WFLS-FM

Quarterly Issues/Programming Report for October-December 2015

ISSUE	TITLE	DESCRIPTION	DATE	TIME
Local news	2 minute newscast	Newscasts containing localized news stories were broadcast 8 times M-F	Mon-Fri, October 1 through December 31	Every 30- minutes 5am- 8:30am M-F
Caring for those w/Alzheimer's	"Focus" 30- minute PA interview program	Host Deirdre Blake along with Doreen barnes of HomeInstead Senior Care and Daryl Barnes, president of Deacon Wealth management discuss care for seniors who might have Alzheimer's or early onset Dementia and a training program for those in the workplace.	10/04/2015	8:30 p.m
Assisting people with mental health problems	"Focus" 30- minute PA interview program	Host Deirdre Blake and Kevin Koziol of the Disability Resource Center discuss services provided by the center to people with physical and mental disabilities.	10/11/2015	8:30 p.m
Causes of Vascular Disease	"Focus" 30- minute PA interview program	Host Deirdre Blake, along with Dr. John Statler of the Virginia Interventional Vascular Associates discuss Deep Vein Thrombosis and new treatements available, they are joined by patient Joe Cole.	10/18/2015	8:30 p.m
Home Energy Savings	"Focus" 30- minute PA interview program	Host Deirdre Blake and Andy Farmer of the Virginia Energy Sense Program discuss what the average homeowner can do to consrve energy and making their home more effcient. They are joined by homeowner Helen Reineke Wilt.	10/25/2015	8:30 p.m
			Date:	

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Quarterly Issues/Programming Report for October-December 2015

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ISSUE	TITLE	DESCRIPTION	DATE	TIME
College Savings	"Focus" 30- minute PA interview program	Host Deirdre Blake and Scott Ridgely of Virginia 529 discuss saving for college and what plans are available.	11/01/2015	8:30 p.m
Teleworking	"Focus" 30- minute PA interview program	"Focus" 30- minute PA interview program Host Deirdre Blake discusses with busines entrepeneurs Jason Fried and David Hansson the adavantages of working from home for an employer and how to be successful at it.		8:30 p.m
Transition from military to civilian workforce	"Focus" 30- minute PA interview program	Host Deirdre Blake and author of "Business Networking for Veterans", Michael Abrams discuss how veterans can make the switch from military to civilian emplymwent in this heavily military oriented region.`	11/15/2015	8:30 p.m
Pitfalls of today's healthcare	"Focus" 30- minute PA interview program	Host Frank Hammon and Dr. Patrick neusttter, medical director of the Moss Free Clinic discuss how to help pateints get effective, affordable healthcare.	11/22/2015	8:30 p.m
Mental healthcare service availability	"Business Link" 30- minute PA interview program	Host Frank Hammon and the president of Pathways, Mike Fidgeon discuss the growing mental health care services in the area.	11/28/2015	8:30 p.m
	1.2. 2		Date:	

WFLS-FM

Quarterly Issues/Programming Report for October-December 2015

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ISSUE	TITLE	DESCRIPTION DATE	TIME
	"Business	Host Frank Hammon and Scot Small, president/CEO of 12/06/2015	5:30 a.m.
Changing	Link" 30-	Rev Builders discuss changing digital technology and	
Digital	minute PA	training for people in those fields	
technology	interview		
	program		
	"Business	Host Shelly Bynum joined by Jim Ford, president of the Popcorn Bag, 12/19/2015	5:30 a.m.
Starting a small	Link" 30-	discuss starting a small business and how to choose a viable product.	
_	minute PA		
business	interview		
	program		
		Date	»:

Station: WFLS, WWVB, WWUZ Location: Fredericksburg, VA

ISSUE: Caring for those with Alzheimer's Disease

How was issue ascertained: Through personal contact

Series or program: XX Title: Focus

Program Length: 30 minutes Length devoted to this issue: 30 minutes

Date Aired: 18 Joy/2006 Time aired: 6 am on WWVB and WWUZ

8:30 pm on WFLS

Station Participant: Deirdre Blake

Guest Participants: Doreen Barnes, Home Instead Senior Care

Daryl Barnes, president of Deacon Wealth Management

Subject and/or Topics discussed: Caring for seniors who might have alzaheimers or early onset

dimentia and a training program for those in the workplace.

Date production completed: 10/02/2015 Submitted by program host: Deirdre Blake

Station: WFLS, WWVB, WWUZ Location: Include by Ja

ISSUE: Assisting those with mental health problems

How was issue ascertained: Community contact

Series or program: XX Title: Focus

Program Length: 30 minutes Length devoted to this issue: 30 minutes

Date Aired: / O/u (20) Time aired: 6 am on WWVB and WWUZ

8:30 pm on WFLS

Station Participant: Deirdre Blake

Guest Participants: Kevin Koziol, of the Disability Resource Center

Subject and/or Topics discussed: services provided by the center to those with physical and menatl disabilities.

Date production completed: 10/10/2015 Submitted by program host: Deirdre Blake

Station: WFLS, WWVB, WWUZ Location: Trelacely UN

ISSUE: Vascular Disease caused by being inactive

How was issue ascertained:

Series ___ or program: ___XX___ Title: Focus

Program Length: 30 minutes Length devoted to this issue: 30 minutes

Date Aired: /5/18/5/5 Time aired: 6 am on WWVB and WWUZ

8:30 pm on WFLS

Station Participant: Deirdre Blake

Guest Participants: Dr. John Statler, Virginia Interventional Vascular Associates
Joe Cole patient treated for Deep Vein Thrombosis

Subject and/or Topics discussed: Deep Vein Thrombosis causes and new treatments available beyond the traditional blood thinners.

Date production completed: 10/16/2015 Submitted by program host: Deirdre Blake

Station:	WFLS, WWVB, WW	UZ Location:_F	redericksburg, VA
ISSUE: 1	Home Energy Savings		
How was	s issue ascertained: Pre	ess Release	
Series	or program: <u>XX</u>	Title: Focus	
Program	Length: 30 minutes	Length devoted to this issue:	30 minutes
Date Air	ed: 10/25/2015	Time aired: 6 am 6 8:30 pm on	on WWVB and WWUZ WFLS
Station I	Participant: Deirdre Bl	ake	
	articipants: Andy Farn eineke Wilt, homeowne	ner, Virginia Energy Sense Pi r	rogram
· ·	and/or Topics discussed gy effcient, especially during	1: What homeowners can do to cons the winter.	erve energy and make their
	oduction completed: 10, ed by program host: Do		

Station: W	VFLS,	WWVB,	WWUZ	Location: Fredericksburg
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ISSUE: saving for college

How was issue ascertained: Press release

Series or program: XX Title: Focus

Program Length: 30 minutes **Length devoted to this issue:** 30 minutes

8:30 pm on WFLS

Station Participant: Deirdre Blake

Guest Participants: Scott Ridgely, Virginia 529

Subject and/or Topics discussed: Saving for college and what plans are offered through the

Virginia 529

Date production completed: 10/31/2015 Submitted by program host: Deirdre Blake

Station: W	FLS, WWVB, WW	'UZ L	ocation:_F	redericksburg, VA
ISSUE: tele	working			
How was iss	ue ascertained: pr	ess release		
Series o	r program: <u>XX</u>	Title: Focus		
Program Le	ength: 30 minutes	Length devoted to	this issue:	30 minutes
Date Aired:	11/08/2015		red: 6 am (:30 pm on	on WWVB and WWUZ WFLS
Station Part	t icipant : Deirdre Bla	ake		
	cipants: Jason Frie Office Not require		on, busines	s owners and authors
Subject and	or Topics discusse	${f d}$: working from home fo	or an employe	er and making it successful
_	ction completed: 11 by program host: D			

Distriction: Transfer transfer to the control of th	Station:	WFLS, WWVB, W	VWUZ	Location: Fredericksburg,	VA
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ISSUE: Transitioning from the military to civilian workforce

How was issue ascertained: press release

Series or program: XX Title: Focus

Program Length: 30 minutes Length devoted to this issue: 30 minutes

Date Aired: 11/15/2015 **Time aired:** 6 am on WWVB and WWUZ

8:30 pm on WFLS

Station Participant: Deirdre Blake

Guest Participants: Michael Abrams, Author "Business Networking for Veterans"

Subject and/or Topics discussed: The region is heavily military oriented and veterans leaving the military need a guide to making the switchto civilian work life.

Date production completed: 11/14/2015 **Submitted by program host: Deirdre Blake**

Station: WFLS, WWVB, WWUZ Location: Fredericksburg, VA

ISSUE: pitfalls of today's health care

How was issue ascertained: press release

Series or program: XX Title: Focus

Program Length: 30 minutes Length devoted to this issue: 30 minutes

Date Aired: 11/22/2015 Time aired: 6 am on WWVB and WWUZ

8:30 pm on WFLS

Station Participant: Frank Hammon

Guest Participants: Dr. Patrick Neustatter, medical director at Lloyd Moss Free

Clinic

Subject and/or Topics discussed: helping patients get effective, affordable healthcare.

Date production completed: 11/20/2015

Submitted by program host: Frank Hammon

Station: WFLS, WWVB, WWUZ, WNTX Location: Fredericksburg, VA

ISSUE: mental healthcare services available in the region

Series or program: XX Title: Business Link

Program Length: 30 minutes Length devoted to this issue: 30 minutes

Date Aired: 11/28/2015 **Time aired:** 6 am on WVBX and 6:30 am

on WWUZ, 8:30 pm on WFLS and 9 am previous day

on WNTX.

Station Participant: Frank Hammon

Guest Participants: Mike Fidgeon, President of Pathways

Subject and/or Topics discussed:

Growing mental healthcare services in the Fredericksburg area

Date production completed: 11/19/2015

Submitted by program host: Frank Hammon

Station:	WFLS.	WWVB.	WWUZ.	WNTX	Location: Fredericksburg, V.	A
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ISSUE: changing digital technology

Series or program: XX Title: Business Link

Program Length: 30 minutes Length devoted to this issue: 30 minutes

on WWUZ, 8:30 pm on WFLS and 9 am previous day

on WNTX.

Station Participant: Frank Hammon

Guest Participants: Scot Small

Subject and/or Topics discussed: Changing digital technology and training for people

in those fields.

Date production completed: 11/23/2015

Submitted by program host: Frank Hammon

Station: WFLS, WWVB, WWUZ, WNTX Location: Fredericksburg, VA

ISSUE: Starting a small business

Series or program: XX Title: Business Link

Program Length: 30 minutes Length devoted to this issue: 30 minutes

Date Aired: 12/18/2015 Time aired: 6 am on WVBX and 6:30 am

on WWUZ, 8:30 pm on WFLS and 9 am previous day

on WNTX.

Station Participant: Shelly Bynum

Guest Participants: Jim Ford, President of the Popcorn Bag

Subject and/or Topics discussed: Starting a small business and what product to choose.

Date production completed: 12/08/2015 **Submitted by program host: Shelly Bynum**

Statio	n:_WFL	S. WWI	JZ, WY	SKLC	OCATION: Trales Ses long, VA
	n Interv				
City,	State, Zi	ip: Fred	ericksbu	ırg, VA	
Age:	12-17	18-45	<u>46-65</u>	over 65	Ethnicity: Caucasian
	pations, on Home	_		nterests, an Care	nd titles:

What are the most important needs and problems facing your community?

Services for seniors and those with Alzheimer's Disease and early onset Dementia. More awareness of these issues by their families and how to deal with them.

What are the major needs and problems facing your community as they concern your group or organization?

More awareness of the issues facing seniors and changes in health care regulations.

Interviewer: Deirdre Blake Job Title: Anchor/reporter date: 10/02/2015

Reviewed by: Job Title: The Marke date: (0/02/2005

Station: WFLS, WWUZ, WYSK	LOCATION: Juliate to	14
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Person Interviewed: Daryl Barnes

City, State, Zip: Fredericksburg, VA

Age: 12-17 18-45 <u>46-65</u> over 65 Ethnicity: Caucasian

Occupations, organizations, interests, and titles:

President of Deacon Wealth Management

What are the most important needs and problems facing your community?

The need for business to take some responsibility for the care and well being of its employees

What are the major needs and problems facing your community as they concern your group or organization?

Finding the right people to help train staff so they're aware of the surroundings of fellow workers and their needs.

Interviewer: Deirdre Blake Job Title: Anchor/reporter date: 10/02/2015

Reviewed by: Job Title: Too Such date: 10/07/2015

Station: WFLS, WWUZ, WYSK LOCATION: Inlastify, VA

Person Interviewed: Kevin Koziol

City, State, Zip: Fredericksburg, VA

Age: 12-17 <u>18-45</u> 46-65 over 65 Ethnicity: Caucasian

Occupations, organizations, interests, and titles:

Director Disability Resource Center

What are the most important needs and problems facing your community?

Assisting the disabled, whether they are physically or mentally handicapped. Lack of jobs available to those with disabilities.

What are the major needs and problems facing your community as they concern your group or organization?

Lack of information getting out to the public about what is available for their loved ones who might have a handicap.

Interviewer: Deirdre Blake Job Title: Anchor/reporter date: 10/10/2015

Reviewed by: Job Title: Zus Puten date: 10/16/2015

Station:	WFLS, WWUZ,	WYSK	_LOCATION:	Frelow Cy	, UN
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Person Interviewed: Dr. John Statler

City, State, Zip: Fredericksburg, VA

Age: 12-17 18-45 46-65 over 65 Ethnicity: Caucasian

Occupations, organizations, interests, and titles:

Virginia Interventional Vascular Associates

What are the most important needs and problems facing your community?

Educating the public about medical problems and how to be proactive dealing with them, rather than wait until a problem arises.

What are the major needs and problems facing your community as they concern your group or organization?

Interviewer: Deirdry Blake Job Title: Anchor/reporter date: 10/16/2015

Reviewed by: Job Title: The Purch date: 12/12/2015

Station: WFLS, WWUZ, WYSK LOCATION: Fredericksburg, VA

Person Interviewed: Andy Farmer

City, State, Zip: Fredericksburg, VA

Age: 12-17 18-45 46-65 over 65 Ethnicity: Caucasian

Occupations, organizations, interests, and titles:

Virginia Energy Sense Program

What are the most important needs and problems facing your community?

Repair and upgrading of older homes to be energy efficient.

What are the major needs and problems facing your community as they concern your group or organization?

Making the public more aware of things they can do to at minimal cost to save energy and lower their power bills.

Interviewer: Deirdre Blake Job Title: Anchor/reporter date: 10/24/2015

Reviewed by: Job Title: Hen North date: 18/24/wp

Station:	WFLS, WWUZ, WYSK	LOCATION: Fredericksburg, VA

Person Interviewed: Scott Ridgely

City, State, Zip: Richmond, VA

Age: 12-17 <u>18-45</u> 46-65 over 65 Ethnicity: Caucasian

Occupations, organizations, interests, and titles:

Virginia 529

What are the most important needs and problems facing your community?

Making college affordable for students and parents, no matter their age

What are the major needs and problems facing your community as they concern your group or organization?

People have heard of the 529 Plan, but don't really know what it is and what it does.

Interviewer: Deirdre Blake Job Title: Anchor/reporter date: 11/01/2015

Reviewed by: Job Title: The Sur date: (5/31/20)

Station: WFLS, WWUZ, WYSK LOCATION: Fredericksburg, VA

Person Interviewed: Jason Fried

City, State, Zip: Chicago, IL

Age: 12-17 18-45 46-65 over 65 Ethnicity: Caucasian

Occupations, organizations, interests, and titles:

37 Signals

What are the most important needs and problems facing your community?

Working efficiently and cost effectively from home.

What are the major needs and problems facing your community as they concern your group or organization?

Getting the message across that not all businesses have to be based in a rented office environment to be successful

Interviewer: Deirdre Blake Job Title: Anchor/reporter date: 11/08/2015

Reviewed by: Job Title: We Anha date: 11/06/201

Station: WFLS, WWUZ, WYSK LOCATION: Fredericksburg, VA
Person Interviewed: David Hansson
City, State, Zip: Chicago, IL
Age: 12-17 <u>18-45</u> 46-65 over 65 Ethnicity: Caucasian
Occupations, organizations, interests, and titles:
37 Signals
What are the most important needs and problems facing your community?
Working efficiently and cost effectively from home.
What are the major needs and problems facing your community as they concern your group or organization?
Getting the message across that not all businesses have to be based in a rented office environment to be successful
Interviewer: Deirdre Blake Job Title: Anchor/reporter date: 11/08/2015
Reviewed by: At Job Title: New Auth date: 11/06/2007

Person Interviewed: Michael Abrams					
City, State, Zip: Fredericksburg, VA					
Age: 12-17 18-45 <u>46-65</u> over 65 Ethnicity: Caucasian					
Occupations, organizations, interests, and titles:					
Author "Business Networking for Veterans"					
What are the most important needs and problems facing your community?					
Programs for transitioning veterans to civilian work. Finding mentors for veterans.					
What are the major needs and problems facing your community as they concern your group or organization?					
Getting businesses to mentor those leaving the military.					

Interviewer: Deirdre Blake Job Title: Anchor/reporter date: 11/14/2015

Reviewed by: Job Title: Mes Deistre date: U(14/2015

Station: WFLS, WWUZ, WYSK LOCATION: Fredericksburg, VA

Station: WFLS, WWUZ, WVBX, WNTX LOCATION: Fredericks	ourg, Va.
Person Interviewed: Patrick News to Her	
Contact made through: Sovon G. bent Smeth	Publicity
Guest: Mike Sheams	
Address: 15713 Permeintfill Phone Number: 540 Rd Woodford VA 22580	869 4435
Age: 12-17 18-45 46-60 Over 65 Ethnicity:	Caucasion
What are the major needs and problems facing your community as a your group or organization? Pown group, Unsale, Chief	they concern in how to help yours Justine health come
What are the most important needs and problems facing your comm	nunity?
Interviewer: Derrdre Blake Job Title: Asst News Director date:	u/19/2011-
Reviewed by: Job Title:	date:
Reviewed by: Job Title: New, Mark	U/19/2218

Station: WFLS, WWUZ, WYSK LOCATION: Fredericksburg, VA				
Person Interviewed: Mike Fidgeon				
City, State, Zip: Frederricksburg, VA				
Age: 12-17 <u>18-45</u> 46-65 over 65 Ethnicity:				
Occupations, organizations, interests, and titles:				
President Pathways				
What are the most important needs and problems facing your community?				
Identifying those who are in need of mental health services.				
What are the major needs and problems facing your community as they concern your group or organization?				
Finding qualified employees to work in the mental health field				
Interviewer: Frank Hammon Job Title: News Director date: 11/19/2015				
Reviewed by: Job Title: Was Outh date: 1/19/201				

Station:	WFLS, WWUZ, WY	YSK LOCATION	: Fredericksburg, VA

Person Interviewed: Scot Small

City, State, Zip: Gainesville, VA

Age: 12-17 18-45 46-65 over 65 Ethnicity: African/American

Occupations, organizations, interests, and titles:

President/CEO Rev Builders

What are the most important needs and problems facing your community?

Proper training for jobs of the future

What are the major needs and problems facing your community as they concern your group or organization?

Hiring the right people who are able to adapt to changing technologies in the digital field.

Interviewer: Frank Hammon Job Title: Anchor/reporter date: 11/23/2015

Reviewed by: Job Title: Mr. Nath date: 16/23/201

Station: WFLS, WWUZ, WYSK LOCATION: Fredericksburg, VA

Person Interviewed: Jim Ford

City, State, Zip: Fredericksburg, VA

Age: 12-17 <u>18-45</u> 46-65 over 65 Ethnicity:

Occupations, organizations, interests, and titles:

President of the Popcorn Bag

What are the most important needs and problems facing your community? Supporting small local business. Small business people tend to support local causes and activities.

What are the major needs and problems facing your community as they concern your group or organization?

Getting people to support the small local businesses so they survive, in turn giving back to the community.

Interviewer: Shelly Bynum

Job Title: program host date: 12/08/2015

Reviewed by:/

Job Title: ()//

date: 1/8/15

Certificate of Appreciation

Presented in gratitude to

Alpha Media Fredericksburg

For Outstanding Support of



United States Marine Corps Reserve





12 December 2015

Date

Coordinator — U.S. Marine Corps Reserve Toys for Tots Program