

KGCL Jordan Valley OR

ISSUES / PROGRAMS

4th Quarter 2023

KGCL has identified the following list of issues as important to its coverage area primarily through listener contact and informational postings.

All times listed are Pacific Time.

The station has aired educational and religious programming responsive to the issues listed.

1. Mental Health
2. Suicide
3. Homelessness
4. Crime / Gangs
5. Marriage / Family
6. Education
7. Fire Prevention in Homes

The following is an illustrative listing of programs aired in response to the issues listed.

1. Mental Health

Al Día Up-to-Date, with Vania Consentino. Public Affairs program with special expert guests interviewed by Vania Consentino. Saturdays 12:00 – 12:15 p.m.

10/7/2023	Mental Health Disorder - Part One- Pastor, Psychologist, Counselor, Pablo Precioso from Santa Clarita, CA considers mental health on our program today: A mental health disorder characterized by persistent depressed mood or loss of interest in activities, can cause significant impairment in daily life. Possible causes, a combination of biological, psychological, and social sources of distress.
10/14/2023	Mental Health Disorder - Part Two -Pastor, Psychologist, Counselor, Elena Precioso -Santa Clarita, CA, discusses aspects of mental illness - There are so many among us feeling lonely and depressed. There is a wide range of conditions that affect mood, thinking, and behavior. Particularly important as well are examples of negative childhood experiences that can, in adulthood, impact on mental health, like abuse, neglect, trauma, and others.
12/2/2023	Social Media and Identity Crisis with Dr. Alberto Melena, Psychologist, Ventura County Medical Center. He explained how social media can feed an identity crisis with young adults. Understanding social media's new role in mental health is crucial to protect our youngsters.
12/9/2023	Mental Health- Part One with Angeles Small, Director with Ventura County Department of Health - Mental health is everything that is related to our behaviors, emotions, and attitudes. Mental health situations send more people to hospitals than cancer, according to the CDC-Centers for Disease Control and Prevention.
12/16/2023	Mental Health- Part Two. Angeles Small- Director, Ventura County Dept. of Health returns. Children and young adolescents with symptoms of panic, difficult breathing, aggressiveness, overeating, oversleeping, can be taken for professional evaluation at a county mental health institution.

Mi Casa Y Yo Me and My House, with Pastor Jeff Tolle DMISS, Life Pacific University and Evelyn Tolle. Daily 12-minute program addressing Marriage and Family issues and child formation. Monday – Friday 10:00 – 10:12 a.m.

10/30/23	Pastor Jeff Tolle and wife Evelyn Tolle give their insights on Mental Health covers a wide variety - from depression to bi-polar and schizophrenia. So many are suffering from cases of depression and anxiety now. What is happening that we have so many now? Is medicine the best for most people? Is there another solution? We want fast solutions, but these may take time. Counseling is a great tool to deal with mental health matters.
10/31/23	Pastor Jeff Tolle and wife Evelyn Tolle give their insights on Mental Health - What gets repeated gets established. Young and old alike need to live with intentional healthy thoughts. Thoughts have great power over our outlook. Need to look beyond emotions. Our own negative thoughts can affect us i.e. "I'm ugly, I'm ugly..." can take root to affect mental outlook. Think on the good. Care for your mind.
11/03/23	Pastor Jeff Tolle and wife Evelyn Tolle give their insights on Mental Health - Truth and the Soul. Emotions - we think about what we feel, but we need to go deeper and ask why we feel as we do. But we must go deep for the answer. Sometimes because I was abused, abandoned, etc. And yes, this is terrible, but then we must face our internal hurts - those deep in the soul. Need counseling for help. It is useful to look at our shame, anger and our reasons and reactions.

2. Suicide

Al Día Up-to-Date, with Vania Consentino. Public Affairs program with special expert guests interviewed by Vania Consentino. Saturdays 12:00 – 12:15 p.m.

10/21/2023	Suicide Thoughts and Attempts Among Teenage Girls with Anthony Recio -Youth Pastor, Houses of Light Church, Northridge, CA. The CDC, the Centers for Disease Control and Prevention - reported that teen girls are caught in an extreme wave of sadness and violence. Youth Pastor Recio complements that the latest 'CDC' reports never-before-seen levels of suicide thoughts among high school girls in the U.S.
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Mi Casa Y Yo Me and My House, with Pastor Jeff Tolle DMISS, Life Pacific University and Evelyn Tolle. Daily 12-minute program addressing Marriage and Family issues and child formation. Monday – Friday 10:00 – 10:12 a.m.

11/07/23	Pastor Jeff Tolle and wife Evelyn Tolle give their insights on social media affects mental health. With our youth - believe it or not, social media can affect. According to Time, Instagram is the worst for mental health. In the US, twenty-two million kids use social media and Forbes says these take on the negative effects on body image, risk of eating disorders, desire for cosmetic surgery, etc. Be vigilant about what your kids are doing with social media.
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3. Homelessness

Al Día Up-to-Date, with Vania Consentino. Public Affairs program with special expert guests interviewed by Vania Consentino. Saturdays 12:00 – 12:15 p.m.

10/28/2023	Homelessness, Transitional Living with Jim Duran, Exec. Director, The City Center, Ventura, CA, a non-profit free transitional living center for homeless children and their parents. Helping families to get up and be self-sufficient. Families must be sober for the last six months. The ministry also helps families to find work.
12/23/2023	Alex Vega- Director with Ventura County Community Housing Development - A non-profit organization dedicated to providing home loans for low to medium income communities. VCCDC also provides counseling on how to become a successful homeowner, loans to low-income future owners, and grants.

Mi Casa Y Yo Me and My House, with Pastor Jeff Tolle DMISS, Life Pacific University and Evelyn Tolle. Daily 12-minute program addressing Marriage and Family issues and child formation. Monday – Friday 10:00 – 10:12 a.m.

10/09/23	Pastor Jeff Tolle and wife Evelyn Tolle give their insights - As homelessness is increasing, we must have compassion and also need to enforce laws for order on our streets. many have mental problems. Yes, compassion, but many have violent mental issues and addiction problems.
12/04/23	Pastor Jeff Tolle and wife Evelyn Tolle give their insights on serving those in need - even if you are not personally doing so well, we need generosity of spirit even in our own scarcity for our personal well-being. You can live generously by serving others in a soup kitchen, giving to help the needy - even in small amounts.

12/05/23	Pastor Jeff Tolle and wife Evelyn Tolle give their insights on living in difficulty - for those on the streets, in addictions, and for families in trouble, or families with members in prisons. Be cautious and alert to dangerous situations, but look at those who are actually suffering, keep hearts full of love and look for a way to help those less fortunate during this season of giving.,
12/07/23	Pastor Jeff Tolle and wife Evelyn Tolle give their insights on Neighbors. If someone asks, and we can, we should help ... come with me and eat. Who is my neighbor? Read the story of the Good Samaritan. I am the Good Neighbor who must help.

4. Crime / Gangs

Al Día Up-to-Date, with Vania Consentino. Public Affairs program with special expert guests interviewed by Vania Consentino. Saturdays 12:00 – 12:15 p.m.

11/11/2023	Crime and Gangs- Part One with ex-Gang Member, Pastor Fermin Hernandez, Oxnard, CA who discusses how a deep understanding of how gangs operate can make the churches more effective in infiltrating this subculture with a transformative faith. Youth gangs will become increasingly violent due to their ability to acquire high-tech weapons.
11/18/2023	Crime, Gangs - Part Two with Pastor Alex Hernandez, Santa Barbara, CA. Pastor Alex comes to us with experience. The war on gangs continues across the country, and school officials, government officials, law enforcement, and religious organizations continue to mobilize to combat violence and its influence, especially in our youth culture.

Mi Casa Y Yo Me and My House, with Pastor Jeff Tolle DMISS, Life Pacific University and Evelyn Tolle. Daily 12-minute program addressing Marriage and Family issues and child formation. Monday – Friday 10:00 – 10:12 a.m.

10/10/23	Crime Pt 2 -Some of our problems come from lack of enforcement of laws. Stats do not show all crime because much crime is not charged or prosecuted. So how do we protect our children from getting touched by crime? How do we keep our children healthy? We need to involve our children in the good to avoid the places where bad choices lurk. Involve them in sports, education, church and more.
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5. Marriage / Family Issues

Al Día Up-to-Date, with Vania Consentino. Public Affairs program with special expert guests interviewed by Vania Consentino. Saturdays 12:00 – 12:15 p.m.

11/25/2023	The Father's Role in the Family is discussed with Pastor and Educator Samuel Isunza from Chicago, IL. of Living Hope Ministry. One of his main roles is providing support, encouragement and access to activities that enable a child to master key developmental tasks. The father is expected to be the protector, the provider, and the disciplinarian.
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10/11/23	Pastor Jeff Tolle and wife Evelyn Tolle give their insights on Crime Pt 3 - We need to inculcate our good values into the next generation. Keep them busy doing good, useful things. It is right to work and contribute to the family in daily chores and help and develop responsibility. Otherwise, our children can be attracted to the wrong places.
10/12/23	Pastor Jeff Tolle and wife Evelyn Tolle give their insights on raising children. Since more temptation is out there, we must focus on our kid's growth: emotionally, relationships, education, intellectual, spirituality. Prepare them for life, for higher education, for social situations, for leadership. When my child stole something, we stopped, went back to the manager, gave it back and apologized. Yes, he was ashamed, but then he felt better, and it is necessary to help them grow even in the difficult situations. Better learn now than later.
11/08/23	Pastor Jeff Tolle and wife Evelyn Tolle give their insights on how social media affects adult's mental health. Social Media can give the impression that others have perfect lives or business or churches. For some pastors, we can follow other churches and become jealous. Photos with filters. Great photos of events. Depression and anxiety are risks. Sometimes social media isolates us. We avoid real social contact because we are addicted to Instagram - we can watch hours and days on end - never seeing the same thing - it can be an addiction. We must be careful. Be firm for your mental health.
11/09/23	Diet, Exercise and Mental Health - Diet can affect mental health and exercise can help some. Diets high in refined sugar can affect the brain and body - even depression. High fat diets can affect body health. Lack of exercise affects the body. But a commitment to exercise can help your brain and body.

11/15/23	Character Development - Self-discipline converts to personal direction. For example - children learn to do things because it is the right thing to do. We want them to develop the correct decision-making. We will not be with our kids 24 hours a day - the need to know the right thing to do and choose to do it. So have conversations with them about what to do to make great choices automatic.
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6. Education

Al Día Up-to-Date, with Vania Consentino. Public Affairs program with special expert guests interviewed by Vania Consentino. Saturdays 12:00 – 12:15 p.m.

12/30/2023	Susana Cantoral, Educator Writer from Los Angeles, CA joins us to talk about our children and education - '...It is a shame that we have extremely high school dropout rates. We are the country with the most attacks of violence on school and university campuses in the last 30 years. But there is something redeemable in all things. Education is like a portfolio where all the information is completed for us to live a better life.'
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7. Fire Safety and Holidays

Al Día Up-to-Date, with Vania Consentino. Public Affairs program with special expert guests interviewed by Vania Consentino. Saturdays 12:00 – 12:15 p.m.

11/04/2023	Fire Prevention with Lupe Melchor & David Baizan, Smoke Detector Specialists, City of Oxnard Fire Department shared how in our homes, smoke detectors are essential to save lives, and by building code, they must be installed in all homes. The Red Cross of America offers a program of providing free smoke detectors for high-risk residents in several states and counties, to ensure proper fire protection systems for at-risk communities. Call your local Red Cross for details.
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