Pre-Record Date: April 17, 2019 – Nashville Radio Show Talking Points

1:00pm - 2:00pm | Air Date May 19

Beth Hail, Regional Vice President – Centerstone Central Region of Tennessee

That includes Davidson, Wilson, Williamson and Rutherford counties. She has been with the not-for-profit behavioral health care organization for more than 20 years and was previously director of Centerstone's school-based therapy services as well as its child and adolescent services.

Hail holds a master's degree in social work administration from the University of Louisville and is a licensed clinical social worker. She also won a Women to Watch award from Nashville Medical News.

Overview of Centerstone:

 Centerstone is a not-for-profit health care organization dedicated to delivering care that changes people's lives. Headquartered in Nashville, it serves all ages—children, adolescents, adults and families—and provides mental health care, addiction treatment and community education in five states: Florida, Illinois, Indiana, Kentucky and Tennessee.

Major Areas of Treatment:

- Among the issues Centerstone can help with are:
 - Anxiety & stress, Depression, Trauma & PTSD, Substance use, ADHD and child behaviors
 - o Relationships and more

Major Services:

- Centerstone offers the following core services:
 - Integrated mental and physical health care (mind-body connection is important!)
 - o Individual, couples and family counseling Addiction treatment and prevention
 - o Psychiatric evaluation and treatment Peer support and life skills management
 - Early childhood and family services
 - School-based therapy and prevention services (directly in schools, community centers etc.)
 - Military and veteran services Housing and employment services
 - Therapeutic foster care and adoption 24-Hour crisis services

Military Services:

 Nationally, Centerstone has specialized programs for service members, veterans and their loved ones. These include individual, couples and family counseling, therapeutic retreats, housing and employment assistance, online support groups, classes and workshops.

In Clarksville, we specialize in the treatment of post 9/11 veterans and their families at The Steven A. Cohen Military Family Clinic at Centerstone.

Outpatient Clinics in Nashville and around Tennessee:

 Centerstone has several outpatient clinics in Nashville – in Melrose, Antioch, Madison and Metro Center – and a total of 23 clinics throughout Tennessee. For an appointment, call 888-291-4357.

A Leader in Suicide Prevention and Crisis Services"

 Centerstone is also a local, national and global leader in crisis services and suicide prevention efforts. Our suicide prevention work has been highlighted on CNN and in USA Today and US News and World.

Centerstone regularly hosts charitable and educational community events. Information about these along with inspiring and informational daily posts are available at our Facebook page and web site. Be sure to check out our Mental Health Month activities throughout May!

Social Media/ Web

Facebook: https://www.facebook.com/Centerstone.org

Website: https://centerstone.org/

Twitter: https://twitter.com/Centerstone

Pre-Record Date: April 17, 2019 – Nashville Radio Show Talking Points

(cont.) 1:00pm - 2:00pm | Air Date May 19

- Sandy Obodzinski (O-bod-zin-ski), President and CEO Gilda's Club Middle Tennessee
- Jim Brown, Chairman of the Board Gilda's Club Middle Tennessee
 - What is Gilda's Club? A lot of people think it's only for women with breast cancer, but it's so much more.
 - Support for the entire family. Gilda's not only supports those who've been diagnosed, but family
 and friends too with things like support groups, individual counseling, expressive arts
 workshops, movement classes, and a program just for kids and teens.
 - Two locations. Gilda's has been a part of the Music Row community for 20 years, but recently opened a second location.
 - What's next for Gilda's Club? How will Gilda's evolve to meet the needs of a growing and changing Middle Tennessee?

Social Media/ Web

Website: <u>www.gildasclubmiddletn.org</u>

Facebook: https://www.facebook.com/GildasClubMiddleTN

Twitter: https://twitter.com/GildasClubMidTN

Scott Keilman, Manager of Subscription Services - Mercedes-Benz USA

• Automotive/vehicle subscription services – what are they, how are they different than traditional ownership, and what are the benefits?

- Mercedes-Benz Collection the new subscription service from Mercedes-Benz, now offered in Nashville. General program details.
- How does MB Collection work? What cars can members drive?
- How can interested people join MB Collection?

Website: https://collection.mbusa.com/

Pre-Record Date: April 17, 2019 – Nashville Radio Show Talking Points

2:00pm - 3:00pm | Air Date May 26

Tash Weddle, President & CEO – New Beginnings

- The current state of obesity and chronic disease both nationally and in Nashville
- What NB is doing to prevent chronic disease
- How women can apply
- TNB-Fitness (our social enterprise)

Social Media/ Web

Facebook: https://www.facebook.com/NewBeginningsCenter/

Website: http://www.thenewbeginningscenter.org/

Instagram: https://www.instagram.com/thenewbeginningscenter/

Samanta Sanchez, Community Leader – <u>TechBridge TN</u>

• TechBridge is a nonprofit that provides technology solutions to other nonprofits to help them better serve vulnerable populations.

- Technology is more than just a job for me, I use technology every day to manage my insulin delivery for my Type 1 Diabetes. I use technology to reduce my risk of health complications.
- The more desperate the circumstance of the clients, the less community organizations invest in themselves. Technology can help a nonprofit improve service delivery and scale great programs.
- Funders want to hear outcomes data from nonprofits (i.e. how many students graduates high school on time) not just metrics (i.e. 20 students

Facebook: https://www.facebook.com/iamtechbridge

Twitter: https://twitter.com/iamtechbridge
Website: https://www.techbridge.org/

- Joe White, Nashville Market President Novatech
- John Sutton, Corporate Director of Sales Novatech
- Matt Shorter, Nashville Sales Manager Novatech
 - NovaCopy to Novatech transition
 - Recent acquisitional growth
 - DynaSis MIT Merger
 - Recent CEO change
 - Leadership of previous CEO, Darren Metz
 - Optimism around new CEO, Dan Cooper

Social Media/ Web

Facebook: https://www.facebook.com/novatechnet/
Twitter: https://twitter.com/novatechnet?lang=en

Website: https://www.novatech.net/

LinkedIn: https://www.linkedin.com/company/novatechnet

Pre-Record Date: April 17, 2019 - Nashville Radio Show Talking Points

3:00pm - 4:00pm | Air Date June 2

- Brittany Mullins, Founder & CEO Beneath the Skin
- McKenna Risch, COO Beneath the Skin
 - Nationwide- we will be 10 weeks into being nationwide by this event!
 - Family Members recurring donors (we need as many as possible!)
 - Other ways to get involved- Street Team, one-time donation, connection advisor.

Social Media/ Web

Facebook: https://www.facebook.com/beneaththeskinnonprofit

LinkedIn: https://twitter.com/ beneaththeskin
Website: http://beneaththeskinonline.org/

Chris Beckler, VP of Operations – Edley's BBQ

- Community partnerships (Friends life, Contributor)
- Big payback for Friends life 5/2, month of May
- Backyard BBQ and Bluegrass event for Friends Life 8/13
- Pancho & Lefty's downtown, opening second unit in Sylvan Park in June

Social Media/ Web

Facebook: https://www.facebook.com/search/top/?q=edleys%20bbg&epa=SEARCH_BOX

Website: https://www.edleysbbq.com/

Marcus Whitney, Serial Entrepreneur and Innovator – Health:Further

- My book, Create and Orchestrate
- My firm, Health:Further
- Soccer in Nashville, and being a co-owner of Nashville SC

Social Media/ Web

Facebook: https://www.facebook.com/marcuswhitney

Website: http://marcuswhitney.com

Twitter: https://twitter.com/marcuswhitney

Pre-Record Date: May 9, 2019 – Nashville Radio Show Talking Points

12:45p - 1:00pm | Air Date May 12

(this is the one that was not able to record on April 27)

> Sarah Scarborough, Founder/owner - Firepot Nomadic Teas

- Our mission (women and wildlife)
- Our history (our roots and original coming to being)
- Our tea bar in Nashville

Social Media/ Web

Instagram: https://www.instagram.com/firepotnomadicteas/

Website: https://www.firepot.com/
Twitter: https://twitter.com/firepotchai

Pre-Record Date: May 9, 2019 – Nashville Radio Show Talking Points

1:00pm - 2:00pm | Air Date June 9

- Jen Starsinic, Co-Founder/Co-Executive Director Girls Write Nashville
- Georgia English, Co-Founder/Co-Executive Director Girls Write Nashville
 - We are currently wrapping up our third year for our flagship program (the All-City Mentorship Program.) Our middle and high school students have spent the last four months working one on one with an assigned professional female songwriting mentor, while also attending monthly youth-led Writers' Guilds. Memorial Day weekend, this program will culminate in a professional recording session at Compass Records. We have hired an all-female studio band of professional musicians. Our girls will work with this band to produce a song they wrote in our program this season, bringing their full artistic vision to life.
 - We have also launched our first "Satellite" after-school program at McMurray Middle Prep in Antioch. We started this program this year as a response to the many youth wanted to join our flagship program, but who reside in neighborhoods that are geographically disconnected from the city center, are underserved by public transportation, and who face additional barriers such as language and lack of personal transport. We have partnered with Community Achieves sire director, Courtney Artis, to provide a 20-week after-school class to seven youth. They are studying guitar, songwriting, and enjoying our "Writers' Guild" model of learning. They are recording their songs April 27th-28th in partnership with Notes for Notes, a nation-wide non-profit that places recording studios in Boys and Girls Clubs.
 - Our CD release show will take place in early July and will be open to the public. This will be a community-celebration of all the hard work our young artists have done this year.

Social Media/ Web

Facebook: https://www.facebook.com/girlswritenashville

Website: <u>www.girlswritenashville.com</u>

Instagram: https://www.instagram.com/girlswritenashville/

Twitter: https://twitter.com/girlswritenash

Karen Hayes, Co-Owner - Parnassus Books

Ann Patchett, Author

- They opened the store in 2011 in Green Hills.
- How we were founded
- What an independent bookstore brings to a city
- Events (it is too far out right now to know what they will be)

Social Media/ Web

Website: https://www.parnassusbooks.net/

Facebook: https://www.facebook.com/parnassusbooks1/

Twitter:

https://twitter.com/ParnassusBooks1?ref_src=twsrc%5Egoogle%7Ctwcamp%5Eserp%7Ctwgr%5Eauthor

Terry Cook, State Director - The Nature Conservancy in Tennessee

Ataya

• Bridgestone Nature Reserve at Chestnut Mountain

Cave and KarstHow does MB Collection work? What cars can members drive?

Social Media/ Web

Website: www.nature.org/tennessee

Facebook: https://www.facebook.com/thenatureconservancy

LinkedIn: https://www.linkedin.com/company/the-nature-conservancy/

Pre-Record Date: May 9, 2019 – Nashville Radio Show Talking Points

2:00pm - 3:00pm | Air Date June 16

▶ Jim Bryson, Chairman and Founder – 20 20 Research

- Why civic involvement is important for a business?
- Evolution and Importance of 20 | 20's Service Week
- Corporate involvement with The Joseph School in Haiti

Social Media/ Web

Website: www.2020research.com

LinkedIn: https://www.linkedin.com/company/20--20/

Matthey Fox – Make Music Nashville

- Make Music Nashville is an all-day, open-access, free non-profit festival taking place in various neighborhoods in Nashville, Tennessee on June 21st every year. Participation is encouraged from all ages, genres and abilities, from indie rock to bluegrass to a cappella, from music students to professional artists and everything in between.
- Make Music Nashville's primary goals are to provide an equal platform for musicians of all skill levels, interests and walks of life and to inspire the next generation of musicians through innovative outreach programming.
- Last year we hosted 150 artists across 38 venues, gave away 1,300 instruments and 1,000 lessons, all free and open to the public

- We are currently recruiting artists and venues in both traditional and non-traditional formats (anyone can be a performer, anywhere can be a venue)
- Call to action: reach out to MMN to figure out how you can become a part of our city's largest day of music making

Facebook: https://www.facebook.com/makemusicnashville

Twitter: https://twitter.com/makemusicnash
Website: http://www.makemusicday.org/nashville/

Jonae Shaw, Director of Engagement – The Joseph School

- Build The Future Campaign our 3 year campaign to build the next set of building for our expanding school
- Night of Thanks Fundraiser on November 17 in Nashville, TN at the Loveless Cafe
- Our Joseph School curriculum needs but more so the purpose and benefits we've seen in Haiti and the community we serve

Social Media/ Web

Facebook: https://www.facebook.com/thejosephschool/

Twitter: https://twitter.com/thejosephschool

Website: http://thejosephschool.org/

Pre-Record Date: May 9, 2019 – Nashville Radio Show Talking Points

3:00pm - 4:00pm | Air Date June 23

- Gary Gaston, CEO Civic Design Center
- Melody Gibson, Educatio Director Civic Design Center
 - NCDC's mission
 - Overview of NCDC's initiatives
 - Design Your Neighborhood history
 - Design Your Neighborhood curriculum
 - Design Your Neighborhood reach in school's this school year
 - Design Your Neighborhood's upcoming showcase that we're promoting.

Social Media/ Web

Facebook: https://www.facebook.com/civicdesigncenter

Twitter: https://twitter.com/ncdc

Website: https://www.civicdesigncenter.org/

Amit Kanda, Market Vice President - Expedient

Expedient combines data centers, network access and managed services to deliver information technology infrastructure as a service (IaaS) solutions. With a physical presence in seven (7) cities, local experts ensure continuous service availability at eleven (11) locations where client data is secured in both physical and virtual platforms, including colocation cabinets, cages and public and private clouds. The company ensures application and data availability through the delivery of a variety of complementary products, predictable monthly expense forecasting, mitigation of the risks associated with industry and government compliance mandates and collaboration with teams of local experts, who are focused on maintaining an environment of operational excellence—freeing clients to focus on strengthening their own differentiators to effectively compete.

Social Media/ Web

Facebook: https://www.facebook.com/expedientcommunications

LinkedIn: https://www.linkedin.com/company/expedient/

Website: https://www.expedient.com/data-centers/memphis/3180-players-lane/

Darren Ambrose, Head Coach of Soccer Team – Vanderbilt Athletics

- Vanderbilt Soccer team overview & outlook
- 2018 Roster & Incoming Class
- Women's World Cup
- Youth National/international players and camp invitees for Vanderbilt Soccer (in the past two years/current)
- Canada: Maya Antoine, Sophie Guilmette (goo-MET)
- Iran: Kimya Raietparvar (riot-parVAR)
- Jamaica: Madiya Harriott
- United States: Haley Hopkins, Ella Shamburger
- Soccer as a growing sport in Nashville

Social Media/ Web

Website Soccer: https://vucommodores.com/news/2019/1/4/2018-soccer-

recap.aspx?path=wsoc

Website Athletics: https://vucommodores.com/



- ▶ Jeannie Hunter, Regional Director Society of St. Andrew for the state of Tennessee Note: Jeannie is pronounced like Will Smith's current Disney character, Andrew is singular and not possessive.
 - What we do: we glean food at farms, farmers' markets, and processing houses to collect food
 that might otherwise go to waste. We arrange for it to be delivered to food banks, soup
 kitchens, and homeless shelters, where people get to eat fresh, healthy stuff instead of overly
 processed canned/boxed food and day-old pastries.
 - Food waste: In America, we throw away 40% of what we grow, which means we're wasting
 food, the money we paid for that food, and all the resources that went into growing and
 transporting it (labor, seed, fertilizers, tractor fuel, pesticides, trucking, etc.). Food waste in
 landfills causes methane, a powerful greenhouse gas that contributes to global warming.
 - Society of St. Andrew is unique because we glean food at the farm level, meaning we collect fresh, healthy produce pre-consumer. It's sometimes the produce that isn't "pretty" enough for grocery stores (they're very specific about shape, color, size, etc.), sometimes excess, sometimes a farmer is done for the season, and there's still food in the fields...
 - 16% of Tennesseans are food insecure, meaning they have had to wonder how they were going to get their next meal in the last year. When you consider how much food is wasted, it's pretty awful. So our work uses one problem to solve another!

Website: https://endhunger.org/

Facebook: https://www.facebook.com/pages/Society-of-St-Andrew/210137351957?v=wall

LinkedIn: https://www.linkedin.com/sharing/share-

offsite/?url=https%3A%2F%2Fendhunger.org%2F

Pre-Record Date: June 12, 2019 – Nashville Radio Show Talking Points

1:00pm - 2:00pm | Air Date July 21

Melissa McWilliams, Development Director- Fannie Battle

- Current state of childcare crisis
- Teacher pay
- Pilot program with EEP & Nashville classical

Social Media/ Web

Facebook: https://www.facebook.com/fanniebattle

Website: www.fanniebattle.org

Melissa Eads, Corporate Affairs Manager - Kroger Nashville

- The <u>Kroger Zero Hunger Zero Waste Plan</u> our commitment to ending hunger in our communities and eliminating waste in the company by 2025.
- What does that look like and what have we done so far? (I can answer these questions when asked)
- What can everyone do in their own home to make a difference?

Social Media/ Web

Website: https://www.kroger.com/

Katina Beard, Chief Executive Officer - Matthew Walker Comprehensive Health Center

- New Mobile Unit
- Upcoming Pancake Breakfast and Block Party
- Behavioral Health Services
- Dental Program

Social Media/ Web

Website: http://mwchc.org/

Facebook: https://www.facebook.com/matthewwalkercenter

Twitter: https://twitter.com/mwalkerhealth

Pre-Record Date: June 12, 2019 – Nashville Radio Show Talking Points

2:00pm - 3:00pm | Air Date July 28

Sunny Rosanbalm, Executive Director and Founder – Tucker's House

- Understand how Tucker's House was founded and what we do. We partner with families of children with disabilities by making them homes safe and accessible. We would also like to include a story about one of our children. Important for people to know local and grassroots.
- 10th Anniversary Celebration...Tunes for Tucker's House a songwriter's night winner and drinks on Saturday, August 24th at Liberty Hall inside the Factory in Franklin doors open at 6pm; Table of 10 are \$1500 and individual tickets are \$150. Raffle for \$100 for chance to win a beautiful playhouse.
- Annual Teeing off for Tucker's House Golf Tournament, Monday September 30th at Temple Hills Country Club; Teams are \$600, Individuals \$150.
- Partnerships/sponsorships are available for both events and you may purchase tickets or teams online at <u>tuckershouse.org</u> or call 615-579-5046 for more information.

Social Media/ Web

Website: <u>www.tuckershouse.org</u>

Facebook: https://www.facebook.com/tuckershouse.org/

Twitter: https://twitter.com/Tuckers House

Dale Sharp, President – Sharp, Robbins & Popwell

Andy Holt, Director of Business Development - Sharp, Robbins & Popwell

- Our focus on providing education within our chosen client bases commercial, multifamily, and healthcare.
 - This includes both internally and externally focused class which are accredited.
 - We've recently added a Director of Education as a full-time position.
 - o Pre-Disaster planning software offered with no charge to our clients.
- Our increased focus on the Healthcare sector.
 - o Director of Healthcare Construction to begin work on 06.10.19.
 - o Partnerships with Healthcare providers.
- Our current and future growth.
 - Little Rock opening mid-June
 - East Tennessee likely opening 2020.

Social Media/ Web

Facebook: https://www.facebook.com/SRPcontractors/

LinkedIn: https://www.linkedin.com/company/sharp-robbins-&-popwell-llc/

Website: <u>www.srpcontractors.com</u>

Brian Moyer, President & CEO - Greater Nashville Technology Council

- The Greater Nashville Technology Council's mission is to strengthen and advance the technology sector by helping business grow and working to build a skilled tech workforce. We are the leading voice and advocate for the \$7.5 billion information technology ecosystem; and the 50,000 technology professionals who design, implement, manage, and safeguard the technology that powers our region's economy.
- Middle Tennessee's tech community is significant to Nashville's economy & is growing 30% in the past 5 years, 16% 2017-2018.
- NTC works to develop professionals many ways companies can help develop their employees through peer groups & event programming
- NTC is developing and coordinating the development of new tech talent Apprenti TN, Coding Camps, Traveling Tech Day field trips, college / employer coordination

Social Media/ Web

Facebook: https://www.facebook.com/NashvilleTechCouncil

Twitter: https://twitter.com/nashtechcouncil https://technologycouncil.com

Pre-Record Date: June 12, 2019 – Nashville Radio Show Talking Points

3:00pm - 4:00pm | Air Date August 4

Chris Byford - Lead Facilitator and Teacher Development Coordinator – Small World Yoga

- Small World Yoga Community Studio
- Small World Yoga Outreach
- Baptiste Power Yoga Nashville Winter Teacher Training (the name of the teacher training that supports Small World Yoga)

Social Media/ Web

Website: https://www.smallworldyoga.org/

Facebook: https://www.facebook.com/SmallWorldYoga.org/?ref=aymt_homepage_panel

- Criselda Gonzalez, MCRC, CCTP, Transitional Foster Care Program Director Refugee &
 Immigrant Foster Care, Bethany Christian Services of Middle Tennessee
- Nancy Brady, Event Coordinator <u>Bethany Christian Services Transitional Foster Care</u>
 <u>Program</u>
 - Bethany Refugee & Immigrant Foster Care Overview
 - Refugee Children In Crisis
 - Art/Music Benefit for the Transitional Foster Care Program
 - Become a Transitional Foster Home What that looks like

Social Media/ Web

Facebook: https://www.facebook.com/bethanyfans

Twitter: https://twitter.com/Bethany

Website: https://bethany.org/about-us

Mike Lenda, CEO - The Well Coffeehouse

- Information about the Well Coffeehouse history + our locations and roasting facility
- Our mission as a non-profit to donate profits to build water projects globally, and our
 desire to address the cost of living for farmers through the price of coffee that we pay
- Initiatives of live music and event space as well as partnerships to bring The Well Coffee and its impact to other area businesses through wholesale, retail partnerships and catering

Social Media/ Web

Website: http://www.wellcoffeehouse.com/

Facebook: https://www.facebook.com/wellcoffeehouse/timeline

Twitter: https://twitter.com/wellcoffeehouse

2019-Q2 (April - June) Radio Health Journal Quarterly Report - Compliancy Issues & Programs List:

Animals Malnutrition

Bullying Medicare and Medicaid

Child labor Mental health
Consumerism Moral values

Consumer safety Parenting issues

Contraception and family planning Patient safety

Drug enforcement Public health

Economics Rehabilitation

Education Science and technology

Elderly and senior citizens Senior citizens

Emergency response Social isolation

EMS and emergency response Taxes

Federal government and regulation Technology and health

Food and nutrition Teen pregnancy

Fraud Vaccination

Gender roles Volunteer organizations

Government and federal regulation War

Health care Women's issues

Individual rights Workforce

Infant and maternal mortality

Youth at risk

Insurance





2019-Q2 (April-June) Viewpoints Quarterly Report – Compliancy Issues & Program List

American culture Emotional grief

American history Environment

Art Entertainment

Business Entrepreneurship

Careers Family and parenting issues

Child health/development Feminism

Climate change Gender issues

Criminal justice Government

Culture Health and wellness

Death Healthcare

Disaster Home improvement

Discrimination Immigration

Diversity Inclusivity

Domestic violence Interpersonal relationships

Economics Intellectual disabilities

Education Law

Literature Self-discipline

Media Sexual assault/abuse

Mental health Social media

Mental illness Societal issues

Music Space Travel

Nationalism Storytelling

Pop culture Technology

Politics Television

Psychology Terrorism

Public health/safety The Presidency

Racism Trauma

Recreation Violence

Religion Women's issues

Science Youth at risk