

**CMG NY/Texas Radio
WHFM-FM, Southampton, NY
ISSUES AND PROGRAMS LIST
3rd QUARTER 2021**

Station WBAB 102.3 FM determined that the following were of significant concern to the Long Island, New York community during the third quarter of 2021.

1. Charity Events
2. Economics/Government
3. Environment
4. Education/Arts
5. Family & Parenting Issues
6. Mental Health
7. Public Health
8. Public Safety
9. Women's Issues

The following report summarizes a representative sample of programming that provided the most significant treatment of community issues during the past quarter. Programming frequently deals with more than one issue.

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WHFM-FM Program Descriptions

Plugged In To Long Island - Plugged In To Long Island is a one-half hour, station produced interview program focusing on Long Island area issues. It is heard Sunday mornings at 6:00AM and 6:30AM and is posted to wbab.com in podcast form. Plugged In To Long Island is produced by Cox Radio Long Island community affairs staff.

Radio Health Journal - Radio Health Journal is a one-half hour radio magazine produced by Media Tracks Communications that keeps tabs on the latest in the world of medicine- breakthroughs, what medical advances to look for, and eye-opening news. The show airs on Sunday morning at 5AM.

Legislative Gazette –Legislative Gazette is a one-half hour New York State (WAMC) produced discussion program focusing on New York State government and political issues. It is heard Sunday mornings between 5:30am and 6:00 am, inside Sunday morning public affairs programming.

WBAB Community Calendar – The WBAB Community Calendar is a listing of Public Service Announcements and community events throughout Long Island. The WBAB Community Calendar runs once per daypart daily, seven days a week. Events are also listed on www.wbab.com.

WHFM-FM 3rd Quarter 2021 Issues & Programs

Issue – Charity Events

WBAB Community Calendar 7/1 – 7/23/21 (30 Seconds - Ran 94 Times)

It takes one day to make a difference. And this year, that day is Saturday, July 24th at Empire State Ride Long Island. Hop on your bike and ride to end Cancer. Ride solo or bring together your friends, family and coworkers. With multiple routes to choose from, there's an Empire State Ride Long Island experience for everyone. On July 24th, we will honor everyone in this community who has been touched by Cancer. Sign up to ride today at esrlongisland.com.

WBAB Community Calendar 7/1 – 7/9/21 (30 Seconds - Ran 36 Times)

New York Blood Center has announced a blood emergency due to a shortage during the pandemic. Donors are urgently needed! Please visit a donor center or any community blood drive in your area. Make an appointment today. Not eligible to donate? You can help by hosting a blood drive with our guidance every step of the way. Please help us quickly rebound from this blood emergency. To schedule an appointment or inquire, call 1-800-933-2566. That's 1-800-933-2566.

WBAB Community Calendar 7/9 – 7/23/21 (30 Seconds - Ran 59 Times)

In 2018, Paige Keely passed away from an unknown brain arteriovenous malformation or AVM. Washville Car Wash is teaming up with the Paige Keely Foundation to screen children and detect early AVM throughout the month of July. The preventive screening is free. Stop by any of the Washville locations and help make a difference. For more information, visit the paigekeelyfoundation.com.

Plugged Into Long Island 8/8/21 at 6:30-7AM (23 minutes)

JP talks with Margaret Campise and Dawn Dahill from West Islip Breast Cancer Coalition about the 27th Annual Clam Shucking Contest at Nicky's on the Bay in Bay Shore on Tuesday, August 10th from 11 to 4. Admission is free. For more information, call 631-669-7770.

Plugged Into Long Island 8/15/21 at 6:30-7AM (27 minutes)

Kiana is joined by Janet Koch, CEO of Life's WORC. Celebrating its 50th anniversary, Life's WORC supports over 2,000 people with developmental disabilities and autism through Residential and Community Services, The Family Center for Autism, and Life's WORC Trust Services. Learn more or make a donation at lifesworc.org.

WBAB Community Calendar 8/20 – 9/3/21 (30 Seconds - Ran 59 Times)

The Huntington's Disease Society of America's Northeast Region will be hosting the Long Island Team Hope Walk on Sunday, September 12th, 9 AM at Wantagh Park. Huntington's Disease is a genetic disease copare to having ALS, Parkinson's, and Alzheimer's – simultaneously with no cure. To learn more and to join the fight against Huntington's Disease, visit hdsa.org/thwlongisland. That's hdsa.org/thwlongisland.

WBAB Community Calendar 8/20 – 9/3/21 (30 Seconds - Ran 59 Times)

Join the American Heart Association on Sunday, September 12th for the Long Island Heart Walk at Jones Beach! Walk 3.1 miles in honor of those suffering from Heart Disease and to help the AHA raise funds for research and education programs. The Heart Walk is adhering to all current New York State COVID-19 regulations. Sign up at lihearwalk.org. The Heart Walk is locally supported by Mount Sinai South Nassau and Petro Home Services. Cox Media Group is a proud media sponsor.

WBAB Community Calendar 9/3 – 9/17/21 (30 Seconds - Ran 59 Times)

Presented by 215 Long Island Mopar, join us at the American Muscle Car Show on September 26th from 10 to 2 at the New Interdisciplinary School, 430 Sills Road in Yaphank. Admission is free. Enjoy raffles, music, food, and more. Showcase your car for only \$20 per vehicle. All proceeds benefit NIS, a non-profit preschool serving nearly 400 students, over half of which have special needs. To register or learn more about sponsorship opportunities, visit niskids.org.

WBAB Community Calendar 9/3 – 9/17/21 (30 Seconds - Ran 59 Times)

Join the Brain Injury Association of New York State for their Virtual March on for Brain Injury Family Fun Walk on September 18th at 10 AM. Create a team with your friends and family in support of the brain injury community and this state-wide organization. Post your walk on social media using the hashtag #whatsyourwalk. A brain injury occurs every nine seconds. March to honor those who have sustained an injury and join their voices across the state. Register at marchon.dianys.org.

WBAB Community Calendar 9/3 – 9/10/21 (30 Seconds - Ran 30 Times)

Saturday, September 11th at 9 AM, join Family Service League's Walk for Wellness 5K. Walk, run or bike around Belmont Lake State Park or join in virtually. Proceeds will build awareness and support for programs helping children and adults faced with the devastation of mental illness, depression, and substance abuse. Text FSLWALK21 to 71777 to register, create a team, or donate. Text FSLWALK21 to 71777, or visit fsl-li.org.

WBAB Community Calendar 9/3 – 9/17/21 (30 Seconds - Ran 59 Times)

Join us in Farmingdale for a plane pull for Special Olympics New York's charity event. Saturday, September 25th, get ready with a team of 15, get set and start fundraising for the athletes of Special Olympics New York and pull a rope connected to a plane! 2021 will be the first year that the young and old, weak and strong, short and tall, will give all they got to show they got what it takes! Join the fun by registering at events.nyso.org/pullplane.

WBAB Community Calendar 9/17 – 10/1/21 (30 Seconds - Ran 60 Times)

Join Macy's in support of Girls, Inc now through September 30th. Here's how you can help: Give back online now or round up your store purchase amount and donate your extra change (up to 99 cents) to Girls, Inc. The funds we raise will go to College Readiness and STEM programming for Long Island girls like Kaylin, to inspire them to be strong, smart and bold. Make your donation to Girls, Inc. today at Macy's stores, and macys.com/macysgives.

Plugged Into Long Island 9/19/21 at 6-6:30AM (22 minutes)

American Cancer Society Development Manager, Chelsea Whitney, and Deputy Editor of New York YOGA + Life Magazine, Sabrina Moscola, join Kiana to discuss the upcoming American Cancer Society Wellness Festival. The event will take place in-person at Smith Haven Mall on Sunday, September 26th and will be celebrating fitness, fun, and shopping while educating about preventative care.

Plugged Into Long Island 9/19/21 at 6:30-7AM (27 minutes)

Dr. Feingold, MD, NYBRA Plastic Surgery founding member of NYBRA Plastic Surgery, talks with Fingers about Breast Cancer and American Cancer Society Making Strides. He's joined by Katie Goepfrich Schafer, Executive Director of Long Island Making Strides Against Breast Cancer, Debbie Lipman, Team Leader & Survivor, and Fran, Survivor. This year's Making Strides event will take place at Jones Beach State Park on Sunday, October 17th. Visit LongIslandNYStrides@cancer.org more information.

Issue – Economics/Government

The Legislative Gazette 7/18/21 at 5:30-6am (28 minutes)

Our political observer Alan Chartock shares his thoughts on the joint appearance of Governor Cuomo and the winner of New York City's Democratic mayoral primary, Eric Adams, and more.

WBAB Community Calendar 7/23 – 8/6/21 (30 Seconds - Ran 60 Times)

The Primary Sources Speaker Series is a new virtual event from the fair media council to help businesses and nonprofits rebuild after the pandemic. Running now – September, this is your chance to learn from thought leaders and influencers who will share insight, advice and answer your questions live on Zoom. Special for WBAB listeners, use promo code FMC20 for 20% off an all-access pass to the Primary Sources Speaker Series. For details and tickets, check out fairmediacouncil.org.

The Legislative Gazette 8/8/21 at 5:30-6am (28 minutes)

Our political observer Alan Chartock shares his thoughts on whether the Governor will be forced to resign; and we'll look at the rules for traveling to Canada with the border set to open.

The Legislative Gazette 8/15/21 at 5:30-6am (28 minutes)

New York Governor Andrew Cuomo says he will resign in the face of sexual harassment allegations and an impeachment inquiry. We'll talk with our political observer Alan Chartock about the announcement and the Democrat's legacy. Meanwhile, Lieutenant Governor Kathy Hochul prepares to become New York's first female governor. We'll also speak with Syracuse University Professor Rebecca Ortiz about research looking at how political affiliations can impact one's view of sexual harassment allegations.

The Legislative Gazette 8/22/21 at 5:30-6am (28 minutes)

We'll hear from Lt. Governor Kathy Hochul, in her first remarks Governor Andrew Cuomo announced that his resignation, our political observer Alan Chartock on why the Assembly ended its impeachment inquiry, and over two dozen lawmakers call on the President and Governor to use another tool to address the opioid overdose crisis.

The Legislative Gazette 8/29/21 at 5:30-6am (28 minutes)

New York's first female Governor says she wants people to believe in government again, our political observer Alan Chartock shares his thoughts on the fact that women dominate the top leadership spots in state government, and a new solar farm is approved in Greene County.

Plugged Into Long Island 8/29/21 at 6:30-7AM (24 minutes)

Bob Isaksen, Long Island President of Bank of America, talks with Pete Rizzo about Bank of America's Neighborhood Builders program. He's joined by Margarita Grasing, Executive Director of the Hispanic Brotherhood of Rockville Center, and Loretta Davis, Executive Director of The Retreat. With the help of the Neighborhood Builders program, both non-profits have been able to continue their important work throughout the pandemic.

WBAB Community Calendar 9/24 – 10/1/21 (30 Seconds - Ran 30 Times)

In your community there's a Joe or a Lee, a Mohamad or a Maria who runs a store, a repair shop, a restaurant, and other kinds of companies. Small businesses are hurting during the COVID pandemic. To help, eat at Joe's, fix your car at Lee's place, buy from Maria and Mohammad. Be part of what makes your community great – people doing business with people they trust. Check business for free at BBB.org. A message from the Better Business Bureau.

The Legislative Gazette 9/26/21 at 5:30-6am (28 minutes)

The state's unemployment insurance fund owes the federal government \$9 billion, our political observer Alan Chartock on Governor Hochul stopping payment of legal bills for state employees who worked for former Gov. Andrew Cuomo as he faces ongoing investigations, and we'll tell you what happened at the latest meeting of New York's Climate Action Council.

Issue – Environment

Plugged Into Long Island 7/4/21 at 6:30-7AM (26 minutes)

Fingers talks with Maxine Montello from the New York Marine Rescue Center in Riverhead. The Rescue Center preserves and protects the marine environment through conservation efforts including rescue, rehabilitation, education, and research. Learn more about their efforts, release dates, and volunteer opportunities at nymarinerescue.org.

The Legislative Gazette 8/1/21 at 5:30-6am (28 minutes)

A new coalition is campaigning to give New Yorkers a constitutional right to clean air and water. Our political observer Alan Chartock shares his thoughts on the coalition and more.

Radio Health Journal 8/8/21 at 5:00AM (12 minutes)

Climate change has been discussed as a serious issue impacting future generations. However, the recent rash of extreme weather worldwide, which has killed hundreds and at time, had impacted Long Islanders, is making scientists wonder if we have reached a turning point more quickly than we thought. Experts explain how climate change results in droughts, floods, and other severe weather and the signals it provides of danger immediately ahead.

Plugged Into Long Island 8/8/21 at 6-6:30AM (24 minutes)

Ted Lindner is joined by John Di Leonardo, President of LION. They discuss LION's mission, fowl abandonment on Long Island in the spring and summer months, and much more. Learn more at humanelongisland.org.

Plugged Into Long Island 9/5/21 at 6:30-7AM (24 minutes)

Save The Great South Bay Executive Director Robyn Silverstri returns to talk with Al Levine. Save The Great South Bay actively works to restore the bay, and with that, strengthen our South Shore communities.

Plugged Into Long Island 9/12/21 at 6:30-7AM (27 minutes)

Citizens Campaign for the Environment Executive Director Adrienne Esposito returns to talk with Syke about New York's solid waste crisis. Learn more about their projects and initiatives at citizenscampaign.org.

Issue – Education/Arts

Plugged Into Long Island 8/1/21 at 6:30-7AM (27 minutes)

Kenny Giustino, publisher of the Montauk Sun and producer of the Montauk Music Festival, and Joe Gaviola, keeper of the Montauk Lighthouse join Fingers to talk about the Montauk Lighthouse Benefit Concert with Marshall Tucker Band on August 21st. Tickets are on sale now at montaukmusicfestival.com or at the lighthouse. Support the lighthouse or plan your visit at montauklighthouse.com.

The Legislative Gazette 9/5/21 at 5:30-6am (28 minutes)

This week, NYS School Boards Associate Director discusses student learning loss during the pandemic, and school reopening.

Plugged Into Long Island 9/12/21 at 6-6:30AM (25 minutes)

Pete Rizzo talks with Nick Voulgaris from Kerber's Farm in Huntington. They discuss the history of the farm, its new farming education school, and much more. Learn more or sign up for classes at kerbersfarm.com

Issue – Family & Parenting Issues

WBAB Community Calendar 7/1 – 7/9/21 (30 Seconds - Ran 36 Times)

As an adult, kids want to know you're listening to them, but they also want to listen to you. When it comes to alcohol, they want to know your expectations and how and why to avoid underage drinking. Talking early and often about it in everyday conversation reinforces your message and keeps lines of communication open. For more information, visit underagedrinking.samhsa.gov.

WBAB Community Calendar 7/9 – 7/23/21 (30 Seconds - Ran 58 Times)

There are 3,800 homeless people living on Long Island today and 65% consist of families alone. Every child deserves a safe home, a warm bed, food and love. Fortunately, at Momma's House, a young mother in crisis and her baby are offered a stable home, compassion, and supportive services. While at Momma's, she gains essential skills to one day independently support herself and her child. For more on how you can help or make a donation, visit us at mommashouse.org or call us at 516-781-8637.

Radio Health Journal 7/18/21 at 5:13AM (7 minutes)

A study by Save the Children shows on a county-by-county basis that children in poor and rural counties, especially in the south, are much less likely to survive into adulthood, and when they do, they're often forced to become adults too soon by poverty, pregnancy, and lack of education. A Save the Children expert discusses factors that hurt children and ways they might be alleviated.

Radio Health Journal 8/1/21 at 5:13AM (8 minutes)

Nearly 40 percent of American homes have a dog, and while dogs may be "man's best friend," sometimes they bite, and sometimes with serious consequences. An expert who has studied dog bites discusses the reality of breed temperament, especially when children are around, how to prevent bites, and whether breeds with dangerous reputations deserve them.

Radio Health Journal 8/15/21 at 5:00AM (14 minutes)

Adoption and how it is carried out have well-studied psychological effects on adoptees. However, how birth mothers are affected by giving up their child is less well studied. Birth mothers have historically been shunned and stigmatized, and often still do not receive the grief counseling and mental health services they need. Open vs. closed adoptions also differ. An expert psychologist and birth mother-author discuss.

WBAB Community Calendar 8/20 – 9/3/21 (30 Seconds - Ran 59 Times)

Our teens are in crisis. Bullying causes real harm and can result in severe long-term depression, anxiety, addiction, and even self-harm. The Black Box project seeks to create a safe place for teens to access resources and support, on their own, and in their own time. The Black Box Project is for anyone who has ever felt different for any reason. Go to theblackboxproject.org and take the first step towards healing. You are not alone. That's theblackboxproject.org.

Radio Health Journal 8/22/21 at 5:13AM (7 minutes)

Swinging small children around by their arms may be fun, but it can lead to a very common injury, "nursemaid's elbow," an elbow dislocation, and each instance makes the next more likely. Physicians who treat it—and have experienced it in their own children—discuss the injury, its treatment and prevention.

Issue – Mental Health

Radio Health Journal 7/4/21 at 5:13AM (7 minutes)

Most people procrastinate at least now and then. But when we put something off, we're usually facing not a time management problem, but an emotion management problem. Experts discuss what's going on in our heads when we procrastinate.

Plugged Into Long Island 7/11/21 at 6-6:30AM (24 minutes)

MJ talks with John Sambalino, author of "Is God in that Bottle Cap? A Search for Truth", about the benefits of meditation, how to get started, and much more. Learn more at isgodinthatbottlecap.com.

Plugged Into Long Island 7/18/21 at 6-6:30AM (24 minutes)

Pete Rizzo sits down with Elana Davidson, author of "Finding Your Own Happy: A Soul-Searcher's Guide to Peace and Happiness in Everyday Life." Davidson specializes in coaching sensitive and empathic people to end emotional turmoil and reclaim their confidence so that they can experience real peace and happiness, and be free to create lives that truly work for them. Her book is available for free at findingyourownhappybook.com.

WBAB Community Calendar 7/23 – 8/20/21 (30 Seconds - Ran 120 Times) 1004

The COVID pandemic has left many in a dark place. New Horizon Counseling Center's New York Project Hope can help. Funded by FEMA, we offer free, anonymous and confidential support, resources, and education for anyone affected by COVID. If you're facing mental health, financial, or other issues, or just need someone to talk to, call New Horizon's Project Hope helpline, 855-818-4673, weekdays from 9-5. It's our mission to make this journey a little easier, one day at a time.

Radio Health Journal 7/25/21 at 5:00AM (13 minutes)

Where COVID-19 vaccination is high, it's a getting-back-to-normal world after the pandemic. But even some vaccinated people won't return to normal for months or years because of the psychological effects. Experts discuss why this occurs and how people can help themselves return to mental health.

Radio Health Journal 8/22/21 at 5:00AM (13 minutes)

A new CDC report shows that suicide among veterinarians is much higher than in the general population. Experts discuss the unique stresses that affect these professionals, including financial, compassion fatigue, euthanasia, and online harassment. They also discuss measures being taken to prevent mental health struggles and suicide.

Plugged Into Long Island 8/22/21 at 6:30-7AM (21 minutes)

Dr. Chalif, Chairman of Neurosurgery at South Shore University Hospital, explains brain aneurysms to Ted Lindner.

Radio Health Journal 8/29/21 at 5:00AM (12 minutes)

Many people in prison have a mental illness that keeps them from following the rules of society. Prison, its rules, and often its punitive intent may be the worst place for them, especially since treatment is often lacking there. A noted prison psychiatrist and behavioral scientist discusses this, and alternatives that may produce less recidivism when these inmates are released back into society.

Radio Health Journal 9/12/21 at 5:13AM (7 minutes)

Nail biting is an extremely common habit, but some people bite their nails so badly and so often that they suffer damage to their hands. Experts discuss why so many of us are driven to bite our nails, what can be done to stop it, and the damage that can occur when we can't stop.

WBAB Community Calendar 9/17 – 10/1/21 (30 Seconds - Ran 60 Times)

Is someone you know feeling hopefully and possibly suicidal? If you notice signs, ask the person directly about suicide. Listen to them. Ask them to talk about what's driving these feelings. Be physically present if you can or listen on the phone. If you think they might act on their thoughts, help them connect to the Suicide Prevention Lifeline at 1-800-273-8255. Don't leave them alone. A public service message from Stony Brook Medicine.

Radio Health Journal 9/26/21 at 5:00AM (13 minutes) Health; Volunteer Organizations; Social Isolation; Elderly and Senior Citizens

Loneliness has been increasing across all ages even before the pandemic. It's especially noteworthy among seniors, and it can dramatically affect health. An expert geriatrician who has studied the effects of loneliness and the leader of an organization that provides friendly visitors to the isolated elderly discuss causes of increasing loneliness, its impact, and the effectiveness of visitor programs.

Issue – Public Health

WBAB Community Calendar 7/1 – 7/9/21 (30 Seconds - Ran 35 Times) 1002

If you're 55 or older and concerned about possible decline in memory or other thinking skills, there's a free cognitive screening that can help. It won't provide a diagnosis but may provide information you can use to follow up with your Health Care providers. Participants will also receive information on education and ongoing research studies. To schedule a free cognitive screening, call 631-921-8837. A public service message from the Stony Brook Center of Excellence for Alzheimer's Disease.

The Legislative Gazette 7/4/21 at 5:30-6am (28 minutes)

Hear how a fiscal watchdog group wants the state's health department to release more detailed data on the over 42,000 New Yorkers who died during the Covid-19 pandemic.

WBAB Community Calendar 7/9 – 7/23/21 (30 Seconds - Ran 58 Times) 1004

Considering an online pharmacy? Explore to be safe Rx to find useful information and resources to help you purchase medicine safely online. A safe online pharmacy requires a doctor's prescription, has an address in the United States, has a licensed pharmacist, and is licensed by a state pharmacy board. It's best to stay away from online pharmacies that don't meet these criteria. Discover more helpful tips and resources at Be Safe Rx. Go to [fda.gov/besaferrx](https://www.fda.gov/besaferrx).

Radio Health Journal 7/11/21 at 5:13AM (8 minutes) Health Care; Elderly and Senior Citizens; Aging and Senior Citizens; Public Health

Dementia has a much wider range than most people think, and people with dementia are usually functional for years. An expert discusses the course of the disease and how life can still be positive for years before it reaches the late, debilitating stage most people think of when they hear the word "dementia."

Plugged Into Long Island 7/18/21 at 6:30-7AM (27 minutes)

For UV Safety Awareness Month, Dr. Evan Jones, Department of Dermatology Chairman at Stony Brook Medicine, talks with Ally Ali about the causes and treatments of skin cancer, how to prevent UV exposure this summer, and more.

WBAB Community Calendar 7/23 – 8/6/21 (30 Seconds - Ran 60 Times) 1002

The greatest heroes aren't just the ones with superpowers. They are ordinary, everyday people just like you, who step up and rise to the challenge. And now, we need more heroes to help protect those most at risk. To push through the challenges for our families, friends, and communities. You don't have to wear a cape, just a mask. Continue social distancing and washing hands and get vaccinated as soon as you can. Together, we'll win this fight. Learn more at [nfid.org](https://www.nfid.org).

Radio Health Journal 7/25/21 at 5:13AM (7 minutes) Aging; Auto Safety; Drug Overdoses and Opioids; Elderly and Senior Citizens; Public Health

A new study shows that people over age 70 are three times more likely than younger people to die when they fall. Older people also take more medications with a fall risk, and which pose a risk themselves when someone taking them falls. Experts discuss these complications and why it's important to prevent falls and other injuries.

Plugged Into Long Island 7/25/21 at 6-6:30AM (26 minutes)

MJ talks with Harmony Recovery Group's Greg Goushian and Hatch Compliance's Renee Douthat about the toll addiction takes on addicts and their loved ones. If you or someone you know is struggling with addiction.

Plugged Into Long Island 7/25/21 at 6:30-7AM (24 minutes)

Cardiologist Dr. Avila from South Shore University Hospital sits down with Kiana to discuss heart disease and its impact on women's health. For more information, head to ssuh.northwell.edu.

Radio Health Journal 8/1/21 at 5:00AM (12 minutes) Health Care; Insurance; Federal Government and Regulation; Public Health; Economics; Technology

Hospitals are now required to post prices for many procedures on their websites, including cash prices and what insurers pay. The intent of the federal rule is to allow patients to shop around, putting pressure on hospitals to compete on price. However, many hospitals have yet to follow the rule. Experts discuss the rule, its likely outcome, and how patients can use it to their advantage.

Plugged Into Long Island 8/1/21 6-6:30AM (24 minutes)

Fingers sits down with Gabrielle Gossner, Michelle Gruttadauria, and Megan Gorman from Stony Brook University Hospital to discuss the HPV vaccine. The vaccine is a safe and effective cancer prevention recommended for boys and girls between 11- and 12-years-old and is now available for adults up to 45-years-old. Learn more about the vaccine or their AccessGYN program by calling 631-444-4686.

WBAB Community Calendar 8/6 – 8/20/21 (30 Seconds - Ran 61Times) 1002

You may come across a tick this Summer and here are some facts that you should know. There are 500,000 new cases of Lyme Disease in the US every year. Even if you receive a negative test, you may still have Lyme Disease. Not everyone gets a rash after a tick bite, and nearly 20% of people develop chronic symptoms, such as a severe headache, fatigue, brain fog, and neurological problems. To learn more, visit the Global Lyme Alliance at gla.org. That's gla.org.

Radio Health Journal 8/15/21 at 5:13AM (6 minutes) Technology; Health Care; Technology and Health

One of the most popular searches on Google is for symptoms and what they mean. It's created a much more well informed patient population, but one that may panic at the least pain or discomfort. Two experts discuss how to think of symptoms and how to search for them.

Radio Health Journal 8/29/21 at 5:13AM (8 minutes) Diet; Food and Nutrition; Public Health; Consumerism; Health Care

Heart disease is the number one killer in the US, but a well known cardiologist says if everyone would follow a plant-based, oil-free diet, heart disease could be eradicated. Yet many cardiologists won't prescribe such a diet, fearing it's so difficult to follow that it's a prescription for defeat. Experts discuss.

Radio Health Journal 9/5/21 at 5:13AM (8 minutes) Health Care; Federal Government and Regulation; Public Health; Technology

Scientists are developing 3D printing technology using human cells to build human organs. The technique could be used to grow organs for transplant, relieving the long waitlist. Experts discuss.

Radio Health Journal 9/19/21 at 5:13AM (7 minutes) Food and Nutrition; Public Health; Consumerism; Health Care

Heart disease is often preventable, but how people look at it often keeps them from doing as much about it as they could. Often this is a result of myth and misinformation. An expert physician discusses some of the most harmful of these myths.

Issue - Public Safety

Radio Health Journal 7/4/21 at 5:00AM (13 minutes)

With the recent active shooter incidents in Atlanta and Boulder, Colorado, experts are concerned about a return of mass shootings that had disappeared during the pandemic. Two experts discuss the changing theory of how to survive an active shooter incident through what's called "run, hide, and fight."

The Legislative Gazette 7/11/21 at 5:30-6am (28 minutes)

Governor Cuomo declares a disaster emergency over the rise of gun violence in New York; and our political observer Alan Chartock shares his thoughts on who won the NYC mayoral primary.

Issue – Women's Issues

Plugged Into Long Island 7/11/21 at 6:30-7AM (21 minutes)

Girls Inc. of Long Island returns! Program Coordinator Ashley Cuevas and Program Manager Anissa Rivera join MJ to discuss body positivity, how the media can impact our self-perception, and more. Learn more at girlsincl.org.

The Legislative Gazette 9/19/21 at 5:30-6am (28 minutes)

In response to strict new abortion laws in Texas, Governor Hochul says she'll make New York a safe legal haven for women's reproductive health, and our political observer Alan Chartock on a new Siena Poll that measures the new Governor's popularity.

Radio Health Journal 9/12/21 at 5:00AM (12 minutes)

Entertainer Britney Spears claims in court that her conservator father won't let her remove birth control. It's merely the most celebrated recent case of something most people find surprising: forced sterilization still exists in the US, usually in cases of guardianship. Experts explain its legality, history & use.