ATE	TIME	PROGRAM NAME	DESCRIPTION	
10/6/19	7:00AM	THIS WEEK IN AMERICA (29:30)	Segment #1 – Health Care 16:00 Summary: Our guest discusses how to be your own best healthcare advocate. Guest: Reina Weiner is an experienced healthcare and patient advocacy coach as well as a cancer survivor. She is the author of "Trust Your DoctorBut Not That Much-Be Your Own Best Healthcare Advocate" Issues Covered: finding a doctor, prep for a visit, research	
10/6/19	7:15AM	THIS WEEK IN AMERICA	Segment #2- Same as Segment #1 7:00 Summary: Same as Segment #1 Guest: Same as Segment #1 Issues Covered: second opinion, finances, clinical trials	
10/6/19	7:30AM	COMMONWEALTH CLUB (29:45)	In this age of clickbait, pseudoscience and celebrity-endorsed products, it's hard to know what's best for our bodies. Jen Gunter, ob-gyn and the Internet's go-to doctor, is dedicated to debunking the myths, marketing and misinformation surrounding reproductive health. While much of the dialogue surrounding women's health targets the shame or inexperience of women and girls, Gunter aims to educate and empower with both humor and evidence. Join Gunter in conversation with Mary Roach, author and popular scientist, to answer your burning questions about women's health.	

ATE	TIME	PROGRAM NAME	DESCRIPTION	
10/13/19	7:00AM	THIS WEEK IN AMERICA (29:30)	Segment #1 – Sexual Assault 16:00 Summary: Our guest discusses her own #MeToo experiences as well as 18 years of case studies from her own clinical practice to explore rape culture an impact on women Guest: Dr. Lucy Papillon is a clinical psychologist and author of "How Dare You! Insidious Ways Women (MIS)Treated: The #Me Too Movement: A Memoir, Experiences of Others And How To Heal". Issues Covered: rape culture, reclaim power, in	d its and Are
10/13/19	7:15AM	THIS WEEK IN AMERICA	Segment #2- Same as Segment #1 Summary: Same as Segment #1 Guest: Same as Segment #1 Issues Covered: finding your voice, awareness, recovered.	7:00
10/13/19	7:30AM	COMMONWEALTH CLUB (29:45)	Ambassador Samantha Power Samantha Power, former President Barack Obama's U.S. ambassador to the United Nations, is widely known as a le moral voice of her generation. Power has been described be President Obama as one of America's "foremost thinkers of foreign policy" and is revered as a Pulitzer Prize winner ar relentless advocate for promoting human rights. In her men The Education of an Idealist, Power traces her extraordinate career and her change from an outspoken war corresponde vocal critic of U.S. foreign policy to working with Obama Senate, on the campaign trail and throughout his presidence Power takes us across the world from the streets of war-ton Bosnia to the White House Situation Room and delves into complex networks of high-stakes diplomacy through her humorous, stirring and ultimately unforgettable account of striking power of idealism. Join us for an invigorating and honest conversation with a leader and human rights activist as she empowers us to apprent global politics with a clearer eye and a kinder heart.	y on and a moir, ry on tand in the cy. on the Carlo the world

ATE	TIME	PROGRAM NAME	DESCRIPTION	
	T	T		1 1
10/20/19	7:00AM	THIS WEEK IN AMERICA (29:30)	Segment #1 – Law Enforcement/Crime 16:00	
			Summary: Our guest discusses his investigation into the mysterious deaths of dozens of college-aged men and the possibility of a serial killer.	
			Guest: Kevin Gannon is retired 20 year veteran of the NYPD. His Investigative work is documented in the Oxygen Media tv series "Smiley Face Killers: The Hunt For Justice".	t
			Issues Covered: forensics, cults, drugs	
10/20/19	7:15AM	THIS WEEK IN AMERICA	Segment #2- Youth Sports/ Injuries 7:0	00
			Summary: Our guest discusses the long term risks of brain injury in sports and what parents should know	
			Guest: Dr David Geier as an orthopedic surgeon, spor medicine specialist and author.	rts
			Issues Covered: head injuries, signs, when to return, long term	n
10/20/19	7:30AM	COMMONWEALTH CLUB (29:45)	The Education of Brett Kavanaugh	
			On July 9, 2018, the name Brett Kavanaugh entered into the American conscious when he was announced as President Trump's Supreme Court nominee. Throughout his confirmation process, multiple allegations of sexual assault were made again him, sparking deeper investigations into his conduct. New York Times reporters Robin Pogrebin and Kate Kelly were at the forefront of these investigations, breaking stories dating back to when Kavanaugh was in high school.	nst k
			Upon receiving a stream of tips from former classmates, friend and associates, Pogrebin and Kelly continued their investigations beyond the one week allotted for official investigation conducted by the FBI. The product of these investigations is their new book: <i>The Education of Brett</i>	ls

ATE	TIME	PROGRAM NAME	DESCRIPTION	
			Kavanaugh. The book depicts the world Kavanaugh was rais in and reveals the insight of critical figures in his life from pr school to his confirmation hearings. Pogrebin and Kelly join INFORUM to discuss America's newest Supreme Court justing and the history that shaped him.	ер
10/27/19	7:00AM	THIS WEEK IN AMERICA (29:30)	Segment #1 – Drug Addiction 16:00	
			Summary: Our guest discusses his personal experiences as a drug addict and his book designed educate and deter others.	
			Guest: Kenneth Wimbley is an entrepreneur, musicial former drug user and author of "Hard Drugs : A Reali of Pain" a story of overcoming drug addiction.	
			Issues Covered: 60's drug culture, heroin, greed	
10/27/19	7:15AM	THIS WEEK IN AMERICA	Segment #2- Same as Segment #1 7:	00
		, w. <u>_</u> . wo, t	Summary: Same as Segment #1	
			Guest: Same as Segment #1	
			Issues Covered: overcoming, cannibas, cocaine	
10/27/19	7:30AM	COMMONWEALTH CLUB (29:45)	An Evening with George Takei	
			With an acting career spanning six decades, George Takei is known around the world for his founding role in the acclaimed television series "Star Trek," in which he played Hikaru Sulu helmsman of the Starship Enterprise. But Takei's story goes where few stories have gone before. From a childhood spent with his family wrongfully imprisoned in Japanese American internment camps during World War II to becoming one of the country's leading figures in the fight for social justice, LGBT rights and marriage equality, Takei remains a powerful voice	i, in he iQ
			issues ranging from politics to pop culture. Mashable.com named him the no. 1 most influential person on Facebook, currently with 10.4 million likes and 2.8 million followers on Twitter.	

ATE	TIME	PROGRAM NAME	DESCRIPTION	
11/3/19	7:00AM	THIS WEEK IN AMERICA (29:30)	Takei hosts the AARP-produced YouTube series "Takei's Take," and is the subject of <i>To Be Takei</i> , a Jennifer M. Kroot documentary on his life and career. "Takei's Take" explores world of technology, trends, current events and pop culture. In this own YouTube channel, Takei and his husband Brad Take bring viewers into their personal life in the heightened reality web series, "It Takeis Two." Takei made his Broadway debut in the musical, <i>Allegiance</i> , inspired by his true-life experience in American internment camps. <i>Allegiance</i> ran in New York in 2015 and 2016 and ha its Los Angeles premiere in 2018. In his new graphic memoi <i>They Called Us Enemy</i> , Takei revisits his haunted childhood American concentration camps as one of 120,000 Japanese Americans imprisoned by the U.S. government during World War II. He details the forces that shaped him—and America itself—in a tale of courage, country, loyalty and love. Come for a rare visit with an American icon about his life, his activism and his ongoing mission to ensure that, at least on Earth, very few frontiers are final. Segment #1 – Diet and Lifestyle Summary: Our guest discusses the best foods to bol your energy and vitality. Guest: Dr Susan Smith Jones is a leader in the fields holistic health, anti-aging, optimum nutrition and balanced living. She's the author of 30 wellness relabooks. Issues Covered: organic vs non-organic, exercise, weight	the On ei or
11/3/19	7:15AM	THIS WEEK IN AMERICA	Segment #2- Same as Segment #1 7 Summary: Same as Segment #1 Guest: Same as Segment #1 Issues Covered: metabolism, protein, hydration	:00

ATE	TIME	PROGRAM NAME	DESCRIPTION	
		T		
11/3/19	7:30AM	COMMONWEALTH CLUB (29:45)	Susan Rice: Policy, Diplomacy and Things Worth Fighting For	
			Susan Rice, President Obama's former national security adviser and U.S. ambassador to the United Nations, is heralded as one of the most influential foreign policy voices of our time. Having dedicated her career to public service, Rice is now a distinguished visiting research fellow at American University, a senior fellow at Harvard University, a contributing opinion writer for <i>The New York Times</i> and author of the new book <i>Tough Love: My Story of the Things Worth Fighting For</i> .	g
			With humor and grace, Rice reflects upon the pivotal moments of her career on the front lines of American diplomacy and foreign policy. With unflinching honesty, Rice navigates her readers through the well-known 2012 terrorist attacks in Benghazi, Libya, as well as the untold stories involving a secret channel to Iran and behind-the-scene confrontations with Russia and China.	
			A dedicated public servant, join Susan Rice as she invites us to take a look at some of her biggest triumphs and failures, while teaching some important life lessons for all of us who dream of success and aspire to serve.	
11/10/19	7:00AM	THIS WEEK IN AMERICA (29:30)	Segment #1 – Justice /Media 16:00	
			Summary: Our guests discuss the case of a former Lieutenant serving a 19 year sentence for murder of two Afghan men.	5
			Guests: Paul Pawlowski, Director of "Leavenworth", Do Brown. Attorney for the defendant and Mike McGuinness, platoon soldier.	n
			Issues Covered: military justice system, today's wars, media	

ATE	TIME	PROGRAM NAME	DESCRIPTION	
11/10/19	7:15AM	THIS WEEK IN AMERICA	Segment #2 – Science/Media Summary: Our guest discusses his television series that explores the magic and science of movies. Guest: Jake Roper is a popular You Tube personality knowr making learning fun and accessible. He's host of the "You Tube" science series "Could You Survive The Movies".	n for
11/10/19	7:30AM	COMMONWEALTH CLUB (29:45)	Carbon Offsets: Privileged Pollution? Carbon offsets: They've been called everything from a band-solution to "the best thing a consumer can do right now." An service even offers customers a monthly subscription to offset their carbon footprint. Meanwhile, offset providers are scrutinized for transparency, and purchasers are criticized for using them as a get-out-of-jafree card. In the race to bring carbon emissions to zero, are offsets a legitimate tool—or a scam to allow heavy emitters a way out of taking real action? What impact does purchasing offsets have on poorer communities?	new et , ail-
11/17/19	7:00AM	THIS WEEK IN AMERICA (29:30)	Segment #1 – Science /Media 16 Summary: Our guests discusses his video in-depth special on fear and what is the scariest thing in the world. Guest: Michael Stevens is one of the world's most popular You Tubers who has brought science to the mainstream. He's host/producer of "What Is The Scariest Thing in the World". Issues Covered: fear, why we enjoy it, why important	:00

ATE	TIME	PROGRAM NAME	DESCRIPTION	
11/17/19	7:15AM	THIS WEEK IN AMERICA	Segment #2- Crime/Media	7:00
		, <u>-</u> ,	Summary: Our guest discusses her role as Senior E and host of the hit television series "People Magazine Investigates".	ditor
			Guest: Award winning journalist Alicia Dennis is Senior Edit Crime for People Magazine and Entertainment Weekly. Als host and Senior Editor for the television series "People Magazine Investigates" on Investigation Discovery network	60
			Issues Covered: cold cases, investigative journalism, c	
11/17/19	7:30AM	COMMONWEALTH CLUB (29:45)	Documentary Filmmakers Lynn Novick and Sarah Bots College Behind Bars	tein:
			For 30 years, Lynn Novick has been directing and producing landmark documentary films about American culture, history politics, sports, art and music. With co-director Ken Burns, has created more than 80 hours of acclaimed programming PBS, including <i>The Vietnam War</i> , <i>Baseball</i> , <i>Jazz</i> , <i>Frank Llowright</i> , <i>The War</i> and <i>Prohibition</i> . This duPont–Columbia at Peabody-Award winning filmmaker's new documentary series, <i>College Behind Bars</i> , reveals the transformative powhigher education through the experiences of men and wome trying to earn college degrees while incarcerated. Executive produced by Ken Burns and produced by Sarah Botstein, <i>College Behind Bars</i> is Novick's solo directorial dand will air November 25 and 26 on PBS stations.	she for pyd nd eer of n
			The four-hour series, distilled from nearly 400 hours of cineral vérité footage, explores the lives of a dozen incarcerated me and women as they struggle to earn degrees in the Bard Prist Initiative (BPI), one of the most rigorous and effective priste education programs in the country. In this era of mass incarceration, America is the world's largest jailer, with most than 2 million men and women behind bars; 630,000 are released annually, and nearly 50 percent end up back in prist within five years, trapped in a cycle of imprisonment, release and reincarceration. Once commonplace in American prison	en on

ATE	TIME	PROGRAM NAME	DESCRIPTION	
11/24/19	7:00AM	THIS WEEK IN AMERICA (29:30)	higher education declined precipitously after 1994, when Congress ended federal Pell Grants for inmates as part of the Clinton crime bill. In the nearly 20 years since BPI began, m than 500 alumni have been released, and fewer than four per have gone back. The program currently enrolls 300 men and women in six prisons and costs \$6,000 per student per year, most of it privately funded. Here's a chance to get a preview of the series and hear a discussion with the filmmakers and formerly incarcerated BI students featured in the film about the power of education to transform lives and benefit society at large. Segment #1 — Children's Media 16 Summary: Our guest discusses her work and book of the hit television series "Sesame Street". Guest: Dr. Lucille Burbank is a educational media consultant who worked behind the scenes as a researcher on "Sesa Street". She's the author of "The Inside Secrets of Sesame Street". Issues Covered: research, fantasy, education	PI 3:00
11/24/19	7:15AM	THIS WEEK IN AMERICA	Segment #2- Same as Segment #1 Summary: Same as Segment #1 Guest: Dr Lucille Burbank. See Segment #1 Issues Covered: writing elements, workshops, audience reaction	•

ATE	TIME	PROGRAM NAME	DESCRIPTION	
11/24/19	7:30AM	COMMONWEALTH CLUB (29:45)	Marc Benioff, Chairman and Co-CEO of Salesford	ee
			When Marc Benioff started Salesforce 20 years ago, he envisioned building a company that would not only change the way the world does business but also change the world at the same time.	
			Benioff believes that businesses are the greatest platforms for change and that they should serve not only shareholders but all stakeholders, including customers, employees, partners, communities and the environment, to make the world a better place.	
			On day one, Benioff created the 1-1-1 model of philanthropy, which leverages the resources of Salesforce to improve communities around the world. And with the core values of trust, customer success, innovation and equality as its foundation, Salesforce has not only been one of the fastest-growing enterprise software companies ever, it's become one of the world's most admired companies and is consistently ranked globally as one of the best companies to work for.	
			Benioff is an unapologetically outspoken social advocate and has publicly admonished other business leaders for not doing enough for the local community in San Francisco and beyond.	
			In his new book, <i>Trailblazer: The Power of Business as the Greatest Platform for Change</i> , Benioff touches on these values and shares his insights and best practices for anyone, from the CEO to an intern, who wants to make the world a better place. He also discusses his belief that in the future, profits and progress will not be sustainable unless they serve the greater good. Join us for a conversation with a pioneering business leader who wants to challenge us all to be agents of change in a fast-moving world.	
12/1/19	7:00AM	THIS WEEK IN AMERICA (29:30)	Segment #1 – Crime/Justice 16:0	0

ATE	TIME	PROGRAM NAME	DESCRIPTION	
			Summary: Our guest discusses her investigations into the child sexual abuse allegations against Michael Jackson. Guest: Diane Dimond is an award winning investigation reporter, author and syndicated columnist. She is author of the best seller "Be Careful Who You Love: Inside the Michael Jackson Case", newly revised. Issues Covered: media, law enforcement, recent documentary	ive
12/1/19	7:15AM	THIS WEEK IN AMERICA	Segment #2- Same as Segment #1 7: Summary: Same as Segment #1 Guest: Same as Segment #1 Issues Covered: juror pressure, addictions, prosecution	:00
12/1/19	7:30AM	COMMONWEALTH CLUB (29:45)	Wait, Wait It's Peter Sagal and Doug Berman The comedy news quiz "Wait Wait Don't Tell Me!" is the most popular show on public radio. But it wasn't always that way. The program didn't take off until Doug Berman (who a produced the NPR hit "Car Talk") took a chance on a playwr named Peter Sagal to serve as host. Ever since, the show has drawn enthusiastic audiences both on radio and in person, at Chicago home and on the road. The program covers current news and is consistently both informative and entertaining. What's the secret to the show's success? Peter Sagal, the host of "Wait Wait" since 1998, is an award-winning playwright, screenwriter and author, most recently of <i>The Incomplete Book of Running</i> . He has interviewed two U.S. presidents, appeared on "Late Night with Jimmy Fallon" and run a race in his underwear, but he insists that no of this has gone to his head. Peabody Award-winning produc Doug Berman is responsible for NPR's two most successful entertainment programs. He continues to create comedy show seeded with a modicum of useful information or, as Berman it, "not a complete waste of time."	lso ight its

ATE	TIME	PROGRAM NAME	DESCRIPTION
			Here's a chance to laugh and go behind the scenes of this NPR phenomenon. Come with your own questions to stump Sagal and Berman.
12/8/19	7:00AM	THIS WEEK IN AMERICA (29:30)	Segment #1 – Diet and Lifestyle 16:00 Summary: Our guest discusses the holiday eating and lifestyle tips. Guest: Dr Susan Smith Jones is a leader in the fields of holistic health, anti-aging, optimum nutrition and balanced living. She's the author of 30 wellness related books. Issues Covered: weight gain, fatigue, depression
12/8/19	7:15AM	THIS WEEK IN AMERICA	Segment #2- Same as Segment #1 7:00 Summary: Same as Segment #1 Guest: Same as Segment #1 Issues Covered: exercise, sleep, planning
12/8/19	7:30AM	COMMONWEALTH CLUB (29:45)	Rich Lowry: The Case for Nationalism Rich Lowry, editor of National Review and author of The Case for Nationalism: How It Made Us Powerful, United, and Free, is a leading innovator in national conservative thought circles. A respected conservative commentator, Lowry joined National Review in 1992 and was hand selected by William F. Buckley Jr. to lead the magazine in 1998. He's been a frequent guest on Fox News and is the best-selling author of Legacy: Paying the Price for the Clinton Years and Lincoln Unbound. Lowry has taken his extensive experience and conservative ideology to his new book, The Case for Nationalism: How It Made Us Powerful, United, and Free. In this book, Lowry argues that nationalism is not a dirty word, refuting criticism

ATE	TIME	PROGRAM NAME	DESCRIPTION	
			from the Left and the Right that nationalism means fascism, militancy and racism. Instead, Lowry shows us that national means self-realization and identity, chronicling the history of America and how nationalism was integral to its success. Through <i>The Case for Nationalism</i> , Lowry argues that now, more than ever, is the time to rekindle a healthy sense of American nationalism in our civic life. Join us as we welcome Rich Lowry for a discussion on nationalism and why it matters.	ism f
12/15/19	7:00AM	THIS WEEK IN AMERICA (29:30)	Segment #1 – Aging Summary: Our guest discusses how to modify your parent's home so they can safely age in place. Guest: Lynn Shrager is an occupational therapist an certified aging in place specialist and a master's leve social worker. She's the author of "Age in Place". www.otherwisehealthy.com Issues Covered: home medical equipment, walk through, dangers	
12/15/19	7:15AM	THIS WEEK IN AMERICA	Segment #2- Youth Sports 7 Summary: Our guest discusses the important and benefits of youth sports as well as dealin with injuries. Part 3 Guest: Dr David Geier as an orthopedic surgeon, sports medicine specialist and authowww.drdavidgeier.com Issues Covered: youth football, burnout, proper techniques	g

ATE	TIME	PROGRAM NAME	DESCRIPTION	
12/15/19	7:30AM	COMMONWEALTH CLUB (29:45)	The Immigrant Experience with Aarti Shahani The American political discourse is constantly calibrating its interpretation of what it means to be American. Coming from undocumented family herself, writer Aarti Shahani has spent life navigating the shifting tides of anti-immigrant sentiment the United States. Her book Here We Are: American Dreams American Nightmares documents Shahani and her father's disparate versions of the immigrant experience, coexisting as scholarship kid at one of Manhattan's most elite prep schools and the shopkeeper who mistakenly sells watches and	h an her in s,
			calculators to the notorious Cali Cartel. In addition to being an author, Shahani is an award-winning correspondent for NPR in Silicon Valley, covering the larges companies on Earth. Shahani remains a resounding voice advocating on behalf of our country's immigrant community INFORUM hosts Aarti Shahani to address a question that plagues immigrants and natives alike: Who really belongs in America?	
12/22/19	7:00AM	THIS WEEK IN AMERICA (29:30)	Segment #1 – Law/Media Summary: Our guest discusses his work in the legal system and his role as presiding judge on a televisio courtroom program. Guest: Gino Brogdon has been a trial judge, private attorney, arbitrator, mediator and special master. He Presiding Judge of "Personal Injury Court" a daily television series. Issues Covered: legal rights, personal injury, compensation	n
12/22/19	7:15AM	THIS WEEK IN AMERICA	Segment #2- Law Enforcement Summary: Our guest discusses his career as a homicide detective and the importance of interrogati Guest: Fil Waters has had a 33 year career in law enforcement.	

ATE	TIME	PROGRAM NAME	DESCRIPTION
			He is featured in the television series "Interrogator" Issues Covered: interviews, confessions, victim's rights
12/22/19	7:30AM	COMMONWEALTH CLUB (29:45)	Malcolm Nance: The Plot to Betray America Malcolm Nance is one of the world's renowned intelligence experts and a popular guest on NBC News and MSNBC. With over 33 years combating radical extremist terrorism, Nance is known for championing human rights, ethical responsibility and cultural awareness in intelligence practices. In his newest book, The Plot to Betray America: How Team Trump Embraced Our Enemies, Compromised Our Security, and How We Can Fix It, Nance argues that President Trump and his team have conspired to commit the greatest act of treason in the history of the United States: betrayal of the oath of office for personal gain. The Plot to Betray America contains in-depth interviews with insiders, analysis from intelligence experts, and substantial evidence of Trump's deep financial ties to Russia. It also provides solutions on how to protect America's compromised security. Join us for an essential conversation with intelligence and counterterrorism expert Malcolm Nance as he explains how we can still save America's democracy, security and future.
12/29/19	7:00AM	THIS WEEK IN AMERICA (29:30)	Segment #1 – Happiness/Fulfillment 16:00 Summary: Our guests discuss how to attain greater happiness and a true understanding of self. Guests: Alison Lanza Falls and David Prudomme are co-authors of "Be Happy Now: From Wall Street Ambition and the Illusion of Success-My Path to Happiness". Both are successful high-performance coaches, wellness consultants and stress reduction coaches. Issues Covered: authentic happiness, negativity, forgiveness
12/29/19	7:15AM	THIS WEEK IN AMERICA	Segment #2- Same as Segment #1 7:00

ATE	TIME	PROGRAM NAME	DESCRIPTION	
			Summary: Same as Segment #1 Guest: Same as Segment #1 Issues Covered: emotional potential, perception, choice	
12/29/19	7:30AM	COMMONWEALTH CLUB (29:45)	John Browne: Engineering the Future Can oil companies reinvent themselves as clean energy providers? Lord John Browne attempted it over more than a decade as CEO of British Petroleum, where he led the company's "Beyond Petroleum" rebranding campaign. In his new book, Browne argues that the solution to reducing emissions and addressing climate change is to be found in the mass deployment of engineered technology—and that the tools we need to get there already exist. What lessons can oil companies and others looking to lead the energy transition lear from this approach? What is the future of the fossil fuel indust as the global economy runs cleaner? Join us with Lord John Browne, former CEO of British Petroleum and author of <i>Make</i> , <i>Think</i> , <i>Imagine: Engineering the Future of Civilization</i> , for a conversation on the potential of energy incumbents to become innovators.	rn cry