

➤ **Madeline McNeil, Market Programs Coordinator for BBB Middle TN & Southern KY**

- BBB Integrity Foundation
 - what the foundation is
 - the programs the foundation offers
- BBB Torch Award for Ethics awards program (www.bbbintegrityfoundation.org/torch-awards)
 - What the program is all about
 - Eligibility/Criteria for the program
 - How businesses can apply
 - How the community can nominate a business
 - What the benefit of applying is
 - Who to contact if they have questions
- 2021 BBB Torch Award for Ethics winners
 - Who they are

Learn more:

Facebook: @bbbMidtnSouthky

Twitter: @BBBMidTN

Website: BBB.org

Other: www.BBBIntegrityFoundation.org

➤ **Elizabeth Evans, Founder and CEO of Elizabeth Evans Custom Homes and E2 Roofing. Colonel, U.S. Army**

I will rely on you for what you'd like me to talk about but I'm always happy to talk about veterans in construction and roofing and how we structured our company to employ veterans in service to our community.

Learn more:

<https://www.e2roofingnashville.com/>

<https://www.e2roofingjax.com/>

<https://www.eecustomhomes.com/>

➤ **Marc Wolfe, Founder and Chief Thought Provoker, Marc A. Wolfe Enterprises**

Marc A. Wolfe is invited to be the guide for his corporate and individual clients so they become the leaders they were created to be. Their transformation is a result of seeing problems in a new way and being inspired to create solutions that allow them to see around corners and over the horizon. As an ICF certified executive coach, author and consultant Marc helps turn conversations into business outcomes.

For decades as an entrepreneur and strategist, Marc's career started by taking photographs of a US President and best-selling authors, to working with the NY Giants, then building an Apple-focused international support company before there was an iPod. Marc has consistently provided perspective and insights to both US and global companies in healthcare (BD, Columbia Univ, Tufts Health Plan), retail (Tiffany & Co), financial/legal (State Street Bank, Bone McAllester Norton), technology (Synnex), non-profit (Goodwill, Nashville Area Chamber), hospitality (Choice Hotels Owners Council), Manufacturing (GAF) and media/entertainment (CNBC, Turner) industries. Marc has been a guest columnist for Forbes.com as well as writing articles for other national publications. Marc has been selected as an INC5000 Executive Coach, as well as a master facilitator for the Marshall Goldsmith MG100 Leaders Live. He provides virtual and in-person workshops and keynotes to audiences that want to be engaged and come away with the knowledge that immediately helps them and their teams. He is also the author of the upcoming book called "Yeah, but...How to Leave Excuses And Alibis Behind". Marc and his family live outside of Nashville, TN, their forever home.

Concepts Marc likes to discuss:

- Too many great ideas are either never explored or disappear when undervalued employees resign.
- Today's business is more dynamic, Innovation is more complex, People are more complicated.
- With all the things that have changed, some fundamentals cannot be overlooked

In a world of constant change, it's becoming even more difficult for leaders to pick the right change at the precise time. Marc helps leaders overcome the barriers to change so they can "see around corners and far down the horizon". Marc's unique approach to leadership and purpose uncovers the key obstacles affecting individual and team performance and guides them to become the leaders they were created to be.

What highlights about your journey would you like to share?

- The first one in my family to go to college.
- I see opportunities in life that often get overlooked like getting a college Internship with the NY Giants, becoming a Press photographer, and capturing the spirit and essence of personalities like (George HW Bush, Al Gore, Jesse Jackson, Rev Al Sharpton, Arnold Schwarzenegger) starting an exclusively Apple computer consulting firm (which grew to serve Fortune 500 clients in 18 states and 3 countries) and becoming an authorized Apple dealer in the 1990s (before there were iPhone or even an iPod). Then realizing it was all about relationships and listening to what people want to accomplish and very little about technology.

What challenges and struggles did you face along your journey?

- It was Fall a few decades ago when I was in a New Jersey public grade school. I was asked, as a 4th grader to leave that school because of my natural desire to ask questions and help others see things differently. My teacher saw me talking with other students and thought I was giving them answers when, in fact, I was actually helping them understand the lesson. I would ask other students questions and reframe the lessons so they could gain a better understanding. But because teachers didn't like me doing this, I was asked to leave the class. I was considered a "disruption" yet I received A's. The teacher was later also asked to leave but that was for lack of engagement. I guess I was coaching even back then.

What was a turning point in your journey when you knew you would make it?

- Meeting my wife in 1991 and then having two daughters helped me see that there was more to life than just work.
- Seeing that what I was doing at 9 years old (providing a different perspective on a problem so it could be solved faster) was what I was created for. My passion and purpose are to help leaders to entrust others with the knowledge and skills to lead others better.

Who has influenced you most in your life?

- My dad gave me perspective, which you might not expect from a four-pack of unfiltered cigarette smoking guy who was 5'2" and couldn't see over a crowd. He would tell me "Be confident and act like you belong"
- But it was My mom who was my earliest influence. As a child of blue-collar parents who had no money but also got divorced when I was 7, I am amazed at what length my mom went to so I could be educated and achieve more than our situation would dictate. She had jobs in daycare, as a waitress, and ultimately in foodservice. It was thanks to her tenacity that I was able to attend college and graduate. She showed me how to work hard, not complain, and serve others. To this day, my 90-year-old 100% Italian mom, who moved to TN right after we did, is still independent, cooks every meal from scratch, and feeds the workers where she lives.
- One of my first bosses. He showed me how you can build loyalty as you take a genuine interest in people's lives. Early in my career, I think I was 24, and my now wife Laura and I were going to an event that required that I wear a tuxedo. So, when my boss asked me what my plans were for the weekend, I told him about the event, and he said go buy a tux and send me the bill. I was thinking, why would you do that? And what I learned was that he saw value in me and didn't want me to leave when I learned that I could be earning more than he was paying me somewhere else.

What questions would you like me to ask that highlight what you are currently doing?

- "How does someone know they are undervalued?"
 - Being a leader doesn't automatically give you unbounded confidence and complete fearlessness. What it should provide is perspective and an understanding that there are abilities and talents that you have that you are so comfortable and familiar with that you overlook these thinking "everyone must know how to do or see that."
 - Seek out someone who doesn't just blindly praise you but challenges you to see yourself from a different perspective. Think of it as an outsider who can be radically candid with you and help you see where

you are with the way you act, how you show up at work, how you lead, how you present yourself in different situations.

- People don't have a lot of extra time; how do they find time to work with you?
 - Imagine if you don't change anything but keep working on the same things and doing it the same way. It's not sustainable, we see it not only with the great resignation but with employee burnout. Working with a coach actually provides you with more time by helping you reevaluate why you do it and how you want to do it. You get to see it differently and then choose how to do it. A coach is a guide.
- What kind of clients are the most successful after working with you?
 - Clients who are driven and know there is a more effective way to grow to the next level in their career and want perspective and input to act on.
 - The clients who are most successful with coaching are those who either are no longer being challenged with their work and skills or feel stuck or undervalued because they know they can be doing more.
 - Also, those that are realizing that wasting time is wasting life and want too more now. They want to embrace the "what if"
- How does a client decide they need an executive coach?
 - Are you tired of being slammed with work but not fully engaged in what is produced?
 - Has what you do no longer align with who you are? You find your career has become a job and you do it only for the money?
 - Do you have ideas and plans for your organization, and they don't get executed or even heard?
 - Have you read different books, listen to numerous podcasts, and still can't reach that target you set? "There are so many executive coaches and consultants out there who want to 'help' leaders have greater success. What makes you different?"
 - I went through the same struggles many of my clients have gone through. Being uncertain of what my place was in business, feeling like an outsider, thinking that what I offered clients wasn't what they wanted, being unsure of what the future will look like.
 - I realized from that 4th-grade experience that I took a different approach than the adult who led that class. What I did was listen to the problem that we were asked to solve and then I listened to where my peers were stuck and then help them see where they were and what the path was to a solution.
 - Through prayer and seeing how each step of my journey was not wasted time but is a passion that I now use to help executives see their own value and desire to be the person, they were created to be. Think of it as You 2.0
 - 50% of my clients are women. And when I asked them why they chose me, they said it was because I asked them questions and challenged them like no one else has in their life. So I said, "So I treated you differently not because of your gender but as someone who wanted to do more and be more so I did what you asked me to do, be a guide on your journey? And they said, "That's it!"
 - I had to unlearn and then relearn. What people say about you either to your face, on social media, or behind your back can give you energy in one moment and take you to despair in the next one.
 - As an entrepreneur, I learned how to run multiple businesses, as a strategic advisor I learned how to research and provide insights corporations could execute on, as a keynote speaker and workshop facilitator I learned how to listen to people's needs and then explain it in plain language so it can be communicated clearly and effectively and as an executive coach I get the honor of asking questions and listening to the clients gain clarity by helping them see how they can own their transformation.
- Is your coaching for executives only?
 - Coaching is for anyone who wants to turn conversations into outcomes. Be it a leader or a team, too often people are stuck on would, should, and could. Clients who engage the right coach will help you "get the should out of there."
 - The results are better and faster when I work with the executive and their team. It allows for a view to see how the leader communicates and what the team hears. It goes back to your learning style. What was the instructor asking that the different personalities in the class understood differently? By working with a leader and their team and asking questions and getting insights that the leader would never hear directly. We bridge the communication gap.
 - You don't need a title to be a leader, when coaching individuals, I help them see that other employees watch what they do, and similar to raising kids, more is caught than taught. So you need to be aware that what you create is a culture.
- How long can one expect to be coached?

- That depends on the objective. I have clients who need certain results. For example, I worked with a very successful company, and they asked me to work with one newer division that was underperforming. By speaking to the division leader, we quickly determined that they had the skillset, they had teamwork, they just didn't have the broad exposure, and processes in place. We first coached the leader on communication skills, worked with them to reintroduce their offerings to the whole company. We then did some corporate strategy to help with client education, understanding their ideal client, and improved pricing. The results were a 450% revenue growth in year one. They continued to grow each quarter even during the pandemic.
- I also have clients who want a short-term outcome due to a situation like a merger. They want to help their team transition, get up to speed with the changes, and make sure that the communication flows to and from the team to the leadership. What they want is for everyone to be heard and not feel like they are undervalued due to the massive changes. That work produces much smoother transitions and increases retention.
- Most clients work with me for 6-12 months, then I have clients who renew as I am free because they make a multiplier of their investment. And by the way, what they learn, they get to keep and use over and over in this role and even their next one. It's a partnership that moves from coaching to consulting when they continue to see growth and an engaged workforce.

Is coaching expensive?

- Many of my clients don't take the time to invest in themselves. So for many of them, this is the first time, they or their team had a coach that invested back in them. Life is expensive. We have the most often undervalued resource, which is time. When coaching can save you time to see things differently through a new perspective, get unstuck faster, and love the life you are living, why wouldn't you do it? Once we discuss a desire for change, My question to them is "if not me then who should you work with, and if not now, then when?"
- The gains they receive are in areas inside and outside of business. Clients have gone back to running marathons while being coached, though I'm not a health coach, they have enhanced their relationship with their spouse, even though I am not a counselor, they have changed careers, even though I am not a career coach. See, as a coach, you define what the endgame is and what you want to do each step of the way.

What books would you recommend?

- Atomic Habits by James Clear
- Radical Candor by Kim Scott
- The Innovator's Dilemma by Clay Christensen
- "Yeah...But" by Marc A Wolfe.

- This is my upcoming book that helps people see the lies we tell ourselves that keep us from becoming the person we were created to be. It provides insight that we are the ones that are holding us back and what to do about it.

Connect with me on LinkedIn <https://www.linkedin.com/in/marcwolfe>

Visit my website to sign up for resources <https://www.marcawolfe.com/>

• **Dr. Paris Love CEO - Paris Love Productivity Institute, LLC**

- Our new initiative is helping our military veterans get organized and clutter-free. We are currently working on a campaign to raise money so that we can travel the US helping military veteran women and their families with disorganization.
- Have to manage life in the new normal?
- What are some tips to maximize the hours in my day?

Learn more:

Facebook: <https://www.facebook.com/1ParisLove>

Twitter: <https://protect-us.mimecast.com/s/AWPuCpYRDKfzI78XHDYsA2>

Website: <https://www.drparislove.com>

LinkedIn: <https://www.linkedin.com/in/parislove/>

• **Susannah Fotopolos (*fuh-tahp-uh-luhs*), Founder & Executive Director – Plant the Seed**

A local nonprofit whose mission is to inspire and empower young people to effect meaningful change in their lives through hands-on learning in school and community gardens.

- Inspiration for founding Plant the Seed
- Benefits of school gardens
- The Big Payback - day of giving help us rebound after COVID

Learn more:

Facebook: [@planththeseed](https://www.facebook.com/planththeseed)

Twitter: [planththeseedtn](https://twitter.com/planththeseedtn)

Website: <https://planththeseed.org/>

Instagram: [@planththeseedtn](https://www.instagram.com/planththeseedtn)

➤ **Mike Duffy, founder of The Happiness Hall of Fame and Author**

Host Andrew Bartolotta talks with Mike Duffy, founder of The Happiness Hall of Fame and Author of five books on happiness including: The Happiness Book: A Positive Guide To Happiness! The Happiness Book For Men, The Happiness Book For Kids Volumes I & II and The Happiness Book For Little Christians about how you can gain greater happiness and joy in your life.

During the interview, Mike discusses how purpose and progress equals happiness, starting The Happiness Hall Of Fame recognizing, encouraging and celebrating people that make other people happy, and the power of forgiveness.

Learn more about Mike Duffy here: <https://mikeduffyspeaks.com/>

Learn more about The Happiness Hall of Fame here: <http://happinesshalloffame.com/index.html>

➤ **Shana Berkeley, Executive Director – Corner to Corner**

- Black Businesses in Nashville
- Entrepreneurship
- How Business owners can be involved
- Graduation- May 17th

Learn more:

Facebook: [cornertocornernashville.org](https://www.facebook.com/cornertocornernashville.org)

Twitter: [@cornertocorner](https://twitter.com/cornertocorner)

Website: [cornertocorner.org](https://www.cornertocorner.org)

➤ **Carol Lloyd, University of Memphis Spirit Coordinator & Head Dance Coach for Memphis Pom**

- History of MPDT (MPDT stands for Memphis Pom Dream Team)
 - The dynasty (when it started and who coached, how the team set the bar for college dance teams when competitions started)
 - Your background going from athlete to coach
 - How it came to be a sport / the evolution of the sport
- Female athletes
 - Scholarships we offer
 - What it takes to be on this team
- Impact on the University and the community
- The empowered women that have come through the program
 - How this program prepares them for their future as leaders

Learn more:

Website: <https://gotigersgo.com/>

➤ **John and Mark X. Cronin, founders of John's Crazy Socks**

Host **Andrew Bartolotta** talks to **John and Mark X. Cronin**, founders of **John's Crazy Socks**, a father-son venture inspired by co-founder John Lee Cronin, a young man with Down syndrome. John's affinity for crazy socks paired with his love of making people smile made their mission clear: they want to spread happiness and boy do they!

During the interview John and Mark share their love of giving back, becoming the world's largest sock shop, their connection with the later former President George H.W. Bush and his family, and tips for entrepreneurs and business owners to master quality customer service.

To learn more and purchase your socks:

Website: <https://johnscrazysocks.com/>

Facebook: <https://www.facebook.com/johnscrazysocks>

Twitter: <https://twitter.com/JohnsCrazySocks>

Instagram: <https://www.instagram.com/johnscrazysocks/>

YouTube: <https://www.youtube.com/c/Johnscrazysocks/>

TikTok: <https://www.tiktok.com/@johnscrazysocks>

➤ **Ellen Messerly, Community Engagement Coordinator for The Land Trust for Tennessee**

The mission.

For 20 years, The Land Trust for Tennessee has worked in partnership with landowners and communities across the state to protect land important to the people of Tennessee. From family farms and historic landscapes, to public parks and forests spanning thousands of acres, the work of The Land Trust has a lasting impact on people and places. The work of The Land Trust for Tennessee is supported through the generosity of individuals, corporations, and foundations.

The Land Trust's Glen Leven Farm

10 minutes south of downtown Nashville, you'll find The Land Trust for Tennessee's Glen Leven Farm. This year, you're invited to explore the historic urban farm's 64 acres on the second Saturday of each month (not regularly open to the public).

From the nature trail to the honeybee sanctuary, there's always something new to see. Use the field guide to take a self-guided hike or check out the new family-friendly activity each month to learn more about Nashville's unique landscape and history. Young explorers can take a StoryWalk through the arboretum and around the historic home as a tale unfolds page by page in a children's book. And don't forget to say hi to the miniature donkeys!

May Nature Hike | Sat, May 14, 2022, 9:00 AM – 1:00 PM CDT

Registration link: [May Nature Hikes at Glen Leven Farm Registration, Sat, May 14, 2022 at 9:00 AM | Eventbrite](#)

For our May event, the historic home will be open to visitors from 9 a.m. to 1 p.m. CT. Our Resident Historian will be offering a guided tour at 10 a.m. CT

Learn more:

Facebook: [The Land Trust for Tennessee | Facebook](#)

Twitter: [The Land Trust for TN \(@LandTrustTN\) / Twitter](#)

Website: [Homepage - The Land Trust For Tennessee | The Land Trust For Tennessee \(landtrusttn.org\)](#)

Other: [The Land Trust For Tennessee \(@landtrusttn\) • Instagram photos and videos](#)

➤ **Chris Hope, Executive Director of the Chris Hope Foundation**

Host Jeremy C. Park talks with **Chris Hope**, Executive Director of the **Chris Hope Foundation**, who shares the story of launching the foundation and discusses their mission and efforts to touch lives, empower families, and fight back against childhood cancer and other life-threatening illnesses. The Chris Hope Foundation is a nonprofit organization providing financial and social support services to families of children diagnosed with pediatric cancer and other childhood illnesses. Since 2015, the Chris Hope Foundation has helped more than 3,000 families. During the interview, Chris talks about the different ways the foundation is helping children and families, its growing impact, feedback from the families supported, and ways to get involved and support their efforts. Chris also talks about balancing his full-time job with volunteering to lead the organization, why giving back is so important, and why the best time to give and focus on making a difference in the lives of others is NOW.

Visit www.chrishopefoundation.org to learn more.

Facebook: <https://www.facebook.com/chrishopefoundation/>

Twitter: <https://twitter.com/chrishopeftn>

LinkedIn: <https://www.linkedin.com/company/chrishopefoundation/>

➤ **Steve Fredlund, founder of Small Small Business and TEDx Speaker**

Host **Andrew Bartolotta** sits down with **Steve Fredlund**, founder of **Small Small Business** and TEDx Speaker, to talk about the backbone of happiness, default driven leadership, and what “stop leading like you’re choosing toothpaste” means.

About Steve Fredlund:

Steve Fredlund spent 25 years in Fortune 500 companies including Medtronic, 3M, Thrivent Financial and Allianz; he has an MBA and is a fellow of the society of actuaries.

Three years ago he started Small Small Business, where he and his team provide entrepreneurs, small business owners and nonprofit leaders with a level of support usually only available to larger organizations.

Steve has an overlapping 20 years of nonprofit leadership experience including 6 boards of directors and leading a community-wide effort to transform a community in northern Rwanda.

Learn more about Small Small Business here: <https://smallsmallbusiness.com/>

➤ **Lynn Schroeder, Development Director – Bridges Domestic Violence Center**

Founded in 1998 by Linda Crockett, an 8th generation Franklinite.

Only domestic violence shelter in Williamson County

Mission is to serve women, men and their children affected by domestic violence, ensuring a safe transition to successful independent living through education, intervention, and case management.

24/7/365 Hotline 615-599-5777

We offer a Crisis Intervention team, double shifts of Case Managers, a Court Advocate for assistance with Orders of Protection, a Children's advocate to act as a liaison between parents and school administrators, an Outreach Advocate for support groups in both English and Spanish, a Transitional Housing Advocate to assist those leaving our emergency shelter in finding affordable housing, a pet shelter on the premises so the family pet can come to safety with the family, and a Batterer's Intervention Program which is usually court ordered.

We hold 2 fundraisers a year. Our upcoming Golf Scramble May 16, 2022 at Temple Hills Country Club is our second biggest fundraiser of the year. Please gather a team, enjoy of day out with lunch, dinner and many prizes in support of our mission. Our largest fundraiser of the year is our Annual Jokers & Jackpots Gala which will be held November 5, 2022 at the Embassy Suites in Cool Springs and is a fun night of casino games, dinner, entertainment and a silent auction.

Learn more:

Facebook: @Bridgesdvc

Twitter: @Bridgesdvc

Website: www.bridgesdvc.org

Instagram: @Bridgesdvc

➤ **Michael Lucas, Owner & President – Lucas Motorworks, Welding & Fabrication**

- From storage unit to commercial building, quick overview on Lucas MWF evolution. Motorcycles to party buses?
- How becoming a "Yes" person introduced tribulations to service quality and how commitments to customers/work product are paramount.
- What makes the Lucas MWF team different? Welders versus fabricators. Hybrid fabricators? What does this mean?

Learn more:

Website: www.lucas-motorworks.com

Facebook: <https://www.facebook.com/LucasMotorworks/>

➤ **Dr. William Attaway**

Host **Andrew Bartolotta** sits down with leadership coach, Lead Pastor, and author of *Catalytic Leadership*, **Dr. William Attaway**, to discuss personal leadership growth plans, how his older daughter's cancer diagnosis impacted his family, faith, and leadership; as well as how we can be conduits instead of reservoirs of what we've learned and experienced from others.

Receive a free copy of his book, *Catalytic Leadership* here: <https://www.catalyticleadershipbook.com/>

➤ **Melissa Smithson, Business Development & Marketing Manager – DWC Construction**

- 75 years in Nashville as a GC
- Our culture which has made us successful:
 - 5 time Top Workplace
 - 5 time Most admired CEO
- Why choose DWC

Learn more:

LinkedIn: <https://www.linkedin.com/company/dwc-construction-co--inc/>

Facebook: <https://www.facebook.com/DWC.Construction>

Instagram: <https://www.instagram.com/dwcinc1947/>

Twitter: https://twitter.com/DWC_Cares

Website: <https://dwcinteriors.com/>

➤ **Dan Bird, Owner/President - The Dan Company**

Host Jeremy C. Park talks with **Matt Lyles**, a former Fortune 100 brand strategy lead – turned speaker, author, brand and customer experience consultant, and host of the **SIMPLE brand podcast**, who highlights the power of simplicity and shares his six key SIMPLE behaviors to help transform your organization’s experience and develop loyal customers, employees, volunteers and donors. As Matt points out, it doesn’t matter if your organization is B2C, B2B, for-profit or nonprofit, people have high expectations for the organizations they support. The winning brands provide them with one things that most others aren’t – simplicity. During the interview, Matt shares helpful recommendations and examples, talks about where to start, and also highlights his upcoming book, SIMPLE brand, which will be released in January 2023.

Visit <https://www.mattlyles.com/citycurrent> to learn more and to *download a free copy of his SIMPLE Playbook*.

➤ **Cory Ross, Producer - Lighthouse Immersive**

- The story behind the immersive exhibits. How did it start? How many tickets have been sold throughout North America.
- Why Nashville? You’re in approximately 20 cities with other exhibits, in addition to Immersive Van Gogh, what made you choose Nashville as a key city for the exhibit.
- Tell us about the venue itself. It’s stunning. What other activities, exhibits, projects can Nashville expect to see happening?

Learn more:

Facebook: <https://www.facebook.com/vangoghnashville/>

Instagram: <https://www.instagram.com/vangoghnvl/>

Website: <https://www.nashvillevangogh.com/>

➤ **Amanda Herdina, Founder – heART Studios**

- Community can get involved by being a part of our monthly workshops with the kids either by showcasing their artistic talents or volunteering to be a room monitor.
- We are always seeking donations. We are looking for monthly givers, one-time donors, and event sponsors.
- We will be releasing our event schedule soon! Our goal is to host a showcase a month leading up to December where the kids will have a chance to share with the community the work they've been doing!

Learn more:

Facebook: [heartstudiosorg](#)

Instagram: [heartstudiosorg](#)

Website: www.heartstudios.org

➤ **Gail Powell, Executive Director – High Hopes for Kids**

➤ **Allen Long, incoming Executive Director beginning June 6**

High Hopes Development Center was established in 1984 by five Middle Tennessee families who recognized their children's needs were not being met in local preschools. Each of these families had a child with a special need or chronic disease and they found themselves driving to several locations weekly to receive all of the necessary therapy services. High Hopes is the marriage of an Inclusive Preschool and a Pediatric Therapy Clinic at one location that makes High Hopes Development Center truly unique and tremendously effective. High Hopes is the only organization to incorporate this unique model in Williamson County and is one of few like it in the nation.

- Explain the 36-year history of the important mission of High Hopes
- Explain the programming that we provide for 1,000 children with and without special needs from 20 Middle Tennessee Counties each year
- Really introduce Allen Long – He is a rock star!

Learn more:

Website: <https://www.highhopesforkids.org/>

Facebook: <https://www.facebook.com/highhopeskids>

Twitter: <https://twitter.com/HighHopesKids>

➤ **Annie Youngblood, Board President, East Nashville Hope Exchange**

- WHAT: Provide background on the organization and what we do, including providing a no-cost 6-week summer program for rising kindergarten through 5th graders, which focuses on strengthening literacy levels and helping students engage with their community in a meaningful way. We also have a school year program with monthly family engagement events, tutoring, and reading buddies to engage our families for the entire year (not just in the summer)
- WHY: We operate under the premise that literacy is a social justice issue. I have some stats I can share about this but consider that 2/3 of students who cannot read proficiently by the end of 4th grade will end up in jail or welfare. COVID has made this all so much worse, and really disproportionately impacts minority children and those from low-income households
- HOW YOU CAN HELP: We are always looking for donations and volunteers, and I can share a number of ways listeners can support our work

Learn more:

Facebook: <https://www.facebook.com/EastNashvilleHopeExchange>

Twitter: <https://twitter.com/EastNHE>

Website: <http://www.enhopeexchange.org/>

Instagram: <https://www.instagram.com/eastnhe/>

➤ **Eric Higgs, CEO – Boys & Girls Clubs of Middle TN**

- Talk about our vision of DUB100BY2026. We plan to double the number of youth served and have 100% ready for a great future.
- Talk about our new initiatives that support this vision - Code Academy & Teen Industry clubs
- Summer is here so we shift our hours to 7a- 6p with exciting programming across Middle TN.

Learn more:

Facebook: <https://www.facebook.com/BGCMidTN>

Twitter: <https://twitter.com/BGCMidTN>

Website: <https://bgcmt.org/>

LinkedIn: <https://www.linkedin.com/company/bgcmidtn/>

➤ **Elizabeth Graham Pistole, President – Dancing Diva and Dudes**

Our Mission Statement:

The mission at the Dancing Divas and Dudes is to not only provide opportunities for our team members but to also show society the value and ability of individuals with special needs. The Dancing Divas and Dudes play a crucial role in erasing the stigma that individuals with special needs take away from society, and proving they contribute.

The Dancing Divas and Dudes was started in Nashville as the first nonprofit dance team for individuals with special needs. Each team member has the opportunity to grow physically, mentally, and emotionally at practices while learning a variety of dance genres.

Our programs (what season and teams we have, our most recent events and plans for the future of our programming)

Current volunteer needs: social media coordinator, board members, and practice buddy

Current initiatives: we are already preparing for next season- signups for the season come out July 1st, 2022. If you know someone that would be interested, we would love to connect with them.

Learn more:

Website: <https://dancingdivasanddudes.org/>

Facebook: <https://www.facebook.com/dancingdivasanddudes/>

Instagram: <https://www.instagram.com/dancingdivasanddudes/>

➤ **Frederick Gonzalez, Communications and Outreach Manager – Harpeth Conservancy**

➤ **Grace Stranch, COO & VP**

- Our vision is clean water and healthy ecosystems for rivers in Tennessee championed by the people who live here. And our goal is to restore and protect the rivers here in Tennessee by employing scientific expertise and collaborative relationships that develop, promote and support broad community stewardship and action.
 - Over 60% of Tennessee residents rely on waterways for their drinking water but over 50% of waterways assessed by the state do not meet water quality standards.
 - This is happening as a result of agriculture runoff, sewer plant, pet and animal waste, commercial and industrial waste, habitat degradation, erosion, poor yard and garden practices, etc.
 - Impermeable ground cover from rapid development exacerbates these problems and causes more runoff and waste to enter our rivers.
 - Tennessee and the greater Southeastern US is the 3rd most aquatic biodiverse region in the world. Tennessee is home to the Duck River, the most biodiverse river in North America.

- What we hope for is that, through our work alongside the communities that inhabit middle Tennessee, we can protect rivers for current and future residents and wildlife.
- Middle Tennessee will continue to grow—it is estimated to gain 1 million new residents over the next 10 years. Harpeth Conservancy is not opposed to all development and wants to accommodate those who come to appreciate this beautiful part of the country; however, we do want to ensure that development is planned and executed in a sustainable way by taking into consideration the long-term effects rather than focusing on short term gains whether financial or otherwise.
- Some of our recent focus has been in the policy and science realm
 - We provided information to the Tennessee legislature regarding the proposed removal of zoning around filling quarries in Tennessee and worked with the community around this issue. This bill was filed to facilitate the fill of the McCrory Quarry near Bellevue but would have had statewide implications. The McCrory Quarry is connected to the State Scenic Harpeth River through groundwater and is less than 400 feet away from river itself. Any contamination of the quarry could easily lead to contamination of the Harpeth. There were also additional considerations around community safety, traffic, and visitation of a nearby Veteran’s cemetery.
 - Another issue we worked on were the rezoning and development proposals on Brownland Farm in Franklin. The proposal involved dramatically changing 50% or more of the property that is in a natural floodplain to maximize development without improving any flooding hazards on Hillsboro Road. We provided expertise that explained the public safety risk from flooding in this uniquely challenging bend in the Harpeth that is surrounded by floodwaters. With this info and community members and leaders’ support, the rezoning proposal was unanimously rejected.
 - Our science director, Dr. Ryan Jackwood is currently developing a real-time water quality monitoring system to track and report *E. coli* levels in various sections of Richland Creek, Harpeth River, and Mill Creek. Essentially this will function as a “weather app” type platform that will forecast levels of *E. coli* for residents to assess how safe the water is to swim on a given day. This system will provide daily forecasts for *E. coli* at a variety of locations so the public can make informed decisions about where and when our rivers are safe for recreation, which will lower the health risk to residents.
- How to get involved:
 - Harpeth Conservancy hosts frequent outreach and education events that are free, open to the public, and provide fun and educational activities related to river health and importance. Some of our previous events include guided hikes, fish and macroinvertebrate identification, sustainable gardening practices, and wildlife photography. One we want to highlight is our annual Family Fun Day in Franklin. The event will take place on Saturday, June 18 with two sessions from 11am-1pm and 1pm-3pm. Another event is our annual fundraiser party, River Swing, which will take place on September 17

Learn more:

Facebook: <https://www.facebook.com/HarpethRiver>

Twitter: <https://twitter.com/theharpethriver>

Website: <http://harpethconservancy.org/>

LinkedIn: <https://www.linkedin.com/company/harpethconservancy/>

➤ **Dr. Phil Wenk, President and CEO - Delta Dental of Tennessee**

➤ **Jeff McCormick, Senior Director of Stewardship - Interfaith Dental**

- Addressing the dental needs of all Tennesseans with recent approval of governor's budget including adult TennCare enrollees, pregnant women, other unmet dental needs, and services. In addition, there are dollars budgeted for year 1 of a 5-year pilot to address the dental deserts across the state, including increasing class size for both dental schools in the state and creating incentives to encourage young dentists to practice in these deserts.
- The importance a healthy smile can make in someone's life and Delta Dental's commitment to this work through nonprofit charities like Interfaith Dental
- Interfaith Dental's commitment to create a healthier community by providing transformational oral health care for those experiencing poverty in Middle TN---- over 2,700 patients and 12,000 patient visits with a market value of over 6.5 million dollars last year. Almost 2 million dollars of a 4-million-dollar budget is raised through charitable dollars – corporations, individuals, foundations, support the mission to make a difference in someone's life.
- Friday June 10th is the annual Tom Murphy Golf Classic which benefits Interfaith Dental – held at Gaylord Springs Golf Links. You can still sign up to attend this scramble golf tournament. www.interfaithdental.com/golf

Learn more:

Facebook: [deltadentaltn / interfaithdental](https://www.facebook.com/deltadentaltn/)

Twitter: [DeltaDentalTN / IntrafaithDental](https://twitter.com/DeltaDentalTN/)

Website: www.deltadentaltn.com / www.interfaithdental.com

Instagram: [DeltaDentalTN / InterfaithDental](https://www.instagram.com/DeltaDentalTN/)

➤ **Bryan Eagle, CEO and Co-Founder of Glanris**

Host Jeremy C. Park talks with **Bryan Eagle**, CEO and Co-Founder of **Glanris**, which makes a filter that effectively filters both metal and organic contaminants from water, and the filter itself is made from the world's largest agricultural waste product, rice hulls. During the interview, Bryan talks about where the idea originated and how the business was launched, how the technology and process works, the wide range of applications from residential to municipal to industrial, and how it plays an important role in protecting our environment. The technology was recently declared Net CO2 Negative, and Bryan discusses why that is important and how it ties in with carbon credits and manufacturing. He also talks about what lies ahead for the company, and how everyone can play a role in being more eco-friendly.

Visit www.glanris.com to learn more.

Facebook: <https://www.facebook.com/glanris>

Twitter: <https://twitter.com/glanris>

LinkedIn: <https://www.linkedin.com/company/glanris/>

➤ **Kendra Littlejohn, Owner - Organized By Kendra**

Host Andrew Bartolotta sits down with Kendra Littlejohn, owner of Organized By Kendra, a full-service professional organization and styling company dedicated to creating solutions that help you reclaim your space and live life at ease.

During the interview, Kendra shares tips to organize your spaces, how to curate what you have in a more meaningful way and aspire for your home to be a place of calmness and joy.

Learn more at <https://www.organizedbykendra.com/>

• **Sacred Walker, Founding CEO - Kuumba Health International Coaching Institute**

Mental Health Therapist, Mind Body Health Coach, Stress Relief To Success Strategist, and Personal Empowerment & Transformation Coach

- How to know when your body has had enough?
- Fun ways to spend time with loved ones, balancing making power moves and things that bring pleasure
- Ways mindfulness outdoors can recharge your mind and improve your life
- How nature can teach us to honor our authentic self, and in turn shining positively impacts our bottom line

Learn more:

Facebook: www.facebook.com/asksacred

Instagram: www.instagram.com/asksacred

Website: www.sacredwalker.net

Other: www.linkedin.com/in/sacredwalker

➤ **Joshua Cannon and Barrett Kutas, Directors with Studio One Four Three**

Host Jeremy C. Park talks with **Joshua Cannon** and **Barrett Kutas**, Directors with **Studio One Four Three**, who spotlight the documentary they are currently working on, which is focused on telling the story of the band, **Colour Revolt**. Throughout the 2000's, Colour Revolt inspired musicians and bands throughout the indie rock community. Though the Mississippi-based band only put out three albums, their influence still ripples through the music community to this day. When Colour Revolt disbanded, they did so quietly, without a word to their fans. There has been curiosity, and lore, around what came of the band, and each of their members, ever since. That's where the film picks up – in their lives today, exploring what it looks like to build a life from dreams that didn't go as planned. During the interview, Joshua and Barrett talk about their ties to the music and film industry and how they were personally inspired and influenced by Colour Revolt. They discuss the documentary and some of the key topics and important societal themes it centers around, and how the community can join in the effort to help them produce the film through a project donation to The Gotham Film & Media Institute, a nonprofit dedicated to finding and developing projects that shape the future of story.

Email Joshua for more information at joshua@onefourthree.co or Barrett at barrett@onefourthree.co.

Visit <https://fiscal.thegotham.org/project...> to make a contribution to the film through the nonprofit, The Gotham Film & Media Institute.

➤ **Sheryl Anjanette, Author of *The Imposter Lies Within***

Host **Andrew Bartolotta** sits down with **Sheryl Anjanette**, Author of *The Imposter Lies Within*, podcast host, international speaker, thought leader and trainer on the topics of Imposter Syndrome, Burnout and Peak Performance.

During the interview, Sheryl shares tips to help individuals and organizations overcome the debilitating effects of imposter syndrome which includes 7 ways imposter syndrome can be showing up in our lives, and talks about the Imposter Syndrome Quiz you can take on her website to dive-in to understanding if and how imposter syndrome is showing up for you and be provided with with some techniques you can do right away to help.

Learn more, take the quiz, and purchase her book: <https://www.sherylanjanette.com/>

➤ **Mindy Tate, Executive Director – Franklin Tomorrow**

- Franklin Tomorrow is a community visioning and engagement organization founded more than 20 years ago by business and community leaders. Today its mission is to engage the community, foster collaboration, and advocate for a shared vision for the future of Franklin. Through our programs and research, we believe the citizens have told us they want Franklin to be a city with a robust economy, vibrant neighborhoods, distinct character, and great people.
- We have had several significant achievements through the organization and in partnership with other organizations, including the City of Franklin. In 2020, the City of Franklin was named an All-America City by the National Civic League in a joint partnership with Franklin. Only 10 cities achieve this honor annually and this award was given for civic engagement work by the City and Franklin Tomorrow.
- Franklin Tomorrow engages those who live, work, and play in our community through a series of ongoing programs such as the monthly FrankTalks lecture series and the quarterly Breakfast With the Mayors. FrankTalks is held the second Monday of the month at various locations across the City and BWM is held at Rolling Hills Community Church with Williamson County Mayor Rogers Anderson and Franklin Mayor Ken Moore acting as hosts.
- The next FrankTalks will be July 11, while the next Breakfast With the Mayors is July 26. At Breakfast With the Mayors we will hear from Williamson County Schools Director Jason Golden and Franklin Special School District Director of Schools David Snowden on the coming school year and the challenges which lie ahead.
- While our 20th anniversary was in 2020, the pandemic stopped us from celebrating that, but on July 30, we will host our "22 in '22" anniversary celebration at The Factory at Franklin.
- Mayor Ken Moore's mental health initiative, Find Hope Franklin. We coordinate classes in suicide prevention training known as QPR, which stands for Question Persuade Refer. It offers insight into how to interact with someone who may be facing a mental health crisis and persuade them to seek treatment.

Learn more:

Facebook: <https://www.facebook.com/FranklinTomorrowInc/>

twitter: <https://twitter.com/franklin2morrow>

Website: <https://franklintomorrow.org/>

Other: <https://www.linkedin.com/company/franklin-tomorrow-inc./about/>

➤ **Jenny Williamson, author of three books and Founder and CEO of Courage Worldwide**

Host Jeremy C. Park talks with Jenny Williamson, author of three books and Founder and CEO of Courage Worldwide, who shares the story of what led her to launch the international nonprofit that builds homes for children rescued out of sex trafficking.

During the interview, Jenny talks about the power of saying “yes” to a calling and finding your purpose, shares words of encouragement for where to start on your own journey, and highlights the efforts and impact of Courage Worldwide. She also discusses her books, including “Do You Have the Courage to be You?” and “Uniquely You” and talks about some of the important themes and takeaways. Throughout the interview, Jenny shares many ways you can get involved not only in their efforts with Courage Worldwide, but in fighting human trafficking, supporting youth, and making a difference in your local community.

Visit <http://courageworldwide.org> to learn more.

➤ **Memphis Botanic Garden’s Olivia Wall and Gina Harris**

Host **Andrew Bartolotta** sits down with **Memphis Botanic Garden’s Olivia Wall** and **Gina Harris** to discuss the upcoming Alice’s Adventures at the Garden Exhibit, Summer Camps, and Radians Amphitheater’s Live at the Garden Concert Series.

Learn more here: www.membg.org

➤ **Daniel Bird, Owner, and President of The Dan Company**

- Benefits for our employees and how our business model is different from other companies. We focus on renovations only.
- Our business model also includes work of various scopes from handyman jobs to full home remodels. We pride ourselves in delivering high quality work and helping out members of our community with whatever is needed to improve their homes.
- Dan is an active volunteer for 4:13 Strong - guest speaker once a month and brings dinner once a month to the guys in the program. It's an awesome program which benefits men who are at-risk.

Learn more:

Facebook: @thedancompany

Twitter: @dancompanyllc

Website: dancompany.net

Other: LinkedIn - The Dan Company

➤ **Cindy Siler, CEO – Mercy Community Healthcare**

➤ **Dr. Don Gibson, Chief Medical Officer – Mercy Community Healthcare**

- Mission. Mercy exists to reflect the love and compassion of Jesus Christ by providing excellent healthcare to ALL and support to their families.
- Mercy's Integrated Care Model = Body + Mind + Spirit with mental health being a key focus. How this model works at Mercy.
- Patients served at Mercy. Regardless of insurance status, every person is welcome at Mercy. We care for the needs of the community and welcome TennCare (Medicaid), CoverKids, Medicare and most commercial insurance plans. Mercy has a sliding scale self-pay program for under and uninsured.
- Mercy is a Federally Qualified Health Center (FQHC) – Details about being a Community Health Center and what that means.
- New building project
- Upcoming Events: Franklin Classic is September 5 and Fall Dinner is November 11.

Learn more:

Facebook: Mercy Community Healthcare

Instagram: [mercycommunityhealthcare](https://www.instagram.com/mercycommunityhealthcare)

Twitter: @MercyInFranklin

MercyTN.Org

➤ **Allen Clark on photography, the lost art of doing one thing well, and The Photo Untaken Podcast**

Host Andrew Bartolotta talks with **Allen Clark**, commercial and advertising **photographer** based in Nashville, Tennessee. Allen is consistently rated one of the best photographers in the country. His work can be seen on music packaging, magazines, and countless celebrity and Fortune 500 company websites. With over 25 years of experience in photography, Allen has traveled the world doing what he has described as his dream job.

Over his career, Allen has photographed several celebrities including two US presidents, two knights, a host of famous musicians, producers, writers, actors, politicians, and what he likes to call, "everyday hardworking people"

During the interview, Allen talks about the lost art of doing one thing well, his podcast "The Photo Untaken", and fun stories about photographing celebrities and Presidents.

Learn more about Allen here: <https://www.allenclarkphotography.com/>



Quarterly Report of Compliancy Issues & Programs List 2022-Q2 (April - June) Viewpoints Radio

- Addiction & Addiction Treatment
- Adolescent Health
- Agriculture
- Architecture
- Arts
- Business & Business Management
- Career
- Charitable Giving
- Child Development
- Climate Change
- Climate Science
- Commerce
- Communication
- Conflict
- Consumerism
- Culture
- Disease
- Economy
- Economics
- Education
- Endangered Species
- Energy Production
- Entrepreneurship
- Environment
- Epidemiology
- Equality
- Fair Wages
- Farming
- Fashion
- Film
- Finance
- Food & Food Production
- Gaming
- Generational Inequality
- Global Issues
- Global Trade
- Government
- Health
- Higher Education
- History
- Hobby
- Home Improvement
- Human Resources
- Humanitarian Aid
- Immigration
- Inequality
- Information Technology
- Labor Rights & Labor Relations
- Land Development
- Language
- Law
- Literature
- Manufacturing
- Media
- Medical Research
- Mental Health
- Mining
- Motherhood
- Music
- Natural Resources
- Ocean Science
- Opioid Epidemic
- Parenting
- Personal Finance
- Personal Growth & Development
- Politics
- Pollution
- Poverty
- Professional Development
- Psychiatry
- Psychology
- Public Health
- Public Service
- Refugee Crisis
- Relationships
- Science
- Social Media
- Streaming
- Sustainability
- Technology
- Tourism
- Travel
- TV
- Urban Planning
- War
- Wealth Inequality
- Wildlife Protection
- Workers' Rights

Program 22-14**Air Date:** 4/3/22**Executive Producer:** Amirah Zaveri**Production Manager:** Jason Dickey**SEGMENT 1: RETHINKING WORK****Time:** 1:47**Duration:** 10:49

Synopsis: As the pandemic winds down and millions get back to a more normal routine, some employers are mandating for workers to return to the traditional office environment. But – some are pushing back, wondering why it's necessary to go back in if they can do the same tasks from home. Dr. Lynda Gratton breaks down how work has been forever changed by COVID-19 and the new models and technology that have taken hold instead of the traditional, in-person Monday-Friday routine.

Host: Gary Price**Producer:** Amirah Zaveri

Guests: Lynda Gratton, professor, management practice, London Business School; author of Redesigning Work: How to Transform Your Organization and Make Hybrid Work for Everyone.

Compliance issues: Career, Business Management, Human Resources, Technology

Links for more info:

[Lynda Gratton | London Business School](#)

[Lynda Gratton \(@lyndagrattton\) / Twitter](#)

[Why It's So Hard to Keep and Recruit Employees Right Now](#)

[Goldman Sachs wants workers in office 5 days a week and other companies could follow – CNBC](#)

SEGMENT 2: THE COMMUNICATION SIGNALS WE SEND**Time:** 14:38**Duration:** 9:48

Synopsis: All the signals we send, from the words we use to the gestures we make, form an impression on the people we interact with every day. Human behavior research Vanessa Van Edwards joins us this week to share some insight on the many different signal cues out there and how to put them into use to improve your communication skills.

Host: Marty Peterson**Producer:** Amirah Zaveri

Guests: Vanessa Van Edwards, human behavior researcher, author of Cues: Master the Secret Language of Charismatic Communication

Compliance issues: Language, Relationships, Psychology, Communication

Links for more info:

[Cues by Vanessa Van Edwards | PenguinRandomHouse.com: Books](#)

[Vanessa Van Edwards \(@vvanedwards\) / Twitter](#)

CULTURE CRASH: THE END OF BETTER CALL SAUL**Time:** 24:26**Duration:** 2:00**Synopsis:** Better Call Saul starring actor Bob Odenkirk is coming to an end after six seasons. We discuss how the spinoff of Breaking Bad carved out a name for itself with a strong storyline and stellar performances.**Host:** Evan Rook**Producer:** Evan Rook**Compliance issues:** TV, Culture

Program 22-15**Air Date:** 4/10/22**Executive Producer:** Amirah Zaveri**Production Manager:** Jason Dickey**SEGMENT 1: EXPLORING INNOVATIONS IN ADDICTION TREATMENT****Time:** 1:47**Duration:** 10:25

Synopsis: In the U.S., current overdose deaths of heroin, fentanyl and prescription opioids have increased over six times from rates seen in 1999, according to the CDC. With the opioid epidemic raging on into 2022, what's on the forefront of treatment research when it comes to better tackling substance use disorders? Dr. Anna Rose Childress, a professor and psychiatrist at the University of Pennsylvania Perelman School of Medicine, joins us this week to break down the decades-long epidemic, the challenges of treating addiction and share some new innovations in clinical research.

Host: Gary Price**Producer:** Amirah Zaveri

Guests: Dr. Anna Rose Childress, research professor, Department of Psychiatry, University of Pennsylvania Perelman School of Medicine, director, brain behavioral vulnerabilities division, Center for Studies on Addiction, University of Pennsylvania Perelman School of Medicine

Compliance issues: Science, Addiction, Mental Health, Opioid Epidemic, Addiction Treatment, Medical Research

Links for more info:

[Anna Rose Childress | Faculty | Department of Psychiatry | Perelman School of Medicine at the University of Pennsylvania](#)

[SAMHSA](#)

[FindTreatment.gov](#)

SEGMENT 2: THE EARLY HISTORY OF THE KENNEDY'S**Time:** 14:14**Duration:** 9:27

Synopsis: Many would argue that the Kennedy family is an American cultural and political dynasty. From former President John F. Kennedy to past Kennedy's that have served as senators, ambassadors and in other high-ranking government positions, the name today still signifies power and prestige. However, go back just three generations from JFK and the Kennedy's were poor, Irish refugees who had just arrived on the shores of America. This week – we discuss this historic ascent from rags to riches.

Host: Marty Peterson**Producer:** Amirah Zaveri

Guests: Neal Thompson, journalist, author of *The First Kennedy's: The Humble Roots of an American Dynasty*

Compliance issues: Government, Public Service, Career, History, Media, Immigration, Politics

Links for more info:

[Neal Thompson](#)

[Neal Thompson \(@nealthompson\) / Twitter](#)

[The First Kennedys: The Humble Roots of an American Dynasty Kindle Edition](#)

[A Rise to Prominence: John F. Kennedy's Paternal Lineage \(US National Park Service\)](#)

CULTURE CRASH: THE RETURN OF VINYL RECORDS

Time: 24:42

Duration: 1:45

Synopsis: In recent years, vinyl's have been making a big comeback. We discuss how old and new music alike is being played on this old musical medium.

Host: Evan Rook

Producer: Evan Rook

Compliance issues: Music, History, Culture

Program 22-16**Air Date:** 4/17/22**Executive Producer:** Amirah Zaveri**Production Manager:** Jason Dickey**SEGMENT 1: THE REFUGEE CRISIS: FINDING HELP AMIDST CONFLICT****Time:** 1:47**Duration:** 9:17

Synopsis: As of early April, Russia's invasion of Ukraine has displaced more than 4.2 million refugees, according to UNICEF. And the residents of Ukraine are not the only people who've become refugees due to war, persecution and natural disaster. On Viewpoints this week – we discuss the importance of helping migrants who need support in getting to safety and finding shelter, education, and more.

Host: Gary Price**Producer:** Amirah Zaveri**Guests:** Joe English, spokesperson, UNICEF; Diane Padilla, executive director, Miles 4 Migrants**Compliance issues:** Conflict, Charitable Giving, War, Global Issues, Humanitarian Aid, Refugee Crisis**Links for more info:**[UNICEF](#)[Miles4Migrants](#)[UNHCR](#)[How the war in Ukraine compares to other refugee crises | The Economist](#)**SEGMENT 2: A HISTORY OF FABRIC****Time:** 13:06**Duration:** 10:20

Synopsis: These days, it seems like the blouse or sweater that was bought last season has already disintegrated. When did quality-made clothes disappear, and the rise of new, cheaper fabrics take hold in the U.S.? Author Sofi Thanhauser joins us this week to shed some light on how the garment industry got to where it is today.

Host: Marty Peterson**Producer:** Polly Hansen**Guests:** Sofi Thanhauser, author of *Worn: A People's History of Clothing***Compliance issues:** Fashion Trends, Fashion, Consumerism, Environment, Workers' Rights, History, Manufacturing**Links for more info:**[Worn: A People's History of Clothing: Thanhauser, Sofi: 9781524748395: Amazon.com](#)[Investors Love Fast-Fashion Shein — at Least For Now](#)[A Long History of Exploitation in the Cotton Industry – The New York Times](#)

CULTURE CRASH: THE SCI-FI FILM GENRE**Time:** 24:26**Duration:** 2:00**Synopsis:** From “Interstellar” to “Solaris”, we love a good sci-fi movie that transports us to a new dimension and time. We highlight some of our favorites and why the genre continues to be popular.**Host:** Evan Rook**Producer:** Evan Rook**Compliance issues:** Film, Culture

Program 22-17**Air Date:** 4/24/22**Executive Producer:** Amirah Zaveri**Production Manager:** Jason Dickey**SEGMENT 1: SAVING CORAL REEFS****Time:** 1:47**Duration:** 10:56

Synopsis: Coral reefs are home to 25% of all marine life – approximately 800,000 species. But these vibrant, colorful landscapes are more than just a home for life; coral reefs are animals themselves. Two ocean experts join us this week to share some interesting facts about these unique creatures and why people should care about their declining existence.

Host: Gary Price**Producer:** Amirah Zaveri

Guests: Dr. Helen Fox, conservation science director, Coral Reef Alliance; Dr. Juli Berwald, ocean expert, author of *Life on the Rocks: Building a Future for Coral Reefs*

Compliance issues: Climate Change, Ocean Science, Climate Science, Endangered Species, Environment

Links for more info:

[Life on the Rocks: Building a Future for Coral Reefs Hardcover – April 5, 2022](#)

[Juli Berwald](#)

[The Race to Rebuild the World's Coral Reefs | WIRED](#)

[Are corals animals or plants?](#)

SEGMENT 2: NEW YORK CITY: A NATIONAL TREASURE**Time:** 14:45**Duration:** 8:27

Synopsis: New York City is home to more than 8.4 million people. For many, the Big Apple is seen as the center of the universe; it's the most populous city in the U.S. and is a must-see destination for billions across the globe. But the metropolis is much more than its typical stereotypes. Look a little closer and you'll find many hidden gems throughout the city. Tour guide and author Laurie Lewis joins Viewpoints to shed some light on the stories behind some of the city's most famous buildings and parks.

Host: Marty Peterson**Producer:** Amirah Zaveri

Guests: Laurie Lewis, tour guide, owner, Take a Walk New York Tours, author of *New York City Firsts: Big Apple Innovations That Changed the Nation and the World*

Compliance issues: Urban Planning, Tourism, Architecture, Environment, History

Links for more info:

[NYC tours that are beyond the standard fare, – TAKE A WALK NEW YORK](#)

[New York City Firsts – By Laurie Lewis \(paperback\): Target](#)

The 40 Best New York City Landmarks to Visit

CULTURE CRASH: THE MANY MULTIVERSES

Time: 24:12

Duration: 2:11

Synopsis: This week on Culture Crash: we break down the new release from A24 in theaters now, titled Everything Everywhere All At Once.

Host: Evan Rook

Producer: Evan Rook

Compliance issues: Film, Culture

Program 22-18**Air Date:** 5/1/22**Executive Producer:** Amirah Zaveri**Production Manager:** Jason Dickey**SEGMENT 1: THE IMPORTANCE OF SEEKING OUT MENTORS****Time:** 1:47**Duration:** 7:37

Synopsis: There's truth in the saying that the people you surround yourself with heavily impact your life. It alters the decisions you make and the goals and aspirations you set. That's why it's so important to find people who are invested in your success. We speak with two career and mentorship experts this week to break down the many benefits of mentorship and how to go about finding the right person for you.

Host: Gary Price**Producer:** Amirah Zaveri

Guests: Minda Harts, CEO, The Memo LLC, author of *You Are More Than Magic: The Black and Brown Girls' Guide to Finding Your Voice*; Abigail Ingram, executive director, The Polsky Exchange, University of Chicago

Compliance issues: Professional Development, Personal Growth and Development, Communication, Career

Links for more info:

[What's the Right Way to Find a Mentor?](#)

[Find a Mentor. Search for a Local Program](#)

[Polsky Exchange – Polsky Center for Entrepreneurship and Innovation](#)

SEGMENT 2: THE POST-PANDEMIC PUSH TO UNIONIZE**Time:** 11:26**Duration:** 12:05

Synopsis: What does Amazon, Apple, Kellogg and Starbucks all have in common? Workers at locations within these brands have unionized or are in the process of voting whether to form a union. Across the board, in various sectors, there seems to be a continuous stream of personnel calling a strike or moving to unionize. What's behind this big labor movement? What defines a union? We answer these questions and more this week on Viewpoints.

Host: Marty Peterson**Producer:** Amirah Zaveri

Guests: Mason Boykin, shift supervisor, Starbucks, Jacksonville, Florida; Daisy Pitkin, union organizer, Workers United, author of *On the Line: A Story of Class, Solidarity and Two Women's Epic Fight to Build a Union*

Compliance issues: Labor Relations, Wealth Inequality, Labor Rights, Business, Workers' Rights

Links for more info:

[Daisy Pitkin – Workman Publishing](#)

[Daisy Pitkin \(@daisypitkin\) / Twitter](#)

[Workers United](#)

[Starbucks Workers United](#)

[Employer/Union Rights and Obligations | National Labor Relations Board](#)

CULTURE CRASH: THE MID-TIER MOVIES

Time: 24:31

Duration: 1:57

Synopsis: We highlight some of the movies that aren't quite worthy of an Oscar nomination but are still entertaining and worth the watch.

Host: Evan Rook

Producer: Evan Rook

Compliance issues: Culture, Film

Program 22-19**Air Date:** 5/8/22**Executive Producer:** Amirah Zaveri**Production Manager:** Jason Dickey**SEGMENT 1: THE ADOLESCENT MENTAL HEALTH CRISIS****Time:** 1:48**Duration:** 10:52

Synopsis: Between 2001 and 2019, suicide rates for young people ages 10 to 19 jumped 40%. Between the same period, emergency room visits for self-harm increased 88%, according to the CDC. The pandemic has only exacerbated these numbers. What's driving this increase? What are experts in the field seeing firsthand? This week on Viewpoints.

Host: Gary Price**Producer:** Amirah Zaveri

Guests: Dr. John MacDonald, middle school guidance counselor, Brockton Public Schools; Dr. Mary Helen Immordino-Yang, professor, education, psychology, neuroscience, University of Southern California, director, USC Center for Affective Neuroscience, Development, Learning and Education

Compliance issues: Education, Mental Health, Psychiatry, Adolescent Health, Psychology**Links for more info:**

[NIMH » Digital Shareables on Child and Adolescent Mental Health](#)
[Mental Health Resources For Adolescents and Young Adults – SAHM](#)
[Resources – The Youth Mental Health Project](#)
[Find a Therapist, Psychologist, Counselor – Psychology Today](#)

SEGMENT 2: THE CONTINUED GLOBAL INTAKE OF RUSSIA'S DIAMONDS**Time:** 14:42**Duration:** 7:37

Synopsis: Russia is a major exporter of diamonds, with the country supplying one-third of the world's diamonds. This is a notable amount as the large Russian diamond company, Alrosa has direct ties to the Russian government. This week – we cover the global diamond trade and what more needs to be done to ensure that the global diamond business is not funding Russia's invasion of Ukraine.

Host: Marty Peterson**Producer:** Kristen Farrah

Guests: Ian Smillie, conflict diamonds expert, international development consultant

Compliance issues: Law, Natural Resources, Commerce, Mining, Global Trade, War, Finance**Links for more info:**

[The Guardian – Major jewellers to cease buying Russian origin diamonds](#)
[Ban On Russian Diamonds Has Major Loophole. Congress Is Moving To Close It.](#)

Crisis in Ukraine | UNICEF USA

CULTURE CRASH: THE LAST OF US & THE LAST OF US PART II

Time: 23:19

Duration: 3:05

Synopsis: The Last of Us and The Last of Us Part II both have intricate storylines set in a post-zombie apocalypse world that makes for adventurous and exciting gameplay. We dive into the creative development that sets this game apart.

Host: Evan Rook

Producer: Evan Rook

Compliance issues: Gaming, Culture

Program 22-20**Air Date:** 5/15/22**Executive Producer:** Amirah Zaveri**Production Manager:** Jason Dickey**SEGMENT 1: THE HIGHER EDUCATION CONUNDRUM****Time:** 1:48**Duration:** 12:26

Synopsis: Regretting that bachelor's degree in archaeology? Or still chipping away at \$50,000 in student loans from that private university? This week – we talk about why more young people aren't given greater direction when it comes to choosing post-secondary schooling. Two higher education experts join us to talk through some of the challenges facing programs and how students can make a more informed and cost-effective choice.

Host: Gary Price**Producer:** Amirah Zaveri

Guests: Dr. Deb Geller, higher education expert, former associate dean of students, University of California – Los Angeles; Dr. Anthony Carnevale, research professor, director, Center on Education and the Workforce, Georgetown University

Compliance issues: Wealth, Personal Finance, Government, Career, Higher Education**Links for more info:**[College Scorecard](#)[Inside elite transfer admissions: From community college to U-Va. – Washington Post](#)[40,000 Student Loan Borrowers Will Get 'Immediate Debt Cancellation' Automatically — But Questions Remain – Forbes](#)**SEGMENT 2: THE FUTURE OF ETHANOL****Time:** 16:16**Duration:** 7:05

Synopsis: Each year, more than 91 million acres of corn are planted across the country. Currently, 40 percent of this harvest is refined into ethanol. This biofuel is a key additive in the gas that powers our cars and reduces greenhouse gas emissions. But with electric cars gaining popularity – how long will this massive ethanol market survive? How are producers making this process more environmentally friendly?

Host: Marty Peterson**Producer:** Polly Hansen

Guests: Robert Turner, organic farmer, author of *Lewis Mumford and the Food Fighters: A Food Revolution in America*; Ron Lamberty, senior vice president, chief marketing officer, American Coalition for Ethanol; Chris Hill, director, environment and permitting, Summit Carbon Solutions

Compliance issues: Global Trade, Energy Production, Economics, Science, Technology, Farming, Agriculture

Links for more info:

[The future of ethanol in America's energy market – Farm and Dairy](#)
[Summit Carbon Solutions](#)

CULTURE CRASH: PROUD OF POP

Time: 24:21

Duration: 2:06

Synopsis: Ashamed to blare pop music while driving? Us too. Why does the genre often get such a bad rep? We highlight some of the musicians that are prominent within pop.

Host: Evan Rook

Producer: Evan Rook

Compliance issues: Culture, Music

Program 22-21**Air Date:** 5/22/22**Executive Producer:** Amirah Zaveri**Production Manager:** Jason Dickey**SEGMENT 1: MASKING UP PAST COVID****Time:** 1:47**Duration:** 10:51

Synopsis: Wondering what to do with all those face masks you've accumulated over the past two years? Well, these face coverings are good for more than just protecting against COVID-19. Long before the pandemic, millions of people in countries across East Asia were accustomed to wearing a mask when they had a cold, it was peak flu season or just in a crowded space. We speak with two experts about the future of face masks in the U.S.

Host: Gary Price**Producer:** Amirah Zaveri

Guests: Doctor William Jankowiak, professor, anthropology, University of Nevada – Las Vegas; Dr. Linsey Marr, professor, civil and environmental engineering, Virginia Tech

Compliance issues: History, Epidemiology, Public Health, Disease, Government

Links for more info:

[Flu Cases Decline Dramatically This Season](#)

[Will We Wear Face Masks Forever?](#)

[Why Face Masks Are Encouraged in Asia, but Shunned in the US | Time](#)

SEGMENT 2: AMERICA'S CULTURAL TIES WITH FAST FOOD**Time:** 14:40**Duration:** 8:54

Synopsis: Most of us point to McDonald's as the founding of fast food as we know it. But the American staple began nearly a hundred years ago with two chains, White Castle and A&W. We speak with Adam Chandler, journalist and author of Drive-Thru Dreams: A Journey Through the Heart of America's Fast-Food Kingdom about the events that fed into the rapid rise of the fast-food industry and how different chains are fighting to stay present and on-trend in today's competitive restaurant landscape.

Host: Marty Peterson**Producer:** Amirah Zaveri

Guests: Adam Chandler, journalist, author of Drive-Thru Dreams: A Journey Through the Heart of America's Fast-Food Kingdom

Compliance issues: Food Culture, Business, Culture, History, Health

Links for more info:

[What McDonald's Does Right](#)

Drive-Thru Dreams: A Journey Through the Heart of America's Fast-Food Kingdom: Chandler, Adam

CULTURE CRASH: A LONG-AWAITED SEQUEL TO "TOP GUN"

Time: 24:34

Duration: 1:53

Synopsis: Almost 40 years later, there's a sequel to the popular classic, "Top Gun". This time it's "Top Gun: Maverick" and still features Tom Cruise, but he's joined by an entourage of other well-known names in Hollywood. We discuss this highly anticipated theater release.

Host: Evan Rook

Producer: Evan Rook

Compliance issues: Film, Culture

Program 22-22**Air Date:** 5/29/22**Executive Producer:** Amirah Zaveri**Production Manager:** Jason Dickey**SEGMENT 1: JUMPING JOBS IN 2022****Time:** 1:47**Duration:** 9:37

Synopsis: In 2021, more than 40 million Americans left their jobs. Many of these people left their current roles for greener pastures. We analyze how the pandemic changed mindsets on work and discuss some strategies that people who are looking to switch jobs can use.

Host: Gary Price**Producer:** Amirah Zaveri

Guests: Jeremy Schifeling, career expert, director, consumer and product marketing, Khan Academy, author of *Linked: Conquer LinkedIn. Get Your Dream Job. Own Your Future*

Compliance issues: Personal Growth and Development, Social Media, Personal Finance, Technology, Career, Economy

Links for more info:

[Jeremy Schifeling / Twitter](#)

[Linked: Conquer LinkedIn. Get Your Dream Job. Own Your Future. Kindle Edition](#)

[What Gen Z and millennials want from employers amid Great Resignation](#)

SEGMENT 2: SUPPORTING U.S. FARMERS**Time:** 13:26**Duration:** 9:13

Synopsis: The pandemic exposed the fragility of our global food system and just how much we rely on the many components that make up the food supply chain. At the height of the pandemic, when there were numerous food production and shipping delays, farmers across the U.S. stepped up and contributed to their local food supply. With domestic farms declining, America is extremely reliant on foreign shipments. We discuss the many challenges farmers are facing and the barriers to entry in agriculture.

Host: Marty Peterson**Producer:** Amirah Zaveri

Guests: Robert Tuner, organic farmer, North Carolina, author of *Lewis Mumford and the Food Fighters, A Food Revolution in America*; David Howard, policy campaign co-director, National Young Farmers Coalition; Mike Downey, farmer, Illinois, consultant, Next Gen Ag Advocates

Compliance issues: Land Development, Food Production, Business, Agriculture, Equality

Links for more info:

National Young Farmers Coalition
Next Gen Ag Advocates
Small and Mid-Sized Farmer Resources | USDA

CULTURE CRASH: THE FINAL CHAPTER OF "THIS IS US"

Time: 23:39

Duration: 2:48

Synopsis: We discuss the final season of the hit NBC primetime series, "This Is Us".

Host: Evan Rook

Producer: Evan Rook

Compliance issues: Culture, TV

Program 22-23**Air Date:** 6/5/22**Executive Producer:** Amirah Zaveri**Production Manager:** Jason Dickey**SEGMENT 1: HOW TO: GETTING INTO GARDENING THIS SUMMER****Time:** 1:48**Duration:** 10:26

Synopsis: Getting started in gardening can seem overwhelming - especially if you have trouble keeping a solo houseplant alive. But with some research and a small investment, the rewards of tending to a garden are life-long. We speak with two gardening experts about how to get started and be successful this season.

Host: Gary Price**Producer:** Amirah Zaveri**Guests:** Amy Enfield, horticulturist, Bonnie Plants; Brooke Morgan, urban gardener**Compliance issues:** Food Production, Sustainability, Home Improvement, Hobby, Personal Growth and Development**Links for more info:**[Bonnie Plants](#)[How to Garden – Gardening Basics for Beginners](#)[@whatbrookegrows on Instagram](#)**SEGMENT 2: POST-PANDEMIC TRAVEL****Time:** 14:16**Duration:** 9:07

Synopsis: From long lines at the airport to hard-to-find reservations, people are traveling in full force this summer. Acclaimed TV host and European tour guide Rick Steves joins us this week on Viewpoints to share several traveling tips, including how to get around crowds and stay safe this season.

Host: Marty Peterson**Producer:** Amirah Zaveri**Guests:** Rick Steves, European tour guide, travel writer, PBS TV host**Compliance issues:** History, Public Health, Travel, Personal Finance, Culture**Links for more info:**[Rick Steves Europe](#)[International Travel](#)[TSA PreCheck® | Transportation Security Administration](#)

CULTURE CRASH: THE NEW FLORENCE + THE MACHINE ALBUM**Time:** 24:23**Duration:** 2:04**Synopsis:** We highlight the long-awaited album “Dance Fever” by Florence + the Machine.**Host:** Evan Rook**Producer:** Evan Rook**Compliance issues:** Culture, Music

Program 22-24**Air Date:** 6/12/22**Executive Producer:** Amirah Zaveri**Production Manager:** Jason Dickey**SEGMENT 1: FINDING CALM THROUGH COLORING****Time:** 1:49**Duration:** 10:12

Synopsis: Remember how much fun it was to crack open a new coloring book and crayons when you were a kid? These days, adults are reliving that thrill in massive numbers. We talk to two of the most popular artists of these books about why and how they put them together, what the attraction is for adults and how it can benefit everyone to sit down, unwind and focus on the page in front of them.

Host: Gary Price**Producer:** Amirah Zaveri

Guests: Johanna Basford, artist, author, Lost Ocean: An inky adventure and coloring book; Jenean Morrison, artist, designer, author of 2016 Coloring Calendar

Compliance issues: Hobby, Personal Growth and Development, Literature, Education, Arts, Mental Health

Links for more info:[Johanna Basford](#)[Jenean Morrison Art & Design](#)**SEGMENT 2: THE ENVIRONMENTAL DAMAGE CAUSED BY MILLIONS OF LITTERED CIGARETTES****Time:** 14:03**Duration:** 8:56

Synopsis: While many Americans have grown to be increasingly eco-conscious, some things remain the same. It seems like all too often it's common to see a driver chuck a cigarette butt out the window or throw one on the sidewalk. We speak with expert Thomas Novotny about how this type of littering affects the environment and the wildlife within it.

Host: Marty Peterson**Producer:** Amirah Zaveri

Guests: Dr. Thomas Novotny, professor emeritus of epidemiology and biostatistics, San Diego State University

Compliance issues: Wildlife, Pollution, Environment, Health, Wildlife Protection

Links for more info:[Thomas Novotny | SDSU School of Public Health](#)[5 ways cigarette litter impacts the environment](#)[Tobacco and the environment](#)

CULTURE CRASH: POW! HBO MAX BATTLES SUPERHERO FATIGUE**Time:** 24:00**Duration:** 2:28

Synopsis: Yearning for shows with that classic, comic book feeling? HBO Max is here to save the day. With its new additions of Batman Beyond and Batman: The Animated Series, you can get back to your superhero roots.

Host: Evan Rook**Producer:** Evan Rook**Compliance issues:** TV, Culture

Program 22-25**Air Date:** 6/19/22**Executive Producer:** Amirah Zaveri**Production Manager:** Jason Dickey**SEGMENT 1: FOOD, FINE DINING & MORE: A CONVERSATION WITH ILIANA REGAN****Time:** 1:48**Duration:** 9:18

Synopsis: Iliana Regan has worked in the restaurant biz in almost every position imaginable. From mid-tier service to high-end fine dining, she's a self-taught, Michelin-starred chef that's known for her ability to create masterful dishes using naturally sourced and foraged ingredients. However, as she's risen the ranks over the years and made a name for herself, she's also had several low points in her life that have shaped who she is today. We sit down in-person with Regan to talk about her fine dining career and her struggles with addiction.

Host: Gary Price**Producer:** Amirah Zaveri**Guests:** Iliana Regan, Michelin-starred chef, entrepreneur, author, Burn the Place**Compliance issues:** Entrepreneurship, Business, Addiction, Career, Health, Personal Growth and Development**Links for more info:**[Burn the Place: A Memoir Hardcover – Iliana Regan](#)[After Culinary and Literary Acclaim, She's Moving to the Woods – NY Times](#)[Elizabeth Restaurant](#)[The Milkweed Inn](#)**SEGMENT 2: THE ART OF DETECTING A LIE****Time:** 13:08**Duration:** 10:07

Synopsis: How do professionals question people in a way that uncovers the truth? What are some body gestures that show someone's lying? This week – we speak with one interrogation expert about the subtle signs that give people away and how the average person can use these tactics in day-to-day interactions.

Host: Marty Peterson**Producer:** Amirah Zaveri**Guests:** Maryann Karinch, a human behavior expert and author of the book, Nothing But the Truth: Secrets from Top Intelligence Experts to Control the Conversation and Get the Information You Need**Compliance issues:** Literature, Psychology, Communication, Career, Information Technology**Links for more info:**

Psychological sleuths—Detecting deception

How To Spot A Liar: Gregory Hartley, Maryann Karinch: Books: Amazon.com

CULTURE CRASH: THE EVOLUTION OF HARRY STYLES

Time: 24:16

Duration: 2:10

Synopsis: British superstar Harry Styles is out with a new album that's getting rave reviews. We discuss his evolution from boy band hunk to a respected solo artist and actor.

Host: Evan Rook

Producer: Evan Rook

Compliance issues: Culture, Music

Program 22-26**Air Date:** 6/26/22**Executive Producer:** Amirah Zaveri**Production Manager:** Jason Dickey**SEGMENT 1: WORKING IN CHILDCARE: THE HEAVY COST OF RAISING SOMEONE ELSE'S KIDS****Time:** 1:48**Duration:** 11:14

Synopsis: There are more than 438,000 employees working in childcare, according to the U.S. Bureau of Labor Statistics. As of May 2021, the median hourly wage in this sector is around \$13/hour. With rising costs and many other open jobs, many are leaving their positions in childcare. We speak with two experts about the growing early childcare gap in the U.S. and why bettering the sector starts with valuing these workers more.

Host: Gary Price**Producer:** Amirah Zaveri

Guests: Dr. Kaitlin Moran, assistant professor, early childhood education, St. Joseph's University; Dr. Elizabeth Cummins Munoz, lecturer, writing and communication, Rice University, author, *Mothercoin: The Story of Our Immigrant Nannies*

Compliance issues: Child Development, Inequity, Poverty, Parenting, Motherhood, Generational Inequality, Mental Health, Education

Links for more info:

[Elizabeth Cummins Munoz | Program in Writing and Communication | Rice University](#)
[NAEYC](#)

[Kaitlin Moran Ph.D. | Saint Joseph's University](#)

[Beacon Press: Mothercoin](#)

SEGMENT 2: BARELY SURVIVING: MAKING A LIVING AS A GARMENT WORKER**Time:** 15:04**Duration:** 7:30

Synopsis: The average garment worker in Bangladesh is paid about \$86/month. A livable wage in the country is around \$200/month. Even in the U.S., it's not much better. Most employees in U.S. garment factories work 60-70 hours per week and are paid \$300/week, totaling \$1,200/month, according to the Garment Worker Center. Longtime fashion writer and industry expert Dana Thomas joins us to help us understand the labor and environmental crisis plaguing the fashion industry.

Host: Marty Peterson**Producer:** Amirah Zaveri**Guests:** Dana Thomas, writer, author, *Fashionopolis*

Compliance issues: Fashion, Manufacturing, Sustainability, Environment, Workers Rights, Inequity, Global Issues, Fair Wages

Links for more info:

[Psychological sleuths–Detecting deception](#)

[How To Spot A Liar: Gregory Hartley, Maryann Karinch: Books: Amazon.com](#)

CULTURE CRASH: THE TRUE VIEWING EXPERIENCE

Time: 23:34

Duration: 2:52

Synopsis: We discuss the dilemma of cropping full-screen shows and films to fit our modern, widescreen TVs. Many who are against this edit argue that changing the format ruins the originality and nostalgia of the media.

Host: Evan Rook

Producer: Evan Rook

Compliance issues: Culture, Film, History, Streaming, TV

Quarterly Report of Compliancy Issues & Programs List 2022-Q2 (April - June) Radio Health Journal

- 911
- Abuse
- Addiction
- Aging & Senior Citizens
- Animal Safety
- Animal Testing
- Bereavement
- Biochemistry
- Biology
- Biomedical Technology
- Botox
- Brain Disorder
- Breast Cancer
- Breast Surgery
- Breastfeeding
- Cardiology
- Child Abuse
- Child Trafficking
- Children & Youth at Risk
- Chronic Pain
- Commercial Gestational Surrogacy
- Community Support
- Consumerism
- Counterfeit Medication
- Covid-19 Pandemic
- Criminal Justice System
- Death & Grief
- Death of a Child
- Depression
- Diagnoses
- Digital Programs
- Disabilities
- Discrimination
- Domestic Violence
- Drug Overdose
- Economic Security
- Education
- Emergency Services
- Environment
- Ethics
- Evolution
- Exploitation
- Family & Parenting
- Family Issues
- FDA Regulations
- Federal Drug Regulations
- Football
- Formula Shortage
- Gender Issues
- Grief Counseling
- Head Trauma
- Health Care
- Heart Defects
- Illegal Pharmacies
- Immunization
- Incarceration
- Inmate Safety
- Insurance
- Interpersonal Relationships
- Intervention & Harm Reduction
- Invasive Treatment
- Jails & Prisons
- Legislation & Policy
- Maltreatment
- Medical Debt
- Medical Innovation
- Medical Mysteries
- Medical Technology
- Mental Health
- Mental Health Diagnoses
- Mental Illness
- Mental Wellness Applications
- Mining
- Minority Issues
- Mother Safety
- Mouse Studies
- Natural Resources
- Neurology & Neuroscience
- Nicotine Use
- Non-invasive Treatment
- Overactive Bladder
- Pain Management
- Parenting & Parenting Issues
- Patient Safety
- Personal Information
- Pharmaceutical Companies & Pharmaceutical Research
- Pollution
- Pregnancy & Expecting Mothers
- Pregnancy Complications
- Prevention
- Prison Reform
- Private & Public Prisons
- Prolonged Grief
- Psychology
- Public Health
- Public Safety
- Racism & Discrimination
- Rare Conditions
- Rehabilitation
- Reproduction
- Research and Research Models & Methods
- Safety in Sports
- Skin Cancer
- Skin Damage
- Skin Safety
- State & Federal Regulations
- State Government & Legislation
- Substance & Drug Abuse
- Suicide
- Sun Exposure
- Systemic Racism
- Technology
- Therapy
- Traumatic Loss
- Vaginal Rejuvenation
- Vaping
- Venomous Animals & Venomics
- Virtual Reality
- Virtual Therapeutics
- Vulnerable populations
- Women at Risk

Program 22-14

Air Week: 4/3/22

Executive Producer: Amirah Zaveri

Production Manager: Jason Dickey

SEGMENT 1: HAVE PRIVATE PRISONS BECOME THE SCAPEGOAT FOR A LARGER ISSUE?

Time: 1:50

Duration: 12:33

Synopsis: Private prisons seemed to be the answer to America’s overpopulated prisons in the 1980s. It’s since become a controversial topic of debate. Experts discuss if the problem is with private prisons, or with our country’s incarceration system as a whole.

Host: Reed Pence

Producer: Kristen Farrah

Guests: Sharon Dolovich, Professor of Law, UCLA, Director of the Prison Law and Policy Program, UCLA, Director of Covid-19 Behind Bars Project, UCLA; Sen. Robert Peters, State Senator, 13th District in Illinois; Alexandra Wilkes, National Spokeswoman, Day One Alliance; Rep. Jack McFarland, State Representative, 13th District in Louisiana

Compliance issues: State Government and Legislation, Inmate Safety, Criminal Justice System, Prison Reform, Public Safety, Mental Health, Private and Public Prisons, Prison and Criminal Justice, Incarceration, Legislation and Policy, Jails and Prisons, Rehabilitation, Ethics

Links for more info:

[Sharon Dolovich \(@SharonDolovich\)](#) / Twitter

[Sharon Dolovich](#) | Media Guide to UCLA Experts

[COVID Behind Bars Data Project](#) | UCLA Law

[Illinois State Senator Robert Peters](#)

[State Senator Robert Peters \(@senpetersil\)](#) / Twitter

[Alex Wilkes \(@AlexandraWilkes\)](#) / Twitter

[Day 1 Alliance](#)

[Jack G. McFarland](#) – Louisiana House of Representative

[Jack McFarland \(@RepMcFarland\)](#) / Twitter

SEGMENT 2: A LOOK AT THE NEW, NON-INVASIVE TREATMENT FOR ESSENTIAL TREMOR

Time: 15:25

Duration: 7:42

Synopsis: Essential Tremor has always been treated by medication that's not guaranteed to work, or brain surgery. A doctor explains the new, non-invasive treatment that can help those suffering with ET.

Host: Nancy Benson

Producer: Kristen Farrah

Guests: Dr. Rees Cosgrove, Director of Epilepsy and Functional Neurosurgery, Brigham and Women's Hospital; Jack Weingart, suffers from Essential Tremor

Compliance issues: Public Health, Medical Technology, Brain Disorder, Non-invasive Treatment, Consumerism

Links for more info:

[Garth Rees Cosgrove, MD](#) – Brigham and Women's Hospital

Program 22-15

Air Week: 4/10/22

Executive Producer: Amirah Zaveri

Production Manager: Jason Dickey

SEGMENT 1: ARE YOU ADDICTED TO LOVE?

Time: 1:50

Duration: 11:40

Synopsis: Researchers have discovered that love is a natural addiction. It lights up the same part of our brain that substance addiction does. We need to eat, we need to sleep, and we need to love. Experts discuss how love affects our brain and why we need it for our survival.

Host: Reed Pence

Producer: Kristen Farrah

Guests: Dr. Helen Fisher, Biological Anthropologist, Senior Research Fellow, The Kinsey Institute; Dr. Lucy Brown, Clinical Professor in Neurology, Albert Einstein College of Medicine; Dr. Bianca Acevedo, Researcher, University of California, Santa Barbara

Compliance issues: Biology, Neurology, Interpersonal Relationships, Mental Health, Evolution, Education, Addiction and Substance Abuse, Neuroscience, Psychology, Reproduction

Links for more info:

[Bianca Acevedo, PhD Author – Speaker – Scientist](#)

[Helen Fisher, PhD](#)

[The Anatomy of Love](#)

[Amazon.com: Helen E. Fisher: Books, Biography, Blog, Audiobooks, Kindle](#)

[Lucy L. Brown, Ph.D. | Faculty Directory | Albert Einstein College of Medicine](#)

SEGMENT 2: THE LASER TREATMENT THAT HARMS BREAST CANCER PATIENTS

Time: 14:32

Duration: 8:25

Synopsis: Just because it's FDA-approved, doesn't mean it's necessarily safe. A vaginal rejuvenation laser treatment has been accused of targeting breast cancer patients and not upholding its promises. An expert reveals how this treatment can cause worse harm and chronic pain to breast cancer patients.

Host: Nancy Benson

Producer: Kristen Farrah

Guests: Dr. Kristin Rojas, Board-Certified Gynecologist, Breast Cancer Surgeon, Sylvester Comprehensive Cancer Center at the University of Miami; Nancy, Breast Cancer Survivor, Victim of Vaginal Rejuvenation Treatment

Compliance issues: Public Health, Vulnerable populations, Women at Risk, FDA Regulations, Invasive Treatment, Breast Cancer, Vaginal Rejuvenation, Consumerism, Chronic Pain, Patient Safety

Links for more info:

[Kristin Rojas MD](#)

[Kristin E. Rojas MD, FACS, FACOG \(@kristinrojasmd\) / Twitter](#)

[Kristin E. Rojas MD, FACS \(@kristinrojasmd\) • Instagram photos and videos](#)

[Kristin E. Rojas, MD | University of Miami Health System](#)

Program 22-16

Air Week: 4/17/22

Executive Producer: Amirah Zaveri

Production Manager: Jason Dickey

SEGMENT 1: HOW HARM REDUCTION SERVICES HELP REDUCE RATES OF DRUG OVERDOSE

Time: 1:51

Duration: 12:11

Synopsis: The CDC reports May 2020 through April 2021 saw the most drug overdose deaths ever recorded in a single year. These deaths put into question how effective America's efforts to reduce drug use have been. Experts discuss the use of harm reduction services and why drug addiction is a mental health issue.

Host: Reed Pence

Producer: Kristen Farrah

Guests: Regina LaBelle, Initiative Director, The Addiction and Public Policy Initiative at Georgetown University; Dr. Trent Hall, Assistant Professor of Addiction Medicine, The Ohio State University

Compliance issues: Mental Health, Public Health, Addiction and Substance Abuse, Substance and Drug Abuse, Rehabilitation, Drug Overdose, Children and Youth at Risk, Intervention and Harm Reduction, Health Care, Vulnerable populations

Links for more info:

[Regina LaBelle – O'Neill](#)

[Regina LaBelle \(@ReginaLabelle\) / Twitter](#)

[Assessment of Excess Mortality Associated With Drug Overdose in Ohio From 2009 to 2018 | Toxicology](#)

[JAMA Network Open](#)

[Orman Trent Hall DO | Ohio State University Wexner Medical Center](#)

SEGMENT 2: HOW SYSTEMIC RACISM FEEDS INTO LOW QUALITY HEALTH CARE

Time: 15:04

Duration: 7:55

Synopsis: As a black mother, Taylor Harris worries her child will be treated differently by medical professionals. A recent study reveals that some medical students believe pain thresholds vary by race. Dr. Ana Pujols McKee speaks on how proper education can help fix systemic racism in health care.

Host: Nancy Benson

Producer: Polly Hansen

Guests: Taylor Harris, Mother and Author; Dr. Ana Pujols McKee, Executive Vice President, The Joint Commission, Chief Medical Officer, The Joint Commission; Chief Diversity Equity and Inclusion Officer, The Joint Commission

Compliance issues: Health Care, Systemic Racism, Discrimination, Minority Issues, Patient Safety, Racism and Discrimination

Links for more info:

[TAYLOR HARRIS](#)

[Taylor Harris \(@tharris\) / Twitter](#)

[Taylor Harris \(@writingforicecreamduh\) • Instagram photos and videos](#)

[Ana Pujols McKee | The Joint Commission](#)

Program 22-17

Air Week: 4/24/22

Executive Producer: Amirah Zaveri

Production Manager: Jason Dickey

SEGMENT 1: HOW DID THE PANDEMIC AFFECT CHILD ABUSE?

Time: 1:51

Duration: 11:16

Synopsis: History has shown that financial stress increases rates of child abuse. As millions lost their jobs in 2020, experts feared for the worst. This week on RHJ - two medical experts who specialize in studying and uncovering child abuse discuss the contradicting evidence of how the pandemic affected rates of child maltreatment.

Host: Reed Pence

Producer: Kristen Farrah

Guests: Dr. Robert Sege, Director of the Center for Community-Engaged Medicine, Tufts Medical Center, Child Abuse Pediatrician, Tufts Medical Children's Hospital; Ashley Rapp, Epidemiologist, Henry Ford Health System

Compliance issues: Maltreatment, Public Safety, Parenting Issues, Economic Security, Children and Youth at Risk, Parenting, Vulnerable populations, Public Health, Family and Parenting, Family Issues, Child Abuse

Links for more info:

[Robert Sege, MD, PhD](#)

[Dr. Bob Sege \(@BobSegeMD\) / Twitter](#)

[ashley rapp \(@ashleyrappmph\) / Twitter](#)

[Ashley Rapp – LinkedIn Page](#)

SEGMENT 2: REDUCING THE HARMFUL EFFECTS OF LITHIUM MINING

Time: 14:09

Duration: 8:23

Synopsis: Traditional lithium mining can ruin the surrounding environment, posing a risk to the health of local communities and wildlife. As production for a new mine in Nevada gears up, the company behind the project reveals how they're reducing the public health threats of lithium mining. A mining critic talks about how the new mine will operate and why he believes its construction is essential.

Host: Nancy Benson

Producer: Kristen Farrah

Guests: Dr. Glenn Miller, Semi-Retired Professor and Co-Chair of the Department of Natural Resources and Environmental Science, University of Nevada-Reno; Marko Paunović, former Serbian citizen

Compliance issues: Ethics, Consumerism, Environment, Natural Resources, Public Health, Mining

Links for more info:

[Glenn Miller | Dept. of Natural Resources & Environmental Science | University of Nevada, Reno](#)

[Thacker Pass](#)

Program 22-18

Air Week: 5/1/22

Executive Producer: Amirah Zaveri

Production Manager: Jason Dickey

SEGMENT 1: WHEN DOES GRIEF BECOME A DISORDER?

Time: 1:50

Duration: 11:40

Synopsis: Everyone grieves differently, but some can become completely debilitated by their sorrow for years. The American Psychiatric Association recently recognized this type of grief as a diagnosis called prolonged grief disorder. One doctor behind the decision talks about how this will help people find a way out of that cycle of grieving.

Host: Reed Pence

Producer: Kristen Farrah

Guests: Dr. Paul Appelbaum, Professor of Psychiatry, Columbia University, Chair of the Steering Committee, Diagnostic and Statistical Manual of Mental Disorders; Dr. Holly Prigerson, Professor of Geriatrics, Cornell University; Dr. Joanne Cacciatore, Associate Professor in the School of Social Work, Arizona State University, Traumatic Loss Expert

Compliance issues: Death and Grief, Mental Health Diagnoses, Vulnerable populations, Public Health, Mental Health, Traumatic Loss, Prolonged Grief

Links for more info:

[Paul S. Appelbaum, MD | Columbia University Department of Psychiatry](#)

[Paul Appelbaum \(@appelbap\) / Twitter](#)

[Holly G. Prigerson | Cornell Research](#)

[Joanne Cacciatore \(@dr_cacciatore\) / Twitter](#)

[Selah Carefarm | Animal Grief Therapy for Bereaved Families](#)

[Joanne Cacciatore | School of Social Work](#)

SEGMENT 2: CTE: THE MYSTERIOUS BRAIN DISORDER THAT'S TAKEN OVER THE NFL

Time: 14:32

Duration: 8:27

Synopsis: Chronic Traumatic Encephalopathy is a progressive brain disorder that can only be diagnosed after death. The condition is caused by repeated head trauma, but much of CTE is still a mystery. Dr. Michael Alosco discusses who he thinks is most at risk and the various obstacles researchers face while studying CTE.

Host: Nancy Benson

Producer: Kristen Farrah

Guests: Dr. Michael Alosco, Associate Professor of Neurology at Boston University School of Medicine, Lead Investigator at Boston University's CTE Center

Compliance issues: Safety in Sports, Football, Neuroscience, Head Trauma, Vulnerable populations, Brain Disorder, Public Health, Mental Health

Links for more info:

[Michael Alosco | CTE Center](#)

[Clinicopathological Evaluation of Chronic Traumatic Encephalopathy in Players of American Football | JAMA](#)

[Evaluation of Chronic Traumatic Encephalopathy in Football Players | Neurology | JN Learning | AMA Ed Hub](#)

Program 22-19

Air Week: 5/8/22

Executive Producer: Amirah Zaveri

Production Manager: Jason Dickey

SEGMENT 1: TETRALOGY OF FALLOT AND THE INCREDIBLE STORY OF A LIFE-SAVING SURGERY

Time: 1:50

Duration: 11:27

Synopsis: Tetralogy of Fallot is a rare heart condition that usually requires at least one open-heart surgery. However, two new self-expanding valves give up to 80 percent of patients the option of a catheterization procedure instead of surgery. Dr. Jeff Zampi explains how important this advancement is for patients with TOF.

Host: Reed Pence

Producer: Kristen Farrah

Guests: Dr. Jeff Zampi, Associate Professor of Pediatric Cardiology, University of Michigan, Director of Interventional Pediatric Cardiology, C.S. Mott Children’s Hospital; Dr. Danielle Gottlieb Sen, Pediatric Cardiac Surgeon and Assistant Professor of Surgery, Johns Hopkins University; Latisha Wilborne, mother of TOF patient

Compliance issues: Medical Innovation, Rare Conditions, Children and Youth at Risk, Heart Defects, Cardiology

Links for more info:

[Jeffrey Dominick Zampi MD | CS Mott Children’s Hospital | Michigan Medicine](#)

[Danielle Gottlieb Sen, MD, MPH, MS, Assistant Professor of Surgery | Johns Hopkins Medicine](#)

[A Heart Like Bella’s Paperback – Wilborne, Latisha M](#)

SEGMENT 2: CAN YOU TRUST YOUR ONLINE PHARMACY?

Time: 14:19

Duration: 8:42

Synopsis: Experts estimate that only four percent of online pharmacies are legitimate. The rest are counterfeit operations that prey on customers by selling falsified medications. A scientist reveals a new technology that puts the power back into consumers' hands.

Host: Nancy Benson

Producer: Kristen Farrah

Guests: Dan Burke, Chief of Cyber Operations in the Office of Criminal Investigations, FDA; Dr. Young Kim, Associate Professor of Biomedical Engineering, Purdue University

Compliance issues: Criminal Justice System, Public Health, Counterfeit Medication, Consumerism, Biomedical Technology, Federal Drug Regulations, Illegal Pharmacies, Public Safety

Links for more info:

[Young Kim – Biomedical Engineering – Purdue University](#)

[Kim, Young L | Purdue OTC](#)

[Cyber Physical Watermarking with Inkjet Edible Bioprinting – Advanced Functional Materials – Wiley](#)

[I Am ORA Profile: Dan Burke | FDA](#)

Program 22-20

Air Week: 5/15/22

Executive Producer: Amirah Zaveri

Production Manager: Jason Dickey

SEGMENT 1: SHOULD YOU ALWAYS TRUST YOUR MENTAL HEALTH DIAGNOSIS?

Time: 1:50

Duration: 13:22

Synopsis: Sarah Fay was misdiagnosed six times throughout her life. Starting at age 12, Fay has battled with inaccurate and inadequate diagnoses that unfortunately shaped how she viewed herself. Fay details her journey and extensive research into mental health diagnoses in her new book Pathological.

Host: Reed Pence

Producer: Kristen Farrah

Guests: Sarah Fay, author of Pathological: The True Story of Six Misdiagnoses and Mental Health Advocate, Pathological: The Movement

Compliance issues: Mental Illness, Pharmaceutical Companies, Public Health, Diagnoses, Consumerism, Psychology, Mental Health

Links for more info:

[Sarah Fay](#)

[Pathological: The Movement](#)

[Sarah Fay \(@sarahfayauthor\) / Twitter](#)

SEGMENT 2: WHAT CAN WE ACTUALLY LEARN FROM ANIMAL STUDIES?

Time: 16:14

Duration: 6:53

Synopsis: In research, scientists aim to create an environment that reflects humans as closely as possible. Many times, these models are found in mice. But how accurate are mice at showing what will happen in humans? Dr. Donna Arnett discusses what we should keep in mind when reading about mice studies.

Host: Nancy Benson

Producer: Kristen Farrah

Guests: Dr. Donna Arnett, Dean of the College of Public Health, University of Kentucky; Dr. Loren Wold, Professor of Nursing and Medicine, The Ohio State University, Associate Dean for Research Operations and Compliance, The Ohio State University; Dr. Neal Benowitz, Professor of Medicine Emeritus, University of California, San Francisco

Compliance issues: Nicotine Use, Children and Youth at Risk, Vulnerable populations, Animal Testing, Vaping, Research Methods, Research, Mouse Studies, Research Models

Links for more info:

[Donna K. Arnett | UK College of Public Health](#)

[Donna K. Arnett, Dean \(@Donnakarnett\) / Twitter](#)

[Loren E. Wold | The Ohio State University College of Nursing](#)

[The Wold Lab \(@TheWoldLab\) / Twitter](#)

[Neal Benowitz | UCSF Profile](#)

Program 22-21

Air Week: 5/22/22

Executive Producer: Amirah Zaveri

Production Manager: Jason Dickey

SEGMENT 1: DOMESTIC VIOLENCE: THE TRAGIC SIDE-EFFECT OF STAY-AT-HOME ORDERS

Time: 1:50

Duration: 12:22

Synopsis: While stay-at-home orders were great for slowing the spread of Covid, they essentially trapped victims with their abusers. As numbers of domestic violence reports rose, women’s shelters were overwhelmed with people in need of safe housing. One shelter employee discusses the challenges in helping the growing number of victims.

Host: Reed Pence

Producer: Kristen Farrah

Guests: Dr. Alex Henke, Assistant Professor of Economics, Howard University; Melanie Asher, Children’s Program Coordinator, Saint Martha’s Hall

Compliance issues: Vulnerable populations, State and Federal Regulations, Women at Risk, Children and Youth at Risk, Covid-19 Pandemic, Domestic Violence, Public Safety, Abuse

Links for more info:

[COVID-19, staying at home, and domestic violence | SpringerLink](#)

[Alex Henke \(@Henkenomics\) / Twitter](#)

[Alex Henke](#)

[St. Martha’s Hall](#)

SEGMENT 2: NO SURPRISES ACT: NEW LAW PROTECTS PATIENTS FROM SURPRISE MEDICAL BILLS

Time: 15:14

Duration: 7:26

Synopsis: Surprise medical bills are payments you believe are covered by insurance, but ultimately land back on you. The No Surprises Act protects patients from having to pay for emergency services at out-of-network facilities and other similar situations. Katie Keith describes why this law is necessary to protect patients.

Host: Nancy Benson

Producer: Kristen Farrah

Guests: Katie Keith, Associate Research Professor, Center on Health Insurance Reforms at Georgetown University

Compliance issues: Public Health, Vulnerable populations, Health Care, Insurance, Emergency Services, Patient Safety, Medical Debt

Links for more info:

[Katie Keith, JD, MPH | Center on Health Insurance Reforms | Georgetown University](#)

[Katie Keith \(@Katie_Keith\) / Twitter](#)

[No Surprises: Understand your rights against surprise medical bills | CMS](#)

Program 22-22

Air Week: 5/29/22

Executive Producer: Amirah Zaveri

Production Manager: Jason Dickey

SEGMENT 1: EMPTY NOSE SYNDROME: WHEN A ROUTINE NOSE SURGERY GOES WRONG

Time: 1:50

Duration: 12:43

Synopsis: Empty Nose Syndrome is a rare condition that can develop after some of the most common nose procedures. Those affected are left in a constant feeling of suffocation – and there’s no cure. An ENS sufferer describes his experience living with the condition.

Host: Reed Pence

Producer: Kristen Farrah

Guests: Dr. Brent Senior, Chief of Rhinology, Allergy, and Endoscopic Skull Base Surgery, University of North Carolina – Chapel Hill; James R. Skinner, ENS patient

Compliance issues: Consumerism, Rare Conditions, Mental Health, Medical Mysteries, Prevention, Patient Safety, Disabilities, Vulnerable populations, Public Health

Links for more info:

[Brent A. Senior, MD, FACS, FARS | UNC Otolaryngology/Head and Neck Surgery](#)

[Brent Senior \(@ProfBrentSenior\) / Twitter](#)

[@jskinner / Twitter](#)

[James R. Skinner’s Empty Nose Syndrome Story | Nasal Cripple](#)

[Nasal Damage \(ENS\) Investigated – James R. Skinner](#)

SEGMENT 2: WHY DO ELDERLY MEN HAVE THE HIGHEST RATE OF SUICIDE?

Time: 15:35

Duration: 6:57

Synopsis: It's long been the case that men over 70 have the highest rate of suicide. This demographic is more likely to complete their first attempt than any other age group. Dr. Carrie Ditzel discusses some possible reasons as to what's driving elderly men to take their own lives.

Host: Nancy Benson

Producer: Kristen Farrah

Guests: Dr. Carrie Ditzel, Clinical Psychologist, Baker Street Behavioral Health

Compliance issues: Gender Issues, Suicide, Aging and Senior Citizens, Mental Health, Depression, Prevention, Public Safety, Vulnerable populations, Public Health

Links for more info:

[Baker Street Behavioral Health | About](#)

[Disparities in Suicide | CDC](#)

Program 22-23

Air Week: 6/5/22

Executive Producer: Amirah Zaveri

Production Manager: Jason Dickey

SEGMENT 1: HOW TO PROVIDE SUPPORT IN THE WAKE OF A TRAUMATIC LOSS

Time: 1:50

Duration: 12:54

Synopsis: It can be difficult to figure out how to comfort someone dealing with a traumatic loss. Often, there's a fear of not knowing what to say, which can leave the grieving person feeling more alone. Two bereaved mothers recount their experiences of losing their children, and detail what good support looks like.

Host: Reed Pence

Producer: Kristen Farrah

Guests: Dr. Joanne Cacciatore, Traumatic Loss Expert, The MISS Foundation; Liz Castleman, bereaved mother; Jesse Zilberstein, bereaved mother

Compliance issues: Bereavement, Grief Counseling, Death and Grief, Traumatic Loss, Death of a Child, Community Support

Links for more info:

[Center for Loss and Trauma](#)

[MISS Foundation](#)

[Gidi's Kindness Project](#)

[Gidi's Kindness Project](#) – Facebook Page

[Selah Carefarm | Animal Grief Therapy for Bereaved Families](#)

SEGMENT 2: NOT JUST FOR WRINKLES: HOW BOTOX CAN TREAT YOUR OVERACTIVE BLADDER

Time: 15:46

Duration: 6:40

Synopsis: Though now known for its anti-aging effects, Botox was first used to manage medical conditions like hyperhidrosis and migraines. Today, doctors are also using Botox to treat overactive bladder symptoms, a condition that plagues over 30 million Americans according to the National Association for Continence. A specialist discusses the benefits of the procedure.

Host: Nancy Benson

Producer: Kristen Farrah

Guests: Dr. Karyn Eilber, Professor of Urology, Associate Professor of Obstetrics and Gynecology, Cedars-Sinai Medical Center

Compliance issues: Consumerism, Botox, Patient Safety, Public Health, Overactive Bladder

Links for more info:

[Karyn S. Eilber, MD – Cedars-Sinai Medical Center Directory](#)

[BOTOX® treatment for OAB](#)

Program 22-24

Air Week: 6/12/22

Executive Producer: Amirah Zaveri

Production Manager: Jason Dickey

SEGMENT 1: WOMBS FOR RENT: THE LEGALIZATION OF COMMERCIAL SURROGACY

Time: 1:50

Duration: 12:36

Synopsis: Commercial gestational surrogacy allows parents to have a biological child that's carried and birthed by another woman who receives a salary. Though many countries have outlawed commercial surrogacy, states in America are beginning to legalize it. Experts weigh in on the ethical implications of commercialized surrogacy.

Host: Reed Pence

Producer: Kristen Farrah

Guests: Taina Bien-Aimé, Executive Director, Coalition Against Trafficking in Women; Dr. Linda Kahn, Assistant Professor, NYU Grossman School of Medicine; Ashley Mareko, Surrogate Program Director, Surrogate First, Surrogate Mother

Compliance issues: Exploitation, Pregnancy and Expecting Mothers, Public Health, Pregnancy Complications, Child Trafficking, Public Safety, Commercial Gestational Surrogacy, Children and Youth at Risk, Surrogacy, Family Issues, Women at Risk

Links for more info:

[Our Surrogacy Team – Why Choose SurrogateFirst](#)

[Coalition Against Trafficking in Women](#)

[Taina Bien-Aimé – Executive Director – Coalition Against Trafficking in Women \(CATW\) | LinkedIn](#)

[Linda G. Kahn, MPH, PhD](#)

[The Child-Parent Security Act: Gestational Surrogacy](#)

[Weareggdonors.com](#)

SEGMENT 2: BREASTFEEDING MAY BE NATURAL, BUT THAT DOESN'T MEAN IT'S EASY

Time: 15:28

Duration: 7:00

Synopsis: Mothers across the nation panicked when a major recall and supply chain issues caused a baby formula shortage. One response to the shortage told women to ‘just start breastfeeding again,’ but Dr. Karen Federici explains why that’s not as simple as it sounds.

Host: Nancy Benson

Producer: Kristen Farrah

Guests: Dr. Karen Federici, Breastfeeding Medicine Specialist, Northwestern Medicine Kishwaukee Hospital; Dr. Susan Landers, Retired Neonatologist; Lesley Mondeaux, Executive Director, Northwest Mothers Milk Bank

Compliance issues: Breastfeeding, Public Health, Breast Surgery, Vulnerable populations, Formula Shortage, Mother Safety, Children and Youth at Risk

Links for more info:

[Family First – Women & Children’s Healthcare](#)

[Karen M. Federici, MD | Northwestern Medicine](#)

[Health & Wellness | A Healthier You by Dr Karen Federici](#)

[Susan Landers, MD](#)

[Susan Landers, MD \(@susanlandersmd\) / Twitter](#)

[Our Mission - donatemilk.org](#)

[Human Milk Banking Association of North America](#)

Program 22-25

Air Week: 6/19/22

Executive Producer: Amirah Zaveri

Production Manager: Jason Dickey

SEGMENT 1: WHAT HAPPENS WHEN MEDICINE MEETS THE METAVERSE?

Time: 1:50

Duration: 11:10

Synopsis: Doctors can now treat chronic pain with the technology of virtual reality. Patient Tom Norris joins us to share his experience using a VR headset in place of sedatives when doctors removed three tumors from his bladder. Dr. Brennan Spiegel at Cedars-Sinai Medical Center reveals how VR treatment works and how virtual therapeutics will revolutionize medicine.

Host: Reed Pence

Producer: Kristen Farrah

Guests: Dr. Brennan Spiegel, Director of Health Services Research, Cedars-Sinai Medical Center, author; Tom Norris, VR Therapy Patient

Compliance issues: Virtual Therapeutics, Mental Health, Psychology, Virtual Reality, Health Care, Medical Technology, Pain Management, Technology, Chronic Pain, Consumerism, Public Health

Links for more info:

[Brennan M. Spiegel, MD, MSHS – Cedars-Sinai Medical Center Directory](#)

[Brennan Spiegel, MD, MSHS \(@BrennanSpiegel\) / Twitter](#)

[VRx by Brennan Spiegel | Basic Books](#)

[Tom Norris \(@jtomnorris\) / Twitter](#)

SEGMENT 2: WHY DOCTORS SAY A "HEALTHY TAN" DOESN'T EXIST

Time: 14:02

Duration: 8:38

Synopsis: Summer's finally here, which means enjoying popsicles and pool days. But if you've been waiting all year for a summer tan, you may want to rethink that plan. Even a 'healthy glow' means our cells have already been damaged, and the sun isn't the only problem. Dr. Shadi Kourosch discusses how factors like air pollution and digital screens can also harm our skin.

Host: Nancy Benson

Producer: Kristen Farrah

Guests: Dr. Shadi Kourosch, Director of Community Health for Dermatology, Mass General Brigham

Compliance issues: Public Health, Patient Safety, Skin Safety, Pollution, Sun Exposure, Skin Damage, Technology, Skin Cancer

Links for more info:

[Shadi Kourosch, MD, MPH](#)

[Ariane Shadi Kourosch, MD, MPH \(@dr.shadi_derm\) • Instagram photos and videos](#)

[A. Shadi Kourosch, MD, MPH \(@DrShadi_\) / Twitter](#)

Program 22-26

Air Week: 6/26/22

Executive Producer: Amirah Zaveri

Producers: Kristen Farrah, Grace Galante

Production Manager: Jason Dickey

SEGMENT 1: VENOM: A LETHAL WEAPON OR MEDICAL MIRACLE?

Time: 1:50

Duration: 12:37

Synopsis: Researchers have discovered how to use evolution's deadliest and oldest weapon for good. But how can scientists create medicine from lethal venom? Dr. Leslie Boyer reveals the entire process and explains why horses are so valuable to the research.

Host: Reed Pence

Producer: Kristen Farrah

Guests: Dr. Leslie Boyer, Professor Emerita of Pathology, University of Arizona

Compliance issues: Biochemistry, Pharmaceutical Research, Public Safety, Venomics, Public Health, Venomous Animals, Venom, Immunization, Research Methods, Animal Safety

Links for more info:

[Leslie V Boyer | BIO5 Institute](#)

[LeslieBoyerMD](#)

[Leslie Boyer MD \(@lvboyer_md\) / Twitter](#)

SEGMENT 2: CAN WELLNESS APPS ACTUALLY IMPROVE YOUR HEALTH?

Time: 15:29

Duration: 7:26

Synopsis: The World Health Organization reports a 25% global increase in anxiety and depression throughout the pandemic. During the same time, the mental health app industry skyrocketed. But how helpful are these programs? Dr. Stephanie Collier discusses the dangers of using these apps, many of which have no scientific evidence of successfully treating mental health.

Host: Nancy Benson

Producer: Kristen Farrah

Guests: Dr. Stephanie Collier, Director of Education in the Division of Geriatric Psychiatry, McLean Hospital

Compliance issues: Digital Programs, Public Safety, Therapy, Public Health, Mental Wellness Applications, Mental Health, Health Care, Personal Information, Psychology

Links for more info:

[Stephanie Collier, MD, MPH | McLean Hospital](#)