

## **WHUS 91.7 MHz Quarterly Issues Report**

Attached are descriptions of programming broadcast on WHUS 91.7, Storrs, Connecticut that provided significant treatment of community issues for the 1st quarter of 2023 .

This list is not all inclusive, the order in which the program information appears does not denote any priority or special significance.

Host(s) and producer(s)	Name of program	Description of program	Topics covered	Production date	Broadcast date	Broadcast start time	Broadcast Duration
Ron Manizza	Bicycle Talk	A talk show about everything Bicycles	A show where we talk about Bicycles, Bicycle Culture, Bicycle Advocacy, Upcoming News in Cycling, Bicycle Business, and the Bicycle calendar.	1/2/2023	1/4/2023	11:00:00 AM	60 minutes
Fran Storch and Ron Manizza	Radio Naturopath	Interactive talk show about health and natural medicine.	sleep, immunity, sleep supplements, bedding, screens, blue light	1/2/2023	1/4/2023	10:00:00 AM	60 minutes
Fran Storch and Ron Manizza	Radio Naturopath	Interactive talk show about health and natural medicine.	Rest for health, fitness and nutrition New Year goals.	1/10/2022	1/11/2023	10:00:00 AM	60 minutes
Ron Manizza	Bicycle Talk	A talk show about everything Bicycles	A show where we talk about Bicycles, Bicycle Culture, Bicycle Advocacy, Upcoming News in Cycling, Bicycle Business, and the Bicycle calendar.	1/16/2023	1/18/2023	11:00:00 AM	60 minutes
Fran Storch and Ron Manizza	Radio Naturopath	Interactive talk show about health and natural medicine.	ways to reduce stress, the health benefits of journaling	1/16/2023	1/18/2023	10:00:00 AM	60 minutes
Ron Manizza	Bicycle Talk	A talk show about everything Bicycles	A show where we talk about Bicycles, Bicycle Culture, Bicycle Advocacy, Upcoming News in Cycling, Bicycle Business, and the Bicycle calendar.	1/23/2023	1/25/2023	11:00:00 AM	60 minutes
Fran Storch and Ron Manizza	Radio Naturopath	Interactive talk show about health and natural medicine.	Seasonal affective disorder, health benefits of darkness, health benefits of getting outdoors	1/23/2023	1/25/2023	10:00:00 AM	60 minutes
Fran Storch and Ron Manizza	Radio Naturopath	Interactive talk show about health and natural medicine.	Is sitting the new smoking? Why too much sitting is bad for your health, and how to NOT sit so much, by standing, standing desks, exercise snacks, stretching, and more!	1/30/2023	2/1/2023	10:00:00 AM	60 minutes
Ron Manizza	Bicycle Talk	A talk show about everything Bicycles	A show where we talk about Bicycles, Bicycle Culture, Bicycle Advocacy, Upcoming News in Cycling, Bicycle Business, and the Bicycle calendar.	1/30/2023	2/1/2023	11:00:00 AM	60 minutes
Jason McMullin	Words Aloud Episode 3	Gives opportunity for local poets to present and discuss their art and work.	Art, Poetry, family life, race and gender gaps	11/25/2022	2/3/2023	11:00:00 AM	30 minutes
Ron Manizza	Bicycle Talk	Talk show about everything bicycles	A show where we talk about Bicycles, Bicycle Culture, Bicycle Advocacy, Upcoming News in Cycling, Bicycle Business, and the Bicycle calendar.	2/7/2023	2/8/2023	11:00:00 AM	60 minutes
Fran Storch and Ron Manizza	Radio Naturopath	Interactive talk show about health and natural medicine.	Valentine's Day history, health benefits of chocolate, also love, and herbs to help to lower blood pressure.	2/14/2022	2/8/2023	10:00:00 AM	60 minutes
Jason McMullin	Words Aloud	Interview with local poets and authors, this episode interviews Carl Dean. (Repeating this episode because it did not play out correctly last week)	Family life, racism and education gap	11/23/2022	2/10/2023	1:00:00 PM	30 minutes
Fran Storch and Ron Manizza	Radio Naturopath	Interactive talk show about health and natural medicine.	Valentine's Day, health benefits of chocolate, health benefits of vanilla, phenylethylamine, oxytocin	2/13/2023	2/15/2023	10:00:00 AM	60 minutes
Ron Manizza	Bicycle Talk	A talk show about everything Bicycles	A show where we talk about Bicycles, Bicycle Culture, Bicycle Advocacy, Upcoming News in Cycling, Bicycle Business, and the Bicycle calendar.	2/13/2023	2/15/2023	11:00:00 AM	60 minutes
Zack Kopacz	Public Talking	An interview with Keren Prescott, leader of PowerUpCT, about combatting systemic racism in the eastern CT area, as well as nationally	Racism, Prejudice, Public Health	10/11/2021	2/17/2023	1:00:00 PM	60 minutes
Fran Storch and Ron Manizza	Radio Naturopath	interactive talk show about health and natural medicine.	Our acute COVID-19 infection, how to re-enter exercise, how we treated both with pharmaceuticals and supplements.	2/20/2023	2/22/2023	10:00:00 AM	60 minutes
Ron Manizza	Bicycle Talk	Uploaded files Bicycle Talk_February_20th_2023.mp3	A show where we talk about Bicycles, Bicycle Culture, Bicycle Advocacy, Upcoming News in Cycling, Bicycle Business, and the Bicycle calendar.	2/20/2023	2/22/2023	11:00:00 AM	60 minutes
Gabriela Ramos-King	Talking Across Activisms Episode 1: Summer of Solutions	A podcast about youth activism in Connecticut and beyond.	We discussed mutual aid, food justice, activism, community service, urban gardening and more with activists from Summer of Solutions	11/20/2020	2/24/2023	1:00:00 PM	45 minutes
Fran Storch and Ron Manizza	Radio Naturopath	Interactive talk show about health and natural medicine.	COVID-19 and protecting yourself from it; should you still mask, wash your hands, avoid public spaces?	2/27/2023	3/1/2023	10:00:00 AM	60 minutes
Ron Manizza	Bicycle Talk	A talk show about everything Bicycles	A show where we talk about Bicycles, Bicycle Culture, Bicycle Advocacy, Upcoming News in Cycling, Bicycle Business, and the Bicycle calendar.	2/27/2023	3/1/2023	11:00:00 AM	60 minutes
Gabriela Ramos-King	Talking Across Activisms Episode 2: Grow Hartford Youth Program	A podcast about youth activism in Connecticut and beyond.	Food justice, school lunches, youth empowerment, activism	1/8/2021	3/3/2023	1:00:00 PM	27 minutes
Ron Manizza	Bicycle Talk	A talk show about everything Bicycles	A show where we talk about Bicycles, Bicycle Culture, Bicycle Advocacy, Upcoming News in Cycling, Bicycle Business, and the Bicycle calendar.	3/6/2023	3/8/2023	11:00:00 AM	60 minutes
Fran Storch and Ron Manizza	Radio Naturopath	Interactive talk show about health and natural medicine.	Colds, flus, bronchitis, and natural ways to prevent and treat them, including hydrotherapy, rest, foods, and supplements.	3/6/2023	3/8/2023	10:00:00 AM	60 minutes
Gabriela Ramos-King	Talking Across Activisms Episode 3: Spring Valley Student Farm	An podcast about activists in Connecticut and beyond. On this episode, we talked with students from Spring Valley Student Farm about their lives as student farmers and the impacts they can make on the food system.	sustainability, environmentalism, food justice, mental health	1/15/2021	3/10/2023	1:00:00 PM	23 minutes
Fran Storch and Ron Manizza	Radio Naturopath	Interactive talk show about health and natural medicine.	Natural help for seasonal allergic rhinitis: medications, herbs, supplements, diet, stress reduction	3/13/2023	3/15/2023	10:00:00 AM	60 minutes

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Ron Manizza	Bicycle Talk	A talk show about everything Bicycles	A show where we talk about Bicycles, Bicycle Culture, Bicycle Advocacy, Upcoming News in Cycling, Bicycle Business, and the Bicycle calendar.	3/13/2023	3/15/2023	11:00:00 AM	60 minutes
Gabriela Ramos-King	Talking Across Activisms Episode 3: Spring Valley Student Farm	An podcast about activists in Connecticut and beyond. On this episode, we talked with students from Spring Valley Student Farm about their lives as student farmers and the impacts they can make on the food system.	sustainability, environmentalism, food justice, mental health	1/15/2021	3/17/2023	1:00:00 PM	23 minutes
Fran Storch and Ron Manizza	Radio Naturopath	Interactive talk show about health and natural medicine.	Daylight savings time and how springing ahead negatively impacts your health. Suggestions for doing away with daylight savings time. How daylight savings time and inadequate sleep affects children. The Everything Shower, a TikTok popular form of self-care!	3/20/2023	3/22/2023	10:00:00 AM	60 minutes
Ron Manizza	Bicycle Talk	A talk show about everything Bicycles	A show where we talk about Bicycles, Bicycle Culture, Bicycle Advocacy, Upcoming News in Cycling, Bicycle Business, and the Bicycle calendar.	3/20/2023	3/22/2023	11:00:00 AM	60 minutes
Jason McMullan and Kate Ariano	Words Aloud	Carl Dean reads a selection of his poems, then is interviewed by Jason.	Black experience in america, family, educational inequality, civil rights, social justice, activism through art.	11/23/2023	3/24/2023	1:00:00 PM	30 minutes
Fran Storch and Ron Manizza	Radio Naturopath	Interactive talk show about health and natural medicine.	Foods to increase metabolism and to promote fat loss. Caffeine especially can promote fat loss, increase metabolism, and improve exercise performance. Oolong tea is particularly good for this.	3/27/2023	3/29/2023	10:00:00 AM	60 minutes
Ron Manizza	Bicycle Talk	A talk show about everything Bicycles	A show where we talk about Bicycles, Bicycle Culture, Bicycle Advocacy, Upcoming News in Cycling, Bicycle Business, and the Bicycle calendar.	3/27/2023	3/29/2023	11:00:00 AM	60 minutes
Gabriela Ramos-King	Talking Across Activisms Episode 5: mental health and student life during the covid pandemic	Mental health, physical health, strategies for living, student life, stress.	Mental health, physical health, strategies for living, student life, stress.	2/5/2021	3/31/2023	1:00:00 PM	40 minutes