business professionals seeking board membership and arts organizations in need of adept board members. Business participants gain extensive and diverse exposure to the arts industry, opportunities to network with arts organizations and other professionals across industries, and the chance to work in a visible role with other community leaders.
- 3) Periscope: Artist Entrepreneur Training is a year-long training opportunity that empowers pre-professional and professional artists to see their creative practice through an entrepreneurial lens. Through an intensive business development curriculum, small group work with peers, and one-on-one mentoring with a business expert, participants prepare to take their career to the next level. At the culminating event, Periscope Pitch, participants have the opportunity to present their business plans to the public and to win funding for their project.
- 4) Creative Exchange is an annual, day-long professional development conference tailored to artists and creative entrepreneurs of all genres, as well as arts administrators and organizations. The conference is designed to spark innovation, build social and professional networks across genres, address common challenges in the creative industries in Nashville, and inspire attendees to tackle those challenges head-on.
- 5) Education Seminars are provided in partnership with a variety of Nashville businesses and organizations with the goal of helping the creative community master the business of art and organizations master the art of business. Ranging from an hour to a half-day, these drop-in workshops and panel discussions cover topics of broad interest to the creative and business communities.
- 6) Fiscal Sponsorship acts as an incubator for the arts and provides structure for arts groups and individual artist projects that do not want (or are not ready) to become tax-exempt nonprofit organizations. The Arts & Business Council makes it possible for Tennessee-based arts groups to receive tax-deductible grants and donations through our nonprofit status, and offers additional management, administrative, and marketing support as the projects grow.
- 7) Creative Advantage enhances a business's competitive advantage by providing artistic workshops that build a more engaged, innovative, and productive workforce via the purposeful melding of art and business. Through music, visual, and

performing arts-based workshops, our facilitators engage employees in hands-on, creative experiences that teach tangible leadership skills for effective business growth. Attendees learn how to solve complex problems, collaborate with others, and improve communication across teams and the entire workplace.

8) Nash Art Bash, Arts Immersion, and other special events. Nash Art Bash is our fall fundraiser (October 1), Arts Immersion is our spring fundraiser in partnership with the Young Lawyers Division of the Nashville Bar Association (Spring 2022).

Ways to get involved: Lend your business expertise as a volunteer through VLPA (volunteer form on our website), support your company's community involvement by having employees participate in Arts Board Matching (two cohorts, Fall and Spring), sponsor an education seminar if your company has expertise in a topic that creatives need to know, bring a Creative Advantage program to your workplace, invest in Nashville's creative community by becoming a corporate member of the Arts & Business Council (some levels of membership offer complimentary participation in Arts Board Matching, comp tickets to special events, etc.)

Learn more:

Facebook: <u>www.facebook.com/abcnashville</u>

Instagram: @abc_nashville
Twitter: @abcnashville

Website: https://www.abcnashville.org

Sign up for our email list - https://www.abcnashville.org/sign-up-for-our-newsletter/

Brigadier General Eden Murrie, U.S. Air Force, retired and CEO - Operation Stand Down Tennessee

- Operation Stand Down Tennessee is the region's only comprehensive Veteran Service Organization. With offices in Nashville and Clarksville, we engage, equip, and empower ALL Veterans through our 3 C's Connection, Careers, and Crisis.
- Operation Stand Down has kept its doors open during the entire pandemic and is constantly adapting to meet the
 changing needs of Veterans. Just in the last year, we have added innovative programs like the Veteran Mentorship
 Program, Call Sign Connect, and the Veteran Fellowship Program. We are in the process of launching Operation
 Commissary.
- We have two great events coming up
- OurCorner Fest is our inaugural Oktoberfest-type event on Sunday, October 3rd from 1 5:30pm. Partnering with our neighbor CreatiVets, we will have Bavarian Bierhaus, music from Love & Theft, food trucks, craft vendors, and even a Dunk-a-General tank. Tickets are free on EventBrite and get a VIP pass for only \$75.
- The 11th Annual Heroes Breakfast is Thursday, November 4th at the Music City Center. Our keynote speaker is retired Army Colonel Greg Gadson, an actor, motivational speaker, and the first double amputee to return to full active duty as a Brigade Commander.

Learn more:

Facebook: https://www.facebook.com/OSDTN/

LinkedIn: https://www.linkedin.com/company/osdtn/

Website: https://www.osdtn.org/

Twitter: https://twitter.com/osdri_vets?lang=en

Sunny Bray - Founder & CEO - Catalyst Collective

• A consultancy equipping organizations with tools for better outcomes, greater impact, and revenue growth. She has been invoking positive change for over 15 years, specializing in launching and growing businesses into new markets. She started Catalyst Collective in 2018 with the goal of changing the world. Catalyst Collective is a catalyst for change in Middle Tennessee through the collaboration of funders, companies, community leaders and nonprofits. Last year, Sunny was named to the All-Star Board by Nashville Post Magazine, the Nashville Business Journal recently named her a 2021 40 Under 40 Winner, she became a mother for the first time, and continued her contributions to the community. She serves as the Director of

Marketing for Women in Technology of Tennessee, an Advisory Board Member for The Women's Fund, and a member of BrainTrust, The Table and Rotary Club of Nashville. Sunny is leveraging her skills and experience through Catalyst Collective to look for strategic opportunities to strengthen the community. Through marketing, development and technology services, Catalyst Collective is equipping organizations with mission-critical resources. In addition to these recent successes, in 2016 Sunny successfully launched a professional networking organization, Network Under 40: Nashville with growth of 2,500+ members, 40+ nonprofit organization partners and community sponsors.

• Why did you start Catalyst Collective? If you work for a non-profit, if you're on the board of a non-profit, want to fund a project for a non-profit. How would you describe your business? What drives you

Learn more:

Facebook: https://www.facebook.com/catalystcollectiveco

Twitter: @catalystco_nash

LinkedIn: https://www.linkedin.com/in/sunny-bray/

Website: https://catalystcollective.co/

Instagram: catalyst_collectiveco

Mindy Bess, CEO and Founder – James Bess Foundation

- Who we are in a nutshell, and our mission
- Our basic qualifications
- The backstory of the foundation
- We just celebrated 21 fulfilled wishes nationwide
- Types of wishes we have received.
- Most inspiring and touching wish so far.
- The community can take part by spreading the word about the organization, encourage people to apply, and donate cash, or goods and services.

Learn more:

Website: www.jamesbess.org

Facebook: https://www.facebook.com/James.Bess.Foundation/

Email: jamesbessfdn@gmail.com

Instagram https://www.instagram.com/jamesbessfoundation/

Stephen Mancuso, Motorcar Specialist – Bonhams Auction House

Host Jeremy C. Park talks with **Stephen Mancuso**, Motorcar Specialist with **Bonhams**, who talks about his work to find, appraise, and bring unique, rare and exotic cars to auction. Bonhams is the oldest auction house in the world, founded in 1793 in London. The company is headquartered still in London with US offices in New York, Los Angeles, Memphis, Portland, and North Carolina. During the interview, Stephen talks about how he got into the industry, working with the Tupelo Automobile Museum, how the auction process works, advice for collectors and the families of collectors, and much more.

Visit www.bonhams.com to learn more or email stephen.mancuso@bonhams.com to reach Stephen directly.

Facebook: https://www.facebook.com/bonhams1793

Twitter: https://twitter.com/bonhams1793

Allana Robinson – International Early Childhood Parenting Expert

cityCURRENT Radio Show Co-Host, **Andrew Bartolotta**, sits down with **Allana Robinson**, CEO of **Uncommon Sense Parenting** as well as a Registered Early Childhood Educator, Developmental Specialist, and Parenting Coach.

As a coach for parents of toddlers, and preschoolers, and kindergarteners—Allana Robinson provides tools to help parents implement non-punitive, child-centred, developmentally appropriate behavior management in their homes, with their families without resorting to yelling, shaming, or power struggles.

For a decade she's worked with children with special needs in the capacity of Early Childhood Educator and Developmental Specialist doing early intervention. As a Parenting Coach Allana works with families from all walks of life who truly want the absolute best for their children—but don't necessarily know what that means in practical applicable terms.

Head here to access her free introductory parenting class where she explains the framework Allana uses to support parents and improve their child's behavior: https://www.allanarobinson.com/freeclass/

Phala K. Mire, President & CEO - Women's Business Enterprise Council South

1. What is the Women's Business Enterprise Council South?

The <u>Women's Business Enterprise Council South</u> (WBEC South) is a regional partner organization of the <u>Women's Business Enterprise National Council</u> (WBENC), the largest certifier of women-owned businesses in the U.S. and a leading advocate for women entrepreneurs. At a national level, we have 15,000 certified women business enterprises or WBEs and 150 corporate partners who support our organization.

2. What is the mission of WBEC South?

Our mission is to advance and enhance business opportunities between corporations and WBEs through a reputable certification program, education and professional growth.

- We have more than 950 certified WBEs and 50 corporate partners in our region that includes Alabama, Mississippi, Louisiana, Tennessee and the Florida Panhandle.
- These WBEs contribute \$16.5 billion to the economy and create 73,000 jobs.

3. What programs do you have to support women business owners?

We have several innovative programs for women entrepreneurs at every stage of their business including:

- **WB Collective**: We launched a new co-working space in Nashville at the INK Building downtown and also have one in New Orleans. We have private office suites, conference rooms, mailboxes, event space for women executives and CEOs to connect and thrive at wbcollective.com.
- **WB Marketplace**: We created the largest virtual marketplace for WBEs and corporations to connect at wbmarketplace.com.
- Women's Business Center South: We had a grand opening celebration in Memphis for this new center at
 Crosstown Concourse funded by SBA. Our team provides business and finance coaching, tools and resources for
 WBEs to grow their ventures at wbcsouth.org.
- **Enterprising Women of Color**: Open to ALL women-owned companies of color, offering resources, training, coaching and events for business growth at enterprisingwoc.org.

4. How can people support WBEC South?

If you're a woman-owned business, we invite you to join us for our programming to build your network. If certification is right for you, we can help you with that as well.

We need corporate partners who are committed to supplier diversity to join us by sponsoring our programs and, most importantly, contracting with WBEs.

Check out our website at https://www.wbecsouth.org/ to sign up for the newsletter to stay up to date on ways you can be involved in WBEC South.

5. How can people find out more about WBEC South?

Visit our website to learn about certification, register for events and programs at https://www.wbecsouth.org/.

Recent Media Coverage:

Nashville Business Journal: Coworking space exclusively for female entrepreneurs aims to facilitate collaboration and connection

Commercial Appeal: <u>'A pleasure and an honor': Women's Business Center South helping Memphis entrepreneurs</u>
NOLA.com: Enterprising Women of Color Business Center names new director

Learn more:

Facebook: https://www.facebook.com/WBECSouth
Instagram: https://www.instagram.com/wbecsouthofficial/

Website: https://www.wbecsouth.org/
Twitter: https://twitter.com/WBECSouth

Shelley Buck – Artist and Author of "Leave Your Light On"

cityCURRENT Radio Show Host, Andrew Bartolotta, sits down with artist, storyteller, and mother, **Shelley Buck** as she shares the heart-breaking and inspiring true story of her oldest son Ryder, his unrelenting spirit and how it can teach us all to leave our light on and shine bright for the world to see.

Shelley Buck was the mother of 3 boys when her oldest was diagnosed with cancer at 22 years old. What happened next was a transformation of the parent-child relationship while Shelley learned how to let Ryder deal with his diagnosis his way. Ryder ultimately beat cancer, only to lose his life later in a car accident.

Ryder became the inspiration for a new character in FROZEN 2 and for one of the film's new songs. Her new book, Leave Your Light On, is a vivid and poignant look at their journey and the intricacies of letting our loved ones be the people they are meant to be.

Visit https://www.leaveyourlightonbook.com to explore more about Ryder's music, his story, the book Leave Your Light On and more.

LeEllen Smith, Founder - OUTsideIN

OUTsideIN is a 501(c)3 social enterprise that exists to empower marginalized women through the creation of whimsical travel bags and meaningful employment.

How we started.

Our county was experiencing unemployment in excess of 11%. I wondered what it would take to create jobs to replace those lost when our country's largest employer left.

Travel gear was not our first product line. We made items from up cycled T-shirts.

What our name signifies.

Our workforce.

Women who have been marginalized from the mainstream workforce.

I have an empowerment success story I like to tell.

Our products.

Our intention is to be self-sustaining and able to pay our workers a living wage through the sale of our products.

Our products are strong and beautiful like the women who make them.

I like to talk about the different products we have in our line.

Our future.

We recognize that the need for housing for women in recovery is growing and believe that we can step into the need by creating a residential program to go along with our social enterprise. We have decided on a program model to duplicate, secured a property and are developing a timeline towards launching this effort.

We love to have customers into our workshop at 107 West Westbrook Street in Troy, TN

Learn more:

Facebook: https://www.facebook.com/OUTsidelNworks/
Instagram: https://www.instagram.com/outsideinworks/

Website: https://outsideinworks.com/

Mayor Moore - Find Hope Franklin

He can be introduced as Mayor Moore, but you can also reference the fact that he is a retired orthopedic surgeon and also goes by Dr. Moore. He also likes to be called "Ken"

- Find Hope Franklin
- Unite Williamson
- All-American City and the Fuller Story

Learn more:

Facebook: https://www.facebook.com/FindHopeFranklin/
https://www.instagram.com/findhopefranklin/

Website: https://www.franklintn.gov/Home/Components/News/News/9835/1071?selectview=1

Sherry McMillan Ballard

Sherry McMillan-Ballard truly believes "social work" is a calling. For as long as she can remember, she could never shake the overwhelming urge to lend a helping hand to a stranger or simply a listening ear. She is a true motivator with a strong desire in believing, "You can do anything with a plan and motivation." She believes in the goals and dreams of each person she engages through life, including individual and/or group therapy. No matter the age, she is capable of building rapport and fostering a therapeutic relationship for recovery. Sherry believes everyone is entitled and capable of managing life from daily stressors to mental and medical issues.

Sherry has recently pivoted her experience both professional & personal into an all telling book which acts as a guide for women (men, too) to release the things that are hindering the creation of an intentional, goal-driven life. Each person should be able to confidently live as their most confident & authentic self. The journey starts within with Transition to the Real & Beautiful You.

Learn more and download the worksheet: https://www.sherrymcmillanballard.com/

James Fields, President - Concept Technology

Office workers and hybrid work environments, how that effects:

- Hiring and retention
- Commercial Real Estate
- Cybersecurity

Learn more:

Facebook: https://www.facebook.com/concepttechnologyinc/
LinkedIn: https://www.linkedin.com/company/concept-technology/

Twitter: https://twitter.com/concepttechinc https://concepttechnologyinc.com/



Quarterly Report of Compliancy Issues & Programs List 2021-Q3 (July - September) Radio Health Journal

- Aging
- Arts and Culture
- Auto Safety
- Child Safety
- Children and Youth at Risk
- Climate Change
- Consumer Safety
- Consumerism
- COVID-19 Pandemic
- Crime
- Criminal Justice
- Diet
- Disabilities
- Disaster Preparedness
- Drug Overdoses and Opioids
- Economics
- Education
- Elderly and Senior Citizens
- Employment Issues
- Environment
- Ethics
- Euthanasia
- Family Issues
- Federal Government and Regulation
- Food and Nutrition
- Gender Issues

- Health Care
- Hunger
- Insurance
- Internet Harassment
- Jails and Prisons
- Local Government
- Medicine and Culture
- Mental Health
- Mental Illness
- Parenting Issues
- Pets and People
- Police
- Poverty
- Prevention
- Prosecution
- Public Health
- Public Safety
- Recidivism
- Roads and Traffic Safety
- Severe Weather
- Social Isolation
- Technology
- Technology and Health
- Volunteer Organizations
- Women's issues



Program 21-27	Executive Producer:	Ree	Reed Pence	
Air Week:	Studio Production:	Jaso	on Dickey	
7/4/21				
SEGMENT 1:	SURVIVING AN ACTIVE SHOOTER	Time	Duration	
Synopsis:	With the recent active shooter incidents in Atlanta and Boulder, Colorado, experts are concerned about a return of mass shootings that had disappeared during the pandemic. Two experts discuss the changing theory of how to survive an active shooter incident through what's called "run, hide, and fight."	1:50	12:43	
Host & Producer:	Reed Pence			
Guests:	Dr. Sara Jacoby, Asst. Prof. of Family and Community Health, Univ. of Pennsylvania School of Nursing; Dr. Michael Gerardi, emergency physician and Past President, American College of Emergency Physicians			
Compliancy issues:	Crime; Criminal Justice; Public Health; Ethics; Law Enforcement; Public Safety; Police			
Links:	Sara F. Jacoby, MPH, MSN, PhD – Penn Nursing			
	Dr. Michael Gerardi – Emergency Medical Associates			
SEGMENT 2:	THE PSYCHOLOGY OF PROCRASTINATION	Time	Duration	
Synopsis:	Most people procrastinate at least now and then. But when we put something off, we're usually facing not a time management problem, but an emotion management problem. Experts discuss what's going on in our heads when we procrastinate.	15:35	7:08	
Host:	Nancy Benson			
Producer:	Regan Huston			
Guests:	Dr. Tim Pychyl, Assoc. Prof. of Psychology, Carleton Univ.; Dr. Christine Li, clinical psychologist and procrastination coach			
Compliancy issues:	Psychology and Pop Culture; Mental Health; Consumerism			
Links:	<u>Tim Pychyl, PhD</u> – Carleton University			
	<u>Christine Li, PhD</u> – Procrastination coach			



	Program 21-28	Executive Producer:	Ree	d Pence
	Air Week:	Studio Production:	Jaso	on Dickey
	7/11/21			
-	SEGMENT 1:	HOW TO SPEED UP YOUR DRIVE: DON'T TURN LEFT	Time	Duration
	Synopsis:	Traffic engineers are learning that they can increase road efficiency and safety by eliminating left turns at many busy intersections, even those that have left turn arrows. This increases distance traveled for some peoplesome may have to make three right turns insteadbut virtually everyone benefits in travel time, as package carrier UPS has learned. A traffic engineer and UPS official discuss how it could work.	1:42	11:41
	Host & Producer:	Reed Pence		
	Guests:	Patrick Browne, Vice President of Sustainability, UPS; Dr. Vikash Gayah, Assoc. Prof. of Civil Engineering, Pennsylvania State Univ.; Dan McMackin, PR Manager, UPS		
	Compliancy issues:	Pollution; Local Government; Roads and Traffic Safety; Environment		
	Links:	Green Biz: Patrick Browne		
		Penn State College of Engineering: Dr. Vikash Gayah		

SEGMENT 2:	RETHINKING DEMENTIA	Time	Duration
Synopsis:	Dementia has a much wider range than most people think, and people with dementia are usually functional for years. An expert discusses the course of the disease and how life can still be positive for years before it reaches the late, debilitating stage most people think of when they hear the word "dementia."	14:25	8:03
Host:	Nancy Benson		
Producer:	Reed Pence		
Guests:	Dr. Tia Powell, Prof. of Psychiatry and Bioethics, Albert Einstein College of Medicine and author, Dementia Reimagined: Building a Life of Joy and Dignity From Beginning to End		
Compliancy issues:	Health Care; Elderly and Senior Citizens; Aging and Senior Citizens; Public Health		
Links:	<u>Tia Powell, MD</u> – Center for Bioethics and Masters in Bioethics at Montefiore Health Systems and Albert Einstein College of Medicine		



Program 21-29	Executive Producer:	Reed Pence	
Air Week:	Studio Production:	Jas	on Dickey
7/18/21			
SEGMENT 1:	ADVANCES AGAINST LUNG CANCER	Time	Duration
Synopsis:	Traffic engineers are learning that they can increase road efficiency and safety by eliminating left turns at many busy intersections, even those that have left turn arrows. This increases distance traveled for some peoplesome may have to make three right turns insteadbut virtually everyone benefits in travel time, as package carrier UPS has learned. A traffic engineer and UPS official discuss how it could work.	1:50	11:27
Host & Producer:	Reed Pence		
Guests:	Bonnie Addario, founder, Addario Lung Cancer Medical Institute, Co-Chair, Go-2 Foundation for Lung Cancer and author, The Living Room: A Lung Cancer Community of Courage; Dr. Ferdinandos Skoulidis, Asst. Prof. of Thoracic Head and Neck Medical Oncology, Univ. of Texas MD Anderson Cancer Center		
Compliancy issues:	Economics; Health Care; Ethics; Public Health		
Links:	Foundation for Lung Cancer: History of the Bonnie J. Addario Lung Cancer Foundation (ALCF)		
	MD Anderson Cancer Center: Dr. Ferdinandos Skoulidis' profile		

SEGMENT 2:	POOR AND RURAL KIDS IN CRISIS	Time	Duration
Synopsis:	A study by Save the Children shows on a county-by-county basis that children in poor and rural counties, especially in the south, are much less likely to survive into adulthood, and when they do, they're often forced to become adults too soon by poverty, pregnancy, and lack of education. A Save the Children expert discusses factors that hurt children and ways they might be alleviated.	14:19	7:06
Host:	Nancy Benson		
Producer:	Scarlett O'Hara		
Guests:	Sarah Luciano, Director of Media and Communications, Save the Children US Programs and Advocacy		
Compliancy issues:	Public Health; Crime; Teen Pregnancy; Hunger; Children and Youth at Risk; Poverty; Education		
Links:	Save the Children – The Best and Worst States for Children During Covid		



Program 21-30	Executive Producer:	Reed Pence	
Air Week:	Studio Production:	Jaso	on Dickey
7/25/21			
SEGMENT 1:	WE ARE NOT OK	Time	Duration
SEGMENT 1.	WE ARE NOT OK	Tille	Duration
Synopsis:	Where COVID-19 vaccination is high, it's a getting-back-to-normal world after the pandemic. But even some vaccinated people won't return to normal for months or years because of the psychological effects. Experts discuss why this occurs and how people can help themselves return to mental health.	1:50	12:43
Host & Producer:	Reed Pence		
Guests:	Dr. Luana Marques, Assoc. Prof. of Psychiatry, Harvard Medical School and President, Anxiety and Depression Assn. of America; Dr. Chris Segrin, Prof. and head of Communications Dept., Univ. of Arizona; Catherine Ettman, Director of Strategic Initiatives and Chief of Staff, Boston Univ. School of Public Health		
Compliancy issues:	Health Care; Public Health; Employment Issues; Mental Health; COVID-19 Pandemic		
Links:	<u>Dr. Luana Marques Bio</u>		
	The University of Arizona: Dr. Chris Segrin		
	Boston University School of Public Health		
	NATIONAL HELPLINE: 1-800-662-HELP		
SEGMENT 2:	ELDERLY INJURIES	Time	Duration
Synopsis:	A new study shows that people over age 70 are three times more likely than younger people to die when they fall. Older people also take more medications with a fall risk, and which pose a risk themselves when someone taking them falls. Experts discuss these complications and why it's important to prevent falls and other injuries.	15:35	7:08
Host:	Nancy Benson		
Producer:	Scarlett O'Hara		
Guests:	Dr. Julius Cheng, Prof. of Surgery, Univ. of Rochester Medical Center; Dr. Robin Lee, team lead, Safety Promotion Team, Center for Disease Control & Prevention		
Compliancy issues:	Aging; Auto Safety; Drug Overdoses and Opioids; Elderly and Senior Citizens; Public Health		
Links:	University of Rochester Medical Center		
	Center for Disease Control & Prevention		
	CDC: Injury Center		



Program 21-31	Executive Producer:	Reed Pence	
Air Week:	Studio Production:	Jaso	on Dickey
8/1/21			
SEGMENT 1:	HOSPITAL PRICE TRANSPARENCY	Time	Duration
Synopsis:	Hospitals are now required to post prices for many procedures on their websites, including cash prices and what insurers pay. The intent of the federal rule is to allow patients to shop around, putting pressure on hospitals to compete on price. However, many hospitals have yet to follow the rule. Experts discuss the rule, its likely outcome, and how patients can use it to their advantage.	1:42	11:41
Host:	Reed Pence		
Producer:	Libby Foster		
Guests:	Cynthia Foster, founder and Chairman, PatientRightsAdvocate.org; George Nation, Prof. of Law, Lehigh University		
Compliancy issues:	Health Care; Insurance; Federal Government and Regulation; Public Health; Economics; Technology		
Links:	PatientRightsAdvocate.org		
	Lehigh University Profile: George Nation		

SEGMENT 2:	SOMETIMES NOT MAN'S BEST FRIEND: DOG BITES	Time	Duration
Synopsis:	Nearly 40 percent of American homes have a dog, and while dogs may be "man's best friend," sometimes they bite, and sometimes with serious consequences. An expert who has studied dog bites discusses the reality of breed temperament, especially when children are around, how to prevent bites, and whether breeds with dangerous reputations deserve them.	14:25	8:03
Host:	Nancy Benson		
Producer:	Reed Pence		
Guests:	Dr. Charles Elmaraghy, Chief, Pediatric Otolaryngology, Nationwide Children's Hospital and Assoc. Prof. of Otolaryngology, The Ohio State Univ College of Medicine		
Compliancy issues:	Pets and People; Children and Youth at Risk; Education; Family Issues; Child Safety		
Links:	Dr. Charles Elmaraghy		



Program 21-32 **Executive Producer:** Reed Pence Air Week: **Studio Production:** Jason Dickey 8/8/21 **SEGMENT 1:** DANGER SIGNS IN THE INCREASE IN EXTREME WEATHER Duration Climate change has been discussed as a serious issue impacting future generations. However, the recent rash of extreme weather worldwide, which has killed hundreds, is Synopsis: making scientists wonder if we have reached a turning point more quickly than we 1:50 12:29 thought. Experts explain how climate change results in droughts, floods, and other severe weather and the signals it provides of danger immediately ahead. Host: Reed Pence Producer: Libby Foster Dr. Jennifer Francis, Senior Scientist, Woodwell Climate Research Center; Dr. Radley Horton, climate scientist, Columbia Univ. Lamont-Doherty Earth Observatory; Dr. Walt Guests: Robinson, Prof. of Atmospheric Sciences, North Carolina State Univ. Economics; Disaster Preparedness; Severe Weather; Climate Change; Environment; Compliancy issues: **Public Safety** Links: Woodwell Climate Research Center Columbia Climate School North Carolina State University: Marine, Earth and Atmospheric Sciences **SEGMENT 2:** SYNESTHESIA: THE COLOR OF SOUNDS AND OTHER STRANGE PERCEPTIONS Time Duration Nearly 40 percent of American homes have a dog, and while dogs may be "man's best friend," sometimes they bite, and sometimes with serious consequences. An expert who Synopsis: has studied dog bites discusses the reality of breed temperament, especially when 15:21 7:39 children are around, how to prevent bites, and whether breeds with dangerous reputations deserve them. Host: Nancy Benson Producer: Scarlett O'Hara Izzy Kornblau, synesthete; Dr. Richard Cytowic, Clinical Prof. of Neurology, George **Guests:** Washington Univ. Compliancy issues: Medicine and Culture; Education; Arts and Culture Links: Dr. Richard Cytowic Izzy Kornblau's YouTube Channel



Program 21-33	Executive Producer:	Ree	d Pence
Air Week:	Studio Production:	Jaso	on Dickey
8/15/21			
SEGMENT 1:	PSYCHOLOGY OF ADOPTION: BIRTH MOTHERS	Time	Duration
Synopsis:	Adoption and how it is carried out have well-studied psychological effects on adoptees. However, how birth mothers are affected by giving up their child is less well studied. Birth mothers have historically been shunned and stigmatized, and often still do not receive the grief counseling and mental health services they need. Open vs. closed adoptions also differ. An expert psychologist and birth mother-author discuss.	1:47	13:51
Host:	Reed Pence		
Producer:	Libby Foster		
Guests:	Hope Baker, birth mother of adopted child and author, Finding Hope: A Birthmother's Journey Into the Light; Dr. Jeanette Yoffe, foster and adoption therapist and founder, Celia Center		
Compliancy issues:	Children and Youth at Risk; Mental Health; Parenting Issues		
Links:	On Your Feet Foundation: Adoption Education		
	GoodReads: Finding Hope: A Birthmother's Journey into the Light		
	Celia Center: Support for All Members of the Foster Care and Adoption Constellation		
	Celia Center: Board Members		
SEGMENT 2:	THE DANGER OF SYMPTOM SEARCHING ON THE INTERNET	Time	Duration
Synopsis:	One of the most popular searches on Google is for symptoms and what they mean. It's created a much more well informed patient population, but one that may panic at the least pain or discomfort. Two experts discuss how to think of symptoms and how to search for them.	16:40	6:13
Host:	Nancy Benson		
Producer:	Reed Pence		
Guests:	Dr. Mark Eisenberg, Assoc. Prof. of Medicine, Columbia Univ, and Dr. Christopher Kelly, Raleigh NC cardiologist, co-authors, Am I Dying: A Complete Guide to Your Symptoms and What to Do Next		
Compliancy issues:	Technology; Health Care; Technology and Health		
Links:	AmlDying?! podcast featuring Dr. Eisenberg & Dr. Kelly		



Program 21-34	Executive Producer:	Ree	d Pence
Air Week:	Studio Production:	Jaso	on Dickey
8/22/21			
SEGMENT 1:	VETERINARIAN STRESS AND SUICIDE	Time	Duration
Synopsis:	A new CDC report shows that suicide among veterinarians is much higher than in the general population. Experts discuss the unique stresses that affect these professionals, including financial, compassion fatigue, euthanasia, and online harassment. They also discuss measures being taken to prevent mental health struggles and suicide.	1:51	12:39
Host & Producer:	Reed Pence		
Guests:	Dr. Jason Sweitzer, veterinarian, Moorpark, CA and founding board member, Not One More Vet; Dr. Debbie Stoewen, Veterinarian and social worker		
Compliancy issues:	Suicide; Pets and People; Economics; Mental Health; Gender Issues; Euthanasia; Internet Harassment		
Links:	Emergency Vet 24/7		
	Pets + Us		
	NotOneMoreVet.org		
	LifeLearn Animal Health		
SEGMENT 2:	"NURSEMAID'S ELBOW"	Time	Duration
Synopsis:	Swinging small children around by their arms may be fun, but it can lead to a very common injury, "nursemaid's elbow," an elbow dislocation, and each instance makes the next more likely. Physicians who treat it—and have experienced it in their own children—discuss the injury, its treatment and prevention.	15:32	7:24
Host:	Nancy Benson		
Producer:	Scarlett O'Hara		
Guests:	Dr. J. Mack Slaughter, emergency physician and Tik Tok explainer; Dr. Erin Meisel, orthopedic surgeon, Children's Hospital, Los Angeles		
Compliancy issues:	Child Injuries; Children and Youth at Risk; Consumerism; Health Care; Prevention		
Links:	Dr. J. Mack Slaughter on TikTok		
	Dr. Erin Meisel - Children's Hospital LA		



Program 21-35	Executive Producer:	Reed Pence		
Air Week:	Studio Production:	Jaso	Jason Dickey	
8/29/21				
SEGMENT 1:	PRISONS AND THE MENTALLY ILL	Time	Duration	
Synopsis:	Many people in prison have a mental illness that keeps them from following the rules of society. Prison, its rules, and often its punitive intent may be the worst place for them, especially since treatment is often lacking there. A noted prison psychiatrist and behavioral scientist discusses this, and alternatives that may produce less recidivism when these inmates are released back into society.	1:50	12:26	
Host & Producer:	Reed Pence			
Guests:	Dr. Christine Montross, Assoc. Prof. of Psychiatry and Human Behavior, Brown Univ. and author, Waiting For An Echo: The Madness of American Incarceration			
Compliancy issues:	Jails and Prisons; Police; Children and Youth at Risk; Mental Illness; Recidivism; Prison and Criminal Justice; Public Safety; Crime; Prosecution			
Links:	Waiting For An Echo: The Madness of American Incarceration			
SEGMENT 2:	THE DIFFICULT-TO-FOLLOW PLANT-BASED ANTI-HEART DISEASE DIET	Time	Duration	
Synopsis:	Heart disease is the number one killer in the US, but a well known cardiologist says if everyone would follow a plant-based, oil-free diet, heart disease could be eradicated. Yet many cardiologists won't prescribe such a diet, fearing it's so difficult to follow that it's a prescription for defeat. Experts discuss.	15:18	7:34	
Host:	Nancy Benson			
Producer:	Reed Pence			
Guests:	Arnie Press, heart disease patient; Dr. Caldwell Esselstyn, Director, Cardiovascular Disease Prevention and Reversal Program, Cleveland Clinic Wellness Institute			
Compliancy issues:	Diet; Food and Nutrition; Public Health; Consumerism; Health Care			
Links:	<u>Dr. Caldwell Esselstyn</u>			



Program 21-36	Executive Producer:	Reed Pence	
Air Week:	Studio Production:	Jaso	on Dickey
9/5/21			
SEGMENT 1:	BACK TO SCHOOL WITH COVID	Time	Duration
Synopsis:	Schools that just a couple of months ago imagined opening free of great pandemic worry are now facing a Delta variant that's even more contagious than the original. Yet last year's experience is telling experts and administrators that school can be held safely if masking and other protocols are followed. Two pediatricians who are experts in how infectious disease affects schools discuss reopening for the school year.	1:49	12:19
Host & Producer:	Reed Pence		
Guests:	Dr. Nathaniel Beers, President, HSC Healthcare and member, Council of School Health, American Academy of Pediatrics; Dr. Tina Tan, Prof. of Pediatrics, Feinberg School of Medicine, Northwestern Univ. and pediatric infectious disease physician, Lurie Children's Hospital		
Compliancy issues:	Children and Youth at Risk; Education; Public Health; Health Care; Covid-19 Pandemic		
Links:	Children's National		
	Northwestern Medicine		
SEGMENT 2:	3D PRINTING OF REPLACEMENT ORGANS	Time	Duration
Synopsis:	Scientists are developing 3D printing technology using human cells to build human organs. The technique could be used to grow organs for transplant, relieving the long waitlist. Experts discuss.	15:10	7:37
Host:	Nancy Benson		
Producer:	Reed Pence		
Guests:	Dan Troy, General Counsel, Valo Health and former Chief Council, US Food and Drug Administration; Dr. Anthony Atala, Director, Wake Forest Institute for Regenerative Medicine		
Compliancy issues:	Health Care; Federal Government and Regulation; Public Health; Technology		
Links:	Valo Health		
	Wake Forest Innovations		



Program 21-37	Executive Producer:	Reed Pence	
Air Week:	Studio Production:	Jason Dickey	
9/12/21			
SEGMENT 1:	FORCED STERILIZATION STILL EXISTS IN THE U.S.	Time	Duration
Synopsis:	Entertainer Britney Spears claims in court that her conservator father won't let her remove birth control. It's merely the most celebrated recent case of something most people find surprising: forced sterilization still exists in the US, usually in cases of guardianship. Experts explain its legality, history & use.	1:49	12:20
Host:	Reed Pence		
Producer:	Polly Hansen		
Guests:	Britney Spears, entertainer, in court testimony; Dr. Natalie Lira, Asst. Prof. of Latina and Latino Studies and Gender and Women's Studies, Univ. of Illinois at Urbana-Champaign; Zoe Brennan-Krohn, Staff Attorney, American Civil Liberties Union Disability Rights Program		
Compliancy issues:	Legal Issues and Courts; Criminal Justice; Disabilities; Women's Issues		
Links:	New York Times: Spears said that she wanted to have a baby, but the conservatorship would not let her ACLU: Britney Spears' Reproductive Freedom is a Disability Rights Issue		
SEGMENT 2:	NAIL BITING	Time	Duration
Synopsis:	Nail biting is an extremely common habit, but some people bite their nails so badly and so often that they suffer damage to their hands. Experts discuss why so many of us are driven to bite our nails, what can be done to stop it, and the damage that can occur when we can't stop.	15:11	7:21
Host:	Nancy Benson		
Producer:	Morgan Kelly		
Guests:	Dr. Dana Stern, Asst. Clinical Prof. of Dermatology, Mt. Sinai School of Medicine; Dr. Fred Penzel, Exec. Dir., Western Suffolk Psych. Services, Huntington, NY		
Compliancy issues:	Destructive Behavior; Health Care; Mental Illness		
Links:	Dr. Dana Stern Dermatology		
	Western Suffolk Psychological Services		



Program 21-38	Executive Producer:	Reed Pence	
Air Week:	Studio Production:	Jason Dickey	
9/19/21			
SEGMENT 1:	FORCED STERILIZATION STILL EXISTS IN THE U.S.	Time	Duration
Synopsis:	Government reports say more than 265 million healthcare records have been stolen, lost, or improperly disclosed in the last decade. It may create a financial risk, but it could also mean your health conditions and secrets are all over the internet. What are health systems doing to keep data safe? What should you do when you're victim of a breach? One of the nation's top health data experts discusses.	1:50	13:13
Host & Producer:	Reed Pence		
Guests:	Dr. Dean Sittig, Professor of Biomedical Informatics, University of Texas Health Science Center at Houston		
Compliancy issues:	Health Care; Employment Issues; Consumer Safety; Economics; Crime; Technology; Consumerism		
Links:	Dean Sittig, PhD – UT Health		
SEGMENT 2:	WHY WE DON'T STOP PREVENTABLE HEART ATTACKS	Time	Duration
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Synopsis:	Heart disease is often preventable, but how people look at it often keeps them from doing as much about it as they could. Often this is a result of myth and misinformation. An expert physician discusses some of the most harmful of these myths.	16:05	6:47
Host:	Nancy Benson		
Producer:	Reed Pence		
Guests:	Dr. Andrea Klemes, Chief Medical Officer, MD-VIP		
Compliancy issues:	Food and Nutrition; Public Health; Consumerism; Health Care		
Links:	MDVIP – Heart Attack Quiz		



Program 21-39	Executive Producer:	Reed Pence	
Air Week:	Studio Production:	Jason Dickey	
9/16/21			
SEGMENT 1:	THE LONELINESS EPIDEMIC	Time	Duration
Synopsis:	Loneliness has been increasing across all ages even before the pandemic. It's especially noteworthy among seniors, and it can dramatically affect health. An expert geriatrician who has studied the effects of loneliness and the leader of an organization that provides friendly visitors to the isolated elderly discuss causes of increasing loneliness, its impact, and the effectiveness of visitor programs.	1:44	12:47
Host & Producer:	Reed Pence		
Guests:	Dr. Carla Perissinoto, Assoc. Chief for Clinical Programs in Geriatrics, Univ. of California, San Francisco; Janet Seckel-Cerrotti, Exec. Director, FriendshipWorks, Boston		
Compliancy issues:	Health; Volunteer Organizations; Social Isolation; Elderly and Senior Citizens		
Links:	Carla Perissinotto, MD, MHS – UCSF Profiles		
	FriendshipWorks – Ending Elder Isolation, Creating Connections		
	Member Spotlight: Janet Seckel-Cerrotti		
SEGMENT 2:	AN ODD BUT COMMON FEAR: TRYPOPHOBIA, THE FEAR OF CLUSTERED HOLES	Time	Duration
Synopsis:	As much as 16 percent of the population suffers from trypophobia, which makes them uneasy at the sight of holes clustered together, as in a honeycomb. Two experts and a sufferer discuss this phobia, which can be remarkably debilitating.	15:25	6:37
Host:	Nancy Benson		
Producer:	Morgan Kelly		
Guests:	Dr. Geoff Cole, Center for Brain Science, Univ. of Essex; Kerry Taylor, trypophobia sufferer and administrator of support group; Dr. Keith Wagner, Univ. of Texas Medical Branch, Galveston		
Compliancy issues:	Mental Health; Consumerism; Health Care		
Links:	University of Essex: Dr. Geoff Cole		
	<u>SkinHoax.com</u>		
	Q&A: Keith Wagner, MD, on Online Skin Disease Hoaxes		



Quarterly Report of Compliancy Issues & Programs List 2021-Q3 (July - September) Viewpoints Radio

- Agriculture
- Addiction
- Adolescent Health
- Agriculture
- American History
- Architecture
- Arts
- Behavioral Health
- Biology
- Business
- Career
- Child Development
- Climate Change
- Comedy
- Communication
- Construction
- Consumerism
- Cooking
- Corporate Interests
- COVID-19 Pandemic
- Creativity
- Crime
- Culture
- Customs
- Dance
- Development
- Diet
- Disease
- Editing
- Education
- Entrepreneurship
- Environment
- Exploration
- Fashion and Fashion Trends
- Film
- Government
- Happiness

- Harassment
- Health
- Health Education
- Healthcare
- Healthcare Management
- History
- Human Rights
- Inequality
- Innovation
- Insurance
- International Affairs
- Justice System
- Labor
- Law
- Literature
- Local Economy
- Marriage
- Mass Incarceration
- Media Business
- Medicine
- Mental Health
- Mental Illness
- Migration
- Mining
-
- Money
- Music and Music Industry
- Natural Resources
- Nonprofit Organization
- Nutrition
- Paleontology
- Parenting
- Patient Advocacy
- Performance and Performance Arts
- Personal Finance
- Policy
- Politics

- Poverty
- Prison Reform
- Psychology
- Public Health
- Public Service
- Publishing
- Racial Issues
- Remote Learning
- Savings
- Science
- Self-Confidence
- Sleep Disorders
- Small Business
- Social Media
- Space and Space Exploration
- Species Extinction
- Sports
- Streaming
- Sustainability and Sustainable Design
- Teaching
- Technology
- Terrorism
- Tourism
- Traditions
- Trauma
- Travel
- TV
- Wage Theft
- Wealth
- Wildlife Management
- Women's Rights
- Workers Rights
- Writing
- Youth Development



Program 21-27	Writers & Producers: Amirah Zaveri & Evan Rook		
Air Week: 7/4/21	Studio Production: Jason Dickey		
SEGMENT 1:	FAIR LABOR: THE IMPORTANCE OF WORKER CENTERS	Time	Duration
Synopsis:	Physician burnout is still a very real problem in the U.S. – and the pandemic has only exacerbated these feelings in some of the hardest hit hospitals across the country. We speak with Dr. Greg Hammer at Stanford University about the pandemic's lasting effects on mental health and systems that have been created to better support people working in medicine or in medical school.	1:47	11:25
Host:	Gary Price		
Guests:	Dr. Celeste Monforton, lecturer, Texas State University, author, On the Job: The Untold Story of Worker Centers and the New Fight for Wages, Dignity, and Health; Laura Garza, worker center director, Arise Chicago.		
Issues Covered:	Wage Theft, Harassment, Inequality, Labor Rights, Nonprofit, Workers Rights, Law, Career, Poverty		
Links:	Arise Chicago		
	Worker Centers: Resources for Employees		
SEGMENT 2:	HOW TO MAKE YOUR KID MONEY-SAVVY	Time	Duration
Synopsis:	About 60 percent of Americans don't yet have a written will in place. People spend a lifetime working hard, saving money, building assets, but often never think about what would happen in case they suddenly passed away. Viewpoints speaks with life planning expert, Abby Schneiderman, about the importance of organizing your life both on paper and online.	15:39	8:26
Host:	Marty Peterson		
Guests:	Beth Kobliner, financial expert and author, Make Your Kid A Money Genius (Even if you're not).		
Issued Covered:	Personal Finance, Parenting, Child Development, Money, Savings, Consumerism		
Links:	<u>Learn more about Beth - BethKobliner.com</u>		
CULTURE CRASH:	WHAT'S SO FUNNY ABOUT DAVE?	Time	Duration
Synopsis:	The Hulu comedy, Dave, is a fictional story about the sensationalized rapper, Lil Dicky. The show look like many other comedies at first but is actually jam-packed with well-thought out jokes and plots. Dave is now streaming on Hulu and FXX.	25:05	1:51
Host:	Evan Rook		
Issues Covered:	Culture, TV, Comedy		



Program 21-28	Writers & Producers: Amirah Zaveri, Bridget Killian, Polly Hansen & Evan Rook		
Air Week: 7/11/21	Studio Production: Jason Dickey		
7/11/21			
SEGMENT 1:	LONG-TERM YOUTH INCARCERATION	Time	Duration
Synopsis:	The U.S. prison population has decreased during the pandemic, but the number of people behind bars is still close to two million. Some of these inmates have been in prison for decades and at a young age were deemed by the justice system to be 'unfixable'. This week, we shed light on the cycle of youth incarceration in this country and why people like Ian Manuel, a former inmate, were sentenced to life in prison without the possibility of parole at age 13.	1:48	9:34
Host:	Gary Price		
Guests:	Ian Manuel, former inmate, author, My Time Will Come: A Memoir of Crime, Punishment, Hope, and Redemption; Riya Saha Shah, lawyer, managing director, Juvenile Law Center; Beth Schwartzapfel, journalist, The Marshall Project.		
Issues Covered:	Crime, Justice System, Prison Reform, Mental Health, Law, Government, Poverty, Mass Incarceration, Youth Development		
Links:	Equal Justice Initiative: Ian Manual		
	The Marshall Project: Many Juvenile Jails Are Now Almost Entirely Filled With Young People of Color		
SEGMENT 2:	A BETTER WAY TO GET AWAY	Time	Duration
Synopsis:	It seems like lately almost everyone is heading to the airport. Whether you're flying, driving or taking a train, vacations are a highly anticipated time to get away from everyday life. Everyone deserves relaxation, but is there a way to make sure that you're traveling more consciously? Are you booking excursions with local, independent companies? Supporting small shops? Does the place you're staying at or traveling with use sustainable practices?	12:44	10:26
Host:	Marty Peterson		
Guests:	Maile Meyer, Hawaii resident, owner, Native Books; Brian Mullis, sustainable tourism expert.		
Issues Covered:	Tourism, Travel, Sustainability, Traditions, Customs, History, Wildlife Management, Consumerism, Environment, Local Economy, Small Business		
Links:	<u>Sustainability Leaders Project</u>		
	The World Counts		
	FORTUNE: How eco-travelers are fueling hotel industry's sustainability drive		
	<u>Viator</u>		
	Pu'uhonua Society		
CULTURE CRASH:	ACCESSING FILM CLASSICS	Time	Duration
Synopsis:	The Criterion Channel makes it easy to watch older movies that are often forgotten on mainstream streaming platforms like Netflix. We discuss some of our favorite picks from the old Hollywood days.	24:10	2:16
Host:	Evan Rook		
Issues Covered:	Culture, Film		





Program 21-29 Writers & Producers: Amirah Zaveri & Evan Rook Air Week: Studio Production: Jason Dickey 7/18/21 SEGMENT 1: **NEGOTIATING THE HIGH COST OF HEALTHCARE** Time Duration Millions of Americans put off going to a doctor or hospital because they're afraid of the high cost of care. Depending on your insurance, one MRI scan can cost upwards of a thousand dollars. One trip to the emergency Synopsis: 1:17 11:48 room can mean thousands of dollars in charges that people can't afford to pay. So, what's driving these sky-high prices? How can people negotiate down these hefty bills? Host: **Gary Price** Lisa Rossi, patient; Marshall Allen, investigative journalist, ProPublica, author, Never Pay the First Bill: And Other **Guests:** Ways to Fight the Health Care System and Win. **Issues Covered:** Healthcare, Insurance, Medicine, Patient Advocacy, Personal Finance, Healthcare Management Links: Fair Health Consumer: Estimate your healthcare expenses National Patient Advocate Foundation Twitter: @marshall allen Amazon: Never Pay the First Bill: And Other Ways to Fight the Health Care System and Win THE DATED TRADITION OF DAYLIGHT SAVING TIME SEGMENT 2: Time Duration Each year, as the flowers bloom and the days turn warmer, we spring forward and adjust our clocks one hour forward. The routine of 'springing forward' can feel like a nuisance and for some, it can severely throw off their 15:22 7:12 Synopsis: internal body clocks for days or weeks on end. Why do we still practice daylight saving time today? Dr. Beth Malow, a neurologist and sleep expert, joins us this week on Viewpoints. Host: Marty Peterson Dr. Beth Malow, professor, neurology & pediatrics, Vanderbilt University Medical Center, director, Vanderbilt Sleep **Guests: Issues Covered:** Health, Disease, History, Policy, Sleep Disorders, Adolescent Health, Behavioral Health Links: National Society of High School Scholars TIME: The Real Reason Why Daylight Saving Time Is a Thing **VUMC: Department of Neurology CULTURE CRASH:** THE BEAUTY OF TIKTOK Time Duration Taylor Swift recently re-recorded and released her hit 2008 album "Fearless". We discuss the nostalgic vibes we Synopsis: 23:34 2:52 felt while listening to these old Taylor tracks. Host: Evan Rook

Issues Covered:

Culture, Social Media



Program 21-30 Writers & Producers: Amirah Zaveri & Evan Rook

Air Week: Studio Production: Jason Dickey

7/25/21

Synopsis:

Synopsis:

SEGMENT 1: **PUBLISHING 101: BEHIND EVERY WRITER IS A GREAT EDITOR** Time Duration

1:47

14:09

8:30

10:20

In 2019, the book publishing industry in the U.S. generated more than \$25 billion dollars in revenue and

employed close to 70,000 people. It's a massive industry that publishes and generates publicity for many

thousands of physical and e-books each year. Literary editor Peter Ginna joins us this week to breakdown the

business and the crucial role that editors play in crafting a successful book.

Gary Price Host:

Peter Ginna, literary editor and author, What Editors Do: The Art, Craft, and Business of Book Editing. **Guests:**

Issues Covered: Writing, Editing, Publishing, Literature, Business, Career

> University of Chicago Press – What Editors Do: The Art, Craft, and Business of Book Editing Links:

Penguin Random House - How to Get Published: The world of publishing: a guide for writers

SEGMENT 2: THE ENTREPRENEUR INSIDE THE MUSICIAN Time Duration

There's much more to being a professional musician than the practice and performance aspect of the career.

For independent artists, there's an entire side of entrepreneurship to handle, including money management, marketing, networking and more. Debra Silvert, the flutist of the orchestral ensemble, Duo Sequenza, highlights

the challenges and rewards of carving out a career in the competitive classical music space.

Marty Peterson Host:

Guests: Debra Silvert, flutist, Duo Sequenza, executive director, Sequenza Chamber Music Incorporated.

Issues Covered: Music, Career, Business, Nonprofit Organization, Entrepreneurship, Music Industry

Links: Duo Sequenza

Debra Silvert Bio

Majoring In Music: Music & Entrepreneurship

CULTURE CRASH: THE APPLE TV SPORTS COMEDY, "TED LASSO" Time Duration

 $Funny\ man\ Jason\ Sudeikis\ plays\ Ted\ Lasso\ in\ Apple's\ TV's\ new\ series.\ The\ show\ follows\ Lasso,\ a\ small-time$ Synopsis:

23:39 2:47 coach, as he moves to England to lead a professional soccer team despite having little knowledge of the sport.

Host: Evan Rook

Issues Covered: Culture, Streaming, Media Business





Program 21-31	Writers & Producers: Amirah Zaveri & Evan Rook		
Air Week:	Studio Production: Jason Dickey		
8/1/21			
SEGMENT 1:	THE ITEMS THAT SYMBOLIZE THE COVID-19 PANDEMIC	Time	Duration
Synopsis:	Wondering what to do with the dozens of face masks and all of those unused yeast packets? Us too. There are several items that Americans sought after during the height of the Covid-19 pandemic that help to showcase what this period in time was like. Once the pandemic is fully over, how will we look back and remember this time? How are museum curators and everyday people remembering this important part of history? This week on Viewpoints.	1:48	11:13
Host:	Gary Price		
Guests:	Alexandra Lord, chair, curator, Division of Medicine and Science, Smithsonian National Museum of American History; Kevin Mitchell Mercer, professor, Valencia College; Natalie Nguyen, college student, University of Central Florida.		
Issues Covered:	COVID-19 Pandemic, Public Health, History, Career, Education, Science, Medicine		
Links:	The New York Times: A New Year's Climate Diet		
	twitter: @4fishgreenberg		
	Amazon: The Climate Diet: 50 Simple Ways to Trim Your Carbon Footprint		
SEGMENT 2:	FOREVER FASHION: THE HISTORY OF TIMELESS TRENDS	Time	Duration
Synopsis:	In 2017, Sara Dykman biked more than 10,000 miles, following the path of the annual Monarch migration. Along her route, she stopped to educate and raise awareness about the beauty and fragility of the butterfly. Dykman joins us this week to teach us about the insect's unique migration patterns across North America and how individuals can help this dwindling species.	15:00	8:23
Host:	Marty Peterson		
Guests:	Lauren Cochrane, senior fashion writer, The Guardian, author, The Ten: How and Why We Wear the Fashion Classics.		
Issues Covered:	Fashion, History, Fashion Trends, Consumerism, Film, Culture, Literature		
Links:	The Guardian - Lauren Cochrane Profile		
	Amazon: The Ten: How any why we wear the fashion classics		
	Vogue: The Story Behind That Little Black Dress Worn by Audrey Hepburn In 'Breakfast At Tiffany's		
	Levi Strauss & Co: We have been innovating since the birth of the blue jean in 1873		
	Lauren Cochrane on Instagram		
CULTURE CRASH:	PIG – STARRING NICHOLAS CAGE	Time	Duration
Synopsis:	We had mixed feelings heading to see the new film, Pig, featuring actor Nicholas Cage. Listen to why this	24:23	2:03
2,	feature film ended up blowing our expectations out of the water.		
Host:	feature film ended up blowing our expectations out of the water. Evan Rook		



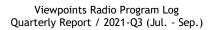
Program 21-32	Writers & Producers: Amirah Zaveri, Bridget Killian & Evan Rook		
Air Week: 5/16/21	Studio Production: Jason Dickey		
SEGMENT 1:	THE PRIVATE SECTOR SPACE RACE	Time	Duration
Synopsis:	The cryptocurrency that started it all, Bitcoin, is now valued at around 1.6 trillion dollars. And in just the last month, another, newer form of crypto, Dogecoin has skyrocketed in popularity across the Internet, sharply driving up the price per token. We explore the fascinating and fast-evolving world of cryptocurrency and the future of traditional financial systems as digital currency gains ground across the globe.	1:47	9:32
Host:	Gary Price		
Guests:	Dr. David Yermack, professor, finance, NYU Stern School of Business		
Issues Covered:	Space Exploration, Travel, Technology, Business, Science, Wealth, History, Tourism		
Links:	TIME: Why Richard Branson's Spaceflight Is a Very Big Deal		
	McKinsey & Company: Wall Street to Mission Control: Can space tourism pay off?		
	twitter: @jeffreykluger		
SEGMENT 2:	THE WOMEN OF THE OLD WEST	Time	Duration
Synopsis:	When most people imagine the early West, they picture wide open landscapes, lawlessness and sweaty men working away in mines and on farms. While this is part of the narrative, the other lesser known side is the unique opportunities the West held for women of the 19th and early 20th centuries. Author Winifred Gallagher joins us this week to share how the ladies of this region fought for greater equality and recognition.	12:11	11:20
Host:	Marty Peterson		
Guests:	Winifred Gallagher, author, New Women in the Old West: From Settlers to Suffragists: An Untold American Story.		
Guests:	Winifred Gallagher, author, New Women in the Old West: From Settlers to Suffragists: An Untold American Story. American History, Women's Rights, Travel, Migration, Marriage, Politics		
Issues Covered:	American History, Women's Rights, Travel, Migration, Marriage, Politics		
Issues Covered:	American History, Women's Rights, Travel, Migration, Marriage, Politics Penguin Random House: New Women in the Old West		
Issues Covered: Links:	American History, Women's Rights, Travel, Migration, Marriage, Politics Penguin Random House: New Women in the Old West PBS: Women of the Wild West TIME: Women and the Myth of the American West		
Issues Covered: Links: CULTURE CRASH:	American History, Women's Rights, Travel, Migration, Marriage, Politics Penguin Random House: New Women in the Old West PBS: Women of the Wild West	Time	Duration
Issues Covered: Links: CULTURE CRASH: Synopsis:	American History, Women's Rights, Travel, Migration, Marriage, Politics Penguin Random House: New Women in the Old West PBS: Women of the Wild West TIME: Women and the Myth of the American West BINGE-WATCHING THE TV DRAMA, "ELITE" "Elite" is a foreign language teenage drama series that does not disappoint. It's edgy, entertaining and fast-paced. The show is now streaming on Netflix with four seasons out and another one on the way.	Time 23:21	Duration 3:05
Issues Covered: Links: CULTURE CRASH:	American History, Women's Rights, Travel, Migration, Marriage, Politics Penguin Random House: New Women in the Old West PBS: Women of the Wild West TIME: Women and the Myth of the American West BINGE-WATCHING THE TV DRAMA, "ELITE" "Elite" is a foreign language teenage drama series that does not disappoint. It's edgy, entertaining and fast-paced.		-



Program 21-33	Writers & Producers: Amirah Zaveri, Bridget Killian & Evan Rook		
Air Week: 8/15/21	Studio Production: Jason Dickey		
SEGMENT 1:	THE LESSONS LEARNED FROM THE PANDEMIC	Time	Duration
Synopsis:	It's that time of year already: back to school. After eighteen months of kids and teens learning remotely or on a hybrid schedule between in-person and remote, millions are returning back to classrooms full-time. While this may change as COVID-19 cases rise due to the Delta variant, for now, many schools are moving forward with plans to welcome students back with the caveat of requiring face masks while indoors. We discuss the highly anticipated return back to class and how some educators have changed their perspectives on learning over the past year.	1:48	10:16
Host:	Gary Price		
Guests:	Colleen Peluso, high school teacher, Valparaiso High School; Ron Chaluisan, former teacher, executive director, Newark Trust for Education.		
Issues Covered:	Education, Teaching, Career, Remote Learning, Parenting, Child Development, Technology, COVID-19 Pandemic		
Links:	TIME: Schools Expected to Leave Virtual Learning Behind in the Fall, but the Delta Variant Is Forcing a Change in Plans		
	<u>NewarkTrust.org</u>		
	Valparaiso High School		
SEGMENT 2:	WHY DOES KETO CONTINUE TO PERSIST	Time	Duration
Synopsis:	Every year it seems like there's a new diet or health trend that captures people's attention. The keto diet, which mainly cuts out carbohydrates, has seen a sustained rise in popularity. Originally used as a treatment for kids with epilepsy, today, thousands of ordinary people follow this regimen as well. This week – we're joined by registered dietician, Kristen Sedler, and two people who tried the keto diet and both had entirely different experiences.	12:55	8:27
Host:	Marty Peterson		
Guests:	Kristen Sedler, registered dietician; Isabelle Fiedler, college student; Carolyn Ketchum, food blogger, cookbook author, Easy Keto Breakfasts.		
Issues Covered:	Diet, Nutrition, Health, Disease, Personal Finance, Cooking		
Links:	Amazon: The Ultimate Guide to Keto Baking: Master All the Best Tricks for Low-Carb Baking Success		
	Amazon: Easy Keto Breakfasts: 60+ Low-Carb Recipes to Jump-Start Your Day		
	Healthline: 10 Health Benefits of Low-Carb and Ketogenic Diets		
CULTURE CRASH:	OUR FAVORITE FILMS OF 2011	Time	Duration
Synopsis:	What were some of the best movies if we rewind back one decade? We highlight some of our top picks from the year 2011, including the documentary, Jiro Dreams of Sushi and the baseball sports hit, Moneyball.	23:21	3:05
Host:	Evan Rook		
Issues Covered:	Culture, Film		



Program 21-34	Writers & Producers: Amirah Zaveri, Scarlett O' Hara & Evan Rook		
Air Week: 5/30/21	Studio Production: Jason Dickey		
SEGMENT 1:	SLUMBERING IN SPACE	Time	Duration
Synopsis:	Have you ever had trouble falling or staying asleep? If you have, you'll know that not getting good rest can have a big impact on how you feel physically and mentally. For astronauts in space, sleeping in a zero-gravity environment surrounded by loud fans, bright lights and cramped quarters can be an issue. We talk through some of the bodily systems behind sleep and how astronauts in space for months on end deal with these challenges.	1:47	8:39
Host:	Gary Price		
Guests:	Dr. Fred Turek, professor, biology, Northwestern University, director, Center for Sleep and Circadian Biology, Northwestern University; Dr. Emmanuel Urquieta, chief medical officer, Translational Research Institute for Space Health, assistant professor, Center for Space Medicine, Baylor College of Medicine.		
Issues Covered:	Space, Biology, Health, Mental Health, Science, Technology, Exploration		
Links:	NASA: Sleeping in Space		
	Wired: The Surprisingly Cozy Truths of Sleeping in Space		
SEGMENT 2:	EIGHTING FOR THE FLITLIRE OF CLEAN WATER	Time	Duration
SEGIVIENT 2:	FIGHTING FOR THE FUTURE OF CLEAN WATER	Time	Duration
Synopsis:	Gold mining has been a lucrative business for many generations. Today, it's still a booming industry with global mining companies expanding into new markets each year. This week – we highlight the incredible story of activists in northern El Salvador who stood up to mining company, OceanaGold and won.	12:27	10:07
Host:	Marty Peterson		
Guests:	John Cavanagh, senior advisor, Institute of Policy Studies, co-author, The Water Defenders: How Ordinary People Saved a Country From Corporate Greed.		
Issues Covered:	Mining, Development, Natural Resources, Corporate Interests, Inequality, Policy, Law, Government, Environment		
Links:	Smithsonian Magazine: The Environmental Disaster That is the Gold Industry		
CULTURE CRASH:	THE POETRY BEHIND THE TUNES	Time	Duration
Synopsis:	We highlight the podcast, Dissect, which takes a look at the poetic lyrics behind some of the biggest songs in rap and hip-hop.	23:33	2:54
Host:	Funa Dank		
	Evan Rook		





Program 21-35	Writers & Producers: Amirah Zaveri, Scarlett O' Hara & Evan Rook		
Air Week: 8/29/21	Studio Production: Jason Dickey		
SEGMENT 1:	THE TALIBAN TAKEOVER: WHAT DOES IT MEAN?	Time	Duration
Synopsis:	The news of the Taliban regaining control of Afghanistan has swept news headlines this month. Hundreds of thousands of Afghan citizens have already fled the country, but how will everyday life change for those who remain? We discuss the precarious situation in the region and the reversal of modern freedoms and economic stability for millions of men, women and children.	1:48	9:42
Host:	Gary Price		
Guests:	Dr. Marvin Weinbaum, director, Afghanistan and Pakistan Studies, Middle East Institute, professor emeritus, political science, University of Illinois at Urbana-Champaign.		
Issues Covered:	International Affairs, Politics, Government, Human Rights, Women's Rights		
Links:	Women for Afghan Women – WAW's Work in Afghanistan		
	ICRC: Donate to Afghanistan		
	Miles 4 Migrants		
	GoFundMe: Women Globally Working to Protect Afghan Women		
SEGMENT 2:	REVISITING THE DEMISE OF THE DINOSAURS	Time	Duration
Synopsis:	There's something special about dinosaurs. These majestic creatures walked the Earth more than 230 million years ago, yet, even today, they capture our wildest imaginations. Most us have heard the familiar narrative that an asteroid collided with Earth and this catastrophic event led to their downfallbut is there more to the story? Would dinosaurs still be around today if the asteroid flew past Earth? This week on Viewpoints.	13:32	8:24
Host:	Marty Peterson		
Guests:	Michael Benton, professor, vertebrate paleontology, University of Bristol.		
Guests:	Michael Benton, professor, vertebrate paleontology, University of Bristol. History, Species Extinction, Paleontology, Science, Climate Change		
Issues Covered:	History, Species Extinction, Paleontology, Science, Climate Change		
Issues Covered: Links:	History, Species Extinction, Paleontology, Science, Climate Change Amazon: Dinosaurs: New Visions of a Lost World Nature World News: Dinosaurs Were Already Dying Off Due to Climate Change Even Before Asteroid Hit		
Issues Covered:	History, Species Extinction, Paleontology, Science, Climate Change <u>Amazon: Dinosaurs: New Visions of a Lost World</u>	Time	Duration
Issues Covered: Links:	History, Species Extinction, Paleontology, Science, Climate Change Amazon: Dinosaurs: New Visions of a Lost World Nature World News: Dinosaurs Were Already Dying Off Due to Climate Change Even Before Asteroid Hit	Time 23:59	Duration 2:28
Issues Covered: Links: CULTURE CRASH:	History, Species Extinction, Paleontology, Science, Climate Change Amazon: Dinosaurs: New Visions of a Lost World Nature World News: Dinosaurs Were Already Dying Off Due to Climate Change Even Before Asteroid Hit FALL READS We discuss some of our favorite non-fiction reads as the weather turns cooler and the season of pumpkin		



Viewpoints Radio Program Log Quarterly Report / 2021-Q3 (Jul. - Sep.)

Program 21-36 Writers & Producers: Amirah Zaveri, Scarlett O' Hara & Evan Rook

Air Week:

Studio Production: Jason Dickey

9/5/21

Synopsis:

SEGMENT 1: ARE YOU ADDICTED TO YOUR PHONE? Time Duration

1:47

13:56

7:54

10:07

The average American checks their phone about 90 times a day, according to a 2019 survey from tech research

firm, Asurion. How often would you say you check? Every hour? Once every 20 minutes? Do you ever panic

when your phone isn't right next to you? This 'attached at the hip' mentality is severely affecting happiness and

quality of life for millions of people. So, what can be done to break this all-consuming cycle? Addiction expert Dr.

Anna Lembke joins us to break down the widespread problem and offer up some solutions.

Gary Price Host:

Dr. Anna Lembke, professor, medical director, addiction medicine, Stanford University School of Medicine, **Guests:**

author, Dopamine Nation: Finding Balance in the Age of Indulgence.

Issues Covered: Mental Health, Health, Technology, Addiction, Happiness, Career, Communication

Links: Amazon: Dopamine Nation: Finding Balance in the Age of Indulgence

SAMHSA

Healthline: Is cell phone addiction really a thing?

Internet and Technology Addicts Anonymous

THE MANY SIDES OF BALLERINO, JAMES WHITESIDE Time Duration

Ballet requires athleticism, artistry and decades of grueling practice. It's an extremely competitive field and few dancers manage to become principal dancers at major theatres. This week on Viewpoints - James Whiteside, a

principal dancer at the American Ballet Theatre, shares his professional ballet journey and what he's learned

about himself along the way.

Host: Marty Peterson

Synopsis:

James Whiteside, principal dancer, American Ballet Theatre, author, Center; A Funny, Sexy, Sad, Almost-**Guests:**

Memoir of a Boy in Ballet.

Career, Dance, Self-Confidence, Performance Arts, Creativity Issues Covered:

ABT: James Whiteside

Instagram: @jamesbwhiteside

The Washington Post: James Whiteside isn't a typical ballet star, and his memoir isn't a typical ballet story

Penguin Random House: Center Center A Funny, Sexy, Sad Almost-Memoir of a Boy In Ballet

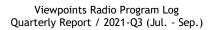
CULTURE CRASH: ARTISTS' SHARED INSPIRATION Time Duration

How do artists find inspiration for a new song on an album, or a new idea for a movie? We discuss how great art 22:50 Synopsis: 3:37

is more interconnected than you may think.

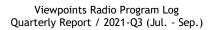
Evan Rook

Issues Covered: Culture, Arts





Program 21-37	Writers & Producers: Amirah Zaveri & Evan Rook		
Air Week: 9/12/21	Studio Production: Jason Dickey		
SEGMENT 1:	CANDID CONVERSATIONS WITH KIDS: GETTING BACK TO SCHOOL	Time	Duration
Synopsis:	The 2021-2022 school year is officially in full swing. But, it's not the return that many were hoping for as COVID-19 cases spread, and outbreaks pop up in classrooms across the U.S. While there are barriers and challenges just like last year, school must go on. We speak with education expert, Julie King, to get some tips on how to navigate the hectic back to school season and how parents can communicate with their kids so they feel heard and supported.	1:47	10:08
Host:	Gary Price		
Guests:	Julie King, parent educator, mother, co-author, How to Talk When Kids Won't Listen: Whining, Fighting, Meltdowns, Defiance, and Other Challenges of Childhood.		
Issues Covered:	Education, Communication, Parenting, Psychology, Health, Child Development, COVID-19 Pandemic		
Links:	CDC: Mental health in childhood means reaching developmental and emotional milestones, and learning healthy social skills and how to cope when there are problems		
	CDC: COVID-19 pandemic: Helping young children and parents transition back to school		
	Amazon: How to Talk When Kids Won't Listen: Whining, Fighting, Meltdowns, Defiance, and Other Challenges of Childhood (The How To Talk Series)		
SEGMENT 2:	THE 20 YEAR ANNIVERSARY OF 9/11	Time	Duration
Synopsis:	'Today, there are many young adults who were mere babies when 9/11 happened. They learn about the terrorist attacks from history books, television segments and documentaries as well as the firsthand stories of people who lived through the experience. Former FDNY Battalion Chief Joseph Pfeifer joins us this week to share his story from that morning. Pfeifer was the first firefighter chief on the scene at the World Trade Center complex and lost his brother, Kevin, who was also a firefighter.	13:57	7:55
Host:	Marty Peterson		
Guests:	Joseph Pfeifer, Former FDNY Battalion Chief, author, Ordinary Heroes: A Memoir of 9/11.		
Issues Covered:	History, Terrorism, Public Service, Trauma, Government, Mental Health		
Links:	Combating Terrorism Center - Chief (Ret.) Joseph Pfeifer		
	Penguin Random House - Ordinary Heroes		
	National Geographic - 9/11: One Day in America		
CULTURE CRASH:	IS THE "DONDA" HYPE REAL?	Time	Duration
Synopsis:	Kanye West just released his latest album, "Donda" late last month. We sift through the hype and offer our take on the new creative release.	22:52	3:34
Host:	Evan Rook		
Issues Covered:	Culture, Music		





Program 21-38	Writers & Producers: Amirah Zaveri & Evan Rook		
Air Week: 9/19/21	Studio Production: Jason Dickey		
SEGMENT 1:	WORKING IN INTENSIFYING HEAT	Time	Duration
Synopsis:	Many Americans stay home and crank up the air conditioning once temperatures reach 80 degrees. Imagine working for hours on end outside in temperatures exceeding 90 or 100 degrees. On top of this, there's little shade, minimal breaks and often not enough water. This is the reality for millions of laborers who work in agriculture, construction and other industries. Why aren't there more legal guidelines protecting these essential workers?	1:47	9:33
Host:	Gary Price		
Guests:	Dr. Rachel Licker, senior climate scientist, Union of Concerned Scientists; Kate Suisman, attorney, Northwest Workers' Justice Project.		
Issues Covered:	Labor, Career, Workers Rights, Health, Agriculture, Construction, Poverty, Climate Change, Environment		
Links:	Union of Concerned Scientists USA - Dr. Rachel Licker		
	More about the Northwest Workers' Justice Project		
	NBC News - Why are workers in the U.S. still dying from heat exhaustion?		
	California Office of Environmental Health Hazard Assessment (OEHHA) - Heat-related mortality and morbidity		
SEGMENT 2:	DESIGNING A GREENER BUILDING LANDSCAPE	Time	Duration
SEGMENT 2: Synopsis:	Constructing a new building requires many resources, from hundreds of hours of labor to thousands of pounds of steel, cement, glass and other building materials. Design consultant Ned Cramer joins us this week to uncover how the industry is utilizing new technology to build more sustainably and lessen waste.	13:22	9:37
	Constructing a new building requires many resources, from hundreds of hours of labor to thousands of pounds of steel, cement, glass and other building materials. Design consultant Ned Cramer joins us this week to uncover		
Synopsis:	Constructing a new building requires many resources, from hundreds of hours of labor to thousands of pounds of steel, cement, glass and other building materials. Design consultant Ned Cramer joins us this week to uncover how the industry is utilizing new technology to build more sustainably and lessen waste.		
Synopsis: Host:	Constructing a new building requires many resources, from hundreds of hours of labor to thousands of pounds of steel, cement, glass and other building materials. Design consultant Ned Cramer joins us this week to uncover how the industry is utilizing new technology to build more sustainably and lessen waste. Marty Peterson		
Synopsis: Host: Guests:	Constructing a new building requires many resources, from hundreds of hours of labor to thousands of pounds of steel, cement, glass and other building materials. Design consultant Ned Cramer joins us this week to uncover how the industry is utilizing new technology to build more sustainably and lessen waste. Marty Peterson Ned Cramer, design consultant, former editor-in-chief, Architect Magazine.		
Synopsis: Host: Guests: Issues Covered:	Constructing a new building requires many resources, from hundreds of hours of labor to thousands of pounds of steel, cement, glass and other building materials. Design consultant Ned Cramer joins us this week to uncover how the industry is utilizing new technology to build more sustainably and lessen waste. Marty Peterson Ned Cramer, design consultant, former editor-in-chief, Architect Magazine. Construction, Sustainable Design, Architecture, Technology, Innovation		
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Synopsis: Host: Guests: Issues Covered: Links:	Constructing a new building requires many resources, from hundreds of hours of labor to thousands of pounds of steel, cement, glass and other building materials. Design consultant Ned Cramer joins us this week to uncover how the industry is utilizing new technology to build more sustainably and lessen waste. Marty Peterson Ned Cramer, design consultant, former editor-in-chief, Architect Magazine. Construction, Sustainable Design, Architecture, Technology, Innovation Architect Magazine - Ned Cramer Editorial - The Climate is Changing. So Must Architecture Ned Cramer's Twitter NETFLIX'S "UNTOLD" SERIES We explore the different focuses of the sports documentary series that highlight the stories of different sports	13:22 Time	9:37 Duration
Synopsis: Host: Guests: Issues Covered: Links: CULTURE CRASH: Synopsis:	Constructing a new building requires many resources, from hundreds of hours of labor to thousands of pounds of steel, cement, glass and other building materials. Design consultant Ned Cramer joins us this week to uncover how the industry is utilizing new technology to build more sustainably and lessen waste. Marty Peterson Ned Cramer, design consultant, former editor-in-chief, Architect Magazine. Construction, Sustainable Design, Architecture, Technology, Innovation Architect Magazine - Ned Cramer Editorial - The Climate is Changing. So Must Architecture Ned Cramer's Twitter NETFLIX'S "UNTOLD" SERIES We explore the different focuses of the sports documentary series that highlight the stories of different sports superstars.	13:22 Time	9:37 Duration





Program 21-39	Writers & Producers: Amirah Zaveri & Evan Rook		
Air Week: 9/26/21	Studio Production: Jason Dickey		
SEGMENT 1:	A DEEPER EXPLANATION OF OCD	Time	Duration
Synopsis:	Like many other mental illnesses, Obsessive Compulsive Disorder (OCD) is often misunderstood and clumped into a stereotypical category. Many people believe that the disorder is just physical behaviors, such as persistent organization, washing one's hands all the time, or checking the lock on the door constantly. But what people don't realize is that OCD is a lot more than just these behavioral actions. David Adam, who has OCD and has extensively studied the disorder, joins us this week to help dispel any myths and preconceived perceptions.	1:47	9:55
Host:	Gary Price		
Guests:	David Adam, freelance journalist, author of The Man Who Couldn't Stop: OCD and the True Story of a Life Lost in Thought.		
Issues Covered:	Health, Mental Illness, Behavioral Health, Health Education, History		
Links:	Obsessive-Compulsive Disorder - National Alliance on Mental Illness (NAMI)		
	How to Find the Right Therapist - International OCD Foundation		
	Man Who Couldn't Stop: OCD and the True Story of a Life Lost in Thought - Available on Amazon		
SECMENT 2.	DIVERSITY DILEMMAS IN ODERA	Time	Duration
SEGMENT 2:	DIVERSITY DILEMMAS IN OPERA	rime	Duration
Synopsis:	Opera is a beloved art form, but its racial history is as flawed as the rest of our culture. We talk to Naomi Andre, a professor at the University of Michigan, about the history of race in opera and how this traditional art form is		
	evolving with the times.	13:44	8:52
Host:	evolving with the times. Marty Peterson	13:44	8:52
Host: Guests:		13:44	8:52
	Marty Peterson	13:44	8:52
Guests:	Marty Peterson Naomi Andre, professor of Afroamerican and African studies, University of Michigan.	13:44	8:52
Guests:	Marty Peterson Naomi Andre, professor of Afroamerican and African studies, University of Michigan. Music, Arts, Performance, Racial Issues, History, Career	13:44	8:52
Guests:	Marty Peterson Naomi Andre, professor of Afroamerican and African studies, University of Michigan. Music, Arts, Performance, Racial Issues, History, Career Naomi André - UM LSA Residential College	13:44	8:52
Guests:	Marty Peterson Naomi Andre, professor of Afroamerican and African studies, University of Michigan. Music, Arts, Performance, Racial Issues, History, Career Naomi André - UM LSA Residential College University of Illinois Press - Naomi André: Black Opera: History, Power, Engagement	13:44 Time	8:52 Duration
Guests: Issues Covered: Links:	Marty Peterson Naomi Andre, professor of Afroamerican and African studies, University of Michigan. Music, Arts, Performance, Racial Issues, History, Career Naomi André - UM LSA Residential College University of Illinois Press - Naomi André: Black Opera: History, Power, Engagement Washington Post - A star opera singer is changing classical music with a radical idea: Listening		
Guests: Issues Covered: Links: CULTURE CRASH:	Marty Peterson Naomi Andre, professor of Afroamerican and African studies, University of Michigan. Music, Arts, Performance, Racial Issues, History, Career Naomi André - UM LSA Residential College University of Illinois Press - Naomi André: Black Opera: History, Power, Engagement Washington Post - A star opera singer is changing classical music with a radical idea: Listening PIVOTING BACK TO THEATRE MOVIE RELEASES Many film lovers have gotten accustomed to watching new movies at home during the pandemic, but is it for the	Time	Duration