

2019-Q4 (October-December) Radio Health Journal Quarterly Report – Compliancy Issues & Programs List

Affordable Housing Interpersonal relations

Agriculture Law & crime

Business & industry

Local government policy

Cancer Malnutrition

Child safety Mass shootings

Climate Change Mental health

Community water fluoridation Mental illness

Consumerism Nutrition

Drug use Parenting issues

Economics Police & law enforcement

Education Population decline

Emergency responders Poverty

Environment Prevention

Ethics Psychology

Family values Public health

Federal government Public policy

Generational issues/conflict Regulation

Gun violence Rural community issues

Health care Suicide

Health care accessibility issues Vaccination

HIV & AIDS Women's issues

Homelessness Workplace & employment issues

Hospitals & emergency room Youth at risk

Infant mortality





Program	19-40	Writers/Producers	Reed Pence	
Air Weel	10/06 – 10/12/2019	Studio Production	Jason Dickey	
Time	Segment			Dur.
1:55	SEGMENT 1: DOES P	RENATAL FLUORIDE	LOWER IQ?	13:20

Synopsis: Fluoride in community drinking water has been controversial since its introduction nearly 75 years ago. A new study adds to this with evidence that pregnant women who drink fluoridated water may produce children with slightly lowered IQ. The study author and two other experts discuss what's known and what the ramifications of the study could be for communities, for oral health, and for children.

Host & Producer: Reed Pence. Guests: Dr. Brittany Seymour, Assistant Professor of Oral Health Policy and Epidemiology, Harvard School of Dental Medicine; Dr. Christine Till, Associate Professor of Psychology, York University; Dr. Patricia Braun, Professor of Pediatrics, University of Colorado and Chair, Section on Oral Health Executive Committee, American Academy of Pediatrics

Compliancy issues covered: public health; youth at risk; local government policy; parenting issues; community water fluoridation; health care; child safety

Links for more information:

https://hsdm.harvard.edu/people/brittany-seymour

http://health.info.yorku.ca/health-profiles/index.php?mid=645764

https://www.denverhealth.org/provider-directory/b/braun-patricia-a

16:17 SEGMENT 2: TRYPOPHOBIA: THE FEAR OF CLUSTERED HOLES

6:38

Synopsis: As much as 16 percent of the population suffers from trypophobia, which makes them uneasy at the sight of holes clustered together, as in a honeycomb. Two experts and a sufferer discuss this phobia, which can be remarkably debilitating.

Host: Nancy Benson. **Producer:** Morgan Kelly. **Guests:** Dr. Geoff Cole, Center for Brain Science, University of Essex; Kerry Taylor, trypophobia sufferer and administrator of support group; Dr. Keith Wagner, University of Texas Medical Branch, Galveston

Compliancy issues covered: health care; consumerism; mental health

Links for more information:

https://www.essex.ac.uk/people/coleg19909/geoff-cole

https://www.skinhoax.com

https://www.consultant360.com/exclusive/consultant360/dermatology/qa-keith-wagner-md-online-skin-disease-hoaxes





Prograi	m 1	9-41	Executive Producer	Reed Pence
Air We	ek 1	0/13 - 10/19/2019	Studio Production	Jason Dickey
Time	Segm	nent		Dur.
2:02			MATERNITY UNITS CL	
Synopsi	is: A la	arge number of hospi	tals in rural areas have clos	sed, and many more have closed their maternity units, leaving many rural
				even get prenatal care. Experts discuss the financial and demographic reasons
				nildren, and some ways to counter the risk.
		, ,	•	<u> </u>
Host &	Produ	icer: Reed Pence. Gi	uests: Dr. Carrie Henning-S	Smith, Assistant Professor of Health Policy and Management, University of
				versity of Minnesota Rural Health Research Center; Dr. John Cullen, President,
America	an Aca	demy of Family Phys	sicians; Brock Slabach, Ser	nior Vice President, National Rural Health Association
				·
Compli	ancy is	ssues covered: publi	c health: health care: paren	ting issues; child safety; emergency responders; rural community issues;
_	-	•	-	accessibility issues; hospitals
cconom	ics, po	pulation decime, wo	ikioree issues, nearth eare t	accessionity issues, nospitalis
Links fo	or mor	e information:		
			ph-a-z/carrie-henning-smitl	h
			ance/board-directors/board	
			out-nrha/staff-directory	
zacpon/ v			Sat IIIIa sair airectory	
16:29	SEC	MENT 2. FC7FM	IN INFANTS: A STAD	TING POINT FOR ALLERGIES AND ASTHMA 6:33

Synopsis: Doctors have learned that childhood allergies and asthma may have their start in dry, dysfunctional skin in infancy, when allergens such as food particles enter the body through cracks in the skin. A noted pediatric allergist discusses this "atopic march" and ways to combat it.

Host: Nancy Benson. Producer: Reed Pence. Guest: Dr. Donald Leung, Head, Pediatric Allergy Division, National Jewish Health, Denver

Compliancy issues covered: health care; youth at risk; public health; consumerism

Links for more information:

https://www.nationaljewish.org/doctors-departments/providers/physicians/donald-y-m-leung



Links for more information:



Program	19-42	Executive Producer	Reed Pence	
Air Week	10/20 - 10/26/2019	Studio Production	Jason Dickey	
	gment			Dur.
2:01 SI	EGMENT 1: THE PSY	YCHOLOGY OF GIG W	ORKERS	13:12
freedom gig		eing paralyzed by the lack	e American economy. It takes a certain temperament for a worker to to security. Experts discuss the psychological benefits and difficulties	
Business Et	hics, University of Mar	nitoba	r in Chief, PeopleScience.com; Dr. Brianna Caza, Associate Professor	rof
T: 1 C	nore information:			
http://jeffkr	eisler.com	agement/faculty staff/acad	demic professors/brianna-caza.html	
16:15 SI	EGMENT 2: CARING	FOR STRANGERS		6:42
		cians have to make sense of applicable to everyone's	f and care for complete strangers every day. A recently retired ER do life.	ctor looks
Host: Nanc	y Benson. Producer: F	Polly Hansen. Guest : Dr. P	aul Seward, author, Patient Care: Death and Life In the Emergency I	Room
		Polly Hansen. Guest : Dr. P		Room

http://www.washingtonindependentreviewofbooks.com/index.php/bookreview/patient-care-death-and-life-in-the-emergency-room



https://thousanddays.org/person/lucy-martinez-sullivan/



Program	19-43	Executive Producer	Reed Pence
Air Week	10/27 - 11/02/2019	Studio Production	Jason Dickey
Time Se	egment		Dur.
2:02 SI	ECMENT 1. CLIMAT	E CHANGE = LESS NU	TRITIOUS FOODS 12:12
2:02 51	EGMENT I: CLIMAT	E CHANGE = LESS NU	TRITIOUS FOODS 12:12
Synopsis: 1	Rising levels of carbon of	lioxide in the atmosphere a	are making crops grow bigger & faster. However, researchers have found that
			zinc, and other important nutrients, potentially endangering nutrition for
hundreds o	f millions of people. Exp	perts explain the effect will	get worse as CO2 levels continue to rise, and what might be done to combat
the problem	1.		
			cipal Research Scientist and Director, Planetary Health Alliance, Harvard e Global Environment, University of Washington
Compliano	cy issues covered: envir	onment; climate change; aş	griculture; malnutrition; poverty; public health
Links for r	nore information:		
		people/sam-s-myers-md-m	<u>ph</u>
https://glob	alhealth.washington.edu	ı/faculty/kristie-ebi	
15:16 SI	EGMENT 2: PAID PA	RENTAL LEAVE	7:21
			no paid job leave for either new moms or dads. A new study shows that paid h. An expert and advocate for paid leave discuses the benefits.
Host: Nano	ey Benson. Producer: R	eed Pence. Guest: Lucy St	ullivan, Executive Director, 1000 Days
Compliano	y issues covered: healt	h care; public health; youth	at risk; infant mortality; workplace & employment issues; economics
I inly for	.a.s.infammatian.		
	ore information:		





Progra	m 19-44	Executive Producer	Reed Pence	
Air We	eek 11/03 – 11/09/2019	Studio Production	Jason Dickey	
Time	Segment			Dur.
	Segment			
	Segment			2

Synopsis: Mass shootings and other forms of mass violence are on the increase. Where to assess blame is in sharp dispute. A new report from a blue ribbon panel of behavioral scientists has found that mental illnesses carry some of the blame, but mental "distress" is a much more likely factor. Panel members discuss mental health first aid, red flag laws, and other report recommendations on ways to prevent mass violence.

Host & Producer: Reed Pence. Guests: Dr. Jeffrey Lieberman, Professor and Chair, Dept. of Psychiatry, Columbia University College of Physicians and Surgeons; Dr. Joseph Parks, Medical Director, Natl. Council for Behavioral Health

Compliancy issues covered: crime; police & law enforcement; public health; gun violence; prevention; mental illness; education; workplace issues; school safety; youth at risk; mass shootings

Links for more information:

https://www.columbiapsychiatry.org/profile/jeffrey-lieberman-md

https://www.thenationalcouncil.org/press-releases/national-council-behavioral-health-announces-dr-joseph-parks-first-medical-director/

15:15 SEGMENT 2: "MIND CONTROL," PSYCHEDELICS, AND THE CIA

7:53

Synopsis: Intelligence agencies have long sought ways to control the mind to get people to do their bidding. An author discusses his investigation into CIA mind control efforts in the 1950's and 60's through the use of psychedelic drugs, which unwittingly led to an explosion of the drugs' use.

Host: Nancy Benson. **Producer:** Polly Hansen **Guests:** Stephen Kinzer, Senior Fellow, Watson Institute for International and Public Affairs, Brown University and author, *Poisoner In Chief: Sidney Gottlieb and the CIA Search for Mind Control*

Compliancy issues covered: ethics; drug use; federal government

Links for more information:

https://watson.brown.edu/people/visiting/kinzer





Program	19-45	Executive Producer	Reed Pence	
Air Week	11/10 - 11/16/2019	Studio Production	Jason Dickey	
Time S	Segment			Dur.
2:02		SURVIVORS		13:43

Synopsis: For those left behind when a loved one dies of suicide, recovery can be difficult. Stigma, guilt, and blame are exceptionally common. They need more support, but often get less, and their own risk of suicide is elevated. Experts—one a suicide survivor herself—discuss the difficulties and ways survivors can cope.

Host & Producer: Reed Pence. Guests: Joyce Bruggeman, Exec. Director, Survivors of Suicide Loss; Dr. Holly Prigerson, Co-Director, Center for Research on End of Life Care, Professor of Geriatrics and Sociology in Medicine, Weill-Cornell Medical College

Compliancy issues covered: mental health; public health; family issues; suicide; mental illness

Links for more information:

https://www.soslsd.org/board-leadership/#bruggeman

http://vivo.med.cornell.edu/display/cwid-hgp2001

https://suicidepreventionlifeline.org

https://save.org/what-we-do/grief-support/

16:47 SEGMENT 2: FERTILITY RATE DECLINE AND THE AGING POPULATION

6:00

Synopsis: Birth rates in the US are at an all time low, and fertility for all age groups under age 30 is dropping. Experts explain that it may not be as good a thing as we may think, and cite nations like Japan and Italy, which are facing labor shortages and elderly populations as a result of less-than-replacement-level fertility.

Host: Nancy Benson. **Guests:** Richard Jackson, President & founder, Global Aging Institute; Dr. Elise Berlan, Director, Young Women's Contraception Program, Nationwide Children's Hospital, Columbus, OH

Compliancy issues covered: health care; teen pregnancy; labor and employment; economics; generational conflict

Links for more information:

http://www.globalaginginstitute.org/about-gai/team.html http://www.nationwidechildrens.org/elise-d-berlan





Progran			Executive Producer	Reed Pence	
Air Wee	ek 11/17 –	11/23/2019	Studio Production	Jason Dickey	
Time	Segment				Dur.
Time	Beginein				Dui.
1:59	SEGMENT	1: THE RIS	KS OF EGG DONATION	N	11:32
Synopsis	s: Some ager	ncies estimate	hat 50,000 children have b	been born in the US using donor eggs. But egg donation (or sale, as some	e insist)
is not reg	gulated, and	while short-ter	m risks are known, few do	onors have been followed for years. Long-term risks are not well understo	ood.
Experts of	discuss what	we know ar	nd what we don't.		
Richard Medicine	Paulson, Pro e; Dr. Wendy	fessor of Repro Chavkin, Pro	oductive Medicine, Univer fessor of Public Health and	stdoctoral fellow in pediatrics, New York University School of Medicine rsity of Southern California and President, American Society of Reprodud Obstetrics and Gynecology, Columbia University	
Complia	ncy issues c	overed: health	care; economics; ethics; t	technology; women's issues; federal government; regulation	
Links fo	r more info	rmation.			
			stitutes/pediatrics/division	s/environmental-pediatrics/our-team	
https://us	scfertility.org	g/about-usc-fer	tility/richard-paulson-md/		
https://w	ww.mailmar	ı.columbia.edu	/people/our-faculty/wc9		
14:33	SEGMENT	2: THE CH/	ANGING FACE OF HIV	,	8:00
				ence. But many Americans are too young to remember that, so HIV awar as a treatable, chronic illness and the need to still be vigilant—and be te	

Host: Nancy Benson. **Guest:** Dr. Laura Cheever, Associate Administrator, HIV/AIDS Bureau, US Health Resources and Services Administration

Compliancy issues covered: health care; HIV/AIDS; public health; prevention; poverty

Links for more information:

https://www.hrsa.gov/about/organization/bureaus/hab/bio-cheever.html





Program 19-47 Executive Producer Reed Pence	
Air Week 11/24 – 11/30/2019 Studio Production Jason Dickey	
Time Segment	Dur.
1:49 SEGMENT 1: HOMELESSNESS MYTHS	11:34
Synopsis: Around a half million people are homeless in the US on any given night, but the street homeless who are m	
incorrectly influence our assumptions about the homeless. A noted researcher discusses myths and truths about their a	ddictions, employment,
residences, and more, and why people often become homeless.	
Host & Producer: Reed Pence. Guest: Dr. Deborah Padgett, Professor of Social Work and Global Public Health, Sil	ver School of Social
Work, New York University	
Compliancy issues covered: homeless; poverty; economics; mental illness; addiction and substance abuse; crime; en	ployment and
unemployment; affordable housing; public health	
Links for more information:	
https://aaswsw.org/member/deborah-padgett/	
14:25 SEGMENT 2: PRESERVING BEAUTY THROUGH CANCER	7:44
Synopsis: Women undergoing cancer treatment often suffer hair loss and other impacts on appearance. A noted beaut	y expert discusses best
ways to deal with it.	

Host: Nancy Benson. Producer: Polly Hansen. Guest: Guest: Caitlin Keirnan, former fashion columnist & beauty director, cancer survivor

and author, Pretty Sick: A Beauty Guide for Women With Cancer

Compliancy issues covered: women's issues; health care; cancer

Links for more information:

https://www.littlebrown.co.uk/books/detail.page?isbn=9780349417271



Links for more information: https://vet.osu.edu/parker-valerie



Program	19-48	Executive Producer	Reed Pence	
Air Week	12/01 – 12/07/2019	Studio Production	Jason Dickey	
Time Se	egment			Dur.
1:49 SI	EGMENT 1: THE SLE	EEP DEPRIVATION OF	F LOCAL POLICE	12:56
consequenc	Studies show that law eres for decision-making and police force and in fix	and reaction time, as well	ep deprived of all professions, with potentially damaging and even fatal as long-term health damage. Experts discuss the unique challenges in h	aving a
			nubdani, Professor of Health Science, Ball State University; Dr. John Vi alth, University at Buffalo	olanti,
•		e & law enforcement; pub	plic safety; local government; public health	
Links for n	nore information:	· •		
Links for n	nore information: v.bsu.edu/academics/co	· •	plic safety; local government; public health rition-health-science/about-us/faculty-and-staff/health-science-	
Links for n https://www faculty/khu	nore information: v.bsu.edu/academics/co/ bchandanijagdish	· •	rition-health-science/about-us/faculty-and-staff/health-science-	
Links for n https://www faculty/khu http://www	nore information: v.bsu.edu/academics/co bchandanijagdish .buffalo.edu/news/exper	llegesanddepartments/nutr	rition-health-science/about-us/faculty-and-staff/health-science- xpert-police-stress.html	
Links for m https://www faculty/khu http://www	nore information: v.bsu.edu/academics/cobchandanijagdish .buffalo.edu/news/exper	llegesanddepartments/nutirts/john-violanti-faculty-ex	rition-health-science/about-us/faculty-and-staff/health-science- xpert-police-stress.html T YOUR DOG OR CAT EAT?	6:48
Links for n https://wwv faculty/khu http://www 15:47 SI Synopsis: A	nore information: v.bsu.edu/academics/cobbchandanijagdish .buffalo.edu/news/exper	llegesanddepartments/nutirts/john-violanti-faculty-ex	rition-health-science/about-us/faculty-and-staff/health-science- xpert-police-stress.html T YOUR DOG OR CAT EAT? but their dog or cat on vegan, gluten-free or raw diets. An expert pet nutr	
Links for n https://www faculty/khui http://www 15:47 SF Synopsis: A and veterina	nore information: v.bsu.edu/academics/cobbchandanijagdish .buffalo.edu/news/exper	cts/john-violanti-faculty-exts/john-violanti-fac	rition-health-science/about-us/faculty-and-staff/health-science- xpert-police-stress.html T YOUR DOG OR CAT EAT? but their dog or cat on vegan, gluten-free or raw diets. An expert pet nutr	itionist
Links for n https://www faculty/khu http://www 15:47 SF Synopsis: A and veterina Host: Nanc University	nore information: v.bsu.edu/academics/co/ bchandanijagdish .buffalo.edu/news/exper EGMENT 2: PET FOC A growing number of pearian discuss what pets seep the	DD: WHAT SHOULDN'et owners are tempted to pshould and shouldn't eat to each Pence. Guest: Dr. Valter	rition-health-science/about-us/faculty-and-staff/health-science- xpert-police-stress.html TYOUR DOG OR CAT EAT? But their dog or cat on vegan, gluten-free or raw diets. An expert pet nutro be healthy.	itionist





Program	19-49	Executive Producer	Reed Pence
Air Week	12/08 - 12/14/2019	Studio Production	Jason Dickey
Time Se	gment		Dur.
1:49 SI	GMENT 1: WORKPI	LACE BULLIES	11:56
			ring. Experts describe where and how it most often occurs, what workplace at needs to happen to stop it.
			fessor of Psychology and Leadership, Claremont McKenna College; Dr. Charles ren and Family Services; Dr. Gary Namie, Director, Workplace Bullying
Complianc	y issues covered: youth	at risk; workplace issues;	employment; business & industry; interpersonal relations
https://www http://www	nore information: v.cmc.edu/academic/facddrsophy.com workplacebullying.org	ulty/profile/ronald-riggio	
14:47 SI	CMENT 2. OI DED I	OADS, YOUNGER KIDS	8:01
14:47 51	GWIENT 2: OLDER I	DADS, TOUNGER KIDS	0:01
			s risen to 31, and more men are also becoming dads in their 40's and 50's. A se as a first-time dad at 56, and now as a 73-year old father with teenagers.
Host: Nanc	y Benson. Producer: Po	olly Hansen. Guest: Tim C	D'Brien, author, <i>Dad's Maybe Book</i>
Complianc	y issues covered: paren	ting issues; men's issues; ξ	generational issues
	nore information: com/5696948/life-after	-wartime/	



Compliancy issues covered: youth at risk; mental health; law & crime; ethics

http://www.suniyaluthar.org https://www.amazon.com/Maia-Szalavitz/e/B001ILFON8

Links for more information:



A * XX7 1	19-50	Executive Producer	Reed Pence
Air Week	12/15 – 12/21/2019	Studio Production	Jason Dickey
Time Se	gment		Dur.
Time Se	Sment		Duit
1:46 SE	GMENT 1: BRIDGI	NG THE VAX/ANTI-VA	AX DIVIDE 14:10
advocates of	ften point to science sh	owing safety and effective	the was, and leaves little room for common ground or even discussion. Pro-vaccing eness, but as a noted medical humanities researcher explains, values common e, and both sides need to understand where the disconnect comes from.
		uests: Dr. Bernice Hausm framing the Vaccination C	nan, Professor and Chair, Dept. of Humanities, Penn State University College of Controversy
Complianc	y issues covered: yout	h at risk; politics; ethics; fa	amily values; science and technology; government; vaccination
nttps://news		/2018/08/30/academics/per du/book/9781501735622/a	nn-state-college-medicine-welcomes-new-chair-department; antivax/
16:58 SE	GMENT 2: "AFFLU	ENZA"	6:00
		erence that the rest of us do ren apparently know this.	on't, but do wealthy kids grow up knowing they can get away with what others Experts discuss.
an tr Kese			



Links for more information:

https://www.nationaljewish.org/doctors-departments/providers/physicians/jeffrey-b-king



ъ .	10.51	E (D 1	n in
Program	19-51	Executive Producer	Reed Pence
Air Week	12/22 – 12/28/2019	Studio Production	Jason Dickey
Time Se	gment		Dur.
Time Se	giileiit		Dui.
1:49 SI	EGMENT 1: CHRISTI	MAS IN THE E.R.: IT'S	S NO HOLIDAY 12:39
where it do			are the busiest time of year in hospital emergency departments, even in places of all kinds, including the "Merry Christmas Coronary" and possible reasons
Scientific D	irector of Cardiovascula	ar Research, Huntington N	chos, emergency physician; Dr. Robert Kloner, Chief Science Officer and Medical Research Institutes and Professor of Medicine, University of Southern eritus Professor of Sociology, University of California, San Diego
	•	n care; family issues; prev	vention; hospitals & emergency room
	nore information:	1 1 2 1 20612	
	h.usnews.com/doctors/c .org/our-researchers/rob	christopher-michos-22613	<u>33</u>
		<u>ert-a-kioner-md-pnd/</u> aculty/emeritus/david-phil	lling html
пцря.//вост	ology.ucsd.edu/people/13	acuity/emeritus/david-pim	<u>mps.num</u>
15:30 SI	EGMENT 2: GERD A	ND YOUR HOLIDAY F	FEAST 7:29
			ed by big meals with trigger foods like chocolate and alcohol. But reflux st discusses reflux, how it may appear as asthma or hoarseness, and how it can be
Host: Nanc	y Benson. Producer: R	eed Pence. Guest: Dr. Jef	ffrey King, Chief of Gastroenterology, National Jewish Health, Denver
Complianc	y issues covered: health	n care; family issues	





Progra	ım _	19-52		Executive Produce	er	Reed Pence	
Air We	eek	12/29/19 -	- 01/05/20	Studio Production	ı	Jason Dickey	
Time	Seg	gment					Dur.
1:49	SE	GMENT 1	: HOARDI	NG DISORDER: IT	'S AB	BOUT MORE THAN THE CLUTTER	12:17
misund	ersto	od. Experts	discuss the	danger hoarding pose	es to ot	nericans, and despite TV programs showing its effects, it is still thers, including neighbors, children, and first responders; why the sto address the problem.	
Host & Producer: Reed Pence. Guests: Dr. Carolyn Rodriguez, Associate Professor and Associate Chair of Psychiatry and Behavioral Sciences, Stanford University School of Medicine; Elaine Birchall, social worker specializing in hoarding disorder and co-author, Conquer the Clutter: Strategies to Identify, Manage and Overcome Hoarding							
Compliancy issues covered: mental health; family issues; public safety; first responders; youth and children at risk							
	profil		ation: .edu/carolyn	-rodriguez			
15:08	SE	GMENT 2	: MELANC	OMA ADVANCES			7:14
						lethal. But new treatments harnessing the immune system have it to quantify it. An expert physician discusses the advances.	ncreased
Host: New Yo		y Benson. P	roducer: R	eed Pence. Guest: Dr	·. Philij	ip Friedlander, Director, Melanoma Medical Oncology Program	, Mt. Sinai,
Compl	iancy	y issues cov	ered: health	a care; prevention			
		ore inform					
https://i	<u>icahn</u>	.mssm.edu/	profiles/phil	<u>ip-friedlander</u>			