



LOWCOUNTRY FOREVER SHOW RECAP:

WCKN-FM

SUNDAY:11:30P

SEGMENT ONE:

SHOW DATE: 03/04/2024

FEATURED ORGANIZATION: Summerville YMCA

GUEST: Ashleigh Reed, Development Director

ISSUE: Community Services

SUMMARY: The Summerville YMCA is a nonprofit organization that is an important part of the community. The "Y" provides not only health and wellness services to members, but other opportunities including financial and mental health assistance. Ashleigh Reed, the YMCA's Development Director discussed those services, and how the "Y" funds scholarships that allow the less fortunate to join. She talked about the events the YMCA hosts to raise money to fund these scholarships, including the annual Shamrock Shuffle run, and the organization's largest fundraiser, the Flowertown Festival, the largest arts and crafts festival in the southeast.

SEGMENT TWO:

SHOW DATE: 03/04/2024

FEATURED ORGANIZATION: Ben's Friends

GUEST: Mickey Bakst, Co-Founder

ISSUE: Drug and Alcohol Addiction

SUMMARY: The hospitality/food and beverage industry is one of the key components of the Lowcountry economy. It is also an occupation high in drug and alcohol abuse. Mickey Bakst, one of the co-founders of Ben's Friends, an organization founded specifically to help people in the hospitality industry dealing with addiction, why that is. The reasons include the stress of the profession, as well as the close proximity to alcohol to those working

in bars and restaurants. Bakst shared the reason for the name Ben's Friends, and how both employers and employees in the industry can get assistance from the nonprofit.