

Issues Today 14-14

Date Aired: 4/6/14 Time Aired: 7am
Length: 28 Min.

1. Dave Foreman, Herbal Pharmacist and Author

He gave tips on how to stop food cravings. He also talked about ways to decrease obesity.

Issues covered:

1. Health
2. Obesity

2. Rayne Golay, Drug and Alcohol Counselor

She discussed the growing problem of sexual abuse. She also gave tips on how parents can spot it.

Issues covered:

1. Sexual Abuse
2. Parenting

3. Ben G. Frank, Historian and Author

He discussed the growing crisis in the Ukraine and how it affects the United States. He also talked about energy production in that region.

Issues covered:

1. Ukraine Crisis
2. Energy

Issues Today 14-15

Date Aired: 4/13/14 Time Aired: 7am
Length: 28 Min.

1. Dr. James Hubbard, MD and Author

He gave some tips on what things people should keep in their home in case of emergencies. He also talked about the need to keep current information on diseases.

Issues covered:

1. Health
2. Disaster Preparedness

2. Chanah Levitan, Marriage and Relationship Counselor

She stressed the important of the institutional marriage. She also talked about ways to keep relationships strong.

Issues covered:

1. Divorce
2. Communication

3. Robert Hommon, Historian and Author

He gave a history of Hawaii and talked about how their system of government helped to establish the U.S. system. He also discussed why the previous civilizations were so important.

Issues covered:

1. Big Government
2. Education

Issues Today 14-16

Date Aired: 4/20/14 Time Aired: 7am
Length: 28 Min.

1. Chris Meyer, Director of Everence Group

He talked about Hersey's commitment to treating overseas labor fairly. He also discussed their group's efforts to influence corporations.

Issues covered:

1. Environment
2. Ethics

2. Kathy Fettke, Real Estate Investment Expert

She gave a report on the health of the real estate industry. She also discussed specific "hot" markets.

Issues covered:

1. Economy
2. Big Government

3. Dr. Kristy Taylor, College Professor and Author

She detailed why it is important for college-bound students to choose their major early. She also talked about the need for colleges to give more career counseling.

Issues covered:

1. Education
2. Parenting

Issues Today 14-17

Date Aired: 4/27/14 Time Aired: 7am
Length: 28 Min.

1. Margaret Gray, Author of "Labor and the Locavore"

She talked about efforts to improve the plight of laborers who work for small 'green' farms. She also talked about the effects of immigration.

Issues covered:

1. Labor Relations
2. Immigration

2. John Wandishin, VP Marketing, Brother Corp.

He announced the results of a survey on productivity that was conducted with small business owners. He also talked about the need for more technology to improve productivity.

Issues covered:

1. Economy
2. Productivity

3. Bermie Dyer, Board-Certified Nurse and Author

She detailed the growing number of women who, even though they have graduated from college, still have low self-esteem. She addressed ways to combat that.

Issues covered:

1. Women
2. Education

Issues Today 14-18

Date Aired: 5/4/14 Time Aired: 7am
Length: 28 Min.

1. Todd Whithorne, Founder of ACAP Health

He gave some tips on how business owners can keep their workplaces healthy. He also talked about the growing obesity problem.

Issues covered:

1. Health
2. Obesity

2. Jane Johnson, Owner and Business Transition Academy

She detailed the problems many small business owners have in selling their business. She also talked about the importance of long-term planning for succession.

Issues covered:

1. Economy
2. Family Values

Issues Today 14-19

Date Aired: 5/11/14 Time Aired: 7am
Length: 28 Min.

1. Tom Elias, Syndicated Columnist and Author

He described research going on with new cancer treatments. He also commented on the power of the FDA.

Issues covered:

1. Health
2. Big Government

2. Patricia Nolan-Brown, Invention Consultant and Author

She talked about procedures inventors need to do to market their ideas. She also discussed changes in the law that have helped inventors.

Issues covered:

1. Consumerism
2. Economy

3. Lisa Lynn, Celebrity Fitness and Nutrition Expert

She detailed the myths of exercise. She also talked about the growing problem of obesity.

Issues covered:

1. Health
2. Obesity

Issues Today 14-20

Date Aired: 5/18/14 Time Aired: 7am
Length: 28 Min.

1. Dr. Peter Edelstein, Board Certified Surgeon and Author

He talked about the growing use of liquid biopsies instead of traditional methods. He also discussed the effects of national healthcare.

Issues covered:

1. National Healthcare
2. Obesity

2. Donald Tucker, Ex-Secret Service Agent and Author

He talked about the Catholic church sexual abuse scandal and how the pope is trying to change the culture of the church.

Issues covered:

1. Sexual Abuse
2. Crime

3. Dick Weinberger, Management Consultant and Author

He gave some tips to entrepreneurs on how to be more successful. He also talked about the growing awareness of consumers.

Issues covered:

1. Economy
2. Consumerism

Issues Today 14-21

Date Aired: 5/26/14 Time Aired: 7am
Length: 28 Min.

1. Michael Tobias, Founder of Dancing Star Foundation

He discussed the growing problem of over-population in the world. He also talked about the worsening world environment.

Issues covered:

1. Over-Population
2. Environment

2. David Scranton, Founder of Advisors Academy

He gave some tips for those who are planning to retire soon. He also assessed the economy.

issues covered:

1. Economy
2. Seniors

3. Mark Pinhasovich, "Biggest Loser" Contestant

He gave some strategies for those who are looking to lose weight. He also talked about the growing obesity problem.

Issues covered:

1. Health
2. Obesity

Issues Today 4-22

Date Aired: 6/1/14 Time Aired: 7am
Length: 28 Min.

1. Richard Viguerie, Conservative Author of Commentator

He talked about the growing problem of big government. He also talked about the revolution going on in the Republican party.

Issues covered:

1. Big Government
2. Communication

2. Dr. Michael Smith, Author of "The Supplement Pyramid"

He commented on national healthcare and how people need to take more responsibility for their health. He also talked about the growing problem of personal stress.

Issues covered:

1. National Healthcare
2. Stress

3. Zulfiqar Rashid, Author of "The Rat Boys of Karalabad"

He discussed the growing problem of child slavery. He also talked about the rat boys of Pakistan that are turned into slaves at a very young age.

Issues covered:

1. Human Trafficking
2. Youth

Issues Today 14-23

Date Aired: 6/8/14 Time Aired: 7am
Length: 28 Min.

1. Lana Harfoush, Director of Communications and Marketing, Moving Picture Institute

She talked about the growing independent film movement and how it is fueling new ideas to be expressed. She also detailed some of their films that talk about excess government programs.

Issues covered:

1. Communication
2. Big Government

2. Ross Kenneth Urken, Senior Editor at thestreet.com

He gave some tips on how consumers can save money on groceries. He also talked about tricks markets use to sell certain products.

Issues covered:

1. Economy
2. Consumerism

3. Chery Scott Mouzon, Program Manager at Jack Kent Cooke Foundation

She detailed their various scholarship programs that aid students beginning in middle school. She also commented on other scholarship opportunities.

Issues covered:

1. Education
2. Youth

Issues Today 14-25

Date Aired: 6/15/14 Time Aired: 7am
Length: 28 Min.

1. Timothy Ballard, Founder and CEO of Operation Underground Railroad

He discussed their efforts in freeing youths from sex trafficking operations in the United States and around the world. He also said the scope of the problem is increasing.

Issues covered:

1. Human Trafficking
2. Youth

2. Bill DeSmedt, Artificial Intelligence Expert and Author

He commented on the increasing importance of computers and how they will take over many human tasks in the future. He also talked about some of inherent dangers of too much technology.

Issues covered:

1. Artificial Intelligence
2. Big Government

3. John Horvat, Author of "Return to Order"

He discussed new ways to redistribute wealth in a more-fair way. He also talked about the current economic situation.

Issues covered:

1. Economy
2. Wealth Redistribution

Issues Today 14-26

Date Aired: 6/29/14 Time Aired: 7am
Length: 28 Min.

1. Gretchen Martens, "The Veteran Lady"

She commented on the Vets hospital scandal. She also talked about some possible solutions to help veterans get better care.

Issues covered:

1. V.A. Scandal
2. Veterans' Rights

2. John Hope Bryant, Business Expert and Author

He addressed the issue of economic inequality. He also talked about the need for more personal responsibility by everyone.

Issues covered:

1. Economic Inequality
2. Poverty

3. Debra Borchardt, Market Analyst with thestreet.com

She gave an analysis of the current real estate market in the United States. She also talked about rising personal debt.

Issues covered:

1. Economy
2. Personal Debt

COHAN RADIO GROUP

HEARTLAND HAPPENINGS

HOME
 HEARTLAND
 HAPPENINGS
 ABOUT US
 CONTACT US

Want to
 advertise
 your business
 on the radio?

LINKS

Greater Sebring Chamber of Commerce

Avon Park Chamber of Commerce

Greater Lake Placid Chamber of Commerce

Employment Opportunities

EEO Public File Report

Continental Weather Corporation

Alan Archer AMS Certified Consulting Meteorologist

This is Heartland Happenings, your guide to local events throughout the community:

Heartland Horses and Handicapped will host a Summer Horse Camp each Thursday in June and July from 8 AM to 4 PM. The cost is \$60.00 per session or \$210 for 4 sessions. For more information or to register call 863-991-1184.

Sebring Youth Baseball Minors All Star Team will hold a Softball Tournament Fundraiser on Saturday, June 7th starting at 9:30 AM at the Max Long Complex Softball Fields in Sebring. Any team can play. Concessions will be available. All proceeds will support the all-star team. To register or for more information call Chris at 840-1703 or Anthony at 202-5018.

The Avon Park Jaycees will host their 10th Annual Steak Dinner Fireworks Fundraiser from 11 AM to 2 PM on Saturday, June 7th at Bill Jarrett Ford in Avon Park. Dinners are \$10.00 and tickets are available at Turner Furniture, Laye's Tire or from Jaycee members.

The 25th Annual Sebring Sunrise Rotary Charity Golf Tournament will be held at Sun N Lake of Sebring, Turtle Run Course on Saturday, June 7th. Entry forms are available at the Sun N Lake Pro Shop.

Sebring Christian Church will host a Vacation Bible School for kids K3-5th grade June 8th through June 13th from 6

to 8:30 PM. The church is located at 4514 Hammock Road. For more information call 382-6676.

Simple-Acts United presents Summer Camp at the Circle Theatre with weekly camps available June 9th through August 8th. For more information call 863-253-7722 or visit www.simple-acts.org

Destination Downtown Sebring presents Canine and Wine Walk "Yappy Hour and Mutt Strut" on Friday, June 13th from 5 to 8 PM. Get free wine from participating downtown merchants plus doggie activities. For more information visit www.DestinationDowntownSebring.org

The monthly Downtown Sidewalk Garage Sale and Farmer's Market will be held on the Circle in Sebring on Saturday, June 14th from 7 AM to 1 PM. For more information or a space call Ginni Beth at GB's Formal Wear at 402-1902.

The Sebring High Cheerleaders will hold a Summer Cheerleading Clinic on Saturday, June 14th from 10 AM to 4 PM at the Sebring High School Gymnasium. The cost is \$25.00. Boys and girls ages 4 years through 8th grade are welcome. For more information call Wendy at 381-8770.

The Sebring Saturday Night Cruise will be held on the Circle in Sebring on Saturday, June 14th from 5 to 8 PM with classic cars, live entertainment, delicious food and more. For more information visit www.SebringCruise.com

The Heartland Triathlon will be on June 14th for the kids and June 15th for adults. Come cheer on your favorite athletes as they swim, cycle and run through and

around Sebring. For more information visit www.HeartlandTri.org

Wilderness Express Vacation Bible School will be held Sunday, June 15th through Thursday, June 19th from 5:30 to 8 PM at Memorial United Methodist Church in Lake Placid. Students entering Kindergarten up to 6th grade are welcome to enjoy music, craft projects, dinner and much more. For more information or to register visit www.memorialumc.com or call 465-2422.

Avon Park High School football players and coaches will host a Football Camp June 16th through June 20th, 8:30 AM to Noon for ages 5 to 8th grade. Camp registration will be held in the gym lobby from 8 to 9 AM on June 16th. The cost is \$30.00. For more information call 452-4311.

The Mary Toney H.O.P.E Foundation Football Camp will be held on Saturday, June 28th from 9 AM to 4 PM for grades 4th through 12th at the Highlands County Sports Complex. The camp cost is \$20.00 and includes a t-shirt (if registered by June 23rd) football fundamentals, speed and agility training, character development and guest speakers. Pre-registration will be held at Firemen's Field house on June 14th from 8 AM to 12 PM and June 19th from 4 to 7 PM. For more information call 214-3880.

The Running for Autism 5K will be held at Highlands Hammock State Park on Saturday, July 19th starting at 7:30 AM. For more information visit Autistic Footprints on Facebook.

The Dr. Tom McDonald Caladium Festival

5K Race will be held on Saturday, July 26th at 7:30 AM starting at the First Presbyterian Church in Lake Placid. A fundraiser Spaghetti Dinner and concert will be held on Friday, July 25th at the church from 4 to 6:30 PM. The proceeds will benefit Samaritan's Touch Care Center. For more information call 465-2742.

The American Legion Post 74 invites you to The Pink Poker Run - Ride for the Cure on October 11th with line up at 10 AM. Come and enjoy the poker run, games, bake sale, raffles, and much more. For more information call Mollie 863-214-3932.

The Sebring Shrine Club on Rt. 17 North will host live bands every Thursday from 6 to 8 PM. Come enjoy eclectic sounds every week from vintage country, gospel, bluegrass and more. Donations are taken at the door to help support Children's Hospitals and Burn Centers.

The Sebring Saturday Night Cruise will be held on the Circle in Sebring the 2nd Saturday of each month from 5 to 8 PM with classic cars, live entertainment, delicious food and more. For more information visit www.SebringCruise.com

The Highlands Social Center, at 3400 Sebring Parkway invites you to breakfast, lunch and to enjoy entertainment by Dan Patrick every Wednesday from 9 AM to 3 PM for only \$6.00. For more information call 386-0752.

The Highlands Social Center will host "Starburst and Champagne" Bingo every Friday. Doors open at 11 AM with lunch served. Games start at 1 PM. The

Highlands Social Center is located at 3400 Sebring Parkway. For more information call 386-0752.

Civil Air Patrol Highlands County Composite Squad meets every 2nd and 4th Monday of the month. The Cadets meet every Tuesday at 6:30 PM. All meetings are held at 128 Authority Lane at the Sebring Airport. For more information call 772-708-1526.

Drive-In or Fly-In Pancake Breakfast is held from 7:30 to 10:30 every 2nd Saturday monthly at Sebring Regional Airport. The cost is \$6.00 for once through and \$8.00 for all you can eat and proceeds benefit Young Eagles. For more information call 655-6444.

The Sebring Saturday Night Cruise will be held the second Saturday of each month on the circle in Sebring. See classic cars, enjoy entertainment, food and much more. For more information, visit www.SebringCruise.com

The Highlands Shrine Club will host a pancake breakfast from 8 to 10 AM for \$4.00, flea market and produce sale every Saturday. The Flea Market is open every Friday, Saturday and Sunday from 7 AM to 1 PM. The HSC is located at 2604 State Road 17 South in Avon Park. For more information call 382-2208.

The Avon Park Depot Museum is open 10 AM to 3 PM on Wednesday, Thursday and Friday. The museum will also be open the first Saturday of each month. For more information call 453-3525.

That's Heartland Happenings. If your group or organization has an event coming up,

please let us know. Fax your information to 863-382-1982, or you can mail your information to Heartland Happenings, c/o Cohan Radio Group, 3750 US 27N, Suite 1, Sebring, FL 33870. Keep it here on your favorite Cohan Radio Group Radio Station.

Cohan Radio Group 3750 U.S. 27 N, Sebring, FL 33870 Office Line: 863.382.9999 Fax: 863.382.1982

Copyright © 2012 Cohan Radio Group All rights reserved

COHAN RADIO GROUP

HEARTLAND HAPPENINGS

HOME
HEARTLAND
HAPPENINGS
ABOUT US
CONTACT US

Want to
advertise
your business
on the radio?

LINKS:

Greater Sebring Chamber of Commerce

Avon Park Chamber of Commerce

Greater Lake Placid Chamber of Commerce

Employment Opportunities

EEO Public File Report

Continental Weather Corporation

Alan Archer AMS Certified Consulting Meteorologist

This is Heartland Happenings, your guide to local events throughout the community:

Dust off your dancing shoes and head over to Circle Theatre for Couples Dance Lessons on Thursday, May 29th. The cost is \$5.00 per person and classes are taught by instructors from Carmela's Rhythm. For more information call 382-1029.

Bill Jarrett Ford in Avon Park will host a Summertime Blood Drive on Friday, May 30th from 1 to 5 PM. All donors will receive a voucher for a FREE movie ticket and a wellness checkup. For more information or to make an appointment call 1-888-9-DONATE or visit www.oneblooddonor.org

Faith in Action Youth Ministry presents "Stop the Violence 2014" on Friday, May 30th at 6:30 PM. Admission is FREE. Working in Faith Ministries is located at 424 County Road 29 in Lake Placid.

The Highlands County Emergency Operations Center will hold a 2014 Hurricane Seminar on Saturday, May 31st at 10 AM. The seminar will be held at the Agri-Civic Center at 4509 George Boulevard. For more information call 385-1112.

A fundraiser benefit will be held on Saturday, May 31st for Kylan Chancey, a 25 year old diagnosed with a malignant brain tumor. A Poker Run will start at 10:30 AM at the Wauchula Moose Lodge,

chicken dinners will be served from 11 AM to 3 PM, raffles, auctions, corn hole tournament, turkey shoot, entertainment and many other festivities throughout the day and evening. For more information call 773-3820.

The 2014 Sebring Pitching Machine All Stars will hold a BBQ Fundraiser on Saturday, May 31st with pick up between 4 and 7 PM at Max Long Field. Dinners are \$7.00. Tickets are available from All Star players, Amy Green at Central Barber and Styling or at the field.

The Avon Park Jaycees will host their 10th Annual Steak Dinner Fireworks Fundraiser from 11 AM to 2 PM on Saturday, June 7th at Bill Jarrett Ford in Avon Park. Dinners are \$10.00 and tickets are available at Turner Furniture, Laye's Tire or from Jaycee members.

Sebring Christian Church will host a Vacation Bible School for kids K3-5th grade June 8th through June 13th from 6 to 8:30 PM. The church is located at 4514 Hammock Road. For more information call 382-6676.

Wilderness Express Vacation Bible School will be held Sunday, June 15th through Thursday, June 19th from 5:30 to 8 PM at Memorial United Methodist Church in Lake Placid. Students entering Kindergarten up to 6th grade are welcome to enjoy music, craft projects, dinner and much more. For more information or to register visit www.memorialumc.com or call 465-2422.

The monthly Downtown Sidewalk Garage Sale will be held on the Circle in Sebring on Saturday, June 21st from 7 AM to 1

PM. For more information or a space call Ginni Beth at GB's Formal Wear at 402-1902.

The Mary Toney H.O.P.E Foundation Football Camp will be held on Saturday, June 28th from 9 AM to 4 PM for grades 4th through 12th at the Highlands County Sports Complex. The camp cost is \$20.00 and includes a t-shirt (if registered by June 23rd) football fundamentals, speed and agility training, character development and guest speakers. Pre-registration will be held at Firemen's Field house on June 14th from 8 AM to 12 PM and June 19th from 4 to 7 PM. For more information call 214-3880.

The Running for Autism 5K will be held at Highlands Hammock State Park on Saturday, July 19th starting at 7:30 AM. For more information visit Autistic Footprints on Facebook.

The Dr. Tom McDonald Caladium Festival 5K Race will be held on Saturday, July 26th at 7:30 AM starting at the First Presbyterian Church in Lake Placid. A fundraiser Spaghetti Dinner and concert will be held on Friday, July 25th at the church from 4 to 6:30 PM. The proceeds will benefit Samaritan's Touch Care Center. For more information call 465-2742.

The American Legion Post 74 invites you to The Pink Poker Run - Ride for the Cure on October 11th with line up at 10 AM. Come and enjoy the poker run, games, bake sale, raffles, and much more. For more information call Mollie 863-214-3932.

The Sebring Shrine Club on Rt. 17 North

will host live bands every Thursday from 6 to 8 PM. Come enjoy eclectic sounds every week from vintage country, gospel, bluegrass and more. Donations are taken at the door to help support Children's Hospitals and Burn Centers.

The Sebring Saturday Night Cruise will be held on the Circle in Sebring the 2nd Saturday of each month from 5 to 8 PM with classic cars, live entertainment, delicious food and more. For more information visit www.SebringCruise.com

The Highlands Social Center, at 3400 Sebring Parkway invites you to breakfast, lunch and to enjoy entertainment by Dan Patrick every Wednesday from 9 AM to 3 PM for only \$6.00. For more information call 386-0752.

The Highlands Social Center will host "Starburst and Champagne" Bingo every Friday. Doors open at 11 AM with lunch served. Games start at 1 PM. The Highlands Social Center is located at 3400 Sebring Parkway. For more information call 386-0752.

Civil Air Patrol Highlands County Composite Squad meets every 2nd and 4th Monday of the month. The Cadets meet every Tuesday at 6:30 PM. All meetings are held at 128 Authority Lane at the Sebring Airport. For more information call 772-708-1526.

Drive-In or Fly-In Pancake Breakfast is held from 7:30 to 10:30 every 2nd Saturday monthly at Sebring Regional Airport. The cost is \$6.00 for once through and \$8.00 for all you can eat and proceeds benefit Young Eagles. For more information call 655-6444.

The Sebring Saturday Night Cruise will be held the second Saturday of each month on the circle in Sebring. See classic cars, enjoy entertainment, food and much more. For more information, visit www.SebringCruise.com

The Highlands Shrine Club will host a pancake breakfast from 8 to 10 AM for \$4.00, flea market and produce sale every Saturday. The Flea Market is open every Friday, Saturday and Sunday from 7 AM to 1 PM. The HSC is located at 2604 State Road 17 South in Avon Park. For more information call 382-2208.

The Avon Park Depot Museum is open 10 AM to 3 PM on Wednesday, Thursday and Friday. The museum will also be open the first Saturday of each month. For more information call 453-3525.

That's Heartland Happenings. If your group or organization has an event coming up, please let us know. Fax your information to 863-382-1982, or you can mail your information to Heartland Happenings, c/o Cohan Radio Group, 3750 US 27N, Suite 1, Sebring, FL 33870. Keep it here on your favorite Cohan Radio Group Radio Station.

Cohan Radio Group 3750 U.S. 27 N, Sebring, FL 33870 Office Line: 863.382.9999 Fax: 863.382.1982

Copyright © 2012 Cohan Radio Group All rights reserved

COHAN RADIO GROUP

HEARTLAND HAPPENINGS

HOME
 HEARTLAND
 HAPPENINGS
 ABOUT US
 CONTACT US

Want to
 advertise
 your business
 on the radio?

LINKS:

Greater Sebring Chamber of Commerce

Avon Park Chamber of Commerce

Greater Lake Placid Chamber of Commerce

Employment Opportunities

EEO Public File Report

Continental Weather Corporation

Alan Archer AMS Certified Consulting Meteorologist

This is Heartland Happenings, your guide to local events throughout the community:

Dust off your dancing shoes and head over to Circle Theatre for Couples Dance Lessons on Thursday, May 22nd and May, 29th. The cost is \$5.00 per person and classes are taught by instructors from Carmela's Rhythm. For more information call 382-1029.

The Sebring Football Annual Car Wash and Watermelon Sale will be held on Saturday, May 24th from 8 AM to 5 PM at the South Sebring Marathon Gas Station and in the Publix North parking lot at Sebring Eye Express. Watermelons are from Super Sweet Farms and are \$4.00. Donations will be accepted for the car wash.

The Dirty Dozen & Half Dozen Fun Mud Run will be held at the National Guard Armory in Avon Park on Saturday, May 24th. The Packet Pick Up Party will be held on Friday, May 23rd at Crossfit Sebring at 1560 Lakeview Drive sponsored by Ruby Tuesday and Budweiser. For more information visit www.ddozen.com

Faith in Action Youth Ministry presents "Stop the Violence 2014" on Friday, May 30th at 6:30 PM. Admission is FREE. Working in Faith Ministries is located at 424 County Road 29 in Lake Placid.

A fundraiser benefit will be held on Saturday, May 31st for Kylene Chancey, a

25 year old diagnosed with a malignant brain tumor. A Poker Run will start at 10:30 AM at the Wauchula Moose Lodge, chicken dinners will be served from 11 AM to 3 PM, raffles, auctions, corn hole tournament, turkey shoot, entertainment and many other festivities throughout the day and evening. For more information call 773-3820.

The 2014 Sebring Pitching Machine All Stars will hold a BBQ Fundraiser on Saturday, May 31st with pick up between 4 and 7 PM at Max Long Field. Dinners are \$7.00. Tickets are available from All Star players, Amy Green at Central Barber and Styling or at the field.

The Avon Park Jaycees will host their 10th Annual Steak Dinner Fireworks Fundraiser from 11 AM to 2 PM on Saturday, June 7th at Bill Jarrett Ford in Avon Park. Dinners are \$10.00 and tickets are available at Turner Furniture, Laye's Tire or from Jaycee members.

Sebring Christian Church will host a Vacation Bible School for kids K3-5th grade June 8th through June 13th from 6 to 8:30 PM. The church is located at 4514 Hammock Road. For more information call 382-6676.

The monthly Downtown Sidewalk Garage Sale will be held on the Circle in Sebring on Saturday, June 21st from 7 AM to 1 PM. For more information or a space call Ginni Beth at GB's Formal Wear at 402-1902.

The Mary Toney H.O.P.E Foundation Football Camp will be held on Saturday, June 28th from 9 AM to 4 PM for grades 4th through 12th at the Highlands County

Sports Complex. The camp cost is \$20.00 and includes a t-shirt (if registered by June 23rd) football fundamentals, speed and agility training, character development and guest speakers. Pre-registration will be held at Firemen's Field house on June 14th from 8 AM to 12 PM and June 19th from 4 to 7 PM. For more information call 214-3880.

The Running for Autism 5K will be held at Highlands Hammock State Park on Saturday, July 19th starting at 7:30 AM. For more information visit Autistic Footprints on Facebook.

The Dr. Tom McDonald Caladium Festival 5K Race will be held on Saturday, July 26th at 7:30 AM starting at the First Presbyterian Church in Lake Placid. A fundraiser Spaghetti Dinner and concert will be held on Friday, July 25th at the church from 4 to 6:30 PM. The proceeds will benefit Samaritan's Touch Care Center. For more information call 465-2742.

The American Legion Post 74 invites you to The Pink Poker Run - Ride for the Cure on October 11th with line up at 10 AM. Come and enjoy the poker run, games, bake sale, raffles, and much more. For more information call Mollie 863-214-3932.

The Sebring Shrine Club on Rt. 17 North will host live bands every Thursday from 6 to 8 PM. Come enjoy eclectic sounds every week from vintage country, gospel, bluegrass and more. Donations are taken at the door to help support Children's Hospitals and Burn Centers.

The Sebring Saturday Night Cruise will be

held on the Circle in Sebring the 2nd Saturday of each month from 5 to 8 PM with classic cars, live entertainment, delicious food and more. For more information visit www.SebringCruise.com

The Highlands Social Center, at 3400 Sebring Parkway invites you to breakfast, lunch and to enjoy entertainment by Dan Patrick every Wednesday from 9 AM to 3 PM for only \$6.00. For more information call 386-0752.

The Highlands Social Center will host "Starburst and Champagne" Bingo every Friday. Doors open at 11 AM with lunch served. Games start at 1 PM. The Highlands Social Center is located at 3400 Sebring Parkway. For more information call 386-0752.

Civil Air Patrol Highlands County Composite Squad meets every 2nd and 4th Monday of the month. The Cadets meet every Tuesday at 6:30 PM. All meetings are held at 128 Authority Lane at the Sebring Airport. For more information call 772-708-1526.

Drive-In or Fly-In Pancake Breakfast is held from 7:30 to 10:30 every 2nd Saturday monthly at Sebring Regional Airport. The cost is \$6.00 for once through and \$8.00 for all you can eat and proceeds benefit Young Eagles. For more information call 655-6444.

The Sebring Saturday Night Cruise will be held the second Saturday of each month on the circle in Sebring. See classic cars, enjoy entertainment, food and much more. For more information, visit www.SebringCruise.com

The Highlands Shrine Club will host a

pancake breakfast from 8 to 10 AM for \$4.00, flea market and produce sale every Saturday. The Flea Market is open every Friday, Saturday and Sunday from 7 AM to 1 PM. The HSC is located at 2604 State Road 17 South in Avon Park. For more information call 382-2208.

The Avon Park Depot Museum is open 10 AM to 3 PM on Wednesday, Thursday and Friday. The museum will also be open the first Saturday of each month. For more information call 453-3525.

That's Heartland Happenings. If your group or organization has an event coming up, please let us know. Fax your information to 863-382-1982, or you can mail your information to Heartland Happenings, c/o Cohan Radio Group, 3750 US 27N, Suite 1, Sebring, FL 33870. Keep it here on your favorite Cohan Radio Group Radio Station.

Cohan Radio Group 3750 U.S. 27 N, Sebring, FL 33870 Office Line: 863.382.9999 Fax: 863.382.1982

Copyright © 2012 Cohan Radio Group All rights reserved

COHAN RADIO GROUP

HEARTLAND HAPPENINGS

HOME
HEARTLAND
HAPPENINGS
ABOUT US
CONTACT US

Want to
advertise
your business
on the radio?

LINKS

[Greater Sebring Chamber of
Commerce](#)

[Avon Park Chamber of
Commerce](#)

[Greater Lake Placid Chamber
of Commerce](#)

[Employment Opportunities](#)

[EEO Public File Report](#)

[Continental Weather
Corporation](#)

[Alan Archer AMS Certified
Consulting Meteorologist](#)

This is Heartland Happenings, your guide to local events throughout the
community:

Dust off your dancing shoes and head over to Circle Theatre for Couples Dance Lessons on Thursday, May 22nd and May, 29th. The cost is \$5.00 per person and classes are taught by instructors from Carmela's Rhythm. For more information call 382-1029.

A Family Showing of Frozen will be held at the Circle Theatre on Thursday, May 15th at 6 PM. All seats are \$5.00 with kids under 5 free. Dress as your favorite Frozen Character and stay for a Frozen Sing-a-long after the movie. For more information call 382-1029.

The monthly Downtown Sidewalk Garage Sale will be held on the Circle in Sebring on Saturday, May 17th from 7 AM to 1 PM. For more information or a space call Ginni Beth at GB's Formal Wear at 402-1902.

The Lake Placid High School Varsity Cheerleaders will hold a Fundraiser Car Wash on Saturday, May 17th from 9 AM to 2 PM at Seacoast Bank. Hotdogs and drinks will also be available to purchase.

Alice in Wonderland Auditions will be held on Saturday, May 17th from 9 AM to 4 PM at the Circle Theatre for ages 8 to 20. Circle Theatre is located at 202 North Circle Park in Sebring. For more information visit www.simpleacts.org

A Beginning Beekeeping Short Course will be held on Saturday, May 17th from 9 AM to 4 PM at the Highlands County Extension at 4509 George Boulevard in Sebring. The cost is \$28.00. For more information call 352-273-3932 or register on line at www.highlandsbeecourse.eventbrite.com

Henscratch Farms 7th Annual Blueberry Festival will be held on Saturday, May 17th from 10 AM to 2 PM. Admission is FREE. Come and enjoy live music by the Fiddle Pickin Band, tour the winery,

and much more. For more information call 699-2060 or visit www.henscratchfarms.com

Friends of Highlands Hammock State Park presents Music in the Park featuring Quasimodo with 70's and 80's Rock 'n Roll on Saturday, May 17th. Bring chairs or blankets. Concert admission is \$5.00 with kids 12 and under admitted free. For more information call 386-6094.

Sunday, May 18th the Museum of Art will celebrate International Museum Day with refreshments, free admission, and more from 11 AM to 4 PM. For more information visit www.DowntownSebring.org

The Dirty Dozen & Half Dozen Fun Mud Run will be held at the National Guard Armory in Avon Park on Saturday, May 24th. The Packet Pick Up Party will be held on Friday, May 23rd at Crossfit Sebring at 1560 Lakeview Drive sponsored by Ruby Tuesday and Budweiser. For more information visit www.ddozen.com

Faith in Action Youth Ministry presents "Stop the Violence 2014" on Friday, May 30th at 6:30 PM. Admission is FREE. Working in Faith Ministries is located at 424 County Road 29 in Lake Placid.

The 2014 Sebring Pitching Machine All Stars will hold a BBQ Fundraiser on Saturday, May 31st with pick up between 4 and 7 PM at Max Long Field. Dinners are \$7.00. Tickets are available from All Star players, Amy Green at Central Barber and Styling or at the field.

The Avon Park Jaycees will host their 10th Annual Steak Dinner Fireworks Fundraiser from 11 AM to 2 PM on Saturday, June 7th at Bill Jarrett Ford in Avon Park. Dinners are \$10.00 and tickets are available at Turner Furniture, Laye's Tire or from Jaycee members.

The Running for Autism 5K will be held at Highlands Hammock State Park on Saturday, July 19th starting at 7:30 AM. For more information visit Autistic Footprints on Facebook.

The American Legion Post 74 invites you to The Pink Poker Run - Ride for the Cure on October 11th with line up at 10 AM. Come and enjoy the poker run, games, bake sale, raffles, and much more. For more information call Mollie 863-214-3932.

The Sebring Shrine Club on Rt. 17 North will host live bands every Thursday from 6 to 8 PM. Come enjoy eclectic sounds every week from vintage country, gospel, bluegrass and more. Donations are taken at the door to help support Children's Hospitals and Burn Centers.

The Sebring Saturday Night Cruise will be held on the Circle in Sebring the 2nd Saturday of each month from 5 to 8 PM with classic cars, live entertainment, delicious food and more. For more information visit www.SebringCruise.com

The Highlands Social Center, at 3400 Sebring Parkway invites you to breakfast, lunch and to enjoy entertainment by Dan Patrick every Wednesday from 9 AM to 3 PM for only \$6.00. For more information call 386-0752.

The Highlands Social Center will host "Starburst and Champagne" Bingo every Friday. Doors open at 11 AM with lunch served. Games start at 1 PM. The Highlands Social Center is located at 3400 Sebring Parkway. For more information call 386-0752.

Civil Air Patrol Highlands County Composite Squad meets every 2nd and 4th Monday of the month. The Cadets meet every Tuesday at 6:30 PM. All meetings are held at 128 Authority Lane at the Sebring Airport. For more information call 772-708-1526.

Drive-In or Fly-In Pancake Breakfast is held from 7:30 to 10:30 every 2nd Saturday monthly at Sebring Regional Airport. The cost is \$6.00 for once through and \$8.00 for all you can eat and proceeds benefit Young Eagles. For more information call 655-6444.

The Sebring Saturday Night Cruise will be held the second Saturday of each month on the circle in Sebring. See classic cars, enjoy entertainment, food and much more. For more information, visit www.SebringCruise.com

The Highlands Shrine Club will host a pancake breakfast from 8 to 10 AM for \$4.00, flea market and produce sale every Saturday. The Flea Market is open every Friday, Saturday and Sunday from 7 AM to 1 PM. The HSC is located at 2604 State Road 17 South in Avon Park. For more information call 382-2208.

The Avon Park Depot Museum is open 10 AM to 3 PM on Wednesday, Thursday and Friday. The museum will also be open the first Saturday of each month. For more information call 453-3525.

That's Heartland Happenings. If your group or organization has an event coming up, please let us know. Fax your information to 863-382-1982, or you can mail your information to Heartland Happenings, c/o Cohan Radio Group, 3750 US 27N, Suite 1, Sebring, FL 33870. Keep it here on your favorite Cohan Radio Group Radio Station.

Cohan Radio Group 3750 U.S. 27 N, Sebring, FL 33870 Office Line: 863.382.9999 Fax: 863.382.1982

Copyright © 2012 Cohan Radio Group All rights reserved

COHAN RADIO GROUP

HEARTLAND HAPPENINGS

HOME
 HEARTLAND
 HAPPENINGS
 ABOUT US
 CONTACT US

Want to
 advertise
 your business
 on the radio?

LINKS

Greater Sebring Chamber of Commerce

Avon Park Chamber of Commerce

Greater Lake Placid Chamber of Commerce

Employment Opportunities

EEO Public File Report

Continental Weather Corporation

Alan Archer AMS Certified Consulting Meteorologist

This is Heartland Happenings, your guide to local events throughout the community:

Dust off your dancing shoes and head over to Circle Theatre for Couples Dance Lessons on Thursday nights in May. (except May 8th) The cost is \$5.00 per person and classes are taught by instructors from Carmela's Rhythm. For more information call 382-1029.

Tanglewood will host a Line Dance on Friday, May 9th from 6 to 9 PM. Admission is \$2.00. Proceeds will benefit Habitat for Humanity. Donations of dog and cat food, cleaning products and bedding will be accepted.

Kokomo 2014 will be held at the Island View Restaurant on Friday, May 9th from 6 to 11 PM. Tickets are \$45.00 and proceeds will benefit Ridge Area Arc. RSVP now by calling 452-1295.

The Girls Gone Wine Festival will be held in Downtown Sebring on Friday, May 9th from 5 to 8 PM and Saturday, May 10th from 10 AM to 4 PM. General admission is free. Tickets are \$25.00 per person for the special cheese and wine tasting and tickets are available at Dogtown USA. For more information visit www.GirlsGoneWineFest.com

Highlands Little Theatre presents "13" May 9th through May 11th. For tickets and more information call 382-2525 or visit www.highlandslittletheatre.org

A Mother's Day 5K will be held on Saturday, May 10th at Highlands Hammock State Park starting at 8 AM. Check in by 7:30 AM. For more information email Cherie.Starr@AHSS.org

Bill Jarrett Ford presents Family Fun Day on Saturday, May 10th from 10 AM to 1 PM. Come and enjoy hotdogs and drinks, petting zoo, pony rides, bounce house, water slide, train rides and the Lotela Gold Band.

A Low Country Boil will be held on Saturday, May 10th at the Big T Tire Event Center at 1125 Paulk Street in Avon Park from 1 to 4 PM. Tickets are \$35.00 and include music, beverages, dinner and desert. Proceeds will benefit Meals on Wheels Avon Park. For more information call Paul Devlin at 443-1191.

The 22nd Annual Stamp Out Hunger Food Drive will be held on Saturday, May 10th. To help, you can drop off non-perishable foods at the post office or leave them by your mailbox to be picked up by a postal employee or volunteer. Donations will help our local food banks.

A Family Showing of Frozen will be held at the Circle Theatre on Thursday, May 15th at 6 PM. All seats are \$5.00 with kids under 5 free. Dress as your favorite Frozen Character and stay for a Frozen Sing-a-long after the movie. For more information call 382-1029.

Alice in Wonderland Auditions will be held on Saturday, May 17th from 9 AM to 4 PM at the Circle Theatre for ages 8 to 20. Circle Theatre is located at 202 North Circle Park in Sebring. For more information visit www.simpleacts.org

Friends of Highlands Hammock State Park presents Music in the Park featuring Quasimojo with 70's and 80's Rock 'n Roll on Saturday, May 17th. Bring chairs or blankets. Concert admission is \$5.00 with kids 12 and under admitted free. For more information call 386-6094.

The Dirty Dozen & Half Dozen Fun Mud Run will be held at the National Guard Armory in Avon Park on Saturday, May 24th. The Packet Pick Up Party will be held on Friday, May 23rd at Crossfit Sebring at 1560 Lakeview Drive sponsored by Ruby Tuesday and Budweiser. For more information visit www.ddozen.com

The Running for Autism 5K will be held at Highlands Hammock State Park on Saturday, July 19th starting at 7:30 AM. For more information visit Autistic Footprints on Facebook.

The American Legion Post 74 invites you to The Pink Poker Run - Ride for the Cure on October 11th with line up at 10 AM. Come and enjoy the poker run, games, bake sale, raffles, and much more. For more information call Mollie 863-214-3932.

The Sebring Shrine Club on Rt. 17 North will host live bands every Thursday from 6 to 8 PM. Come enjoy eclectic sounds every week from vintage country, gospel, bluegrass and more. Donations are taken at the door to help support Children's Hospitals and Burn Centers.

The Sebring Saturday Night Cruise will be held on the Circle in Sebring the 2nd Saturday of each month from 5 to 8 PM with classic cars, live entertainment,

delicious food and more. For more information visit www.SebringCruise.com

The Highlands Social Center, at 3400 Sebring Parkway invites you to breakfast, lunch and to enjoy entertainment by Dan Patrick every Wednesday from 9 AM to 3 PM for only \$6.00. For more information call 386-0752.

The Highlands Social Center will host "Starburst and Champagne" Bingo every Friday. Doors open at 11 AM with lunch served. Games start at 1 PM. The Highlands Social Center is located at 3400 Sebring Parkway. For more information call 386-0752.

Civil Air Patrol Highlands County Composite Squad meets every 2nd and 4th Monday of the month. The Cadets meet every Tuesday at 6:30 PM. All meetings are held at 128 Authority Lane at the Sebring Airport. For more information call 772-708-1526.

Drive-In or Fly-In Pancake Breakfast is held from 7:30 to 10:30 every 2nd Saturday monthly at Sebring Regional Airport. The cost is \$6.00 for once through and \$8.00 for all you can eat and proceeds benefit Young Eagles. For more information call 655-6444.

The Sebring Saturday Night Cruise will be held the second Saturday of each month on the circle in Sebring. See classic cars, enjoy entertainment, food and much more. For more information, visit www.SebringCruise.com

The Highlands Shrine Club will host a pancake breakfast from 8 to 10 AM for \$4.00, flea market and produce sale every Saturday. The Flea Market is open every

Friday, Saturday and Sunday from 7 AM to 1 PM. The HSC is located at 2604 State Road 17 South in Avon Park. For more information call 382-2208.

The Avon Park Depot Museum is open 10 AM to 3 PM on Wednesday, Thursday and Friday. The museum will also be open the first Saturday of each month. For more information call 453-3525.

That's Heartland Happenings. If your group or organization has an event coming up, please let us know. Fax your information to 863-382-1982, or you can mail your information to Heartland Happenings, c/o Cohan Radio Group, 3750 US 27N, Suite 1, Sebring, FL 33870. Keep it here on your favorite Cohan Radio Group Radio Station.

Cohan Radio Group 3750 U.S. 27 N, Sebring, FL 33870 Office Line: 863.382.9999 Fax: 863.382.1982

Copyright © 2012 Cohan Radio Group All rights reserved

COHAN RADIO GROUP

HEARTLAND HAPPENINGS

HOME
 HEARTLAND
 HAPPENINGS
 ABOUT US
 CONTACT US

Want to
 advertise
 your business
 on the radio?

LINKS:

Greater Sebring Chamber of Commerce

Avon Park Chamber of Commerce

Greater Lake Placid Chamber of Commerce

Employment Opportunities

EEO Public File Report

Continental Weather Corporation

Alan Archer AMS Certified Consulting Meteorologist

This is Heartland Happenings, your guide to local events throughout the community:

The Circle Theatre is offering Tai Chi Classes every Monday with Ray Drury from 9 to 10 AM. The cost is \$10.00 per class with all proceeds to benefit Champion for Children.

Dust off your dancing shoes and head over to Circle Theatre for Couples Dance Lessons on Thursday nights in May. The cost is \$5.00 per person and classes are taught by instructors from Carmela's Rhythm. For more information call 382-1029.

The Law Enforcement Torch Run for Special Olympics will be held in Sebring on Friday, May 2nd at 7:30 AM as the Flame of Hope makes its way across Florida. The Torch Run will start at Publix South and end at Veteran's Beach. Come and support Highlands County Law Enforcement and make a donation to Special Olympics. For more information call Cindy Ritenour at 402-7206.

Grace Bible Church invites you to the 6th Annual Travis O'Bannon Memorial Golf Tournament on Saturday, May 3rd with a shotgun start at 8 AM. For more information call 385-4830 ext. 1

The March of Dimes March for Babies walk will be held at Highlands Hammock State Park on Saturday, May 3rd with registration at 8 AM. To sign up or join a team visit www.marchforbabies.org

Avon Park High School Project Graduation will hold a Texas Hold'em Tournament at Cowpokes on Saturday, May 3rd with registration at 10 AM. The tournament begins at noon with 96 spots available. Cowpokes Watering Hole is located at 6813 US Highway 27 South in Sebring.

Explosion Drama Team will hold a fundraiser on Saturday, May 3rd at Dee's Place. Doors open at 5 PM with refreshments and snacks. The Drama Service will be held at 6 PM.

Lake Placid High School presents Gallery Walk and Concert 2014 on Tuesday, May 6th from 6 to 8 PM. This event is open to the public and admission is free.

Kokomo 2014 will be held at the Island View Restaurant on Friday, May 9th from 6 to 11 PM. Tickets are \$45.00 and proceeds will benefit Ridge Area Arc. RSVP now by calling 452-1295.

The Girls Gone Wine Festival will be held in Downtown Sebring on Friday, May 9th from 5 to 8 PM and Saturday, May 10th from 10 AM to 4 PM. General admission is free. Tickets are \$25.00 per person for the special cheese and wine tasting and tickets are available at Dogtown USA. For more information visit www.GirlsGoneWineFest.com

Highlands Little Theatre presents "13" May 9th through May 11th. For tickets and more information call 382-2525 or visit www.highlandslittletheatre.org

A Mother's Day 5K will be held on Saturday, May 10th at Highlands Hammock State Park starting at 8 AM. Check in by 7:30 AM. For more information email Cherie.Starr@AHSS.org

Friends of Highlands Hammock State Park presents Music in the Park featuring Quasimojo with 70's and 80's Rock 'n Roll on Saturday, May 17th. Bring chairs or blankets. Concert admission is \$5.00 with kids 12 and under admitted free. For more information call 386-6094.

The Dirty Dozen & Half Dozen Fun Mud Run will be held at the National Guard Armory in Avon Park on Saturday, May 24th. The Packet Pick Up Party will be held on Friday, May 23rd at Crossfit Sebring at 1560 Lakeview Drive. For more information visit www.ddozen.com

The Running for Autism 5K will be held at Highlands Hammock State Park on Saturday, July 19th starting at 7:30 AM. For more information visit Autistic Footprints on Facebook.

The American Legion Post 74 invites you to The Pink Poker Run - Ride for the Cure on October 11th with line up at 10 AM. Come and enjoy the poker run, games, bake sale, raffles, and much more. For more information call Mollie 863-214-3932.

The Sebring Shrine Club on Rt. 17 North will host live bands every Thursday from 6 to 8 PM. Come enjoy eclectic sounds every week from vintage country, gospel, bluegrass and more. Donations are taken at the door to help support Children's Hospitals and Burn Centers.

The Sebring Saturday Night Cruise will be held on the Circle in Sebring the 2nd Saturday of each month from 5 to 8 PM with classic cars, live entertainment, delicious food and more. For more information visit www.SebringCruise.com

The Highlands Social Center, at 3400 Sebring Parkway invites you to breakfast, lunch and to enjoy entertainment by Dan Patrick every Wednesday from 9 AM to 3 PM for only \$6.00. For more information call 386-0752.

The Highlands Social Center will host "Starburst and Champagne" Bingo every Friday. Doors open at 11 AM with lunch served. Games start at 1 PM. The Highlands Social Center is located at 3400 Sebring Parkway. For more information call 386-0752.

Civil Air Patrol Highlands County Composite Squad meets every 2nd and 4th Monday of the month. The Cadets meet every Tuesday at 6:30 PM. All meetings are held at 128 Authority Lane at the Sebring Airport. For more information call 772-708-1526.

Drive-In or Fly-In Pancake Breakfast is held from 7:30 to 10:30 every 2nd Saturday monthly at Sebring Regional Airport. The cost is \$6.00 for once through and \$8.00 for all you can eat and proceeds benefit Young Eagles. For more information call 655-6444.

The Sebring Saturday Night Cruise will be held the second Saturday of each month on the circle in Sebring. See classic cars, enjoy entertainment, food and much more. For more information, visit www.SebringCruise.com

The Highlands Shrine Club will host a pancake breakfast from 8 to 10 AM for \$4.00, flea market and produce sale every Saturday. The Flea Market is open every Friday, Saturday and Sunday from 7 AM to 1 PM. The HSC is located at 2604 State

Road 17 South in Avon Park. For more information call 382-2208.

The Avon Park Depot Museum is open 10 AM to 3 PM on Wednesday, Thursday and Friday. The museum will also be open the first Saturday of each month. For more information call 453-3525.

That's Heartland Happenings. If your group or organization has an event coming up, please let us know. Fax your information to 863-382-1982, or you can mail your information to Heartland Happenings, c/o Cohan Radio Group, 3750 US 27N, Suite 1, Sebring, FL 33870. Keep it here on your favorite Cohan Radio Group Radio Station.

Cohan Radio Group 3750 U.S. 27 N, Sebring, FL 33870 Office Line: 863.382.9999 Fax: 863.382.1982

Copyright © 2012 Cohan Radio Group All rights reserved