



Public Issues Summary – 1st Quarter 2023

CONTENTS:

- 1 – ISSUES LIST from station’s surveys of the public, taken in the previous quarter.
- 2 – TOPICS LISTS ACCORDING TO EACH ISSUE, of programming relevant to the list from aired long-form programs .. (“Issues Today”, “Maine Beacon” [Maine stations only], Station Commentary & recommended media).
- 3 - TOPICS LISTS ACCORDING TO EACH ISSUE, of programming relevant to the list as public service announcements.

ITEMS AIRED:

- 1 – NATIONALLY PRODUCED PSA’s from nationwide non-profit organizations.
- 2 – MISSION-STATEMENT PSA’s from LOCAL non-profit organizations.
- 3 – PROGRAM: “ISSUES TODAY” (30 minutes aired twice weekly)
- 4 – PROGRAM: “THE MAINE BEACON” (30 minutes; on all Maine stations only)
- 5 – HOURLY THOUGHT-PROVOKING QUOTES/PHRASES to encourage betterment of society.

STATION’S MISSION STATEMENT:

The station’s ownership understands that the media is a powerful force upon society and it has a responsibility to better society and not to be a part of the downward spiral. Therefore the station does not promote or advertise fraudulent products or schemes. The station does air positive programming in two areas:

- (1) – Verbal public awareness of situations that are a deterrent and beneficial to people, and
- (2) - Music (generally older music) that is rarely or ever heard on other stations, which is uplifting, memorable & comforting to people especially for those over 60, a demographic ignored by most stations. While the FCC does not recognize the public service value of this type of music, is actually is an immense public service; especially comforting to ill seniors.

ISSUES LIST from QUARTERLY COMMUNITY SURVEY **Survey taken during 4th quarter 2022— Posted Jan 5, 2023**

- 1– Housing prices escalating immensely. Can’t buy a home
- 2 - High cost of pharmaceutical drugs and government’s lack of price controls.
- 3 – The threat of Nuclear War (WWIII) from the Russia/Ukraine war.
- 4 - Mass shootings, worrying if it will come to Mass and Maine
- 5 - Drug abuse by teens and older
- 6 - Womens’ right to choose (new abortion rules in Texas/Mississippi, etc by Supreme Court.)
- 7 - Concerns of Election Fraud from Russia, Republicans/Trump, China.
- 8 - Republican efforts to undermine democracy by legislating voter suppression (excessive ID), less
-polling places in minority areas & gerrymandering.
- 9 – other Environmental/ecology issues.
- 10 – COVID-19, RSV, Flu health concerns. Mask mandates are good for the state and private business?
- 11 – Homelessness, especially veterans; and other veterans’ care issues.
- 12 – Locally-owned businesses going under, especially restaurants.



Public Affairs Program: "ISSUES TODAY"
 NEW SHOWS debuting this quarter
 WBAS, WJIB and WJTO: Sundays 6:30 AM
 WLAM Sundays 11:00 PM; WLVP Sat 11:00 PM
 28 MINUTES. Dates shown are Sundays. If the program airs on Saturday, it's the day before date shown.

**1st Qtr
2023**

Issues Today 23-1

Date Aired: JAN 1 2023
 Length: 28 Min.

1. Jonas Borco, CEO of CO-Founder of Dwelley

He gave a forecast for the 2023 rental market. He also talked about the growing problem of inflation.

Issues covered:

1. Economy
2. Inflation

2. Erin Prochnow, CEO of YWCA Cass Clay

She discussed her work with the Y and a grant provided by the Bezos Day 1 Families Fund. She also talked about the need for more funding for their various programs.

Issues covered:

1. Homeless
2. Women

3. Sarah Janssen, Editor of World Almanac

She a preview of the new edition. She also talked about world geography and new features.

Issues covered:

1. Consumerism
2. Communication

Issues Today 23-2

Date Aired: JAN 8 2023
 Length: 28 Min.

1. Michele Raneli, Vice President and Head of U.S. Research for Transunion

She gave a report on inflation in the U.S. She also gave some tips on how people can better cope with higher prices.

Issues covered:

1. Economy
2. Inflation

2. Melisa Mullamphy, Author and Researcher

She talked about the lack of communication between patients and doctors. She also gave tips on communication can be improved.

Issues covered:

1. Health
2. Communication

3. Mami Goldman, Author

She gave her story of rebounding from depression. She also talked about ways people can better cope with life.

Issues covered:

1. Depression
2. Communication

Issues Today 23-3

Date Aired: JAN 15 2023
 Length: 28 Min.

1. Amri Johnson, Author of "Reconstructing Inclusion"

He detailed new ways corporations can think of inclusion/diversity policies. He also talked how all employees need to be involved in decision making.

Issues covered:

1. Diversity
2. Communication

2. Andrew Campbell, Policy Program Associate at the Urban Institute

He talked about the growing use of apprenticeships in union shops. He also talked about better education opportunities for students.

Issues covered:

1. Education
2. Youth

3. Michael Letts, Founder and CEO of Invest USA

He commented on defund the police movements. He also discussed efforts to decriminalize some crimes in cities.

Issues covered:

1. Crime
2. Defund the Police

Issues Today 23-4

Date Aired: JAN 22 2023
 Length: 28 Min.

1. Joseph Radich, Founder and CEO of R3 Health and Medhouse

He exposed flaws in the American health system. He also talked about how doctors need to communicate better with their patients.

Issues covered:

1. Health
2. Communication

2. Dr. Gregory Jantz, Psychologist and Clinical Dependency Counselor

He discussed how the drug market has invaded the internet. He also discussed on the growing teen suicide rate.

Issues covered:

1. Drug Abuse
2. Suicide

3. Joe Hart, President and CEO of Dale Carnegie Institute

He discussed the importance of personal growth and development. He also stressed for teens to get mentors.

Issues covered:

1. Youth
2. Personal Development

Issues Today 23-5

Date Aired: **JAN 29, 2023**
 Length: 28 Min.

1. Dr. Scott Adzick, Surgeon Chief at Childrens Hospital of Philadelphia

He discussed fetal surgery. He also talked about birth defects and how parents can be better informed about them.

Issues covered:

1. Health
2. Youth

2. Jason Wilcox, Parenting Expert

He commented on how parents and teens can better communicate. He also talked about reactive motivation.

Issues covered:

1. Parenting
2. Youth

3. Michael Findlay, Director of Acquavella Galleries New York

He detailed how anyone can get involved in art. He also discussed NFT's.

Issues covered:

1. NFT's
2. Consumerism

Issues Today 23-6

Date Aired: **FEB 5, 2023**
 Length: 28 Min.

1. Khalid Green, Former NBA Scout and High School Coach

He discussed the need to increase diversity in youth sports. He also decried the high cost of sports programs.

Issues covered:

1. Youth
2. Diversity

2. Udo Erasmus, Health and Fitness Expert

He gave some tips on staying healthy this winter. He also talked about natural remedies for some health conditions.

Issues covered:

1. Health
2. Education

3. Sharon Price John, CEO of Build a Bear Workshop

She talked about her book that weaves stories with life lessons. She also discussed the success of the workshops.

Issues covered:

1. Youth
2. Consumerism

Issues Today 23-7

Date Aired: **FEB 12, 2023**
 Length: 28 Min.

1. Jim Marggraff, Education Expert

He detailed ways grandparents can tutor their grand kids. He also talked about technology and education.

Issues covered:

1. Education
2. Youth

2. Melissa Kelley, Elena Burke, Eating Disorder Experts

They discussed the growing problem of eating disorders in teens. They also talked about how social media influences youth.

Issues covered:

1. Eating Disorders
2. Youth

3. Dr. Amir Moursi, President of American Academy of Pediatric Dentistry

He commented on the importance of the very young visiting dentists. He also talked about the differences between pediatric dentists and adult physicians.

Issues covered:

1. Youth
2. Health

Issues Today 23-8

Date Aired: **FEB 19, 2023**
 Length: 28 Min.

1. Sister Irene, Member of Sisters Rising

She detailed their organization's efforts to fight human trafficking. She also talked about their programs to improve community engagement.

Issues covered:

1. Human Trafficking
2. Poverty

2. Dr. Kulreet Chaudhary, Ayurvedic Medicine Expert

She discussed ayurvedic medicine and some remedies. She also talked about how the public can be better educated about alternative health.

Issues covered:

1. Health
2. Consumerism

3. Alvin Hall-Sarah Wassner, Co-Authors of "Common Cents"

They talked about the importance of parents talking to their kids about finances. They also discussed the current economy.

Issues covered:

1. Youth
2. Economy

Date Aired: FEB 26 2023

Length: 28 Min.

1. Donna Christensen, Board Member of Consumers for Quality Care

She discussed differences between commercial and non-profit hospitals. She also advocated for better communication protocols from hospitals for patients.

Issues covered:

1. Health
2. Poverty

2. Pamela Gockley, Certified Bullying Prevention Expert

She talked about the work of the Camel Project which deals with bullying. She also commented on how social media affects teens and bullying.

Issues covered:

1. Youth
2. Bullying

3. Jon Baldwin, Ex. Vice President of Government Solutions
Damian Kivett, Member of SAFE Program

They discussed how local governments are dealing with traffic safety. They also talked about the need for less distracted drivers.

Issues covered:

1. Traffic Safety
2. Crime

Date Aired: MAR 5 2023

Length: 28 Min.

1. Ashwin Bharath, CEO of Revature

He expressed his belief that there is a shortage of qualified high tech people to fill job positions. He gave some advice on how to stop the shortages.

Issues covered:

1. Unemployment
2. Education

2. Alison Bonds, Head of Private and Independent Wealth Management at State Street Global Adviser

She defined what exchange traded funds are. She also talked about ways they differ from other investments.

Issues covered:

1. Economy
2. Education

3. Ali Katz, Founder of Personal Family Law

She gave advice to siblings on how they can better plan their parents finances. She also talked about economic conditions.

Issues covered:

1. Seniors
2. Education

Date Aired: MAR 12 2023

Length: 28 Min.

1. Matthew Williams, Founder and Director of HateLab, Criminology Professor

He commented on hate speech and how society needs to police social media better. He also talked about more violence in society.

Issues covered:

1. Free Speech
2. Crime

2. James Bell, Director of Corporate Communications, KIA America

He gave the pros and cons of electric vehicles. He also commented on hydrogen fuel cell technology.

Issues covered:

1. Environment
2. Consumerism

3. Martin Grieder, Group Vice President, Consumer Hearing, Sonova

He discussed hearing loss in older people. He also detailed symptoms of hearing loss and the new generation of hearing aids.

Issues covered:

1. Seniors
2. Hearing Loss

Date Aired: MAR 19 2023

Length: 28 Min.

1. Dr. Mitchell and Emily Citonsky, Dementia Researchers and Authors

They discussed the importance of early prevention techniques for dementia. They also talked about the connection between inherited genes and the disease.

Issues covered:

1. Mental Health
2. Seniors

2. Katrin Werner-Perez, Health Programs Manager, Alliance for Aging Research

She discussed the symptoms of heart valve disease. She also detailed the treatment options.

Issues covered:

1. Health
2. Seniors

3. Tyler Martin, Sustainable Exercise Expert

He talked about the importance of sustainable exercise. He gave tips on how people can avoid exercise burnout.

Issues covered:

1. Health
2. Seniors

Date Aired: MAR 26 2023

Length: 28 Min.

1. Daniel Hatcher, Law Professor at University of Baltimore's Civil Advocacy Clinic

He addressed the problems that he sees in the American legal system. He also talked about racism and problems of the bail system.

Issues covered:

1. Legal System
2. Racism

2. Megan Lott, Deputy Director of Healthy Eating Research, Robert Wood Foundation

She discussed efforts to get more healthy lunches in the school systems. She also addressed the new federal guidelines for nutrition that are being developed.

Issues covered:

1. Youth
2. Health

3. Lee Gerdes, CEO and Founder of Cereset

He talked about problems many people have with sleeping. He commented on a new system that uses unique sounds to comfort people.

Issues covered:

1. Sleep Disorders
2. Consumerism



Public Affairs Program: "ISSUES TODAY"

1st Qtr
2023

-- repeated programs from last quarter -----
WJIB, WBAS and WJTO: Sundays 6:00 AM
WLAM Sundays 10:30 PM; WLVP Sat 10:30 PM
28 MINUTES. Dates shown are Sundays. If the program airs on Saturday, it's the day before date shown.

Date Aired: **JAN 1, 2023**
Length: 28 Mi

1. Dr. Erica Schwartz, President of Insurance Solutions at United Healthcare

She gave some tips on choosing the right Medicare plan. She also talked about getting help from free local community classes

Issues covered:

1. Seniors
2. Health

2. Elena Lister, Michael Schwartzman, Co-Author of "Giving Hope"

They gave advice to parents on how to talk to their kids about death and extended illness. They also advocated different techniques for different age youth.

Issues covered:

1. Youth
2. Communication

3. Carolina Schneider, Registered Dietician and Founder of Hungry for Plants

She gave advice for those seeking a vegan diet. She also discussed the importance of taking supplements for better nutrition

Issues covered:

1. Health
2. Consumerism

Date Aired: **JAN 8, 2023**
Length: 28 M

1. Rebecca Kinney, Director of Admin. For Comm. Living, Office of Healthcare Information and Counseling

She described some Medicare scams that are common. She also gave advice on how to avoid being ripped off.

Issues covered:

1. Seniors
2. Fraud

2. Dr. Nick West, Chief Medical Officer and DVP Medical Affairs at Abbott Vascular

He talked about PAD condition that affects heart valves. He also discussed research and possible cures.

Issues covered:

1. Health
2. Seniors

3. Ivonne Rodriguez-Wiewall, Executive Advisor for Direct Relief in Puerto Rico

She described major damage in Puerto Rico from the storm of 2017. She also talked about how people can give to help citizens there.

Issues covered:

1. Poverty
2. Health

Date Aired: **JAN 15, 2023**
Length: 28

1. Howard Yarusso, Economist, Professor, Attorney

He discussed his book "Understandable Economics." He also talked about the current state of the American economy.

Issues covered:

1. Economy
2. Education

2. Red Taylor, Founder of Arivehome Investment Partners

He gave an assessment of the real estate market. He also discussed how government over-regulation is hurting the markets.

Issues covered:

1. Inflation
2. Government Debt

3. Dr. Yvette Miller, Executive Medical Officer, Red Cross Blood Services

She stressed the need for more donations for sickle cell patients. She also talked getting information to African American communities

Issues covered:

1. Health
2. Communication

Date Aired: **JAN 22 2023**
Length: 28 min.

1. Tim Bakken, Author of "The Plea of Innocence"

He commented on changes to the legal system. He also talked about the need for more rights of the accused.

Issues covered:

1. Legal System
2. Crime

2. Amy Knight, President of Children's Hospital Asan.

She discussed the growing number of mental health admissions to hospitals by teens. She also expressed the need for better counseling programs in schools.

Issues covered:

1. Suicide
2. Youth

3. Sarah Chavarria, President of Delta Dental Insurance Co.

She talked about the importance of better dental health for seniors. She also detailed brushing techniques.

Issues covered:

1. Seniors
2. Health

Date Aired:
Length: 28

JAN 29, 2023

1. Dennis Shea, Executive Director of Bipartisan Policy Center

He described ways to bring down the cost of housing. He also commented on government regulations that are causing higher costs.

Issues covered:

1. Affordable Housing
2. Inflation

2. Josh Goralski, Affiliated with Unlocking Communities

He described efforts for entrepreneurs to be involved with policies that help the environment. He also talked about the work of the Greenhouse Project.

Issues covered:

1. Environment
2. Entrepreneurship

3. Mark Chandler, Senior Research Associate With Safe Kids

He detailed safety precautions youth should use near railroad facilities. He also talked about how parents can better communicate with their kids about the dangers of rail crossings.

Issues covered:

1. Youth
2. Railroad Safety

Date Aired:
Length: 28

FEB 5, 2023

1. Michael Webster, Ecologist Professor at NY University

He detailed how some species can re-invent themselves even during climate change. He also talked about how mankind can help these species.

Issues covered:

1. Environment
2. Climate Change

2. Dr. Jessica Peck, Author and Researcher

She talked about the growing problem of teen depression. She also gave tips to parents on how they can detect symptoms.

Issues covered:

1. Youth
2. Depression

3. Brian Moody, Executive Editor of Kelley Blue Book

He discussed ways to pick the right car for parents' teenagers. He also gave some safety tips.

Issues covered:

1. Youth
2. Auto Safety

FEB 12, 2023

1. Jason Resendez, Board member at Consumers for Quality Care

He detailed how the public can save money on their medical bills. He also talked about surprise billing practices.

Issues covered:

1. Seniors
2. Health

2. Famed Omeyr, Program Director Research and Data at Center for City Solutions

He commented on the most financially distressed cities in the country. He also talked about pension debt as a major stressor.

Issues covered:

1. Economy
2. Inflation

3. Terrone Sims, Advisor on Veterans and Military Life Issues at Ment

He discussed how vet spouses have a hard time transferring professional licenses from state to state. He gave some advice on how the situation could improve.

Issues covered:

1. Veterans
2. Unemployment

Date Aired:
Length: 28

FEB 19, 2023

1. Nan Su, Senior Investigative Reporter for Epoch Times

He gave a report on deteriorating economic conditions between China and the United States. He also commented on China invading Taiwan.

Issues covered:

1. China Trade
2. Economy

2. Jim Geraghty, Researcher and Author

He discussed efforts to get more orphan drugs for rare diseases. He also talked about government regulations to increase treatments.

Issues covered:

1. Health
2. Drug Costs

3. Blythe Thomas, Director of 1000 Days

She tackled the issue of infant food insecurity. She also talked about their efforts to educate the public about good nutrition.

Issues covered:

1. Youth
2. Education

Date Aired:
Length: 28 Min.

FEB 26, 2023

1. Brantlee Underhill, Managing Director of Project Management Institute

He discussed how veterans can better transition from the military to civilian life. He also talked about how they educate vets on possible careers

Issues covered:

- 1. Unemployment
- 2. Veterans

2. Robin Koval, Dorian Fuhrman, Members of Truth Initiative

They detailed their efforts to stop vaping among teens. They also offered support for those states prohibiting flavored vaping products.

Issues covered:

- 1. Health
- 2. Youth

3. Dr. Ken Redcross, Concierge Medical Practitioner

He commented on the growing problem of Diabetes in society. He also talked about how healthy diets help control the problem

Issues covered:

- 1. Health
- 2. Education

Date Aired:
Length: 28

MAR 5, 2023

1. Dr. Lauran Star, Psychologist and Researcher

She detailed how vets can better prepare for civilian life. She also talked about the need for better marketing on vet programs.

Issues covered:

- 1. Affirmative Action
- 2. Education

2. Martin Dugard, History Researcher and Author

He discussed World War II and how lessons from then apply to today. He also profiled heroes from the war

Issues covered:

- 1. History
- 2. Education

3. Andrew DeCoriois, Executive Director of Farm Forward

He discussed how the U.S. can continue to improve sustainable farming. He also commented on ways free range practices can be improved.

Issues covered:

- 1. Health
- 2. Veganism

Date Aired:
Length: 28

MAR 12, 2023

1. Kevin Crain, Head of Retirement Research and Insights, Bank of America

He discussed how employees can make the most of their job benefits. He also talked about how companies are increasing retirement benefits.

Issues Covered:

- 1. Consumerism
- 2. Retirement Benefits

2. Aaron Terrazas, Chief Economist at Glassdoor

He gave a report on workplaces trends around the country. He also talked about demographic shifts in workers.

Issues covered:

- 1. Unemployment
- 2. Seniors

3. Bruce Sheridan, Family Life Expert and Author

He detailed how teens can better cope with difficult family life. He also touched on drug abuse in the country.

Issues covered:

- 1. Youth
- 2. Drug Abuse

Date Aired:
Length: 28

MAR 19, 2023

1. Dr. Wendy Hasson, Medical Director, Pediatric ICU, Portland, Ore.

She gave an update on the RSV and Flu epidemic. She also detailed symptoms parents should watch out for.

Issues covered:

- 1. Youth
- 2. Health

2. Aaron Negherbon, Founder and Executive Director of Cops Direct

He gave a brief history of the group that aids police departments in receiving specialized equipment. He also expressed the need for more funding as requests are larger than current funding allows.

Issues covered:

- 1. Police Funding
- 2. Health

3. Ed Bartlett, Member of Abuse and Violence Int. Alliance

He described the growing problem of domestic violence against men. He also talked about the need for more exposure about the problem.

Issues covered:

- 1. Domestic Violence
- 2. Crime

Date Aired:
Length: 28

MAR 26, 2023

1. Dr. James Cottrell, Former President of America Society of Anesthesiologists

He gave the in's and out's of anesthesiology. He also talked about the need for physicians to explain the procedures better

Issues covered:

- 1. Health
- 2. Education

2. Les Winston, Philanthropic Financial Planner

He gave tips on how consumers can do long-term philanthropic planning. He also talked about tax benefits.

Issues covered:

- 1. Taxes
- 2. Seniors

3. Charlotte Reed, Executive Producer of "The Pet Buzz"

She detailed solutions to 'petflation.' She also gave advice on how to save money on pet health problems.

Issues covered:

- 1. Pet Safety
- 2. Inflation



PUBLIC AFFAIRS PROGRAMMING: "THE MAINE BEACON"

1st Quarter 2023

30-minutes, aired on....

Sun 11 PM on WLAM; Sat 11 PM on WLVP

Sunday 7:00 AM on WJTO

JAN 1, 2023 - Today is the last day to sign up for health coverage through coverME.gov. Esther, Cate and Mike discuss this, the January 1 minimum wage increase to \$13.80 an hour and other policy holidays on this week's podcast, along with a review of media coverage of the new state legislature and the long history of Real-ID.

JAN 8 2023 - This week on the podcast, Esther Pew interviews Tim and Suzanna, field organizers who have been knocking on doors and speaking to tenants in the Redbank Village in South Portland, about what Mainers are going through during a state housing crisis. Also: Mike Tipping interviews reporter Evan Popp on Beacon's Making a Difference series, profiling five activists, groups and organizations who made a difference in 2022: AK Health and Social Services - Sonja Birthisel - Maine Access Points - Mountain Valley High School Student Action - Mabel Wadsworth Center

JAN 15 2023 - Gov. Janet Mills introduced her proposed 2-year budget this week, and Esther, Cate and Ben offer their initial thoughts. Also, we chat with MPA lobby team member Rafael Macias about what the lobby team's all about, and take a look at the competing referendum questions around a consumer-owned utility, and who all is behind them.

JAN 22, 2023 - Esther, Cate and Ben discuss the *Bangor Daily News'* terrible, horrible, no good, very bad editing of Dr. Martin Luther King's "I Have a Dream" speech in honor of Martin Luther King, Jr. Day—and their pretty good apology. They also look at efforts in the state legislature to protect abortion rights and they explain what's next with the campaign to bring a robust Paid Family and Medical Leave program to Maine. + Maine Beacon editorial. on BDN MLK Day editorial.

JAN 29 2023 - Esther interviews Kathleen Sullivan and Tom Mikulka of Third Act Maine, a group of Mainers over 60 years old organizing against the crisis of climate change and threats to our democracy as part of the national "Third Act" network

FEB 5, 2023 - Esther, Cate and Ben talk about what people can do when the weather is this cold (Beacon coverage and resources), and what Central Maine Power is doing to explain away its rate increases. Also, bills in the legislature to protect and expand the legal rights of trans people, and a preview of the paid family and medical leave day of action on Feb. 7.

FEB 12, 2023 - Esther talks with Mareisa Weil of Maine Family Planning, Abbie Strout-Bentes of the Mabel Wadsworth Center, and Nicole Clegg of Planned Parenthood of Northern New England/Planned Parenthood Maine Action Fund about the lay of the land on abortion rights, the fights ahead, and what people can do to help.

FEB 19, 2023 - Esther, Cate and Ben talk about Gov. Janet Mills' State of the Budget address Tuesday evening as well as a new report on police killings in Maine. They are also joined by Dan Neumann to talk about his recent piece in *Beacon* on "fentanyl hysteria" and its potential impact on drug laws.

FEB 26 2023 - We revisit an interview by Ben Chin with author, commentator and researcher Heather McGhee, on how and why she wrote her bestselling book "The Sun Of Us" and what it means to move past zero-sum politics toward a future where people of all races work together to solve public problems and build better lives. She also talks about the podcast based on the book

MAR 5, 2023 - Ben talks with journalist, storyteller and musician Samuel James about his podcast "99 Years", which he describes as a Black exploration of the deliberate creation of the whitest state in the nation. They talk about the erasure of Black history from Maine, Portland's Charter Commission, Malaga Island, and Maine's History of Racist Place Names..

MARCH 12, 2023 - Esther, Ben and Cate discuss what makes a strong social insurance program, including what a robust Paid Family and Medical Leave policy would look like. They also talk about local labor fights, as well as the joys of public education, neighborliness and Haman faschen for Purim. (Further reading on the LePage pension hole, unionization at Shalom House and the MSEA complaint to the Maine Labor Relations Board against the Mills administration.)

MARCH 19, 2023 - In honor of Women's History Month, Esther talks with new Reps. Mana Abdi (D-Lewiston) and Cheryl Golek (D-Harpswell/Brunswick) about their experiences in Augusta, what made them want to run for office, and what it means for them to be legislators. Nora and Esther also talk about what comfort TV you should be watching right now.

MARCH 26, 2023 - Esther, Cate and Ben talk about the landlord-driven opposition to rent control in Portland, municipal budget season, and the angst of waiting for the federal Supreme Court student loan forgiveness decision. On rays of hope, Star Trek makes yet another appearance.

**NATIONAL
PUBLIC-SERVICE
ANNOUNCEMENTS AIRED THIS
QUARTER**

CHILD HUNGER - From Second Harvest
 CHOLESTEROL CANCER SCREENING
 REGISTER FOR SELECTIVE SERVICE BY 18
 CHILDRENS HEALTH - Shriners Hospitals
 KIDS & FREE TIME - Boys & Girls Town
 CHILDRENS VISION - American Optometric
 OPERATION LIFESAVER
 RESTRAINING PETS - Nat. Safety Council
 FATHER ADVICE - Fathhood Initiative
 MIGRANES - Nat.1 Headache Foundation
 HOSTING STUDENTS - American Field Srvc
 TREATING SHINGLES
 ENVIRONMENT - World Wildlife Fund
 LOST PETS - Pets-911 Organization
 SLEEP DEPREVIATION - Sleep Foundation
 SKIN CANCER -American Acad Dermatology
 CHILDREN SAVING MONEY
 COOK MEAT THOROUGHLY -Nat Safety Counc
 KIDS IN SCHOOL GET TECH
 DIABETES WARNINGS
 SOFT BONES -Nat Osteoperosis Foundatn
 VOLUNTEERS - Earth Team Volunteers
 HOUSING DISCRIMINATION - HUD
 PROTECT WILDLIFE HABITAT -W.Land Trust
 CELL PHONE SAFETY - Nat Safety Council
 BACTERIAL MENINGITIS (Foundation)
 POWER OF PLAY FOR CHILDREN
 CALL 911 SAVE A LIFE
 BONE-LOSS American Assoc Orthopedic
 MAKE-A-WISH FOUNDATION
 FAIR HOUSING LAWS - HUD
 VOLUNTEERING - Volunteers of America
 ANTI-ROAD RAGE -Motor Carrier Admin
 MULTIPLE SCLEROSIS
 STOP ADDICTION - Narcanon
 FIGHTING ANTI-ENVIRONMENTAL LOBBYISTS
 RECENT CANCER TREATMENTS-CancerInfoSvc
 LEARN MATH - Math Action Council
 UNLOAD/LOCK GUNS-Nat Crime PrevCouncil
 LEARN HISTORY - Library of Congress
 COBRA HEALTH BENEFITS in changing jobs
 LYMPHOMA INFO - Leukemia Society
 PRESERVE NATURE - Nature Conservatory
 AFTER-SCHOOL TIME-After SchoolAlliance
 BIRTH DEFECT PREV. - March of Dimes
 EMPLOYER SUPPORT OF GUARD & RESERVE
 DEPRESSION TREATMENT
 HEART DISEASE/CHOLESTEROL INFO
 PROSTRATE HEALTH
 EXERCISE AGAINST HEALTH DISABILITIES
 DONATION: TIME & EFFORT - Red Cross
 STAY IN SCHOOL - U. S. Army
 ASTHMA WARNING SIGNS - E.P.A.
 INTER-RELIGION UNDERSTANDING
 LUPUS INFO - Lupus Foundation
 OIL OVER CONSUMPTION - Greenpeace
 PULMINARY AILMENTS - Will Rogers Inst
 DIRECT DEPOSIT FOR SS CHECKS - Gov
 AFTER SCHOOL TIME - Children Aid Soc
 CHILDREACH OVERSEAS
 ORGAN & TISSUE DONATION
 MAND. UNION DUES TO POLITICAL LOBBYING
 ANXIETY DISORDER-Inst forMental Health
 MACULAR DEGENRN-FoundFightingBlindness
 VOL. FOR COMMUNITY DRUG PREVENTION
 SKIN CANCER WARNINGS - Am Cancer Soc
 PARKINSONS DISEASE Foundation
 FAMILY PLANNING OVERSEAS-Pop. Action
 BACK YARD ECOLOGY CONSERVATION
 RECYCLING - Complete the cycle

AMERICAN FOUNDATION FOR THE BLIND
 UP LIVING STANDARDS Vols for America
 OVERSEAS HELP - Peace Corps
 EXERCISE IMPORTANCE-OrthopedicSurgeons
 EDUCATION-Education Excellence Assoc
 POWER OF READING - Dept of Education
 PLANT TREES - Arbor Day Foundation
 FRAUDULENT TELEMARKETERS - AARP
 FATHERHOOD INITIATIVE-Health&HumanSrvc
 SLEEPING DISORDERS - N.I.H.
 NEURON MUSCULAR DISEASE - M.D.A.
 HEPATITIS-C - N. I. H.
 OVERPOPULATION - Population Action
 SPAY/NEUTER PETS - Pets-911
 SCAMS - Federal Trade Commission
 OVER-ACTIVE BLADDER
 ALZHEIMERS & AFRICAN-AMERICANS
 GIRLS SCHOOL EQUALITY-WomenCollegeCoa
 DISCRIMINATION- US Civil Rights Comm
 BUY RECYCLED EnvironmentalDefense Fund
 PNEUMONIA INFO - Will Rogers Institute
 KIDS ON WEB/PRIVACY - Fed Trade Comm
 KIDS/DRUGS -AfterSchool Activities Org
 VEGETARIAN - Physicians Committee
 HUNGER/ILLITERACY/HOMELESS -Americorps
 CONSERVATION - American Wildlife Trust
 TEACHING KIDS INTERNET - Americorps
 FOREST FIRE PREV - USDA Forest Service
 STRESS REDUCTION- Will Rogers Inst
 BABYS HEARING TESTS-Speech/Lang Admin
 CHILDREN READING
 CHILD POVERTY Americas Second Harvest
 BE A DAD - Nat Fatherhood Initiative
 ADOPT SHELTER ANIMALS - Pets-911
 SUPPORT TECH EDUCATION-US DeptCommerce
 STROKE SYMPTOMS - N. I. H.
 PROGRAMMABLE THERMOSTATS DefendEnviron
 HEALTH-CARES LAWS: PRE-EXISTING COND.
 ID THEFT - List of 8 precautions
 CITIZENS AGAINST GOVERNMENT WASTE
 PROMETHEUS RADIO PROJECT
 ETHICS PeopleforInternetResponsibility
 ASTHMA/ALLERGY Foundation ofNewEngland
 WORK-AT-HOME SCAMS - Fed Trade Comm
 ANTI-MONOPOLIES-PHONE-VoicesforChoices
 SLAVERY STILL EXISTS- iAbolish.com
 REPORT NET CHILD PORN - Fed Trade Comm
 ETHICS- Institute for Global Ethics
 SEPARATION OF CHURCH&STATE au.org
 RELIGIOUS FREEDOM- Fr.from ReligionFound
 BUCKLE-UP- Fed MotorCarrier Safety Adm
 TYPE-1 DIABETES - TrialNet
 AUSTISM AWARENESS
 CYBER-BULLYING & CRIME PREVENTION
 EARLY CHILDHOOD DEVELOPEMENT
 FORECLOSURE PREVENTION- NeighborWorks
 ON-LINE SEXUAL EXPLOITATION - F.T.C.
 PATIENT INVOLVEMENT
 SECOND-HAND SMOKE - Am Cancer Soc
 SUPPORTING MINORITY EDUCATION
 UNDERAGE DRINKING PREVENTION
 DAY IN THE LIFE - U.S.O.
 OVERFISHING - E.P.A.
 READ THE LABELS DRUGS - F.D.A.
 REDUCE GUN VIOLENCE-ProjectSafeN.hoods
 BLINDNESS PREVENTABLE - Prev.Blindness
 WIRELESS AMBER ALERTS - Dept Justice
 INSURANCE TRAPS - Nat Flood Ins Progm
 PARALYZED VETERANS OF AMERICA
 INFLUENZA - American Lung Assoc
 PERIPHERAL ARTERY DISEASE - Gov.
 National MENINGITIS Association
 PREVENT DOG-FIGHTINGS - Humane Society
 BREAST CANCER - R.S.N.A.
 COPD - US Dept Health Human Services
 PREMATURE BIRTH - March of Dimes
 RADON GAS - E.P.A.

PREDATORY LENDING- Found.Credit.Counc
 LOWER CHOLESTEROL - Natl Stroke Assoc
 HABITAT FOR HUMANITY
 PEST MANAGEMENT
 PETS/DISEASE RISKS-AmVetMedicalAssoc
 VOLUNTEERING - Peace Corps
 FINANCIAL LITERACY -feedthepig.org
 HELPING VETERANS AND FAMILIES - P.V.A.
 ENCOURAGING HOME OWNERSHIP
 CENTER DISEASE CONTROL - (CDC)
 FOUNDATION FOR A BETTER LIFE
 CROHNS & COLITIS Foundation of America
 PRESERVATION - Ducks Unlimited
 DIABETES MANAGEMENT- Am.DiabetesFound
 STRONG COMMUNITIES (begin at home)
 OVARIAN CANCER PREVENTION - R.S.N.A.
 ANIMAL SUFFERING/CRUELTY - N.A.V.S.
 ANTI-FAT - American Heart Association
 GYNECOLOGIC CANCER (Foundation)
 MEDICARE - US Dept Health/Human Svcs
 MAKING WORLD SAFER- NatlSafety Council
 BOOSTER-SEATS FOR KIDS
 COLLEGE ACCESS
 DRUNK DRIVING PREVENTION
 EMERGENCY PREPAREDNESS - Homeland Sec
 ENVIRONMENTAL GIVING
 GLOBAL WARMING - E.P.A.
 ANTI-STIGMA - S.A.M.S.H.A.
 SUBSTANCE-ABUSE - Casa Columbia
 SKILL/CAREER DEVELOPMENT - FCCLA
 DO THE RIGHT DOSE- Health&Human Srvc
 PROTECT GREEN SPACES-Project EverGreen
 MEDICARE TODAY - US Dept Health&H.S.
 FAMILY DAY-Ctr Addiction & SubsnAbuse
 FORECLOSURE PREVENTION -Neighbor Works
 INFLUENZA SENIORS- American Lung Assoc
 PREMATURETY INFANTS-March of Dimes
 MENTAL ANTI-STIGMA CAMPAIGN -SAMHSA
 DRINK RESPONSIBLY-AmericanBeverageInst
 EMERGENCY PREPAREDNESS - ready.gov
 BULLYING PREVENTION-Nat.CrimePreventn
 SECURITIES INVESTOR PROTECTION PROGRAM
 ANIMAL WELFARE- Intl Fund Animal Welfr
 POISON CONTROL - PoisonControlCenters
 DOMESTIC VIOLENCE PREV Waitt Institute
 DEEP VEIN THROMBOSIS-Coalition Prevent
 PARENT INVOLVEMENT IN SCHOOLS - PTA
 SAVE ENERGY - Alliance To Save Energy
 REDUCING GUN VIOLENCE
 BREAKFAST HABITS AmericanCerealCouncil
 MATH & SCIENCE FOR GIRLS
 OBESITY PREVENTION
 CHILDHOOD CANCER RESOURCES
 MODELING NON-VIOLENT BEHAVIOR
 SUPPORTING MINORITY EDUCATION
 ENVIRONMENTAL GIVING
 PATIENT INVOLVEMENT / HEALTH
 GLOBAL WARMING



Maine PSA's

PERMANENT MISSION-STATEMENT PUBLIC SERVICE ANNOUNCEMENTS AIRED on WJTO, WLAM, WLVP.

NATURAL RESOURCES COUNCIL OF MAINE
HEALTH & HUMAN SERVICE: "2-1-1 Maine"
MAINE ARTS COMMISSION
PUBLIC COMMENT.ORG
PEJEPSCOT HISTORICAL SOCIETY
NAT'L ALLIANCE OF MENTALLY ILL/MAINE helping families of.
MAINE PUBLIC ADVOCATE watchdog over utility companies
PORTLAND PLAYERS theatre group
BATH FORESTRY COMMITTEE
CAMP SUNSHINE camp for ill and terminally ill children
SENIOR SPECTRUM statewide seniors' concerns group
MAINE FISHERMENS ASSOC for lobstermen, fishermen
MAINE ADULT EDUCATION
PORTLAND HISTORY DOCENTS
NEW HOPE (FOR WOMEN) womens' issues
SAFE CAREGIVERS
KIDS PEACEBRUNSWICK HUMANE SOCIETY
EDGECOMB ANIMAL SHELTER
PORTLAND & LEWISTON ANIMAL SHELTERS
HOSPICE OF KENNEBEC VALLEY
FREEPORT ELDERS ASSOCIATION
PEOPLE-PLUS senior activities in Brunswick'
MAINE ATTORNEY-GENERAL DISPUTE RESOLUTION
BATH FOOD BANK
MAINE WOOD-CARVERS ASSOCIATION
TRI-COUNTY LITERACY VOLUNTEERS
MAINE ORGANIC GARDENERS ASSOCIATION
MAINE HANDICAPPED SKIING
PENOBSCOT SCHOOL OF LANGUAGE
PARTNERSHIP FOR A DRUG-FREE MAINE
VOLUNTEER-MAINE central registry of places needing volunteers
350-MAINE solving the climate crisis
ADOPTIVE AND FOSTER FAMILIES OF MAINE
COASTAL MAINE BOTANICAL GARDENS of BOOTHBAY
GOOD SHEPHERD FOOD BANK of AUBURN
MAINE HEALTH MANAGEMENT COALITION FOUNDATION
BOYS AND GIRLS CLUBS OF SOUTHERN MAINE
MAINE AUDUBON.org
MAINE MARITIME MUSEUM in BATH
MAINE VETERANS HOME in AUGUSTA
HABITAT FOR HUMANITY/7 RIVERS MAINE CHAPTER
HOME RESOURCES OF MAINE providing homecare services
FAMILY PLANNING ASSOCIATION OF MAINE
MAINE LEAGUE OF CONSERVATION VOTERS
FREE ME FROM LUNG CANCER help reduce suffering
THE GAME LOFT of MAINE YOUTH ALLIANCE
MAINE HISTORICAL SOCIETY
MAINESHARE accepts donations and spreads to Maine orgs
MAINE PEOPLES' RESOURCE CENTER advocates involvement
MAINE CENTER FOR PUBLIC INTEREST REPORTING
MAINE ART CONSERVATION
HEMOPHILIA ALLIANCE OF MAINE bleeding disorders
MAINE BOYS TO MEN health development of boys
HOLOCAUST & HUMAN RIGHTS CENTER in Augusta
CHARACTER COUNTS IN MAINE guiding teenagers
MAINE INTERNATIONAL TRADE CENTER
MAINE MIGRANT HEALTH PROGRAM
BATH HISTORICAL SOCIETY
HART OF MAINE humane society for cats & kittens
ENVIRONMENT-MAINE ecology awareness group

AUTISM SOCIETY OF MAINE
MAINE PARENT FEDERATION family support org.
MAINE FILM CENTER in Waterville, enriching film and art
MAINE GREYHOUND PLACEMENT SERVICE
MAINE COAST HERITAGE TRUST
LEAGUE OF WOMEN VOTERS
ASSOCIATED FISHERIES OF MAINE
MAINE REGION OF AARP
A COMPANY OF GIRLS empowerment for girls
ADOPTIVE & FOSTER FAMILIES OF MAINE
BICYCLE COALITION OF MAINE
COASTAL ENTERPRISES coastal rural economic development
CENTER FOR GRIEVING CHILDREN
COMMUNITY PARTNERS helping people with development
THE FAMILY VIOLENCE PROJECT
FRIENDS OF MAINE'S SEABIRDS
MAINE CONSUMERS FOR AFFORDABLE HEALTH CARE
COMMUNITY CARE take control of your health care
CREATIVE PORTLAND sustains cultural institutions & art
DAY ONE to reduce substance abuse
EDUCATE MAINE to champion college and career readiness
ENVIRONMENTAL & ENERGY TECHNOLOGY OF MAINE
FARM TOMORROW supporting small community based farming
FOREST SOCIETY OF MAINE
FOOD JOY providing joyful atmosphere on nutrition, food culture
FRANNIE PEABODY CENTER helping to stop spread of HIV-aids
THE MAINE STATE MUSEUM
WEST BATH HISTORICAL SOCIETY
GETAKINA strengthens cultural knowledge of Native Americans
THE GIFTS OF MUSIC promoting music for students
GREENWOOD trains artisans to make high quality wood products
HEAR ME helping children with hearing loss
OUTWARD BOUND develops intellect with character
INDEPENDENCE ADVOCATES OF MAINE helps with disabilities
INFORMATION TECHNOLOGY EXCHANGE helps non-profits
KIDS FIRST CENTER
BACK ON TRACH assists youths with anger and other issues
MAINE LEGAL SERVICES FOR THE ELDERLY
MAINE ADAPTIVE recreational programs for disabled kids, parent
MAINE APPALACHIAN TRAIL CLUB
MAINE ARCHIVES AND MUSEUMS
MAINE BETTER TRANSPORTATION ASSOCIATION
MAINE CANCER FOUNDATION
MAINE CENTER FOR CREATIVITY energize cultural vibrancy
MAINE CRAFTS ASSOCIATION providing marketing & retail opp
MAINE EQUAL JUSTICE PARTNERS improve lives of the poor
MAINE EQUINE WELFARE ALLIANCE
MAINE PEOPLES ALLIANCE legislature watchdog group
MAINE PUBLIC HEALTH ASSOCIATION
MAINE RIVERS protecting restore & enhance Maine's rivers
MAINE RURAL PARTNERS sustain high quality of rural life
MAINE STATE SOCIETY OF PROTECTION OF ANIMALS
MAINE WRITERS AND PUBLISHERS ALLIANCE
MAINE LYME educating, preventing Lyme Disease
MILESTONE FOUNDATION empowers ppl w/substance abuse
MAINE WOMENS FUND
MAINIACS CHARITIES support to veteran individuals
MAINE VOLUNTEER LAWYERS PROJECT legal aid org
MAKING COMMUNITY HAPPEN help to the older disabled
NEW VENTURES MAINE to help instigate careers for undecided
OUT-MAINE empowers LBGTQ folks under age 22.
SEED MONEY support to public food garden organizing
SCHOOL SQUARE for volunteers and teachers to connect/meet
MITCHELL INSTITUTE encourage Maine kids to go to college
MAINE CLIMATE ACTION TEAM (OF SIERRA CLUB)
SKILLS INC helps disabilities with employment, breaking barriers
MAINE WOODLAND OWNERS for those who own smaller lots
PORTLAND HISTORICAL SOCIETY
BATH AREA SENIORS