

WHUS 91.7 MHz

Quarterly Issues Report

Attached are descriptions of programming broadcast on WHUS 91.7, Storrs, Connecticut that provided significant treatment of community issues for the 4th quarter of 2023 .

This list is not all inclusive, the order in which the program information appears does not denote any priority or special significance.

Host(s) and producer(s)	Name of program	Description of program	Topics covered	Production date	Broadcast date	Broadcast start time	Broadcast duration
Gabriela Ramos-King	Talking Across Activisms Episode 5: mental health and student life during the covid pandemic	discussion of mental health and students issues during the pandemic with a guest, Maya T.	Mental health, physical health, strategies for living, student life, stress.	2/5/2021	9/1/2023	11:00:00 AM	44 minutes
Dylan Alderucci	Sanctuary	a queer space in the air waves	Interview with NYC based band "Um, Jennifer?" We discuss queer scenes in CT and NY, experiences as queer musicians in the U.S. / what goes into music production.	9/7/2023	9/7/2023	11:00:00 PM	60 minutes
Gabriela Ramos-King	Talking Across Activisms Episode 3: Spring Valley Student Farm	An podcast about activists in Connecticut and beyond. On this episode, we talked with students from Spring Valley Student Farm about their lives as student farmers and the impacts they can make on the food system.	sustainability, environmentalism, food justice, mental health	1/15/2021	9/15/2023	11:00:00 AM	30 minutes
Fran Storch and Ron Manizza	Radio Naturopath	Interactive talk show about health and natural medicine.	Health benefits of outdoors and the beach, including mood, neurotransmitters, grounding, negative ions, and immunity; health benefits of Vitamin D	10/2/2023	10/4/2023	10:00:00 AM	60 minutes
Ron Manizza	Bicycle Talk	A talk show about everything bicycles and cycling	A show where we talk about Bicycles, Bicycle Culture, Bicycle Advocacy, Upcoming News in Cycling, Bicycle Business, and the Bicycle calendar.	10/2/2023	10/4/2023	11:00:00 AM	60 minutes
Zachary Kopacz	Public Talking	An interview with Keren Prescott, leader of PowerUpCT, about combatting systemic racism in the eastern CT area, as well as nationally	Racism, Prejudice, Public Health	10/11/2021	10/6/2023	11:00:00 AM	45 minutes
Fran Storch and Ron Manizza	Radio Naturopath	Interactive talk show about health and natural medicine.	POTS/dysautonomia, Lyme disease and herbs, bedrotting and stress reduction, the health benefits of Vitamin C	10/9/2023	10/11/2023	10:00:00 AM	60 minutes
Ron Manizza	Bicycle Talk	A talk show about everything bicycles and cycling	A show where we talk about Bicycles, Bicycle Culture, Bicycle Advocacy, Upcoming News in Cycling, Bicycle Business, and the Bicycle calendar.	10/9/2023	10/11/2023	11:00:00 AM	60 minutes
Fran Storch and Ron Manizza	Radio Naturopath	Interactive talk show about health and natural medicine.	Favorite supplements: magnesium, curcumin, resveratrol, fish oil, multivitamin, tea tree oil	10/16/2023	10/18/2023	10:00:00 AM	60 minutes
Fran Storch and Ron Manizza	Radio Naturopath	Interactive talk show about health and natural medicine.	Topical applications for musculoskeletal discomfort such as menthol, camphor, magnesium chloride, lavender, myrrh, frankincense, comfrey, rue, teasel, goldenrod, more! Great herbs to help with Lyme disease: Japanese knotweed, Chinese skullcap, motherwort, cryptolepis, alchornea, Sweet Annie, cat's claw, sarsaparilla, and more!	10/23/2023	10/25/2023	10:00:00 AM	60 minutes
Gabriela Ramos-King	Talking Across Activisms Episode 1: Summer of Solutions	A podcast about youth activism in Connecticut and beyond.	We discussed mutual aid, food justice, activism, community service, urban gardening and more with activists from Summer of Solutions	11/20/2020	10/27/2023	11:00:00 AM	45 minutes
Fran Storch	Radio Naturopath	Interactive talk show about health and natural medicine.	Viral remnants in the gut, gut health, and long COVID; bariatric surgery (weight loss surgery)	10/27/2023	11/1/2023	10:00:00 AM	60 minutes
Ron Manizza	Bicycle Talk	A talk show about everything Bicycles and cycling	A show where we talk about Bicycles, Bicycle Culture, Bicycle Advocacy, Upcoming News in Cycling, Bicycle Business, and the Bicycle calendar.	10/30/2023	11/1/2023	11:00:00 AM	60 minutes
Fran Storch and Ron Manizza	Radio Naturopath	Interactive talk show about health and natural medicine.	Better sleep, leaning into the dark and cold season, fall allergies, peppercorns, rosemary, and lavender for anxiety because of their beta-caryophyllene content	11/6/2023	11/8/2023	10:00:00 AM	60 minutes
Ron Manizza	Bicycle Talk	A talk show about everything bicycles and cycling	A show where we talk about Bicycles, Bicycle Culture, Bicycle Advocacy, Upcoming News in Cycling, Bicycle Business, and the Bicycle calendar.	11/6/2023	11/8/2023	11:00:00 AM	60 minutes
Gabriela Ramos-King	Talking Across Activisms Episode 4: Latinx Studies in CT High Schools	On this episode, we talked with students from UConn's Latinx Studies program about the importance of a Latinx curriculum in high schools and the fight against racism in our school system.	education, diversity, latinx history, student activism, anti-racism	1/22/2021	11/10/2023	11:00:00 AM	40 minutes
Fran Storch and Ron Manizza	Radio Naturopath	Interactive talk show about health and natural medicine.	Lyme disease and mold intolerance/infection interaction: diet, lifestyle, environment, antimicrobials, binders	11/13/2023	11/15/2023	10:00:00 AM	60 minutes
Ron Manizza	Bicycle Talk	A talk show about everything Bicycles and Cycling	A show where we talk about Bicycles, Bicycle Culture, Bicycle Advocacy, Upcoming News in Cycling, Bicycle Business, and the Bicycle calendar.	11/13/2023	11/15/2023	11:00:00 AM	60 minutes
Gabriela Ramos-King	Talking Across Activisms Episode 2: Grow Hartford Youth Program	A podcast about youth activism in Connecticut and beyond.	Food justice, school lunches, youth empowerment, activism	1/8/2021	11/17/2023	11:00:00 AM	27 minutes
Ron Manizza	Bicycle Talk	A talk show about everything Bicycles and Cycling	A show where we talk about Bicycles, Bicycle Culture, Bicycle Advocacy, Upcoming News in Cycling, Bicycle Business, and the Bicycle calendar.	11/16/2023	11/18/2023	11:00:00 AM	60 minutes
Fran Storch	Radio Naturopath	Interactive talk show about health and natural medicine.	Turkey Trots and why they're fun; the Manchester Road Race; all the Thanksgiving foods and why they're good for you!	11/15/2023	11/22/2023	10:00:00 AM	60 minutes

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Gabriela Ramos-King	Talking Across Activisms Episode 3: Spring Valley Student Farm	An podcast about activists in Connecticut and beyond. On this episode, we talked with students from Spring Valley Student Farm about their lives as student farmers and the impacts they can make on the food system.	sustainability, environmentalism, food justice, mental health	1/15/2021	11/24/2023	11:00:00 AM	23 minutes
Ron Manizza	Bicycle Talk	A talk show about everything bicycles and cycling	A show where we talk about Bicycles, Bicycle Culture, Bicycle Advocacy, Upcoming News in Cycling, Bicycle Business, and the Bicycle calendar.	10/23/2023	11/25/2023	11:00:00 AM	60 minutes
Fran Storch	Radio Naturopath	Interactive talk show about health and natural medicine.	Cinnamon and its health benefits; gratitude and health, including mental health, immunity, and cardiovascular; health benefits of meditation and meditative practices, such as yoga, tai chi, guided meditation, yoga nidra, QiGong	11/18/2023	11/29/2023	10:00:00 AM	60 minutes
Ron Manizza	Bicycle Talk	A talk show about everything Bicycles and Cycling	A show where we talk about Bicycles, Bicycle Culture, Bicycle Advocacy, Upcoming News in Cycling, Bicycle Business, and the Bicycle calendar.	11/27/2023	11/29/2023	11:00:00 AM	60 minutes
Gabriela Ramos-King	Talking Across Activisms Episode 5. mental health and student life during the covid pandemic	discussion of mental health and students issues during the pandemic with a guest, Maya T.	Mental health, physical health, strategies for living, student life, stress.	2/5/2021	12/1/2023	11:00:00 AM	44 minutes
Ron Manizza	Bicycle Talk	A talk show about everything Bicycles and Cycling	A show where we talk about Bicycles, Bicycle Culture, Bicycle Advocacy, Upcoming News in Cycling, Bicycle Business, and the Bicycle calendar.	12/4/2023	12/6/2023	11:00:00 AM	60 minutes
Fran Storch and Ron Manizza	Radio Naturopath	Interactive talk show about health and natural medicine.	Sleep and melatonin, collagen and joint/disc repair, review of the 2023 LymeBytes conference.	12/4/2023	12/6/2023	10:00:00 AM	60 minutes
Fran Storch	Radio Naturopath	Interactive talk show about health and natural medicine.	Israel/Hamas/Palestinian conflict, time change, LymeBytes conference: more advice on treating tick borne illness	12/6/2023	12/13/2023	10:00:00 AM	60 minutes
Ron Manizza	Bicycle Talk	A talk show about everything bicycles and cycling.	A show where we talk about Bicycles, Bicycle Culture, Bicycle Advocacy, Upcoming News in Cycling, Bicycle Business, and the Bicycle calendar.	12/11/2023	12/13/2023	11:00:00 AM	60 minutes
Jason McMullan and Kate Ariano	Words Aloud	Carl Dean reads a selection of his poems, then is interviewed by Jason.	Black experience in america, family, educational inequality, civil rights, social justice, activism through art.	11/23/2022	12/15/2023	11:00:00 AM	30 minutes
Fran Storch and Ron Manizza	Radio Naturopath	Interactive talk show about health and natural medicine.	Winter hydration: what to drink and how to get it to take; healthy natural sweeteners like blackstrap molasses, grade B maple syrup, honey, manuka honey, coconut sugar and their benefits	12/12/2022	12/20/2023	10:00:00 AM	60 minutes
Fran Storch	Radio Naturopath	Interactive talk show about health and natural medicine.	Caffeine and sugar and their health effects, how they affect neurotransmitters and inflammation. How to maintain healthy bone density with diet, exercise, and supplements.	12/20/2023	12/27/2023	10:00:00 AM	60 minutes
Fran Storch	Radio Naturopath	Interactive talk show about health and natural medicine.	Treating Lyme disease with Buhner herbs, the importance of general health to fighting Lyme and other illnesses. Also began talking about age related sarcopenia, loss of muscle mass.	12/23/2023	1/3/2024	10:00:00 AM	60 minutes