COMMUNITY ISSUES PROGRAM LIST- KLXN(FM) Fourth Quarter 2020 (October-December) Prepared by: Devona Porter, FCC Compliance Manager

The following is a listing of some of the significant issues responded to by KLXN(FM), ROSEPINE, LOUISIANA, for the period of October 1 – December 31, 2020. The listing is by no means exhaustive. The order in which the issues appear does not reflect any priority or significance. All times are Pacific Daylight Time.

- 1. MENTAL HEALTH
- 2. EDUCATION
- 3. HEALTH / WELLNESS
- 4. MILITARY VETS
- DISASTER RELIEF
- 6. PANDEMIC / QUARENTINE
 - EDUCATION
 - MENTAL HEALTH CHILDREN
 - DOMESTIC ABUSE
- 7. DOMESTIC RELIEF & RESILIENCE

Issue	Program	Date	Time	Duration	Description of Program
Special Needs	Closer Look	Oct 11 Dec 27	7:00 pm	15 minutes	Special Needs Families Get 'Buddy Breaks' With Nathaniel's Hope Special Needs families frequently suffer isolation. Nathaniel's Hope trains churches to provide respite care. Volunteers learn to do crafts and play games with the children for 3-hour blocks of time. "There's no better cup of cold water you can give to a family impacted by disability than a break," says NH and Buddy Break co-founder Marie Kuck. It starts, she says, with having a willing heart. "Tear down those walls and build friendships." K-LOVE's Monika Kelly reports.
					Nathaniel's Hope - Buddy Breaks Nathaniel's Hope - VIP Birthday Club

Human Trafficking	Closer Look	Oct 11	7:15 pm	13 minutes	'Without Permission' Educates Parents And
Trafficking			Pili		Police On Human Trafficking
					Your teen meets a nice stranger at the mall. Or a
					guy she doesn't know likes all her posts on
					Instagram. What begins as flattery and flirtation
					has led thousands of kids kids just like yours
					down the dark and demeaning path to human
					trafficking. Groups like Without Permission urge
					parents to warn their teens about the tricks child
					predators use to trap victims. K-LOVE's Kindra
					Ponzio talks with CEO Debbie Johnson, CEO of
					Without Permission. 1509 K St, Modesto, CA 95354
					209.622.0156
					Related Links: Without Permission provides a free
					guide for families to become aware of dangers and
					to be safe 'digital citizens.'

Education	Closer Look	Oct 18	7:00 pm	28 minutes	SCHOOL-AT-HOME: Advice For Distance Learning, Homeschooling
			ľ		Socially-distanced schooling in the age of COVID-19
					has been bumpy for parents who feel inadequate
					as teachers. For some families, the shutdown drove
					disillusionment with public school curriculum,
					prompting a leap to homeschooling. Whether you
					homeschool or embrace distance learning, experts
					insist that school-at-home can indeed work for you.
					K-LOVE's Billie Branham reports.
					Guests:
					"Keeping it simple" is key says Arlene Pellicane,
					mom, author and host of <u>Accessmore</u> podcast <i>A</i>
					Happy Home. "Master the basics. Just focus on like
					two things that would help this distance learning
					thing work."
					As homeschoolers, parents take full responsibility
					for what their children learn, a method mentor and
					coach Kayla Weller finds effective, flexible and
					fun. "You can teach them what they're interested

		in and there's no set rules for how to teach," and "you would be surprised how much kids absorb when you take the time work with them."

Education - Distance Learning	K-LOVE's Positive People	Oct 19	Weekly Feature	60 seconds Podcast 7:07	Here's Expert Encouraging Advice for Parents & Students Doing Virtual School from Home - Richard Hunt
					As millions of families enter the uncharted waters of virtual school from home, there is expert advice available. Dr. Kevin Corsini, the president of San Diego Christian College joins us to share tips that can make online studies more practical, while at the same time keeping home life balanced. Normally, "We have a natural boundary in place between work and family, and it's called the office, or it's called the school, where you go to a separate physical location." But Dr. Corsini emphasizes, "And that's gonethe refuge that we call home is also a classroom, is also the office and it's beginning to blur the lines" of what needs to be a home space or a work or school environment. "Not only that, but it's impacting the roles in the family. You know, one minute you have to be a father. The next minute you have to be a teacher. The next minute, you're putting on your professional hat as well – and throughout the day, that can be very challenging." There is also the factor of a student feeling marginalized. Many online courses are pre-recorded videos that can create a gap between the student and teacher/professor, and input and association with fellow classmates.

		Join us in our podcast as Dr. Corsini shares tips for
		making this unexpected form of education work
		more smoothly.

Community Needs -	Closer Look	Oct 25	7:00 pm	28 minutes	2020 'Convoy Of Hope' Hauls Relief To Storm,
Disaster Relief		Nov 29	P		Fire and Virus Victims
					Closer Look update on our K-LOVE ministry partner!
					When disaster strikes, CONVOY OF HOPE big rigs
					show up, hauling so much more than tarps, lumber,
					bottled water and food. "It's starts with food but
					ends with Jesus," says COH spokesperson Jeff
					Nene. "Everywhere they go they just bring
					encouragement." Record storms, fires and floods
					kept Convoy of Hope busy this year and added to
					all that they're feeding millions of families hit by
					the pandemic! K-LOVE's Marya Morgan reports.
					RELATED LINKS:
					Convoy Of Hope
					https://www.klove.com/news/faith/convoy-of-hope-
					serves-10-million-meals-but-won-t-stop-there-
					12151

Disaster Relief	K-LOVE's Positive People	Oct 19	Various Weekly	60 seconds Podcast	Louisiana Has Not Been Forgotten After Devastating Hurricanes - Convoy Of Hope Continues Blessing by Richard Hunt
			Feature	7 minutes	Stacy Lamb, Convoy of Hope's Senior Director of Disaster Services, remains based in Lake Charles, Louisiana, one of the areas hardest hit by Hurricane Laura more than two weeks back. His boots-on-the-ground interview helps you understand just how serious the situation remains. For example, 90,000 people are still without power in the Lake Charles area alone. "Until the power comes back on, a lot of folks can't come back into the community. They can't work, which means people are not getting paid. There's still very widespread damage around here as well there's still a long road to recovery here," advises Lamb.
					Without power, there's no air conditioning, no fans
					- and with the temperatures still very summer-like
					and the humidity high, "mold is a big issue" with
					homes that have been damaged. Life is not
					easy. Convoy of Hope, a K-LOVE ministry partner, is
					working with area churches, "Our primary
					partner <i>is</i> the local church," says Lamb. Convoy's
					Louisiana base of operations is currently in a
					church parking lot. Lamb says "we're praying with
					people and offering help wherever we can." That

		help? Significant. The Convoy team has already trucked in 1.5 million pounds of relief supplies which are being donated to those in need, absolutely free.

Disaster Recovery	Closer Look	Oct 18 Nov	7:30 pm	20 minutes	Hurricane Laura Recovery in Rosepine
		15			Hurricane Laura hit Rosepine on August 27th and
					packed quite a punch, in fact much worse than
					Hurricane Rita. Many people stayed to weather the
					storm at home, and many evacuated. While the
					greatest devastation was in Lake Charles and other
					areas, Rosepine was impacted as well, especially
					wind/tree damage and utility issues. The
					community is working together from relief to
					recovery, and there's a lot of help coming from
					outside Louisiana as well.

Military Vets	Closer Look	Nov 15	7:00 pm	17 minutes	24/7 Veterans Crisis Line for you or a loved
Mental Health					one:
riculti					 Call <u>800-273-8255</u>, then select 1. <u>Start a confidential chat</u>. or Text <u>838255</u>. If you have hearing loss, call TTY: <u>800-799-4889</u>.
					PTSD Foundation of America works to free veterans
					of debilitating anguish that can lead to a
					breakdown in mental health. K-LOVE's Bob Dittman
					talks with Ryan Rogers about healing from the
					'moral injury' of combat. Peer-to-peer <u>Warrior</u>
					Groups are available in cities nationwide.

Military Vets	Closer Look	Nov 15	7:18 pm	12 minutes	Arts & Crafts Ease PTSD In Veterans
Mental					
Health					Another, somewhat unique, outreach to injured
					vets utilizes leather, beads, paint and glue: since
					1971, <u>Help Heal Vets</u> has distributed more than 30-
					million arts and <u>crafts kits</u> – model cars, <u>leather</u>
					work, jewelry, needlepoint, clock-making –
					provided to veterans free of charge. But does art
					therapy work? "Yes," assures CEO Captain Joe
					McClain. "Got it's start in WWI and has been used
					by clinicians in every conflict throughout." K-LOVE's
					Bob Dittman reports.

Election 2020	Closer Look	Nov 1	7:00 pm	28 minutes	Electoral College, President's Term: What
			ļ		Does the U.S. Constitution Say?
					What does the U.S. Constitution say about
					elections? The electoral college? What are the legal
					limits on presidential duties? K-LOVE's Marya
					Morgan talks with Katie Kennedy, a retired
					American government teacher and author of the
					illustrated children's book <i>The Constitution</i>
					Decoded. "If we don't know what the Constitution
					says, we can't preserve our government."
					RELATED LINKS:
					<u>U.S. Constitution - National Archives (official)</u>

Election 2020	PSA	Oct 12-25	Various	15 seconds	Louisiana Secretary of State
			8x/day		It's important that you vote on November 3 rd .
					Polling places do change occasionally so verify
					where you'll cast your ballot by visiting the
					Louisiana Secretary of State's "Geaux Vote"
					(That's Cajun for "Go") page at
					www.sos.la.gov/ElectionsAndVoting/Vote and verify
					your voting precinct. Let your voice be heard on
					November 3rd!

Health & Well-Being	Closer Look	Nov 8	7:00 pm	28 minutes	"Rest" is more than sleep. What kind of tired are you?
					Rest is the root of the word 'restoration' – and
					restoration is a principle that medical internist Dr.
					Saundra Dalton-Smith sees as crucial to seven
					distinct areas of your life. "Rest isn't just the
					cessation of activity," she says, suggesting that for
					optimal health "you have to get to the point of
					knowing what restores you. What fills you back
					up?"
					7 types of Rest: Physical, Mental, Emotional,
					Spiritual, Social, Sensory and Creative.
					Related Links:
					Dr. Saundra Dalton-Smith - REST QUIZ - What Kind
					Of Rest Do You Need?

Health & Smoking	Closer Look	Nov 22	7:00 pm	27 minutes	Vaping Often Fails As Alternative to Smoking
					Vaping is marketed as a safe alternative to traditional cigarettes, but 'dual use' plus dramatic surge in teen addiction and recent links to lung disease send most e-cig claims up in smoke. K-LOVE's Billie Branham talks with Linda Richter of the Center on Addiction and Dr. Michael Blaha,
					cardiovascular research director at Johns Hopkins Hospital. RELATED LINKS:
					10 Surprising Facts About E-Cigarettes (Center on Addiction)
					Outbreak of Lung Injury Associated with the Use of E-Cigarette, or Vaping, Products (Centers for Disease Control)
					"5 Vaping Facts You Need to Know," by Dr. Michael Blaha M.D., M.D.H.

		Linda Richter, Dir. of the Policy of Research and
		Analysis for the Center on Addiction (bio)
		"Can vaping damage your lungs? What we do (and
		don't) know," Harvard Health

Mental Health	Closer Look	Dec 6	7:00	14 minutes	It Doesn't Have To End This Way: Suicide
Tieaitii			pm		Prevention
					If someone decides to end their own life, you may never fully understand why. "But you can imagine how much psychological pain that person had to be in," says Pat Gallinagh of Range Suicide Prevention Council.
					But it doesn't have to end that way. Suicide can be prevented. Talking is where it starts.
					"Say, 'yeah we see you're hurting, you're in a lot of pain' and let them know that help is available."
					Hear K-LOVE'S Becky Hansen talk with Gallinagh about suicide warning signs, help and hope.
					CALL THE NAT'L SUICIDE HOTLINE 1-800-273 TALK (8255)

		Sometimes no matter how hard you try it's all just 'too much'. And that's okay. If you or someone you know is thinking of suicide call the national hotline. TALK. You are loved. Or call the K-LOVE PASTORS: 1-844-364-HOPE (4673).

Mental Health	Closer Look	Dec 6	7:15 pm	13 minutes	Build 'Emotional Resilience' To Cope With Disasters
					Trauma can settle into your mind and affect your conscious or subconscious no matter who you are or how strong you think you 'should' be. K-LOVE's Monika Kelly talks with Jamie Aten, founder of the Humanitarian Disaster Institute which studies mental and emotional reactions to disasters and offers training for Christian leaders preparing to weather societal storms.
					Related Links:
					Humanitarian Disaster Institute - Wheaton College, IL
					Reopening the Church (HDI)
					Spiritual First Aid Hub (HDI)

Mental Health Kids	Closer Look	Dec 13	7:00 pm	28 minutes	Help for Kids Suffering Sadness, Anxiety in Pandemic
					The digital age exposes modern kids to bad news and bitter
					opinions their parents never knew. "Social media, media,
					news, political unrest, all these things that once kids were
					mostly sheltered from - now they're seeing them 24 hours a
					day," notes Julie Lowe, licensed counselor and author of
					Childproof and <u>Building Bridges</u> : <u>Biblical Counseling for</u>
					Children and Teens The barrage of mystifying information
					crowds into their minds alongside the other considerable
					pressures of growing up. This overload can drive kids into
					dangerous states of anxiety or depression. <u>Suicides among</u>
					young children have been steadily rising the last decade. The
					COVID19 pandemic made a dire situation even worse. "The
					collective fatigue and grief and fear and despair and
					discouragement that we're all feeling is also felt by every
					child," says Dr. Margi McCombs, author of Peace Be Still: A
					Family Guide to Living in Crazy Days. Child mental health
					experts urge parents to look for signs your child is struggling
					to process the tension and uncertainty of current events "We
					have to look at their behavior and figure out what's going on

		with them," McCombs warns. "They show it in isolation, in
		being irritable, they have meltdowns; they're crying, they're
		angry, they tend to be more selfish; they tend to try to
		control things around them because so many things in their
		lives are out of control."

Mental	Closer Look	Dec	7:00	28 minutes	Shifts in behavior or intensity of that behavior are indicators
Health Kids		13	pm		they may be overwhelmed. "Parents need to be students of
					their kids, they need to understand them, listen to them and
					acknowledge their loss." Helping kids take an inventory of
					their lives can help them get some balance and perspective.
					"We try to focus on what they have, but also on what they
					have lost – and helping them name that," she says, for
					example, grieving the loss of prom, or missing making the
					football team or mourning the loss of marching band or
					wishing they could spend Friday nights with their friends,
					"and helping them understand it's okay to be sad." Lowe and
					McCombs agree parents must be intentional in engaging
					children to help them connect with their feelings and guide
					them to healthy habits for coping. "Struggles that children
					face are very much similar to the struggles adults face -
					human nature is the same, "says Lowe. "What is different is
					where they're at developmentally." She suggests that you
					think of your child as a puzzle that you deliberately work to
					solve. For younger children she recommends asking them to
					show you what they think about their world using art, dolls or
					puppets. To connect with teens, use YouTube videos and
					music they enjoy. "With teens, listen to them," says

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		McCombs, adding that you must earn their trust so they will
		talk to you. Time spent together is the key to unlocking their
		opinions. "Spending time that is not a time for instruction, not
		time for correcting, not time for 'changing the furniture in
		their heart' –just for spending time with them so that they
		know you know you truly love them and care about what
		they're feeling."

Mental Health Kids	Closer Look	Dec 13	7:00 pm	28 minutes	If you don't know where to start, begin by admitting your
					own frustration and acknowledge your own losses. "You can
					say I'm really frustrated right now toobut let's figure this
					out together." Don't be surprised if those life-changing
					conversations with your children are sparked in the moments
					before bedtime. "Those are often key moments when kids
					are free-thinking," explains Lowe, "those moments where as
					an adult I might be most tempted to just sit back and relax
					and kick up my feet are moments I could possibly be missing,
					prime times for talking with my young people." It all rests on
					being pro-active in pursuit of getting to know your kids. "Just
					entering into their room at night and sitting down on the edge
					of their bed and chatting with them just meeting them
					where they're at on their own turf."

Domestic Abuse	Closer Look	Dec 20	7:00 pm	28 minutes	Quarantine Drives Spike In Domestic Abuse
					Physical bruises are only small part of what some
					women and men suffer, says Annette Oltmans of
					The MEND Project, which brings awareness to what
					she calls 'covert emotional abuse.' "Victims begin
					questioning reality and their own sanity," she
					explains, herself a survivor of domestic abuse – and
					a Christian – who knows firsthand what's it like to
					'live it.' Pastor Paul Cole, president of the Christian
					Men's Network, has been deeply concerned by the
					quarantine effect on families already stuffed in a
					pressure cooker of unhealthy reactions. "A lot of
					times, we as men act out of anger, rage,
					disappointment – and we lash out at people," he
					says, and urges men in this trap to reach out for
					help. K-LOVE's Billie Branham reports.
					RELATED LINKS:
					The National Domestic Abuse Hotline 1-800-
					799-7233 https://www.thehotline.org/
					The MEND Project - Educate. Equip. Restore
					<u>Christian Men's Network</u>