Quarterly Issues & Programs Report

WAZZ-AM & Translator W232ci(FM)

Fayetteville

3rd Quarter

July – August – September 2016

Prepared by - Mac Edwards

WAZZ-AM & W232ci-FM

Issue/Program Summary

2016 - 3rd Quarter

July – August – September

Radio Station WAZZ-AM & FM Translator W232CI - Fayetteville, NC (1490-AM & 94.3-FM) identified these issues of concern in the community to be addressed from July through September 2016.

At-Risk Youth
Government Regulations
Alcohol Abuse
Disaster Recovery
Water Safety
Education
Health & Well-being
Employment
Military
Child Abuse

These items were identified during on-going surveys and interviews conducted by the staff with community leaders.

Issues were addressed via – Daily Public Service Announcements

Daily Newscasts

Weekly Long-form Public Affairs Programs

Live Broadcasts from Community Events

Talkback with Danny Highsmith (with Paul Johnson substitute host this week)

<u>Guests:</u> Wayne Collier, local land owner of a family farm and interested County agricultural historian, and Lis Childers, Head Agent, Carvers Creek State Park.

Airdate: July 3, 2016 @ 7:30am

Topic: This program featured a discussion of the current state of Agriculture in Cumberland County, its future (in terms of "who's getting into farming and agricultural pursuits", plus a look at farming's rich past in Cumberland County (on the Cumberland County 2016 Farm Tour – including an enlightening stop at a Cumberland County family farm that has been in operation by the same family (the Colliers) going back to the late 1830's (almost 180 years):

Total Time: 30 mins.

Breaks: 1 (1:00 total, leaving 29:00 in subject content)

Synopsis:

Wayne Collier's Indian Ridge Farm in Linden provided the look back at farming in Cumberland County. This family farm that has been in operation under the per view of the same family (the Colliers) going back to the late 1830's (almost 180 years):

- The history of the Collier farm. Current owner (who has current operations overseen by others while he focuses on preserving the history of the farm and family homeplace.)
- How it evolved as a family farm in Wayne Collier's vision of the past (he was born in the late 40's but his father, C. Wayne Collier, a former Cumberland County Education Superintendent, who inherited the farm from HIS father and whose excerpts from his book Memories (a section entitled "Scientific Farming and Subsistence") gave tour-members a look at farming from 1925 through the 1970's.)
- Wayne Collier then told stories and demonstrated from the life he could directly recall the 1950's through today. Demonstrating some "old ways" farm operations that have been thoughtfully preserved for education's sake.
- For vitality, a few of these operations and activities were presented as captured on audio media.
- Lisa Childers, the energetic Head agent at the Cumberland County Extension Service, brought us up to date with an outlook on the current state of agriculture in Cumberland County.
- Lisa also pointed out the encouraging trend that more and more young people in the County are becoming interested in farming – although, in some ways, very differently than the ways of their predecessors.
- As a point of interest, Cooperative Extension was initiated in the U.S. in 1914 as a means to spread word of the research-based knowledge and life enhancements being fostered developed at each state's land-grant universities (North Carolina has two, N.C. State in Raleigh and N.C. Agriculture and Technology in Greensboro.) It has thrived over the years being a vital link between the universities and the public segments dependent upon the information developed and shared by the universities. Cumberland County, where agricultural/agribusiness pursuits are still the #1 component in the economy, is proud to have a vital, forward-looking and proactive County Extension service.

Concern areas addressed:

Historical Preservation as a means of Interpretative Education Education (Current State and Future of Agriculture in Cumberland County)

Talkback with Danny Highsmith (with Paul Johnson substitute host this week)

<u>Guests:</u> Colleen Bowers, Park Ranger, Carvers Creek State Park, and Jane Conolley, Supervising Park Ranger, Carvers Creek State Park.

<u>Airdate</u>: July 10, 2016 @ 7:30am

Topic: Carvers Creek State Park is North Carolina's newest state park and the ONLY state park located in Cumberland County. As a part of the celebration of the 100th Anniversary of State Parks in North Carolina, the rangers offered this inside look at Cumberland County's one State Park and, although still developing, how it can enhance the life-experience of Cumberland residents

Total Time: 30 mins.

Synopsis:

This program featured a discussion of Carvers Creek State Park:

Among the topics:

- It's history as a piece of land (originally Long Valley Farm, a working farm outside Spring Lake)
- How it evolved further into a leased farm and winter retreat from harsh New York-state northern winters for the James Rockefeller family from New York (yes, THOSE Rockefellers.)
- How it donated was donated by the estate of Mr. Rockefeller upon his passing to the state of North Carolina with the proviso the land be preserved as a park or nature preserve.
- How it was commissioned as a park in 2013 and began its development as a visitor-ready facility.
- How it continues development today while also offering access and tours to public visitors. The
 park offers hiking/running trails, fishing, and limited-capacity tours of portions of the Rockefeller
 "cabin".
- How development may benefit from the \$5.7 Million Grant it has achieved by way of the Connect NC bond referendum passed by N.C. Voters in March of 2016.
- As a point of interest, Carvers Creek State Park, for the moment, is the only State Park under administration of two State Park Rangers who happens to be women. Career awareness, benefits of employment and opportunities for women as Park Rangers were discussed.

Concern areas addressed:

- a) Health and Welfare (as a public resource for mebtal well-being, fitness and relaxation)
- b) Education (promotion of awareness and interesting background of park)

Guest: Amy Cannon, Cumberland County Manager

Topic: Cumberland County Government

Total time: 27:35

Air Dates: July 17 & July 24, 2016 @ 7:30

Discussion included:

...How did you get into this type work?

...How many departments in County Government?

...How many employees?

...Some of department heads are elected; what role do you play in those departments?

...You work for the elected members of the Board of County Commissioners; do you run day to day operations and they set policy?

...Amount of Cumberland County budget?

...How is budget prepared?

...Your day must be filled with meetings?

... How large is staff in your office?

...What kind of relationship do you have with Fayetteville City Manager and the town managers in other municipalities in Cumberland County?

... How often do you meet with these managers?

...What are some of the major challenges facing Cumberland County Government?

...Parks and Recreation is jointly operated by City and County? How is that working out? Any other county-city departments that have merged?

- 1. Government
- 2. Employment
- 3. Taxes

Guest: Diana Juergens, Ex. Director, Rick Herrema Foundation (Rick's Place)

Topic: Rick's Place

Total time: 28:31

Air dates: July 31 & September 11, 2016 @ 7:30am

Discussion included:

- ...What is The Rick Herrema Foundation?
- ...Who is/was Rick Herrema?
- ...Where will Rick's Place be located?
- ...Who will use it?
- ... How is it being financed?
- ...How will it be funded once it is built?
- ...Activities planned for Rick's Place?
- ...Your husband retired from military after 29+ years, so what are the stresses on a military family during deployments?
- ...How many times was your husband deployed?
- ...When do you anticipate Rick's Place will be completed?
- ...Any local fundraising efforts planned?

- 1. Military families
- 2. Recreation
- 3. Moral support of military families

Talkback with Danny Highsmith (with Paul Johnson substitute host this week)

<u>Guests:</u> Capt. Dae Kim, Sgt. Riles Kjellson, Specialist Gabe Stillman, Supervising Conductor, Band Member and Band Member-Arranger, respectively.

Airdate: August 7, 2016 @ 7:30am

<u>Topic:</u> Kids' Night at Festival Park with the U.S. Army Ground Forces Band (Friday, August 12th, 2016 at Festival Park, Fayetteville (Free to the public)

Total Time: 30 mins.

Breaks: 2 (2:00 total, leaving 28:00 in subject content)

Synopsis:

This program featured a discussion of the upcoming free-to-the-public Kids Night (the following Friday, August 12th beginning at 5:30 pm with full-family activities available on the grounds):

Among the topics:

- The history of US Army Ground Forces Band Kid's Nights as a public relations events and an Army "Thank You" to a community that values the military and its local presence.
- How Kids' Nights have evolved from straight Community Concert to an interactive music
 appreciation program that involves kids' recognizing, identifying and, in most cases, singing with
 popular music from today's TV shows (e.g. Sponge Bob Square Pants TV theme) and movie (e.g.
 "Let It Go" from Disney's "Frozen" soundtrack.
- In enhanced interactivity, children attending the show are asked to help "build" a music composition based on storytelling with instruments taking roles based upon their sound, ala Sergei Prokofiev's "Peter and the Wolf."
- How a soldier pursues a U.S. Army career as a musician. Required background and skill (not surprisingly, it is very competitive among interested Army personnel.)
- How the U.S. Army Ground Forces Band (USAGFB) operates in different configurations based upon need. We also explored how the USAGFB interfaces with other U.S. Army musical efforts. (We learned how the 82nd Airborne Band will be merged with the USAGFB later in 2016.
- Concern areas addressed:
- a) Health and Welfare (as a public resource for mental well-being, fitness and relaxation)
- Education (promotion of awareness and acknowledgement of the USAGFB's role in inspiring music appreciation, and motivating through entertainment.)

Guest: Tammy Lawrence, Ex. Director, Habitat for Humanity

Topic: Habitat for Humanity

Total time: 27:40

Air Date: August 14, 2016 @ 7:30am

Discussion included:

- ...Tell us about how Habitat for Humanity began?
- ... How long has Habitat operated in Fayetteville?
- ...How many homes have been built in the Fayetteville area?
- ...Where are they located?
- ...Where does the money come from to build the homes?
- ... How does a family become a Habitat homeowner? What is the process?
- ...Talk a little about the homeowner's sweat equity?
- ...Approximate cost for a Habitat home?
- ...Habitat homeowners pay for their homes, but are not charged interest?
- ... Now, you are expanding into neighboring counties? Why? Your role in these counties?
- ...How many volunteers work with your organization?

- 1. Low to middle income home ownership
- 2. Volunteerism

Guests: Jessica Maples & Jamal Tourblefield, Case Managers, Family Endeavors

Topic: Family Endeavors and upcoming event entitled Resource Day

Total time: 26:43

Air date: September 4, 2016 @ 7:30am

Discussion included:

- ...What is Family Endeavors?
- ...How and when was organization begun?
- ...What exactly do you do as Case Managers?
- ...Is it national organization or just local?
- ...Where do you get funding?
- ...How many employees do you have locally?
- ...You have an event upcoming...tell us about it?
 - ...Name of event?
 - ...Where?
 - ...Hours?
 - ... Who is eligible to attend?
- ...Where is your local office?
- ...How did each of you become involved in this organization?

- 1. Veterans
- 2. Homelessness
- 3. Finances
- 4. Rehabilitation

Guests: Roberta Humphries, Ex. Director, Child Advocacy Center & Tim Edwards, Board Chair, CAC

Topic: CAC & upcoming Pinwheel Masquerade Ball and Auction

Total time: 27:05

Air Dates: September 18 & September 25, 2016 @ 7:30am

Discussion included:

...When and why was Child Advocacy Center begun?

...Discuss the upcoming Pinwheel Masquerade Ball and Auction?

...ls child abuse more prevalent today than when CAC first began?

...How are children referred to CAC?

...Discuss your relationship with DSS, law enforcement and the courts?

...Other than working with children, do you still make presentations about child abuse to various organizations in our community? How can these organizations reach you if they would like a presentation?

- 1. Child abuse
- 2. Courts
- 3. Law
- 4. Counseling



THIRD QUARTER PUBLIC AFFAIRS REPORT 2016

WAZZ THIRD QUARTER PUBLIC AFFAIRS REPORT

JULY 2016

JULY 7, 2016 – Fayetteville Animal Protection Society – Guest , Janice Melton Live - 8:35AM to 9:00AM.

JULY 21, 2016- A Senior Moment – Guest: Rick Spell – Live -8:35AM – 9:00AM.

JULY 22, 2016 - Fourth Friday - Guest: Mary Kinney - Live - 8:35AM - 9:00AM.

Submitted By Curt Nunnery

WAZZ THIRD QUARTER PUBLIC AFFAIRS REPORT

AUGUST 2016

AUGUST 4, 2016 – Fayetteville Animal Protection Society – Guest , Janice Melton Live - 8:35AM to 9:00AM.

AUGUST 11, 2016 – Mid South Jamboree – Guest: Donnie Dees – Live 8:35AM - 9:00AM.

AUGUST 18, 2016- A Senior Moment – Guest: Rick Spell – Live -8:35AM – 9:00AM.

AUGUST 25, 2016 – Daxwood Productions-New Song – Guest: Lynne O'Quinn - Live - 8:35AM – 9:00AM.

AUGUST 26, 2016 – Fourth Friday – Guest: Mary Kinney – Live – 8:35AM – 9:00AM.

AUGUST 31, 2016 – Lafayette Birthday Event – Guest: Hank Parfitt –Live - 8:35AM - 9:00AM.

Submitted By Curt Nunnery

WAZZ THIRD QUARTER PUBLIC AFFAIRS REPORT

SEPTEMBER 2016

SEPTEMBER 1, 2016 – Fayetteville Animal Protection Society – Guest , Janice Melton Live - 8:35AM to 9:00AM.

SEPTEMBER 8, 2016 – Council On Older Adults Event – Guest: Rick Spell -Live 8:35AM - 9:00AM.

SEPTEMBER 15, 2016- A Senior Moment - Guest: Rick Spell - Live -8:35AM - 9:00AM.

SEPTEMBER 23, 2016 – Fourth Friday – Guest: Mary Kinney – Live – 8:35AM – 9:00AM.

SEPTEMBER 30, 2016 – His Outreach Worldwide Benefit BBQ – Guest: Lynne O'Quinn – Live – 8:35AM - 9:00AM.

Submitted By Curt Nunnery

WAZZ-AM/W232ci-FM - Fayetteville, NC



Sunday July 3, 2016 @7am - military; federal government; consumerism; health care; technology

Time Segment Dur.

2:04 SEGMENT 1: THE OTHER SIDE OF MILITARY SCIENCE 12:16

Synopsis: Most people think of military science in terms of defeating the forces of the other side. But it also involves keeping our troops sheltered, clothed and fed, as well as protected from adversaries like exhaustion, infection, heat and noise. A noted investigative journalist explains the less well known side of military research.

Host: Reed Pence. Guest: Mary Roach, author: Grunt: The Curious Science of Humans at War

15:22 SEGMENT 2: UNCERTAINTY IN MEDICINE 7:43

Synopsis: Many patients want certainty in diagnoses, especially when they've had expensive diagnostic tests. However, those tests are often less certain in their results than people think, making patients sometimes doubt doctors' competence.

Host: Nancy Benson. Guest: Dr. Steven Hatch, Asst. Prof. of Medicine, Univ. of Massachusetts Medical School and author, Snowball In A Blizzard: A Physician's Notes on Uncertainty in Medicine

Sunday July 10, 2016 @ 7am - disabilities; mental illness; health care; consumerism

Time Segment Dur.

2:04 SEGMENT 1: LEWY BODY DEMENTIA 11:21

Synopsis: The second most common form of dementia is virtually unknown to most people. However, Lewy body dementia affects 1.4 million Americans, with symptoms commonly misdiagnosed as Alzheimer's disease. Additional symptoms such as hallucinations and uncontrollable shaking make diagnosis and caregiving more difficult, and treatments for Alzheimer's or psychosis can often be harmful. Experts discuss.

Host: Reed Pence. Guests: Candy Schulman, daughter of woman who died with Lewy body dementia; Dr. James Leverenz, Director, Cleveland Clinic Lou Ruvo Center for Brain Health and Chair, Scientific Advisory Council, Lewy Body Dementia Association

14:27 SEGMENT 2: OUR NEW GENETIC KNOWLEDGE 8:30

Synopsis: Gene research has made incredible leaps in the last decade. A physician/Pulitzer-prize winning author explains what our new knowledge means for our immediate medical future, given our struggles with genetic knowledge in the past.

Host: Nancy Benson. Guest: Dr. Siddhartha Mukherjee, Asst. Prof. of Medicine, Columbia Univ. and author, The Gene: An Intimate History.

Sunday July 17, 2016 @ 7am - youth at risk; parenting issues; economics; public safety; water safety

Time Segment Dur.

SEGMENT 1: BABY TALK 2:05 11:17

Synopsis: Scientists have discovered that the way parents talk to their infants has a huge effect on their intellectual development and later success. Experts discuss why and how parents should hold "conversations" with their

Host: Reed Pence. Guests: Dr. Anne Fernald, Assoc. Prof. of Psychology, Stanford Univ.; Dr. Kimberly Noble, Assoc. Prof. of Pediatrics, Columbia Univ.

14:24 SEGMENT 2: NEAR DROWNING 8:31

Synopsis: Some 700 American children under age 14 die of drowning each year. But when a child is pulled out of the water and revived, they may face lifethreatening peril hours or days later as the body reacts. Experts discuss. Host: Nancy Benson, Guests: Dr. Christopher Michos, emergency physician, St. Vincent's Medical Center, Bridgeport, CT; Dr. Luis Torero, Division Chief, Pediatric Critical Care, Advocate Children's Hospital, Oak Lawn, IL

Sunday July 24, 2016 @ 7am - health care; consumerism; insurance; local government and regulation

Time Segment Dur.

2:04 SEGMENT 1: FIGHTING YOUR INSURER

11:42

Synopsis: Patient advocates have long helped people navigate the healthcare system to get better treatment. Now a new field of advocates is helping people navigate the insurance system as well, assisting with denials and delays. Three experts in the field discuss how to fight your insurer and win.

Host: Reed Pence. Guests: Elisabeth Schuler Russell, founder and President, Patient Navigator LLC; Brendan Bietry, case manager, Patient Advocate Foundation; Laurie Todd, author, Fight Your Insurance Company and Win

14:48 SEGMENT 2: THE SALT BOMB8:07

Synopsis: Most Americans consume far too much salt even if they add none to their foods. Experts discuss why salt is such a health problem and what the federal government is doing to push food processors toward reducing salt content in our diets.

Host: Nancy Benson. Guests: Dr. Bill Farquhar, Prof. of Kinesiology and Applied Physiology, Univ. of Delaware; Dr. Karen Di Salvo, Acting Asst. Secretary for Health, US Dept. of Health and Human Services; Dr. Robert Califf, Commissioner, US Food and Drug Administration

Sunday July 31, 2016 @ 7am - consumerism; health care; air pollution and environment

Time Seament Dur.

2:01

SEGMENT 1: FUNGAL SINUSITIS 11:53

Synopsis: Many people who have chronic recurrent sinusitis may have an allergic reaction to fungi rather than a bacterial infection. Treatments for the two are completely different, and in some cases, fungal sinusitis can be life threatening. Two experts and a patient explain.

Host: Reed Pence. Guests: Erin Porter, fungal sinusitis patient and founder, EatPrayGetWell.com; Dr. Donald Dennis, ear, nose & throat surgeon, Atlanta; Dr. Joseph Han, Prof. of Otolaryngology-Head & Neck Surgery, Eastern Virginia Medical School

14:56 SEGMENT 2: CHILD HEART ARRHYTHMIAS 8:07

Synopsis: Children and adolescents seldom have "heart attacks," but they sometimes have heart arrhythmias which can look like the same thing, and be just as deadly. Often they are treated with implantable devices, but need more support than they often get. An expert doctor and the father of a young patient discuss.

Host: Nancy Benson. Guests: Colin Alesse, parent of heart arrhythmia attack and co-founder Chicagoland Cardiac Connections; Dr. Greg Webster, cardiologist and electrophysiologist, Lurie Children's Hospital, Chicago and cofounder, Chicagoland Cardiac Connections

Sunday August 7, 2016 @ 7am - pollution and environment; federal government and regulation

Time Segment Dur.

SEGMENT 1: DRINKING WATER SAFETY 11:57

2:01 Synopsis: Most people assume their drinking water is safe However, many chemicals, especially new ones, are unregulated by the EPA, and thousands of water systems serving millions of people have lead levels higher than standards allow. Experts explain the danger of lead, especially to children, and other chemicals that may be in

Host: Reed Pence. Guests: Dr. Jeffrey K. Griffiths, Prof. of Public Health, Tufts Univ. and former chair, Drinking Water Committee, US EPA; Dr. Kristi Pullen Fedinick, Staff Scientist, Health Program, Natural Resources Defense Council.

15:00 SEGMENT 2: VARICOSE VEINS

8:07 Synopsis: Millions of people have varicose veins, which have health consequences beyond their unsightliness. An expert physician explains what varicose veins are and new treatments that simplify getting rid of them. Host: Nancy Benson. Guest: Dr. Mark Rayman, Medical Director, Beach Cities Vein and Laser Center, CA

Sunday August 14, 2016 @ 7am - youth at risk; disabilities; youth at risk; parenting issues; discrimination

Segment Time

SEGMENT 1: RETHINKING PARENTING 11:57 2:04

Synopsis: Every generation thinks the one behind it is full of spoiled, entitled, lazy kids, prompting parenting advice that research shows is actually harmful to children. An expert discusses why conventional wisdom about raising kids is often all wrong.

Host: Reed Pence. Guest: Alfie Kohn, author, The Myth of the Spoiled Child: Challenging the Conventional Wisdom About Children and Parenting.

14:32 SEGMENT 2: LITTLE PEOPLE, DISABILITY, AND THE PROSPECT OF CURE 8:21

Synopsis: Many people with dwarfism also face skeletal abnormalities which can lead to disability. Experts, all little people themselves, discuss major causes of dwarfism, the hurdles they create, the struggle for respect, and the prospect of treatments that could one day make little people much more rare.

Host: Nancy Benson. Guests: Dr. Jennifer Arnold, co-star, TLC's The Little Couple and co-author, Think Big; Ericka Okenfuss, licensed genetic counselor, Kaiser Permanente, Sacramento, CA; Gary Arnold, President, Little People of America and Public Affairs Manager, Access Living, Chicago

Sunday August 21, 2016 @ 7am - health care; discrimination; obesity; consumerism

Dur. Time Segment

SEGMENT 1: DOCTORS' OBESITY BIAS 13:06 2:04

Synopsis: Studies show that medical professionals are as biased as the rest of us against people who are overweight, resulting in lectures, misdiagnoses, and patients who start avoiding the doctor Experts explain the problem, results, and what might be done about it.

Host: Reed Pence. Guests: Dr. Rebecca Puhl, Prof. of Human Development and Family Studies, Univ. of Connecticut and Deputy Director, Rudd Center for Food Policy and Obesity; Dr. David Katz, Director, Yale-Griffin Prevention Research Center, Yale Univ. and Founder, True Health Initiative; Kathy Kater, psychotherapist specializing in body image, eating and weight issues

16:12 SEGMENT 2: MISCOMMUNICATION AND COLOR ENERGY 6:44

Synopsis: People have different ways to interpret the world around them, and miscommunication is often a result when we assume we do so similarly. A noted author discusses an innovative way to classify communication styles to avoid clashes.

Host: Nancy Benson. Guest: Scott Schwefel, author, Discover Yourself

Sunday August 28, 2016 @ 7am - health care; disaster recovery; infectious disease and vaccination

Time Segment Dur.

1:54 SEGMENT 1: SCAD--A DIFFERENT KIND OF HEART ATTACK 12:00

Synopsis: A form of heart attack that strikes young, seemingly healthy people--most of them women, often near childbirth--is increasing. Experts discuss heart attacks caused by arteries that split open rather than blockages. Host: Reed Pence. Guests: Shelley Simonton, SCAD patient; Dr. Sharonne Hayes, Founder, Women's Heart Clinic, Mayo Clinic; Carol Vich, SCAD patient

14:56 SEGMENT 2: THE HAITIAN CHOLERA COVERUP 7:51

Synopsis: Haiti was struck by a devastating cholera epidemic a few months after a disastrous earthquake hit. Eventually the UN and its peacekeeping groups were blamed for causing the outbreak, making a bad situation much worse. Experts discuss how it happened and lessons for future disaster recovery.

Host: Nancy Benson. Guest: Dr. Ralph Frerichs, Prof. Emeritus of Epidemiology, UCLA and author, Deadly River: Cholera and Cover-Up in Post-Earthquake Haiti

Sunday September 4, 2016 @ 7am - public health; youth at risk; alcohol, substance abuse and addiction;

Time Segment Dur.

3:04 SEGMENT 1: FETAL ALCOHOL SPECTRUM DISORDER 10:40

Synopsis: Fetal alcohol spectrum disorder is the largest preventable cause of developmental disabilities in the US, and studies show it is far more common than previously suspected, especially in certain populations. Experts explain how better prevention efforts could greatly reduce a wide variety of social problems

Host: Reed Pence. Guests: Dr. Phillip May, Research Prof. of Nutrition, Gillings School of Global Public Health, Univ. of North Carolina-Chapel Hill; Dr. Carl Bell, Prof. of Psychiatry Emeritus, Univ. of Illinois and staff psychiatrist, Jackson Park Hospital, Chicago; Dr. Ira Chasnoff, President, NTI Upstream and Clinical Prof. of Pediatrics, Univ. of Illinois

14:46 SEGMENT 2: LUCID DREAMS 8:11

Synopsis: The dreaming brain is nearly as active as it is when we are awake. Experts discuss ways to shape dreams to help solve problems.

Host: Nancy Benson. Guest: Dr. Deirdre Barrett, Asst. Prof. of Psychology, Harvard Medical School and author, The Committee of Sleep: How Artists, Scientists, and Athletes Use Their Dreams for Creative Problem Solving—And How You Can Too

Sunday September 11, 2016 @ 7am - public safety; media and society

Time Segment Dur.

3:00 SEGMENT 1: THE BRAIN SCIENCE OF DRUNK DRIVING 10:15

Synopsis: Scientists are learning that people who repeatedly drive drunk are not all the same in the personalities and brain chemistries that motivate their behavior. An expert discusses new research suggesting different ways to reduce recidivism in each of these personality types.

Host: Reed Pence. Guest: Dr. Thomas Brown, Asst. Prof. of Psychiatry, McGill Univ. and researcher, Douglas Mental Health University Institute

14:17 SEGMENT 2: GOSSIP 7:23

Synopsis: Most people regard gossip with disdain. While backbiting, vicious slander is usually disruptive, researchers have found that informational gossip has benefits for society by keeping people in line with societal norms. Experts discuss.

Host: Nancy Benson. Guest: Dr. Robb Willer, Prof. of Sociology, Stanford Univ; Dr. Matthew Feinberg, Asst. Prof. of Management, Univ. of Toronto

Sunday September 18, 2016 @ 7am - consumerism; youth at risk; health care

Time Segment Dur.

3:00 SEGMENT 1: EPI-PEN PRICE HIKES 11:38

Synopsis: The Epi-Pen brand has become synonymous with epinephrine injectors, which can save the life of a person suffering a severe allergic reaction. Recently there's been outcry over large price hikes for the devices, which have forced some people to seek other laternatives or go without. Experts discuss the economics involved and what patients can do to be protected without going broke.

Host: Reed Pence. Guests: Dr. Aaron Carroll, Prof. of Pediatrics, Indiana Univ. School of Medicine; Dr. Thomas Casale, Prof. of Pediatrics and Medicine, Univ. of South Florida and Exec. Vice President, American Academy of Allergy, Asthma and Immunology

15:40 SEGMENT 2: HOMESICKNESS7:27

Synopsis: What we now call "homesickness" used to be a medical diagnosis called "nostalgia," and it was considered life-threatening. Today many people consider homesickness to be a childish emotion, but an expert says it's nothing to be ashamed of. We all suffer from it sometime and need to know how to cope. Host: Nancy Benson. Guest: Dr. Susan Matt, Prof. of History, Weber State Univ.; Dr. Chris Willard, Lecturer in Psychology, Harvard Medical School.

Sunday September 25, 2016 @ 7am - health care; infectious disease; disabilities

Time Segment Dur.

3:03 SEGMENT 1: PANDAS: DANGEROUS AFTEREFFECTS OF A STREP THROAT 11:35

Synopsis: Strep infection may prompt a severe reaction in some children, causing their own immune system to attack cells in the brain. What appear to be extreme psychological symptoms result from what is really a physical disorder. The disorder, known as PANDAS, is often misdiagnosed. Experts discuss.

Host: Reed Pence. Guests: J.C. Konecny, Executive Director, PANDAS Network and parent of PANDAS sufferer; Dr. Elizabeth Latimer, Clinical Asst. Prof. of Pediatrics and Neurology, Georgetown Univ.

15:40 SEGMENT 2: LOCKED-IN SYNDROME 7:14

Synopsis: Some people who have a stroke in the brain stem suffer from a condition where they are fully conscious and aware, yet appear to be in a coma because they cannot move a muscle, except for sometimes the eyes. They may remain in this "locked- in" state for years. A stroke expert and a woman who recovered from this condition discuss it.

Host: Nancy Benson. Guests: Allison O'Reilly, Locked-In Syndrome survivor and author, Out Of the Darkness; Dr. Ralph Sacco, Chairman of Neurology, Univ. of Miami Miller School of Medicine and former President, American Heart Assn.