Issues Today Most-Covered Issues (1st Quarter, 2014)

- 1. Health
- 2. Education
- 3. Economy
- 4. Big Government
- 5. Communication
- 6. Youth
- 7. Environment
- 8. Consumerism
- 9. Volunteerism
- 10. Gangs

There were a total of 34 issues covered this quarter.

Date Aired: 15 14 Time Aired: 70000 Length: 28 Min.

1. Phil DeMuth, Financial Advisor and Author

He gave some investment tips for the new year. He also talked about reassessing an all-cash position.

Issues covered:

- 1. Economy
- 2. Education
- 2. Sue Nothstine, Educator and Parent Adviser

She discussed ways teachers and parents can communicate better. She also commented on common core and national education guidelines.

Issues covered:

- 1. Education
- 2. Parenting
- 3. Meridan Zerner, Registered Dietician and Wellness Professional

She talked about the importance of eye health. She gave some advice on how good dietary supplements can help to slow degenerative diseases.

- 1. Health
- 2. Seniors

Date Aired: 112 4 Time Aired: 7000 Length: 28 Min.

1. Paul Kita, Senior Editor, Men's Health Magazine

He talked about deceptive food labeling and how it is affecting eating habits. He also discussed the need for more clarity for consumers.

Issues covered:

- 1. Food Labelling
- 2. Health
- 2. Louis Navellier, CEO of Navellier Growth

He commented on the bitcoin philomenon. He discussed his concern that it is being marketing in a misleading way and many buyers could lose money.

Issues covered:

- 1. Economy
- 2. Crime
- 3. Mark Pastin, Founder and CEO of Council of Ethical Organizations

He talked about how organizations can become more ethical. He said the main goal is to make sure they put out factual information, not just spin.

- 1. Consumerism
- 2. Big Government

Date Aired: 1914 Time Aired: 7000 Length 28 Min.

1. Matt Iseman, TV Personality and Arthritis Spokesperson

He talked about his work in educating the public about Rheumatoid Arthritis. He also discussed injecting humor into the health debate.

Issues covered:

- 1. Health
- 2. Education
- 2. David DeLugas, Founder of National Association of Parents

He gave a history of the organization and their mission. He also talked about the need for more parenting rights.

Issues covered:

- 1. Parenting
- 2. Youth
- 3. Jordan Tabach-Bank, CEO of Beverly Hills Loan Co.

He detailed how pawn shops in high income areas are doing well because of the bad economy. He also talked about the type of customers they have.

- 1. Personal Debt
- 2. Consumerism

Date Aired: 174 Time Aired: 7000 Length: 28 Min.

1. Tippi Hedrin, Actress and Animal Activist

She detailed why owning an exotic cat or lion is dangerous. She also talked about her work with the Shambala Preserve that takes in stranded animals.

Issues covered:

- 1. Animal Safety
- 2. Volunteerism
- 2. Anthony Belotti, Founder of White Coat Waste Project

He gave a brief history of the organization that focuses on alleged fraud in animal research going on at universities.

Issues covered:

- 1. Animal Testing
- 2. Big Government
- 3. Donna Skeels Cygan, CPA and Author of "The Joys of Financial Security"

She discussed the relationship between money and happiness. She also gave some tips on budgeting and saving money.

- 1. Economy
- 2. Parenting

Date Aired: 21214 Time Aired: 7000

1. Tom North, Beardsley Family Member and Author

He discussed child abuse that occurred in the Beardsley family. He also talked about the CASA programs that are located throughout the country.

Issues covered:

- 1. Child Abuse
- 2. Parenting
- 2. Barbara Reich, Author of "Secreted of an Organized Mom"

She detailed some ideas on how to get better organized. She also talked about how to decrease stress.

Issues covered:

- 1. Youth
- 2. Stress
- 3. Jim Hamilton, Author of "It's All About Her"

He gave some tips on how to have a happy marriage. He also discussed ways to increase communication in the relationship.

- 1. Communication
- 2. Marriage Counseling

Date Aired: 29 HTime Aired: 70 Length: 28 Min.

1. Dr. Joan Friedman, Author of "The Same But Different"

She revealed truths and myths about twins. She also talked about family values.

Issues covered:

- 1. Communication
- 2. Family Values
- 2. Richard Hansler, Dir. Of Lighting Innovations Inst., Carroll Univ.

He discussed how some forms of blue light can be dangerous to health. He also talked about alternative lighting sources.

Issues covered:

- 1. Health
- 2. Environment
- 3. Dr. Dudley Danoff, Urologist and Author

He gave some tips on how to keep romance alive in people over the age of 50. He also talked about prostate cancer.

- 1. Seniors
- 2. Health

Date Aired: 7000 Time Aired: 7000 Length: 28 Min.

1. John Horvat, Author of "Return to Order"

He talked about the "twitter down" economy and how people get too much information from sound bites. He also called for greater personal responsibility.

Issues covered:

- 1. Economy
- 2. Ethics
- 2. Peter Leeds, Author of "Penny Stocks for Dummies"

He discussed the economic ramifications of the legalization of marijuana. He also talked about high taxes.

Issues covered:

- 1. Economy
- 2. Fraud
- 3. Dr. Chester Wilk, Chiropractor and Health Expert

He discussed legal cases regarding health care in the United States. He also talked about the effects of big government.

- 1. Health
- 2. Big Government

Date Aired: 23/14 Time Aired: 7000 Length: 28 Min.

1. Robert Mazur, President of Chase and Associates

He discussed the collusion between the U.S. government and drug cartels. He also commented on the legalization of marijuana.

Issues covered:

- 1. Drug Abuse
- 2. Crime
- 2. Dr. Elaine Ferguson, Physician and Author

She gave some tips on how people can have a less sedentary lifestyle. She also talked about the effects of the environment on health.

Issues covered:

- 1. Health
- 2. Environment
- 3. Michael Piraino, CEO of Court Appointed Special Advocates

He talked about the CASA programs that are spread out throughout the United States and how they help youths in foster care. He also talked about their volunteer training programs.

- 1. Youth
- 2. Volunteerism

Date Aired: 3 2 14 Time Aired: 7000

1. Marc Mero, Ex-WWE Wrestler and Youth Motivator

He discussed the growing problem of bullying. He also talked about the growing trend of teenage suicide.

Issues covered:

- 1. Suicide
- 2. Youth
- 2. Dr. Helayne Waldman, Holistic Health Educator

She detailed healthy eating alternatives with those with breast cancer. She also talked about the need for better health education.

Issues covered:

- 1. Health
- 2. Education
- 3. Dr. Nancy Buck, Parenting Specialist

She debated the worth of corporal punishment. She also talked about reliable parenting techniques.

- 1. Parenting
- 2. Youth

Date Aired: 3914 Time Aired: 7000

1. Michael Song, Computer Hacking Prevention Expert

He detailed the growing threat of computer hacking. He also gave some tips on how to avoid problems.

Issues covered:

- 1. Internet Safety
- 2. Communication
- 2. Stephanie Collins, Special News Parenting Expert

She described her experiences as a parent of two special needs kids. She also talked about the need for more support groups for parents.

Issues covered:

- 1. Disabled Rights
- 2. Parenting
- 3. Dr. Sanjay Jain, Physician of Integrative Medicine

He gave a blueprint on how anyone can lead a healthier life. He also talked about the need for better communication from the medical profession to patients.

- 1. Health
- 2. Communication

Date Aired: 3/16/14 Time Aired: 10000 Length: 28 Min.

1. Frank Vernuccio, Broadcast Attorney

He commented on the controversy surrounding the proposed FCC survey of newsrooms. He also talked about the overreach of big government.

Issues covered:

- 1. First Amendment
- 2. Big Government
- 2. Sandy Botkin, Founder of Tax Reduction Institute

He detailed some tips that will help to reduce tax liabilities. He also talked about some states that are better at lowering taxes.

Issues covered:

- 1. Big Government
- 2. Taxes

3. Dr. Suzy Cohen, Pharmacist

She disclosed information that will help those who are considering flu shots. She also talked about the need for better health information.

- 1. Health
- 2. Consumerism

Date Aired: 3/23/14 Time Aired: 10000 Length: 28 Min.

1. Dr. Brent Bradley, Marriage Counselor and Author

He gave tips on how people can improve their relationships. He talked about the need for better communication.

Issues covered:

- 1. Divorce
- 2. Communication
- 2. Nigel Williamson, Youth Mentor and Author

He gave his story of his rise from a gang member to a successful student. He also talked about the need for more youth mentors.

Issues covered:

- 1. Gangs
- 2. Youth
- 3. Jim Tarpey, Founder of Donate for a Cause

He detailed how people can get rid of unwanted timeshares by donating them to charity. He also talked about the pros and cons of purchasing them.

- 1. Gangs
- 2. Youth

Date Aired: 3/30/14 Time Aired: 7000

1. Nick Davis, Spokesperson for Americans for Agrion

He discussed the need for more alternative energy. He also commented on other conservation measures being used.

Issues covered:

- 1. Alternative Energy
- 2. Conservation
- 2. David Porter, College Recruitment Expert

He talked about new college campus construction efforts that are utilizing more socially-active open areas. He also talked about the need for better communication among students.

Issues covered:

- 1. Education
- 2. Youth
- 3. Dr. Steve Shrewsbury, DNA Expert

He discussed new research that is altering DNA to stop disease. He also talked about the need for a better environment.

- 1. Health
- 2. Environment

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Certified Consulting
Meteorologist

HEARTLAND HAPPENINGS

This is Heartland Happenings, your guide to local events throughout the community:

The Circle Theatre is offering Tai Chi Classes every Monday with Ray Drury from 9 to 10 AM. The cost is \$10.00 per class with all proceeds to benefit Champion for Children.

Ozone and ages 13/14 baseball registration is being held now through March 28th. For more information call 471–2007 or visit www.sebringyouthbaseball.com

Highlands Little Theatre presents The Fox on the Fairway March 19th through March 30th. For tickets and more information call 382–2525 or visit www.highlandslittletheatre.org

St. Agnes Episcopal Church will host a Spaghetti Supper on Thursday, March 20th from 4:30 to 6:30 PM. The menu includes spaghetti and meatballs, salad, bread, ice cream, cookies, and tea or coffee. Tickets are \$8.00 and \$5.00 for kids under 12. Tickets are available from parishioners or at the door.

Tryouts for the Avon Park Breakfast Rotary "Highlands County Got Talent" are being held now. The talent show will be held on Saturday, April 5th at Our Lady of Grace Catholic Church. For more information regarding tryouts or tickets call 368–0286.

Sebring Christian Church will host the

Wild Wacky Olympics with fun games, a bounce house, free hotdogs and drinks and much more on Friday, March 21st from 5 to 8 PM. The church is located at 4514 Hammock Road. For more information call 382–6676.

The 26th Annual Avon Park Mall Festival 5K will be held on Saturday, March 22nd starting at 8:00 AM at the Baptist Youth Center on Verona Avenue. For more information call Chet Brojek at 385–4736.

The Lake Placid DeMolay Leadership
Youth Group will celebrate their chapter's
Ist anniversary by sponsoring Delray
Plant's Relay for Life Team on Saturday,
March 22nd from 8 AM to 2 PM at the
Masonic Lodge on Main Avenue. Come
and purchase gourmet soup, bread, and
homemade deserts while enjoying games,
clowns, music by the Lake Placid High
School Band and much more.

Post 74 of the American Legion will host their 8th Annual Al Stow Memorial Golf Tournament on Saturday, March 22nd with a shotgun start at 8:30 AM. Proceeds will benefit the American Legion Sebring High School Scholarship Fund. For more information call 471–1448.

The Lake Placid Moose Riders will hold their 3rd Annual Poker Run to benefit the Champion for Children Foundation on Saturday, March 22nd starting at 8:30 AM at the Lake Placid Moose Lodge. The event is open to the public and includes food, door prizes, vendors, silent auction, live band and much more.

Faith Lutheran Church Golf Tournament will be held on Saturday, March 22nd starting at 9 AM at Spring Lake Golf and Tennis Resort. For more information call Charlie Riley at 655–5555. Proceeds will benefit Faith Lutheran Child Development Center Scholarship Fund and Faith's Closet Food Pantry.

A Poker Run sponsored by the Sons of the Amvets Post 21 in Sebring will be held to benefit our wounded troops at L.H.C.P The cost is \$15.00 per person and sign up starts at 9:30 AM on Saturday, March 22nd. For more information call George Gray at 863–314–9117.

Henscratch Farms and Winery will host a Spring Fling on Saturday, March 22nd from 10 AM to 2 PM featuring live music by the Fiddle Pickin' Band, u-pick strawberries, wine, tours, and much more. For more information call 699–2060.

Six Gun Country Music Showcase featuring John Conlee, TG Sheppard.
David Frizzell, Janie Fricke and Moore & Moore will be held at the Arcadia Rodeo Arena on Saturday, March 22nd from 1 to 5 PM. For more information call 863–494–2432.

Friends of Highlands Hammock presents Music in the Park with GrooVus live on stage in the picnic area on Saturday, March 22nd from from 7 to 9 PM. Tickets are \$5.00 per person. For more information call 386–6094.

Sebring's Relay for Life Final Team Party will be held on Tuesday, March 25th at 6 PM at Sebring Christian Church on Hammock Road. This meeting will cover campsite locations and themes. The team that has the most members will win a special prize. For more information call Jerri Kaplan at 214–6970.

The 35th Annual Springtime on the Mall will held on Friday, March 28th and Saturday, March 29th. The "Mall Festival" will include pancake breakfast, arts, crafts and food vendors on Main Street. There will be bounce house and much more. For more information call 453–3350.

Lake Placid High School Project
Graduation 2014 will hold a fundraiser
Golf Tournament on Saturday, March 29th
at Placid Lake Golf Course. Registration
starts at 7 AM with a shot gun start at 8
AM. For more information call Charlotte at
633–8450.

Home Run for Habitat 5K Run/Walk will be held at Highlands Hammock State Park on Saturday, March 29th at 8 AM. The entry fee through March 22nd is \$15.00 after and through race day is \$20.00. All proceeds benefit Habitat for Humanity. For more information call 385-7156.

The Aktion Club of Highlands County will hold Diaper Dump Day on Saturday, March 29th from 8 AM to Noon in front of Florida Hospital. Proceeds will help needy babies in Highlands County. For more information call 452–1295, ext.124.

First Baptist Church of Lake Placid will host a full day video conference filled with live music and extraordinary speakers on Saturday, March 29th from 8 AM to 4:30 PM. Register online before March 26th for \$15.00 or \$20.00 at the door. Lunch and snacks are included. For more information visit www.fbclp.com

The Avon Park Breakfast Rotary and the Avon Park CRA present Music on the Mall on Saturday, March 29th at the Band Stand from 5 to 8 PM. Bring your chair and come enjoy a night of fun and music by Ransom. Food and drinks will be available to purchase and don't miss the Chili Cook Off Contest.

The VFW Post 9853 in Avon Park presents Crazy Carol Dinner and Show on Saturday. March 29th, Dinner starts at 5 PM and the show starts at 7 PM. Tickets for dinner and the show are \$15.00 and show only tickets are \$10.00.

Johnson and Johnson Wood Products Inc. will hold a Bird Expo at 5948 State Road 66 in Sebring on March 30 from 9 AM to 4 PM. Birds, cages, toys, food and much more will be available. For more information call 385-1966.

The Highlands County Sherriff's Office and the Lake Placid High School Student Government will be holding a Bicycle Drive during the month of April to collect bikes to be used during summer camp. For more information call Lake Placid High School SGA at 699-5010.

Avon Park Lakes Baptist Church presents The Word Closer to Home with Priscilla Shirer on Saturday, April 5th from 10 AM to 5:30 PM. \$20.00 per person includes lunch and a listening guide. For more information call 452-6556.

The Greater Sebring Chamber of Commerce will hold the Spring Golf Classic on Saturday, April 5th at Sun N Lake Golf Club with a shotgun start at 8:30 AM. For more information call 385-8448.

The Sebring Gun Show will be held April 5th and 6th at the Highlands County Fairgrounds with hundreds of exhibits, giveaways and much more. Doors open at 9 AM. For more information visit www.patriotshows.com

Sun N Lake presents Dash and Dye 5K Color Run and Easter Festival on Saturday, April 19th from 9 AM to 1 PM at the Sun N Lake Recreation Complex. The 5K Color Run fees are \$12.00 for children and \$15.00 for adults. Admission to the Easter Festival is \$2.00 per person. For more information call 382–2196.

The Sebring Shrine Club on Rt. 17 North will host live bands every Thursday from 6 to 8 PM. Come enjoy eclectic sounds every week from vintage country, gospel, bluegrass and more. Donations are taken at the door to help support Children's Hospitals and Burn Centers.

The Sebring Saturday Night Cruise will be held on the Circle in Sebring the 2nd Saturday of each month from 5 to 8 PM with classic cars, live entertainment, delicious food and more. For more information visit www.SebringCruise.com

The Highlands Social Center, at 3400 Sebring Parkway invites you to breakfast, lunch and to enjoy entertainment by Dan Patrick every Wednesday from 9 AM to 3 PM for only \$6.00. For more information call 386-0752.

The Highlands Social Center will host "Starburst and Champagne" Bingo every Friday. Doors open at 11 AM with lunch served. Games start at 1 PM. The Highlands Social Center is located at 3400 Sebring Parkway. For more information call 386–0752.

Drive-In or Fly-In Pancake Breakfast is held from 7:30 to 10:30 every 2nd Saturday monthly at Sebring Regional Airport. The cost is \$6.00 for once through and \$8.00 for all you can eat and proceeds benefit Young Eagles. For more information call 655-6444.

The Sebring Saturday Night Cruise will be held the second Saturday of each month on the circle in Sebring. See classic cars, enjoy entertainment, food and much more. For more information, visit www.SebringCruise.com

The Highlands Shrine Club will host a pancake breakfast from 8 to 10 AM for \$4.00, flea market and produce sale every Saturday. The Flea Market is open every Friday, Saturday and Sunday from 7 AM to 1 PM. The HSC is located at 2604 State Road 17 South in Avon Park. For more information call 382–2208.

The Avon Park Depot Museum is open 10 AM to 3 PM on Wednesday, Thursday and Friday. The museum will also be open the first Saturday of each month. For more information call 453–3525.

That's Heartland Happenings. If your group or organization has an event coming up, please let us know. Fax your information to 863-382-1982, or you can mail your information to Heartland Happenings, c/o Cohan Radio Group, 3750 US 27N, Suite 1, Sebring, FL 33870. Keep it here on your favorite Cohan Radio Group Radio Station.

Cohan Radio Group 3750 U.S. 27 N, Sebring, FL 33870 Office Line: 863.382.9999 Fax: 863.382.1982

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The 62nd Annual Mobile One 12 Hours of Sebring will be held at Sebring International Raceway March 12th through March 15th. For more information call 800–626–7223 or visit www.sebringraceway.com

Destination Downtown Wine Walk will be held on the circle in Sebring on Friday. March 14th starting at 5 PM at Linda's Books. Enjoy wine while strolling through beautiful downtown Sebring. Come back on Saturday, March 15th for the monthly Downtown Sidewalk Garage Sale on and around the circle from 7 AM to 1 PM. For more information visit www.downtownsebring.org

Eastside Christian Church of Lake Placid invites all elementary aged children to their Spring Break Bible School March 17th through March 21st from 9 to 11 AM. The theme is SonQuest Rainforest. The church is located at 101 Peace Avenue. For more information call 465–7065.

St. Agnes Episcopal Church will host a Spaghetti Supper on Thursday, March 20th from 4:30 to 6:30 PM. The menu includes spaghetti and meatballs, salad, bread, ice cream, cookies, and tea or coffee. Tickets are \$8.00 and \$5.00 for kids under 12. Tickets are available from parishioners or at the door.

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The Church of the Brethren presents the Rockingham Male Chorus in a Sacred Concert on Friday, March 7th at 7 PM. The church is located at 700 South Pine Street in Sebring.

Lorida Church of God of Prophecy will hold a Yard Sale on Friday. March 7th and Saturday, March 8th with at dinner on Saturday. The church is located 1808 Highway 98 in Lorida.

The 86th Annual Arcadia All Florida Championship Rodeo will be held March 7th, 8th, and 9th. For tickets and more information call 800–749–7333 or visit www.arcadiarodeo.com

The Highlands County YMCA presents Family Fun Day sponsored by Dee's Place on Saturday, March 8th from 9 AM to 1 PM at the Max Long Fields YMCA Soccer Field. The cost is \$3.00 per person and kids 2 and under admitted free. All proceeds benefit The Strong Kids Campaign. For more information call the YMCA at 382–9622.

The Sebring Hall of Fame and Gold's Gym presents the 5th Annual Run the Track –

3.74 mile course on Saturday, March 8th at 7:45 AM. For more information call 655–1442 ext.205 or visit www.sebringraceway.com

The annual Highlands Ridge Elegant Junque Sale will be held on Saturday, March 8th from 8 AM to noon. The sale will be held at 3003 East Fairway Vista Drive.

First Christian Church of Sebring will be hosting a Rummage Sale on Saturday, March 8th. Donations of items for the sale are being accepted at the office from 9 AM to noon. Items can be dropped off at 510 Poinsettia Avenue in Sebring.

Wells Motor Company in Avon Park will host their 17th Annual Car Show with free admission on Saturday, March 8th from 9 AM to 2 PM. Over 150 classic and custom cars and trucks from all over the state will be on display. For more information call 453–6644.

The Lake Placid Noon Rotary presents
Death by Chocolate on Saturday, March
8th from 6 to 10 PM at the American
Legion in Lake Placid. Tickets are \$25.00
per person or \$40.00 per couple. Discover
chocolate you never dreamed of at a
chocolate celebration with entertainment
by Tom McGannon.

The Sebring Saturday Night Cruise will be held on Saturday, March 8th on the circle in Sebring. See classic cars, enjoy entertainment, food and much more. For more information, visit www.SebringCruise.com

The Wacaster Family will appear at the Lake Placid Temple Church of God on Sunday, March 9th at 10:30 AM. The church is located at 51 Lake June Road. For more information call 465–4931.

Experience Sebring International Raceway from the driver's point of view on Sunday, March 9th from 11 AM to 3 PM during this year's Ride the Race Track. Tickets are \$15.00 in advance and \$20.00 at the gate.

Destination Downtown Wine Walk will be held on the circle in Sebring on Friday, March 14th starting at 5 PM. Enjoy wine while strolling through beautiful downtown Sebring. For more information visit www.downtownsebring.org

Sebring Christian Church will host the Wild Wacky Olympics with fun games, a bounce house, free hotdogs and drinks and much more on Friday, March 21st from 5 to 8 PM. The church is located at 4514 Hammock Road. For more information call 382–6676.

A Poker Run sponsored by the Sons of the Amvets Post 21 in Sebring will be held to benefit our wounded troops at L.H.C.P The cost is \$15.00 per person and sign up starts at 9:30 AM on Saturday, March 22nd. For more information call George Gray at 863–314–9117.

Six Gun Country Music Showcase featuring John Conlee, TG Sheppard, David Frizzell, Janie Fricke and Moore & Moore will be held at the Arcadia Rodeo Arena on Saturday, March 22nd from 1 to 5 PM. For more information call 863–494–2432.

Friends of Highlands Hammock presents Music in the Park with GrooVus live on stage in the picnic area on Saturday, March 22nd from from 7 to 9 PM. Tickets are \$5.00 per person. For more information call 386–6094.

Lake Placid High School Project
Graduation 2014 will hold a fundraiser
Golf Tournament on Saturday, March 29th
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AM. For more information call Charlotte at
633–8450.

Home Run for Habitat 5K Run/Walk will be held at Highlands Hammock State Park on Saturday, March 29th at 8 AM. The entry fee through March 22nd is \$15.00 after and through race day is \$20.00. All proceeds benefit Habitat for Humanity. For more information call 385–7156.

The Avon Park Breakfast Rotary and the Avon Park CRA present Music on the Mall on Saturday, March 29th at the Band Stand from 5 to 8 PM. Bring your chair and come enjoy a night of fun and music by Ransom. Food and drinks will be available to purchase and don't miss the Chili Cook Off Contest.

The VFW Post 9853 in Avon Park presents Crazy Carol Dinner and Show on Saturday, March 29th. Dinner starts at 5 PM and the show starts at 7 PM. Tickets for dinner and the show are \$15.00 and show only tickets are \$10.00.

Sun N Lake presents Dash and Dye 5K Color Run and Easter Festival on Saturday, April 19th from 9 AM to 1 PM at the Sun N Lake Recreation Complex. The 5K Color Run fees are \$12.00 for children and \$15.00 for adults. Admission to the Easter Festival is \$2.00 per person. For more information call 382-2196.

The Sebring Shrine Club on Rt. 17 North

will host live bands every Thursday from 6 to 8 PM. Come enjoy eclectic sounds every week from vintage country, gospel, bluegrass and more. Donations are taken at the door to help support Children's Hospitals and Burn Centers.

The Sebring Saturday Night Cruise will be held on the Circle in Sebring the 2nd Saturday of each month from 5 to 8 PM with classic cars, live entertainment, delicious food and more. For more information visit www.SebringCruise.com

The Highlands Social Center, at 3400 Sebring Parkway invites you to breakfast, lunch and to enjoy entertainment by Dan Patrick every Wednesday from 9 AM to 3 PM for only \$6.00. For more information call 386–0752.

The Highlands Social Center will host "Starburst and Champagne" Bingo every Friday. Doors open at 11 AM with lunch served. Games start at 1 PM. The Highlands Social Center is located at 3400 Sebring Parkway. For more information call 386–0752.

Drive-In or Fly-In Pancake Breakfast is held from 7:30 to 10:30 every 2nd Saturday monthly at Sebring Regional Airport. The cost is \$6.00 for once through and \$8.00 for all you can eat and proceeds benefit Young Eagles. For more information call 655-6444.

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The Avon Park Depot Museum is open 10 AM to 3 PM on Wednesday, Thursday and Friday. The museum will also be open the first Saturday of each month. For more information call 453–3525.

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HEARTLAND HAPPENINGS

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Avon Park Chamber of Commerce

Greater Lake Placid Chamber of Commerce

Employment Opportunities

EEO Public File Report

Continental Weather Corporation

Alan Archer AMS Certified Consulting Meteorologist This is Heartland Happenings, your guide to local events throughout the community:

The Sports Car Vintage Racing Association kicks off its season with the Spring Vintage Classic at Sebring International Raceway Friday, February 28th through Sunday, March 2nd. For tickets or more information call 817–521–5158 or visit www.svra.com

The Sun N Lake Volunteer Fire Department of Lake Placid is hosting a fundraiser Spaghetti Dinner on Friday, February 28th between 4:30 and 8 PM. Tickets are \$8.00 with dine-in or take out available. Tickets are available at the door.

The VFW 9853 in Avon Park will host the Taste of Italy on Friday, February 28th from 5 to 7 PM with homemade lasagna, stuffed manicotti, fried ravioli, salad and garlic bread.

The 5th Annual SFSC Panther 5K Run/ Walk will be held on Saturday, March 1st starting at 8 AM at the South Florida State College Highlands Campus. For more information visit www.southflorida.edu/panther5K Proceeds benefit SFSC Athletics Programs.

A Golf Tournament to benefit Samaritan's Touch Care Center will be held on Saturday, March 1st at Sun N Lake Golf with great prizes and raffles. For more information call Heather at 214–0340.

Grace Ministry of First Presbyterian Church of Lake Placid will host a Rummage Sale on Saturday, March 1st from 8:30 to 11:30 AM. The church is located at 117 North Oak Avenue. For more information call 465–2742.

The Department of Health welcomes you to the Bert J. Harris Ag Center on Saturday, March 1st from 9 AM to 5 PM to learn all about colorectal cancer and explore the cancer prevention Super Colon, an incredible, inflatable, interactive colon exhibit. For more information call 386–6040.

A Night of Great Gospel Music will be held at the Champion for Children Circle Theater in Downtown Sebring on Saturday, March 1st at 6 PM. Special entertainment includes The Wacaster Family, Jayce Harold Band, Nala Price, Kendall Onheiser and special guest Dennis Agajanian Limited seating is available. Tickets are \$10.00 for general seating and \$15.00 for artist circle. Proceeds will benefit the YMCA Strong Kids Campaign. For tickets or more information call 382–9622.

Egg-Lee-on-Q_

The 43rd Annual Blooming Arts Festival will be held in Bartow on Lary, March 1st and Sacretay, March 2nd featuring artists from all over the country, quilt show, and much more.

Leisure Lakes Baptist Church in Lake Placid presents the Ditchfield Family in concert on Sunday, March 2nd at 10:45 AM with lunch in the fellowship hall to follow the service. For more information call 699-9671.

The 86th Annual Arcadia All Florida

Championship Rodeo will be held March 7th, 8th, and 9th. For tickets and more information call 800–749–7333 or visit www.arcadiarodeo.com

The Highlands County YMCA presents Family Fun Day sponsored by Dee's Place on Saturday, March 8th from 9 AM to 1 PM at the Max Long Fields YMCA Soccer Field. The cost is \$3.00 per person and kids 2 and under admitted free. All proceeds benefit The Strong Kids Campaign. For more information call the YMCA at 382–9622.

The Sebring Hall of Fame and Gold's Gym presents the 5th Annual Run the Track – 3.74 mile course on Saturday, March 8th at 7:45 AM. Registration by February 27th is \$25.00 and includes at dri-fit shirt. For more information call 655–1442 ext.205 or visit www.sebringraceway.com

The annual Highlands Ridge Elegant Junque Sale will be held on Saturday, March 8th from 8 AM to noon. The sale will be held at 3003 East Fairway Vista Drive.

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Avon Park Chamber of Commerce

Greater Lake Placid Chamber of Commerce

Employment Opportunities

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Alan Archer AMS Certified Consulting Meteorologist This is Heartland Happenings, your guide to local events throughout the community:

On Friday, February 21st the 5th Annual Fashion Show brought to you by Lattrell Morris will be held at Avon Park High School at 9:30 AM. The show will feature formal wear and talent. For more information call Lattrell at 873–3604.

Emmanuel United Church of Christ will host a Yard Sale on Saturday, February 22nd from 7 AM to 12:30 PM. There will be a great selection of household items, jewelry, tools, books and much more. Breakfast and lunch will be available to purchase. The church is located at 3115 Hope Street in Sebring. For more information call 471–1999.

The David "Doc" Owen Rotary Golf Tournament will be held on Saturday, February 22nd with an 8 AM tee time at Highlands Ridge North in Avon Park. For more information call Chet Brojeck at 385–4736.

The Second Annual Bo Alvarez YMCA Youth Olympics sponsored by the Monismith Family will be held on Saturday, February 22nd at the Highlands County YMCA starting at 9 AM. There will be several events for ages 6 to 14. For more information call 382–9622.

The Highlands Woodcarvers Artistry in Wood Show in conjunction with Lake Placid Woodcarvers will host a carving competition and sale on Saturday,

February 22nd from 10 AM to 4 PM. Admission is a \$3.00 donation. For more information call Eric at 863–273–6163.

The West Sebring Volunteer Fire Department will be holding their 39th Annual BBQ on Saturday, February 22nd from 11 AM to 4 PM. The cost is \$8.00 per dinner. For tickets and information call 386–6052. The BBQ will be held at Station #9 at 2300 Longview Court off or the Sebring Parkway. For more information or tickets call 386–6052.

The Avon Park Breakfast Rotary and the Avon Park CRA present Music on the Mall on Saturday, February 22nd at the Band Stand from 5 to 8 PM. Bring your chair and come enjoy a night of fun and music by the Heartland Pops. Food and drinks will be available to purchase during the Taste of Avon Park.

Friends of the Hammock will host Know Your Neighbor Family Fun Day on Saturday, February 22nd from 11 AM to 4 PM at Highlands Hammock State Park. Bring the family to enjoy the park, foody climb on a helicopter, fire truck, see safety exhibits and much more.

Music in the Park presents the California Toe Jam Band on stage in the picnic area on Saturday, February 22nd at 7PM at Highlands Hammock State Park. Bring coolers and lawn chairs. Admission is \$5.00 with kids under 12 admitted free. Park admission is waived after 6 PM. Food will be available to purchase.

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