



Quarterly Issues Programs List for Station KSTP-FM/KS95
St. Paul, MN
July 1, 2023 – September 30, 2023 – 3rd Quarter
Placed in the Public File – Oct 4th, 2023

Section I. Issues

The station has identified the following issues as significant issues facing our community in this quarter:

- A. Education
- B. Mental Health
- C. Workplace Matters and Careers
- D. Personal Health
- E. Local Minnesota Issues
- F. Consumer Issues

A. Education

1. **INFOTRAK 7/9/23 5:00 AM - 8 Mins:** Paul R. Lawrence, former Under Secretary of Benefits at the U.S. Department of Veterans Affairs, author of “Veterans Benefits for You: Get What You Deserve”. Mr. Lawrence offered tips for veterans to successfully apply for benefits they have earned from their service. He explained several ways that a veteran can document a service-related injury, and how they can request their medical records with help from the National Archives and Veterans Administration. He also talked about the value of benefits not just to a veteran, but to his or her family, as well.
2. **INFOTRAK 7/9/23 5:10 AM - 9 Mins:** David Maimon, PhD, Professor of Criminal Justice and Criminology, Georgia State University. Prof. Maimon explained how criminals are increasingly targeting US Postal Service blue collection boxes and residential mailboxes to steal filled-out checks. He said the thieves sell the stolen checks via social media platforms, then buyers alter the payee and amount on the checks to rob victims’ bank accounts of thousands of dollars. He recommends that consumers only hand mail directly to a clerk at a US Post Office, or use other methods to send payments.
3. **INFOTRAK 7/16/23 5:25 AM - 5 Mins:** Greg Keoleian, Director of the Center for Sustainable Systems at the University of Michigan School for Environment and Sustainability. Environmentally-conscious consumers have probably heard that today's highly efficient dishwashers use less energy and water than traditional hand-washing techniques. However, Prof. Keoleian led a study that found that one manual washing technique--the two-basin method, in which dishes are soaked and scrubbed in hot water and then rinsed in cold water--that is associated with fewer greenhouse gas emissions than machine dishwashing. He offered numerous energy-saving tips related to the task of washing dishes.
4. **INFOTRAK 7/23/23 5:00 AM - 9 Mins:** Haywood Talcove, CEO of LexisNexis Risk Solutions' Government Group, a multinational information and analytics company based in Atlanta. Mr. Talcove outlined a frightening new wave of scams: next-gen thieves are utilizing sophisticated new artificial intelligence tools to steal millions of dollars from consumers. He discussed the use of AI-generated voices--that criminals can now clone from social media profiles--to easily con parents or grandparents out of significant sums of money. He said the schemes are almost impossible to detect, but he suggested three steps every family should take to defend themselves
5. **INFOTRAK 8/6/23 5:10 AM - 9 Mins:** Maryanne Wolf, PhD, Professor of Child Development and Director of the Center for Reading and Language Research at Tufts University, author of “Reader, Come Home: The Reading Brain in a Digital World”. Prof. Wolf discussed the latest research into the human brain as we become increasingly dependent on digital technologies, rather than the printed word. She expressed concerns for both children’s and adults’ ability to “deep read,” as the brain is literally rewired by huge amounts of short bursts of information. She offered suggestions for how the nation’s education system needs to adapt.

6. **INFOTRAK 8/6/23 5:25 AM - 5 Mins:** David Michael Slater, teacher, author of “We're Doing It Wrong: 25 Ideas in Education That Just Don't Work—And How to Fix Them”. Mr. Slater explained why he believes that many current approaches in education simply aren't working—for students, for teachers, and for society at-large. He explained how teacher evaluations could be improved and why anti-bullying programs in schools don't work.
7. **INFOTRAK 8/13/23 5:20 AM - 5 Mins:** Sophie Kjærvik, doctoral candidate in communication at Ohio State University. Firearms contribute to the deaths of more children ages 1-17 years in the U.S. than any other type of injury or illness. While much of that total is gang-related teen shootings, sometimes younger deaths are tragic accidents after a child finds an unsecured gun. Ms. Kjærvik was the co-author of a recent study that found that a simple 60 second video on gun safety made a significant difference in whether kids ages 8 to 12 played with a found gun.
8. **INFOTRAK 9/17/23 5:00 AM - 8 Mins:** Ryan P. Burge, PhD, sociologist, Assistant Professor of Political Science at Eastern Illinois University, co-author of “The Great Dechurching: Who's Leaving, Why Are They Going, and What Will It Take to Bring Them Back?”. The largest and fastest religious shift in US history is in progress. Prof. Burge co-authored a comprehensive study to learn who is leaving organized religion and why. He said the most common reason people stopped attending church was because they moved, and that lower-income people with a high school education or less are the most likely to leave. He also talked about societal effects when faith-based community services such as food banks, after-school programs and prison ministries disappear.

B. Mental Health

1. **INFOTRAK 7/23/23 5:12AM - 8 Mins:** F. Perry Wilson, MD, MSCE, Associate Professor of Medicine, Director, Clinical and Translational Research Accelerator at the Yale University School of Medicine, author of “How Medicine Works and When It Doesn't.” Dr. Wilson explained how and why the doctor-patient relationship has eroded in recent years. He believes that profit-driven companies—from big pharma to healthcare corporations—have corrupted what should have been medicine's golden age. He offered several potential solutions to restore trust between patients and doctors.
2. **INFOTRAK 8/20/23 5:25 AM - 5 Mins:** Tobias Rose-Stockwell, author of “Outrage Machine: How Tech Amplifies Discontent, Disrupts Democracy—And What We Can Do About It”. The original internet was not designed to make us upset, distracted, confused, and outraged. But Mr. Tobias explained why something unexpected happened at the turn of the last decade, when a handful of small features were quietly launched at social media companies with little fanfare. Together, they triggered a cascading set of dramatic changes to how media, politics, and society itself operate. He explained what needs to happen to find a promising pathway back to a healthier online environment.

3. **INFOTRAK 9/3/23 5:00 AM - 7 Mins:** Caroline Leaf, PhD, clinical and cognitive neuroscientist, author of “How to Help Your Child Clean Up Their Mental Mess” Increasingly, children ages 3-10 are struggling with anxiety, depression, and mental health challenges. Dr. Leaf discussed the factors behind this trend and warning signs that parents should watch for. She said if left unaddressed, childhood mental health problems often follow kids into their teens and adulthood.
4. **INFOTRAK 9/17/23 5:10 AM - 7 Mins:** Diane Mullins, founder of Deborah’s Voice, a national non-profit women’s advocacy organization. Pastor Mullins said that child trafficking has become the 2nd largest criminal activity in the world behind illegal drug sales. She said most Americans are unaware of the existence of human trafficking and forced prostitution in their own towns, but it is surprisingly prevalent – not just on dimly lit street corners, but at music concerts, VIP dinners, and sporting events. She talked about techniques used by human traffickers to select their victims.
5. **INFOTRAK 9/17/23 5:25 AM - 5 Mins:** Susie Vanderlip, teen counselor, author of “52 Ways to Protect Your Teen” Ms. Vanderlip has conducted school assemblies for more than 1 million teens and adults, aimed at helping youth make wise choices and seek help. She talked about the motivations of today’s teenagers and why parents may be fearful of their kids. She offered tips to improve communication in a parent/teen relationship.

C. Workplace Matters and Careers

1. **INFOTRAK 7/9/23 5:25 AM - 5 Mins:** Lori R. Sackler, Senior VP and family wealth advisor at Morgan Stanley, author of “The M Word: The Money Talk Every Family Needs to Have about Wealth and Their Financial Future”. Conversations about money remain taboo for most U.S. households. Ms. Sackler said a staggering 70 percent of families lose their money, assets, and family harmony in the aftermath of estate transfers. She explained how to successfully talk about money matters. She said many people make the same money mistakes that their parents made.
2. **INFOTRAK 7/16/23 5:00 AM - 9 Mins:** Pam Baker, freelance journalist who focuses on emerging tech topics like artificial intelligence, data analytics, and edge computing, author of “ChatGPT For Dummies”. ChatGPT has garnered an amazing amount of attention in just a few months. Ms. Baker explained how the rise of artificial intelligence has already begun affecting our daily lives. She talked about the importance of learning to use AI in the workplace, and why learning how to prompt AI is both the easy part and the most difficult part of using it.
3. **INFOTRAK 8/6/23 5:00 AM - 9 Mins:** Bacall Hincks, Family Advocate and Program Coordinator at Children's Service Society of Utah. More than one million American children now live with grandparents, primarily because of their parent's addiction to opioids and other drugs. Ms. Hincks said this growing trend is causing grandparents to put off retirement and plow through savings to rescue their grandchildren from dangerous situations. She

discussed how these difficult experiences can negatively affect children's mental and physical health.

4. **INFOTRAK 8/27/23 5:00 AM - 8 Mins:** Anna Mills, textbook author, English instructor at the College of Marin, member of a joint Artificial Intelligence task force with the Modern Language Association and College Conference on Composition and Communication. AI chatbots have triggered a panic among educators, who are flooding listservs, webinars and professional conferences to figure out how to deal with the technology in this new academic year. Ms. Mills explained why many professors are expecting chaos. She said few universities are offering clear guidelines for teachers or students. She also talked about the difficulty of detecting AI-generated cheating.
5. **INFOTRAK 8/27/23 5:20 AM - 5 Mins:** Peter Clark, Applied Forest Ecologist at the Rubenstein School of Environment and Natural Resources at the University of Vermont. The US Forest Service has been given taxpayer funding to plant more than a billion trees across the country in the next nine years. Prof. Clark's research found a troubling bottleneck that could threaten these efforts: U.S. tree nurseries don't grow nearly enough trees—nor have the species diversity needed—to meet the unprecedented plans. He talked about the reasons behind the problem and what can be done to remedy it.
6. **INFOTRAK 9/3/23 5:10 AM - 9 Mins:** ChatGPT, an artificial-intelligence (AI) chatbot. ChatGPT was launched as an artificial intelligence prototype on November 30, 2022, quickly gaining much attention for its detailed responses and articulate answers across many topics. It explained how was it trained and learns, and what its biggest weakness are. It acknowledged that the concerns about potential biases in its answers are legitimate. It also outlined the top 5 human endeavors in which it anticipates making the biggest impact.
7. **INFOTRAK 9/10/23 5:10 AM - 8 Mins:** Chris Carosa, MBA, Certified Trust & Financial Advisor, Senior Contributor to Forbes.com, author of "Hey! What's My Number: How to Improve the Odds You Will Retire in Comfort". A recent New York Life survey found that Americans believe they need \$4.3 million stashed away to retire comfortably. Unfortunately, the average person has around \$135,000 saved. Mr. Carosa explained how to determine how much money will really be needed for a comfortable retirement, along with simple steps to get there.

D. Personal Health

1. **INFOTRAK 7/2/23 5:00 AM - 18 Mins:** Nora Volkow, MD, Director of the National Institute on Drug Abuse, part of the National Institutes of Health. Fentanyl overdoses are the leading cause of death for Americans ages 18 to 49, more than car accidents or suicides. On average, one person dies of a fentanyl overdose in the United States every seven minutes, and the number of Americans killed by the drug has jumped 94 percent since 2019. Dr. Volkow discussed why the problem has skyrocketed and what steps the federal government is taking to address it. She said that, while the epidemic was worse in certain rural areas of the US in past years, the problem has now overwhelmed every city and state. She talked about the importance of

education and treatment programs, and also explained why fentanyl is a particularly troubling issue for pregnant women.

2. **INFOTRAK 7/2/23 5:20 AM - 5 Mins:** Sam Quinones, author of “The Least of Us: True Tales of America and Hope in the Time of Fentanyl and Meth”. The opioid crisis’ damage to US communities cost the economy \$1.5 trillion in 2020 alone, according to a congressional analysis. Mr. Quinones talked about steps that cities and towns can take to try to repair community bonds, most effectively on the neighborhood, school and church level. He believes that stronger law enforcement is necessary to force drug abusers into treatment, whether they want it or not.
3. **INFOTRAK 7/23/23 5:20 AM - 5 Mins:** Morag MacKay, Director of Research, Safe Kids Worldwide. Ms. MacKay said that an American child is killed every five days in a train collision, a preventable tragedy that most parents overlook. She outlined the most common scenarios for these incidents and explained how parents can teach their children to avoid dangerous situations with trains.
4. **INFOTRAK 7/30/23 5:25 AM - 5 Mins:** Rachel Neale, PhD, Professor, Group Leader, Deputy Coordinator of the Population Health Department at QIMR Berghofer Medical Research Institute in Brisbane, Australia. Dr. Neale led a study that examined whether monthly vitamin D supplementation for older adults can prevent major cardiovascular events. She found that vitamin D did result in a small reduction for patients who were already at risk of a heart attack, and she believes further research is needed to better understand the link.
5. **INFOTRAK 8/13/23 5:10 AM - 9 Mins:** Anupam Bapu Jena, MD, PhD, Joseph P. Newhouse Professor at Harvard Medical School, physician at Massachusetts General Hospital, co-author of “Random Acts of Medicine: The Hidden Forces That Sway Doctors, Impact Patients, and Shape Our Health”. Dr. Jena explained how unexpected—but often predictable—events can profoundly affect our health. He offered several examples of how randomness affects medical decisions and treatment options. He said a healthy diet and exercise are the wisest choices to lead a healthy life.
6. **INFOTRAK 8/20/23 5:10 AM - 8 Mins:** LeRoy Hood, MD, PhD, biologist who has served on the faculties at the California Institute of Technology and the University of Washington, developed ground-breaking scientific instruments which made possible major advances in the biological and medical sciences, author of “The Age of Scientific Wellness”. Dr. Hood discussed the reasons that medicine is undergoing a major transformation from a reactive, hit-or-miss approach to a personalized, predictive, data-rich, and preventive one. He calls this new form of care “scientific wellness”, which uses information from our blood and genes, as well as AI, to optimize our health and extend our “healthspan.” He believes this new technology can eventually conquer heart disease, Alzheimer’s disease and many other illnesses, with noticeable progress within five years.
7. **INFOTRAK 8/27/23 5:10 AM - 9 Mins:** J. Scott Roberts, PhD, Professor in Health Behavior and Health Education at the University of Michigan, Associate Director of a poll from the University of Michigan Institute for

Healthcare Policy and Innovation. Prof. Roberts led a poll of people age 65 to 80 and found that while 80% adults see the benefit of tests that can give an early warning of memory and thinking decline, 80% of older adults said they haven't had a cognitive test in the past year to look for early signs of dementia, and 59% reported never having had such a screening. He said the poll also found very low awareness of blood tests that can help detect Alzheimer's disease.

8. **INFOTRAK 9/3/23 5:25 AM - 5 Mins:** Erin Dooley, PhD, Assistant Professor of Epidemiology at the University of Alabama at Birmingham School of Public Health. Prof. Dooley was the lead researcher of a study that measured the number of daily steps that may make a difference in the risk of heart problems in senior citizens. Her study of people ages 70 and older found walking an additional 500 steps per day, or an additional quarter mile of walking, was associated with a 14% lower risk of heart disease, stroke or heart failure.

E. Local Minnesota Issues (MINNESOTA MATTERS 5:30AM - 30 MINS)

1. 7-9-23 *DOJ Report on MPLS PD/George Floyd Findings/Ashley Walker/ University of Minnesota Associate Professor of Sociology and Law Michelle Phelps/Ashley Walker *Summer Schools Meals Program/Bill Werner Emily Connor Assistant Director for Nutrition Program Services, Department of Education *Minnesota Asian Pacific Caucus Census Concerns/Brent Palm Representative Liz Lee – St. Paul *Gopher Women's Golf/Mike Grimm Gopher Women's Golfer and student broadcaster Emma Carpenter
2. 7-16-23 *2024 New Minnesota State Fair Foods/Brent Palm State Fair Spokeswoman Maria Hayden *Free School Breakfast and Lunch /Bill Werner Emily Connor Assistant Director for Nutrition Program Services, Department of Education *Gopher Men's Hockey/Mike Grimm Hockey Player Connor Kurth *New Labor Trend, Quiet Hiring/Tasha Rede Ross Jahnke, Director of Professional Development Programs, University of Minnesota
3. 7-23-23 *Homelessness Following Prison Stay/Brent Palm DOC Commissioner Paul Schnell *Bowman Family Foundation Mental Health Report/Bill Werner. Sue Abderholden Executive Director of NAMI Minnesota. *Telehealth Expansion Pamela Mink, Director of Health Services Research – Minnesota Department of Health *Say No to NATO/Stop War in Ukraine/Ashley Walker Wyatt Miller – Advocate to stop the war in Ukraine
4. 7-30-23 *Cannabis becomes legal in Minnesota/Brent Palm Leili Fatehi – Minnesota Ready *Big Ten Officiating Part 1/Mike Grimm Bill Corollo – Big Ten Supervisor of Officials *The Path to Legalizing Cannabis in Minnesota, Then and Now/Bill Werner Multiple Lawmakers/Guests from previous shows *Hazelden Betty Ford Concerns on Legalizing Cannabis/Tasha Redel Lydia Burr Director of Clinical Services, Hazelden Betty Ford
5. 8-6-23 *Big Ten Officiating Part 3/Mike Grimm Bill Corollo – Big Ten Supervisor of Officials *Minnesota Senate author celebrates the

legalization of recreational marijuana Senator Lindsey Port of Burnsville
*BCA Officer Involved Shooting Cobb Report/Bill Werner Multiple cuts from
the official press conference

6. 8-13-23 *Gopher Radio Network Broadcast Changes/Mike Grimm Gopher broadcaster Spencer Tollackson on his retirement from radio *Governor Walz Stumps for Biden at Iowa State Fair/Bill Werner Hamline University Political Analyst David Schultz *COVID-19 Racial and Ethnic Disparities/Ashley Walker Collin Planalp – Research Fellow University of Minnesota *Proposed Federal Rule Would Allow Summer E-15 Gasoline Sales/Brent Palm Brian Werner Minnesota Bio-Fuels Association
7. 8-20-23 *Breaking Down What Air Quality Alerts Mean/Bill Werner Minnesota Pollution Control Agency Reps. *Food Shelf Use Remains at Record Levels/Tasha Redel Allison O'Toole CEO of Second Harvest Heartland *CSL Plasma Now Accepting Transgender and Non-binary Minnesotans to Donate/Ashley Walker Minnesota Department of Human Rights Deputy Commissioner Irina Vaynerman *Golden Gopher Women's Basketball – Mike Grimm Gopher Mara Braun – Team USA
8. 8-27-23 *Statewide Test Results/Capitol Update- Bill Werner Multiple lawmakers *Screening for Lung Cancer/Tasha Redel Nancy Torrison Executive Director of A Breath of Hope Lung Foundation *Moose Decline Study Results/Brent Palm U of M researcher Taylor Garwood *U of M Volleyball Season Opener/Mike Grimm U of M Head Coach Keegan Cook
9. 9-3-23 *Minnesota Schools pulling resource officers due to new state law/Bill Werner David Schultz Hamline University political analyst *SCSU offering first-of-its-kind Cannabis Management Training courses/Brent Palm Abe Hedke Professional and Continuing Education Director St. Cloud State University *Minnesota State Fair Highlights/Ashley Walker Multiple interviews with fair vendors and guests *U of M Athletic Director Catch Up/Mike Grimm U of M Athletic Director Mark Coyle
10. 9-10-23 *Student Debt Loan Scams/Bill Werner Minnesota Attorney General Keith Ellison *U of M Neurosurgeon Treks 350 Miles to Raise Money for Research Dr. Matthew Hunt *Saving for Your Child's College Education/Tasha Redel Jim Mandler, MNSaves *Gopher Football Win Over Nebraska/Mike Grimm Gopher Wide Receiver Daniel Jackson
11. 9-17-23 *Taking Trump off 2024 Ballot in Minnesota/Bill Werner David Schultz Hamline University Political Analyst *Minnesota Set to Hire Director of Cannabis Management/Brent Palm Charlene Briner, State Implementation Director *Minnesota unveils Cyber Security Plan/Ashley Walker Minnesota IT Services Director, John Israel *Minnesota Rail Safety Week Sherly Cummings, Minnesota Operation Lifesaver
12. 9-24-23 *Minnesota Receives Grant Money to Better Address Public Health Outbreak/Tasha Redel U of M Associate Professor Eva Enns *Keeping First Responders and their Families Safe/Ashley Walker Lannie Noble President of MN100 Club *Archery Deer Season Underway/CWD Testing- Brent Palm DNR Wildlife Supervisor Eric Hildebrand *Oak Wilt

F. Consumer Issue

1. **INFOTRAK 7/16/23 5:10 AM - 8 Mins:** Ruchi S. Gupta, MD, MPH, board-certified pediatrician and health researcher, Professor of Pediatrics and Medicine at Northwestern University Feinberg School of Medicine, Clinical Attending at Ann & Robert H. Lurie Children's Hospital of Chicago, founding director of the Center for Food Allergy & Asthma Research. Dr. Gupta led a groundbreaking study of allergies in adults and found the prevalence of food allergy is highest among black, Hispanic and Asian individuals across all ages. She also found that food allergy is lowest among households earning more than \$150,000 a year. She talked about potential reasons for these findings and the importance of getting a proper diagnosis.
2. **INFOTRAK 7/30/23 5:00 AM - 8 Mins:** Kate W. Bauer, PhD MS, Associate Professor of Nutritional Sciences, University of Michigan School of Public Health. Prof. Bauer recently led a study that compared beverage consumption in low-income households that utilize taxpayer-funded food assistance programs. She found that families that used just one of the programs were in the normal range, but those that participated in both the Supplementation Nutrition Program for Women, Infants, and Children (WIC), and the Supplemental Nutrition Assistance Program (SNAP), consumed high amounts of sugar-sweetened beverages. She explained why this is a concern.
3. **INFOTRAK 7/30/23 5:10 AM - 8 Mins:** Patrick Olsen, Editor-in-Chief, CarFax. More than 2.5 million vehicles that have been issued a "Do Not Drive" or "Park Outside" safety recall remain unrepaired, Carfax data shows. Mr. Olsen talked about the most common reasons behind these serious recalls, and why consumers fail to take their cars to dealers to get the issue taken care of. He also explained how someone can check to see if their car is on a recall list.
4. **INFOTRAK 8/13/23 5:00 AM - 9 Mins:** Paul Pilibosian, a Houston attorney specializing in real estate law. It is a pattern being played out in many cities in the United States: squatters move into a home, refuse to leave, and homeowners have few options to evict them. Mr. Pilibosian explained why this trend is on the rise and what homeowners should do to try to discourage squatters from moving into a house in the first place.
5. **INFOTRAK 8/20/23 5:00 AM - 9 Mins:** Karl Brauer, Executive Analyst at ISeeCars.com. The pain of inflation has hit every consumer's pocketbook in the past couple of years, but perhaps the impact has been greatest in the car buying market. Mr. Brauer shared research that found that while the value of used electric vehicles has been plummeting in 2023 (and the trend is accelerating), the price of used cars in general has jumped 47% since 2019. He added that more than half of today's used cars also have 20% or more miles than they did three years ago.
6. **INFOTRAK 9/10/23 5:00 AM - 9 Mins:** Erica Eversman, President of the Automotive Education and Policy Institute in Akron, OH. Drivers are looking for ways to save money on auto insurance as premiums rise rapidly. Ms.

Eversman explained a new offering from some insurance companies: usage-based car insurance programs, where the insured agrees to share detailed data about their driving habits with their insurer via a phone app or an in-vehicle device. She said the data does permit insurance companies to evaluate risk better and better match the price of the insurance for the risk, but at a steep cost to consumers' privacy and legal rights.

7. **INFOTRAK 9/10/23 5:25 AM -5 Mins:** Edgar Dworsky, Founder & Editor of ConsumerWorld.com. Grocery costs for Americans have skyrocketed in the past two years. Mr. Dworsky discussed the subtle trend of "shrinkflation," in which many manufacturers shrink their packaging, rather than raising prices. He explained what products most commonly are affected, and ways that consumers can protect themselves against the tricky practice.