

KJLT FM 2022 4th Quarter Issues

A number of issues relevant to our listeners were addressed including marriage, leasing land, parenting, Operation Christmas Child, foster care, America's Veterans, Men In The Gap Outreach, Deborah's Legacy Outreach, diets, navigating worry, Salvation Army

DATE: 10/03/2022

TIME: 07:30AM

PROGRAM: Extension Almanac

LENGTH: 04:55

ISSUES: Agriculture

DESCRIPTION: The Challenges of Being Rural. Rural communities are facing big challenges when it comes to keeping their towns vibrant and growing. Nebraska Extension Specialist Cheryl Burkhart-Kriesel talks about how small town Nebraskans are creatively navigating multiple issues to help them grow in the years to come..

DATE: 10/03/2022

TIME: 08:06PM

PROGRAM: Focus on the Family

LENGTH: 28:30

ISSUES: Family

DESCRIPTION: Abortion Pill Reversal. Medical abortions are promoted as 'safe and easy,' but few women understand the long-term consequences of terminating a child. we'll examine how the abortion pill works and how prolife doctors may be able to reverse the process.

DATE: 10/04/2022

TIME: 07:30AM

PROGRAM: Extension Almanac

LENGTH: 04:47

ISSUES: Agriculture

DESCRIPTION: Flexible Stocking Rate Options for Drought Management. Much of Nebraska is experiencing drought conditions this year. Nebraska Extension Beef Systems Educator Ryan Benjamin stresses moderation and flexibility when it comes to stocking strategies during drought..

DATE: 10/04/2022

TIME: 08:06PM

PROGRAM: Focus on the Family

LENGTH: 28:30

ISSUES: Family

DESCRIPTION: Fortifying Your Marriage for the Storms of Life - I. Storms are inevitable in marriage. Are you prepared? Gary Thomas reviews common difficulties couples can face -- everything from chronic illness to infidelity -- and describes how clinging to your faith and to your spouse can help you survive and thrive.

DATE: 10/05/2022

TIME: 07:30AM

PROGRAM: Extension Almanac

LENGTH: 04:26

ISSUES: Agriculture

DESCRIPTION: Tar Spot on Corn. Keeping an eye on your crops is a good practice for producers. Nebraska Extension Plant Pathologist Tamra Jackson-Ziems cautions corn producers to be on the lookout for tar spot, a relatively new corn disease.

DATE: 10/05/2022

TIME: 08:06PM

PROGRAM: Focus on the Family

LENGTH: 28:30

ISSUES: Family

DESCRIPTION: Fortifying Your Marriage for the Storms of Life - II.

DATE: 10/06/2022

TIME: 07:30AM

PROGRAM: Extension Almanac

LENGTH: 04:27

ISSUES: Agriculture

DESCRIPTION: Experience the Power of Red Day. The College of Agriculture and Natural Resources on UNL's East campus will be hosting a 'Power of Red' visit day for students and parents. CASNR College Relations Director Sue Ellen Pegg says the visit day is an excellent opportunity for prospective students to see what their college experience could be like..

DATE: 10/06/2022

TIME: 08:06PM

PROGRAM: Focus on the Family

LENGTH: 28:30

ISSUES: Family

DESCRIPTION: Leaving a Legacy of Faith - I. As our kids grow up, we track their progress by measuring their height and weight on a regular basis. But how do we measure their spiritual growth? Dan Seaborn shares a fun, practical guide to teaching spiritual principles to our children, and grandchildren.

DATE: 10/07/2022

TIME: 07:30AM

PROGRAM: Extension Almanac

LENGTH: 04:20

ISSUES: Agriculture

DESCRIPTION: Garden Notes. Keeping records or a diary about your home garden can be an extremely valuable resource for future garden planning. Nebraska Extension Educator John Porter talks about keeping good notes from this year's gardening season..

DATE: 10/07/2022

TIME: 08:06PM

PROGRAM: Focus on the Family

LENGTH: 28:30

ISSUES: Family

DESCRIPTION: Leaving a Legacy of Faith - II. Have you heard the phrase, 'Try to catch your kids doing something RIGHT'? That can be a challenge sometimes. Pastor Dan Seaborn encourages you to SLOW DOWN and engage with your kids, celebrating the times when they do the right thing.

DATE: 10/10/2022

TIME: 07:30AM

PROGRAM: Extension Almanac

LENGTH: 04:22

ISSUES: Agriculture

DESCRIPTION: Waterwise Landscapes Initiative. A new program from the Nebraska Forest Service is emphasizing conserving water in your home landscape. Justin Evertson talks about how you can still have a beautiful landscape by planting trees, shrubs and ornamentals that thrive in dry weather.

DATE: 10/10/2022

TIME: 08:06PM

PROGRAM: Focus on the Family

LENGTH: 28:30

ISSUES: Family

DESCRIPTION: Pouring into the Lives of Your Grandkids. Grandparents are an integral part of the family, passing along wisdom, faith, and love. Chrys Howard and Shellie Rushing Tomlinson encourage grandparents in today's digital age. You'll better understand the unique role you have in supporting your adult children and influencing your grandchildren.

DATE: 10/11/2022
TIME: 09:10AM
LENGTH: 05:00
ISSUES: Christian Education
SPEAKER: Wendi Carstons
REPRESENTS: Our Redeemer Lutheran School
INTERVIEWER: Gary Hofer
DESCRIPTION: Our Redeemer Lutheran offers a Christian education for K-8th.

DATE: 10/11/2022
TIME: 10:15AM
LENGTH: 06:00
ISSUES: Teen & Young Adult
SPEAKER: Joe Sukraw
REPRESENTS: Hope Embraced
INTERVIEWER: Gary Hofer
DESCRIPTION: Hope Embraced is a ministry that includes high school and young adults

DATE: 10/11/2022
TIME: 02:05PM
LENGTH: 44:00
ISSUES: Community Outreach
SPEAKER: Kris Cheek
REPRESENTS: Maranatha Bible Camp
INTERVIEWER: Gary Hofer
DESCRIPTION: No one is turned away from Maranatha due to affordability. There are a number of camps throughout the year. There will be a marriage conference November 4th-6th.

DATE: 10/11/2022
TIME: 04:35PM
LENGTH: 26:00
ISSUES: Children Ministry
SPEAKER: Brian Baxter
REPRESENTS: AWANA
INTERVIEWER: Gary Hofer
DESCRIPTION: Awana is a children ministry that includes bible story time, games, and bible memory time.

DATE: 10/11/2022

TIME: 08:06PM

PROGRAM: Focus on the Family

LENGTH: 28:30

ISSUES: Family

DESCRIPTION: Sharing Christ in a Cancel Culture - I & II. As a young man, Joe Dallas identified as a homosexual and tried to integrate his sexuality with his Christian faith. But then God gently changed his heart. Joe shares about his repentance and restoration while addressing major controversies in today's cancel culture.

DATE: 10/12/2022

TIME: 08:07AM

LENGTH: 23:00

ISSUES: Men s

SPEAKER: Vernon Sharp

REPRESENTS: Men In The Gap

INTERVIEWER: Gary Hofer

DESCRIPTION: Men In The Gap meets the second Saturday of the month for breakfast, praise, and worship. It is a free event

DATE: 10/12/2022

TIME: 10:08AM

LENGTH: 20:00

ISSUES: Abortion

SPEAKER: Linda Logsdon

REPRESENTS: Women s Resource Center

INTERVIEWER: Gary Hofer

DESCRIPTION: The Women s Resource Center provides an alternative to abortion. Medical services along with counseling and baby supplies are provided.

DATE: 10/12/2022

TIME: 11:05AM

LENGTH: 27:00

ISSUES: Women s Ministry

SPEAKER: Jill Vaughn, Sara Trumbley

REPRESENTS: Deborah s Legacy

INTERVIEWER: Gary Hofer

DESCRIPTION: Deborah s Legacy is an outreach to women needing a second chance to back on their feet in life. The Legacy can house 4.

DATE: 10/12/2022
TIME: 02:06PM
LENGTH: 40:00
ISSUES: College age issues
SPEAKER: Emma Wareham
REPRESENTS: Teen and young adult
INTERVIEWER: Gary Hofer
DESCRIPTION: Teen and college age issues discussed.

DATE: 10/12/2022
TIME: 02:07PM
LENGTH: 47:00
ISSUES: Community Outreach
SPEAKER: Jodi Hinds
REPRESENTS: Livin Out Loud
INTERVIEWER: Gary Hofer
DESCRIPTION: Livin Out Loud is a Christian music ministry outreach. Livin Out Loud will present a line up of Christian artists in concert and is a free event.

DATE: 10/12/2022
TIME: 03:12PM
LENGTH: 15:00
ISSUES: Trucker Ministry
SPEAKER: Doug Lee
REPRESENTS: Trucker s Church
INTERVIEWER: Gary Hofer
DESCRIPTION: Trucker s Church is an outreach to truckers that meets every Sunday morning at the Flying J truck stop.

DATE: 10/12/2022
TIME: 08:06PM
PROGRAM: Focus on the Family
LENGTH: 28:30
ISSUES: Family
DESCRIPTION: Sharing Christ in a Cancel Culture - I & II. As a young man, Joe Dallas identified as a homosexual and tried to integrate his sexuality with his Christian faith. But then God gently changed his heart. Joe shares about his repentance and restoration while addressing major controversies in today's cancel culture.

DATE: 10/13/2022
TIME: 08:06PM

PROGRAM: Focus on the Family

LENGTH: 28:30

ISSUES: Family

DESCRIPTION: God's Light Amidst Grief's Shadow. One of the hardest things about life on this side of eternity is the unexpected. Jonathan Pitts reflects on life with his wife Wynter and the events that led up to her sudden passing at a young age. Through that loss and the trials surrounding it, Jonathan found hope and healing. He'll encourage you to press into God and cling to your faith.

DATE: 10/14/2022

TIME: 07:30AM

PROGRAM: Extension Almanac

LENGTH: 04:01

ISSUES: Agriculture

DESCRIPTION: Yellow Jacket Control. Nebraska Extension Entomologist Jody Green warns homeowners that yellow jackets are becoming active this fall. She offers some tips to avoid getting stung.

DATE: 10/14/2022

TIME: 08:06PM

PROGRAM: Focus on the Family

LENGTH: 28:30

ISSUES: Family

DESCRIPTION: Getting Along with Strong-Willed People. We've all heard of strong-willed children -- maybe you have one or two -- but do you live or work with some strong-willed adults? Author Cynthia Tobias explains how to identify these challenging personalities and how to turn conflict into cooperation.

DATE: 10/17/2022

TIME: 07:30AM

PROGRAM: Extension Almanac

LENGTH: 03:58

ISSUES: Agriculture

DESCRIPTION: Know Your Numbers, Know Your Options 2022. Nebraska Extension is offering a series of programs designed to help farmers make sound financial decisions. Nebraska Extension Educator Jessica Groskopf talks about the upcoming Know Your Numbers, Know Your Options online course.

DATE: 10/17/2022

TIME: 08:06PM

PROGRAM: Focus on the Family

LENGTH: 28:30
ISSUES: Family
DESCRIPTION: Putting the Magic Back into Your Marriage.

DATE: 10/18/2022
TIME: 07:30AM
PROGRAM: Extension Almanac
LENGTH: 04:36
ISSUES: Agriculture
DESCRIPTION: More Tips for Fall Tree Planting. Justin Evertson from the Nebraska Forest Service offers more tips for planting trees and why fall is the best time of the year to plant them..

DATE: 10/18/2022
TIME: 08:06PM
PROGRAM: Focus on the Family
LENGTH: 28:30
ISSUES: Family
DESCRIPTION: Every Single Vote Matters. As an American citizen and a Christian, you can't afford to ignore the November midterm elections! Dr. Al Mohler urges all Christians to 'vote rightly' about critical moral issues on the 2022 ballot.

DATE: 10/19/2022
TIME: 07:30AM
PROGRAM: Extension Almanac
LENGTH: 04:52
ISSUES: Agriculture
DESCRIPTION: Entrepreneurial Success on a Ranch. Tom Field, Director for the UNL Engler Entrepreneurship program, says entrepreneur opportunities often come from outside the business world that people are familiar with and have been working in for years.

DATE: 10/19/2022
TIME: 10:17AM
LENGTH: 07:24
ISSUES: Local Community
SPEAKER: Lynetta Poff
REPRESENTS: Salvation Army
INTERVIEWER: Gary Hofer
DESCRIPTION: Volunteers are needed. The Salvation Army provides a wide variety of services year around.

DATE: 10/19/2022

TIME: 08:06PM

PROGRAM: Focus on the Family

LENGTH: 28:30

ISSUES: Family

DESCRIPTION: Living Joyously - I. Imagine being born with cerebral palsy, suffering with daily pain and the ridicule of your peers, then losing both parents to cancer. David Ring shares how those terrible circumstances led him to the brink of despair, and how the Lord intervened on his behalf.

DATE: 10/20/2022

TIME: 07:30AM

PROGRAM: Extension Almanac

LENGTH: 04:59

ISSUES: Agriculture

DESCRIPTION: Beef Quality Assurance During the Fall Run. Being loaded on a truck for transport can be very stressful for cattle. Jesse Fulton, Director of the UNL Beef Quality Assurance program says there are many issues for ranchers to consider before getting cattle ready for the fall run..

DATE: 10/20/2022

TIME: 08:06PM

PROGRAM: Focus on the Family

LENGTH: 28:30

ISSUES: Family

DESCRIPTION: Living Joyously - II. We all have troubles in life, but the real question is, how do you choose to respond to those troubles? Pastor David Ring shares how he overcame the challenges of cerebral palsy, to become a messenger of God's grace to audiences around the world.

DATE: 10/21/2022

TIME: 07:30AM

PROGRAM: Extension Almanac

LENGTH: 04:57

ISSUES: Agriculture

DESCRIPTION: 2022 Heifer Price Discounts. Nebraska Extension Livestock Marketing Economist Elliot Dennis says there are larger price discounts for heifers this season and talks about what those discounts mean..

DATE: 10/21/2022
TIME: 08:06PM
PROGRAM: Focus on the Family
LENGTH: 28:30
ISSUES: Family
DESCRIPTION: Helping Your Kids Identify Their Strengths. Every child has strengths and weaknesses.

DATE: 10/24/2022
TIME: 07:30AM
PROGRAM: Extension Almanac
LENGTH: 04:03
ISSUES: Agriculture
DESCRIPTION: 2022 Nebraska Extension Weed Science School. Farmers having difficulty managing crop weeds should plan to attend the 2022 Weed Science School coming up November 9.

DATE: 10/24/2022
TIME: 08:06PM
PROGRAM: Focus on the Family
LENGTH: 28:30
ISSUES: Family
DESCRIPTION: Finding True Healing from Trauma. Dr. Elizabeth Stevens was a high-achieving psychiatrist in the U.S. Air Force. But her work came to an abrupt halt after a debilitating brain injury and a series of other traumatic events which caused PTSD.

DATE: 10/25/2022
TIME: 07:30AM
PROGRAM: Extension Almanac
LENGTH: 04:12
ISSUES: Agriculture
DESCRIPTION: Drought Tolerant Trees. Next time you purchase a tree for your home landscape buy one that thrives in drought conditions. Bob Hendrickson from the Nebraska Statewide Arboretum talks about three species that are extremely drought tolerant.

DATE: 10/25/2022
TIME: 08:06PM
PROGRAM: Focus on the Family
LENGTH: 28:30

ISSUES: Family

DESCRIPTION: Being the Man Your Family Needs - I & II. A lot of guys need direction, meaning, and purpose for their lives but are struggling to find it. Author and radio host Brant Hansen makes some insightful observations about all that men can be - and six key decisions you can make to set yourself apart from the rest.

DATE: 10/26/2022

TIME: 07:30AM

PROGRAM: Extension Almanac

LENGTH: 04:44

ISSUES: Agriculture

DESCRIPTION: Is Solar Energy Right For Your Farm Operation? Solar energy isn't anything new, but it might be able to help some farmers save money on their operations. Nebraska Extension Educator John Hay talks about some of the benefits of having a solar powered operation.

DATE: 10/26/2022

TIME: 08:06PM

PROGRAM: Focus on the Family

LENGTH: 28:30

ISSUES: Family

DESCRIPTION: Being the Man Your Family Needs - I & II. A lot of guys need direction, meaning, and purpose for their lives but are struggling to find it. Author and radio host Brant Hansen makes some insightful observations about all that men can be - and six key decisions you can make to set yourself apart from the rest.

DATE: 10/27/2022

TIME: 07:30AM

PROGRAM: Extension Almanac

LENGTH: 04:52

ISSUES: Agriculture

DESCRIPTION: 2023 Farm Bill Issues. The upcoming election might have a big effect on the 2023 farm bill. Nebraska Extension Ag Policy Specialist Brad Lubben talks about some of the key issues that will need to be addressed.

DATE: 10/27/2022

TIME: 08:06PM

PROGRAM: Focus on the Family

LENGTH: 28:30

ISSUES: Family

DESCRIPTION: Becoming a Whole-Hearted Wife - I.

DATE: 10/28/2022

TIME: 07:30AM

PROGRAM: Extension Almanac

LENGTH: 08:34

ISSUES: Agriculture

DESCRIPTION: Drones and Precision Agriculture. Having a drone can significantly help farmers understand the growing conditions of their crops. Other precision ag issues can have a big impact on how our producers grow our food. Nebraska Extension Educator Nate Dorsey talks about some of the current issues in precision ag.

DATE: 10/28/2022

TIME: 08:06PM

PROGRAM: Focus on the Family

LENGTH: 28:30

ISSUES: Family

DESCRIPTION: Becoming a Wholehearted Wife - II. Find out how damaging anger can be in your marriage. Husbands and wives need a better response in the face of conflict, and we'll provide you with a biblical model on how to keep communication lines open and forgive your spouse.

DATE: 10/31/2022

TIME: 08:06PM

PROGRAM: Focus on the Family

LENGTH: 28:30

ISSUES: Family

DESCRIPTION: Laughing, Loving, and Lasting with Your Spouse. You can have a happy marriage, if you're intentional about maintaining a healthy, godly relationship. Kevin Thompson identifies eight commitments you need to make in order to find happiness in your marriage -- like humbling yourself, viewing your marriage as bigger than you.

DATE: 11/01/2022

TIME: 07:30AM

PROGRAM: Extension Almanac

LENGTH: 04:46

ISSUES: Agriculture

DESCRIPTION: Adjusting Rental Payments When Tenants Own the Center Pivot. Traditionally on leased cropland, the landowner owns the pump and pivot. Nebraska Extension Ag Economist Jessica Groskopf says when tenants own the pivot, the rental rate charged should be discounted, to compensate for higher ownership and repair expenses.

DATE: 11/01/2022
TIME: 06:00PM
PROGRAM: Family Life Today
LENGTH: 25:00
ISSUES: Family
SPEAKER: Dave and Ann Wilson
DESCRIPTION: How do we get the fruit of the Spirit in the first place? Dave and Ann Wilson host author Jessica Thompson, who beckons us back to our true source of love, joy, peace , and change.

DATE: 11/01/2022
TIME: 08:06PM
PROGRAM: Focus on the Family
LENGTH: 28:30
ISSUES: Family
DESCRIPTION: Unleashing the Possibilities for Children in Foster Care. He was adopted out of difficult circumstances into a large, loving family, and he later adopted two children of his own. Ryan Bomberger boldly promotes the adoption option instead of abortion, which the culture too readily encourages.

DATE: 11/02/2022
TIME: 07:30AM
PROGRAM: Extension Almanac
LENGTH: 04:42
ISSUES: Agriculture
DESCRIPTION: Test Your Hay. If you know the quality of your hay, you can make the right decision in terms of supplementation level and not spend more money than you need to. Nebraska Extension Beef Systems Specialist Mary Drewnoski talks about the best methods to testing your hay.

DATE: 11/02/2022
TIME: 06:00PM
PROGRAM: Family Life Today
LENGTH: 25:00
ISSUES: Family
SPEAKER: Dave and Ann Wilson
DESCRIPTION: Need tips on parenting with a former spouse? Dave and Ann Wilson host Dr. Mary Jeppsen--who literally wrote the book on constructive, cooperative coparenting. She'll help you navigate.

DATE: 11/02/2022

TIME: 08:06PM

PROGRAM: Focus on the Family

LENGTH: 28:30

ISSUES: Family

DESCRIPTION: Practical Advice for Parenting Powerful Kids I & II. As a parent, you can't help but wonder if the bundle of joy you bring home from the hospital will grow to be a bundle of opinions instead. Dr. Kevin Leman shares tips on mindfully caring for a powerful child without losing your own mind!

DATE: 11/03/2022

TIME: 07:30AM

PROGRAM: Extension Almanac

LENGTH: 04:49

ISSUES: Agriculture

DESCRIPTION: Farm Estate Transition and Leasing Meetings. Nebraska Extension will be hosting several meetings in the panhandle that deal with estate transition as well as leasing issues. Nebraska Extension Farm Succession Specialist Alan Vyhnalek talks about the workshops and when and where they will be held.

DATE: 11/03/2022

TIME: 06:00PM

PROGRAM: Family Life Today

LENGTH: 25:00

ISSUES: Family

SPEAKER: Dave and Ann Wilson

DESCRIPTION: Is your marriage moving towards oneness or isolation? Dave and Ann Wilson discuss habits for a great marriage, and what to do when you're holding a grudge.

DATE: 11/03/2022

TIME: 08:06PM

PROGRAM: Focus on the Family

LENGTH: 28:30

ISSUES: Family

DESCRIPTION: Practical Advice for Parenting Powerful Kids I & II. As a parent, you can't help but wonder if the bundle of joy you bring home from the hospital will grow to be a bundle of opinions instead. Dr. Kevin Leman shares tips on mindfully caring for a powerful child without losing your own mind!

DATE: 11/04/2022

TIME: 07:30AM

PROGRAM: Extension Almanac

LENGTH: 04:52

ISSUES: Agriculture

DESCRIPTION: Household Spiders. As the weather cools down, spiders tend to move into our home. Nebraska Extension Entomologist Jody Green says try not to be worried, most of them are harmless.

DATE: 11/04/2022

TIME: 06:00PM

PROGRAM: Family Life Today

LENGTH: 25:00

ISSUES: Family

SPEAKER: Dave and Ann Wilson

DESCRIPTION: Is resentment killing your marriage? Today hosts Dave and Ann Wilson discuss the corrosive cycle of bitterness and paybacks and how to deal.

DATE: 11/07/2022

TIME: 07:30AM

PROGRAM: Extension Almanac

LENGTH: 04:32

ISSUES: Agriculture

DESCRIPTION: iGENDEC Beef Cattle Selection Tool. Online software developed by Nebraska Extension can help cattle producers maximize their bull selections. Nebraska Extension Beef Genetics Specialist Matt Spangler talks about iGENDEC and how it helps producers customize bull genetics to fit their operation.

DATE: 11/07/2022

TIME: 06:00PM

PROGRAM: Family Life Today

LENGTH: 25:00

ISSUES: Family

SPEAKER: Dave and Ann Wilson

DESCRIPTION: In a hard spot with money? Dave and Ann Wilson host Bob and Linda Lotich, who know the realities of financial shame. But they also know how to go from 'I'm broke' to smart money management.

DATE: 11/07/2022

TIME: 08:06PM

PROGRAM: Focus on the Family

LENGTH: 28:30

ISSUES: Family

DESCRIPTION: Defending Your Faith in a Secular Culture. With a shrinking biblical worldview in the culture, there's an increasing need to engage others with grace and truth. Natasha Crain outlines the four pillars of secularism pervasive in today's culture and challenges the church to recommit to a biblical foundation to effectively reach hearts and minds for Christ.

DATE: 11/08/2022

TIME: 07:30AM

PROGRAM: Extension Almanac

LENGTH: 04:05

ISSUES: Agriculture

DESCRIPTION: Drought Risk Management & PRF Insurance. The signup date for pasture rangeland insurance coverage is coming up soon. Nebraska Extension Farm and Ranch Management Specialist Jay Parsons talks about how crop producers can minimize drought risk for the next growing season.

DATE: 11/08/2022

TIME: 06:00PM

PROGRAM: Family Life Today

LENGTH: 25:00

ISSUES: Family

SPEAKER: Dave and Ann Wilson

DESCRIPTION: Ready to think outside the box as you spend, save, and give? Dave and Ann Wilson host author Bob Lotich, who paid off \$400K in debt and gave \$1 million by age 40. Start here with your money.

DATE: 11/08/2022

TIME: 08:06PM

PROGRAM: Focus on the Family

LENGTH: 28:30

ISSUES: Family

DESCRIPTION: Setting Boundaries in Your Most Difficult Relationships I & II. Relationships can be rewarding, but sometimes challenges pop up. Lysa TerKeurst reflects on how she placed boundaries in her marriage and with friends. She offers insight, biblical wisdom, and encouragement for establishing boundaries with others to improve the quality and health of your relationships.

DATE: 11/09/2022

TIME: 07:30AM

PROGRAM: Extension Almanac

LENGTH: 04:40

ISSUES: Agriculture

DESCRIPTION: Cover Crop Biomass Calculator. Maximizing cover crop growth between fall harvest and spring planting remains a challenge for corn and soybean producers. Nebraska Extension Statewide Soil Health Educator Katja Koehler-Cole says the University has developed new software to help farmers predict the biomass produced by their cover crops..

DATE: 11/09/2022

TIME: 02:41PM

LENGTH: 10:47

ISSUES: International

SPEAKER: Val Hiser

REPRESENTS: Operation Christmas Child

INTERVIEWER: Glenn Littrell

DESCRIPTION: Operation Christmas Child is about donating shoebox gifts to children in foreign countries. Bethel Church in North Platte is a drop off point.

DATE: 11/09/2022

TIME: 06:00PM

PROGRAM: Family Life Today

LENGTH: 25:00

ISSUES: Family

SPEAKER: Dave and Ann Wilson

DESCRIPTION: If you invited God into your finances, what could happen? Dave and Ann Wilson talk with author Bob Lotich and his wife Linda about money, marriage, and making financial decisions.

DATE: 11/09/2022

TIME: 08:06PM

PROGRAM: Focus on the Family

LENGTH: 28:30

ISSUES: Family

DESCRIPTION: Setting Boundaries in Your Most Difficult Relationships I & II. Relationships can be rewarding, but sometimes challenges pop up. Lysa TerKeurst reflects on how she placed boundaries in her marriage and with friends. She offers insight, biblical wisdom, and encouragement for establishing boundaries with others to improve the quality and health of your relationships.

DATE: 11/10/2022

TIME: 07:30AM

PROGRAM: Extension Almanac

LENGTH: 04:55

ISSUES: Agriculture

DESCRIPTION: The Benefits of Prairie Strips. Farmers and ranchers have a portfolio of conservation practices they can integrate into their production systems. University of Nebraska - Lincoln Ag Economics Professor John Westra talks about prairie strips and how producers can benefit from diversity while still being an economically beneficial practice.

DATE: 11/10/2022

TIME: 06:00PM

PROGRAM: Family Life Today

LENGTH: 25:00

ISSUES: Family

SPEAKER: Dave and Ann Wilson

DESCRIPTION: Workaholism makes a good attempt to fulfill your needs but what's the real cost. Dave and Ann Wilson host authors Tim Kimmel and Michael Tooker, who share their own stories and look beneath the luster of overwork.

DATE: 11/10/2022

TIME: 08:06PM

PROGRAM: Focus on the Family

LENGTH: 28:30

ISSUES: Family

DESCRIPTION: Identifying Your Strengths as a Parent. Every parent has strengths and weaknesses how can you use your strength for your child's best advantage? We'll remind moms and dads about the great influence you have and how you can work together instead of getting stuck in conflict.

DATE: 11/11/2022

TIME: 07:30AM

PROGRAM: Extension Almanac

LENGTH: 04:44

ISSUES: Agriculture

DESCRIPTION: Winterizing Your Center Pivot. Is your center pivot system ready for winter? Nebraska Extension Irrigated Cropping Systems Educator Steve Melvin gives some tips on winterizing irrigation equipment.

DATE: 11/11/2022

TIME: 10:11AM

LENGTH: 08:08
ISSUES: Veteran s Day
SPEAKER: Dave Logsdon
REPRESENTS: Veterans
INTERVIEWER: Gary Hofer
DESCRIPTION: Dave served in the Navy during the Vietnam war. Dave shared his experience on his tour of duty

DATE: 11/11/2022
TIME: 02:41PM
LENGTH: 10:47
ISSUES: International
SPEAKER: Val Hiser
REPRESENTS: Operation Christmas Child
INTERVIEWER: Glenn Littrell
DESCRIPTION: Operation Christmas Child is about donating shoebox gifts to children in foreign countries. Bethel Church in North Platte is a drop off point.

DATE: 11/11/2022
TIME: 06:00PM
PROGRAM: Family Life Today
LENGTH: 25:00
ISSUES: Family
SPEAKER: Dave and Ann Wilson
DESCRIPTION: Feeling so over your job? Dave and Ann Wilson host authors Tim Kimmel and Michael Tooker, who talk about ways to bring grace to workand radically change how your look at your job.

DATE: 11/11/2022
TIME: 08:06PM
PROGRAM: Focus on the Family
LENGTH: 28:30
ISSUES: Family
DESCRIPTION: Honoring America's Veterans. On Veteran's Day, we honor and remember our nation's heroes. With Jim Daly, military heroes will share memories and personal stories from past wars. Hear Colonel Oliver North's portrait of today's American soldier and a powerful speech from former President Ronald Reagan.

DATE: 11/14/2022
TIME: 07:30AM
PROGRAM: Extension Almanac

LENGTH: 04:16

ISSUES: Agriculture

DESCRIPTION: Solar Energy Workshops. If you've been pondering whether solar energy is right for you, there is a workshop you can attend to have your questions answered. Nebraska Extension Energy Educator John Hay talks about the upcoming solar energy workshops.

DATE: 11/14/2022

TIME: 06:00PM

PROGRAM: Family Life Today

LENGTH: 25:00

ISSUES: Family

SPEAKER: Dave and Ann Wilson

DESCRIPTION: If God exists, where in the world is He? Dave and Ann Wilson host author Tim Muehlhoff, who discusses how to find eyes to see that recognize how God's moving constantly around us.

DATE: 11/14/2022

TIME: 08:06PM

PROGRAM: Focus on the Family

LENGTH: 28:30

ISSUES: Family

DESCRIPTION: More Effective Habits to Embrace in Parenting I & II. As a parent, it's easy to feel like you have a lot on your plate, and not enough time to scarf it down! Dr. Randy Schroeder describes simple, bite-sized tips for being a successful parent, and how you can achieve them as a couple!

DATE: 11/15/2022

TIME: 07:30AM

PROGRAM: Extension Almanac

LENGTH: 04:52

ISSUES: Agriculture

DESCRIPTION: Feeding Ionophores in Mineral. Ionophores have been safely utilized in the beef industry for a long time. Nebraska Extension Vet and Beef Educator Lindsay Waecheter-Mead talks about adding ionophores to your supplements to help with calf energy and weight gain.

DATE: 11/15/2022

TIME: 10:11AM

LENGTH: 05:29

ISSUES: International

SPEAKER: Pastor Matt Waitley, Bo Wood
REPRESENTS: Todd Becker Event
INTERVIEWER: Gary Hofer
DESCRIPTION: Community Churches in the Ogallala area are sponsoring the Todd Becker Foundation event at the Ogallala Prairie View Gymnasium on Wednesday November 16th. Doors open at 6:40PM

DATE: 11/15/2022
TIME: 06:00PM
PROGRAM: Family Life Today
LENGTH: 25:00
ISSUES: Family
SPEAKER: Dave and Ann Wilson
DESCRIPTION: Could God be working in ways we don't recognize? Dave and Ann Wilson host author Tim Muehlhoff--who pries open our eyes to pick up on how God's present and acting powerfully around us.

DATE: 11/15/2022
TIME: 08:06PM
PROGRAM: Focus on the Family
LENGTH: 28:30
ISSUES: Family
DESCRIPTION: More Effective Habits to Embrace in Parenting I & II. As a parent, it's easy to feel like you have a lot on your plate, and not enough time to scarf it down! Dr. Randy Schroeder describes simple, bite-sized tips for being a successful parent, and how you can achieve them as a couple!

DATE: 11/16/2022
TIME: 07:30AM
PROGRAM: Extension Almanac
LENGTH: 04:38
ISSUES: Agriculture
DESCRIPTION: Fall Home Insect Invaders. With seasonal changes, outdoor insects will start to look for places to hide, including your house. Nebraska Extension Urban Entomologist Jody Green talk about what you can do to stop these fall invaders.

DATE: 11/16/2022
TIME: 06:00PM
PROGRAM: Family Life Today
LENGTH: 25:00
ISSUES: Family

SPEAKER: Dave and Ann Wilson

DESCRIPTION: God's working around people. So how can you convey, 'You gotta see this!?' Dave and Ann Wilson host author Tim Muehlhoff, who helps you talk about an unmissable God.

DATE: 11/16/2022

TIME: 08:06PM

PROGRAM: Focus on the Family

LENGTH: 28:30

ISSUES: Family

DESCRIPTION: How a Dysfunctional Street Kid Became a Radical Disciple of Jesus I & II. Greg Stier describes the crazy, violent family of his childhood and the inner turmoil he felt while trying to discover who God created him to be.

DATE: 11/17/2022

TIME: 07:30AM

PROGRAM: Extension Almanac

LENGTH: 04:14

ISSUES: Agriculture

DESCRIPTION: Indoor Vegetables. Gardening doesn't have to be done just because it's cold outside. Nebraska Extension Educator John Porter says you with a little equipment you can grow vegetables year round.

DATE: 11/17/2022

TIME: 06:00PM

PROGRAM: Family Life Today

LENGTH: 25:00

ISSUES: Family

SPEAKER: Dave and Ann Wilson

DESCRIPTION: After a childhood of abuse, Peter Mutabazi ran away from home to survive by theft on the streets of Kampala, Uganda. Then one day, someone asked his name. Today Dave and Ann Wilson hear his story.

DATE: 11/17/2022

TIME: 08:06PM

PROGRAM: Focus on the Family

LENGTH: 28:30

ISSUES: Family

DESCRIPTION: How a Dysfunctional Street Kid Became a Radical Disciple of Jesus I & II. Greg Stier describes the crazy, violent family of his childhood and the inner turmoil he felt while trying to discover who God created him to be.

DATE: 11/18/2022

TIME: 07:30AM

PROGRAM: Extension Almanac

LENGTH: 04:14

ISSUES: Agriculture

DESCRIPTION: Prairie Grass Value. The economic importance of grazing land and grass in Nebraska is something all ranchers and cattle producers should understand. Nebraska Extension Range Management Specialist Mitch Stephenson talks about the importance of managing our grasslands.

DATE: 11/18/2022

TIME: 08:06PM

PROGRAM: Focus on the Family

LENGTH: 28:30

ISSUES: Family

DESCRIPTION: Filling Your Marriage with God's Best. Do you have a 'barely enough,' or 'full to the brim' approach to your marriage? Jim and Jean Daly share the stage with Pastor Levi Lusko and his wife, Jennie, discussing how grace, submission, regular date nights, and intimacy are all key ingredients to a healthy and thriving marriage!

DATE: 11/21/2022

TIME: 07:30AM

PROGRAM: Extension Almanac

LENGTH: 04:57

ISSUES: Agriculture

DESCRIPTION: Thanksgiving Meal Prep Safety. Preparing a Thanksgiving meal takes a lot of time and attention to detail. Nebraska Extension Food, Nutrition & Health Educator Cindy Brison offers some food safety tips for this holiday season.

DATE: 11/21/2022

TIME: 06:00PM

PROGRAM: Family Life Today

LENGTH: 25:00

ISSUES: Family

SPEAKER: Dave and Ann Wilson

DESCRIPTION: Culture competes for our time, attention, identity. Dave and Ann Wilson host Dr. Josh & Christy Straub, authors of Famous at Home. They'll show how to avoid family getting the leftovers.

DATE: 11/21/2022

TIME: 08:06PM

PROGRAM: Focus on the Family

LENGTH: 28:30

ISSUES: Family

DESCRIPTION: Making Helpful Changes in Your Communication I & II. In today's fast-paced, media-driven world, it seems like everyone is talking but no one is listening! Dr. Mike Bechtle offers practical tips for bringing more value to your conversations, the power of silence, and why you should ask more questions!

DATE: 11/22/2022

TIME: 07:30AM

PROGRAM: Extension Almanac

LENGTH: 04:21

ISSUES: Agriculture

DESCRIPTION: Tips for Perennial Forages. Planning out perennial forage will help with the management of your pastures and feeding efficiency. Nebraska Extension Beef Systems Educator Brad Schick talks about starting with a good plan while keeping your final forage goals in mind.

DATE: 11/22/2022

TIME: 06:00PM

PROGRAM: Family Life Today

LENGTH: 25:00

ISSUES: Family

SPEAKER: Dave and Ann Wilson

DESCRIPTION: No one decides, 'I'm planning to ruin my marriage & neglect my kids.' Dave and Ann Wilson host Dr. Josh & Christi Straub--who show how core decisions keep what's important center stage.

DATE: 11/22/2022

TIME: 08:06PM

PROGRAM: Focus on the Family

LENGTH: 28:30

ISSUES: Family

DESCRIPTION: Making Helpful Changes in Your Communication I & II. In today's fast-paced, media-driven world, it seems like everyone is talking but no one is listening! Dr. Mike Bechtle offers practical tips for bringing more value to your conversations, the power of silence, and why you should ask more questions!

DATE: 11/23/2022

TIME: 07:30AM

PROGRAM: Extension Almanac

LENGTH: 04:29

ISSUES: Agriculture

DESCRIPTION: Feedlot Innovation Center. The University of Nebraska recently broke ground on a new feedlot at the Eastern Nebraska Research, Extension and Education Center near Mead. IANR Vice Chancellor Mike Boehm says the state-of-the-art feedlot will be for innovation, research, and teaching.

DATE: 11/23/2022

TIME: 06:00PM

PROGRAM: Family Life Today

LENGTH: 25:00

ISSUES: Family

SPEAKER: Dave and Ann Wilson

DESCRIPTION: Ever known a season where your life hangs in the balance? Dave and Ann Wilson tell how Ann's recent cancer scare exposed her soul and who God is in the dark.

DATE: 11/23/2022

TIME: 08:06PM

PROGRAM: Focus on the Family

LENGTH: 28:30

ISSUES: Family

DESCRIPTION: Removing the Barriers Between You and Your Prodigal Child. If you're the parent of a prodigal child, you might be asking these two questions: 'What did I do wrong?' And 'What can I do now?' Pastor Phil Waldrep shares practical steps that can help bring your prodigal back to the Lord, and to your family.

DATE: 11/24/2022

TIME: 07:30AM

PROGRAM: Extension Almanac

LENGTH: 04:25

ISSUES: Agriculture

DESCRIPTION: Turkey Fryer Safety Tips. Deep fried turkey is simply delicious, but it can be hazardous if done improperly. Nebraska Extension Food, Nutrition & Health Educator Cindy Brison gives some important safety tips when frying a bird.

DATE: 11/24/2022

TIME: 06:00PM

PROGRAM: Family Life Today

LENGTH: 25:00

ISSUES: Family

SPEAKER: Dave and Ann Wilson

DESCRIPTION: Dave and Ann Wilson host Kevin Valentine--whose nightmare began when he was hit along a highway, changing a tire. Kevin found God's goodness in the hard and determined he's not a victim.

DATE: 11/24/2022

TIME: 08:06PM

PROGRAM: Focus on the Family

LENGTH: 28:30

ISSUES: Family

DESCRIPTION: Reflecting on Our Blessings at Thanksgiving. Thanksgiving is a time to reflect on the blessings God has given us and express thanks for His grace and mercy. Becky Kopitzke offers some fun ways to celebrate the season, bless others, and cultivate a spirit of gratitude in your family.

DATE: 11/25/2022

TIME: 07:30AM

PROGRAM: Extension Almanac

LENGTH: 04:41

ISSUES: Agriculture

DESCRIPTION: Rotational Grazing Benefits. Cattle can sometimes be picky or hungry eaters which can lead to issues when grazing pastures. Nebraska Extension Forage Systems Educator Ben Beckman says rotational, or strip grazing can be beneficial to both your cattle and pastures.

DATE: 11/25/2022

TIME: 06:00PM

PROGRAM: Family Life Today

LENGTH: 25:00

ISSUES: Family

SPEAKER: Dave and Ann Wilson

DESCRIPTION: Where is God in my pain--when dreams evaporate? Dave and Ann Wilson host Kevin and Melissa Valentine--who catapulted to a vicious reality after Kevin's accident. But they weren't alone.

DATE: 11/25/2022

TIME: 08:06PM

PROGRAM: Focus on the Family

LENGTH: 28:30

ISSUES: Family

DESCRIPTION: Caring for the Forgotten Generation. Did you know that elderly residents in nursing homes rarely if ever have an outside visitor? Chaplain Bill Goodrich shares his heart for this forgotten generation who deserve our love and attention.

DATE: 11/28/2022

TIME: 06:00PM

PROGRAM: Family Life Today

LENGTH: 25:00

ISSUES: Family

SPEAKER: Dave and Ann Wilson

DESCRIPTION: Are joy and peace a far cry from your holiday? What if you're even, angry, or sad? Dave and Ann Wilson host author Bob Lepine, who talks about handling all the feels at Christmas.

DATE: 11/28/2022

TIME: 08:06PM

PROGRAM: Focus on the Family

LENGTH: 28:30

ISSUES: Family

DESCRIPTION: Celebrating Advent as a Family. Every December, it's all too easy for children to lose sight of the importance of Christ's birth! Josh and Christi Straub explain how to integrate important faith lessons into the Christmas season and avoid unrealistic expectations.

DATE: 11/29/2022

TIME: 06:00PM

PROGRAM: Family Life Today

LENGTH: 25:00

ISSUES: Family

SPEAKER: Dave and Ann Wilson

DESCRIPTION: Sadness during the holidays: It's real. Dave and Ann Wilson host author and former FamilyLife Today host Bob Lepine. He proposes there's also real hope and answers when we're stressed & depressed at Christmas.

DATE: 11/29/2022

TIME: 08:06PM

PROGRAM: Focus on the Family

LENGTH: 28:30

ISSUES: Family

DESCRIPTION: Forgiving Others, Freeing the Soul I & II. Forgiving others in a

meaningful way is a very difficult thing to do, but without it, resentment and vengeance will poison the soul. Dr. Tim Keller unpacks stories and shares Scripture to help you forgive those who've wronged you, as you gain a better understanding of all that Christ has forgiven you.

DATE: 11/30/2022

TIME: 07:30AM

PROGRAM: Extension Almanac

LENGTH: 04:36

ISSUES: Agriculture

DESCRIPTION: Factoring in Drought for Tax Preparation. It's been a few years since we've had to deal with the drought related tax laws, but now is a good time to review them. Tina Barrett, Director of the Nebraska Farm Business Inc. has a few tips to share when it comes to getting your paperwork ready for taxes.

DATE: 11/30/2022

TIME: 08:06PM

PROGRAM: Focus on the Family

LENGTH: 28:30

ISSUES: Family

DESCRIPTION: Forgiving Others, Freeing the Soul I & II. Forgiving others in a meaningful way is a very difficult thing to do, but without it, resentment and vengeance will poison the soul. Dr. Tim Keller unpacks stories and shares Scripture to help you forgive those who've wronged you, as you gain a better understanding of all that Christ has forgiven you.

DATE: 12/01/2022

TIME: 07:30AM

PROGRAM: Extension Almanac

LENGTH: 04:33

ISSUES: Agriculture

DESCRIPTION: Features of the Upcoming Feedlot Innovation Center. A futuristic feedlot is coming to the Eastern Nebraska Research, Extension and Education Center near Mead. University of Nebraska Animal Science Department Head Clint Kriebel talks about what the feedlot center will feature including new and emerging technologies in feeding and handling of livestock.

DATE: 12/01/2022

TIME: 06:00PM

PROGRAM: Family Life Today

LENGTH: 25:00

ISSUES: Family

SPEAKER: Dave and Ann Wilson

DESCRIPTION: Dave and Ann Wilson host Ron & Nan Deal, who began their marriage with issues that spiraled after the loss of their 12-year-old. Hear their story of grief, addiction, & the road to hope.

DATE: 12/01/2022

TIME: 08:06PM

PROGRAM: Focus on the Family

LENGTH: 28:30

ISSUES: Family

DESCRIPTION: Improving Your Sex Life to Improve Your Marriage – I & II. You may care passionately about intimacy in your marriage, but do you ever talk about it? Gary Thomas and Debra Fileta offer godly encouragement to married couples about improving their sexual relationship.

DATE: 12/02/2022

TIME: 07:30AM

PROGRAM: Extension Almanac

LENGTH: 04:16

ISSUES: Agriculture

DESCRIPTION: Holiday Plant Care. Christmas cactus, amaryllis and poinsettias are popular gift plants during the holidays. Nebraska Extension Educator Terri James talks about holiday plant selection and how to care for them.

DATE: 12/02/2022

TIME: 06:00PM

PROGRAM: Family Life Today

LENGTH: 25:00

ISSUES: Family

SPEAKER: Dave and Ann Wilson

DESCRIPTION: Dave and Ann Wilson host Ron & Nan Deal, who continue their marriage's raw story through addiction recovery and its pain and anger. The good news? Hope gets the last word.

DATE: 12/02/2022

TIME: 08:06PM

PROGRAM: Focus on the Family

LENGTH: 28:30

ISSUES: Family

DESCRIPTION: Improving Your Sex Life to Improve Your Marriage – I & II. You may care

passionately about intimacy in your marriage, but do you ever talk about it? Gary Thomas and Debra Fileta offer godly encouragement to married couples about improving their sexual relationship.

DATE: 12/05/2022

TIME: 07:30AM

PROGRAM: Extension Almanac

LENGTH: 04:37

ISSUES: Agriculture

DESCRIPTION: Leasing Your Land for Hunting. Farmers and landowners looking for additional revenue might consider a hunting lease for their land. Nebraska Extension Educator Randy Saner says written hunting leases are the key to how your enterprise will be ran and how profitable it may be.

DATE: 12/05/2022

TIME: 06:00PM

PROGRAM: Family Life Today

LENGTH: 25:00

ISSUES: Family

SPEAKER: Dave and Ann Wilson

DESCRIPTION: When's a boy become a man? Author & radio host Brant Hansen weighs in on toxic masculinity, lies about manhood, and the kind of men we need.

DATE: 12/05/2022

TIME: 08:06PM

PROGRAM: Focus on the Family

LENGTH: 28:30

ISSUES: Family

DESCRIPTION: Embracing God's Truth in a Hostile Culture - I & II. As our culture grows more hostile to Christianity, we can stand on the shoulders of believers who've walked before us. Rod Dreher shares powerful lessons from 20th century Christians who stood for their faith amid persecution.

DATE: 12/06/2022

TIME: 07:30AM

PROGRAM: Extension Almanac

LENGTH: 04:56

ISSUES: Agriculture

DESCRIPTION: Cattle Lice. As the above average fall temperatures give way to winter conditions cattle lice numbers will increase. Nebraska Extension Entomologist Dave Boxler talks about cattle lice management strategies for producers.

DATE: 12/06/2022
TIME: 06:00PM
PROGRAM: Family Life Today
LENGTH: 25:00
ISSUES: Family
SPEAKER: Dave and Ann Wilson
DESCRIPTION: As a guy, what's it look like to show up? Author and radio host Brant Hansen calls men to be ambitious about the right stuff & gives ideas to do just that.

DATE: 12/06/2022
TIME: 08:06PM
PROGRAM: Focus on the Family
LENGTH: 28:30
ISSUES: Family
DESCRIPTION: Embracing God's Truth in a Hostile Culture - I & II. As our culture grows more hostile to Christianity, we can stand on the shoulders of believers who've walked before us. Rod Dreher shares powerful lessons from 20th century Christians who stood for their faith amid persecution.

DATE: 12/07/2022
TIME: 07:30AM
PROGRAM: Extension Almanac
LENGTH: 04:25
ISSUES: Agriculture
DESCRIPTION: Stored Product Insects. Finding insect-infested dry food products in the kitchen and pantry is relatively common. Nebraska Extension Urban Entomologist Jody Green gives us some good tips to keep pest insects from infesting your home food items.

DATE: 12/07/2022
TIME: 06:00PM
PROGRAM: Family Life Today
LENGTH: 25:00
ISSUES: Family
SPEAKER: Dave and Ann Wilson
DESCRIPTION: Author & radio host Brant Hansen knows the taste of dirt in your teeth when you've tried to do what's right as a man. He also knows how to keep showing up.

DATE: 12/07/2022

TIME: 08:06PM

PROGRAM: Focus on the Family

LENGTH: 28:30

ISSUES: Family

DESCRIPTION: Simple Habits to Embrace in Marriage. The wear and tear of everyday life can really take a toll on your marriage. Dr. Randy Schroeder will offer simple tips for a marriage tune-up.

DATE: 12/08/2022

TIME: 07:30AM

PROGRAM: Extension Almanac

LENGTH: 04:51

ISSUES: Agriculture

DESCRIPTION: Small Grain Silage. Developing cattle rations without distillers' products to provide moisture and protein is an issue on many producers' minds. Nebraska Extension Beef Systems Specialist Mary Drewnoski talks about key moisture elements when it comes to small grain silage.

DATE: 12/08/2022

TIME: 06:00PM

PROGRAM: Family Life Today

LENGTH: 25:00

ISSUES: Family

SPEAKER: Dave and Ann Wilson

DESCRIPTION: Author Abbey Wedgeworth recalls the gut-wrenching reality of having miscarried & feeling for God in the dark. Hear the comfort of being held in loss.

DATE: 12/09/2022

TIME: 07:30AM

PROGRAM: Extension Almanac

LENGTH: 04:37

ISSUES: Agriculture

DESCRIPTION: Storing Home Horticultural Chemicals. Home gardeners need to think about where to store their pesticides over the winter months. Nebraska Extension Educator John Fech talks about safe winter storage for your home chemicals.

DATE: 12/09/2022

TIME: 06:00PM

PROGRAM: Family Life Today

LENGTH: 25:00

ISSUES: Family

SPEAKER: Dave and Ann Wilson

DESCRIPTION: What's it look like to grieve miscarriage together? Author Abbey Wedgeworth gets real about the distress of loss and the initial gulf in her marriage.

DATE: 12/09/2022

TIME: 08:06PM

PROGRAM: Focus on the Family

LENGTH: 28:30

ISSUES: Family

DESCRIPTION: Encouraging Moms to Laugh. So often these days, parents seem to be really stressed out. We'll present one of our top programs of the year, featuring Ted Cunningham. He'll share a refreshing perspective on the things that stress you out and explain the benefits of joyful laughter.

DATE: 12/12/2022

TIME: 07:30AM

PROGRAM: Extension Almanac

LENGTH: 04:34

ISSUES: Agriculture

DESCRIPTION: Ag Land Management and Leasing Workshops. Workshops to help landowners and tenants work out lease agreements is being offered by Nebraska Extension and the Center for Ag Profitability. Nebraska Extension Ag Economist Jim Jansen talks about what participants can learn at the workshops..

DATE: 12/12/2022

TIME: 06:00PM

PROGRAM: Family Life Today

LENGTH: 25:00

ISSUES: Family

SPEAKER: Dave and Ann Wilson

DESCRIPTION: Gotten used to unhealthy habits? Could you be settling for too little? Author Karl Clauson's got ideas to help you create new systems & seize God's power.

DATE: 12/12/2022

TIME: 08:06PM

PROGRAM: Focus on the Family

LENGTH: 28:30

ISSUES: Family

DESCRIPTION: Understanding the Hot Buttons in Your Marriage. An argument with your spouse is never fun, but it's even worse when your insecurities get triggered. On a Best of 2022 edition of "Focus on the Family," Dr. Bob Paul and his wife Jenni will explain

how to recognize those “hot buttons” and how to control them.

DATE: 12/13/2022

TIME: 07:30AM

PROGRAM: Extension Almanac

LENGTH: 04:09

ISSUES: Agriculture

DESCRIPTION: Choosing and Caring for Christmas Tree. Nebraska Extension Educator John Fech gives us tips for picking out a healthy Christmas tree and ideas on keeping it fresh for the holiday season..

DATE: 12/13/2022

TIME: 06:00PM

PROGRAM: Family Life Today

LENGTH: 25:00

ISSUES: Family

SPEAKER: Dave and Ann Wilson

DESCRIPTION: Rather be alone than gamble with friendships? Author & radio host Karl Clauson insists relationships are worth the risk. Here's whyand how.

DATE: 12/13/2022

TIME: 08:06PM

PROGRAM: Focus on the Family

LENGTH: 28:30

ISSUES: Family

DESCRIPTION: How to Speak Your Child's Love Language – I & II. Your child's primary “love language” is either physical touch, words of affirmation, quality time, gifts, or acts of service. Dr. Gary Chapman helps you better understand how to keep your son's or daughter's “love tank” filled, to strengthen your relationship with them.

DATE: 12/14/2022

TIME: 07:30AM

PROGRAM: Extension Almanac

LENGTH: 04:44

ISSUES: Agriculture

DESCRIPTION: Traditional Holiday Plant Origins. Ever wonder why plants like mistletoe and poinsettia are used to decorate our homes during the holidays? Nebraska Extension Educator John Porter takes a look at how these plants evolved into decorations for the holidays..

DATE: 12/14/2022

TIME: 08:06PM

PROGRAM: Focus on the Family

LENGTH: 28:30

ISSUES: Family

DESCRIPTION: How to Speak Your Child's Love Language – I & II. Your child's primary "love language" is either physical touch, words of affirmation, quality time, gifts, or acts of service. Dr. Gary Chapman helps you better understand how to keep your son's or daughter's "love tank" filled, to strengthen your relationship with them.

DATE: 12/15/2022

TIME: 07:30AM

PROGRAM: Extension Almanac

LENGTH: 04:26

ISSUES: Agriculture

DESCRIPTION: Sunscald. A common problem especially with younger trees with thin bark is that they'll split during the winter months. This kind of damage is called sunscald and can permanently harm your tree for the rest of its life in your landscape. Nebraska Extension Associate Educator Scott Evans shares some simple tips that will help you avoid sunscald.

DATE: 12/15/2022

TIME: 06:00PM

PROGRAM: Family Life Today

LENGTH: 25:00

ISSUES: Family

SPEAKER: Dave and Ann Wilson

DESCRIPTION: Isolated? Wishing for connections that matter? Author Heather Holleman proposes six conversations to combat loneliness and plunge relationships deeper.

DATE: 12/16/2022

TIME: 07:30AM

PROGRAM: Extension Almanac

LENGTH: 04:27

ISSUES: Agriculture

DESCRIPTION: Managing Mice in Your Home. .

DATE: 12/16/2022

TIME: 06:00PM

PROGRAM: Family Life Today

LENGTH: 25:00

ISSUES: Family

SPEAKER: Dave and Ann Wilson

DESCRIPTION: In a world thrashed by incivility, professor Heather Holleman describes researched-based techniques for rediscovering conversations that connect us.

DATE: 12/19/2022

TIME: 07:30AM

PROGRAM: Extension Almanac

LENGTH: 04:15

ISSUES: Agriculture

DESCRIPTION: Corn Stalk Forage Considerations. Grazing corn residue can be an economical winter feed source. Nebraska Extension Ag Economist Jim Jansen says farmers can rent out their corn fields for forage but there are several factors involved when it comes to the cash rental rates.

DATE: 12/19/2022

TIME: 08:06PM

PROGRAM: Focus on the Family

LENGTH: 28:30

ISSUES: Family

DESCRIPTION: A Patient is a Person No Matter How Small. If a baby in the womb can have surgery, doesn't that mean it's a human being? On a Best of 2022 edition of "Focus on the Family," Dr. Bill Lile shares a medical perspective on pre-born LIFE -- from the moment of conception, to innovations in fetal surgery, and the benefits of ultrasound technology.

DATE: 12/20/2022

TIME: 07:30AM

PROGRAM: Extension Almanac

LENGTH: 04:38

ISSUES: Agriculture

DESCRIPTION: Keeping Your Diet and Eating Goals During the Holidays. Sticking to your diet during the holidays can be a challenge. Nebraska Extension Educator Cindy Brison encourages making attainable goals and taking small steps, which can help you keep the weight off and your goals in sight.

DATE: 12/20/2022

TIME: 06:00PM

PROGRAM: Family Life Today

LENGTH: 25:00

ISSUES: Family

SPEAKER: Dave and Ann Wilson

DESCRIPTION: When it's the worst of times, what's it take to keep going? David & Meg Robbins play some of the best answers we received in 2022.

DATE: 12/20/2022

TIME: 08:06PM

PROGRAM: Focus on the Family

LENGTH: 28:30

ISSUES: Family

DESCRIPTION: Encouraging Your Husband to be a Hero - I & II. It's normal for feelings of bliss to fade over time— in fact, that's when your marriage can truly blossom! Dr. Juli Slattery shares a concept that's helped countless marriages and describes how wives can use their influence to cultivate intimacy.

DATE: 12/21/2022

TIME: 07:30AM

PROGRAM: Extension Almanac

LENGTH: 04:42

ISSUES: Agriculture

DESCRIPTION: Rotational Strip Grazing. A lack of precipitation has some producers taking a closer look at rotational grazing practices. Nebraska Extension Forage Educator Ben Beckman talks about the benefits of rotational strip grazing.

DATE: 12/21/2022

TIME: 06:00PM

PROGRAM: Family Life Today

LENGTH: 25:00

ISSUES: Family

SPEAKER: Dave and Ann Wilson

DESCRIPTION: When isolation's the new normal, how do you find your people? President David Robbins & his wife Meg tune into FamilyLife Today's best thoughts from 2022.

DATE: 12/21/2022

TIME: 08:06PM

PROGRAM: Focus on the Family

LENGTH: 28:30

ISSUES: Family

DESCRIPTION: Encouraging Your Husband to be a Hero - I & II. It's normal for feelings of bliss to fade over time— in fact, that's when your marriage can truly blossom! Dr. Juli

Slattery shares a concept that's helped countless marriages and describes how wives can use their influence to cultivate intimacy.

DATE: 12/22/2022

TIME: 07:30AM

PROGRAM: Extension Almanac

LENGTH: 04:51

ISSUES: Agriculture

DESCRIPTION: Holiday Plant Selections. There are many traditions associated with the holidays and many involve plants like poinsettias, holly, and mistletoe. Nebraska Extension Associate Educator Scott Evans talks about how to care for your indoor plants, so they thrive this holiday season.

DATE: 12/22/2022

TIME: 06:00PM

PROGRAM: Family Life Today

LENGTH: 25:00

ISSUES: Family

SPEAKER: Dave and Ann Wilson

DESCRIPTION: Where do you look for the good life? FamilyLife President David Robbins and his wife Meg play the best answers of 2022 for the life your soul craves.

DATE: 12/22/2022

TIME: 08:06PM

PROGRAM: Focus on the Family

LENGTH: 28:30

ISSUES: Family

DESCRIPTION: Helping Kids Navigate Worry in Healthy Ways. Most kids deal with worry from time to time ... and when your child asks about tough topics, it can be difficult to know what to say, or how much to say. Dr. Josh and Christi Straub will offer you tools to help your kids manage worry.

DATE: 12/23/2022

TIME: 07:30AM

PROGRAM: Extension Almanac

LENGTH: 04:38

ISSUES: Agriculture

DESCRIPTION: Drought Impacts on Calving Season. Drought across the Great Plains has greatly reduced the supply of grass available this grazing season. Nebraska Cow/Calf Systems and Stocker Management Specialist Karla Wilke says this could have impacts on the subsequent calving season.

DATE: 12/23/2022

TIME: 08:06PM

PROGRAM: Focus on the Family

LENGTH: 28:30

ISSUES: Family

DESCRIPTION: Celebrating Christmas as a Family. join us for a special holiday treat with the Robertson Clan, as they reminisce Christmases in the past, share their best and worst Christmases of all time, and encourage others to have joy in a true relationship with Christ during the Holidays.

DATE: 12/26/2022

TIME: 07:30AM

PROGRAM: Extension Almanac

LENGTH: 04:44

ISSUES: Agriculture

DESCRIPTION: Farmers Are Reluctant to Make an Estate Plan. Retirement and estate planning is not a top priority for many farmers. Nebraska Extension Farm Succession Specialist Allan Vyhnalek talks about why farmers are reluctant to plan for the future of their operation.

DATE: 12/26/2022

TIME: 08:06PM

PROGRAM: Focus on the Family

LENGTH: 28:30

ISSUES: Family

DESCRIPTION: Fueling Great Relationships with Others. We need people. And others need us, too. But finding balance in our relationships requires careful thought. Dr. John Townsend offers practical ideas on how to tank up on relational nutrients and contribute to the lives of others for emotional and spiritual health.

DATE: 12/27/2022

TIME: 07:30AM

PROGRAM: Extension Almanac

LENGTH: 04:56

ISSUES: Agriculture

DESCRIPTION: Innovative Fertigation. New technology developed at the University of Nebraska's Innovation campus looks to help farmers apply nitrogen more efficiently. University of Nebraska - Lincoln Masters Student and CEO of Sentinel Fertigation Jackson Stansell talks about how the software will help farmers save money and apply fertilizer to precise areas in the field.

DATE: 12/27/2022

TIME: 08:06PM

PROGRAM: Focus on the Family

LENGTH: 28:30

ISSUES: Family

DESCRIPTION: Parenting Teens Toward Adulthood - I. Let me read you a quote: "Teens are not big children, they are young adults and should be treated as such." Do you agree? On a Best of 2022 edition of "Focus on the Family," Dr. Ken Wilgus will explain how a technique called "progressive emancipation" can make the teen years MUCH more pleasant.

DATE: 12/28/2022

TIME: 07:30AM

PROGRAM: Extension Almanac

LENGTH: 04:11

ISSUES: Agriculture

DESCRIPTION: Women in Ag: The Power of Negotiation and Communication. The Power of Negotiation and Communication: Land Leasing Strategies for Midwestern Ag Women is a four-part extension workshop offered in January. Nebraska Extension Ag Economist Jessica Groskopf says the workshops will cover the basics of land management, leasing and conservations for landlords and tenants.

DATE: 12/28/2022

TIME: 08:06PM

PROGRAM: Focus on the Family

LENGTH: 28:30

ISSUES: Family

DESCRIPTION: Parenting Teens Toward Adulthood - II. Have you ever felt it was IMPOSSIBLE to communicate with your teenager? I know I have! psychologist Dr. Ken Wilgus explains key strategies to improve those conversations, from giving advice to your teen, to conveying expectations and consequences.

DATE: 12/29/2022

TIME: 07:30AM

PROGRAM: Extension Almanac

LENGTH: 04:59

ISSUES: Agriculture

DESCRIPTION: Testing Hay. Testing the nutrient and protein content in your hay can mean the difference in cattle gaining or losing weight this winter. Nebraska Extension Beef Systems Specialist Mary Drewnoski talks about the importance of testing your hay.

DATE: 12/30/2022

TIME: 07:30AM

PROGRAM: Extension Almanac

LENGTH: 04:42

ISSUES: Agriculture

DESCRIPTION: January Ag Land Management and Leasing Workshops. Nebraska Extension and the Center for Ag Profitability will host a series of in-person workshops covering agricultural land management and leasing considerations for 2023. Nebraska Extension Ag Economist Jim Jansen says the workshops will offer updated leasing information relevant to landlords and tenants, including tips for communication and negotiating.