

Topics list for Quarterly Issues, 2nd Quarter 2023

Adam Ritz show

Airs 6:30a-7:00am Sundays on KWFB

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April 2, 2023

This show begins with a report on a few recent heroes in Florida and Iowa who acted quick to jump in a lake to save an elderly person from a sinking vehicle. The Florida rescue was performed by first responders and professionals, while the Iowa rescue was a fast thinking teen, who braved the ice waters. Other segments include; Eyedrops recall in 16 states; NBA basketball charity effort.

April 9, 2023

This show begins with a discussion of Tornado Relief, after several severe storms caused major damage and loss of life recently in Mississippi, Missouri, Indiana, and more parts of the south. To make a donation and help click on [RedCross.org](https://www.redcross.org). Other segments include; Tornado Season awareness and preparedness; KC Royals 3rd baseman Hunter Dozier BBQ sandwich to benefit Hunters Heroes and Big Brothers Big Sisters Kansas City

April 16, 2023

This episode begins with a Scam Alert. Adam has been receiving texts from Netflix informing him that they are going to cancel his account if he doesn't pay the late fee. The problem is... Adam doesn't have Netflix! So be on the look out for scammers, especially in the wake of the recent Severe Storm Damage. Check the validity of any charity or foundation at [CharityNavigator.org](https://www.charitynavigator.org). Other segments include; A book called 'Hello Sleep' that can help your sleeping issues; Stress and Anxiety due to wearing a Fitness Tracker; A discussion on the importance of Vitamin D; A warning of how true online Medical Advice can be.

April 23, 2023

This week we take a look at AI scams, including a terrifying scam involving an AI voice impersonation to convince the victim their loved one has been kidnapped. Other segments include; Allergy Season, with a mild spring the pollen will develop earlier for heightened allergies this summer; AM Radio update, affecting the emergency alert system during a disaster; RIP Medical Debt, a charity that has relieved over \$8 billion in medical debt for Americans; The first EV Chevy Corvette auctioned for over \$1 Million to raise money for Teachers; April is Stroke Awareness Month.

April 30, 2023

This episode features a conversation about Kidney Health Awareness and Organ Donor Awareness with Carlie Oakely. Carlie is a Kidney Transplant Recipient, and she shares her incredible story with us. Carlie has become an advocate for Organ Donation, and is an inspiration for anyone going through a health crisis.

May 7, 2023

This episode begins with a discussion of Pool Safety. Now that it's May and the weather is warming up, pool season is right around the corner. To avoid a drowning or other life changing tragedy we discuss 10 tips for Pool Safety. Other topics include; Indy 500 driver Charlie Kimball work as a Diabetes Advocate; The history of Memorial Day; Warmer weather affecting traffic and pedestrian safety; Ceiling Fan pro tips.

May 14, 2023

We begin in front of a live studio audience at Missouri State University, and honor football player Caleb Schaffitzel for his community service. Caleb shares how MSU Football teams up with the MSU Ladies Field Hockey team for Healthy Heros to promote a healthy lifestyle at The Boys and Girls Club. We catch up with Fox4's Jenny Anchondo in Dallas to talk about everything from fitness apps to marijuana in the news. Next is Jeremiah Detmer and Alvin Fletcher, football players at the University of Toledo, both with 4.0 GPA's, to help raise awareness for the importance of education. Finally we chat with Jennifer Connor, The Mustard Girl, to learn about her charity work including an initiative called Common Threads to help combat Child Obesity.

May 21, 2023

We begin this show with a look at 2 World War II veterans with major milestones this week. The first celebrated his 101st birthday, and the second finally walked across the stage in his cap and gown at the age of 102 to receive his diploma. Other segments include; Memorial Day Weekend travel safety; Frisco Texas Home Run Derby raising \$113,000 for charity; 13 Ugly Men in Tampa FL raising \$2 million in 2 years for charity; AI in the drive thru at Wendy's.

May 28, 2023

We begin this Holiday Weekend show with a discussion of the meaning of Memorial Day. It's vastly different than Veterans Day, in that Memorial Day celebrates and honors the memory of the men and women who made the ultimate sacrifice serving this country. Veterans Day honors all living Military Personnel and Veterans. Memorial Day honors the memory of those who have passed. Other topics covered include; Folds Of Honor helping families and children of fallen heroes; The healthiest states in America; Salmonella infections alert with summer cookouts; Tik Tok viral video challenges and their dangers.

June 4, 2023

This is a special edition of The Adam Ritz Show, recorded live on location at the Brownsburg American Legion, featuring A Night Of Comedy to benefit the Brownsburg Older Adult Alliance. BOAA Chairman Tom Lacey joins us to explain the support that BOAA provides to the older community, and their history. Along with our own Jay Baker, personalities and comedians Abdul Shabazz, Chris Spangler, and Sergeant Pete Fleck join us to talk about the event and the great cause. You can learn more about the Brownsburg older Adult Alliance and donate at bburgoaa.org.

June 11, 2023

We begin this episode with a discussion of the Air Quality connected to the Wildfires in Canada. 17 states are reporting severe Air Quality alerts, with the worst quality in the northeast. Officials are recommending staying inside and masking up when you go outside until the air quality improves. Check with your local officials for your Air Quality. Other segments: This Fathers' Day Americans were projected to spend \$22 Billion with the average person spending about \$194; America has Alien fever after a report of a government whistleblower's admission that the government has recent Alien spacecraft and evidence in their possession. There's even a 911 call from Las Vegas of an 'object' landing on someone's property, with 10-foot aliens in their backyard.

June 18, 2023

Entrepreneur John Wechsler joins us to talk about his work with kids across America, to spark the entrepreneur in them. From Lemonade Stands for 3rd graders, to Science Labs for teenagers, John has a passion for inspiring kids to become the world's next great Entrepreneurs. John is the Founder and CEO of Spokenote, learn more at Spokenote.com.

June 25, 2023

This show begins with a look at a Donna Summer Auction. The late Queen of Disco's daughters have teamed up with Christies of New York, to raise money for a few of Donna's favorite foundations including the Elton John Aids Foundation and St. Jude Children's Hospital. Other segments include; A study on how your work environment affects your lifespan; a look at cinematic history with 40 years of Indiana Jones with the release of the 5th movie in the franchise; There's a mountain of clothes weighing 59,000 tons in a landfill in the country of Chile; A Fast Food report mentioning the healthy pizza option of cauliflower crust.

End of 2nd Q 2023