

KING Television
April 1, 2015 through June 30, 2015

Quarterly Programming Providing the
Most Significant Treatment of Community Issues

2nd QUARTER 2015 PROGRAMS

HEALTH

The Future Starts Here

Tue, 4/14/15, 9-9:30pm

An inside look at what's being done at Seattle Children's to create a future without childhood illness and disease. Doctors and families share how breakthrough research is saving lives and improving medical care for kids.

2Q PUBLIC ISSUES REPORT - 2015

COMMUNITY AFFAIRS

Major PSA Campaigns

The following list represents those campaigns KING 5 and KONG took on as official community partnerships. The airtime used on KING/KONG was donated and in most cases, production of the spot was donated by KING 5 Television.

• MS Walk/Run (:30)	430	\$100,570 value
• JDRF Beat the Bridge (:30)	421	\$44,313 value
• Lung Force Walk (:30)	450	\$42,238 value
• Race for the Cure (:30)	447	\$103,525 value

Ascertainment

The Puget Sound Association of Broadcasters meets monthly to meet with non-profit organizations around the region. Below is a summary of their presentations.

APRIL - Hosted by KOMO, Attended by Betsy Robertson, Katherine Parra

- 1) Northwest Film Forum
Training, supporting and showcasing independent filmmakers in our community
- 2) Kathi Goertzen Foundation
Inspiring and funding research for brain cancer research and treatment
- 3) Vital Voices
Supporting and giving voice to victims of the sex trade worldwide.
- 4) Compass Health Foster Care
Foster Care program focused on supporting kids in communities north of King County.

MAY - Hosted by: iHeart Media, Attended by Katherine Parra

- 1) Seattle Tilth
Inspiration and education around natural resources and a sustainable food system.
- 2) Seattle Adaptive Sports
Recreational and competitive sports opportunities for youth with disabilities
- 3) Mountains to Sound Greenway Trust
Conservation efforts from Central Washington to the Seattle coast
- 4) Duamish River Clean-up Coalition
Involvement in the EPA's required cleanup of the Duamish River. Working to protect humans, fish and wildlife.

JUNE - Hosted by: CBS Radio, Attended by Betsy Robertson

- 1) Food Lifeline
How the food bank's food bank provides meal security to western Washington
- 2) Friendship Adventures
Social opportunities for more mature members of our disabled community
- 3) Refugee Women's Alliance (ReWA)
Supporting refugee women and their families as they transition into our local community

2015 2nd QUARTER ISSUES REPORT

EVENING MAGAZINE SEGMENTS (7:30PM weekdays)

HEALTH, ARTS, ANIMALS, ENVIRONMENT, SENIORS, EDUCATION,
CHILDREN/FAMILIES, TRANSPORTATION

APRIL

Art – Baby Stunt Photographer 4/1 2:45
Health – Autistic Pinball 4/2 3:22
Animals – Target Cat 4/2 2:47
Animals – Pig Sanctuary 4/3 2:56
Seniors – Last Typewriter repair man 4/3 3:20
Animals – Penguin babies 4/3 2:17
Health – Red Cross Choking Twins 3:02
Children – Sakuracon 4/3 1:37
Health – Fitness Fashion 4/6 2:33
Arts – Ukeulele Rock Band 4/6 2:41
Children/Families – Wing Walkers 4/6 3:55
Art – Hair Tattoo 4/7 2:18
Environment – Chris Morgan Nature 4/8 2:55
Education – NW Historic Scandals 4/8 3:00
Environment – Raft training 4/8 2:52
Arts – Voice of Pemco 4/9 3:32
Health – Blind Baseball 4/10 2:54
Arts – Baby got back 4/13 3:22
Environment – Dungeness Lighthouse 4/13 4:00
Environment – Guemes Island 4/14 2:16
Art – Bottle Cap Artist 4/14 3:11
Health – Cardio Tennis 4/15 2:33
Art – Teatro Aerialist 4/16 3:21
Transportation – Space Travel 4/16 2:44
Art – Arts Fund 4/20 2:11
Arts – Phantom of the Opera 4/21 2:44
Environment – PCC Compost 4/23 2:36
Transportation – Pimp My Jet 4/27 3:15
Seniors – Henrietta’s Hats 4/28 2:11
Health – Ribbon Workout 4/28 2:34
Health – Poly Clinic Rosacea 4/29 2:44
Education - Modern House tour 4/29 2:57
Environment – Antler Hunt 4/30 2:35
Education – Flesh Eating Plants 4/30 3:14
Children/Families – Goodwill Kids 4/30 3:21

MAY

Education – South African Tea House 5/1 1:44
Transportation – Water Jet Pack 5/1 3:22
Families – Kids Eat Free 5/4 3:33
Families – Boomerang Champs 5/4 3:12

Education – A day in the life a pilot 5/4 2:46
Arts – Kurt Cobain Movie 5/4 3:17
Families – Bubble Soccer 5/5 2:51
Arts – Vintage Cards 5/5 2:52
Animals – Fast Dog 5/6 2:33
Arts – Luly Yang Fashion 5/6 3:11
Arts – Tacoma Conductor 6/6 2:41
Health – Golf Board 6/7 1:55
Education – Seattle Author 5/7 2:35
Environment – Butterfly Safari 5/8 2:41
Arts – Rain Skirts 5/11 1:56
Families – Ultimate Siblings 5/12 3:41
Education – The Other Washington 5/12 3:33
Health – Lifewise 5/13 2:44
Children – Lego Collector 5/14 2:15
Health – Lived to tell 5/18 3:44
Families – Best Farmers Market 5/18 3:45
Health Lived to tell Chili 5/19 3:22
Families – Offut Lake 5/19 2:08
Health – Lived to tell car in river 5/20 3:11
Families – Hot Air Balloon 5/20 3:23
Seniors – Honor Flight 5/20 4:33
Seniors – honor flight volunteers 5/21 3:11
Children – Crypticon 5/21 1:56
Arts – Allen Stone 5/26 3:21
Children – Smalltalk 5/26 3:31
Transportation – Water Jet Pack 5/26 3:12
Animals – Zoom Room 5/26 1:34
Health – Beast Workout 5/27 2:55
Animals – Dog Wheels 5/28 2:53
Children – Skateboard Camp 5/28 2:55
Animals – Zoo Shark Dive 5/28 1:55
Children – Libby Z girls 5/29 3:11

JUNE

Art – Custom Actin Figures 6/1 3:21
Children/families Fremont tour 6/1 2:55
Children/Families – Road Trip 101 6/1 3:11
Art – Hat and Boots landmark 6/2 2:43
Health – Red Cross Buddies 6/2 2:22
Health – Kayak Polo 6/2 2:45
Children – DareDever Goalie 6/3 3:21
Children/Families Goonies 6/4 3:04
Animals – Leopards 6/5 1:00
Education – Unreal Estate 6/5 3:12
Animals – Bear release 6/8 2:56
Children/Families – Cliff Avril Kids 6/ 9 2:45
Health – Brain Injury Art Show 1:56 6/11
Environment – Military Consignment Bags 6/11 3:03
Health – Bike Polo 6/12 2:44
Art – Chalk Art 6/12 1:45
Children – Recess Monkey 6/15 2:34

Children/Families – Disney Parade 6/16 2:56
Health – Goldboard 6/16 1:55
Children – Disney Fireworks 6/17 2:41
Environment – Low Tide 6/17 2:11
Children – Disney World of Color 6/18 2:38
Children/families Solstice Parade 6/18 2:55
Environment – Thrifting Thursday Vintage 6/18 2:46
Children – Disney Archivist 6/17 2:55
Art – Art Golf 6/19 2:51
Families – Fremont Fair 6/19 2:11
Families – Daredevil Great Wheel 6/22 3:22
Families – Local Ninja Warrior 6/22 2:15
Health – Aerial Adventure park 6/23 2:41
Education – Mars Colonists 6/23 2:44
Education – Seattle Beer History 6/23 3:21
Children/families Superhero runner 6/23 2:33
Arts – The Gothard Sisters 6/26 2:45
Art – Mary Lambert 6/26 3:33
Environment – Salmon Cannon 6/26 3:04
Health – wake Surfing 6/29 2:46
Art – Mural Artist 6/29 3:14
Health – Ultrawoman 6/30 3:11
Health – Red Cross kits 6/30 2:34

FCC REPORT FOR NEW DAY NORTHWEST, 2nd QUARTER, 2015

APRIL through JUNE

All segments are in-studio and average 7:00 trt

Program airs weekdays at 11am

HEALTH

Concert for Autism Awareness month, and Wellness Panel on symptoms of autism and how for family and the public to treat people on the spectrum with respect, 4-8-2015

A special look at allergy season, sinus congestion, how to cope during the peak seasons, Wellness Wednesday, 4-22-2015

From Stigma to Hope: Let's Talk about Mental Illness, an hour special on New Day, encompassing kids and teenagers, elders, cultural obstacles to treatment, suicide risk, breaking the cycle, and impact of PTS on active duty military and veterans,
5-21-2015

ARTS

Fresh off a world tour, Washington native R&B star Allen Stone performs,
4-7-2015

Preview of Fifth Avenue Theater's new musical production of "Jasper and Deadland," adapted version of off-Broadway hit, 5-12-2015

SENIORS

AARP talks about the White House Conference on Aging, retirement readiness, and pending legislation in Washington state affecting retirement, 4-1-2015

Frye Art Museum and Arts Fund join for a program to benefit those suffering dementia and their caregivers, 4-20-2015

CHILDREN-FAMILIES

Volunteers of American honors a 17-year old long-term volunteer and tells others how to join their Youth Action Team to help needy families in our area, 4-7-2015

7-year old is on her fourth year of raising money for charities instead of getting birthday presents, we meet her family and she gets a surprise visit from her favorite soccer player whose charity she supports, 4-20-2015

ANIMALS

Must Love Boxers rescue organization explains their mission, and brings an adoptable dog plus two recent adoptees, 4-14-2015

Tuxes and Tails raises more than \$5 million for a new animal shelter, adoption center, and veterinary teaching hospital; fund totals more than \$20 million now, enough to break ground, 5-12-2015

ENVIRONMENT

Dr. Scott Sampson, paleontologist and PBS host, gives eight tips for introducing kids to nature and appreciating/protecting the environment, 4-2-2015

We learn about new technology in water heaters and air conditioning to get more energy per dollar spent than any other type, with Sundance Energy, 4-15-2015

EDUCATION

A marine ecologist from the Nature Conservancy talks about how to get kids out to play, 4-9-2015

Seahawk Michael Bennett talks about the Bennett Foundation's outreach to combat childhood obesity, Michael and wife Pele demo food swaps, Michael and his trainer demo startup exercises and tell about upcoming outreach events, 5-7-2015

TRANSPORTATION

Victoria Clipper previews new ways to reach and enjoy Vancouver, BC, 6-2-2015

Flight-then-boat whale watching tours with Kenmore Air, 6-25-2015

2015 2nd QTR KING 5 NEWS STORIES

EDUCATION

KING 5 News at 5:00PM, 4/10/15, 1:33

Cognitive psychologist at Washington University in St. Louis are studying the best ways to learn better and remember longer. A review of their sure-fire techniques.

Morning KING 5 News 5AM, 4/20/15, 1:45

Edmonds is taking school security to a whole new level. It is adding 500 cameras to campuses in the district.

KING 5 News at 5:00PM, 4/20/15, 2:00

Teachers in 8 school districts plan on walking off the job in the next week to protest lawmakers' failure to fully fund public schools before the end of the legislative session.

KING 5 News at 5:00PM, 5/20/15, 2:15

Some question the use of standardized testing that allow gifted kids into special programs. Some parents that a test alone does not adequately measure the child's potential.

Morning KING 5 News. 5/27/15, 1:30

The Seattle School District says it will take 15 million dollars to change the starting times of the day's classes.

KING 5 News at 5:00PM, 5/27/15, 1:52

Researcher Pooja Tandon has found that preschoolers are only getting about 4 minutes of scheduled activity time while two hours is the recommended daily allowance of physical activity for that age group.

Morning KING 5 News, 6/2/15, 2:00

Lake Washington School District has established a Transition Academy that assists and teaches kids with an intellectual disability. The kids attending this school have developmental disabilities which include autism and cerebral palsy. The idea is to prepare them for a foundation after high school. The academy is a three year program that students enter after their senior year and graduate at the age of 21.

KING 5 News at 5:00PM, 6/8/15, 1:40

Brighton School in Lynnwood teaches 5 year old students computer programming. The STEAM project stands for science, technology, engineering, arts and math. The teacher knows this isn't a common project for a 5 year old, but believes right now it is important to adapt to evolving technology.

TRANSPORTATION/GROWTH

KING 5 News at 6:30PM, 4/21/15, 2:23

A national organization says the state of Washington isn't spending enough on the basics of maintenance to take care of our transportation system despite how busy it might look where you live and work.

Morning KING 5 News, 5/12/15, 1:47

In a few weeks Seattle car owners will have to pay an additional \$60 to fund the Metro Bus expansion plan.

KING 5 News at 10 & 11PM, 5/13/15, 4:32

City residents are paying a premium for parking that are getting smaller in size.

KING 5 News at 6:30PM, 5/26/15, 2:20

The City of Seattle is planning to change 5th Avenue in the downtown area to accommodate only three lanes of traffic and one bike lane.

Morning KING 5 News, 5/27/15, 2:00

Car companies like Uber and Lyft can drop people off at Sea-Tac airport, now the port want to expand that service to passenger pickup and charge the companies for that privilege.

SENIOR CITIZENS

KING 5 News at 5:00PM, 6/25/15, 1:45

The current hot weather in the Seattle area is affecting the senior citizen population. Groups like Meals on Wheels are making sure these folks have plenty of water and other amenities to stay healthy.

HEALTH

KING 5 News at 5:00PM, 4/1/15, 1:43

When a man takes testosterone supplements, his brain thinks the body is making the hormone so natural production shuts down. Patients are left with side effects like lack of energy, loss of sex drive, and trouble focusing.

KING 5 News at 5:00PM, 4/2/15, 1:36

Paramedics treating patients in an ambulance can now be sent streaming video that a doctor back at the hospital can see and give advice on the preliminary treatment as the vehicle makes its way to the hospital.

KING 5 News at 5:00PM, 4/3/15, 2:00

A doctor at Duke University is part of an international team that is working on alternative treatments to ALS. One idea was to give the body some other way to make energy that might be able to keep the cells alive longer which has resulted in the study of coconut oil to reach that goal.

KING 5 News at 5:00PM, 4/6/15, 1:50

Do it yourself cosmetic injection material is now available for sale on the internet, but it is not safe to use. Doctors say never order the product online and never try to inject it yourself. If you are considering a procedure, have a doctor do it and make sure that the doctor has board qualifications.

KING 5 News at 5:00PM, 4/7/15, 1:56

The latest numbers show one in 68 kids in the U. S. have some type of autism spectrum disorder. Most kids with autism are diagnosed and treated around age three. Now a pilot program has parents with at-risk infants monitoring social interaction at home with their children between six and 15 months.

KING 5 News at 5:00PM, 4/8/15, 1:51

A drug free pain relief treatment has been called phenomenal. The FDA approved a device that combines electrical stimulation, LED lights and lasers. Doctors see pain level going from eight, nine and ten all the way down to zero and one. The higher the level of this treatment you take, the more oxygen, the more blood, the less swelling you're going to have and the quicker your body is going to heal.

KING 5 News at 5:00PM, 4/9/15, 2:08

Getting treatment quickly after having a stroke can make all the difference. Doctor Peter Rasmussen says the life-saving drug T-P-A must be delivered within four and a half hours of a stroke. A diagnostic unit is equipped with a C-T scanner so the team can perform tests right away. The results are sent to a neurologist at the hospital who can make a diagnosis via a broadband telemedicine link. The on-board staff can then deliver treatment before the patient even gets to the E-R.

KING 5 News at 4:00PM, 4/13/15, 3:00

The Children's doctor stresses that recess times for kids are very important and so is lunch. Schools are now having trouble finding enough time for both.

KING 5 News at 5:00PM, 4/13/15, 1:33

UW researchers are closer to a cure for color blindness. In a form of gene therapy, a single shot could end the condition for a lifetime.

KING 5 News at 5:00PM, 4/15/15, 2:10

Researchers have found that young people procrastinate in getting checked for cancers are contributing to the high mortality rate for patients between 26 and 39.

KING 5 News at 5:00PM, 4/16/15, 1:11

Researchers have found that obesity is associated with both low and high grade cancers for African-American men.

KING 5 News at 5:00P, 4/17/15, 1:31

One fitness expert says you only need a seven minute workout to start transforming your body.

KING 5 News at 5:00PM 4/17/15, 1:21

King County Executive Dow Constantine wants to increase property taxes over six years and use that additional revenue to expand social programs, like the nurse family partnership, which provides new moms with home visits from a nurse. The levy would also provide mental health screenings for all kinds in the county and it would direct additional money at programs that prevent homelessness.

KING 5 News at 5:00PM, 4/20/15, 1:56

Scientists think there may be a link between Alzheimer's and bacteria. They are sampling bacterial content from the nose and also the gut collaborating with scientists in Ireland to do a complex genomic analysis.

KING 5 News at 5:00PM, 4/21/15, 3:08

A heart transplant patient is revisited one year after her surgery.

KING 5 News at 5:00PM, 4/21/15, 1:23

The M-M-R vaccine protects against highly contagious measles, it does not, according to yet another major study, trigger autism.

KING 5 News at 5:00PM, 4/22/15, 2:15

It is rare for men to undergo screening for osteoporosis. While postmenopausal women are at greatest risk for the disease due to estrogen loss, there are plenty of other risk factors that affect both genders.

KING 5 News at 5:00PM, 4/23/15, 1:47

There are many dental myths out there, this story reviews many of them including aspirin next to a tooth will help with toothache. Not so, it can actually burn gum tissue.

KING 5 News at 5:30PM, 4/24/15, 1:40

Medical marijuana users are concerned about higher costs and less variety under the new regulations signed into law by Governor Inslee, which cater to the state's recreational pot shops not the patients.

KING 5 News at 5:00PM, 4/26/15, 2:00

A bone marrow donor from Pennsylvania meets the man who received his live saving transplant.

KING 5 News at 5:00PM, 4/27/15, 1:48

Fentanyl is a drug that is making a surge it is 30 to 50 percent stronger than heroin and just as deadly.

Morning KING 5 News, 4/28/15, 1:45

The UW has conducted a study on discrimination effects on senior citizens who are part of the L-G-B-T-Q community. The study finds even today most healthcare providers and care facilities have been slow to hear about the issues plaguing SGBT seniors, a reluctance that's costly for everyone.

KING 5 News at 5:00PM, 4/28/15, 2:11

A pediatrician has come up with a fun way that can introduce healthy habits. We all know that a lot of kids play video games the doctor has devised just another game that they can play, but while they're play they are going to learn some healthy information.

KING 5 News at 5:00PM, 4/29/15, 1:41

Multiple sclerosis is a debilitating progressive disease that typically only gets worse. Using a treatment of stem cells taken from fat cells that are reinjected into the body have shown to improve the lives of MS patients.

KING 5 News at 5:00PM, 4/30/15, 2:10

Experts say palate malformations are actually quite common occurring somewhere between 1 in 100 and 1 in a thousand births. Not all of them cause a speech or voice problem. For those that do there is a surgery that can make it better, even if you're a singer.

Morning KING 5 News, 5/1/15, 2:00

Taking certain medications can cause weight gain. Birth control pills can cause metabolic dysfunction. Introducing the hormones, like progesterone in particular, causes changes that can force weight to increase.

KING 5 News at 5:00PM, 5/1/15, 2:00

An interactive art program developed by the Ohio State using bio-physical sensors is helping physical therapy patients. The program transforms their movements into works of art.

KING 5 News at 5:00PM, 5/4/15, 1:37

Vasectomies and now be reversed, doctors simply reconnect the tubes from each testicle. Some men develop a second blockage and require a more extensive procedure. A new microsurgical method to bypass that second blockage has now been developed which means less dissection, a quicker recovery and fewer complications.

KING 5 News at 10 & 11PM, 5/4/15, 2:00

Washington is now allowing Pharmacists to provide all sorts of care like managing diabetes, treating fevers, migraine headaches and stomach issues that they have already been trained to do. This allows pharmacists to help ease the workload in the entire healthcare population.

KING 5 News at 5:00PM, 5/5/15, 2:30

Seattle based BiptechKineta has developed a new drug that has the potential to treat a broad range of autoimmune diseases without toxic side effects.

KING 5 News at 5:00PM, 5/6/15, 2:45

There are special consideration with dealing with younger injured athletes which is why it makes sense to go to a pediatric sports clinic. With a growing skeleton there are certain weak points so extra stress on those areas can lead to injuries that a grown adult with a full matured skeleton does not have.

KING 5 News at 5:00PM, 5/7/15, 1:45

It may seem paradoxical that people who have memory loss, including mid to advanced-stage memory loss are able to remember songs that are brand new that they are writing. Patients at Aegis of Edmonds do just that. There is a music class for them that has them writing melodies that they do remember.

KING 5 News at 5:00PM, 5/8/15, 2:15

A finger monitor, called the MightySat, keeps track of your pulse rate and your oxygen saturation. Now anyone can use what once was only used by elite athletes and medical facilities. The MightySat costs about \$200 but there are lower tech versions available online for as little as \$20.

KING 5 News at 5:00PM, 5/11/15, 3:03

Researchers have found that if peanut product are introduced during the first year of life that allergies to them are eliminated.

KING 5 News at 5:00PM, 5/12/15, 2:23

A study of the effect of eating broccoli sprouts on children with autism has proved to be helpful in minimizing this effects of the condition.

KING 5 News at 5:00PM, 5/13/15, 1:45

Professor Laura Schmidt says Americans now consume nearly three-times the recommended of sugar, more than ever before. Too much added sugar is linked to heart disease in adults and diabetes in kids.

KING 5 News at 5:00PM, 5/14/15, 3:02

The brain tumor atlas has been created so that researchers can try to find a cure for the most deadly brain cancer, glioblastoma.

Morning KING 5 News, 5/15/15, 2:00

People with obesity often turn to surgery as a means to lose weight without realizing according to research studies, within 10 years, there is a good chance they're going to gain at least some of the weight back.

KING 5 News at 5:00PM, 5/15/15, 3:31

3-D technology for creating body parts may soon be in schools. Washington State University researchers are using 3-D printers to build bone grafts which could one day be used to repair fractures.

KING 5 News at 5:00PM, 5/18/15, 2:20

A double chin can be corrected by getting injections of Kybella. The drug literally melts away the fat under the chin which is naturally occurring acid in the body. Kebella won't be on the market until later this summer. No word yet on how much it will cost.

KING 5 News at 5:00PM, 5/19/15, 3:00

Seattle Children's researcher Dr. Bonnie Ramsey says the lifespan of a Cystic Fibrosis patient has gradually increased. But the first big breakthrough didn't come until 2012 with the approval of the drug Kalydeco. This drug is used to treat the underlying cause in patients with a rarer form of the disease.

KING 5 News at 5:00PM, 5/20/15, 1:55

A relatively new ailment that has surfaced because of extended texting is called the "text neck". It is caused by looking down at your lap while texting. The remedy is, of course, is holding your device at eye level when messaging instead of looking down at it in your lap.

KING 5 News at 5:00PM, 5/21/15, 1:40

The legally blind are able to see better by a new device called E-sight. A pair of video monitors, mounted like glasses, with a small camera out from deliver improved eye eye-sight to the visually impaired. They are able to magnify and adjust the images that come in.

KING 5 News at 5:00PM, 5/22/15, 1:20

The American Council on Exercise found that the healthy gadgets are not very accurate when it comes to measuring "calories burned". According to a study by Endeavor

Partners – more than half of the people who bought an activity tracker don't use it any more...and a third of those ditched the gadget after only a few months!

KING5 News at 5:00PM, 5/25/15, 3:00

Lewybody dementia affects an estimated on-point-three million Americans. Symptoms can include memory problems, confusion, sleep difficulties and depression. Patients may suffer hallucinations, Parkinson's-like symptoms and falls. But the most heartbreaking symptom is the blank face, when you're talking to somebody and there's no one there anymore. Because the same symptoms can be caused by a variety of conditions, Lewybody dementia is initially diagnosed as something else nearly 80 percent of the time.

KING 5 News at 5:00PM, 5/26/15, 2:20

Virginia Mason hospital is the first in the Pacific NW and among the first in the country to use a machine that administers pain killer rather than an anesthesiologist. The machine is only use for relatively healthy patients having colonoscopies and upper G-I procedures.

Morning KING 5 News, 5/27/15, 2:00

A make-up is able to use the same techniques and tools as tattoo artists to cover up bad burns and scars.

KING 5 News at 5:00PM, 5/28/15, 2:09

There is a music program at Seattle's Swedish Hospital that is helping MS patient's regain their abilities to play instruments and put happiness back into their lives.

Morning KING 5 News, 6/1/15, 4:00

Sr. Raphael Bernier will discuss the new findings from the UW and Seattle Children's Research Institute that shows some types of autism may be connected to particular genetic mutations and that there is hope they will be able to develop gene-specific treatments to address these forms of the disease.

KING 5 News at 5:00PM, 6/1/15, 2:10

When planning back surgery, make sure to do your research not only on the presiding surgeon but also the possibility of side effects. Surgery to eliminate back pain may include implanting a spinal stimulator, but one in every 100 spinal stimulator patients will experience some spinal nerve damage.

KING 5 News at 5:00PM, 6/2/15, 2:50

The Alyssa Burnett Adult Life Center opening last year in Bothell. The center caters to the full autism spectrum, from high-functioning college bound adults to those who will need a lifetime of care. At this place, it's all about acceptance, the freedom to be themselves and the opportunity to have fun.

KING 5 News at 5:00PM, 6/4/15, 1:45

For those folks trying to void salt in their diet the American Heart Association has made a list of the "salty six". Foods to avoid include bread, sandwiches, pizza, cold cuts, poultry and soup. Just one serving of these foods can contain as much as half of your daily sodium intake.

KING 5 News at 5:00PM, 6/5/15, 2:20

Eating sweets can be healthy but you must choose what goes into them. If you make them yourself you are able to choose healthier oils, healthier fats and what type of sugar and how much that you use.

KING 5 News at 5:00PM, 6/6/15, 2:00

There is an APP for the blind to use that lets others help them see. It allows them to use that smart phone camera to display an object and connect to a person who will explain what they are seeing.

KING 5 News at 5:00PM, 6/9/15, 1:35

A children's dentist says his patients are drinking too many acidic sports drinks causing enamel erosion or dental erosion. This is a permanent irreversible loss of tooth enamel. The doctor suggests that to prevent this from happening drink a ratio of three waters to one sports drink.

KING 5 News at 5:00PM, 6/10/15, 1:50

Sleep drunkenness affects about one in every seven Americans. Sleep drunkenness is in fact mental confusion that is occurring when the subject is awakened from the deep phase of sleep. In severe cases patients can even injure themselves or others.

KING 5 News at 5:00PM, 6/11/15, 2:00

Stroke patients can use a bionic suit called the Ekso along with physical therapy to enable them to walk again. Sensors in the suit detect when users shift their weight forward, which triggers the device to step. The robot can be programmed to give the patient the time to think about it rather than the robot just doing it.

KING 5 News at 5:00PM, 6/15/15, 2:00

The Federal Drug Administration is expected to remove nearly all artificial trans fats from the American diet within three years.

KING 5 News at 5:00PM, 6/16/15, 2:00

More than 20 percent of Wilms tumor survivors who had radiation to the chest developed breast cancer by age 40, compared to just point-three percent who didn't have radiation. Current guidelines not only call for early breast cancer screenings if kids receive 20 or more gray units of radiation to the breast. But the Wilms kids received lower doses, between 12 and 14 gray units. Some say the recommendations need to change.

KING 5 News at 5:00PM, 6/17/15, 2:15

A wound that won't heal can affect every aspect of a person's life, and in the worst cases, lead to amputation. Luna fluorescence imaging can detect the blood flow around the wound and see how it is healing.

KING 5 News at 5:00PM, 6/17/15, 1:45

Heroin addiction and deaths due to the use of this drug are on the rise. The migration to heroin occurred when time-release oxycontin was reformulated in 2010 and it and other painkillers became harder to get

KING 5 News at 5:00PM, 6/18/15, 1:45

A vegan diet can be healthy, but not always. Some vegans don't eat many vegetables, so they may be eating processed grains, rice, crackers and breads. They are not getting enough omega-threes. Nuts provide some omega threes but not like salmon. Pregnant

women may not get enough vitamin d or calcium from a vegan diet. On the plus side, a plant-based diet can lower your risk of diabetes, high blood pressure, high cholesterol and heart disease. People who eat vegan also have a lower body mass index.

KING 5 News at 5:00PM, 6/22/15, 1:50

Stroke symptoms can be very subtle. Think "fast" to identify the warning signs which include exhaustion, dizziness, headaches, slurred speech and confusion. During a stroke, blood to a portion of the brain gets interrupted. That is why the patient gets numbness or weakness on one side of the body. Since stroke symptoms can be very subtle, think "fast" to identify the warning signs, the "f" is for face, face refers to the fact that often with stroke one side of the face will droop. Others include arms that may feel weak on one side, speech is slurred. Time is critical, for every four minutes of delay a patient is one-percent less likely to fully recover.

KING 5 News at 5:00PM, 6/23/15, 2:15

A lot of teenagers will have what we call make up sleep or even binge sleep right when school gets out. A children's doctor says there's probably no reason to be alarmed, but it does raise some concerns that teens are too sleep deprived during the school year. A younger child will likely have just the opposite reaction after school lets out. They naturally get up a little bit earlier. Let your children pay attention to their own body clocks in the summer. Before September, ease them back into a school year bedtime schedule because sleep deprivation can have serious consequences.

KING 5 News at 5:00PM, 6/24/15, 1:50

A vaccine for bacterial meningitis has been developed but has yet to receive approval. A 2005 survivor of the disease who lost three fingers and both of his legs is a leading advocate for its acceptance.

KING 5 News at 5:00PM, 6/25/15, 1:40

An avocado a day can actually reduce bad cholesterol by 13 points. A registered dietitian says avocados are a good source of unsaturated fat, the good fat and they contain 20 vitamins and minerals.

KING 5 News at 5:00PM, 6/29/15, 2:20

Doctors are now using steps to insure that surgical patients are recovering quicker. One of the reasons people were staying in the hospital for a prolonged period of time and found that starvation and nutrition was a delaying factor by inhibiting things such as glucose and carbohydrates. Now patients may have a 20 ounce sports drink about two hours before surgery that night satiate the appetite and make one feel better.

ENVIRONMENT

KING 5 News at 4:00PM, 5/4/15, 2:00

A group of citizens gathered today to celebrate the decision by the State Department of Ecology to withdraw their decision to use pesticides in the state's shellfish beds. Chefs in Seattle and environmentalists across the state called on the department of ecology and the shellfish companies to change their minds on the use of pesticides and it worked.

CRIME/DRUGS/DOMESTIC VIOLENCE

KING 5 News at 6:30PM, 6/18/15, 5:30

The victims of heroin aren't necessarily the addicts themselves but the neighbors that live next to them. The users live without water, electricity and the other amenities that are standard in a home. They have no respect for their neighbors dumping garbage where ever is handy, stealing whatever is available and tapping into the water and electricity that is not theirs. Law enforcement agencies seem at a loss to help any of the individuals who are victims of the pillage.

KING 5 News at 6:30PM, 6/19/15, 2:00

In Snohomish County there are only 16 detox beds for heroin addicts seeking help. There is no way to actually calculate how many heroin users there are but the problems they create are overwhelming. Getting more detox beds is only the first step in heroin use recovery. Much more will be needed to curb this problem.

CHILDREN/YOUTH/FAMILIES

Morning KING 5 News, 5/19/15, 4:00

A Seattle women's group is raising money to build shelters for underage victims who are being sold online and on the street.

KING 5 News at 5:00PM, 6/30/15, 2:00

Children with autism can have a problem getting a haircut because the unfamiliar faces, bright lights, and loud music can cause sensory overload. To make it through the trims, the kids take breaks, eat snacks and rely on hugs from Mom.

MEET THE PRESS (6am Sundays on KING)

2015 2nd QUARTER MEET THE PRESS TOPICS

Chuck Todd is NBC News Political Director and the moderator of "Meet the Press," the flagship Sunday Morning public affairs program and longest-running broadcast in television history.

COMING UP ON "MEET THE PRESS WITH CHUCK TODD" 4/5/2015: EXCLUSIVES WITH GOV. JINDAL, MLB COMMISSIONER; CARDINAL DOLAN ON RELIGIOUS FREEDOM & MORE

EXCLUSIVE INTERVIEW ON RELIGIOUS FREEDOM & THE GOP - Louisiana Governor Jindal joins the show to discuss his endorsement of the recent controversial religious freedom bills, how the GOP is defending the issue and his plans for a possible 2016 run.

Gov. Bobby Jindal (R-LA)

###

EXCLUSIVE INTERVIEW ON THE FUTURE OF AMERICA'S PASTIME - In his first broadcast network interview as MLB Commissioner, Rob Manfred addresses the future of the game, the diversity of the game and his thoughts on reinstating career hits leader Pete Rose and his Hall of Fame candidacy.

MLB Commissioner Rob Manfred

###

THE ROLE OF RELIGION - Cardinal Dolan addresses the ongoing controversy around Indiana's religious freedom law, the role of the Catholic Church with the Muslim community and millennials, and more.

His Eminence Timothy Cardinal Dolan, Archbishop of New York

COMING UP ON "MEET THE PRESS WITH CHUCK TODD" 4/12/2015: EXCLUSIVE WITH NYC MAYOR DE BLASIO, HILLARY'S FIRST CAMPAIGN MANAGER; SEN. PAUL; SEC. KERRY

EXCLUSIVE INTERVIEW WITH MAYOR DE BLASIO – Before he won the mayoral vote in New York City and became a leading progressive voice, Bill de Blasio was Hillary Clinton's first campaign manager for her successful Senate bid in 2000. Now, he's advocating for Hillary and other potential Democratic candidates to address progressive issues.

Bill de Blasio

Mayor of New York City

###

FIRST WEEK OF RAND PAUL'S CAMPAIGN – The first week of Sen. Rand Paul's presidential campaign rollout has included clashes with the media, criticism of his foreign policy positions and his stand as a pro-life politician.

Sen. Rand Paul (R-KY)

###

CLOSER TIES WITH CUBA? – As the U.S. and Cuba plan to hold the highest-level meeting in the past 50 years, the State Department's recommendation to remove Cuba from the U.S. list of state sponsors of terrorism hints at a future or normalized relations with the country, while Iran remains on the list.

Secretary of State John Kerry

###

POLITICAL PANEL – With more additions expected to the presidential race, timing is everything. Does Hillary Clinton’s announcement step on Marco Rubio’s or offer him the biggest platform to respond? The panel discusses all of this and more as all eyes turn to 2016.

David Brooks

Columnist, *The New York Times*

Hugh Hewitt

Host, “The Hugh Hewitt Show”

Maria Hinojosa

Host, NPR’s “Latino USA”

Stephanie Rawlings-Blake

Mayor of Baltimore City

COMING UP ON “MEET THE PRESS WITH CHUCK TODD” 4/19/15 -- EXCLUSIVES WITH OH GOV. JOHN KASICH & VA GOV. TERRY MCAULIFFE; SEN. MIKE LEE; PANEL

* * *

EXCLUSIVE: Before his election as governor of Virginia, Terry McAuliffe served as Hillary Clinton’s 2008 presidential campaign chair and the chairman of the Democratic National Committee. What lessons were learned from the early loss in Iowa eight years ago? Can Hillary Clinton bring together the pro-business and progressive wings of the Democratic Party?

Gov. Terry McAuliffe (D-VA)

* * *

EXCLUSIVE: Ohio Governor John Kasich joins MTP amid new speculation that he will run for president. The Northeast Ohio Media Group reported Thursday the second-term republican governor is soon to announce a national political committee—which is a step towards running for the presidency.

Gov. John Kasich (R-OH)

* * *

TEA PARTY OUTLOOK ON 2016: One of the key architects of the tea party movement is out with a new book, “Our Lost Constitution.” Sen. Mike Lee – a colleague of presidential hopefuls Ted Cruz, Rand Paul, and Marco Rubio – looks at the future of the movement, its policy accomplishments and goals in Washington and its role in the 2016 campaign.

Sen. Mike Lee (R-UT)

* * *

POLITICAL PANEL:

David Axelrod

Director, University of Chicago’s Institute of Politics

Steve Schmidt

Republican Strategist

Helene Cooper

Pentagon Correspondent, *The New York Times*

Kathleen Parker

Columnist, *The Washington Post*

COMING UP ON “MEET THE PRESS WITH CHUCK TODD” 5/3/15: EXCLUSIVE INTERVIEWS WITH BALTIMORE MAYOR RAWLINGS-BLAKE & SPEAKER BOEHNER; MD. GOV. O’MALLEY

EXCLUSIVE INTERVIEW - This week’s events in Baltimore turned the nation’s attention to the death of Freddie Gray, for which six Baltimore police officers have now been charged. Baltimore Mayor Stephanie Rawlings-Blake, who said she was “sickened and heartbroken” at the charges, came under fire twice this past week – first, in holding off requesting assistance

from the National Guard and then in calling the city's protesters "thugs" during a press conference.

Stephanie Rawlings-Blake

Mayor of Baltimore

###

BALTIMORE UPRISING - Governor Martin O'Malley, who began his political career on Baltimore's city council at the age of 28, reflects on the city's unrest and what it means for his legacy and for his possible presidential run.

Gov. Martin O'Malley (D-MD)

###

EXCLUSIVE INTERVIEW - House Speaker John Boehner sits down with Chuck on Capitol Hill to discuss Baltimore and its implications, the future of the Affordable Care Act, the 2016 GOP field and more.

Rep. John Boehner (R-OH)

Speaker of the House of Representatives

###

POLITICAL PANEL - As more 2016 contenders are expected to enter the race next week, the nation's current events carry more weight than ever in the presidential arena. The panel also looks at new numbers from the latest NBC News/Wall Street Journal poll, out this Monday.

Tom Brokaw

Special Correspondent for NBC News

Wes Moore

Author, "The Other Wes Moore"

April Ryan

White House Correspondent, American Urban Radio Networks

Kimberley Strassel

Columnist for the Wall Street Journal

COMING UP ON "MEET THE PRESS WITH CHUCK TODD" 5/10/15: EXCLUSIVES WITH SEN. FEINSTEIN, GOP CANDIDATE CARLY FIORINA; STATE OF THE AMERICAN MOTHER

ISIS IN AMERICA - ISIS has mastered social media as a recruiting tool, unlike any other terrorist group before. With more than tens of thousands of ISIS-supporting accounts on Twitter alone, the FBI is increasing its monitoring of suspected ISIS supporters in the U.S. after last week's attack in Garland, Texas.

Sen. Dianne Feinstein (D-CA)

Michael Leiter

Fmr. Director, United States National Counterterrorism Center

Pete Williams

Justice Correspondent for NBC News

###

EXCLUSIVE INTERVIEW - Carly Fiorina, former chief executive officer of Hewlett-Packard, has tossed her name into the ring as a GOP contender in the 2016 presidential race. Running on her corporate record, Fiorina is campaigning to establish herself as an identifiable candidate in an already crowded field.

Carly Fiorina

Fmr. Hewlett-Packard CEO; GOP presidential candidate

###

MEET THE MONEY - A new "Meet the Press" series from the NBC News Investigations Unit dives into the 2016 presidential race as it's anticipated to be the most expensive political election yet, making major donors more valuable than ever. After spending more than \$100 million dollars in the 2012 presidential race, casino magnate Sheldon Adelson is no stranger to investing in the Republican Party.

Kelly O'Donnell

Capitol Hill Correspondent for NBC News

Jon Ralston

Political Reporter, Ralston Reports; Columnist for the Reno-Gazette Journal

###

STATE OF THE AMERICAN MOTHER - This Mother's Day, attention turns to the state of mothers in the United States, where maternal health is the worst of any developed country in the world.

Cathy Engelbert

CEO, Deloitte, LLP

Kishanna Poteat Brown

Teacher, Prince George's County, Md. Public Schools

Maria Shriver

Special Anchor for NBC News; Founder, The Shriver Report

Erna Solberg

Prime Minister, Norway

###

POLITICAL PANEL - Hillary Clinton went big on immigration this week, announcing she would take executive action beyond what President Obama has done - pleasing the Democratic

base, exciting the Latino community and baiting Republicans to reenter the immigration debate. With new candidates in the GOP field and all eyes still on the accusations surrounding Clinton Foundation finances, the panel will tackle what matters - and what doesn't - in politics right now.

Matt Bai

National Political Columnist for Yahoo! News

Ruth Marcus

Columnist for The Washington Post

Kathleen Parker

Columnist for The Washington Post

Michael Steele

Fmr. Chairman of the Republican National Committee

**UPDATED: COMING UP ON “MEET THE PRESS WITH CHUCK TODD” 5/17/15:
EXCLUSIVES WITH SEN. PAUL, SEN. BOOKER; NTSB OFFICIAL ON LATEST IN
AMTRAK TRAGEDY**

AMTRAK TRAGEDY - With tens of thousands traveling the Northeast Corridor by rail, the investigation into Tuesday evening's train derailment continues as Congress debates Amtrak funding.

Tom Costello

Correspondent for NBC News

Robert Sumwalt

National Transportation Safety Board

Sen. Cory Booker (D-NJ)

###

EXCLUSIVE INTERVIEW - Republican presidential candidate Rand Paul, vowing to “defeat the Washington machine,” reacts to Jeb Bush's Iraq comments, talks foreign policy, the Patriot Act and more.

Sen. Rand Paul (R-KY)

###

POLITICS & PUNCHLINES - As writer and producer for “The Tonight Show with Jay Leno,” Jon Macks wrote more than 100 jokes a day in an era when the late night monologue was the home of political comedy.

Jon Macks

Comedian; Writer & Producer for “The Tonight Show with Jay Leno”

###

POLITICAL PANEL - While the Iraq question was always going to be problematic for Jeb Bush - no matter what the answer - the Republican Party has quickly moved from its longtime defense of the war to disavowing it. The panel talks foreign policy in the 2016 race and more.

David Axelrod

Director, University of Chicago's Institute of Politics

Helene Cooper

Pentagon Correspondent for The New York Times

Sara Fagen

Former White House Political Director for President George W. Bush

Tom Friedman

Columnist for The New York Times

May 24– Meet the Press is preempted

COMING UP ON “MEET THE PRESS WITH CHUCK TODD” 5/31/15: EXCLUSIVES W/ SEN. SANDERS, FMR. SEN. SANTORUM, GOV. KASICH; THE PATRIOT ACT BATTLE

HILLARY’S CHALLENGER: Chuck will sit down exclusively with Sen. Bernie Sanders, who is positioning himself as a formidable challenger to Hillary Clinton in the Democratic field.

Sen. Bernie Sanders (D-VT)

###

THE 2016 REPUBLICAN FIELD: As the 2016 GOP field continues to grow, why are so many candidates getting in an already crowded race?

Former Sen. Rick Santorum (R-PA)

Gov. John Kasich (R-OH)

###

THE FIGHT OVER THE PATRIOT ACT: The Senate plans to address the expiring phone-data collection provisions under the Patriot Act. How much of a difference is there between data in the hands of the government versus private companies?

Nuala O’Connor

President & CEO, The Center for Democracy and Technology

###

POLITICAL PANEL

Chris Matthews

Host of MSNBC’s “Hardball”

Manu Raju

Senior Congressional Reporter, POLITICO

Amy Walter

National Editor, The Cook Political Report

Sara Fagan

Former White House Political Director for President George W. Bush

###

ALSO SUNDAY:

NBC News Justice Correspondent **Pete Williams** will have the latest on the Dennis Hastert indictment.

June 7– Meet the Press is preempted

UPDATED: COMING UP ON “MEET THE PRESS WITH CHUCK TODD” 6/14/15: EXCLUSIVES WITH PODESTA, ROMNEY; MCGURK ON IRAQ & ISIS

EXCLUSIVE - Hillary Clinton’s campaign chair John Podesta debriefs with Chuck after her first big campaign-style event on Saturday in which she highlighted her progressive policies.

John Podesta

Chairman of Hillary Clinton’s Presidential Campaign

###

EXCLUSIVE - Former two-time GOP presidential candidate Mitt Romney joins the show live from Utah the morning after hosting six presidential hopefuls at his annual E2 Summit.

Mitt Romney

Former Republican Presidential Candidate

###

IS OUR IRAQ STRATEGY WORKING? - This week, the Pentagon confirmed that the U.S. is considering opening additional bases in Iraq to help shore up efforts in the fight against ISIS. Twelve years later, what is and isn't working?

Amb. Brett McGurk

Deputy Special Presidential Envoy for the Global Coalition to Counter ISIL

###

THE FUTURE OF TRADE - In a blow to President Obama's trade agenda, House Democrats helped undermine legislation aimed at shoring up the administration's ability to negotiate a sweeping multinational trade pact - mere hours after the president went to the Hill to help sway their votes.

Bill Daley

Former Chief of Staff for President Barack Obama

###

POLITICAL PANEL - With Hillary Clinton's campaign kickoff Saturday and Jeb Bush announcing his candidacy on Monday, the panel discusses both of these "dynasty candidates" and the crowded Republican presidential field as well as the future of President Obama's trade bill after votes in Congress on Friday.

Stephanie Cutter

Fmr. Deputy Campaign Manager for President Barack Obama

Hugh Hewitt

Host, "The Hugh Hewitt Show"

Andrea Mitchell

NBC News Chief Foreign Affairs Correspondent

Evan Thomas

Fmr. Editor-at-Large for Newsweek; Author, "Being Nixon: A Man Divided"

**UPDATED: COMING UP ON "MEET THE PRESS WITH CHUCK TODD"
6/21/15: EXCLUSIVES WITH SC REP. JAMES CLYBURN, GOP CANDIDATE MIKE
HUCKABEE**

EXCLUSIVE - The nation comes together with the people of South Carolina to heal from Wednesday's horrific shooting. Chuck speaks exclusively with South Carolina congressman Rep. Clyburn about the tragedy.

Rep. James Clyburn (D-SC)

###

The family of Rev. Daniel Simmons Sr., a member of the Emanuel AME Church's ministerial staff, will speak with Chuck.

The Family of Daniel Simmons Sr.

###

GUNS IN AMERICA - Inmates convicted of murder talk about how they regret ever picking up a gun in an extraordinary video.

###

EXCLUSIVE - Wednesday's tragic shooting is the second high-profile race-related crime in South Carolina, forging a background to both the Democratic and Republican primaries that will take place in the state next year.

Fmr. Gov. Mike Huckabee (R-AR)

Presidential Candidate

###

POLITICAL PANEL - Gun violence and race are now issues that 2016 candidates on both sides of the aisle will have to address on the trail. The panel will also preview new numbers from a NBC News/Wall Street Journal poll releasing this Monday.

David Brooks

Columnist for The New York Times

Helene Cooper

Pentagon Correspondent for The New York Times

Eugene Robinson

Columnist for The Washington Post

Gerald Seib

Washington Bureau Chief for The Wall Street Journal

###

“MEET THE PRESS” 6/28/15: SEN. GRAHAM: GOP PLATFORM ON SAME-SEX MARRIAGE WILL ‘HURT US IN 2016’

Sen. Lindsey Graham: Confederate Battle Flag a “Roadblock for South Carolina” Gov. Bobby Jindal: “My Views on Marriage Aren’t Evolving with Polls” Like Hillary Clinton and President

Obama Gov. Bobby Jindal in Response to Same-Sex Marriage Ruling: “Decision Was a Wrong One”

June 28, 2015 – Presidential hopeful **Sen. Lindsey Graham** (R-SC) told NBC’s Chuck Todd this morning that the Republican Party’s platform for a Constitutional amendment defining marriage between a man and a woman will “hurt” the party’s efforts in 2016.

This morning’s “Meet the Press with Chuck Todd” also featured interviews with **Mary Bonauto**, civil rights director, Gay & Lesbian Advocates & Defenders; presidential candidate **Gov. Bobby Jindal** (R-LA); and a political panel discussion with **Michael Eric Dyson** of Georgetown University; **Newt Gingrich**, former Speaker of the U.S. House of Representatives; **Charles Ogletree** of Harvard University; and **Kathleen Parker** of The Washington Post.

For highlights, video clips, and a rush transcript of today’s program. Additional show video is available online at www.MeetThePressNBC.com. Join the conversation online with hashtag #MTP.