

Life FM 97.3 KDNW/ Faith 905 FM KDNI
KRFG 102.9/ WJRF 89.5
QUARTERLY ISSUES / PROGRAMS LIST AND REPORT
Duluth MN
October November December 2023

1. Health
2. Money
3. Safety
4. Marriage/Divorce
5. Public Health Safety

The above issues, determined at the beginning of the quarter to be issues in need of coverage, were aired during this quarter in the following Programs
Segment formats: If the relevancy of other issues becomes evident as the quarter progresses, those issues would be added.

Afternoon Show (AS) Local. Four hour program with Rick Hall - segments throughout airs on KDNW/KRFG/WJRF-FM M-F 2p – 6p

Afternoons with Bill Arnold: (AWB) Local. Two hour program KDNI with host Bill Arnold aired on KDNI-FM M-F 3p – 5p;

Community Spotlight: (ComSpot) Local. Public Affairs. Program airs on KDNI at 5:00 various days in month

Community Spotlight FM: (ComSpot FM). Local. Public Affairs. Program airs on FM stations at 5:00 or 23:00 various days in month.

Evening Show (ES) Local. Four hour program with Jenn Pooler - segments throughout airs on KDNW/KRFG/WJRF-FM M-F 6p – 10p

Midday Show: (MDS) Local. Four hour program with Niki Corbin - segments throughout airs on KDNW/KRFG/WJRF-FM M-F 10a-2p.

Middays with Susie (MDS) Local. One hour program with host Susie Larson aired on KDNI M-F 12p – 1p

Morning Show: (MS) Local. Four hour program with host Jill - segments throughout airs on KDNW/KRFG/WJRF-FM M-F 6a – 10a.

Mornings with Carmen Leberge (MCL) Local. Host Carmen LaBerge. Various guest hosts a two-hour program with local news and relevant community information KDNI M-F 6a-8a;

Community Partner Day (CPD) Local. Special Programming highlighting an organization in the community. Segments air throughout special day on KDNW/KRFG/WJRF-FM

Special Report: (Special). Local. News or Public Affairs. Varying in length, these are aired when need or interest

Following is a description of program treatment of the above-listed issues. This was the most significant program treatment of the issues during the quarter. The listing is by no means exhaustive.

ISSUES	PRO-GRAM	DATE	TIME	LENGTH	KNDI/ FM's (music)	PROGRAM DESCRIPTION
HEALTH	ComSpot FM	12/13	9:40	2min	FMs	Jill Mikkelson, mornings on Life 97.3, reminded listeners to mindful of avoiding certain foods to feel their best over the holidays. The main difference between an allergy and food intolerance is an allergy affects your immune system and a food intolerance affects your digestive system.
HEALTH	ComSpot FM	12/14	6:15	2min	FMs	Jill Mikkelson, mornings on Life 97.3, discussed the connection between poor sleep and stress. Stress releases certain hormones that cause longer periods of alertness and makes it challenging to get restful sleep. Some solutions include exercise and a regular bedtime routine.
HEALTH	ComSpot FM	12/14	10:15	2min	FMs	Niki Corbin, middays on Life 97.3 discussed the fact that 64% of people who struggle with mental health say their condition worsens around the holidays. She encouraged finding help through a local therapist and gave the SAMHSA National helpline and the National 988 suicide and crisis number.
HEALTH	ComSpot FM	12/16	7:20	2min	FMs	Kelley Johnson, weekends on Life 97.3, shared 5 ways to handle grief and loneliness at Christmas. This included signing off social media and asking someone else to host Christmas dinner.
HEALTH/LIFESTYLES	SLL	13-Nov	3p	50 minutes	TALK	Author and wellness expert Alisa Keeton shares from her book "The Body Revelation: Physical and Spiritual Practices to Metabolize Pain, Banish Shame, and Connect to God with Your Whole Self."

HEALTH/LIFESTYLES	SLL	13-Nov	3p	50 minutes	TALK	Author and wellness expert Alisa Keeton shares from her book “The Body Revelation: Physical and Spiritual Practices to Metabolize Pain, Banish Shame, and Connect to God with Your Whole Self.”
HOMELESSNESS What our proximity to the homeless should look like	AWB	12/6/23	4:30p	25 minutes	TALK	Guest: Richard Bahr Description: Falls under Poverty as he discussed his heart for the homeless and how we can help those in need.
MARRIAGE/DIVORCE	SLL	14-Dec	3p	50 minutes	TALK	Build a deeply satisfying marriage with your spouse and navigating the holidays with extended family
MENTAL HEALTH Co-occurring disorders	AWB	01-Dec	4p	50 minutes	TALK	Guest: Todd Mulliken Description: Falls under Health Lifestyles as he discussed co-occurring disorders and addiction as well as how we can help those suffering overcome it
MONEY	ComSpot FM	12/13	11:15	2min	FMs	Niki Corbin, middays on Life 97.3 discussed how much of a financial burden the holidays can be (1 in 4 people feel financially burdened). She offered some tips on how to save during the holidays and relieve stress.
RELIGION/POLITICS	AWB	15-Nov	5p	50 minutes	TALK	Guest: Thom Berkowitz, Trevor Rubenstein, Aaron Braaten Description: Falls under Religion as they discussed Jewish tradition and answer questions about faith while sharing their heart for Israel in the midst of the war.
RELIGION	SLL	16-Oct	3p	50 minutes	TALK	Pastor Faith Eury Cho shares from her book “Experiencing Friendship with God: How the Wilderness Draws Us to His Presence.”
SAFETY	ComSpot FM	10/28	9:00	2min	FMs	Kelley Johnson, weekends on Life 97.3 reminds listeners to remove leaves from their car. The acid can otherwise stain the vehicle.

<p>YOUTH Instagram admits to addicting teenagers because of how valuable it is to them</p>	MCL	08-Dec	6:30-7 am CT	15 minutes	TALK	<p>Guest: Chris Martin – social media expert. Author of “The Wolf in Their Pocket”</p> <p>Description: Guest discusses the information that Meta released in their legal case with several states attorneys-general around their practices that they admit addict teens to their platforms with little regard for the known effects on their mental health.</p>
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CHARITIES	local charitable organizations helping people in the community with various issues
DISABILITIES	how to cope; how to help; care giving, special needs children; life-altering injuries, etc.
ECONOMICS	handling of ; misuse of; getting out of debt; etc.
EDUCATION	Bringing aware to the issues of education in the community, etc.
EMERGENCY ISSUES	relief for victims of natural disasters; local disaster relief, etc.
ENVIRONMENT	how to save energy, use fewer resources
FAMILY & CHILDREN ISSUES	help for disadvantaged families and children
HEALTH LIFESTYLES	eating behaviors/disorders, obesity, addictions; prevention of disease; etc.
IMMIGRATION	helping immigrants; illegal immigrant issues; etc.
JUVENILE DELINQUENCY	case stories, how to prevent; teaching teens; etc.
LOCAL ISSUES	coal power plant; casino, etc.
MARRIAGE/DIVORCE	building healthy marriages, preventing divorce/affairs/ how to handle/ impact on; etc.
MONEY	handling of ; misuse of; getting out of debt; etc.
POVERTY	where to find help, how to help those in need
PUBLIC HEALTH SAFETY	bringing awareness to the of issues that affect the health and safety of the community
RACE	racial retaliation; hate crimes; discrimination; etc.
RECREATION	bringing awareness to the public of recreation events happening in the community
RELIGION	Information regarding religious and spiritual issues, etc.
SANCTITY OF LIFE/ABORTION	dangers of: personal stories, how to prevent; etc.
SENIOR CITIZENS	information regarding the aging; retirement, health etc.
SEXUAL ISSUES	sexual crimes; homosexuality; teaching children about sex; etc.
UNEMPLOYMENT/EMPLOYMENT	Coping, finding assistance, help re-entering work force
WOMEN’S ISSUES	discrimination; workplace issues; etc.
<p>A list of programs that have provided the station’s most significant treatment of community issues. The list shall include a brief narrative describing what issues were given significant treatment and the programming that provided this treatment.</p>	