## WEZQ

# 2<sup>nd</sup> QUARTER MAINE CONCERNS TOPICS 2017

"Townsquare Media Maine Concerns" is a long-form interview segment running every Sunday morning at 6:20 A.M. (WWMJ), 11:10 A.M. (WDEA), 8:00am (WQCB), 7:55am (WBZN), and 6:05AM (WEZQ)

Each of the Maine Concerns reports runs between 8 and 10 minutes. The following reports aired during the 2<sup>nd</sup> quarter of 2017.

#### 4-2-17

In our first segment, Cindy Campbell talks with Bruce Fitzgerald and Susan Faloon of the Maine Emergency Management Agency about the 'See Something Say Something' campaign. This program encourages residents to report any activity in their neighborhoods or communities that seems 'off' or out of place, in an effort to stem crime and even terrorism. In our second segment, Cindy chats with Pine Tree Society President Noel Sullivan about the many services offered by the organization in order to make life easier for people with disabilities. The non-profit not only has a barrier-free summer camp, but also offers services aimed at individuals with special needs. (9:58 Crime, Public Safety, Community, Health)

#### 4-9-17

In our first segment, Cindy Campbell talks about ticks with Jim Dill, Pest Specialist with the University of Maine's Cooperative Extension. He discusses how to prevent tick bites, the proper way to remove a tick if you're bitten, and what to do with the tick. Dill works with the U-Maine tick lab, where the insects can be identified for free and stored for up to a year, if you need to have it tested for lyme. In our second segment, Cindy chats with Carol Lackedy of the Hermon Food Pantry about the organization's upcoming dinner and auction. She talks about their new location in Hermon, discusses the types of food products they're usually lacking, and how folks can donate. (10:03 Health, Community)

#### 4-16-17

In our first segment, Cindy Campbell talks with Mary Gagne of Health Affiliates Maine about suicide. Gagne discusses how someone gets to that point, the warning signs that may indicate someone is considering suicide, and what to do if you suspect someone of considering it. She offers websites and phone numbers, along with local resources that could help. In our second segment, Cindy chats with Jolene Wallace of Katahdin Trust Company about a program that works to teach young children how to save. Volunteers go into the schools to teach basic money management and also the difference between 'needs' and 'wants.' (9:33 Health, Community, Education, Economy)

#### 4-23-17

In our first segment, Cindy Campbell talks with Jim LaPierre of the Bangor Area Recovery Network, or BARN, about an upcoming informational night for family members of people struggling with addiction.

The evening will inform people of resources available to them in the community, as well as be an open discussion of what resources are still needed and how they might be made a reality. In our second segment, Cindy chats with Susan Faloon of the Maine Emergency Management Agency about next week's Maine Prepares Conference in Augusta. The conference will educate first responders and the public about how to prepare for disasters, both natural and man-made, how to shelter in place, and how to be ready for sudden evacuation of their homes. (10:00 Health, Community, Education, Public Safety)

# 4-30-17

Our show this week is dedicated to Lyme Disease and Ticks, since the insects are out in force right now in Maine. In our first segment, Cindy Campbell talks with Dr. Siiri Bennett of the Maine Center for Disease Control about Lyme Disease. Dr. Bennett explains the symptoms, including that not everyone gets the signature rash, and the treatments that are available. In our second segment, Cindy chats with Pest Specialist Jim Dill of the University of Maine's tick lab about the services they provide, which includes identifying the kind of tick that bit you and their storage availability to keep the insect for up to a year in case you want to get it tested for Lyme in the future. He also talks about how to avoid getting bit and the proper way to remove a tick that's embedded. (9:26 Health, Environment, Community)

# 5-7-17

In our first segment, Cindy Campbell talks with Stacia Kingsbury about Living Innovations about an upcoming prom for people with intellectual and developmental disabilities. She explains what the organization does, serving the needs of these individuals, and describes the prom. It's a fun night for attendees, but also raises money for Special Olympics. In our second segment, Cindy chats with Grayson Richmond about Birdsacre, a sanctuary in Ellsworth. He describes the history of the sanctuary, the educational work they do in local schools, and the nature trails that are open to the public. In our final segment, Cindy talks with American Folk Festival Executive Director Heather McCarthy about Color Bangor, a fun and colorful 5K that benefits the annual event. (9:00 Health, Community, Education, Environment)

# 5-14-17

In our first segment, Cindy Campbell chats with Bill Grant, co-chair of a committee working to build a Veterans Memorial in the town of Hudson. The group is holding fundraisers to try and reach their \$60,000 goal to make it a reality. In our second segment, Cindy talks with Robin Long of Caring Connections and Cancer survivor Jon Henry about a new Men's Cancer Network. Caring Connections has always focused on women with breast cancer, but is now offering this support group for men with penile, testicular, or prostate cancer. The group will offer support but also education about the individual diseases and treatment options. (9:17 Health, Education, Community)

## 5-21-17

In our first segment, Cindy Campbell talks with Mary Gagne of Health Affiliates Maine about suicide. Gagne discusses how someone gets to that point, the warning signs that may indicate someone is considering suicide, and what to do if you suspect someone of considering it. She offers websites and phone numbers, along with local resources that could help. In our second segment, Cindy chats with Bear Biologist Jen Vachon of the Department of Inland, Fisheries, and Wildlife about how to avoid attracting bears to your property. She offers a variety of tips, and then explains the best things to do if you come across a bear. (9:43 Health, Community, Environment)

## 5-28-17

In our first segment, Cindy Campbell talks with Dr. Gillian Gordon Perue of Eastern Maine Medical Center about Stroke Awareness Month. Dr. Perue discusses causes and warning signs of stroke, as well as the importance of seeking care as soon as possible. In our second segment, Cindy chats with Corporal John MacDonald of the Maine Warden Service about Safe Boating Week. He talks about the importance of not only having life vests, but of wearing them whenever you're in a boat. MacDonald also advises doing safety checks on the boat and leaving a trip itinerary. (9:51 Health, Public Safety, Community)

## 6-4-17

In our first segment, Cindy Campbell talks with the United Way of Eastern Maine's Volunteer Manager, Kathryn Ravenscraft, about the Day of Caring. This one-day event matches up volunteers with projects through area non-profits that range from painting and gardening, to book drives and more. Volunteers can pick the project they want to work on, depending on the duties involved or the agency they wish to help. In our second segment, Cindy shares an interview with Bruce Fitzgerald and Susan Faloon, the Director and Public Information Officer of the Maine Emergency Management Agency about the 'See Something Say Something' campaign. This initiative encourages Mainers to report any suspicious activity they see in their neighborhoods as a way to help law enforcement, especially during the busy tourist season. (10:01 Community, Environment, Public Safety, Crime)

# 6-11-17

Our show today focuses on Maine Adaptive, a Portland-based non-profit that helps outfit people with disabilities with adaptive sports equipment, and trains them how to use it. This includes everything from skiing and snowboarding, to bicycling and exploring forest trails in a trail-ready wheelchair. The organization is expanding its reach by holding an adaptive cycling event in Bangor next weekend, and by holding a volunteer training clinic. (8:00 Community, Health )

## 6-18-17

In our first segment, Cindy Campbell chats with the Director of Emergency Services at St. Joseph's Hospital, Dr. Jonathan Burko, about the Powassan Virus. Dr. Burko explains the symptoms and treatments, including long-term neurological effects and prevention methods. In our second segment, Cindy chats with Bill Grant, who's one of the organizers of a project to build a Veterans' Memorial in Hudson. The group is still fundraising for the project and is looking for community support. (10:00 Health, Environment, Community)

#### 6-25-17

In our first segment, Cindy Campbell talks with the Bangor Fire Department's Education Officer, Jake Johnson about fireworks safety. He advises never modifying fireworks or letting children play with them. In our second segment, Cindy chats with Corporal John MacDonald of the Maine Warden Service about boating safety. He talks about the importance of not only having life vests, but of wearing them whenever you're in a boat. MacDonald also advises doing safety checks on the boat and leaving a trip itinerary. (9:16 Public Safety, Community)