2nd Quarter 2017

WQRC (7 a.m.) / WOCN (8 a.m.) / WFCC (6 a.m.) / WKPE (5 a.m.)

Segment times 17:30 unless otherwise indicated.

April 2, - Sunday Journal Program

Program Title: Tourism Money Loss

Program Description: Members of the Cape Cod legislative delegation will press their case before Governor Charlie Baker on Wednesday to bring back tourism marketing funds he cut in December. Baker slashed \$7 million dollars in statewide funding, which effectively eliminated the Cape Cod Chamber of Commerce's summer marketing campaigns. Business leaders across the region have called the state budgeting decision into question. Wendy Northcross from the Cape Cod Chamber of Commerce joins the program to talk about their efforts to get money back into the budget.

Program Title: Tick Talk

Program Description: A program that allows people to send ticks to the labs at UMass Amherst will continue, thanks to some local funding. The TickReport service was recently subsidized for \$30,000 by Cape Cod Healthcare (CCH). The service has been available since 2009 at a price of \$50 per test. Now, that price is \$15, and even includes another virus in the test. Barnstable County Entomologist Larry Dapsis studies the insects, and said that a bite doesn't necessarily mean the victim will contract a disease. However, he said the addition of a test for Powassan virus in the current service could help those bitten identify a potentially deadly condition sooner.

April 9, - Sunday Journal Program

Program Title: Pleasant Bay Boating

Program Description: Students on Cape Cod have the opportunity this summer to combine the fun and adventure of sailing with learning about marine life and science, technology, engineering and math. Pleasant Bay Community Boating is offering several new summer science programs held over one or two weeks or by the day. The two week "Art and Joy of Fly Fishing" program begins later this month. Students will be able to learn the skills needed to fish by fly, along with sailing and motor boating on Pleasant Bay. Executive Director Charlie Sumner joins the program.

Program Title: Community Leadership Institute

Program Description: A certificate program to strengthen the nonprofit sector on Cape Cod and the Islands has kicked off yesterday in Hyannis. The leaders of 17 nonprofit organizations from the region will participate in the Institute for Nonprofit Practice's leadership development program, which was underwritten through a first-of-its-kind collaborative between eight funder organizations. It's the first time the program is being offered on Cape Cod. It is currently offered in Greater Boston, the Merrimack Valley and Rhode Island and is affiliated with Tufts University's Jonathan M. Tisch College of Civic Life.

"We expect the pilot will be successful and that this is a program that will be able to run for a long time," said participant Kristin O'Malley, the executive director of The Cape Cod Foundation, one of the funder organizations.

Program Title: Lisa Oliver – New COOP President/CEO

Program Description: The Cooperative Bank of Cape Cod has named its new President and CEO. Lisa Oliver becomes just the 5th President in the 95-year history of the community bank – and the first woman. Oliver has more than 30 years of financial experience, including 25 years at Cleveland-based KeyBank where she most recently served as Executive Vice President and Head of Business Banking. She will replace Joel Crowell, who has retiring after 47 years with the bank, including serving as President and CEO since 1983. "Lisa is a relationship builder and that's an incredibly important skill set for a community banker," Crowell said. Oliver joins to the program to talk about her new job.

April 16, - Sunday Journal Program

Program Title: Mercy Otis Warren Women of the Year

Program Description: Mercy Otis Warren Cape Cod Woman of the Year Dolores Daluz discussed how race has affected her life on Cape Cod and the Civil Rights battle still being fought during her acceptance speech Monday night. The long-time civil rights activist and founding member of the Zion Union Heritage Museum said a strong first impression while on a Cape vacation in 1950 with her husband Joe made her want to move here. "Seeing Craigville Beach I asked where is the colored section – and there is no colored section – you mean I can spread my blanket anywhere I want – I was hooked," Daluz said. Daluz says the Cape did have a dark side and the Cape Cod NAACP, of which she was a founder and past officer, actively worked to flush out discrimination in all aspects of the community, including the hospital, schools, town hall, housing, police department and employment.

Program Title: Flood Insurance

Program Description: Homeowners on Cape Cod and the Islands are being urged to keep a close eye on several bills in Congress that would impact the National Flood Insurance Program. Several ideas for changes to the program are being proposed by experts, stakeholders and legislators as Congress' authorization expires in September. Rogers & Gray Flood Insurance Specialist Joe Rossi said there are seven bills working through the U.S. House of Representatives which would be consolidated and could have harmful implications for property owners in the state. "The bills that were proposed back about two or three months ago in the U.S. House have remained, for the most part, somewhat unchanged now that they have come out of committee," Rossi said.

April 23, - Sunday Journal Program

Program Title: Cape Cod Transportation

Program Description: The Cape Cod Metropolitan Planning Organization (MPO) recently approved the region's transportation planning and capital plans to be funded with federal and state dollars. The MPO is made up of 11 voting members with representatives of state agencies, organizations and towns across the Cape. Discussions at MPO meetings help select planning studies to be included in the Unified Planning Work Program (UPWP). The UPWP is the program of planning work for the upcoming federal fiscal year, which runs from October 1, 2017 to September 30, 2017. The Cape Cod Commission serves as the staff for the MPO and develops the UPWP on its behalf. Commission Technical Services Director Glenn Cannon joins the program.

Program Title: RUCK 4 HIT

Program Description: The Heroes in Transition "Ruck4HIT team-based endurance relay event is underway on Cape Cod this weekend. Participants began running early Friday morning and trek more than 220 miles through every town on Cape Cod. They'll be wearing 20-pound ruck sack the entire time. Each athlete will run five to seven miles at a stretch and the team will collectively run for over 40 consecutive hours. The event raises money for Heroes in Transition PTSD Assistance programs. Co-organizer Nicole Spencer said carrying a ruck sack is symbolic of hardships and perseverance soldiers endure. "Somehow, in some small way, mimic that feeling that they have on their back when they're out on the field," said Spencer.

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Program Title: Rick Presbrey Says Goodbye

Program Description: Housing Assistance Corporation's annual Meeting & Volunteer Recognition event will have special significance this year. The organization which addresses the region's housing issues will honor its founder Rick Presbrey, who retired from the position of CEO in January. Rick's philosophy over the years was what services does the region need and how can HAC help provide them and that's really what he's done over the years," said Laura Reckford, the director of fundraising and community development for HAC. Presbrey joins the program to talk about his 40-plus year tenure at HAC.

April 30, - Sunday Journal Program

Program Title: Duffy Health Center Medication Assisted Treatment program

Program Description: Duffy Health Center held an open house on Tuesday to introduce their new Medication Assisted Treatment (MAT) program for teens. The new program serves to help those aged 16-24, with up to 20 treated in the first year that the program is open. The program currently has 18 participants between the ages of 18-24. The program is targeted at the developmental needs of teens and is separate from Duffy's adult program. "It's really important for us to really be addressing this issue with much younger teens before they do enough damage to their systems," said Duffy CEO Heidi Nelson. In addition to a family practice physician and family nurse practitioner for primary care needs, the care teams include a child psychiatrist, a counselor and a recovery support navigator.

Program Title: Hope Health Walk

Program Description: HopeHealth's Walk for Alzheimer's provides funding for information, education and support services for people with Alzheimer's disease or a related dementia—and families and professionals who care for them. Caring for someone who has Alzheimer's disease or a related dementia can be a difficult physical, emotional and mental challenge. Caregiving can go on for years and requires special understanding, patience and skills. Specialized programs provided by Hope Dementia & Alzheimer's Services include assessment, individual and group counseling, education, telephone support and respite care. HopeHealth's Walk for Alzheimer's takes place on May 15 at the Cape Cod Canal at Scusset State Beach.

May 7, - Sunday Journal Program

Program Title: Immigration Resource

Program Description: The Hyannis-based Immigration Resource Center will soon be offering its services once a week in Falmouth to better serve the Upper Cape immigrant population. The satellite office will be open Fridays at Falmouth Human Services, and will a variety of services. "It's really soup to nuts," said Collin Mickle, Director for the Immigration Resource Center. "Whether it's a question of 'this is my status and I want to know what I can do next,' or 'I'm in the middle of a procedure and want some advice on how to proceed,' or 'I got this letter from the government and I'm not quite sure what it says, so I'd like someone who looks at letters like this all the time to take a look at it." Along with free guidance and counseling, citizenship courses will also be offered and with reports showing that immigrant populations on the Cape have grown in recent years, the center realized the need for expansion.

Program Title: 20 Summers

Program Description: Twenty Summers is a new nonprofit arts center in Provincetown, founded to foster public engagement with art and artists, and to honor the legacy of art in Provincetown. It restored the historic Hawthorne Barn where that legacy began and where its programs take place from mid-May to mid-June annually. The name Twenty Summers is a phrase in a poem by Stanley Kunitz connoting both the pull of Provincetown and its legacy of art.

May 14, - Sunday Journal Program

Program Title: Cape Cod Healthcare

Program Description: A new music festival is coming to the Cape Cod Melody Tent this August to raise funds for Cape Cod Healthcare. The inaugural Hope Music Festival, organized by Brian Serpone Productions and presented by Cape Cod Broadcasting Media, features rock artists from the 60s, 70s, 80s and today. The festival includes award winning artists who have performed for Aerosmith, the Rolling Stones, Boston, The Cars, B52s, the J. Geils Band and more. "It's a one of a kind charitable event bringing a legendary lineup of rock n' roll artists to the Cape – something that hasn't been done," said Brian Serpone.

Program Title: HAC Weatherization

Program Description: Housing Assistance Corporation is offering no cost energy assessments for income eligible single- and multi-family homes. The goal of the assessments is to improve the energy efficiency of homes while reducing energy costs. The process starts with baseline tests conducted by a HAC auditor to determine what measures could be taken to reduce kilowatt usage. "We will look at the entire scope of the home and we'll look at how it performs through doing quality control checks and tests and industry standard testing," said Al DiMuzio, the director of HAC's Energy & Repair Department. "Then we'll write up a proposal to bring the house and home up to the highest level that we can within that context to make it the most energy efficient that we can."

May 14, - Sunday Journal Program

Program Title: Heart of Wellness

Program Description: –Heart of Wellness (HOW) is offering free heart wellness programs that will be offered in May, June and July at the Centerville Library. Talks, videos and music will be presented that will be informational and inspirational by wellness experts from the community. David Sauro from HOW said that they had to put pieces together to have a finished product with the programs. "The end product is a wellness group that teaches lessons for the heart that we hope will become as we say, informational and inspirational," said Sauro. The three different programs will be offered on May 17, June 21 and July 19 from 7-8:30 p.m. in the Coyle Room. The events are geared to people of all ages.

May 21, - Sunday Journal Program

Program Title: JFK Hyannis Museum

Program Description: On May 29th, former president John F. Kennedy would have turned 100 years old. A new special exhibit at the JFK Museum, "JFK at 100: Life & Legacy," journeys through the man's life and continuing impact on today's world. His visions for space travel, civil rights, nuclear non-proliferation and other hallmarks of his policy are covered thoroughly in the exhibit. But it also includes rarely-seen images of his time spent on Cape Cod during those critical years. His college years and military service, campaigns for Congress, the Senate, and U.S. Presidency are also included in the retrospective. Former Senator Paul Kirk said at a reception that memories surrounding JFK and his time period often result in feelings of nostalgia for people who live through it. But Kirk said that's not quite what Kennedy would have wanted. "His public life was about the future and this exhibit is to remind people of this youthful,

imaginative, visionary leadership that he brought to our country and the people around the world," Kirk said. As is central to the museum's core offerings, the relationship the president had with Cape Cod and as a neighbor in the community will be a mainstay at the special exhibit. Executive Director John Allen said the museum acts as an ambassador to the president's legacy.

Program Title: NARCAN Training

Program Title: The Boys and Girls Club of Cape Cod hosted a free Naloxone/Narcan training and Overdose Prevention Education Hour recently. The training session was put on by the AIDS Support Group of Cape Cod and participants completed it in less than an hour. Although no training is needed in order to purchase a Narcan kit, the training showed participants what an overdose looks like, what the risk factors are for an overdose, how to recognize an overdose and how to administer naloxone. Donna Mello, the Harm Reduction Manager at the Aids Support Group of Cape Cod, said that those who oppose the use of Narcan don't understand its use. "There are no addicts who say "I'm going to use and I'm going to use more because I know that there's going to be Narcan to save me", because no one wants to be revived with Narcan, it is going to through them into withdrawal, it will take away their high," said Mello. Free naloxone kits were made available for participants at the end of training and those who were trained were then certified to keep and administer naloxone. Mello is encouraging Cape Cod residents to get trained.

Program Title: Wayne Lamson

Program Description: After working for more than 4 decades with the Steamship Authority, General Manager Wayne Lamson is retiring. Lamson, who started as a ticket seller in 1969, has served as general manager for the last 12 years and says he will leave at the end of June of 2017. "I wanted to give the board plenty of time to go through the selection process and also provide for a smooth transition," Lamson said. The 65-year-old Lamson advanced to the authority's leadership position after serving as chief auditor, assistant treasurer and treasure, a position he held for 22 years. Lamson said it was time to start the next chapter of his life. "It's just to spend more time with the family, especially the grandchildren, and do a little traveling," Lamson said. He believes now was the best time to change leadership as the construction of the authority's newest vessel, the M/V Woods Hole was recently completed and the authority is currently in the permitting process of a long-term project for a new Woods Hole Terminal.

June 4, - Sunday Journal

Program Title: Cahoon Museum

Program Description: A major summer exhibition of maritime art opens later this month at the Cahoon Museum of American Art in Cotuit. The new exhibit, "Master of Maritime," features the works of James Buttersworth and details his importance to American maritime history and art. James, who was a 19th century ship portraitist, is known for his careful detail, dramatic settings and grace in movement. He was born in England in 1817 to a family of maritime artists and learned from his father, Thomas. The exhibition presents 29 pieces from James and 8 paintings by his father procured from private collections, the Mystic Seaport Museum and the collection of the Cahoon Museum. The pieces depict yachts in action, scenes from the America's Cup, clippers, steamers and other marine craft.

Program Title: Cape Cod Curling

Program Description: The Cape Cod Curling Club is hosting the annual SummerSpiel next month. The biggest offseason curling event in the world brings curlers from Cape Cod and all over the country together to compete against teams from as far away as Slovakia. There will be mixed, women's, men's junior and wheelchair tournaments. Among the athletes expected to participate are nationally ranked curlers and the elite wheelchair Team USA led by Cape Cod Curling Club member Steve Emt. The event kicks off on July 6 with the mixed competition, followed by the women's bonspiel on July 9, men on July 13 and juniors on July 16. Festivities conclude with the international wheelchair bonspiel from July 20-23. The SummerSpiel is free and open to the public. Curling Club President Russ Lempke joins the program to talk about the upcoming event.

June 11, Sunday Journal

Program Title: Cape Playhouse

Program Description: The 2017 season kicks off with Yasmine Reza's *Art*, the critically acclaimed comedy, in its Playhouse premiere. Winner of the Tony Award for Best Play, Olivier Award for Best Comedy, and Drama Desk Award for Outstanding New Play, *Art* focuses on the meaning of art (in the form of a solid white painting) and the meaning of friendship to the man who bought the painting and the two friends who come to see it. David Beach (Broadway: *Something Rotten, It's Only A Play, Mama Mia!, Urinetown*; TV: *Veep, The Good Wife*) is Marc; the role of Yvan will be played by Eddie Korbich (original Broadway casts of *A Gentleman's Guide to Love and Murder, A Christmas Story, The Little Mermaid, The Drowsy*

Chaperone; TV: Blue Bloods, Elementary); and David Andrew Macdonald Broadway: Skylight; Rocky; Mamma Mia; regional: The Cape Playhouse, North Shore Music Theater) is Serge. Art is directed by Matt Lenz (Broadway: Charlie and the Chocolate Factory, The Velocity of Autumn, Hairspray; national tours: A Christmas Story, The Sound of Music). Playing June 12-24, 2017, Art has won rave reviews and laughter of audiences around the world. The managing director, Brett Bernardini, and artistic director, Michael Rader, join the program to talk about their planned performances.

Program Title: JFK 100: Life and Legacy

Program Description: Our JFK 100: Life and Legacy series continues this week. The man who was the personal interior decorator and designed to President Kennedy and his family joins the program from the JFK Museum in Hyannis. Robert Luddington joins the program. **Program Title:** Brewster Ponds

June 18, - Sunday Journal Program

Program Title – Alzheimer's Walk

Program Description - A walk to benefit Cape Cod residents with Alzheimer's disease and other dementias steps off Saturday in Harwich. The 12th Annual Remembery Walk – Dave Birtwell Memorial for Alzheimer's starts at 11 a.m. at Brooks Park and features special guests State Senator Julian Cyr (D-Truro) and State Representative Sarah Peake (D-Provincetown). The event was created to honor Birtwell who died from the disease at the age of 84 in 2006. Birtwell's grandson, who was a teenager at the time, came up with the idea to honor his grandfather.

Program Title – IFAW

Program Description - Yarmouth Port-based International Fund for Animal Welfare recently named Kelvin Alie as its new executive vice president, who made a special visit to the Cape recently. Alie began his IFAW career in the Cape Cod office as a wildlife project coordinator, and while the organization is international, Alie has fond memories of rescuing animals a little closer to home: stranded dolphins in Wellfleet and Truro. "I really enjoyed that aspect of the job," Alie said. "It allowed me to not just blend advocacy but also an opportunity to get on the ground, get my hands dirty and help animals in need on Cape Cod." Alie says he was drawn to IFAW based on its mission and international scope, and with a recent rise in poaching, his goal is to increase the organization's action to address international wildlife crime.

Program Title – Bix Fix Falmouth

Program Description - Preparations are underway for Housing Assistance Corporation to bring its annual Big Fix to Falmouth. Hundreds of volunteers will help make small repairs and landscape for seniors, veterans and disabled individuals in need. HAC Community Relations Director Laura Reckford told Selectmen last week the event will come to Falmouth on September 16. Falmouth is the eighth Cape Cod town to host the Big Fix. Previous events were in Barnstable, Sandwich, Dennis, Mashpee, Yarmouth, Bourne and last year in Brewster. "It's really a four or five hour event," Reckford said. "Volunteers can come and as I always tell people 'if you can use a rake, you can volunteer."

Volunteers don't have to be skilled home repair workers, but skilled workers are encouraged to participate.

Program Title: Pilgrim Monument and Provincetown Museum

Program Description: – The 252-foot granite Pilgrim Monument and Provincetown Museum (PMPM) will host more than 20 events this year now that it has opened for the season. Free admission to either building will take place Wednesdays from May 31st to August 30th from 5 to 7 p.m. The PMPM season will extend to January 4th, 2018 to be part of the holiday celebrations. The first of the season's events will occur Sunday, April 9th for children of all ages accompanied by an adult. A spring celebration Egg Hunt on the lawn of the monument will begin at 10:30 a.m.