WFLS-FM Quarterly Issues/Programming Report for October-December 2013

ISSUE	TITLE	DESCRIPTION	DATE	TIME
Local news	2 minute newscast	Newscasts containing localized news stories were broadcast 8 times M-F	October 1 through December 31	Every 30- minutes 5am- 8:30am M-F
Access to Medicare	"Focus" 30- minute PA interview program	Host Deirdre Blake along with guests Armen Sharingan and Rob Bracey of Managed Senior Services discuss new deadlines for enrollment and how to get extra help.	10/06/2013	8:30 p.m.
Financial Access to college	"Focus" 30- minute PA interview program	Host Deirdre Blake and Marty Morrison of the University of mary Washington discuss taking advantage of high school counselors to get the necessary information about financial aid and grants for attending college.	10/13/2013	8:30 p.m.
Saving for College	"Focus" 30- minute PA interview program	Host Deirdre Blake and Insurance agent Paul Scott discuss the importance of starting a college savings plan for children early in their lives.	10/20/2013	8:30 p.m.
History of Frdericksburg	"Focus" 30- minute PA interview program	Host Deirdre Blake and Laura Cotner, Narrator for Ghosts of Frdericksburg discuss the history of many structures in the city and ghosts known to haunt them.	10/27/2013	8:30 p.m.
			Date:	

WFLS-FM Quarterly Issues/Programming Report for October-December 2013

Page 2

ISSUE	TITLE	DESCRIPTION	DATE	TIME
Communication in the Family	"Focus" 30- minute PA interview program	Host Deirdre Blake and Dave Mirra, Technology Officer, Stafford County Schools, discuss new technology and how kids talk with their parents in today's world.	11/03/2013	8:30 p.m.
Working Away from the Office	"Focus" 30- minute PA interview program	Host Deirdre Blake along with Jason Fried and David Heinemeir discuss the myths behind teleworking and why companies are afraid to make the leap.	11/10/2013	8:30 p.m.
Veteran's Employment	"Focus" 30- minute PA interview program	Host Deirdre Blake is joined by Mark Williams of the Virginia National Guard to dicuss getting help in obtaining a civilian job.	11/17/2013	8:30 p.m.
Prisoner Re- entry	"Focus" 30- minute PA interview program	Host Deirdre Blake is joined by the prisoner re-entry coordinator for the Central Virginia State program to discuss why the program was established and what's available to help thos released find employment.	11/24/2013	8:30 p.m.
Seasonal Affective Disorder	"Focus" 30- minute PA interview program	Host Deirdre Blake and Linda Lafavre, a professional counselor discuss the signs and symptoms of depression and how people can get help.	12/01/2013	8:30 p.m.
			Date:	

WFLS-FM Quarterly Issues/Programming Report for October-December 2013

Page 3

ISSUE	TITLE	DESCRIPTION	DATE	TIME
Seasonal Flu	"Focus" 30- minute PA interview program	Host Deirdre Blake and Dr. Leonard Friedland of Scientific Affairs and Public health at GSK discuss the different types of the flu virus and vaccines available.	12/08/2013	8:30 p.m.
Role of Rappahannock United Way	"Focus" 30- minute PA interview program	Host Deirdre Blake and Janel Donahue, executive Director of the Rappahannock United Way discuss how the organization works to strengthen the commuty and its history.	12/15/2013	8:30 p.m.
Healthcare Overhaul	"Focus" 30- minute PA interview program	Host Deirdre Blake and Eric Tyson, author of "Personal Finance for Dummies" dicuss the letter being received informing people their insurance has been canceled and what does it mean for those people.	12/22/2013	8:30 p.m.
Healthy 2014 Resolutions	"Focus" 30- minute PA interview program	Host Deirdre Blake and licensed Virginia nutritionist, Doug Ingoldsby discuss the holiday eating habits that transcend into the new year and differences between raw sugar and others on the store shelf.	12/29/2013	8:30 p.m.
	Supplementary		Date:	

Station: WFLS, WWVB, WWUZ, WNTX Location: Fredericksburg, Va

ISSUE: Medicare

How was issue ascertained: Notification of 2014 open enrollment e-mail

Series ___ or program: ___XX ___ Title: Focus

Program Length: 29 minutes Length devoted to this issue: 29 minutes

Date Aired: 10-6-13 Time aired: Sunday 6 am on 99.3 WWVB, 96.9

WWUZ and 1350-AM; 8:30 pm on 93.3 WFLS

Station Participant: Deirdre Blake, host

Guest Participants: Armen Sharingan-Managed Senior Services

Rob Bracey- Managed Senior Services

Subject and/or Topics discussed: how seniors get access to more than the Medicare red, white and blue card. New deadlines for enrollment in things like Medicare Part D and prescription drug coverage for 2014. How people can get extra help with medication costs and weigh options for other insurance options.

Date production completed: 10-4-13 Submitted by program host: Deirdre Blake

Station: WFLS, WVBX, WWUZ, WNTX Location: Fredericksburg, Va.

ISSUE: Affording College

How was issue ascertained: E-mail pitch

Series or program: XX Title: Focus

Program Length: 30 minutes Length devoted to this issue: 30 minutes

Date Aired: 10-13-13 Time aired: 6 am on WVBX, WWUZ, WNTX

8:30 pm on WFLS

Station Participant Deirdre Blake, host

Guest Participants:

Marty Morrison- Spokeswoman University of Mary Washington-Fredericksburg

Subject and/or Topics discussed:

The importance of young people getting in touch with their guidance counselor early in their high school career to talk about grant and scholarship options and a school search. The role that parents play in helping decide their child's high school curriculum and how it could affect their chances of getting into a good college. The role that grades, SAT or ACT scores and extracurricular activities play.

Date production completed: 10-1-13 Submitted by program host: Deirdre Blake

Station: WFLS, WVBX, WWUZ, WNTX Location: Fredericksburg, Va.

ISSUE: Kid's College Savings

How was issue ascertained: Press Release

Series or program: XX Title: Focus

Program Length: 30 minutes Length devoted to this issue: 30 minutes

Date Aired: 10-20-13

Time aired: 6:00 a.m. on WVBX, WWUZ and 1350 AM and 8:30 pm on 93.3 WFLS

Station Participant: Deirdre Blake, host

Guest Participants:

Paul Scott-Owner of Scott Insurance in Fredericksburg

Subject or Topics Discussed: How expensive it can be when parents and guardians do not prepare in advance for kid's higher education. How the 529 savings plan works and why it is a good idea to start early. The different types of options for saving within the plan. How other family members can also give education as a gift to help kids and their parents.

Date production completed: 10-10-13 Submitted by program host: Deirdre Blake

Station: WFLS, WVBX, WWUZ, WNTX Location: Fredericksburg, Va.

ISSUE: Ghosts of Fredericksburg

How was issue ascertained: Took tour with narrator after press release

Series or program: XX Title: Focus

Program Length: 30 minutes Length devoted to this issue: 30 minutes

Date Aired: 10-27-13 Time aired: 6 am on WVBX, WWUZ, WNTX

8:30 pm on WFLS

Station Participant Deirdre Blake, host

Guest Participants:

Laura Cotner- Narrator for the Ghost of Fredericksburg Tours in Fredericksburg

Subject and/or Topics discussed:

The history of many buildings in downtown Fredericksburg and the ghosts that are known to haunt them. How people can come near Halloween to take a tour and other historical points of interest throughout the year.

Date production completed: 10-16-13 Submitted by program host: Deirdre Blake

Station: WFLS, WWVB, WWUZ, WNTX Location: In studio

ISSUE: Family Communication

How was issue ascertained: press release

Series ___ or program: ___XX ___ Title: Focus

Program Length: 30 minutes Length devoted to this issue: 30 minutes

Date Aired: 11-3-13

Time aired: 6 am on WVBX, WWUZ, WNTX

8:30 pm on WFLS

Station Participant Deirdre Blake, host

Guest Participants:

Dave Mirra-technology Officer, Stafford County Public Schools

Subject and/or Topics discussed:

Types of technology found in U.S. classrooms and abroad and how the technology will likely change in the coming months or years and its affect on learning. How kids talk to parents these days and ways parents can use that to teach lessons. How to read between the lines of text messages, emails and blogs. And why parents need to be up to speed.

Date production completed: 10-28-13 Submitted by program host: Deirdre Blake

Station: WFLS, WVBX, WWUZ, WNTX Location: Fredericksburg, Va.

ISSUE: Remote Working

How was issue ascertained: Press Release about new book on remote working

Series or program: XX Title: Focus

Program Length: 30 minutes Length devoted to this issue: 30 minutes

Date Aired: 11-10-13

Time aired: 6 am on WVBX, WWUZ, WNTX

8:30 pm on WFLS

Station Participant Deirdre Blake, host

Guest Participants:

Jason Fried and David Heinemeir- Authors of "Remote Office Not Required"

Subject and/or Topics discussed:

The myths behind teleworking and why companies are afraid to make the leap. How remote working can save companies money in paying some commuting costs and by getting more productivity out of employees. The types of software needed to make the jump and meetings to keep everybody in the loop. Why employees that do telework need a dedicated workspace and how to effectively review performance to make sure they're meeting goals.

Date production completed: 10-29-13 Submitted by program host: Deirdre Blake

Station: WFLS, WVBX, WWUZ, WNTX Location: Fredericksburg, Va.

ISSUE: Veteran's Employment

How was issue ascertained: Press Release about Hiring our Heroes

Series ___ or program: ___XX__ Title: Focus

Program Length: 30 minutes Length devoted to this issue: 30 minutes

Date Aired: 11-17-13 Time aired: 6 am on WVBX, WWUZ, WNTX

8:30 pm on WFLS

Station Participant Deirdre Blake, host

Guest Participants:

Mark Williams- Spokesman for the Fredericksburg regions National Guard office and Hiring Our Heroes Fredericksburg office.

Subject and/or Topics discussed:

How veterans can use the Hiring Our Heroes website to upload a resume and get direction to find a civilian job. The importance of getting help to integrate back into the civilian workforce to the brave men and women that have served.

Date production completed: 11-12-13 Submitted by program host: Deirdre Blake

Station: WFLS, WWVB, WWUZ, WNTX Location: By Phone

ISSUE: Prisoner Re-entry

How was issue ascertained: Press Release

Series or program: XX Title: Focus

Program Length: 30 minutes Length devoted to this issue: 30 minutes

Date Aired: 10-27-13

Time aired: 6 am on WWVB, WWUZ, WNTX

8:30 pm on WFLS

Station Participant Deirdre Blake, host

Guest Participants: Barbara Slayden- Prisoner Re-entry Coordinator for the Central Virginia State Program

Subject and/or Topics discussed:

Why the state program was established to get inmates successfully back into society. The financial burden on localities and Virginia to keep a person in a local, regional or state penitentiary. The cost hike if the person commits more crimes after their release. Programs that are in place to help them find work, doctors services and a place to live.

Date production completed: 9-13-13 Submitted by program host: Deirdre Blake

Station: WFLS, WVBX, WWUZ, WNTX Location: By Phone

ISSUE: Seasonal Affective Disorder

How was issue ascertained: community interest

Series ___ or program: ___XX__ Title: Focus

Program Length: 30 minutes Length devoted to this issue: 30 minutes

Date Aired: 12-1-13 Time aired: 6 am on WVBX, WWUZ, WNTX

8:30 pm on WFLS

Station Participant Deirdre Blake, host

Guest Participants:

Linda Lafavre, Licensed professional counselor in Fredericksburg

Subject and/or Topics discussed:

Signs and symptoms of depression and how people can get help. SAD's affect and why if may be different for people in the Fredericksburg area opposed to say the west coast. The affects that getting exercise and a daily dose of sunlight can have on SAD or depression and your overall well being.

Date production completed: 11-19-13 Submitted by program host: Deirdre Blake

Station: WFLS, WVBX, WWUZ, WNTX Location: Fredericksburg, Va.

ISSUE: Seasonal Flu

How was issue ascertained: Annual update on why people need to get protected

Series or program: XX Title: Focus

Program Length: 30 minutes Length devoted to this issue: 30 minutes

Date Aired: 12-8-13 Time aired: 6 am on WVBX, WWUZ, WNTX

8:30 pm on WFLS

Station Participant Deirdre Blake, host

Guest Participants:

Dr. Leonard Friedland- Director of Scientific Affairs and Public Health at GSK

Subject and/or Topics discussed:

The different types of flu virus and the vaccines that be given. What people can do to boost their immune system and what the risks are of caring for someone that is sick. How the spread of the seasonal flu is tracked and what people can do to watch it in this region and Virginia. Preparedness that families can take it someone does get sick and why everyone should get vaccinated.

Date production completed: 11-22-13 Submitted by program host: Deirdre Blake

Station: WFLS, WVBX, WWUZ, WNTX Location: Fredericksburg, Va.

ISSUE: Rappahannock United Way

How was issue ascertained: E-mail about services for holidays

Series ___ or program: ___XX__ Title: Focus

Program Length: 30 minutes Length devoted to this issue: 30 minutes

Date Aired: 12-15-13

Time aired: 6 am on WVBX, WWUZ, WNTX

8:30 pm on WFLS

Station Participant Deirdre Blake, host

Guest Participants:

Janel Donahue- Executive Director of the Rappahannock United Way

Subject and/or Topics discussed:

How the United Way works to strengthen the community and its history. The annual workplace giving campaign that supports the United Way and how listeners can get their company's on board. The role that volunteers play in the mission and why it is important to teach people in need the skills to get and keep a job.

Date production completed: 12-3-13 Submitted by program host: Deirdre Blake

Station: WFLS, WVBX, WWUZ, WNTX Location: Fredericksburg, Va.

ISSUE: Healthcare Overhaul

How was issue ascertained: Press Release about book

Series ___ or program: __XX __ Title: Focus

Program Length: 30 minutes Length devoted to this issue: 30 minutes

Date Aired: 12-22-13 Time aired: 6 am on WVBX, WWUZ, WNTX

8:30 pm on WFLS

Station Participant Deirdre Blake, host

Guest Participants:

Eric Tyson- Author of "Personal Finance for Dummies"

Subject and/or Topics discussed:

What the letters saying existing health insurance policies are being cancelled mean for the future. How people's decision to pay the fee for not having healthcare opposed to getting insurance through an on-line marketplace will affect the economy. How long people have to get a new policy and whether they should do it by the end of the year or wait. How much this has cost the government and taxpayer and what it could mean in the end of full implementation.

Date production completed: 12-10-13 Submitted by program host: Deirdre Blake

Station: WFLS, WVBX, WWUZ, WNTX Location: Fredericksburg-by phone

ISSUE: Healthy 2014 Resolutions

How was issue ascertained: e-mail offer for interview

Series ___ or program: ___XX__ Title: Focus

Program Length: 29.5 minutes Length devoted to this issue: 29.5 minutes

Date Aired: 12-29-13 Time aired: 6 am on WWVB, WWUZ, WNTX

8:30 pm on WFLS

Station Participant Deirdre Blake, host

Guest Participants:

Doug Ingoldsby- Licensed Virginia Nutritionist

Subject and/or Topics discussed:

Why the holiday season puts people into the habit of unhealthy eating and gorging on sweets that could continue into the New Year. What cravings could mean and when people should buy their own over the counter vitamin or seek the help of a medical professional. What the differences are in raw sugar and other types that you might find in pre-packaged items on store shelves. What role fruit, vegetables and natural supplements like fish oil and others may play in your overall health. How can you commit to getting and staying healthy, from eating smaller meals more often and drinking more water to avoiding the use of food to treat stress and anxiety.

Date production completed: 12-23-13 Submitted by program host: Deirdre Blake

Station: WFLS, WWUZ, WWVB, WNTX LOCATION: Fredericksburg, VA.

Person Interviewed: Armen Sharingan

Address: 4900 Cox Road Phone: 804-285-1193

City, State, Zip: Glen Allen, Va. 23060

Age: 12-17 <u>18-45</u> 46-65 over 65 Ethnicity: Arabic

Occupations, organizations, interests, and titles:

- Insurance Consultant

- Managed Senior Services Medicare Coordinator

What are the most important needs and problems facing your community? What are the major needs and problems facing your community as they concern your group or organization?

- Help senior citizens in Virginia get access to insurance and healthcare.

- Educate on how to work with companies and the government to get the insurance and other things seniors are entitle to get.

Interviewer: Deirdre Blake Job Title: Assistant News Director Date: 9-24-13 OFFICE USE ONLY:

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10/4/2013

Station: WFLS, WWUZ, WWVB, WNTX LOCATION	: Fredericksburg, Va.
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Person Interviewed: Rob Bracey

Address: 4900 Cox Road Phone: 804-285-1193

City, State, Zip: Glen Allen, Va. 23060

Age: 12-17 <u>18-45</u> 46-65 over 65 Ethnicity: White

Occupations, organizations, interests, and titles:

Managed Senior Services in Glen Allen, Va.

What are the most important needs and problems facing your community? What are the major needs and problems facing your community as they concern your group or organization?

Providing Medicare and Medicaid information to senior citizens, caregivers and adult children in the Commonwealth.

Interviewer: Deirdre Blake Job Title: Radio News Anchor/reporter date: 9-24-13

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Station: WFLS, WWUZ, WVBX, WNTX

LOCATION: Fredericksburg, Va

Person Interviewed: Marty Morrison

Contact made through: Phone call

Address/Phone Number: 1301 College Ave. Fredericksburg, Va 22401

Age: 12-17 18-45 46-60 Over 65

Ethnicity: White

What are the major needs and problems facing your community as they concern your group or organization?

Spreading the word about UMW and how more high school kids can start early to apply for grants and scholarships for higher education opportunities.

What are the most important needs and problems facing your community?

Same as above

Interviewer: Deirdre Blake Job Title: Assistant News Director date:

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Station: WFLS, WWUZ, WVBX, WNTX

LOCATION: Fredericksburg, Va.

Person Interviewed: Paul Scott

Address: 2115 Lafayette Blvy

Phone: 540-898-2915

City, State, Zip: Fredericksburg, Va. 22401

Age: 12-17 18-45 46-65 over 65

Ethnicity: Caucasian

Occupations, organizations, interests, and titles:

Owner- Scott Insurance and Financial Services

What are the most important needs and problems facing your community? What are the major needs and problems facing your community as they concern your group or organization?

Making college more attainable for more young people by starting the saving process early, through parents, guardians and other family members is key to success. We have a number of new options that allow people to set money aside in advance that won't "break the bank," while still caring for a young persons other needs.

Interviewer: Deirdre Blake Job Title: Assistant News Director date: 10-25-13

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Station: WFLS, WWUZ, WVBX, WNTX

LOCATION: Fredericksburg, Va

Person Interviewed: Lorna Cotner

Contact made through: Website

Address/Phone Number: 706 Caroline Street Fredericksburg, Va 22401

Over 65 Age: 12-17 18-45 46-60

Ethnicity: Caucasian

What are the major needs and problems facing your community as they concern your group or organization?

Letting people know about the Ghosts of Fredericksburg Tours.

What are the most important needs and problems facing your community?

Finding new ways to educate the community, through the local Visitor's Center and Fredericksburg Area Museum, about the rich history of the Fredericksburg area. Bringing more tourism to the region.

Interviewer: Deirdre Blake Job Title: Assistant News Director date:

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date:

Station: WFLS. WWUZ. WWVB. WNTX LOCATION: Stafford. Va.

Terson Interviewed: Dr. Dave Mirra

Address: 31 Stafford Avenue Phone: 540-658-6741

City, State, Zip: Stafford, Va. 22554

Age: 12-17 18-45 46-65 over 65 Ethnicity: Caucasian

Occupations, organizations, interests, and titles:

Executive Director of Technology for Stafford County Public Schools

What are the most important needs and problems facing your community? What are the major needs and problems facing your community as they concern your group or organization?

Ensuring that staff and students have accessibility to the latest technology to support learning. Educating decision makers on the role of technology in helping prepare for the future and challenges in the 21st century job market.

Interviewer: Deirdre Blake Job Title: Assistant News Director date: 12-12-13

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140/2011

Station: WFLS, WWUZ, WWVB, WNTX LOCATION: on the phone

Person Interviewed: with Jason Fried AND David Heinemeier Hansson

Address:

Phone:

City, State, Zip:

Age: 12-17 (18-45) 46-65 over 65

Ethnicity:

Occupations, organizations, interests, and titles:

Jason and David—authors of the New York Times bestseller REWORK, and founders of the trailblazing software company 37 signals

What are the most important needs and problems facing your community? What are the major needs and problems facing your community as they concern your group or organization?

The practice of working remotely—or telecommuting, as it's often referred to—has been quietly on the rise for years. But the announcement in early 2013 that Yahoo! planned to dismantle its remote work program put the practice at the center of a heated global debate. In REMOTE: Office Not Required (on sale October 29), authors Jason Fried and David Heinemeier Hansson move the debate forward, offering both employers and employees fresh insights regarding where—and how—work can happen in a way that optimizes both productivity and job satisfaction

Interviewer: Deirdre Blake Job Title: Assistant News Director date:

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Station: WFLS, WWUZ,	WWVB, WNTX	LOCATION: on the phone
Person Interviewed: with	Jason Fried AND Da	avid Heinemeier Hansson
Address:		Phone:
City, State, Zip:		
Age: 12-17 (18-45) 46-	65 over 65	Ethnicity:
Occupations, organization Jason and David—authors of the trailblazing software con	of the New York Times	bestseller REWORK, and founders of
What are the most import are the major needs and p group or organization?	tant needs and proble problems facing your	ems facing your community? What community as they concern your
quietly on the rise for years dismantle its remote work per debate. In REMOTE: Offi and David Heinemeier Han	But the announcement program put the practic ce Not Required (on substantial section is seen move the debate of garding where—and here	atting, as it's often referred to—has been in early 2013 that Yahoo! planned to be at the center of a heated global sale October 29), authors Jason Fried forward, offering both employers and ow—work can happen in a way that
Interviewer: Deirdre Bla	ake Job Title: Assista	nt News Director date:
Reviewed by:	Job Title:	date:

Station: WFLS, WWUZ, WVBX, WNTX LOCATION: Fredericksburg, VA

Person Interviewed: Mark Williams

Contact made through: E-mail

Address/Phone Number: Fredericksburg National Guard 540-810-3267

Age: 12-17 18-45 46-60 Over 65 Ethnicity: White

What are the major needs and problems facing your community as they concern your group or organization?

Getting veterans in the Fredericksburg region back to work in the civilian workforce.

What are the most important needs and problems facing your community?

Providing resources for our members of the military to get together a civilian resume. Teaching them how to correlate their military experience and what they have to offer hiring companies in this region.

Interviewer: Deirdre Blake Job Title: Assistant News Director date:

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Station: WFLS, WWUZ, WWVB, WNTX LOCATION: Fredericksburg, VA

Person Interviewed: Barbara Slayden

Address One North Third Street, Suite 200

Orange County, VA 23219

Phone: (804) 643-2746

Age: 12-17 18-45 46-65 over 65 Ethnicity: Caucasian

Occupations, organizations, interests, and titles:

Prison Re-entry Coordinator for the Central Virginia Region

What are the most important needs and problems facing your community? What are the major needs and problems facing your community as they concern your group or organization?

- I hook the inmates up with programs to teach them how to come back into society, from school and finding a job to where to live.

Interviewer: Deirdre Blake Job Title: Assistant News Director date:

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9/40/2013

Station: WFLS, WWUZ, WWVB, WNTX LOCATION: Fredericksburg, Va.

Person Interviewed: Linda Lafavre

Address: 2217 Princess Anne Street Ste. 202 Phone: 540-373-9574

City, State, Zip: Fredericksburg, Va. 22401

Age: 12-17 <u>18-45</u> 46-65 over 65 Ethnicity: Caucasian

Occupations, organizations, interests, and titles:

Licensed clinical psychologist, child and marriage counselor

What are the most important needs and problems facing your community? What are the major needs and problems facing your community as they concern your group or organization?

How people learn to deal with depression and when family can help, before seeking the help of a licensed professional.

Interviewer: Deirdre Blake Job Title: Assistant News Director date: 11-18-13

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Station: WFLS, WWUZ, WVBX, WNTX LOCATION:

Person Interviewed: Leonard R. Friedland, M.D.

Address: 5 Crescent Drive

City, State, Zip: Washington, DC

Phone: On behalf of Dr. Friedland: Rob Perry, Director, External Communications, Corp

Communications, Global Communications at GSK: 407-492-4616

Age: 12-17 18-45 46-65 over 65 Ethnicity:

Occupations, organizations, interests, and titles: Dr. Leonard Friedland is Vice President, Director Scientific Affairs and Public Health, Vaccines North America at GSK. He is also a licensed pediatrician.

He is currently a fellow and active member of the American Academy of Pediatrics and has published over 39 peer reviewed articles during his career.

What are the most important needs and problems facing your community? What are the major needs and problems facing your community as they concern your group or organization? Regarding influenza, the most important need facing the community is the need to get vaccinated. The most important protection against the flu is the seasonal flu vaccine. This year, for the first time ever, there are quadrivalent (4-strain) flu vaccines available that have the potential to provide broader protection against seasonal influenza.

Interviewer: Deirdre Blake Job Title: Assistant News Director date:

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11/28/2017

Station: WFLS, WWUZ, WWVB, WNTX

LOCATION: Studio

Person Interviewed: Janel S. Donohue

Address: 3310 Shannon Park Drive

Phone: 540-373-0041 ext. 307

City, State, Zip: Fredericksburg, VA 22408

Age: 12-17 (18-45) 46-65 over 65

Ethnicity: White

Occupations, organizations, interests, and titles:

President, Rappahannock United Way

What are the most important needs and problems facing your community? What are the major needs and problems facing your community as they concern your group or organization?

The most important need in our community is to help more households emerge from poverty and improve financial stability. We help children be ready for kindergarten; individuals graduate high school; individuals become workforce ready; individuals align spending and savings with income; individuals improve healthy behaviors to avoid health risk factors and reduce negative behaviors that are detrimental to family and individual safety.

Interviewer: Deirdre Blake Job Title: Assistant News Director date: 12-3-13

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12/5/2017

Station: WFLS, WWUZ, WVBX, WNTX LOCATION: Fredericksburg

Person Interviewed: Eric Tyson, Author, Personal Finance For Dummies

Contact made through: Dottie DeHart, DeHart & Company Public Relations

Guest: Eric Tyson

Address/Phone Number: (203) 221-0630

Age: 12-17 18-45 (46-60) Over 65 Ethnicity: White

What are the major needs and problems facing your community as they concern your group or organization?

Educating folks on what to know about personal finance and how to improve/maintain their credit score.

What are the most important needs and problems facing your community?

Interviewer: Deirdre Blake Job Title: Asst. News Director date:

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12/13/2017

Station:	WFLS,	WWUZ,	WVBX, WNTX	LOCATION:	Ashburn,	Va.
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Person Interviewed: Doug Ingoldsby Phone:

City, State, Zip: Ashburn, Va. 20147

Age: 12-17 18-45 46-65 over 65 Ethnicity: Caucasian

Occupations, organizations, interests, and titles:

Certified Nutritionist, Founder of All One Vitamins

What are the most important needs and problems facing your community? What are the major needs and problems facing your community as they concern your group or organization?

Teaching people about how vitamins by pill and that occur naturally in foods affect your health. Curbing sugar and understanding it can lead to a better you in 2014 and beyond.

Interviewer: Deirdre Blake Job Title: Assistant News Director date: 12-19-13

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