

Quarterly Report of Compliancy Issues & Programs List 2022-Q1 (January - March) Viewpoints Radio

- Addiction
- Aging
- Agriculture
- American History
- Ancient Civilization
- Archaeology
- Arts
- Astronomy
- Business
- Career
- Child Development
- Comedy
- Comics
- Communication
- Community
- Consumerism
- Cooking
- Criminal Justice
- Culture
- Diet
- Disease
- Diversity
- Domestic Policy
- Ecology
- Economics
- Education
- Emotional Wellness
- Employment Issues
- Entertainment
- Environment
- Exercise
- Feminism
- Film
- Financial Technology
- Fitness
- Food Production
- Food Shortages
- Global Affairs

- Government
- Health
- Health Policy
- Healthcare
- History
- Hobby
- Human Resources
- Illustration
- Industry
- Inequality
- Inflation
- Infrastructure
- Innovation
- Insurance
- Invention
- Labor
- Leadership
- Light Pollution
- Literature
- Manufacturing
- Mass Incarceration
- Media
- Medicine
- Mental Health
- Mobility
 - Money Management
- Music

- Nonprofit Organizations
- Parenting
- Personal Finance
- Personal Growth & Development
- Personal Interest
- Policy
- Politics
- Pop Culture
 - Poverty
- Psychiatry

- Psychology
- Public Health
- Recidivism
- Retirement
- Science
- Self-Identity
- Sleep
- Social Equity
- Space Exploration
- Sports & Sports History
- Substance Abuse
- Supply Chain
- Sustainability
- Technology
- Transportation
- TV
- Urban Design & Development
- Waste Management
- Wildlife

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Program 22-01	Writers & Producers: Amirah Zaveri & Evan Rook		
Air Week: 1/2/22	Production Manager: Jason Dickey		
SEGMENT 1:	FINDING EMPLOYMENT AFTER INCARCERATION	Time	Duration
Synopsis:	In the U.S., there are roughly 19 million people with felony convictions. For this population, finding stable work can be a tumultuous and draining process. Without a job, it can be all too easy to slide back into a past life and end up behind bars once again.	1:48	11:11
Host:	Gary Price		
Guests:	Beth Schwartzapfel, staff writer, The Marshall Project; Jeffrey Korzenik, economic researcher, author, Untapped Talent: How Second Chance Hiring Works for Your Business and the Community.		
Issues Covered:	Human Resources, Mass Incarceration, Business, Criminal Justice, Inequality, Recidivism, Education, Poverty, Employment Issues		
Links:	Putting Humanity into HR Compliance: Try Second-Chance Employment		
	US Department of Education Announces It Will Expand the Second Chance Pell Experiment for the 2022-2023 Award Year		
	GettingTalentBackToWork.org		
	Second Chance Employment — Dave's Killer Bread		
	DKBF		
	Untapped Talent: How Second Chance Hiring Works for Your Business and the Community		
SEGMENT 2:	A SEASON OF SADNESS	Time	Duration
SEGIVIEINT Z:	A SEASON OF SADNESS	Time	Duration
Synopsis:	Researchers estimate that around 10 million Americans suffer from seasonal affective disorder each year. We speak with psychologist Dr. Carrie Ditzel about the prevalence of SAD and how people can combat these feelings and find additional support.	15:01	7:21
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Synopsis: Host: Guests: Issued Covered: Links:	Researchers estimate that around 10 million Americans suffer from seasonal affective disorder each year. We speak with psychologist Dr. Carrie Ditzel about the prevalence of SAD and how people can combat these feelings and find additional support. Marty Peterson Dr. Carrie Ditzel, psychologist, Baker Street Behavioral Health. Fitness, Sleep, Psychiatry, Psychology, Mental Health, Health NIMH » Seasonal Affective Disorder Baker Street Behavioral Health About Find a Therapist, Psychologist, Counselor - Psychology Today SAMHSA Behavioral Health Treatment Services Locator National Suicide Prevention Lifeline	15:01	7:21
Synopsis: Host: Guests: Issued Covered: Links: CULTURE CRASH:	Researchers estimate that around 10 million Americans suffer from seasonal affective disorder each year. We speak with psychologist Dr. Carrie Ditzel about the prevalence of SAD and how people can combat these feelings and find additional support. Marty Peterson Dr. Carrie Ditzel, psychologist, Baker Street Behavioral Health. Fitness, Sleep, Psychiatry, Psychology, Mental Health, Health NIMH » Seasonal Affective Disorder Baker Street Behavioral Health About Find a Therapist, Psychologist, Counselor - Psychology Today SAMHSA Behavioral Health Treatment Services Locator National Suicide Prevention Lifeline SPIDER-MAN'S BACK ONCE AGAIN The new film release, "Spider-Man: No Way Home" is a massive blockbuster hit. We discuss what makes these	15:01 Time	7:21 Duration



Writers & Producers: Amirah Zaveri, Polly Hansen & Evan Rook		
Production Manager: Jason Dickey		
OUR RESILIENT FOOD SYSTEM & SUPPLY CHAIN	Time	Duration
20 million people work within the food production industry in the U.S. The pandemic has altered this sector and resulted in many pressures placed on this population. This week – we highlight the people behind these various roles and the changing landscape of this 24/7 food supply chain.	1:47	9:09
Gary Price		
Dr. Robyn Metcalfe, lecturer, College of Natural Sciences at the University of Texas at Austin and author, Humans in Our Food.		
Agriculture, Career, Food Shortages, Supply Chain, Food Production, Personal Finance		
Metcalfe, Robyn - Human Ecology - CNS Directory		
Humans In Our Food by Robyn Metcalfe		
Food prices are reportedly expected to rise again in January		
Food Supply Chain USDA		
The Great Shortage: Restaurants Struggle to Find Materials, Food, and, Most of All, Labor - Eater		
STARRY NIGHT: THE EFFECTS OF LIGHT POLLUTION	Time	Duration
More than 80% of the world's population lives under light-polluted skies. Light pollution can impact sleep, health, and the environment. It also means the beautiful stars in our skies are clouded by the bright beams of lights all around us. We discuss the issue of light pollution and how stargazers can bring about change in their local communities.	12:55	9:10
Marty Peterson		
Paul Bogard, author, <i>To Know a Starry Night</i> ; Bettymaya Foote, director, engagement, International Dark Sky Association.		
Association.		
Association. Light Pollution, Environment, Astronomy, Education, Culture, History		
Association. Light Pollution, Environment, Astronomy, Education, Culture, History International Dark-Sky Association		
Association. Light Pollution, Environment, Astronomy, Education, Culture, History International Dark-Sky Association Light pollution map		
Association. Light Pollution, Environment, Astronomy, Education, Culture, History International Dark-Sky Association Light pollution map Flipping the switch on light pollution – POLITICO	Time	Duration
Association. Light Pollution, Environment, Astronomy, Education, Culture, History International Dark-Sky Association Light pollution map Flipping the switch on light pollution – POLITICO To Know A Starry Night — Paul Bogard	Time 23:05	Duration 3:23
Association. Light Pollution, Environment, Astronomy, Education, Culture, History International Dark-Sky Association Light pollution map Flipping the switch on light pollution – POLITICO To Know A Starry Night — Paul Bogard "SPIDER-MAN" NOSTALGIA We rewind back to 2002 to the very first "Spider-Man" movie starring a young Tobey Maguire and Kirsten Dunst.		
	 Induction Manager: Jason Dickey DUR RESILIENT FOOD SYSTEM & SUPPLY CHAIN O million people work within the food production industry in the U.S. The pandemic has altered this sector and esulted in many pressures placed on this population. This week – we highlight the people behind these various oles and the changing landscape of this 24/7 food supply chain. Harry Price Arr. Robyn Metcalfe, lecturer, College of Natural Sciences at the University of Texas at Austin and author, <i>Humans in Dur Food</i>. Igriculture, Career, Food Shortages, Supply Chain, Food Production, Personal Finance Metcalfe, Robyn - Human Ecology - CNS Directory Iumans In Our Food by Robyn Metcalfe ood prices are reportedly expected to rise again in January ood Supply Chain USDA he Great Shortage: Restaurants Struggle to Find Materials, Food, and, Most of All, Labor - Eater TARRY NIGHT: THE EFFECTS OF LIGHT POLLUTION Are than 80% of the world's population lives under light-polluted skies. Light pollution can impact sleep, health, nd the environment. It also means the beautiful stars in our skies are clouded by the bright beams of lights all round us. We discuss the issue of light pollution and how stargazers can bring about change in their local ommunities.	Intermediation Manager: Jason Dickey: Time O million people work within the food production industry in the U.S. The pandemic has altered this sector and soluted in many pressures placed on this population. This week – we highlight the people behind these various oles and the changing landscape of this 24/7 food supply chain. 1:47 Gary Price Intermediation of the college of Natural Sciences at the University of Texas at Austin and author, Humans in Dur Food. 1:47 Igriculture, Career, Food Shortages, Supply Chain, Food Production, Personal Finance Atecalfe, Robyn - Human Ecology - CNS Directory Iumans In Our Food by Robyn Metcalfe Image: Restaurants Struggle to Find Materials, Food, and, Most of All, Labor - Eater Time More than 80% of the world's population lives under light-polluted skies. Light pollution can impact sleep, health, nd the environment. It also means the beautiful stars in our skies are clouded by the bright beams of lights all round us. We discuss the issue of light pollution and how stargazers can bring about change in their local or 12:55



Program 22-03	Writers & Producers: Amirah Zaveri, Polly Hansen & Evan Rook		
Air Week: 1/16/22	Production Manager: Jason Dickey		
SEGMENT 1:	GET YOUR \$\$\$ IN ORDER	Time	Duration
Synopsis:	If an unexpected \$400 charge came up, it's estimated that 40% of Americans would struggle to pay this amount, according to data published in 2019 by the Federal Reserve. Life happens. Circumstances change. And that's why it is so important to be financially secure with savings, an emergency fund, investments and more. We speak with financial expert, Emily Guy Birken this week about how to start budgeting and saving.	1:47	10:35
Host:	Gary Price		
Guests:	Emily Guy Birken, financial expert, author of Stacked: Your Super Serious Guide to Money Management.		
Issues Covered:	Money Management, Economics, Personal Finance, Labor, Financial Technology		
Links:	Emily Guy Birken (@EmilyGuyBirken) / Twitter		
	emilyguybirken.com		
	Qube Money		
	Your Guide to How to Budget Money - NerdWallet		
SEGMENT 2:	AN ILLUSTRATOR'S ART	Time	Duration
Synopsis:	We speak with Tim O'Brien who has illustrated numerous magazine covers throughout the years. O'Brien discusses his career, the history of illustration and how the art form is used to convey a specific, singular moment or feeling that other mediums may not be able to capture.	14:24	7:40
Host:	Marty Peterson		
Guests:	Tim O'Brien, illustrator.		
Issues Covered:	Culture, Media, Career, Illustration, Arts, History, Comedy, Politics, Government		
Links:	Catalog of Portraits and Illustrations by Tim O'Brien for various magazines and publications		
	"The Story Behind TIME's Trump Chaos Cover" - TIME Magazine		
	@obrienillustration on Instagram		
CULTURE CRASH:	THE VIEWING EXPERIENCE	Time	Duration
Synopsis:	We binge and review some of the new movies we've missed in recent months, including a critique of "The Novice" and "Mass".	23:04	3:23
Host:	Evan Rook		
Issues Covered:	Culture, Film		



Program 22-04	Writers & Producers: Amirah Zaveri & Evan Rook		
Air Week: 1/23/22	Production Manager: Jason Dickey		
SEGMENT 1:	ADVANCEMENTS IN ANTI-AGING	Time	Duration
Synopsis:	By 2030, 74 million Baby Boomers in the U.S. will be 65 or older. As people age, this means bigger burdens on the healthcare system, senior housing and care. But, what if one day, we could slow down this process of biological aging? Two researchers from Northwestern University join us this week to share some of the latest innovations in the anti-aging field.	1:48	10:24
Host:	Gary Price		
Guests:	Dr. Douglas Vaughan, chair, Department of Medicine, Northwestern University Feinberg School of Medicine, inaugural director, Potocsnak Longevity Institute, Northwestern University Feinberg School of Medicine; Dr. Frank Palella, associate director, Potocsnak Longevity Institute, Northwestern University Feinberg School of Medicine, director, HIV & Aging Center, Potocsnak Longevity Institute.		
Issues Covered:	Technology, Health, Retirement, Aging, Medicine, Disease, Science		
Links:	Potocsnak Longevity Institute: Feinberg School of Medicine		
	Douglas E Vaughan : Faculty Profile		
	Frank J Palella: Faculty Profile		
	Resources Near You HHS.gov		
	Why these Amish live longer and healthier: an internal 'fountain of youth' - Northwestern Now		
	Metformin: A Potential Candidate for Targeting Aging Mechanisms		
SEGMENT 2:	A NEW PERSPECTIVE ON COOKING AT HOME	Time	Duration
SEGMENT 2: Synopsis:	A NEW PERSPECTIVE ON COOKING AT HOME Ever find yourself staring at a recipe and feeling completely lost or overwhelmed? Us too. Cooking doesn't have to be this big production, but can instead be a time to unwind, experiment and not always aim for perfection. Cookbook author Leanne Brown joins us this week to unpack how to become a calmer cook this year by planning ahead and setting new expectations.	Time 14:14	Duration 8:24
	Ever find yourself staring at a recipe and feeling completely lost or overwhelmed? Us too. Cooking doesn't have to be this big production, but can instead be a time to unwind, experiment and not always aim for perfection. Cookbook author Leanne Brown joins us this week to unpack how to become a calmer cook this year by planning		
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Synopsis: Host: Guests: Issues Covered:	Ever find yourself staring at a recipe and feeling completely lost or overwhelmed? Us too. Cooking doesn't have to be this big production, but can instead be a time to unwind, experiment and not always aim for perfection. Cookbook author Leanne Brown joins us this week to unpack how to become a calmer cook this year by planning ahead and setting new expectations. Marty Peterson Leanne Brown, expert, food studies, cookbook author, <i>Good Enough: Embracing the Joys of Imperfection and</i> <i>Practicing Self-Care in the Kitchen</i> . Mental Health, Health, Organization, Cooking, Diet, Literature Good Enough: A Cookbook: Embracing the Joys of Imperfection and Practicing Self-Care in the Kitchen Budget Bytes		
Synopsis: Host: Guests: Issues Covered: Links:	Ever find yourself staring at a recipe and feeling completely lost or overwhelmed? Us too. Cooking doesn't have to be this big production, but can instead be a time to unwind, experiment and not always aim for perfection. Cookbook author Leanne Brown joins us this week to unpack how to become a calmer cook this year by planning ahead and setting new expectations. Marty Peterson Leanne Brown, expert, food studies, cookbook author, <i>Good Enough: Embracing the Joys of Imperfection and</i> <i>Practicing Self-Care in the Kitchen</i> . Mental Health, Health, Organization, Cooking, Diet, Literature Good Enough: A Cookbook: Embracing the Joys of Imperfection and Practicing Self-Care in the Kitchen Budget Bytes Good and Cheap (PDF)	14:14	8:24
Synopsis: Host: Guests: Issues Covered: Links: CULTURE CRASH:	Ever find yourself staring at a recipe and feeling completely lost or overwhelmed? Us too. Cooking doesn't have to be this big production, but can instead be a time to unwind, experiment and not always aim for perfection. Cookbook author Leanne Brown joins us this week to unpack how to become a calmer cook this year by planning ahead and setting new expectations. Marty Peterson Leanne Brown, expert, food studies, cookbook author, <i>Good Enough: Embracing the Joys of Imperfection and</i> <i>Practicing Self-Care in the Kitchen</i> . Mental Health, Health, Organization, Cooking, Diet, Literature Good Enough: A Cookbook: Embracing the Joys of Imperfection and Practicing Self-Care in the Kitchen Budget Bytes Good and Cheap (PDF) BINGING THE ROM-COM SERIES "LOVE LIFE" The series, "Love Life" is a whimsical ride through the ups and downs of modern dating, relationships and finding	14:14 Time	8:24 Duration



Program 22-05	Writers & Producers: Amirah Zaveri, Polly Hansen & Evan Rook		
Air Week:	Production Manager: Jason Dickey		
1/30/22			
SEGMENT 1:	LIVING LIFE IN A 24/7 SOCIETY	Time	Duration
Synopsis:	We play many roles in life: coworker, manager, partner, parent, caregiver. The list is seemingly endless. It can be all too easy to get wrapped in these many roles and forget altogether about spending time on yourself as an individual. We speak with acclaimed writer and author, Eve Rodsky about the mental toll of our daily lives and how to get back to finding a balance.	1:48	9:08
Host:	Gary Price		
Guests:	Eve Rodsky, writer, author of Find Your Unicorn Space: Reclaim Your Creative Life in a Too Busy World.		
Issues Covered:	Mental Health, Self-Identity, Literature, Psychology, Parenting, Education		
Links:	Eve Rodsky (@eve_rodsky) / Twitter		
	Amazon.com: Find Your Unicom Space: Reclaim Your Creative Life in a Too-Busy World: 9780593328019: Rodsky, Eve: Books		
	Work and Well-being 2021 Survey report		
SEGMENT 2:	A COMPREHENSIVE GUIDE TO FANDOM	Time	Duration
Synopsis:	What was your favorite comic book series, video game or card game growing up? Depending on your age, it could have been Magic: The Gathering, Batman or Minecraft. In fact, you still could be a fan of these no matter what your age is. This week – we discuss the vast world of fandom and just what it means to be a part of this community.	12:58	9:27
Host:	Marty Peterson		
Guests:	Amy Ratcliffe, managing editor, Nerdist, author of A Kids Guide to Fandom: Exploring Fan-Fic, Cosplay, Gaming, Podcasting and More in the Geek World!; Liana, high school senior, Chicago.		
Issues Covered:	Community, Parenting, Personal Interest, Technology, Hobby, Arts, Entertainment, Comics		
Links:	Amy Ratcliffe (@amy_geek) / Twitter		
	A Kid's Guide to Fandom: Exploring Fan-Fic, Cosplay, Gaming, Podcasting, and More in the Geek World!		
	Fandom		
CULTURE CRASH:	THE DEBUT OF "SHIVA BABY"	Time	Duration
Synopsis:	New writer & director Emma Seligman is generating a lot of buzz across Hollywood. This week, we discuss her debut film, "Shiva Baby" that's now streaming on HBO Max.	23:35	3:05
Host:	Evan Rook		
Issues Covered:	Culture, TV		



Program 22-06	Writers & Producers: Amirah Zaveri & Evan Rook		
Air Week: 2/6/22	Production Manager: Jason Dickey		
SEGMENT 1:	SPIN, SWEAT, REPEAT: THE EVER-EVOLVING FITNESS INDUSTRY	Time	Duration
Synopsis:	It feels like the fitness market has more options than ever before. Between the rise of at-home fitness, traditional gyms and focused classes, consumers can pick and choose to workout whichever way they like. This week – we speak with two fitness experts about evolving trends in exercise and what's next.	1:47	9:39
Host:	Gary Price		
Guests:	Dr. David J. Miller, faculty member, School of Business, George Mason University; Dr. Glenn Gaesser, professor, exercise physiology, School of Health Solutions, Arizona State University.		
Issues Covered:	Business, Technology, Health, Fitness, Industry, Exercise, Community		
Links:	At-Home Fitness Poised to Grow Despite Peloton Slide, Analysts Say - Article published in Business Insider		
	Sweating Together Hardcover – May 24, 2022 Amazon.com Books		
	Miller, David J GMU School of Business		
	Glenn Gaesser - ASU College of Health Solutions		
SEGMENT 2:	THE HISTORY OF TIMEKEEPING	Time	Duration
Synopsis:	From sundials to mechanical clocks to atomic clocks, humans – throughout the centuries – have kept track of time using many different methods. Physics and astronomy professor Chad Orzel joins us this week to highlight just how much we rely on accurate clocks and how timekeeping technology has evolved across human history.	13:28	9:59
Host:	Marty Peterson		
Host: Guests:	Marty Peterson Chad Orzel, associate professor, physics and astronomy, Union College, author of A Brief History of Timekeeping: The Science of Marking Time, From Stonehenge to Atomic Clocks.		
	Chad Orzel, associate professor, physics and astronomy, Union College, author of A Brief History of Timekeeping: The		
Guests:	Chad Orzel, associate professor, physics and astronomy, Union College, author of A Brief History of Timekeeping: The Science of Marking Time, From Stonehenge to Atomic Clocks.		
Guests: Issues Covered:	Chad Orzel, associate professor, physics and astronomy, Union College, author of A Brief History of Timekeeping: The Science of Marking Time, From Stonehenge to Atomic Clocks. Archaeology, Innovation, Culture, History, Ancient Civilization, Invention		
Guests: Issues Covered:	Chad Orzel, associate professor, physics and astronomy, Union College, author of <i>A Brief History of Timekeeping: The Science of Marking Time, From Stonehenge to Atomic Clocks</i> . Archaeology, Innovation, Culture, History, Ancient Civilization, Invention A Brief History of Timekeeping - BenBella Books		
Guests: Issues Covered:	Chad Orzel, associate professor, physics and astronomy, Union College, author of <i>A Brief History of Timekeeping: The Science of Marking Time, From Stonehenge to Atomic Clocks</i> . Archaeology, Innovation, Culture, History, Ancient Civilization, Invention A Brief History of Timekeeping - BenBella Books No. 120: Su-Sung's Clock		
Guests: Issues Covered:	Chad Orzel, associate professor, physics and astronomy, Union College, author of A Brief History of Timekeeping: The Science of Marking Time, From Stonehenge to Atomic Clocks. Archaeology, Innovation, Culture, History, Ancient Civilization, Invention A Brief History of Timekeeping - BenBella Books No. 120: Su-Sung's Clock Chad Orzel (@orzelc) / Twitter	Time	Duration
Guests: Issues Covered: Links:	Chad Orzel, associate professor, physics and astronomy, Union College, author of <i>A Brief History of Timekeeping: The Science of Marking Time, From Stonehenge to Atomic Clocks</i> . Archaeology, Innovation, Culture, History, Ancient Civilization, Invention A Brief History of Timekeeping - BenBella Books No. 120: Su-Sung's Clock Chad Orzel (@orzelc) / Twitter Chad Orzel Physics and Astronomy Union College	Time 24:27	Duration 1:59
Guests: Issues Covered: Links: CULTURE CRASH:	Chad Orzel, associate professor, physics and astronomy, Union College, author of A Brief History of Timekeeping: The Science of Marking Time, From Stonehenge to Atomic Clocks. Archaeology, Innovation, Culture, History, Ancient Civilization, Invention A Brief History of Timekeeping - BenBella Books No. 120: Su-Sung's Clock Chad Orzel (@orzelc) / Twitter Chad Orzel Physics and Astronomy Union College A NEW TAKE ON A POPULAR SERIES The hit sitcom, "How I Met Your Mother" ran for nine seasons between 2005 and 2014. Now, producers are creating a new take on the original show with the launch of the series, "How I Met Your Father". We discuss if the new release		



Writers & Producers: Amirah Zaveri & Evan Rook		
Production Manager: Jason Dickey		
THE JOURNEY OF ADDICTION	Time	Duration
Substance abuse, or addiction, is a national crisis that's only continuing to worsen as new drugs enter the market and treatment has been disrupted due to the pandemic. Recovering addict Dr. Carl Erik Fisher joins us to share his own story with addiction and what can be done to improve treatment.	1:47	9:36
Gary Price		
Dr. Carl Erik Fisher, psychiatrist, assistant professor, Columbia University, author, The Urge: Our History of Addiction.		
Addiction, History, Mental Health, Substance Abuse, Medicine, Healthcare		
The Urge: Our History of Addiction Hardcover – January 25, 2022		
Carl Erik Fisher, MD (@DrCarlErik) / Twitter		
Carl E. Fisher, MD Columbia University Department of Psychiatry		
FindTreatment.gov		
SAMHSA's National Helpline		
THE MANY MODES OF TRANSPORTATION	Time	Duration
Dr. Susan Shaheen, a professor of civil and environmental engineering at the University of California-Berkeley, joins us this week to highlight the country's current infrastructure and what more needs to be done to promote greater citizen mobility with bikes, scooters and other non-motor modes of transportation.	13:25	9:59
Marty Peterson		
Dr. Susan Shaheen, professor, civil and environmental engineering at the University of California-Berkeley and co-director of Transportation Sustainability Research Center at the University of California-Berkeley.		
co-director of Transportation Sustainability Research Center at the University of California-Berkeley.		
co-director of Transportation Sustainability Research Center at the University of California-Berkeley. Infrastructure, Urban Design, Aging, Sustainability, Mobility, Environment, Transportation		
co-director of Transportation Sustainability Research Center at the University of California-Berkeley. Infrastructure, Urban Design, Aging, Sustainability, Mobility, Environment, Transportation Susan Shaheen Civil and Environmental Engineering		
co-director of Transportation Sustainability Research Center at the University of California-Berkeley. Infrastructure, Urban Design, Aging, Sustainability, Mobility, Environment, Transportation Susan Shaheen Civil and Environmental Engineering The Best Cities for Cyclists - The New York Times	Time	Duration
co-director of Transportation Sustainability Research Center at the University of California-Berkeley. Infrastructure, Urban Design, Aging, Sustainability, Mobility, Environment, Transportation Susan Shaheen Civil and Environmental Engineering The Best Cities for Cyclists - The New York Times Susan Shaheen (@SusanShaheen1) / Twitter	Time 23:55	Duration 2:31
co-director of Transportation Sustainability Research Center at the University of California-Berkeley. Infrastructure, Urban Design, Aging, Sustainability, Mobility, Environment, Transportation Susan Shaheen Civil and Environmental Engineering The Best Cities for Cyclists - The New York Times Susan Shaheen (@SusanShaheen1) / Twitter A FRESH TAKE ON "NIGHTMARE ALLEY" We discuss the new film, "Nightmare Alley" which is a remake of the 1947 film of the same title. It's filled with		
_	Production Manager: Jason Dickey THE JOURNEY OF ADDICTION Substance abuse, or addiction, is a national crisis that's only continuing to worsen as new drugs enter the market and treatment has been disrupted due to the pandemic. Recovering addict Dr. Carl Erik Fisher joins us to share his own story with addiction and what can be done to improve treatment. Gary Price Dr. Carl Erik Fisher, psychiatrist, assistant professor, Columbia University, author, The Urge: Our History of Addiction. Addiction, History, Mental Health, Substance Abuse, Medicine, Healthcare The Urge: Our History of Addiction Hardcover – January 25, 2022 Carl Erik Fisher, MD (@DrCarlErik) / Twitter Carl E. Fisher, MD [Columbia University Department of Psychiatry FindTreatment.gov SAMHSA's National Helpline Dr. Susan Shaheen, a professor of civil and environmental engineering at the University of California-Berkeley, joins us this week to highlight the country's current infrastructure and what more needs to be done to promote greater citizen mobility with bikes, scooters and other non-motor modes of transportation.	Production Manager: Jason Dickey Time THE JOURNEY OF ADDICTION Time Substance abuse, or addiction, is a national crisis that's only continuing to worsen as new drugs enter the market and treatment has been disrupted due to the pandemic. Recovering addict Dr. Carl Erik Fisher joins us to share his own story with addiction and what can be done to improve treatment. 1:47 Gary Price Dr. Carl Erik Fisher, psychiatrist, assistant professor, Columbia University, author, <i>The Urge: Our History of Addiction</i> . Addiction, History, Mental Health, Substance Abuse, Medicine, Healthcare The Urge: Our History of Addiction Hardcover – January 25, 2022 Carl Erik Fisher, MD (@DrCarlErik) / Twitter Carl E. Fisher, MD [Columbia University Department of Psychiatry FindTreatment.gov SAMHSA's National Helpline Time Dr. Susan Shaheen, a professor of civil and environmental engineering at the University of California-Berkley, joins us this week to highlight the country's current infrastructure and what more needs to be done to promote greater citizen mobility with bikes, scooters and other non-motor modes of transportation. 13:25



Program 22-08	Writers & Producers: Amirah Zaveri & Evan Rook		
Air Week:	Production Manager: Jason Dickey		
2/20/22			
SEGMENT 1:	FOSTERING CURIOSITY AND A GREATER PASSION FOR LEARNING EARLY ON	Time	Duration
Synopsis:	To fully understand many topics, experiences and encounters help to fully engrain what's being taught. We speak with an education expert and clinical psychologist this week about how to bring more curiosity, creativity and critical thinking to learning.	1:47	9:23
Host:	Gary Price		
Guests:	Dr. Joe Galasso, clinical psychologist, Baker Street Behavioral Health; Julie Bogart, home educator, mother, author, Raising Critical Thinkers: A Parent's Guide to Growing Wise Kids in the Digital Age.		
Issues Covered:	Parenting, Communication, Education, Technology, Child Development, Mental Health, Psychology		
Links:	Julie Bogart Author (@juliebravewriter) • Instagram photos and videos		
	Julie Bogart (@BraveWriter) / Twitter		
	Raising Critical Thinkers		
	Baker Street Behavioral Health About		
SEGMENT 2:	THE INTERESTING LEGACIES OF PAST U.S. PRESIDENTS	Time	Duration
Synopsis:	Ahead of Presidents Day on Monday, February 21, we highlight some of our past presidents and their accomplishments and failures. Ronald Gruner joins us this week to answer these questions and more.	13:12	10:17
Host:	Marty Peterson		
Guests:	Ronald Gruner, author, We the Presidents: How American Presidents Shaped the Last Century.		
Issues Covered:	American History, Literature, Politics, Government, Leadership, Culture, Domestic Policy		
Links:	We The Presidents		
	Amazon.com: We the Presidents: How American Presidents Shaped the Last Century		
	Presidents' Day 2022 - History, Date & Holiday		
CULTURE CRASH:	THIS YEAR'S BEST PICTURE NOMINEES	Time	Duration
Synopsis:	From Belfast to King Richard, we break down this year's highly anticipated list of Academy Award 'Best Picture' nominees. The Oscars will be held on March 27, 2022.	24:29	1:57
Host:	Evan Rook		
Issues Covered:	Culture, Film		



Program 22-09	Writers & Producers: Amirah Zaveri & Evan Rook		
Air Week:	Production Manager: Jason Dickey		
2/27/22			
SEGMENT 1:	THE COACHES THAT CHANGED THE GAME	Time	Duration
Synopsis:	Bowman was Phelps' longtime swimming coach who mentored Phelps since he was 11 years old. He was there every step of the way in Phelps' athletic career, crafting him into the Olympic swimming superstar he is today. It makes you wonder – where would many of the top athletes be today without the coaches who guided, motivated and supported them?	1:47	10:15
Host:	Gary Price		
Guests:	Justin Spizman, sportswriter, author of Coach: The Greatest Teachers in Sports and Their Lessons for Us All.		
Issues Covered:	Leadership, Sports, Culture, Career, Global Affairs, Sports History		
Links:	Coach by Justin Spizman Abbeville Press		
	4 Quotes From Olympic Coaches That Can Make You a Better Leader Inc.com		
	Vince Lombardi		
SEGMENT 2:	THE LARGER APPEAL OF "HARRY POTTER"	Time	Duration
Synopsis:	The Harry Potter series is one of the most beloved stories of all time, unlocking a world of wizarding magic, adventure and intrigue to millions of young readers. We discuss how its unconventional storyline and character development can shift thinking and teach real life lessons to young and old readers alike.	14:04	9:22
Host:	Marty Peterson		
Guests:	Amy Hogan, media manager, MuggleNet.com; Mimi Gladstein, English & Literature professor at University of Texas at El Paso, and author of the essay, <i>Feminism and Equal Opportunity: Hermione and the Women of Hogwarts</i> .		
Issues Covered:	Pop Culture, Literature, Child Development, Education, Feminism		
Links:	MuggleNet		
	1 Wizarding World Resource Since 1999 (@MuggleNet) / Twitter		
	Mimi Gladstein - UTEP Faculty Profile		
	How Harry Potter changed the world - Vox		
	What we can learn from Hermione Granger, the smartest witch of her age		
CULTURE CRASH:	NOSTALGIA OF MUSIC IN SUPER BOWL HALFTIME SHOW	Time	Duration
Synopsis:	This year's Super Bowl halftime show featuring Eminem, Dr. Dre, Snoop Dogg and Mary J. Blige was an instant hit. It was a blast to the past and reinvigorated that the nostalgic music of our younger years will always hold a special place in our hearts.	24:26	2:00
Host:	Evan Rook		
Issues Covered:	Culture, Music, Sports		



Program 22-10	Writers & Producers: Amirah Zaveri & Evan Rook		
Air Week: 3/6/22	Production Manager: Jason Dickey		
SEGMENT 1:	URBAN WILDLIFE: AN INFLUX OF NEW NEIGHBORS	Time	Duration
Synopsis:	Countless different species of wildlife were driven out of cities centuries ago, but in recent decades have begun returning in greater numbers and adapting to the human-centric infrastructure. Two wildlife experts join us this week to highlight how we can both coexist in these settings.	1:47	10:49
Host:	Gary Price		
Guests:	Dr. Peter Alagona, associate professor, environmental studies, University of California – Santa Barbara, author of <i>The Accidental Ecosystem: People and Wildlife in American Cities</i> ; Dr. Stanley Gehrt, professor, wildlife ecology, The Ohio State University.		
Issues Covered:	Environment, Urban Development, Wildlife, Ecology, American History		
Links:	The Accidental Ecosystem by Peter S. Alagona - Hardcover - University of California Press		
	DNA Shows At Least Three Large Black Bears Are Breaking Into Tahoe Homes, Not Just 'Hank the Tank' Smart News Smithsonian Magazine		
	Peter Alagona Environmental Studies Program		
	Stanley D. Gehrt SENR		
	Urban Coyote Research Project		
SEGMENT 2:	THE PANG OF REGRET	Time	Duration
SEGMENT 2.		Time	Durution
Synopsis:	Regret is an all-too-common feeling that's simply part of life, but it's what we learn from our mistakes that matters. Writer Daniel Pink joins us this week to break down the intricacies of this emotion and share how people can avoid self-pity and constructively move forward.	14:36	8:41
Host:	Marty Peterson		
Guests:	Daniel Pink, writer, author, The Power of Regret: How Looking Backward Moves Us Forward.		
Issues Covered:	Career, Mental Health, Emotional Wellness, Personal Growth and Development, Psychology, Communication		
Links:	Regret Psychology Today		
	The Power of Regret: How Looking Backward Moves Us Forward: Pink, Daniel H.: 9780735210653: Amazon.com: Books		
	Daniel Pink: Great Leaders Share Their Failures With Their Teams		
CULTURE CRASH:	NEVER GETTING TIRED OF THE FILM, "THE PRESTIGE"	Time	Duration
Synopsis:	The Prestige was released in 2006 and features some of Hollywood's biggest names, including Christian Bale, Hugh Jackman and Michael Caine. We discuss why it's a remarkable movie that never gets old watch after watch.	24:17	2:09
Host:	Evan Rook		
Issues Covered:	Culture, Film		



Air Weeks 3/13/22 Production Manager: Jason Dickey Tme Duration SEGMENT 1: AMORE SUPPORTIVE MENTAL HEALTH SYSTEM Tme Duration Signessia The isolation of the pandemic has taken a big toll on young people as rates of depression, anxiety and other mentallal disorders have sharply risen in children and adolescents. What are the key areas that need to be fixed? Why is mental health just as important as physical health? We answer these questions and more this week on Viewpoints. 1-47 9-34 Hots: Gery Price Dr. Thomas inset, psychiaths: neuroscientist, former head, National Institute of Mental Health (NMMH), author of <i>Healing: Unr Philor From Mental Health Stock National Institute of Mental Health (NMMH), author of <i>Healing: Unr Philor From Mental Health Stock National Health Health, Dr. Vale Wright, psychologist, senior director, Health Care <i>Healing: Cur Philor From Mental Health Policy, Technology, Public Health, Dr. Vale Wright, psychologist, senior director, Health Care <i>Healing: Dur Philor From Mental Health Policy, Technology, Public Health Health, Husurace, Policy, Science</i> IV IV Units: Learn more about mental health (PMM: National Allance on Mental Hillness SAMESAS National Heighte Reteriet/p IV IV IV What American Mental Health Care Is Missing - The Atlantic Healthy: Dur Path from Mental allance to Mental Health Hardcover IIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIII</i></i></i>	Program 22-11	Writers & Producers: Amirah Zaveri & Evan Rook		
The isolation of the pandemic has taken a hig toll on young people as rates of depression, anxiety and other mental disorders have sharply risen in children and addrescents. What are the key areas that need to be fixed? Why is in mental health just as important as physical health? We answer these questions and more this week on Viewpoints. 1.47 9.34 Hott: Gary Price Dr. Thomas insel, psychiatrist, neuroscientist, former head, National Institute of Mental Health (NIMH), author of Facility on Path From Mental Illness to Mental Health, Dr. Valie Wright, psychologist, senior director, Health Care Innovation, American Psychological Association. Issues Covered: Psychology, Innovation, Health Policy, Technology, Public Health, Mental Health, Insurance, Policy, Science Issues Covered: Psychology, Innovation, Health Policy, Technology, Public Health, Mental Health, Insurance, Policy, Science Immoviation, American Mental Health [NAMI: National Alliance on Mental Illness SAMHSA's National Helpine Immoviation Immoviation Immoviation Immoviation Immoviation Immoviation 13.22 9.56 Sympopis: profescor Dr. Christian Vom Lehn joins us to break down what's fueling these continued price hikes and how the Invasion of Utame by Russia may make certain goods and services pricer. 13.22 9.56 Host: Marty Peterson Immovies Up 7.5%. What's next? Economics Consumerism, Personal Finance, Labor, Manufacturing Immovies Up 7.5% percent over year ended January 2022. Fieldena Reserve Chair Pieldges to Bing Inflation Under Control - The New York Times		Production Manager: Jason Dickey		
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Guess: Dr. Tomas Insel, psychiatrist, neuroscientist, former head, National Institute of Mental Health (NIMH), author of Healing: Our Path From Mental Illness to Mental Health, Neural Health, Insurance, Policy, Science Image: Psychology, Innovation, Health Policy, Technology, Public Health, Mental Health, Insurance, Policy, Science Links: Learn more about mental health NAMI: National Alliance on Mental Illness SAMHSA's National Helpine BetterHelp What American Mental Health Care Is Missing - The Atlantic Healing: Our Path from Mental Illness to Mental Health Hardcover SEGMENT 2 THE ECONOMIC SQUEEZE OF INFLATION Time Duration Synopsia: Between January 2021 and January 2022, prices across the board went up by 7.5%. What's next? Economics Invasion of Ukraine by Russia may make certain goods and services prider. 13.22 9.56 Synopsia: Dr. Christian Vom Lehn Jassistant professor, economics, Brigham Young University; Carrie Leonard, suburban Chicago resident. 13.22 9.56 Insuss Coverest: Inflation, Economics, Consumerism, Personal Finance, Labor, Manufacturing 13.22 9.56 Culturet CRASH: Christian vom Lehn Consumer prices up 7.5 percent over year ended January 2022 13.22 9.56 Culturet CRASH: Inflation, Economics, Consumerism, Personal Finance, Labor, Manufacturing 13.22 9.56 Culturet CRASH: Inflation, Econ	Synopsis:	disorders have sharply risen in children and adolescents. What are the key areas that need to be fixed? Why is	1:47	9:34
Suests: Healing: Cur Path From Mental Illeass to Mental Health; Dr. Valle Wright, psychologist, senior director, Health Care Issues Covered: Psychology, Innovation, Health Policy, Technology, Public Health, Mental Health, Insurance, Policy, Science Links: Learn more about mental health NAMI: National Alliance on Mental Illness SAMHSA'S National Helpine BetterHelp What American Mental Health Care Is Missing - The Atlantic Healing: Our Path from Mental Illness to Mental Health Hardcover SEGMENT 2: THE ECONOMIC SQUEEZE OF INFLATION Time Duration Sympsis: Between January 2021 and January 2022, prices across the board went up by 7.5%. What's next? Economics professory Dr. Christian Vom Lehn jons us to break down what's fueling these continued price hikes and how the invasion of Ukraine by Russia may make certain goods and services prider. 13:22 9:56 Sympsis: Between January 2021, mol January 2022, prices across the board went up by 7.5%. What's next? Economics 13:22 9:56 Sympsis: Dr. Christian Vom Lehn jons us to break down what's fueling these continued price hikes and how the invasion of Ukraine by Russia may make certain goods and services prider. 13:22 9:56 Links: Christian Vom Lehn assistant professor, economics, Brigham Young University: Carrie Leonard, suburban Chicago resident. 13:22 9:56 Links: Christian Vom Lehn Consumerism, Personal Finance, Lab	Host:	Gary Price		
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What American Mental Health Care Is Missing - The Atlantic Healing: Our Path from Mental Illness to Mental Health Hardcover SEGMENT 2: THE ECONOMIC SQUEEZE OF INFLATION Time Duration Synopsis Between January 2021 and January 2022, prices across the board went up by 7.5%. What's next? Economics professor Dr. Christian Vom Lehn joins us to break down what's fueling these continued price hikes and how the invasion of Ukraine by Russia may make certain goods and services pricier. 13:22 9:56 Marty Peterson Dr. Christian Vom Lehn, assistant professor, economics, Brigham Young University; Carrie Leonard, suburban Chicago resident. Inflation, Economics, Consumerism, Personal Finance, Labor, Manufacturing Verson Verson Verson Susues Covered: Inflation, Economics, Consumerism, Personal Finance, Labor, Manufacturing Verson Verson Verson Culture CRASH: Christian vom Lehn Consumer prices up 7.5 percent over year ended January 2022 Federal Reserve Chair Pledges to Bring Inflation Under Control - The New York Times Time Duration Culture CRASH: GetTINE BACK TO THE 90S Time 24:18 2:10 Heat Keravel back in time to the 1990's as author Chuck Klosterman joins Culture Crash to highlight the iconic culture, media and politics of this infamous decade. 24:18 2:10 Heat Evan Rook Verson Verson		SAMHSA's National Helpline		
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Guests: Dr. Christian Vom Lehn, assistant professor, economics, Brigham Young University; Carrie Leonard, suburban Chicago resident. Issues Covered: Inflation, Economics, Consumerism, Personal Finance, Labor, Manufacturing Links: Christian vom Lehn Consumer prices up 7.5 percent over year ended January 2022 Federal Reserve Chair Pledges to Bring Inflation Under Control - The New York Times CULTURE CRASH: GETTING BACK TO THE 90S We travel back in time to the 1990's as author Chuck Klosterman joins Culture Crash to highlight the iconic culture, media and politics of this infamous decade. 24:18 Host: Evan Rook 21:0	Synopsis:	professor Dr. Christian Vom Lehn joins us to break down what's fueling these continued price hikes and how the	13:22	9:56
Guests: Chicago resident. Issues Covered: Inflation, Economics, Consumerism, Personal Finance, Labor, Manufacturing Links: Christian vom Lehn Consumer prices up 7.5 percent over year ended January 2022 Federal Reserve Chair Pledges to Bring Inflation Under Control - The New York Times CULTURE CRASH: GETTING BACK TO THE 90S Ye ravel back in time to the 1990's as author Chuck Klosterman joins Culture Crash to highlight the iconic culture, media and politics of this infamous decade. Host: Evan Rook	Host:	Marty Peterson		
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Consumer prices up 7.5 percent over year ended January 2022 Federal Reserve Chair Pledges to Bring Inflation Under Control - The New York TimesTimeDurationCULTURE CRASH:GETTING BACK TO THE 90STimeDurationSynopsis:We travel back in time to the 1990's as author Chuck Klosterman joins Culture Crash to highlight the iconic culture, media and politics of this infamous decade.24:182:10Host:Evan RookEvan RookEvan RookEvan RookEvan Rook	Issues Covered:	Inflation, Economics, Consumerism, Personal Finance, Labor, Manufacturing		
Federal Reserve Chair Pledges to Bring Inflation Under Control - The New York Times Time Duration CULTURE CRASH: GETTING BACK TO THE 90S Time Duration Synopsis: We travel back in time to the 1990's as author Chuck Klosterman joins Culture Crash to highlight the iconic culture, media and politics of this infamous decade. 24:18 2:10 Host: Evan Rook Evan Rook Evan Rook Evan Rook	Links:	Christian vom Lehn		
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Synopsis: media and politics of this infamous decade. Host: Evan Rook	CULTURE CRASH:	GETTING BACK TO THE 90S	Time	Duration
	Synopsis:		24:18	2:10
Issues Covered: Culture, History	Host:	Evan Rook		
	Issues Covered:	Culture, History		



Program 22-12	Writers & Producers: Amirah Zaveri & Evan Rook		
Air Week: 3/20/22	Production Manager: Jason Dickey		
SEGMENT 1:	THE EXPANDING LANDFILL IN SPACE	Time	Duration
Synopsis:	From weather forecasting to cellular coverage to global imaging, we heavily rely on space satellites in our day to day lives. We discuss the serious issue of human-created space debris and what's being done to curb this problem before it reaches catastrophic levels.	1:47	8:43
Host:	Gary Price		
Guests:	Dr. Jonathon McDowell, astronomer, astrophysicist, Center for Astrophysics at Harvard and the Smithsonian; Dr. Moriba Jah, associate professor, aerospace engineering, engineering mechanics, University of Texas – Austin, co- founder, chief scientist, Privateer Space.		
Issues Covered:	Environment, Waste Management, Space Exploration, Science, Technology		
Links:	Center for Astrophysics (Harvard & Smithsonian) - Jonathan McDowell		
	Jonathan McDowell (@planet4589) / Twitter		
	Moriba K. Jah		
	mission.privateer.com		
	ClearSpace		
SEGMENT 2:	PAVING A NEW FUTURE FOR CLASSICAL MUSIC	Time	Duration
Synopsis:	Less than 2% of all classical musicians are African American. Two classical music experts join us this week to help us understand the barriers for entry into classical music and how those in the field are helping younger populations gain exposure and greater access to the genre.	12:33	10:57
Host:	Marty Peterson		
Guests:	Brendan Slocumb, professional violinist, music educator, author of <i>The Violin Conspiracy</i> ; Afa S. Dworkin, president, artistic director, Sphinx.		
Issues Covered:	Education, Career, Arts, Diversity, Music, Social Equity, Nonprofit, Literature		
Links:	Sphinx Organization		
	About Me — Brendan Slocumb		
	Classical Music Had A Race Problem 20 Years Ago. It Still Does Cognoscenti		
CULTURE CRASH:	THE DARKER "BATMAN"	Time	Duration
Synopsis:	"The Batman" starring Robert Pattinson has dominated box office charts the last couple of weeks. We discuss if the new take on the classic franchise is worth the hype.	24:30	1:57
Host:	Evan Rook		
Issues Covered:	Culture, Film		



Program 22-13	Writers & Producers: Amirah Zaveri & Evan Rook		
Air Week: 3/27/22	Production Manager: Jason Dickey		
SEGMENT 1:	CARING FOR AN AGING POPULATION	Time	Duration
Synopsis:	More than 54 million Americans ages 65 or older are living in the U.S. today. This accounts for almost 17 percent of the total population. This number is only set to rise over the next two decades as millions more baby boomers transition into this next phase of life. As this population further ages, many will require care. So often we talk about the healthcare system and the patients themselves, but what about the caregivers who provide these services? In many cases, this role falls on family members' shoulders, and for this group, it can be all too easy to quickly lose sight of personal health, wellness and relationships. We discuss the ups and downs of caregiving in a world that can feel isolating and hard to navigate.	1:47	9:33
Host:	Gary Price		
Guests:	Dr. Santo D. Marabella, author, <i>Lessons of Caring: Inspiration and Support for Caregivers</i> ; Erik Stoll, co-director, America (film).		
Issues Covered:	Senior Care, Aging, Healthcare, Relationships, Health		
Links:	Family Caregiver Alliance		
	América – Documentary Film		
	AARP Resources for Caregivers and their Families		
	Caregiver Support USAGov		
	Family Caregiver Alliance		
SEGMENT 2:	Family Caregiver Alliance WHEN THE GUILTY ARE MARKED AS INNOCENT	Time	Duratior
SEGMENT 2: Synopsis:		Time 13:22	Duration 9:58
	WHEN THE GUILTY ARE MARKED AS INNOCENT Why do we believe one person but believe another is lying? This week, author Sarah Weinman joins us as we discuss		Duratior 9:58
Synopsis:	WHEN THE GUILTY ARE MARKED AS INNOCENT Why do we believe one person but believe another is lying? This week, author Sarah Weinman joins us as we discuss the story of one American man in the 1950's who was able to dupe millions and get released from prison.		
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