

**CMG NY/Texas Radio
WHFM-FM, Southampton, NY
ISSUES AND PROGRAMS LIST
4th QUARTER 2021**

Station WHFM 95.3 FM determined that the following were of significant concern to the Long Island, New York community during the fourth quarter of 2021.

1. Addiction
2. Charity Events
3. Economics/Government
4. Education/Arts
5. Family & Parenting
6. Mental Health
7. Poverty
8. Public Health
9. Public Safety
10. Veterans Support

The following report summarizes a representative sample of programming that provided the most significant treatment of community issues during the past quarter. Programming frequently deals with more than one issue.

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WHFM-FM Program Descriptions

Plugged In To Long Island - Plugged In To Long Island is a one-half hour, station produced interview program focusing on Long Island area issues. It is heard Sunday mornings at 6:00AM and 6:30AM and is posted to wbab.com in podcast form. Plugged In To Long Island is produced by Cox Radio Long Island community affairs staff.

Radio Health Journal - Radio Health Journal is a one-half hour radio magazine produced by Media Tracks Communications that keeps tabs on the latest in the world of medicine- breakthroughs, what medical advances to look for, and eye-opening news. The show airs on Sunday morning at 5AM.

Legislative Gazette –Legislative Gazette is a one-half hour New York State (WAMC) produced discussion program focusing on New York State government and political issues. It is heard Sunday mornings between 5:30am and 6:00 am, inside Sunday morning public affairs programming.

WBAB Community Calendar – The WBAB Community Calendar is a listing of Public Service Announcements and community events throughout Long Island. The WBAB Community Calendar runs once per daypart daily, seven days a week. Events are also listed on www.wbab.com.

WHFM-FM 4th Quarter 2021 Issues & Programs

Issue – Addiction

WBAB Community Calendar 10/1 – 10/15/21 (30 Seconds - Ran 60 Times)

Are you or a loved one in crisis? Family Service League's Dash Program provides innovative and immediate 24-hour mental health and addiction crisis care for children, adults, and families living in Suffolk County. Call the hotline at 631-952-3333 or visit the Dash Center conveniently located at 90 Adams Ave in Hauppauge. Family Service League's comprehensive crisis care services can help you on your journey to better health.

Radio Health Journal 10/10/21 at 5:13AM (8 minutes)

Addiction specialists are seeking to change the words we use to describe addictive behaviors, as they've learned the wrong language creates stigma and drives people away from treatment. Experts discuss the problem and solutions.

WBAB Community Calendar 10/15 – 10/29/21 (30 Seconds - Ran 60 Times)

Mental illness, suicide, depression, and substance addiction are devastating conditions that ruin lives and destroy relationships. For 95 years, Family Service League has been Long Island's leading nonprofit human service organization, offering counseling and vital mental health programs to children and adults. Text FSL to 41444 to support critical programs and learn more about helping our neighbors in crisis. Text FSL to 41444 or visit fsl-li.org.

Radio Health Journal 12/19/21 at 5:00AM (13 minutes)

Drug overdoses killed more than 100,000 Americans in the first year of the Covid-19 pandemic, as pressures built and users sometimes had to get their fix from unfamiliar sources. Experts discuss how the pandemic cost lives beyond Covid, and how surgical painkiller drug substitutions are beginning to keep some people from going down the opioid path.

Issue – Charity Events

WBAB Community Calendar 10/15 – 11/12/21 (30 Seconds - Ran 129 Times)

Has your nonprofit made an impact? You may be eligible to apply for the Long Island Imagine Awards for a chance to win \$5,000! The Long Island Imagine Awards was created to showcase the nonprofit sector and all the good work it does! Finalists will receive a promotional video for their organization. The winner in each category receives \$5,000! Applications due November 29th. The 10th annual event will take place on April 26, 2022, at Crest Hollow Country Club. Visit imagineawardsli.com.

Plugged Into Long Island 10/31/21 at 6:30-7AM (25 minutes)

Kiana caught up with Jenna McDonald to promote the 14th annual run for the Hope For the Warriors organization. They also discussed Hope For The Warriors' mission as well as other programs and events coming up.

WBAB Community Calendar 11/26 – 12/17/21 (30 Seconds - Ran 91 Times)

WBAB is proud to once again support the 30th Annual John Theissen Children's Foundation Long Island Toy Drive. Be a part of something very special as 102.3 WBAB and the John Theissen Children's Foundation join together to brighten the holiday season for sick and underprivileged Long Island children. Drop off new, unwrapped toys right here to the WBAB studios in West Babylon or the John Theissen Wish Room in Wantagh. And remember, every toy stays right here on Long Island! Visit wbab.com for the full list of drop off locations.

Plugged Into Long Island 11/28/21 at 6-6:30AM (24 minutes)

Pete Rizzo caught up with John Theissen to find out all the details for his 30th Annual Holiday Toy Drive as well as the other programs the Children's Foundation does year round.

Issue – Economics/Government

The Legislative Gazette 10/10/21 at 5:30-6am (28 minutes)

The head of the Democratic party endorses Kathy Hochul for Governor, our political observer Alan Chartock on whether former Governor Cuomo might enter the primary to run for governor again, and three New York counties agree to electrify their vehicles.

Plugged Into Long Island 10/10/21 at 6-6:30AM (28 minutes)

Kianna speaks with Terri Alessi-Miceli, President and CEO, HIA-LI, and Rich Humann, Board Chairman, HIA-LI, and President and CEO of H2M Architects & Engineers. They discuss the upcoming HIA-LI Trade Show, Long Island's largest business-to-business trade show, taking place on October 14th at the Hilton Long Island in Melville.

The Legislative Gazette 10/17/21 at 5:30-6am (28 minutes)

A new Marist poll finds Governor Hochul is the favorite for election next year, our political observer Alan Chartock shares his thoughts on the implications of that poll, and we'll look back ten years at the start of the Occupy Wall Street movement

The Legislative Gazette 10/24/21 at 5:30-6am (28 minutes)

Governor Hochul condemns the state Democratic party Chair over remarks comparing an African American Buffalo mayoral candidate to a Ku Klux Klan leader, our political observer Alan Chartock shares his thoughts on that controversy, and U.S. Senate Majority Leader Schumer outlines plans to counter higher heating costs this winter.

The Legislative Gazette 10/31/21 at 5:30-6am (28 minutes)

We'll take a look at two ballot propositions on the November ballot drawing backlash from Republicans, our political observer Alan Chartock shares his thoughts on state Attorney General Tish James now declared run for Governor, and we'll examine a proposal to make sex work legal in the state.

The Legislative Gazette 11/7/21 at 5:30-6am (28 minutes)

Republicans and conservatives claim victory in the rejection of three ballot proposals that would have expanded voting in the state, our political observer Alan Chartock shares his thoughts on the Republican's big win in New York and around the country, and we'll have a conversation with Senator Kirsten Gillibrand.

The Legislative Gazette 11/14/21 at 5:30-6am (28 minutes)

The U.S. border has re-opened and Governor Hochul pledges nearly a half billion dollars in grants for the state's tourism industry, our political observer Alan Chartock on his conversation with the Chair of the state Conservative Party, and we take you to the biannual - Honor a Living Veteran ceremony in Albany.

The Legislative Gazette 11/21/21 at 5:30-6am (28 minutes)

After a vote by the state ethics commission, former Governor Andrew Cuomo may have to return at least part of the \$5.1 million he was paid for his Covid-19 leadership book, our political observer Alan Chartock on his conversation with Republican Assembly Minority Leader Will Barclay, and the recently passed \$1.2 trillion federal infrastructure package includes several measures related to limousine safety.

Radio Health Journal 11/28/21 at 5:13AM (7 minutes)

The White House and many health officials have taken an aggressive approach to communicating the need for Covid-19 vaccines. Most people are prompted to get vaccinated by mandates and words that generate fear, but it's clear that they backfire with a sizable minority of others. A communications expert discusses how certain words motivate some groups and repel others.

The Legislative Gazette 11/28/21 at 5:30-6am (28 minutes)

The state assembly releases its long-awaited report on an impeachment inquiry into former Governor Andrew Cuomo, our political observer Alan Chartock his interview with the former Governor that ended up in the report, and officials praise Canada's decision to remove requirements for citizens traveling out of the country.

The Legislative Gazette 12/5/21 at 5:30-6am (28 minutes)

A divided Supreme Court debates the issue of abortion and the future of Roe V. Wade, we'll have reaction from the President of Upper Hudson Planned Parenthood, our political observer Alan Chartock on his conversation with State Assembly Majority Leader Crystal Peoples-Stokes, and owners of small farms worry paying overtime to workers will put them out of business.

The Legislative Gazette 12/19/21 at 5:30-6am (28 minutes)

With at least one dozen counties in the state refusing to enforce the directive, Governor Hochul defends her statewide mask mandate, our political observer Alan Chartock on the state ethic's commission passing a resolution to require former Governor Andrew Cuomo turn over profits he received from his book advance to the state attorney general's office, and we'll talk to the stakeholders of Clean Path NY.

The Legislative Gazette 12/26/21 at 5:30-6am (28 minutes)

Governor Hochul addresses the worsening situation in NY as the Omicron variant spreads, our political observer Alan Chartock in his conversation with Albany County DA David Soares about bail reform, and we'll report on a new business survey which finds employers will keep hiring in the new year.

Issue – Education/Arts

Radio Health Journal 10/3/21 at 5:13AM (7 minutes)

Music is more than a fun pastime. Studies show that especially in children, studying music rewires the brain in beneficial ways, giving them an advantage in other cognitive skills. The scientist who's done much of this pioneering work discusses its ramifications and impact.

Plugged Into Long Island 10/17/21 at 6-6:30AM (25 minutes)

Pete Rizzo talks with Nick Voulgaris from Kerber's Farm in Huntington. They discuss the history of the farm, its new farming education school, and much more. Learn more or sign up for classes at kerbersfarm.com

Plugged Into Long Island 11/28/21 at 6:30-7AM (22 minutes)

Pete Rizzo caught up with Board Chair Allan Varela and performers Alex Tamek and Terry Ryan to discuss the 25th Annual Charles Dickens Festival coming up on December 4th.

WBAB Community Calendar 12/17 – 12/31/21 (30 Seconds - Ran 59 Times)

Adventureland's Helping Hands Foundation is now accepting applications for the Vivian & Tony Gentile Scholarship Program! Long Island High School seniors who will be attending a Long Island College or University as a full-time student in the Fall are eligible to apply. \$55,000 in scholarships will be awarded. Applications are due by June 30th. For more information and to apply, go to helpinghandsli.org. That's helpinghandsli.org.

Radio Health Journal 12/26/21 at 5:00AM (12 minutes)

Preschool teachers have left the profession in huge numbers, closing some schools and threatening others. With nowhere to safely leave their children, millions of people are unable to return to work, sabotaging economic recovery. An expert discusses the low wages behind the 10% (or more) drop in early educators and how current legislation may finally turn the industry around.

Issue – Family & Parenting

WBAB Community Calendar 10/15 – 11/12/21 (30 Seconds - Ran 126 Times)

Are you an adoptive parent? Foster parent? Raising a relative's child? Raising children will loss and early childhood trauma can be difficult because these children require different parenting approaches. Contact us for help at the Adoptive and Foster Family Coalition of New York's free 24/7 helpline at 888-354-1342. That's 888-354-1342 or find them online at ffcny.org.

Plugged Into Long Island 10/24/21 at 6-6:30AM (18 minutes)

Ally Ali speaks with Christine Maier, author of *The Too Tall Giraffe: A Children's Book about Looking Different, Fitting in, and Finding Your Superpower*. Christine Maier is a retired NYPD Sergeant turned author and she discusses how our weaknesses can become our strengths.

Radio Health Journal 11/7/21 at 5:13AM (8 minutes)

Twins share a bond that can't be understood by non-twins. When one twin suddenly dies, it can leave a huge hole in the life of the other. A twinless twin who became a therapist specializing in twin loss discusses the issue

Radio Health Journal 11/21/21 at 5:13AM (8 minutes)

A National Book Award-winning author discusses his experience as a first-time dad at 56, and now as a 73-year old father with teenagers.

Plugged Into Long Island 11/21/21 at 6:30-7AM (23 minutes)

Kiana spoke with President & Youth Empowerment Coach Keith Senzer about Sophia Valsamos's story and how the foundation is making a difference to empower children across Long Island.

Plugged Into Long Island 12/12/21 at 6:30-7AM (24 minutes)

Kiana spoke with President & Youth Empowerment Coach Keith Senzer about Sophia Valsamos's story and how the foundation is making a difference to empower children across Long Island.

Issue – Mental Health

Radio Health Journal 10/3/21 at 5:00AM (12 minutes)

Grief is unfortunately more common during the Covid-19 pandemic. But many people don't know what to do when their pain does not follow the road map they expect--the well-known five stages of grief. Two experts on grief discuss what can happen under various scenarios when a loved one dies, and what people can do to make it through their pain.

Plugged Into Long Island 11/21/21 at 6-6:30AM (25 minutes)

Al Levine spoke with President & CEO Karen Boorshtein and Chief Development Officer Jonathan Chenkin about how the Family Service League is aiding the mental health of many people across Long Island.

Plugged Into Long Island 12/5/21 at 6:30-7AM (24 minutes)

Pete Rizzo sits down with Elana Davidson, author of "Finding Your Own Happy: A Soul-Searcher's Guide to Peace and Happiness in Everyday Life." Davidson specializes in coaching sensitive and empathic people to end emotional turmoil and reclaim their confidence so that they can experience real peace and happiness, and be free to create lives that truly work for them. Her book is available for free at findingyourownhappybook.com.

Issue – Poverty

WBAB Community Calendar 10/29 – 11/26/21 (30 Seconds - Ran 119 Times)

On any given Tuesday...A child leave the house without a coat...182,000 neighbors will go to sleep without a meal...a family will have to sleep in the cold because they couldn't afford to pay their utility bill. And St. Vincent de Paul is there. November 30th is giving

Tuesday – a World Day of giving. Your gift will ensure St. Vincent de Paul will be there every Tuesday. Please consider giving at svdpli.org.

WBAB Community Calendar 11/12 – 11/26/21 (30 Seconds - Ran 60 Times)

There are 3800 homeless people living on Long Island today and 65% consist of families alone. Every child deserves a safe home, a warm bed, food, and love. Fortunately, at Momma's House, a young mother in crisis and her baby are offered a stable home, compassion, and supportive services. While at Momma's, she gains essential skills to one day independently support herself and her child. For more on how you can help or to make a donation, visit mommashouse.org or call 516-781-8637.

Radio Health Journal 11/21/21 at 5:00AM (12 minutes)

Around a half million people are homeless in the US on any given night, but the street homeless who are most visible often incorrectly influence our assumptions about the homeless. A noted researcher discusses myths and truths about their addictions, employment, residences, and more, and why people often become homeless

Plugged Into Long Island 12/5/21 at 6-6:30AM (27 minutes)

With guidance and direction, MOMMA'S House teaches young mothers how to support themselves and their children independently. Executive Director and MOMMA herself Pat Shea joins Fingers to share the organization's history and the overwhelming need to help this marginalized population.

WBAB Community Calendar 12/17 – 12/31/21 (30 Seconds - Ran 59 Times)

Did you know 1 in 7 families don't have enough food to put on their tables? Well this holiday season, you can help your neighbors struggling with food insecurity by supporting Island Harvest Food Bank. Your generous contribution will provide meals and hope for Long Island families in need. Every \$1 donated provides two meals for those across Long Island. To learn more, visit islandharvest.org. That's islandharvest.org.

Issue – Public Health

WBAB Community Calendar 10/1 – 10/15/21 (30 Seconds - Ran 59 Times)

The Alzheimer's Foundation of America is holding a free virtual educational conference on Tuesday, October 19th as part of its educating America Tour to provide New York residents with information about brain health, caregiving and more. Learn more or register for the free virtual Alzheimer's educational program by visiting www.alzfdn.org/tour or by calling 866-232-8484.

WBAB Community Calendar 10/1 – 10/29/21 (30 Seconds - Ran 120 Times)

One in 78 women will be diagnosed with Ovarian Cancer. The National Ovarian Cancer Coalition leads the fight against Ovarian Cancer in the US. They support survivors and caregivers, raise awareness and fund research to find a cure. Learn about the disease and find information and resources to help you and your loved ones understand the risk factors, signs and symptoms, treatments and more. Visit ovarian.org. Together we'll fight Ovarian Cancer.

The Legislative Gazette 10/3/21 at 5:30-6am (28 minutes)

Governor Hochul names a new state health commissioner, our political observer Alan Chartock shares his thoughts on the potential for universal healthcare in the state, and we'll look at an important Congressional race taking shape in the 19th District.

Plugged Into Long Island 10/3/21 at 6:30-7AM (21 minutes)

Fingers and Francesco "Chez" Ciccone discuss the New York Rx Card, which is a free statewide discount prescription assistance program to give patients great discounts on their prescription drugs. They've done work helping combat our prescription drug crisis and enabling patients to get access to the medicine they need without having to make sacrifices.

Radio Health Journal 10/17/21 at 5:00AM (13 minutes)

Patients have to make medical choices today that they never did before. But do they have enough information to make those choices? Are normal people able to understand the flood of information and the medical terms to make good choices? An expert discusses how patients can work through these issues.

Radio Health Journal 10/17/21 at 5:13AM (7 minutes)

Headaches affect far more lives far more severely than most people realize. A sufferer and an expert physician discuss headaches and their treatment.

Radio Health Journal 10/24/21 at 5:00AM (14 minutes)

Many experts believe we have missed our chance to eliminate Covid-19, and that now it is very likely to become an endemic disease--one that persists, though at lower levels, and never goes away. Two noted infectious disease experts discuss what that means for precautions and lifestyles in perpetuity.

Radio Health Journal 10/24/21 at 5:13AM (7 minutes)

Doctors have learned that childhood allergies and asthma may have their start in dry, dysfunctional skin in infancy, when allergens such as food particles enter the body through cracks in the skin. A noted pediatric allergist discusses this "atopic march" and ways to combat it.

Plugged Into Long Island 10/24/21 at 6:30-7AM (24 minutes)

Fingers sits down with Gabrielle Gossner, Michelle Gruttadauria, and Megan Gorman from Stony Brook University Hospital to discuss the HPV vaccine. The vaccine is a safe and effective cancer prevention recommended for boys and girls between 11- and 12-years-old and is now available for adults up to 45-years-old. Learn more about the vaccine or their AccessGYN program by calling 631-444-4686.

Plugged Into Long Island 10/31/21 at 6-6:30AM (23 minutes)

Pete Rizzo got the chance to speak with Lisa Schwerdt & Melissa Varellas from the Crohn's & Colitis Foundation Long Island Chapter. They discussed various ways to spot the signs of the diseases, as well as their Fitness Incentive event in Babylon on November 14th.

Plugged Into Long Island 11/7/21 at 6-6:30AM (30 minutes)

On this Plugged Into Long Island, Tori spoke with Dr. Antoinette Sakaris of South Shore University Hospital, Valerie Berger of Southside/Huntington Hospital, National Ovarian Cancer Coalition Chapter Manager Stefanie Taylor, and ovarian cancer survivor Vesna.

The all-ladies panel talked about how to spot the signs for ovarian cancer, and the ways in which women can reduce their risk of getting it.

WBAB Community Calendar 11/12 – 12/17/21 (30 Seconds - Ran 149 Times)

In these times, we're doing our best to be at our strongest. And getting a flu shot helps us stay healthy. So, we don't miss out on what matters. Every year, millions of people in the U.S. get the Flu. But no one has time to miss out on moments that matter, especially now. So, get your flu shot. Find out more at getmyflushot.org. That's getmyflushot.org. Brought to you by the AMA, CDC and the Ad Council.

Plugged Into Long Island 11/14/21 at 6:30-7AM (21 minutes)

Fingers and Francesco "Chez" Ciccone discuss the New York Rx Card, which is a free statewide discount prescription assistance program to give patients great discounts on their prescription drugs. They've done work helping combat our prescription drug crisis and enabling patients to get access to the medicine they need without having to make sacrifices.

Radio Health Journal 11/14/21 at 5:13AM (6 minutes)

Many people are unfamiliar with arterial blockages away from the heart. Peripheral artery disease, or PAD, affects African Americans much more than other populations for unknown reasons. An expert physician discusses PAD, the possible consequences, warning signs, and a clinical trial of treatments.

Radio Health Journal 11/28/21 at 5:00AM (13 minutes)

Covid-19 vaccines are now approved for children as young as 5, but while people are afraid of getting the vaccine themselves, they're even more nervous about getting it for their children. Misinformation is accelerating against use of the vaccine in kids. Experts discuss and correct the most prevalent myths.

Radio Health Journal 12/5/21 at 5:13AM (8 minutes)

Medicine in intensive care units has become so technically focused that many doctors believe they've lost their connection with the humanity of patients, and a high degree of patients are experiencing post intensive care syndrome.

Radio Health Journal 12/12/21 at 5:00AM (12 minutes)

Getting less than six hours of sleep per night has long been known to be hazardous to health, but the discovery of the mechanisms behind those hazards is leading scientists to strengthen their warnings.

Radio Health Journal 12/12/21 at 5:13AM (8 minutes)

The vaccine for Covid-19 was developed with record speed while still following required safety protocols. A noted investigative reporter discusses the development process he uncovered for his exhaustive book and explains why the hundreds of interviews he did have reassured him that the vaccine is safe.

Radio Health Journal 12/26/21 at 5:13AM (9 minutes)

Scars are a public health as well as aesthetic threat, as internal scars can compromise the function of organs and tissues. Scientists are now devising medications that promote

healing without producing scars. One of the scientists on the front lines discusses how these medicines work and their possible uses.

Issue - Public Safety

Radio Health Journal 10/31/21 at 5:00AM (14 minutes)

Facial recognition technology is everywhere, from your smartphone to the grocery store to city streets. But do we really want to be constantly tracked? Law enforcement finds it immensely helpful, but many experts say it's a massive invasion of privacy that needs limitation. Experts discuss.

Plugged Into Long Island 12/19/21 at 6-6:30AM (20 minutes)

Pete Rizzo spoke with Recruitment Officer Trooper Erario about how to join the NYS Police, as well as how they've adjusted during the pandemic.

Plugged Into Long Island 12/19/21 at 6:30-7AM (24 minutes)

Pete Rizzo spoke with Program Director Romarie McCue about how the Long Island Fatherhood Initiative helps prevent domestic violence in households as well as what the organization does to uplift fathers across the area.

Issue – Veteran Support

Plugged Into Long Island 10/3/21 at 6-6:30AM (21 minutes)

Ted Lindner speaks with Fred Sganga, Executive Director of the Long Island State Veterans Home. They discuss the history of the home and the services they provide. The Long Island State Veterans Home strives to be as committed and responsible to the care and well being of their residents/registrants as they were during their service to our nation.

Plugged Into Long Island 10/10/21 at 6:30-7AM (20 minutes)

Ted Lindner meets with Steve Bellone, Suffolk County Executive, Col. John McMurray, COO of Good Samaritan Hospital, Sal Cavallaro, Marine, Afghanistan Veteran, Veterans Services Officer, Mary Adams, Babylon Village Mayor, and Corey Roberts, Founder of Race Awesome and Race Director Suffolk Marathon. They discuss the upcoming Catholic Health Suffolk County Marathon, which is dedicated to post 9/11 Veterans and will feature a brand new course and full weekend of events.

Plugged Into Long Island 11/7/21 at 6:30-7AM (23 minutes)

Pete Rizzo caught up with Sergeant First Class Alex W. Williams and Staff Sergeant Matthew Morales to discuss the various ways the New York Army National Guard helps out the community, and the different programs they offer on Long Island.

WBAB Community Calendar 11/26 – 12/17/21 (30 Seconds - Ran 90 Times)

Eating, working, living pain free. These are a few of the things many of us take for granted. Yet for some United States Military Veterans, finding and affording oral healthcare is a challenge. Dental Lifeline Network is looking for dentists who can change this. DLN is asking dentists and their teams to volunteer to see one Veteran with

special needs one time per year. Visit willyouseeonevet.org to learn more. That's willyouseeonevet.org