

## PERSONAL FINANCES AND SECURITY

PROGRAM: COMMONWEALTH CLUB OF CALIFORNIA  
SOURCE: RECORDED  
DATE/TIME: 4/8/17 6:30-7:00AM

Valerie Coleman Morris, a distinguished money manager, TV financial anchor and author, will discuss the challenges of keeping hard-earned savings in one's later years. She will discuss how to handle the boomerang trend (adult children returning home) and issues around the status of the family home (e.g., the kids want you to keep the house; you are trying to determine whether to reverse mortgage your home or have them buy it). Coleman will also address rightsizing versus downsizing your living space and explain the value of embracing the concept of gifting while alive. (The grandest gifts are often 529 plans.) Conversely, she will touch on the pitfalls of cash loans to family or friends and the importance of keeping vital documents current, confirming that all beneficiary designations are up to date.

PROGRAM: THIS WEEK IN AMERICA  
SOURCE: RECORDED  
DATE/TIME: 5/6/17 4:30-4:45PM

Segment #1 – Careers-Retirement

Summary: Our guest discusses starting a second career as an author after retiring as a college professor.

Guest: John Sinisi taught economics and business courses at Penn State University. After retiring he pursued a life-long dream of being a published author.

Issues Covered: new career, follow dream, power of fantasy

PROGRAM: THIS WEEK IN AMERICA  
SOURCE: RECORDED  
DATE/TIME: 5/13/17 4:30-4:45PM

Segment #1 – Business

Summary: Our guest discusses common mistakes businesses and entrepreneurs make.

Guest: R. Shawn McBride is an attorney, business consultant and author. His latest book "Business Blunders: 10 Dangerous Business Mistakes And How to Protect Your Business So it Can Thrive"  
[www.mcbrideforbusiness.com](http://www.mcbrideforbusiness.com)

Issues Covered: planning, preparation, protection

PROGRAM: THIS WEEK IN AMERICA  
SOURCE: RECORDED  
DATE/TIME: 6/24/17 4:30-4:45PM

Segment #1 – Business/Motivation

Summary: Our guest discusses his new book on helping people achieve success and deal with failure.

Guest: Gordon Tredgold is a consultant, management expert and Speaker. Author of "FAST: 4 Principles to Achieve Success and Drive Results". [www.gordontredgold.com](http://www.gordontredgold.com)

Issues Covered: problem solving, attitude, commitment

PHYSICAL HEALTH – ANIMAL CARE

PROGRAM: THIS WEEK IN AMERICA  
SOURCE: RECORDED  
DATE/TIME: 4/15/17 4:45-5:00PM

Segment #2- Animal Care

Summary: Our guest discusses his 40 years in veterinary medicine and his worldwide hit television series "The Incredible Dr Pol."

Guest: Dr Jan Pohl has treated over 500,000 animals in his over year career as a veterinarian. He is featured in the Nat Geo Wild series "The Incredible Dr Pol" which just aired it's 100th episode. [www.nationalgeographic.com](http://www.nationalgeographic.com)

Issues Covered: changes, care, cost, role of small farmer

PROGRAM: THIS WEEK IN AMERICA  
SOURCE: RECORDED  
DATE/TIME: 4/22/17 4:45-5:00PM

Segment #2- Animal Protection

Summary: Our guests discuss the mission with Guardians of Rescue which is to protect and rescue animals in distress.

Guests: Dori Schofield is Executive Director of the Guardians and founder of Save A Pet Rescue. Dr Marvin Baynes is a veterinarian. Both star in the Animal Planet television series "The Guardians".

[www.animalplanet.com/tv-shows/the-guardians](http://www.animalplanet.com/tv-shows/the-guardians)

Issues Covered: rescue, education, controlling pet population

PROGRAM: THIS WEEK IN AMERICA

SOURCE: RECORDED

DATE/TIME: 5/20/17 4:30-4:45PM

Segment #1 – Youth Sports

Summary: Our guest discusses his extensive research into how college athletics are hurting girls' sports.

Guest: Rick Eckstein is a sports scholar, award winning author and teacher. His new book is "How College Athletics are Hurting Girls' Sports: The Pay to Play Pipeline".

Issues Covered: injuries, elite teams, camps, scholarships

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DATE/TIME: 5/20/17 4:45-5:00PM

Segment #2- Youth Sports

Summary: Continuation of Segment 1.

Guest: Same as Segment 1

Issues Covered: Title IX, social class, commercialization

PROGRAM: THIS WEEK IN AMERICA

SOURCE: RECORDED

DATE/TIME: 5/27/17 4:30-4:45PM

Segment #1 – Aging/Medicine

Summary: Our guest discusses his research into again and prolonging human life.

Guest: Michael Smith M.D. is senior health scientist for LifeExtension. He is an author, researcher and media resource on aging. [www.geroprotect.net](http://www.geroprotect.net)

Issues Covered: artificial intelligence, clinical trials, longevity

PROGRAM: THIS WEEK IN AMERICA  
SOURCE: RECORDED  
DATE/TIME: 6/10/17 4:45-5:00PM

Segment #2- Animal Care

Summary: Our guest discusses the role preventative care for animals.

Guest: Dr Diarra Blue is a veterinarian and co-owner of Cy Fair Animal Hospital in Houston. He stars in the Animal Planet tv series "The Vet Life"  
[www.animalplanet.com](http://www.animalplanet.com)

Issues Covered: summer care tips, adoption, proper pets

PROGRAM: THIS WEEK IN AMERICA  
SOURCE: RECORDED  
DATE/TIME: 6/24/17 4:45-5:00PM

Segment #2- Animal Care

Summary: Our guest discusses his work in bettering the lives of animals at risk and helping the people who care for them.

Guest: Cat behaviorist Jackson Galaxy is host of "My Cat From Hell" on Animal Planet. [www.animalplanet.com](http://www.animalplanet.com)

Issues Covered: adoption, overcrowded shelters, control

HISTORY

PROGRAM: THIS WEEK IN AMERICA  
SOURCE: RECORDED  
DATE/TIME: 4/8/17 4:30-4:45PM

Segment #1 – History

Summary: Our guest discusses his new book on a little known group of Swedish volunteers fighting the Russians in World War II.

Guest: R.W. Nicholson a US Army veteran, researcher, collector, aviation industry executive and author of "The Swede" a look at an elite German fighting unit in World War II.

Issues Covered: communism, European history, battles

PROGRAM: THIS WEEK IN AMERICA  
SOURCE: RECORDED  
DATE/TIME: 4/8/17 4:45-5:00PM

Segment #2- Media/Military

Summary: Our guest discusses his role portraying a Navy Seal Team Six member in the History Channel television series, an authentic portrayal of America's Special Ops elite force.

Guest: Acclaimed actor Barry Sloane plays Joe "Bear" Graves in the History Channel series "Six". He is a veteran television, film and stage actor with multiple awards.

Issues Covered: covert missions, training, combat

PROGRAM: THIS WEEK IN AMERICA  
SOURCE: RECORDED  
DATE/TIME: 6/17/17 4:30-4:45PM

Segment #1 – History

Summary: Our guest discusses his new book regarding the life of an influential immigrant, actor and businessman.

Guest: Author and historian Richard Schwartz. His new book is  
"The Man Who Lit Lady Liberty: The Extraordinary Rise and Fall  
of Actor M.B. Curtis"  
[www.richardschwartz.info](http://www.richardschwartz.info)

Issues Covered: immigrants, prejudices, government

PROGRAM: THIS WEEK IN AMERICA  
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DATE/TIME: 4/15/17 4:30-4:45PM

Segment #1 – History

Summary: Our guest discusses her new book on the lives of African-American trailblazers and their remarkable achievements.

Guest: Barbara A. Pierce is an educator and author. Her new book is "Remembering Our Black Trailblazers and Their Legacies".

Issues Covered: civil rights, injustice, slavery, science

PARENTING – EDUCATION

PROGRAM: THIS WEEK IN AMERICA  
SOURCE: RECORDED  
DATE/TIME: 4/1/17 4:45-5:00PM

Segment #2- Parenting/Education

Summary: Our guest discusses assisting her son, an elite basketball player, in the college recruiting process.

Guest: Peytyn Willborn is a successful entrepreneur and featured on the television series "Bringing up Ballers" on Lifetime. She is founder of the Future Mogul Campaign designed for Chicago inner city school students.  
[www.lifetime.com](http://www.lifetime.com)

Issues Covered: education, goals, business, youth sports

PROGRAM: THIS WEEK IN AMERICA  
SOURCE: RECORDED  
DATE/TIME: 4/22/17 4:30-4:45PM

Segment #1 – Parenting

Summary: Our guest discusses her work assisting teens and adults build effective relationships and develop closer ties.

Guest: Laura Reagan is a family sociologist with over 20 years experience. She's the author of "How To Raise Respectful Parents"  
[www.lauralreagan.com](http://www.lauralreagan.com)

Issues Covered: bullying, teen suicide, substance abuse

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Issues Covered: bullying, teen suicide, social media

## MENTAL HEALTH - PSYCHOLOGY

PROGRAM: THIS WEEK IN AMERICA  
SOURCE: RECORDED  
DATE/TIME: 4/1/17 4:30-4:45PM

Segment #1 – Mental Health/Psychology

Summary: Our guest discusses how to manage stress even make it a positive.

Guest: Dr LeslieBeth Wish is a nationally recognized licensed clinical psychotherapist and best selling author.  
[www.lovevictory.com](http://www.lovevictory.com)

Issues Covered: relationships, technology, burnout

PROGRAM: COMMONWEALTH CLUB OF CALIFORNIA  
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DATE/TIME: 6/30/17 6:30-7:00AM

A Conversation with Dr. Vivek H. Murthy

Stress. There is the good kind—the kind that makes us feel alive and excited. And then there is chronic stress—the type that keeps our cortisol levels high and has a toxic effect on our bodies, minds and hearts. Our country is feeling more stressed than ever. Twenty-four percent of adults in America have reported experiencing extreme stress, and 66 percent say they're stressed out about the future of our nation. In a world that feels increasingly fraught and fractured, how might we heal ourselves? Join INFORUM for a conversation with Dr. Vivek H. Murthy, 19th surgeon general of the United States, doctor and tech entrepreneur, on how cultivating emotional well-being can counter stress, and how social connection might be the best prescription not only for ourselves but for the future of our country.

Dr. Murthy served as the 19th surgeon general of the United States from 2014–2017. In his role as the nation's doctor, he worked to address America's most pressing public health challenges, including those related to Ebola, Zika, and the Flint water crisis. He launched the TurnTheTide campaign in 2016, urging health professionals to join a movement to address our nation's opioid crisis. He also issued the first Surgeon General's Report on Alcohol, Drugs and Health, calling on the nation to expand access to prevention and treatment and to recognize addiction as a chronic illness, not a character flaw. Dr. Murthy continued his office's legacy on preventing tobacco-related disease, releasing a historic surgeon general's report on e-cigarettes and youth. From the beginning of his tenure, Dr. Murthy has spoken about the importance of health equity and of creating a culture of prevention in America—one that is grounded in physical activity, nutrition and emotional well-being. As the vice admiral of the U.S. Public Health Service Commissioned Corps, Dr. Murthy also oversaw a uniformed service of 6,700 public health officers, serving the most vulnerable populations domestically and abroad.

Dr. Murthy's commitment to medicine and health began early in life. The son of immigrants from India, he discovered the art of healing in his father's medical clinic in Miami, Florida. A believer in the power of community, he and his sister co-founded VISIONS, a peer-to-peer HIV/AIDS education program in India, and Swasthya ("health and wellbeing" in Sanskrit), a community health partnership that trained women to defy the odds in their patriarchal villages and become health-care providers and educators. As a health-care entrepreneur, Dr. Murthy co-founded TrialNetworks, a technology company that improves research collaboration in clinical trials around the world. He also co-founded Doctors for America, a nonprofit organization with more than 16,000 physician and medical student members from all 50 states that is dedicated to creating a high quality, affordable health-care system.

Dr. Murthy received his bachelor's degree from Harvard and his M.D. and MBA degrees from Yale. He completed his internal medicine residency at Brigham and Women's Hospital in Boston and later joined Harvard Medical School as a faculty member in internal medicine. His research focused on vaccine development and later on the participation of women and minorities in clinical trials. Dr. Murthy resides in Washington, D.C. with his wife and young son.

PROGRAM: THIS WEEK IN AMERICA  
SOURCE: RECORDED  
DATE/TIME: 6/3/17 4:30-4:45PM

#### Segment #1 – Psychology

Summary: Our guest discusses the power of intuition and how to develop and use more effectively.

Guest: Dr LeslieBeth Wish is a nationally recognized psychologist and licensed clinical social worker. She's written several best-sellers including "Smart Relationships".  
[www.lovevictory.com](http://www.lovevictory.com)

Issues Covered: cues and clues, mindfulness, narcissism

PROGRAM: THIS WEEK IN AMERICA  
SOURCE: RECORDED  
DATE/TIME: 6/17/17 4:45-5:00PM

#### Segment #2- Motivation/Psychology

Summary: Our guest discusses how successful people learned to deal with fear and disappointment.

Guest: Tim Ferris is an entrepreneur and best selling author. He hosts "Fearless with Tim Ferris" on AT&T Audience Channel

Issues Covered: hardship, adversity, taking chances



## CRIMINAL JUSTICE – LAW

PROGRAM: THIS WEEK IN AMERICA  
SOURCE: RECORDED  
DATE/TIME: 4/22/17 4:30-4:45PM

### Segment #1 – Criminal Justice/Law

Summary: Our guest discusses the murder of two year old Caylee Anthony and the trial of her mother for that murder. Considered one of the biggest murder mysteries in history.

Guest: Diane Dimond is an award winning investigative journalist who covered the Anthony murder and trial. She is featured in the television special “Casey Anthony: An American Murder Mystery”.  
[www.investigationdiscovery.com](http://www.investigationdiscovery.com)

Issues Covered: forensics, prosecution, law enforcement

PROGRAM: THIS WEEK IN AMERICA  
SOURCE: RECORDED  
DATE/TIME: 5/6/17 4:45-5:00PM

### Segment #2- Criminal Justice/Media

Summary: Our guest discusses her new television series that focuses on Hollywood’s headline making crime stories.

Guest: Deborah Norville is an award winning television journalist. Host of “Inside Edition” and her new show “Exposed with Deborah Norville”.  
[www.reelz.com/exposed-deborah-norville](http://www.reelz.com/exposed-deborah-norville)

Issues Covered: sexual abuse, Ponzi schemes, media

## WORLD POLITICS

PROGRAM: COMMONWEALTH CLUB OF CALIFORNIA  
SOURCE: RECORDED  
DATE/TIME: 4/1/17 6:30-7:00AM

Iran Beneath the Veil: Could It Become America’s Partner?

Stephen Kinzer, Former Correspondent, The New York Times; Author, *Reset: Iran, Turkey, and America's Future*

Just returned from a trip to Iran sponsored by The Commonwealth Club, journalist and author Kinzer suggests that this ancient nation is not fated to be the United States' enemy forever. On the contrary, he argues that Iran and Turkey are the most logical long-term partners for us in that troubled region. Using the history of the last century as his guide and enriching it with what he has learned in decades as a foreign correspondent, Kinzer re-imagines the Middle East and America's role in it.

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DATE/TIME: 4/15/17 6:30-7:00AM

P.J. O'Rourke says no comedian could have written the joke that the recent election cycle has been. As celebrated political satirist, journalist, and diehard Republican O'Rourke put it in his endorsement of Democratic candidate Hillary Clinton, "America is experiencing the most severe outbreak of mass psychosis since the Salem witch trials of 1692." Come hear O'Rourke's uniquely humorous take on the election, on Donald Trump (whom he calls "Landlord of the Flies") and on America in 2017.

PROGRAM: COMMONWEALTH CLUB OF CALIFORNIA  
SOURCE: RECORDED  
DATE/TIME: 5/18/17 6:30-7:00AM

To the American public, Vicente Fox may be Mexico's most well-known, modern politician. Prior to becoming president, he received a top management diploma from Harvard Business School and went on to become president of Coca-Cola for Mexico and Latin America. He has most recently made national headlines by telling President Trump that Mexico "will not pay for that [expletive] wall," and continues to engage President Trump on social media.

Fox was the first candidate from an opposition party to be elected president. Currently, he is actively involved in encouraging leadership and creating opportunities for less favored people through his organization Centro Fox. What are the realities and possibilities for the relationship between the U.S. and Mexico? Here's a rare chance to get a unique perspective from one of Mexico's most prominent and outspoken thought leaders.

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SOURCE: RECORDED  
DATE/TIME: 6/17/17 6:30-7:00AM

Nancy Pelosi, House Democratic Leader

A Conversation on the State of America

In commemoration of Nancy Pelosi's 30 years in Congress, join us for a conversation about where America has been and where it's headed. What does the future hold for health care, jobs, the economy, infrastructure, the environment, women's rights, immigration, national security and foreign policy? How will Democrats work with President Trump? Nancy Pelosi has led House Democrats for more than a dozen years and previously served as House Democratic whip. The Christian Science Monitor has called her "the most powerful woman in American politics." Bring your questions.

### SCIENCE

PROGRAM: THIS WEEK IN AMERICA  
SOURCE: RECORDED  
DATE/TIME: 4/29/17 4:45-5:00PM

Segment #2- Science

Summary: Our guest discusses his new television series that uses the latest technology to explore long lost, subterranean phenomena.

Guest: Rob Nelson is a scientist, ecologist and Emmy winning science communicator. He is host of the new Science Channel series "Secrets of The Underground". [www.sciencechannel.com](http://www.sciencechannel.com)

Issues Covered: innovation, research, ecology

### MEDIA ISSUES

PROGRAM: THIS WEEK IN AMERICA  
SOURCE: RECORDED  
DATE/TIME: 4/15/17 4:45-5:00PM

Segment #2- Media Summary: Our guests discuss their work in the television industry including children's programming and their new TV Land series.

Guests: Hugh Davidson, Larry Dorf and Rachel Ramrus are longtime writing collaborators and now writers and stars of "Nobodies" on TV Land [www.tvland.com](http://www.tvland.com)

Issues Covered: programming, new media, streaming

PROGRAM: THIS WEEK IN AMERICA  
SOURCE: RECORDED  
DATE/TIME: 6/3/17 4:45-5:00PM

### Segment #2- Media

Summary: Our guests represent the world's #1 music entertainment brand for kids.

Guests: Freddy and Siera are members of Kidz Bop kids who perform kid-friendly versions of pop music songs. [www.kidzbop.com](http://www.kidzbop.com)

Issues Covered: kid-friendly concerts, education, travel

## ENVIRONMENTAL ISSUES

PROGRAM: COMMONWEALTH CLUB OF CALIFORNIA  
SOURCE: RECORDED  
DATE/TIME: 4/22/17 6:30-7:00AM

Perhaps the world's most well-known advocate for the environment, Jane Goodall, DBE, founder of the Jane Goodall Institute and U.N. Messenger of Peace, has for much of her nearly six-decade-long career worked to raise awareness about the importance of protecting our planet. The Jane Goodall Institute (JGI) is a global, community conservation organization operating in more than 30 countries worldwide with a strong presence in Africa's chimpanzee range. JGI's approach to species conservation improves the lives of people, animals and the environment by honoring their interconnectedness. Goodall spends her time traveling around the world nearly 300 days a year, inspiring and mobilizing people with her twin messages of hope and action.

Jeff Horowitz is founder of Avoided Deforestation Partners, a global nonprofit network dedicated to healing the climate by protecting forests, which absorb carbon pollution. He is also a co-executive producer of "Years of Living Dangerously," a National Geographic television series focused on the risks and opportunities of global climate change. In 2014, Horowitz accepted an Emmy for season one of "Years of Living Dangerously." The series was founded by legendary producers James Cameron, Arnold Schwarzenegger and the late Jerry Weintraub.

Join us for a conversation about reasons for hope, thoughts about the connection between deforestation and climate change, and the threat to environmental protection coming from Washington, D.C.

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SOURCE: RECORDED

DATE/TIME: 5/20/17 6:30-7:00AM

### The New Political Climate

The 2014 Climate March in New York and other cities helped solidify public support in the run-up to the Paris climate accord the next year. But these days climate advocates are playing defense and trying to keep the Paris Agreement together. Will the Washington march have any impact on the politics related to climate change in the United States? Where can clean energy advance in the current political context?