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Alan Archer AMS Certified Consulting Meteorologist

This is Heartland Happenings, your guide to local events throughout the community:

The Circle Theatre is offering Tai Chi Classes every Monday with Ray Drury from 9 to 10 AM. The cost is \$10.00 per class with all proceeds to benefit Champion for Children.

Dust off your dancing shoes and head over to Circle Theatre for Couples Dance Lessons on Thursday nights in May. The cost is \$5.00 per person and classes are taught by instructors from Carmela's Rhythm. For more information call 382-1029.

The Law Enforcement Torch Run for Special Olympics will be held in Sebring on Friday, May 2nd at 7:30 AM as the Flame of Hope makes its way across Florida. The Torch Run will start at Publix South and end at Veteran's Beach. Come and support Highlands County Law Enforcement and make a donation to Special Olympics. For more information call Cindy Ritenour at 402-7206.

Grace Bible Church invites you to the 6th Annual Travis O'Bannon Memorial Golf Tournament on Saturday, May 3rd with a shotgun start at 8 AM. For more information call 385-4830 ext. 1

The March of Dimes March for Babies walk will be held at Highlands Hammock State Park on Saturday, May 3rd with registration at 8 AM. To sign up or join a team visit www.marchforbabies.org

Explosion Drama Team will hold a fundraiser on Saturday, May 3rd at Dee's Place. Doors open at 5 PM with refreshments and snacks. The Drama Service will be held at 6 PM.

Lake Placid High School presents Gallery Walk and Concert 2014 on Tuesday, May 6th from 6 to 8 PM. This event is open to the public and admission is free.

Kokomo 2014 will be held at the Island View Restaurant on Friday, May 9th from 6 to 11 PM. Tickets are \$45.00 and proceeds will benefit Ridge Area Arc. RSVP now by calling 452-1295.

The Girls Gone Wine Festival will be held in Downtown Sebring on Friday, May 9th from 5 to 8 PM and Saturday, May 10th from 10 AM to 4 PM. General admission is free. Tickets are \$25.00 per person for the special cheese and wine tasting and tickets are available at Dogtown USA. For more information visit www.GirlsGoneWineFest.com

Highlands Little Theatre presents "13" May 9th through May 11th. For tickets and more information call 382-2525 or visit www.highlandslittletheatre.org

A Mother's Day 5K will be held on Saturday, May 10th at Highlands Hammock State Park starting at 8 AM. Check in by 7:30 AM. For more information email Cherie.Starr@AHSS.org

Friends of Highlands Hammock State Park presents Music in the Park featuring Quasimojo with 70's and 80's Rock 'n Roll on Saturday, May 17th. Bring chairs or blankets. Concert admission is \$5.00 with kids 12 and under admitted free. For more information call 386-6094.

The Dirty Dozen & Half Dozen Fun Mud Run will be held at the National Guard Armory in Avon Park on Saturday, May 24th. The Packet Pick Up Party will be held on Friday, May 23rd at Crossfit Sebring at 1560 Lakeview Drive. For more information visit www.ddozen.com

The Running for Autism 5K will be held at Highlands Hammock State Park on Saturday, July 19th starting at 7:30 AM. For more information visit Autistic Footprints on Facebook.

The American Legion Post 74 invites you to The Pink Poker Run - Ride for the Cure on October 11th with line up at 10 AM. Come and enjoy the poker run, games, bake sale, raffles, and much more. For more information call Mollie 863-214-3932.

The Sebring Shrine Club on Rt. 17 North will host live bands every Thursday from 6 to 8 PM. Come enjoy eclectic sounds every week from vintage country, gospel, bluegrass and more. Donations are taken at the door to help support Children's Hospitals and Burn Centers.

The Sebring Saturday Night Cruise will be held on the Circle in Sebring the 2nd Saturday of each month from 5 to 8 PM with classic cars, live entertainment, delicious food and more. For more information visit www.SebringCruise.com

The Highlands Social Center, at 3400 Sebring Parkway invites you to breakfast, lunch and to enjoy entertainment by Dan Patrick every Wednesday from 9 AM to 3 PM for only \$6.00. For more information call 386-0752.

The Highlands Social Center will host

"Starburst and Champagne" Bingo every Friday. Doors open at 11 AM with lunch served. Games start at 1 PM. The Highlands Social Center is located at 3400 Sebring Parkway. For more information call 386-0752.

Civil Air Patrol Highlands County Composite Squad meets every 2nd and 4th Monday of the month. The Cadets meet every Tuesday at 6:30 PM. All meetings are held at 128 Authority Lane at the Sebring Airport. For more information call 772-708-1526.

Drive-In or Fly-In Pancake Breakfast is held from 7:30 to 10:30 every 2nd Saturday monthly at Sebring Regional Airport. The cost is \$6.00 for once through and \$8.00 for all you can eat and proceeds benefit Young Eagles. For more information call 655-6444.

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The Avon Park Depot Museum is open 10 AM to 3 PM on Wednesday, Thursday and Friday. The museum will also be open the first Saturday of each month. For more information call 453-3525.

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The Highlands County Sherriff's Office and the Lake Placid High School Student Government will be holding a Bicycle Drive during the month of April to collect bikes to be used during summer camp. For more information call Lake Placid High School SGA at 699-5010.

A free Home Canning Workshop will be held on Saturday, April 26th at 8 AM at the Highlands County Agricultural Center. Call 402-6540 for more information and to register.

Dental Care of Mid Florida presents Clays for Kids to benefit Big Brothers Big Sister on Saturday, April 26th from 8 AM to 1 PM at Square One Sporting Clays. Square One is located at 7500 SR 70 in Lake Placid. For more information call Kiko at 402-9001.

Operation Medicine Cabinet will be held on Saturday, April 26th from 10 AM to 2 PM. Please bring your expired, unwanted or unused prescription medication for safe disposal. Drop off locations include Sebring Police Department, Lake Placid Police Department and both substations. For more information call 402-7211.

The Bluegrass Blueberry Festival will be held on Saturday, April 26th from 10 AM to 4 PM at Donaldson Park in Downtown Avon Park. Come and enjoy live bluegrass music, BBQ chicken dinners, fresh blueberries and blueberry products, contests, kids zone and much more. For more information visit www.aprotaryblueberryfestival.com

The Sebring High Cheerleaders are selling Vidalia Onions. 10 pound bags for \$10.00 and 25 pound bags for \$20.00. Orders will be taken through Wednesday, April 30th. For more information see any SHS Cheerleader or call Wendy McSheffrey at 381-8770.

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Carmela's Rhythm will hold a fundraiser on Friday, April 18th from 6 to 9 PM at McDonalds in Avon Park. On Saturday, April 19th they will hold a yard sale fundraiser at 2523 US 27 South from 6 AM to 12 PM. Proceeds will benefit the Boys and Girls Club.

The Downtown Community Sidewalk Garage Sale will be held on Saturday, April 19th on the Circle from 7 AM to 1 PM. For more information call 382-2649.

Sun N Lake presents an Easter Festival on

Saturday, April 19th from 9 AM to 1 PM at the Sun N Lake Recreation Complex. Admission is \$2.00 per person. The Dash and Dye is sold out, you can come cheer at 9 AM for the runners and enjoy the festivities. For more information call 382-2196.

Desoto City Volunteer Fire Department will host their annual Easter Egg Hunt on Saturday, April 19th. The fun and games begin at 9 AM, egg hunt at 10 AM and the Easter Bunny will arrive between 9 and 10 AM. The festivities will be held at Station #19 located at 6800 West George Boulevard in Sebring. Call 386-6755 for more information.

Grace Bible Church will hold their Annual Famfest Eggstravagnza on Saturday, April 19th at Firemen's Field. Gates open at 9:30 AM with tons of family activities. BBQ or hotdog lunch will be available to purchase.

A family Easter celebration will be held from 10 AM to noon on Saturday, April 19th at St. John United Methodist Church. Come and enjoy egg hunt, crafts, snacks, cake walk and the Easter story. The church is located at 3214 Grand Prix Drive. For more information call 382-1736.

Lake Placid Temple Church of God will host a giant egg hunt with 10,000 eggs, bounce houses, games and grilled hamburger and hot dog lunches on Saturday, April 19th from 10 AM to 2 PM. The church is located at 51 Lake June Road. For more information call 465-4931.

Henscratch Farms 6th Annual Easter

Festival will be held on Saturday, April 19th from 10 AM to 2 PM with fun for the whole family. Enjoy the Easter Egg Hunt at 11AM, pictures with the Easter Bunny, hayrides, and much more. The winery is located at 980 Henscratch Road. For more information call 699-2060.

Circle Theatre invites children ages 3 to 10 to enjoy an Easter Egg Hunt and Ice Cream with the Easter Bunny on Saturday, April 19th at 11 AM. The cost is \$5.00. Proceeds will benefit the Champion for Children Foundation. For more information call 382-1029.

Heartland Horses and Handicapped will host an Easter Egg Hunt on Saturday, April 19th from 11 AM to 3 PM with 3 egg hunts, pony rides, bounce houses and food and drink available to purchase. A donation of \$5.00 will be collected to benefit Heartland Horses and Handicapped located at 118 West College Drive. For more information call 452-0006.

Tanglewood will host a line dance on Saturday, April 19th from 6 to 9 PM at the clubhouse. Admission is \$2.00 for residents and guests. Proceeds will benefit the Sebring Battered Women's Shelter. Donations of paper products and clothing will also be accepted.

Friends of Highlands Hammock State Park presents Music in the Park featuring Rick Arnold with favorite oldies from the 50's, 60's and 70's on Saturday, April 19th from 7 to 9 PM. Bring chairs or blankets. Concert admission is \$5.00 with kids 12 and under admitted free. For more information call 386-6094.

The Hallelujah egg hunt will be held at 11 AM on Sunday, April 20th Sebring Church. The church is located at 4514 Hammock Road.

Celebrate Earth Day 2014 on Tuesday, April 22nd from 8 AM to 12:15 PM at the Bert J. Harris Agricultural Center. enjoy special informative sessions and learn more about Mother Earth. Admission is free. For reservations or more information call 402-6540.

An Earth Day Celebration will be held on Tuesday, April 22nd starting at 11 AM at the newly renovated Sadie Kahn Park on North Ridgewood Drive. For more information visit www.DowntownSebring.org

Come play Bunco at the Highlands Shrine Club on Tuesday, April 22nd at 11:30 AM. The cost is \$4.00 per person. The Shrine Club is located at 2604 SR 17 South. For more information call 863-991-1298.

The Bluegrass Blueberry Festival will be held on Saturday, April 26th from 10 AM to 4 PM at Donaldson Park in Downtown Avon Park. Come and enjoy live bluegrass music, BBQ chicken dinners, fresh blueberries and blueberry products, contests, kids zone and much more. For more information visit www.aprotaryblueberryfestival.com

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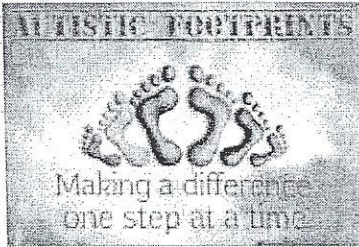
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Running for Autism 5k

Saturday July 19, 2014

Highlands Hammock State Park

5931 Hammock Road, Sebring FL 33872

Race Starts 7:30am SHARP! Check in by 7:00am

\$20 Entry Fee, before July 11th

\$30 Late Entry Fee, after July 12th

Name _____

Address _____

City _____ State _____ Zip _____

Home Phone _____ Work Phone _____

Email _____ M or F _____ Age on race day _____

All mail entries must be received July 14th. Please mail entry form and checks payable to:

Autistic Footprints-PO Box 2220, Lake Placid, FL 33862

Waiver: I understand that participating in a 5k run is a potentially hazardous activity, which could cause injury or death. I should not enter and participate unless I am medically able and properly trained. By my signature, I certify that I am medically able to performing this event, am in good health and am properly trained. I agree to abide by any decision of the event officials) relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with participating in this event, including but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and conditions of the road. I understand that skateboards, roller skates/bikes or animals are not allowed in this event and I will abide by this guideline. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release Autistic Footprints and all employees, volunteers, and sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

****Only the first 200 registrants will receive a fantastic goodie bag****

Participant Signature: (parent or legal guardian if participant is under 18)

Print Name

Date

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Sebring Regional Airport will host a Pancake Drive-in/Fly-in on Saturday, April 12th from 8 AM to 11 AM. This event is sponsored by the Heartland EAA Chapter 1240 and proceeds will benefit youth aviation education programs. For more information call 863-273-0522.

Cammie Lester, Shelby Dressel, Trace and Ashdon Dennison will take the stage at Circle Theatre on the Circle in Sebring on Saturday, April 12th at 7 PM. For tickets and information call 863-273-2861 or visit www.cammielester.com

Sun N Lake presents Dash and Dye 5K Color Run and Easter Festival on Saturday, April 19th from 9 AM to 1 PM at the Sun N Lake Recreation Complex. The 5K Color Run fees are \$12.00 for children and \$15.00 for adults. Admission to the Easter Festival is \$2.00 per person. For more

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Ozone and ages 13/14 baseball registration is being held now through March 28th. For more information call 471-2007 or visit www.sebringyouthbaseball.com

Highlands Little Theatre presents The Fox on the Fairway now through March 30th. For tickets and more information call 382-2525 or visit www.highlandslittletheatre.org

Tryouts for the Avon Park Breakfast Rotary "Highlands County Got Talent" are being held now. The talent show will be held on Saturday, April 5th at Our Lady of Grace Catholic Church. For more information regarding tryouts or tickets call 862-368-0286.

On Friday, March 28th from 1 to 5 PM Bill Jarrett Ford in Avon Park will host a Blood Drive. All donors will receive a t-shirt and a wellness checkup. Find out more at www.oneblooddonor.org

The Lake Placid Sr. FFA 3rd Annual Cornhole Tournament will be held at Roger Scarborough Field on Friday, March 28th with registration at 5:30 PM in

conjunction with the Lake Placid Alumni BBQ. For more information call 699-5010.

The Avon Park 35th Annual Springtime on the Mall will held on Friday, March 28th and Saturday, March 29th. The "Mall Festival" will include pancake breakfast, arts, crafts and food vendors on Main Street. There will be bounce house and much more. For more information call 453-3350.

Lake Placid High School Project Graduation 2014 will hold a fundraiser Golf Tournament on Saturday, March 29th at Placid Lake Golf Course. Registration starts at 7 AM with a shot gun start at 8 AM. For more information call Charlotte at 633-8450.

Home Run for Habitat 5K Run/Walk will be held at Highlands Hammock State Park on Saturday, March 29th at 8 AM. ~~The entry fee through March 22nd is \$15.00 after and through race day is \$20.00.~~ All proceeds benefit Habitat for Humanity. For more information call 385-7156.

The Aktion Club of Highlands County will hold Diaper Dump Day on Saturday, March 29th from 8 AM to Noon in front of Florida Hospital. Proceeds will help needy babies in Highlands County. For more information call 452-1295, ext.124.

First Baptist Church of Lake Placid will host a full day video conference filled with live music and extraordinary speakers on Saturday, March 29th from 8 AM to 4:30 PM. ~~Register online before March 26th for \$15.00 or \$20.00 at the door.~~ Lunch and snacks are included. For more information visit www.fbclp.com

Amvets Post 21 will host a Welcome Home

Vietnam Veterans Day Celebration on Saturday, March 29th at 1 PM with live music, food and fun. Everyone is welcome to attend. Please bring a dish to share. The Post is located at 623 US 27 South in Sebring.

The Avon Park Breakfast Rotary and the Avon Park CRA present Music on the Mall on Saturday, March 29th at the Band Stand from 5 to 8 PM. Bring your chair and come enjoy a night of fun and music by Ransom. Food and drinks will be available to purchase and don't miss the Chili Cook Off Contest.

The VFW Post 9853 in Avon Park presents Crazy Carol Dinner and Show on Saturday, March 29th. Dinner starts at 5 PM and the show starts at 7 PM. Tickets for dinner and the show are \$15.00 and show only tickets are \$10.00.

The Orchid Society of Highlands County will hold it's annual orchid show "20 Years of Orchids" on Saturday, March 29th and Sunday, March 30th at the Bert J Harris Jr. Agricultural Center at 4509 George Boulevard in Sebring. The show is open 10 AM to 5 PM on Saturday and 10 AM to 4 PM on Sunday. Admission is \$3.00 per person. Children 12 and under are free. For more information call Pete at 699-1575 or Lori at 414-3381.

Johnson and Johnson Wood Products Inc. will hold a Bird Expo at 5948 State Road 66 in Sebring on March 30 from 9 AM to 4 PM. Birds, cages, toys, food and much more will be available. For more information call 385-1966.

The Highlands County Sherriff's Office and the Lake Placid High School Student

Government will be holding a Bicycle Drive during the month of April to collect bikes to be used during summer camp. For more information call Lake Placid High School SGA at 699-5010.

Avon Park Lakes Baptist Church presents The Word Closer to Home with Priscilla Shirer on Saturday, April 5th from 10 AM to 5:30 PM. \$20.00 per person includes lunch and a listening guide. For more information call 452-6556.

The Greater Sebring Chamber of Commerce will hold the Spring Golf Classic on Saturday, April 5th at Sun N Lake Golf Club with a shotgun start at 8:30 AM. For more information call 385-8448.

The Sebring Gun Show will be held April 5th and 6th at the Highlands County Fairgrounds with hundreds of exhibits, giveaways and much more. Doors open at 9 AM. For more information visit www.patriotshows.com

Cornerstone Christian Academy, located on the grounds of Avon Park Lakes Baptist Church will host an Open House on Sunday, April 6th at 2 PM. For more information call Jenny Cornell at 453-0894.

Sun N Lake presents Dash and Dye 5K Color Run and Easter Festival on Saturday, April 19th from 9 AM to 1 PM at the Sun N Lake Recreation Complex. The 5K Color Run fees are \$12.00 for children and \$15.00 for adults. Admission to the Easter Festival is \$2.00 per person. For more information call 382-2196.

The Sebring High Cheerleaders are selling Vidalia Onions. 10 pound bags for \$10.00

and 25 pound bags for \$20.00. Orders will be taken through Wednesday, April 30th. For more information see any SHS Cheerleader or call Wendy McSheffrey at 381-8770.

The Sebring Shrine Club on Rt. 17 North will host live bands every Thursday from 6 to 8 PM. Come enjoy eclectic sounds every week from vintage country, gospel, bluegrass and more. Donations are taken at the door to help support Children's Hospitals and Burn Centers.

The Sebring Saturday Night Cruise will be held on the Circle in Sebring the 2nd Saturday of each month from 5 to 8 PM with classic cars, live entertainment, delicious food and more. For more information visit www.SebringCruise.com

The Highlands Social Center, at 3400 Sebring Parkway invites you to breakfast, lunch and to enjoy entertainment by Dan Patrick every Wednesday from 9 AM to 3 PM for only \$6.00. For more information call 386-0752.

The Highlands Social Center will host "Starburst and Champagne" Bingo every Friday. Doors open at 11 AM with lunch served. Games start at 1 PM. The Highlands Social Center is located at 3400 Sebring Parkway. For more information call 386-0752.

Drive-In or Fly-In Pancake Breakfast is held from 7:30 to 10:30 every 2nd Saturday monthly at Sebring Regional Airport. The cost is \$6.00 for once through and \$8.00 for all you can eat and proceeds benefit Young Eagles. For more information call 655-6444.

The Sebring Saturday Night Cruise will be

held the second Saturday of each month on the circle in Sebring. See classic cars, enjoy entertainment, food and much more. For more information, visit www.SebringCruise.com

The Highlands Shrine Club will host a pancake breakfast from 8 to 10 AM for \$4.00, flea market and produce sale every Saturday. The Flea Market is open every Friday, Saturday and Sunday from 7 AM to 1 PM. The HSC is located at 2604 State Road 17 South in Avon Park. For more information call 382-2208.

The Avon Park Depot Museum is open 10 AM to 3 PM on Wednesday, Thursday and Friday. The museum will also be open the first Saturday of each month. For more information call 453-3525.

That's Heartland Happenings. If your group or organization has an event coming up, please let us know. Fax your information to 863-382-1982, or you can mail your information to Heartland Happenings, c/o Cohan Radio Group, 3750 US 27N, Suite 1, Sebring, FL 33870. Keep it here on your favorite Cohan Radio Group Radio Station.

Cohan Radio Group 3750 U.S. 27 N, Sebring, FL 33870 Office Line: 863.382.9999 Fax: 863.382.1982

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This is Heartland Happenings, your guide to local events throughout the community:

The Circle Theatre is offering Tai Chi Classes every Monday with Ray Drury from 9 to 10 AM. The cost is \$10.00 per class with all proceeds to benefit Champion for Children.

Willy Wonka Jr. presented by Simple Acts United Children's Theatre at the Circle Theatre on Friday, April 4th at 7 PM and Saturday, April 5th at 2 and 7 PM. For tickets and more information call 382-~~1027~~ 1029 or visit www.simple-acts.org

Tryouts for the Avon Park Breakfast Rotary "Highlands County Got Talent" are being held now. The talent show will be held on Saturday, April 5th at Our Lady of Grace Catholic Church. For more information regarding tryouts or tickets call 862-368-0286.

The Highlands County Sherriff's Office and the Lake Placid High School Student Government will be holding a Bicycle Drive during the month of April to collect bikes to be used during summer camp. For more information call Lake Placid High School SGA at 699-5010.

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Sebring Regional Airport will host a Pancake Drive-in/Fly-in on Saturday, April 12th from 8 AM to 11 AM. This event is sponsored by the Heartland EAA Chapter 1240 and proceeds will benefit youth aviation education programs. For more information call 863-273-0522.

Cammie Lester, Shelby Dressel, Trace and Ashdon Dennison will take the stage at Circle Theatre on the Circle in Sebring on Saturday, April 12th at 7 PM. For tickets and information call 863-273-2861 or visit www.cammielester.com

Sun N Lake presents Dash and Dye 5K Color Run and Easter Festival on Saturday, April 19th from 9 AM to 1 PM at the Sun N Lake Recreation Complex. The 5K Color Run fees are \$12.00 for children and \$15.00 for adults. Admission to the Easter Festival is \$2.00 per person. For more information call 382-2196.

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