

# Quarterly Issues and Programs List

## WTCT – Marion, IL

### Second Quarter 2023

Following are the most significant issues of public concern ascertained from the station's viewing area during the time period of April-June 2023:

Government  
Business/Manufacturing  
Community Development  
Recreation/Tourism

Education/School  
Pollution/Environment  
Medical Problems

Please note that the program airing times and durations listed may not reflect exact starting, ending and total running times for a particular episode and/or topic, but are good faith estimates of those times.

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| Issue/problem         | Program title  | Source            | Type      | Air date | Program number | Program duration | Topic duration |
|-----------------------|----------------|-------------------|-----------|----------|----------------|------------------|----------------|
| Pollution/Environment | Ask the Pastor | RLM Program Files | MPEG file | 06/16/23 | ATP061623      | 58:00            | 4:00           |

Michael Gammill, Anthony Shannon, SR., Rich Hall, John Laird, Nancy Galambos, Ronald Turner, Sr. As believers who understand we are stewards of God's creation, should we be panicking about climate change? Philippians 4:6 says, be careful for nothing, but in everything by prayer and supplication with thanksgiving, let your requests be made known unto God and the peace of God, which passeth all understanding shall keep your hearts and minds through Christ Jesus. So I would say no, you shouldn't panic. But does that mean that you're irresponsible? No, absolutely not. God gave us this planet and he told Adam to take care of it to maintain it. So I believe we should be. We should do everything we can to take care of the planet, but as far as panicking, you shouldn't do that.

| Issue/problem     | Program title  | Source            | Type      | Air date | Program number | Program duration | Topic duration |
|-------------------|----------------|-------------------|-----------|----------|----------------|------------------|----------------|
| Education/Schools | Ask the Pastor | RLM Program Files | MPEG file | 06/22/23 | ATP062223      | 58:00            | 8:00           |

Michael Gammill, David Gray, Mark Galambos, Teresa McCurry, Joseph Colini. Why don't we put God back in school and why did the Supreme Court take that away? That's why it's very important when we vote for our elected officials. We understand the platform, and what they believe, and why they believe it. So we, as the body of Christ, we need to stand up without apology, without compromise, and stand up for, what is right.

| Issue/problem | Program title     | Source            | Type      | Air Date | Program number | Program duration | Topic duration |
|---------------|-------------------|-------------------|-----------|----------|----------------|------------------|----------------|
| Government    | Julie and Friends | RLM Program Files | MPEG file | 4/26/23  | JULIE1272      | 28:00            | 28:00          |

Author Jeanne Nigro discusses dealing with deception and how Christians can find a "way forward" in the arena of faith and politics. If you're a Christian and you're running for a public office, you are putting yourself up for an attack of the enemy. And so, it's not going to be perfect, but if someone is trying to make a difference, let's support them like you've never seen because the last thing the enemy wants, obviously, is to make a spiritual difference in government.

| Issue/problem         | Program title  | Source            | Type      | Air date | Program number | Program duration | Topic duration |
|-----------------------|----------------|-------------------|-----------|----------|----------------|------------------|----------------|
| Community Development | Ask the Pastor | RLM Program Files | MPEG file | 05/25/23 | ATP052523      | 58:00            | 2:00           |

Tim Walker, Mark Galambos, David Hughes II, Stephen Owens, Anthony Medley, David Gray. I'm from Poland and I'm wondering are Christian communities in the United States growing in numbers? We hear a lot of different things after covid there were some challenges getting people back into the church. We talked about the spirit of fear earlier and part of that was the spirit of fear and people coming back into the community. We were reminded of scripture where it says don't forsake the assembly of coming together. I said last night in my message at church that, you know, we can watch on television. This is great and you're getting your answers, but belonging to an assembly and coming into serve, to be partakers of the anointing and communion as a body of believers and being raised up by a fivefold ministry happens in a building that we call the church.

| Issue/problem          | Program title    | Source            | Type      | Air date | Program number | Program duration | Topic duration |
|------------------------|------------------|-------------------|-----------|----------|----------------|------------------|----------------|
| Business/Manufacturing | Faith in History | RLM Program Files | MPEG file | 5/09/23  | 670            | 28:00            | 28:00          |

Teddy Roosevelt got the reputation of a trust buster, breaking up monopolies such as John D Rockefeller Standard Oil Company. John D Rockefeller gained his wealth through oil. Some of the more questionable practices was the oil was shipped on railroads and he would go to the railroad company and say ship my oil cheaper than my competitors. He would sell it cheaper, put his competitors out of business. Then he would have a monopoly and then he would raise the price of oil through the roof. And with that extra money would pay back the railroad for the

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original lowering of the price plus more. So, it would benefit the railroad to do this under the table deal with John D. Rockefeller and through that method, John D. Rockefeller became the richest, man in the world.

| Issue/problem    | Program title     | Source            | Type      | Air Date | Program number | Program duration | Topic duration |
|------------------|-------------------|-------------------|-----------|----------|----------------|------------------|----------------|
| Medical Problems | Julie and Friends | RLM Program Files | MPEG file | 4/28/23  | JULIE1274      | 28:00            | 28:00          |

Author Andrea Campbell shares her experience with cancer, and will inspire you to go on your own "beautiful journey" of self-discovery. I can only speak for myself, but going through both of these cancer journeys, it was important for me once to stay in the world, but also to stay around people who were encouraging to me and could speak life to me as well. But I had to let go of that person to be who it is that God wants me to be and so you know it definitely changed my whole life my Ministry which is not one that I would have chosen for myself.

| Issue/problem      | Program title  | Source            | Type      | Air date | Program number | Program duration | Topic duration |
|--------------------|----------------|-------------------|-----------|----------|----------------|------------------|----------------|
| Recreation/Tourism | Ask the Pastor | RLM Program Files | MPEG file | 05/11/23 | ATP051123      | 58:00            | 1:00           |

Brandon Hollis, Nick Lindsay, David Gray, Michael Gammill, David Hughes II, Mark Galambos. Is going to a casino and playing slot machines a sin? We need to not throw away our money following after those things. If you're doing it for pure entertainment, I don't see the Bible say, this is a sin, but the reality is that, do you really want your entertainment to be something where you are misusing the things that God has so lovingly given to you through the circumstances of your life. God loves you so much that you don't have to gamble. You just need to pray.

| Issue/problem         | Program title  | Source            | Type      | Air date | Program number | Program duration | Topic duration |
|-----------------------|----------------|-------------------|-----------|----------|----------------|------------------|----------------|
| Pollution/Environment | Ask the Pastor | RLM Program Files | MPEG file | 06/22/23 | ATP062223      | 58:00            | 8:00           |

Michael Gammill, David Gray, Mark Galambos, Teresa McCurry, Joseph Colini. Where did all the children go when the flood came? They had to have died because it said everybody except for Noah and his family and whoever got on the ark was deceased, right? But they did have an opportunity to join. Most of them chose not to. When it comes to age of accountability, I personally believe that, once you understand, you're accountable.

| Issue/problem         | Program title  | Source            | Type      | Air date | Program number | Program duration | Topic duration |
|-----------------------|----------------|-------------------|-----------|----------|----------------|------------------|----------------|
| Pollution/Environment | Ask the Pastor | RLM Program Files | MPEG file | 06/26/23 | ATP062623      | 58:00            | 3:00           |

Samuel Hampton II, Joseph Colini, Ricky Holmes, Samuel Vicente, Limarie Vargas, David Hughes II. Why wasn't Satan destroyed in the flood of Noah's time? We must understand that Satan himself is a fallen angel and he took one third of those angels with him. So, I'm going to say it like this. I believe that Satan wasn't destroyed because he's a fallen angel.

| Issue/problem         | Program title  | Source            | Type      | Air date | Program number | Program duration | Topic duration |
|-----------------------|----------------|-------------------|-----------|----------|----------------|------------------|----------------|
| Pollution/Environment | Ask the Pastor | RLM Program Files | MPEG file | 04/17/23 | ATP041723      | 58:00            | 4:00           |

Faron Cole, Samuel Hampton II, Tim Roeser, Kathaleen Wuopio, Charles Redmon Jr., Joseph Colini. How are the evolutionists wrong and the creationists right? Regarding the age of the Earth, I just look at it this way, either believe God who was there when creation was taking place or you believe men who are guessing what took place way back when. You either trust in God, or you trust in dirt. There was no life there and God and up creating life, he spoke it into existence, which tells you of his great power and ability. And so, evolutionist, they trust in their dating process says, they trust in their observations of the universe and, and they still really can't come up with a viable model. I mean, to me to believe what the evolutionists believe that a thing began with a spinning dot the size of a period in my Bible and exploded and made all of this universe. It takes more faith to believe that.

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| Pollution/Environment | Ask the Pastor | RLM Program Files | MPEG file | 04/27/23 | ATP042723      | 58:00            | 5:00           |

Brandon Hollis, Hawk Bolden II, David Gray, Joseph Colini, Daren Brake, David Hughes II. With the Euphrates river drying up, are we in the end times? It is a definitely a sign of the end times that we're in, that the river Euphrates is drying up. Because, of course, that was one of the rivers that pass through the Garden of Eden that also continues to give life to the trees there and so it's definitely a sign. And also, what we see with that comes with that sign is the spirits being released into the Earth to do the work of our enemy. And I believe that those Spirits also doing that type of work in the Earth is also a call for believers to wake up and to also, gather for the battle that will take place because we can definitely see there's a polarization going on. We're good versus evil and it's very clear what's good and what's evil in this day.

| Issue/problem     | Program title  | Source            | Type      | Air date | Program number | Program duration | Topic duration |
|-------------------|----------------|-------------------|-----------|----------|----------------|------------------|----------------|
| Education/Schools | Ask the Pastor | RLM Program Files | MPEG file | 06/22/23 | ATP062223      | 58:00            | 6:00           |

Michael Gammill, David Gray, Mark Galambos, Teresa McCurry, Joseph Colini. Utah has banned the Bible in schools. Why is this? I just read about this recently. There were a lot of people of moral backing encouraging libraries to remove books, children's literature, of gross sexual content. Then somebody came in and they suggested that the Bible has sexual references as well. And if it has sexual references, they should remove the Bible from its libraries and the classrooms.

| Issue/problem     | Program title  | Source            | Type      | Air date | Program number | Program duration | Topic duration |
|-------------------|----------------|-------------------|-----------|----------|----------------|------------------|----------------|
| Education/Schools | Ask the Pastor | RLM Program Files | MPEG file | 04/14/23 | ATP041423      | 58:00            | 6:00           |

Eugene Norris, Tim Roeser, Nancy Galambos, John Laird, Rich Hall, Ronald Turner Sr. Should I only trust in Pastors that studied theology? Well, I don't think that anyone should be a pastor, unless they've studied theology. Because we have to know the word of God because it's the word of God that we live by, and that we train up people. And we teach them, we teach them the word of God as pastors. the word of God is where our theology comes from. It's not about man-made rules. It's about the word of God. So, if you're going to a place and being taught by somebody, who does not know the word of God and they're just going on their own opinions and things that they've heard from others then I would tell you that you need to seek God and find out which way you should go.

| Issue/problem     | Program title  | Source            | Type      | Air date | Program number | Program duration | Topic duration |
|-------------------|----------------|-------------------|-----------|----------|----------------|------------------|----------------|
| Education/Schools | Ask the Pastor | RLM Program Files | MPEG file | 06/01/23 | ATP060123      | 58:00            | 5:00           |

Michael Gammill, David Gray, Mark Galambos, Stephen Owens, Nick Lindsay, Ronald Turner, Sr. Is there a particular version of the Bible that you would recommend for daily reading? I'll give two suggestions. First is whatever scripture that you are taking time to memorize. For me I regularly read the new King James version. Those are the scriptures I'm trying to memorize and that I preach from so I read that constantly. But then the translations I like to read as well is the New Living Translation and The Message Bible. Because those would be more paraphrases. They are more contemporary in how they've translated the scriptures. And you can just read that through without having to break open a Bible dictionary and other dictionaries to try to figure out the words.

| Issue/problem     | Program title  | Source            | Type      | Air date | Program number | Program duration | Topic duration |
|-------------------|----------------|-------------------|-----------|----------|----------------|------------------|----------------|
| Education/Schools | Ask the Pastor | RLM Program Files | MPEG file | 06/02/23 | ATP060223      | 58:00            | 3:00           |

Eugene Norris, Joseph Colini, Rich Hall, Tim Roeser, Nancy Galambos, Ronald Turner, Sr. Can you define wisdom and knowledge? The Bible tells us that wisdom isn't just knowing stuff. It's how you live it out. It's implying it. So

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knowledge is information. Wisdom is application. So, I always like to use this illustration. Knowledge is knowing that tomato is a fruit but wisdom is knowing not to put it into a fruit salad. That's kind of how knowledge and information work.

| Issue/problem         | Program title  | Source            | Type      | Air date | Program number | Program duration | Topic duration |
|-----------------------|----------------|-------------------|-----------|----------|----------------|------------------|----------------|
| Community Development | Ask the Pastor | RLM Program Files | MPEG file | 04/24/23 | ATP042423      | 58:00            | 2:00           |

Faron Cole, Samuel Hampton II, Ricky Holmes, Julia Ferrell, Tim Neal. What's been your biggest joy in ministry? When I first got saved, the church did street ministry. And I came from the streets, I was a drug dealer. And so, when I got saved, I was able to go out on the streets and witness. I've had encounters, I had situations where my life was threatened. But I just felt the peace of God in the midst of it. And throughout the years we've preached it on the streets, we ministered on the streets. Then God took me over to another area of ministry where I started to go to hospitals and pray for people on their deathbeds. It seemed like every time I turned around, I was getting somebody calling me to come and pray for their loved one that was dying. I led many people to the Lord throughout the years. We have just been blessed to be able to minister, just to touch lives. And that's the most important thing, that we prepare people for eternity and that's where I get my joy.

| Issue/problem         | Program title     | Source            | Type      | Air Date | Program number | Program duration | Topic duration |
|-----------------------|-------------------|-------------------|-----------|----------|----------------|------------------|----------------|
| Community Development | Julie and Friends | RLM Program Files | MPEG file | 6/5/23   | JULIE1185      | 28:00            | 28:00          |

Life Coach Kellee Williams tells you how you can find the courage to use your voice to impact your life, and the lives of others. The story is simple. 20 years ago. I had a dream to encourage and motivate women to reach for the sky, seek peace and live a life that they desire and deserve. So, where do you think that dream came from? I have a 27-year-old who I had when I was 17 years old. I had this like feisty drive about me that, you know, I knew I was going to be a statistic now, because I was a teen mom and I was determined to beat the odds. Also, I love talking with women. I love seeing them light up as I share my life experience and I see the look in their eyes as they're inspired to make changes. Whatever those changes are whatever, but they're inspired to do the same.

| Issue/problem         | Program title  | Source            | Type      | Air date | Program number | Program duration | Topic duration |
|-----------------------|----------------|-------------------|-----------|----------|----------------|------------------|----------------|
| Community Development | Ask the Pastor | RLM Program Files | MPEG file | 05/11/23 | ATP051123      | 58:00            | 8:00           |

Brandon Hollis, Nick Lindsay, David Gray, Michael Gammill, David Hughes II, Mark Galambos. Why is it important for all Christians to be active in soul winning? Very simply put God is after all those who are lost. He wants to redeem all of us back to himself because he loves us all, he loves every single one and Jesus, even spoke to this. He says, which one of you who keep sheep, if you lose one in the wilderness doesn't leave the 99, put them in a safe place in a green pasture, so to speak, and then go after the one. So, he wants us to have that same heart, it is true.

| Issue/problem         | Program title  | Source            | Type      | Air date | Program number | Program duration | Topic duration |
|-----------------------|----------------|-------------------|-----------|----------|----------------|------------------|----------------|
| Community Development | Ask the Pastor | RLM Program Files | MPEG file | 06/05/23 | ATP060523      | 58:00            | 4:00           |

Faron Cole, Kathaleen Wuopio, Tim Roeser, Rich Hall, Mark Galambos, David Hughes II. How do we make disciples? So I remember this moment in a political debate that decade or two ago. I remember politicians debating about, how do you create jobs? And one was going on about the government creates jobs by doing this, this, and this. And the other person came back and they said, government, government doesn't create jobs. The government creates an atmosphere by which jobs are produced in at that, that is evangelism. That's how evangelism is done. You know, pastors don't make believers. Pastors create a church in which believers can flourish. They preach the word. The word is strong. There are growing disciples. This is how Believers are made.

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|---------------|----------------|-------------------|-----------|----------|----------------|------------------|----------------|
| Government    | Ask the Pastor | RLM Program Files | MPEG file | 04/06/23 | ATP040623      | 58:00            | 4:00           |

Tim Walker, David Gray, Nick Lindsay, Michael Gammill, David Hughes II, Mark Galambos. In Isaiah 9:6, what government are they talking about? Let's read that in context. Will start at verse 6 for unto us. A child is born unto us a son is given, and the government shall be upon his shoulder. And his name shall be called wonderful, counselor, the mighty God, the everlasting father, the prince of peace of the increase of his government and peace. There shall be no end upon the throne of David and upon his kingdom to order it and to establish it with judgment and with justice from henceforth even forever. The zeal of the Lord of hosts will perform this. It's basically just saying that all power, all authority is his. And so, when it says governments, really talking about the fact that he has all authority.

| Issue/problem | Program title  | Source            | Type      | Air date | Program number | Program duration | Topic duration |
|---------------|----------------|-------------------|-----------|----------|----------------|------------------|----------------|
| Government    | Ask the Pastor | RLM Program Files | MPEG file | 04/06/23 | ATP040623      | 58:00            | 5:00           |

Tim Walker, David Gray, Nick Lindsay, Michael Gammill, David Hughes II, Mark Galambos. Is it okay for a Christian to vote for a pro-choice Republican candidate? When it comes to like politics, I don't think any political party has, you know, the reign over the Bible. You got to be led by the Holy Spirit on who you vote for and then most importantly don't judge somebody else for who they vote for. Just make sure you vote according to your convictions.

| Issue/problem | Program title  | Source            | Type      | Air date | Program number | Program duration | Topic duration |
|---------------|----------------|-------------------|-----------|----------|----------------|------------------|----------------|
| Government    | Ask the Pastor | RLM Program Files | MPEG file | 05/01/23 | ATP050123      | 58:00            | 5:00           |

Faron Cole, Kathaleen Wuopio, Samuel Hampton II, Mark Galambos, Joseph Colini, Tim Neal. What is the main point of Psalm 2? There were leaders and countries that rose up and they did anti-god laws and all types of things that were unbiblical, ungodly. And they tried to rise up against God's people and no matter how powerful a kingdom may become, it will never compare to the kingdom of heaven.

| Issue/problem | Program title    | Source            | Type      | Air date | Program number | Program duration | Topic duration |
|---------------|------------------|-------------------|-----------|----------|----------------|------------------|----------------|
| Government    | Faith in History | RLM Program Files | MPEG file | 5/09/23  | 670            | 28:00            | 28:00          |

Teddy Roosevelt pushed through the Meat Inspection Act and the Pure Food and Drug Act to have the government regulate. So if you were buying something that said beef, it was actually beef. Theodore Roosevelt intervene to settle labor disputes in politics. Roosevelt sought to replace the concentrated power of big business with the concentrated power of big government, which unbeknownst to him, would create its own set of problems in the future.

| Issue/problem          | Program title    | Source            | Type      | Air date | Program number | Program duration | Topic duration |
|------------------------|------------------|-------------------|-----------|----------|----------------|------------------|----------------|
| Business/Manufacturing | Faith in History | RLM Program Files | MPEG file | 04/06/23 | 598            | 28:00            | 28:00          |

Join William Federer as he guides you through the faith in our history with the story of the Booth family, and how their business changed America and the world. William Booth created the Salvation Army. At the age of 13, he was sent to apprentice as a pawnbroker. While doing this, he became aware of the poverty in his neighborhoods. When he married his wife, they created The Christian Mission. It was created to end child sex trafficking and minister to the wretched people of East London. The Salvation Army created the first rescue home for women and girls escaping sex trafficking and prostitution. By the year 1879, it had 81 mission stations and thousands of volunteers. In 1880 it came to the United States and now has operating missions in over 100 other countries. The Salvation Army organized programs for unwed mothers, homeless, and disaster relief.



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| Business/Manufacturing | Faith in History | RLM Program Files | MPEG file | 04/07/23 | 599            | 28:00            | 28:00          |

Join William Federer as he guides you through the faith in our history with the story of George Williams and how his business changed America and the world. George Williams created the YMCA in 1844 and he led it until his death in 1905. James Naismith created the game of basketball while at a YMCA. The game of volleyball was also created at a YMCA by William Morgan. Now the YMCA has grown to include more than 124 different countries with memberships in the millions. Charles Finney's revival lectures inspired George Williams to create the YMCA, during the abolitionist movement. He founded the YMCA because the "only power in this world that can effectually keep one from sin, in all the varied and often attractive forms...is that which comes from an intimate knowledge of the Lord Jesus Christ as a present Savior.

| Issue/problem          | Program title  | Source            | Type      | Air date | Program number | Program duration | Topic duration |
|------------------------|----------------|-------------------|-----------|----------|----------------|------------------|----------------|
| Business/Manufacturing | Ask the Pastor | RLM Program Files | MPEG file | 05/25/23 | ATP052523      | 58:00            | 3:00           |

Tim Walker, Mark Galambos, David Hughes II, Stephen Owens, Anthony Medley, David Gray. Is it a sin to sell plate lunches at church? I do not believe it's a sin, I do believe that it's important that as a church that you are caring for the people. So therefore, not looking to overcharge to people because those same people prayerfully are giving generously, right, in tithes, and offerings and hopefully sacrificial giving to the church. But I would say that whatever the case that as a church you should be looking to God for direction and guidance. Because for some churches that would not be helpful for them to go and sell dinners. And God can use that, but you want to make sure that you're trusting God and walking in his direction. For your local assembly to see how he wants to raise money for the church. But I would encourage any church to preach and teach on tithes, offering, sacrificial giving, being generous unto the Lord and being a good steward over the resources God has given to the individual and the local church as a unit.

| Issue/Problem          | Program title    | Source            | Type      | Air Date | Program number | Program duration | Topic duration |
|------------------------|------------------|-------------------|-----------|----------|----------------|------------------|----------------|
| Business/Manufacturing | Faith in History | RLM Program Files | MPEG file | 5/17/23  | 674            | 28:00            | 28:00          |

Join William Federer as he guides you through the faith in our history with the story of the successful black entrepreneur, Free Frank McWorter started a saltpeter corporation to help during the war of 1812. He was the 1<sup>st</sup> African American to found a town, New Philadelphia, Illinois. Another successful black entrepreneur was William Alexander Leidesdorff. He established a shipyard for African Jewish suppliers and steamboats. He was also the 1<sup>st</sup> to have a hotel and public school there. Another was Robert Gordon. He employed white people to purchase for him. He was considered the richest man in Ohio and was elected to the Ohio House of Representatives.

| Issue/problem    | Program title     | Source            | Type      | Air Date | Program number | Program duration | Topic duration |
|------------------|-------------------|-------------------|-----------|----------|----------------|------------------|----------------|
| Medical Problems | Julie and Friends | RLM Program Files | MPEG file | 4/10/23  | JULIE1258      | 28:00            | 28:00          |

Author, educator and breast cancer survivor Ginny Brant Dent shares some steps to help you prevent and survive cancer. I went in there with an uplifted attitude, I brought encouraging books to read. I brought earphones to listen to, you know, God's word ministering to me through music. She said, I look for people to help in the journey, other people who maybe didn't have Christ that I can minister to and that was the attitude that I took during chemotherapy. I also did other things like walk two miles before walk two miles afterwards and now research shows that's the best thing a cancer patient can do. I didn't do it for that reason. I did it to relieve stress.

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| Medical Problems | Julie and Friends | RLM Program Files | MPEG file | 6/20/23 | JULIE1197 | 28:00    | 28:00 |

Author Danella Brooks-Gachett joins the ladies to talk about the challenges of balancing family, faith and Multiple Sclerosis. I was misdiagnosed for many years before that and initially treated for everything from general diabetes to hypochondria. And the symptoms are so vast and because it's not one thing that detects it, it's often swept under the rug with lots of pain medicine and pain killers. Early on in my teens I was fainting a lot, but I was always in pain and had tremors that you couldn't see but I could feel.

| Issue/problem    | Program title  | Source            | Type      | Air date | Program number | Program duration | Topic duration |
|------------------|----------------|-------------------|-----------|----------|----------------|------------------|----------------|
| Medical Problems | Ask the Pastor | RLM Program Files | MPEG file | 05/19/23 | ATP051923      | 58:00            | 7:00           |

Eugene Norris, Charles Redmon, Tim Roeser, John Laird, Rich Hall, Ronald Turn. I recently was diagnosed with colon cancer and given three months to live. I feel calm. Is this peace or shock and how can I know the difference? I'm certainly sorry to learn about your diagnosis. It's a tough thing and it can be very shocking from there and it could be either one that you experience and I'm not sure I can speak to what you're experiencing fear or shock or peace but I pray God's peace over you. I pray God's peace with what's around you as a shield and the peace of God comes from the word of God. Isaiah 26:3 said he would keep us in perfect peace when we keep our mind stayed on him. I would encourage you in this difficult time to stay in the word of God. Stay focused on God. And what his promises are to you.

| Issue/problem      | Program title     | Source            | Type      | Air Date | Program number | Program duration | Topic duration |
|--------------------|-------------------|-------------------|-----------|----------|----------------|------------------|----------------|
| Recreation/Tourism | Julie and Friends | RLM Program Files | MPEG file | 5/3/23   | JULIE1277      | 28:00            | 28:00          |

2023 Ms. Senior America Debbie Robbins returns to share her amazing personal testimony through both word and song. I love singing, I started singing at age 10. I went to a little country music show, my 4<sup>th</sup> grade talent show. After that I switched over to singing about our abundant and wonderful Savior. I like it all.

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|--------------------|-------------------|-------------------|-----------|----------|----------------|------------------|----------------|
| Recreation/Tourism | Julie and Friends | RLM Program Files | MPEG file | 5/29/23  | JULIE1181      | 28:00            | 28:00          |

Instagram personality and home chef Abby Turner shares easy-to-recreate recipes and fun, DIY projects that take 15 minutes or less. I want to encourage people to move past that space of perfection, because it's not about the perfection. It's about inviting people in. There's an intimacy that happens inside the home that you don't get at a restaurant or a coffee shop. Even around the coffee table in your own home. Not necessarily at your dining table. And so, moving past this notion of, I've got to be perfect. And that's what I hope all the recipes do is, they really encourage people that it's not about the perfect meal. It's not about all of the ingredients. It's not about spending hours in the kitchen. It's about spending hours around the table with people.

| Issue/problem      | Program title     | Source            | Type      | Air Date | Program number | Program duration | Topic duration |
|--------------------|-------------------|-------------------|-----------|----------|----------------|------------------|----------------|
| Recreation/Tourism | Julie and Friends | RLM Program Files | MPEG file | 6/8/23   | JULIE1188      | 28:00            | 28:00          |

Should a Christian practice yoga? Author Michal Amedia Russo gives you the surprising, but clear answer. So, in yoga, the goal was to let your thoughts passed through and have a complete blank mind, but we know that an empty mind is the devil's playground. We need to be filled with Christ. And when we meditate as Christians, it's on the word, you know, we are to mutter in our spirits.