

**1st Quarter, 2013 Issues**  
**For Nashville/Middle Tennessee**  
Cumulus Nashville  
WGFX 104.5

Major Issues:

1. Books/Authors/Entertainment: Barbara Dab interviewed authors on a wide range of topics this quarter. Some were local and wrote on local issues and locales. Some wrote on issues ranging from Autism to religion to addiction. She also interviewed artists and entertainers who performed in Nashville
2. Health/Education: Barbara Dab interviewed experts in the field of mental health, addiction and nutrition. These explored the health challenges facing residents of Middle Tennessee. She also interviewed educators and professionals working to increase literacy and to make the schools safer for our students.
3. Non-profit/Social Issues/Legislative/Environment: Barbara Dab interviewed local non-profit leaders. These included animal rights and juvenile justice, volunteerism. She also explored issues like gun control advocacy, climate change and women in the military. She spoke with local congressman Jim Cooper about his "No Budget, No Pay" Act and other legislative issues.

**Zone About Town – January 6, 2013**  
2013  
First Quarter

**Issue:** Entertainment/Music/Fundraising

**Program:**

Barbara Dab interviewed The Prince of Kosher Gospel, Joshua Nelson.

**Format:**

This 30-minute show airs Sunday mornings at 5:30am on 104.5

**Synopsis:**

Gospel music is best known as a Christian genre, with roots in both European and African worship services. It's a far cry from traditional Jewish melodies and Klezmer tunes. But one unique performer has brought these musical traditions together. Joshua Nelson, the self-described Prince of Kosher Gospel, is both African American and Jewish and we talked to him to learn more about his musical influences and how folks in Nashville can have a chance to see him perform live.

**Zone About Town – January 6, 2013**  
2013  
First Quarter

**Issue:** Books/Authors

**Program:**

Barbara Dab interviewed Carol Wallace, author of "To Marry an English Lord"

**Format:**

This 30-minute show airs Sunday mornings at 5:30am on 104.5

**Synopsis:**

Are you a fan of the blockbuster PBS television series "Downton Abbey"? Are you eagerly awaiting the new season? Well, you might be interested to know that the addictive show is actually based on real life people and events. The shows writers took their inspiration from the book "To Marry An English Lord", written by Carol Wallace and Gail McColl. We spoke with Carol Wallace to learn more about the women and men who lived the life of Downton Abbey, for real.

## **Zone About Town – January 13, 2013**

2013

First Quarter

**Issue:** Non-profit/Social Issues

**Program:**

Barbara Dab interviewed Lisa Stetar, founder and Executive Director of Crossroads Campus

**Format:**

This 30-minute show airs Sunday mornings at 5:30am on 104.5

**Synopsis:**

Nashville, like many cities around the nation, is home to a particularly population of young people: those transitioning from foster care or the juvenile justice system. Without parents to guide them, these youth face a life of homeless and poverty. But thanks to a new organization, created by some amazing folks, there is hope. Crossroads Campus aims to pair at-risk youth with homeless dogs and cats from local shelters, to teach them about responsibility, hard work and ultimately love. We spoke with Executive Director, Lisa Stetar, to learn more.

**Zone About Town – January 13, 2013**  
2013  
First Quarter

**Issue:** Books/Authors

**Program:**

Barbara Dab interviewed Nashville native Don Winston, author of "S'wanee: A Paranoid Thriller"

**Format:**

This 30-minute show airs Sunday mornings at 5:30am on 104.5

**Synopsis:**

Just South of Nashville, along the Cumberland Plateau, lies the beautiful college campus of Sewanee. Many notables have passed through the gates, maybe even you. But Nashville native Don Winston, sees things a little bit differently at Sewanee and he's written an eerie new book that turns the place on it's head and may leave you with a sleepless night or two. We spoke with Don about his book "S'wanee: A Paranoid Thriller," to learn more.

## **Zone About Town – January 20, 2013**

2013

First Quarter

**Issue:** Non-profit

**Program:**

Barbara Dab interviewed Neil Bush, Chairman of Points of Light Foundation

**Format:**

This 30-minute show airs Sunday mornings at 5:30am on 104.5

**Synopsis:**

As inauguration Day approaches, so too does another important day in America: Martin Luther King, Jr. Day. President Obama even designated a National Day of Service in his memory to continue the legacy of volunteerism. We spoke with Neil Bush, Chairman of the Points of Light Foundation, founded by his father President George H. W. Bush, to learn about the benefits of volunteering and how you can get into the spirit.

## **Zone About Town – January 20, 2013**

2013

First Quarter

**Issue:** Education

**Program:**

Barbara Dab interviewed Gera Summerford, President of the Tennessee Education Association

**Format:**

This 30-minute show airs Sunday mornings at 5:30am on 104.5

**Synopsis:**

The recent tragedy at Sandy Hook Elementary School has many of us wondering if there is anyplace that is free from gun violence. In fact, the tragedy has amped up the national dialogue around security in our schools and some believe it would be best to put guns right in the classroom. So we called on one of Tennessee's top teachers to find out what **they** think. Gera Summerford, President of the Tennessee Education Association, also shares some of the other issues facing teachers this year.

## **Zone About Town – January 27, 2013**

2013

First Quarter

**Issue:** Mental Health

**Program:**

Barbara Dab interviewed Dr. James Wellborn, clinical psychologist in Brentwood

**Format:**

This 30-minute show airs Sunday mornings at 5:30am on 104.5

**Synopsis:**

Have you made your New Year's resolutions yet? Or have your grand plans already fallen through? Do you wonder why that happens and what you can do to make goals you can stick to? We spoke with Dr. James Wellborn, a clinical psychologist in Brentwood, to learn how you can make sensible goals this year and stick with it.



## **Zone About Town – January 27, 2013**

2013

First Quarter

**Issue:** Social issues/aging

**Program:**

Barbara Dab interviewed Marcy Alboher, author of "The Encore Career Handbook"

**Format:**

This 30-minute show airs Sunday mornings at 5:30am on 104.5

**Synopsis:**

Baby boomers are reaching retirement age but many are choosing to continue working. And, nearly 9 million of these boomers have decided to rethink their careers and shift to something more meaningful. Not only that, the current economy means many people can't retire. It can be overwhelming to decide how to make the change from retirement to rewire-ment. To help, Marcy Alboher has written "The Encore Career Handbook". We spoke with Marcy to learn more.

## **Zone About Town – February 3, 2013**

2013

First Quarter

**Issue:** Legislative update

**Program:**

Barbara Dab interviewed Nashville Congressman Jim Cooper

**Format:**

This 30-minute show airs Sunday mornings at 5:30am on 104.5

**Synopsis:**

This past week the U.S. Military made great strides for equality when it lifted the ban on women in combat. The move was endorsed by both the President and Congress. We spoke with Congressman Jim Cooper from the 5<sup>th</sup> District in Tennessee to discuss the significance of this move. Congressman Cooper also updated us on the President's proposed immigration reforms, and the long-awaited "No Budget, No Pay" Act.

## **Zone About Town – February 3, 2013**

2013

First Quarter

**Issue:** Arts/Non-profit

**Program:**

Barbara Dab interviewed Karen Kwarciak, School and Outreach Coordinatory at Cheekwood Botanical Gardens and Museum.

**Format:**

This 30-minute show airs Sunday mornings at 5:30am on 104.5

**Synopsis:**

There are some talented teen artists in Middle Tennessee and many of them will soon be receiving national recognition. The annual Scholastic Art competition, sponsored by Cheekwood Botanical Gardens and Museum and the Tennessee Credit Union, showcases the work of these young artists. We spoke with Karen Kwarciak, the School and Outreach Coordinator at Cheekwood to learn more.

## **Zone About Town – February 10, 2013**

2013

First Quarter

### **Issue:**

Books/Authors

### **Program:**

Barbara Dab interviewed Caryn Beth Rosenthal and Mary Jane Fahey, authors of "Dumped"

### **Format:**

This 30-minute show airs Sunday mornings at 5:30am on 104.5

### **Synopsis:**

So Valentine's Day is coming up and you don't have a date. Worse yet, you just got dumped. What are you going to do? Yep, the most romantic date on the calendar is for many people just another reason to stress out, get depressed and feel like a failure. But never fear, there's no reason you can't pick yourself up, dust yourself off and throw yourself a party. And to help you with your alternative Valentine's Day two friends, Caryn Beth Rosenthal and Mary Jane Fahey, have written the ultimate post-breakup up Bible, "Dumped". We spoke with these two hilarious gals to get the inside scoop.

## **Zone About Town – February 10, 2013**

2013

First Quarter

**Issue:** Social Issues

**Program:**

Barbara Dab interviewed Kevin Strauss, creator of Familyejournal.com

**Format:**

This 30-minute show airs Sunday mornings at 5:30am on 104.5

**Synopsis:**

Bullying and suicide top the list of challenges facing teens today. Most mainstream parenting authorities say talking to your children is most effective. But in today's world, teen dependency on social media and texting mean talking isn't necessarily the best way to reach them. So what's a parent to do? Well, you can checkout a new website that will have you and your kids communicating like never before. We spoke with Kevin Strauss, creator of "familyejournal" about his unique concept for improving family relationships.

**Zone About Town – February 17, 2013**  
2013  
First Quarter

**Issue:** History/Presidents' Day

**Program:**

Barbara Dab interviewed local attorney and historian, Norma Shirk

**Format:**

This 30-minute show airs Sunday mornings at 5:30am on 104.5

**Synopsis:**

This weekend we commemorate the birthdays of two U.S. Presidents, Washington and Lincoln. Historians say in many ways little has changed since those earlier administrations. We spoke with local attorney and historian Norma Shirk, President of Corporate Compliance Risk Advisors, to get some perspective and to see what's new in the modern presidency.

## **Zone About Town – February 17, 2013**

2013

First Quarter

**Issue:** Books/authors

**Program:**

Barbara Dab interviewed Tosca Lee, author of "Iscariot"

**Format:**

This 30-minute show airs Sunday mornings at 5:30am on 104.5

**Synopsis:**

Many biblical figures have stirred up controversy, but perhaps none more than Judas Iscariot, the reputed betrayer of Jesus. But some say Judas was merely misunderstood. Author Tosca Lee has done extensive research into the life and legacy of Judas and paints a very different picture of a man armed with good intentions that went awry. Tosca was in Nashville this week and we caught up with her to learn more.

**Zone About Town – February 24, 2013**  
2013  
First Quarter

**Issue:** Legislative/Natural resources

**Program:**

Barbara Dab interviewed Scott Slesinger, Legislative Director for the Natural Resources Defense Council

**Format:**

This 30-minute show airs Sunday mornings at 5:30am on 104.5

**Synopsis:**

The fiscal cliff may be behind us, for now, but looming ahead is the across-the-board federal budget cuts known as “the sequester.” Among the programs at stake when the cuts kick in on March 1<sup>st</sup>, are our national parks, clean air and water and wildlife protections. We spoke with Scott Slesinger, Legislative Director for the Natural Resources Defense Council, to learn more.



## **Zone About Town – February 24, 2013**

2013

First Quarter

**Issue:** Education/Literacy

**Program:**

Barbara Dab interviewed Dr. Phil Wenk, CEO and President of Delta Dental of Tennessee

**Format:**

This 30-minute show airs Sunday mornings at 5:30am on 104.5

**Synopsis:**

This week marks the 16<sup>th</sup> Annual "Read Across America Week." Coming to some Nashville schools is the Cat-a-Van, named after Dr. Seuss' famous Cat In The Hat. The program is a partnership with Delta Dental and stresses the importance of good oral health and its link with literacy. We spoke with Dr. Phil Wenk, CEO and President of Delta Dental of Tennessee, to learn more about how you can help your kids get off on the right path towards both.

**Zone About Town – March 3, 2013**

2013

First Quarter

**Issue:** Health/Authors

**Program:**

Barbara Dab interviewed Michael Cartwright, Chairman of American Addiction Centers

**Format:**

This 30-minute show airs Sunday mornings at 5:30am on 104.5

**Synopsis:**

The trend of prescription drug abuse is continuing to rise, and experts say the death toll is now at an epidemic level. We spoke with Michael Cartwright, Chairman of Nashville-based American Addiction Centers, about his own journey through addiction and recovery and his book "Believable Hope."

**Zone About Town – March 3, 2013**  
2013  
First Quarter

**Issue:** Health

**Program:**

Barbara Dab interviewed Stuart Tomc, Global Educator with Nordic Naturals

**Format:**

This 30-minute show airs Sunday mornings at 5:30am on 104.5

**Synopsis:**

We all know there's a connection between poor nutrition and poor health. Scientific studies now tell us there's a connection between poor nutrition and poor mental health. The good news is that many mental conditions like depression, moodiness, aggression and even problems with focus and attention can be improved with better nutrition. We spoke with Stuart Tomc, Global Educator with Nordic Naturals, to learn more.

## **Zone About Town – March 10, 2013**

2013

First Quarter

**Issue:** Health

**Program:**

Barbara Dab interviewed Hannah Curlee, Biggest Loser runnerup

**Format:**

This 30-minute show airs Sunday mornings at 5:30am on 104.5

**Synopsis:**

Middle Tennessee is known for many things, but these days there are a couple getting lots of attention. The first is the obesity epidemic and the other is local participation in reality TV. One local woman embodies both of these trends. Hannah Curlee, runner up on Season 11 of The Biggest Loser, lost over 100 pounds on her way to a healthier life. Along with her sister they are launching a crusade to combat obesity the illnesses it brings. We spoke with Hannah to hear more about her journey.

## **Zone About Town – March 10, 2013**

2013

First Quarter

**Issue:** Gun violence

**Program:**

Barbara Dab interviewed Emmanuel Jal, Human Rights Activist

**Format:**

This 30-minute show airs Sunday mornings at 5:30am on 104.5

**Synopsis:**

Gun violence is not just a local problem, it's a global problem. With two-thirds of the world's countries supporting an Arms Trade Treaty, the human rights organization Amnesty International is urging President Obama to lead the effort to adopt the treaty when talks reopen later this month. We spoke with Emmanuel Jal a former Sudanese child soldier, one of the so-called "Lost Boys", who is now a humanitarian advocate, to learn more.

## **Zone About Town – March 17, 2013**

2013

First Quarter

**Issue:** Social Justice, Non-profit

**Program:**

Barbara Dab interviewed Antoinette Welch, founder of The Hannah Project

**Format:**

This 30-minute show airs Sunday mornings at 5:30am on 104.5

**Synopsis:**

When you hear stories about sex trafficking, you probably assume it's referring to something happening in some faraway, undeveloped country. But although that's often the case, the story could just as easily take place in our own backyard. Nashville's central location puts it at the heart of sex trafficking in the U.S. with thousands of underage girls being brought through our city. Local Assistant District Attorney, Antoinette Welch, is working to help these girls through The Hannah Project, a nonprofit designed to educate them and give them hope. We spoke with Antoinette to learn more.

**Zone About Town – March 17, 2013**  
2013  
First Quarter

**Issue:** Author/Books/Health

**Program:**

Barbara Dab interviewed John Elder Robison, author of "Raising Cubby"

**Format:**

This 30-minute show airs Sunday mornings at 5:30am on 104.5

**Synopsis:**

These days most people know someone who is on the Autism Spectrum or who has Asperger's Syndrome. But until recently, people on the spectrum could go years before they ever knew just why they are different from everyone else. That was the case with author John Elder Robison who didn't learn he had Asperger's until he was 40. In his latest book "Raising Cubby" John chronicles his life as father to a son who also has Asperger's. We spoke with John to learn more about his unique journey through parenthood.

**Zone About Town – March 24, 2013**  
2013  
First Quarter

**Issue:** Environment

**Program:**

Barbara Dab interviewed Keya Chatterjee, Director of Climate Policy at The World Wildlife Fund

**Format:**

This 30-minute show airs Sunday mornings at 5:30am on 104.5

**Synopsis:**

If you were downtown last night, you might have noticed Nashville's skyline going dark long after the sun went down. No, there wasn't a power outage. That was the annual Earth Hour City Challenge and Nashville was one of 29 cities around the world to turn off the lights to help raise awareness about global climate change. We spoke with Keya (Kay-uh) Chatterjee, Director of Climate Policy at the World Wildlife Fund, to learn more about our changing weather patterns and how we can help plan for the future of the planet.



**Zone About Town – March 24, 2013**

2013

First Quarter

**Issue:** Social Justice

**Program:** Barbara Dab interviewed Dr. Lutf Rehman, President of the local chapter of the Ahmadiyya Muslim Community

**Format:**

This 30-minute show airs Sunday mornings at 5:30am on 104.5

**Synopsis:**

Nashville is home to a diverse array of religious traditions and this week, one group made strides toward better understanding of what makes us all different and what ties us together. The local Muslim community launched its "Muhammad Messenger of Peace" campaign to teach people of all backgrounds about the prophet Muhammad. We spoke with Dr. Lutf Rehman (RECH-MAN), President of the local chapter of the Ahmadiyya (ACH-MAD-EEYA) Muslim Community, to learn more.