PUBLIC AFFAIRS REPORT for WPPX-TV Wilmington, Delaware for FOURTH QUARTER ENDING DECEMBER 31, 2015

In accordance with Section 73.3526(e) (11) (i) of the Federal Communications Commission's rules, The following, in the opinion of WPPX-TV, are the problems and needs of the community for The period noted above. They are not necessarily listed in order of importance. Each is identified by significant public affairs and/or public service programming in response to these needs.

Issues:

- 1. Where does one go to get assistance handling loved ones with Autism?
- 2. How can one find community help for after-school activities?
- 3. Why do we fund community arts programs and where does one go to find them?
- 4. How can one live clutter-free even in a small living area?
- 5. How can one find, select, cook and eat Healthful foods?
- 6. Wilmington's current economic and social state and how to improve them
- 7. Where can one take advantage of area Housing Opportunities?
- 8. What can we do to improve children's health?
- 9. How can I learn to cook?
- 10. How can one make an apartment appear larger?

A detailed summary of each program's content, including guests, affiliations and date of broadcast is included in this report.

Windows on Wilmington is a one hour community affairs program covering issues and affairs that are important to the Wilmington, De area. It reaches out to interview non-profit, corporate and community organizations as well as individuals to explore topical issues of local interest.

Living Well is a one hour community affairs program that is dedicated to active lifestyles, wellness and helpful information that leads to a more empowered life. The featured shows in "Living Well" are "Home to Go" and "Anna & Kristina's Grocery Bag".

Program: Windows on Wilmington Episode # 092315

Air Date: Thursday, October 1, 2015 6:00 am

Duration: 60 minutes Style/Type: Interview

Source: WITG Wilmington, De (Channel 22)

Issues Addressed: Community Health Services, Healthful Food & Its Availability, PE Deficits for

Special Needs Children

Host: Shannon Harris

Guests: Rob McCreary, Kathleen D. Seipel, Courtney Riches, Chuck Tarver, Ryshemma Dixon,

Akira Grenardo, Deb Buenaga and Nic DeCaire

First, Rob McCreary and Kathleen D. Seipel from The Family Counseling Center of St. Paul's discussed how the center envisions a community where every individual has the opportunity to improve their quality of life through emotional and behavioral health services. Then, Courtney Riches and Chuck Tarver from NAMI Delaware discussed how this organization is a statewide organization of families, mental health consumers, friends and professionals dedicated to improving the quality of life for those affected by life-changing brain diseases such as schizophrenia, bipolar disorder and major depression. Next Ryshemma Dixon and Akira Grenardo from The Southbridge Farmers market talked about how the farmers market will close out its' first year. They also discussed the additional resources that are available to the residents in the Southbridge section of the city as well as residents in the entire City of Wilmington. Finally, Deb Buenaga and Nic DeCaire from Inclusion Means Everyone discussed how there has been a concern from many parents who have children with special needs in the school districts in the state of Delaware. Many children are NOT able to join their peers in PE classes because the PE teachers are not properly trained in "Adaptive PE"! It is not the fault of the teachers - they do not know the proper way to include the special needs kids. They also talked about their 5k run/walk which will raise funds to build a handicapped accessible playground in Newark, DE.

Program: Living Well Episode # 306

Air Date: Tuesday, October 6, 2015 6:00 am

Duration: 60 minutes Style/Type: Human Interest

Source: Ion Life

Issues Addressed: Home Improvement, Nutrition and Fitness.

Guests: Home To Go
Host: Peter Fallico

Guests: Mark Riedl, Maria Ricardo, Mike Ferrara, Eric Galbraith, Mimi Pineau

Anna & Kristina's Grocery Bag

Hosts: Anna Wallner & Kristina Matisic Guests: Chef Stephan MacIntyre

"Home to Go" is an innovative do-it yourself design series that presents original, easy-to-execute, and inexpensive décor ideas and solutions for people living in temporary spaces. Each week, Peter works with roommates, singles, and young couples to help them make over their spaces into beautiful and functional homes that can be packed up and move on when it's time to pick up sticks. In this episode Peter visits a family that has outgrown their house and needs more storage space that can be moved into a bigger home in the future. They also create an organized play area for their children.

In "Anna & Kristina's Grocery Bag" hosts Anna Wallner & Kristina Matisic put popular cookbooks to the test. In each episode, they try out and review recipes, ingredients, appliances and food preparation techniques to see if the average cook can re-create the beautifully photographed meals. In this episode Anna and Kristina tackle the cookbook "Nigella Express" by Nigella Lawson. The recipes tested are "High Speed Hamburgers", "Roquemole", "Chicken Liver Salad", "Macaroni and Cheese", "Breakfast Bars" and "Chocolate Pear Pudding". Guest chef Stephan MacIntyre from Burgoo Bistro samples and critiques the recipes they make. The hosts also show a taste test of granola bars and test out brands of kitchen scales.

Program: Windows on Wilmington Episode # 092315

Air Date: Thursday, October 8, 2015 6:00 am

Duration: 60 minutes Style/Type: Interview

Source: WITG Wilmington, De (Channel 22)

Issues Addressed: Community Health Services, Healthful Food & Its Availability, PE Deficits for

Special Needs Children

Host: Shannon Harris

Guests: Rob McCreary, Kathleen D. Seipel, Courtney Riches, Chuck Tarver, Ryshemma Dixon,

Akira Grenardo, Deb Buenaga and Nic DeCaire

First, Rob McCreary and Kathleen D. Seipel from The Family Counseling Center of St. Paul's discussed how the center envisions a community where every individual has the opportunity to improve their quality of life through emotional and behavioral health services. Then, Courtney Riches and Chuck Tarver from NAMI Delaware discussed how this organization is a statewide organization of families, mental health consumers, friends and professionals dedicated to improving the quality of life for those affected by life-changing brain diseases such as schizophrenia, bipolar disorder and major depression. Next Ryshemma Dixon and Akira Grenardo from The Southbridge Farmers market talked about how the farmers market will close out its' first year. They also discussed the additional resources that are available to the residents in the Southbridge section of the city as well as residents in the entire City of Wilmington. Finally, Deb Buenaga and Nic DeCaire from Inclusion Means Everyone discussed how there has been a concern from many parents who have children with special needs in the school districts in the state of Delaware. Many children are NOT able to join their peers in PE classes because the PE teachers are not properly trained in "Adaptive PE"! It is not the fault of the teachers - they do not know the proper way to include the special needs kids. They also talked about their 5k run/walk which will raise funds to build a handicapped accessible playground in Newark, DE.

Program: Living Well Episode # 307
Air Date: Tuesday, October 13, 2015 6:00 am

Duration: 60 minutes Style/Type: Human Interest

Source: Ion Life

Issues Addressed: Home Improvement, Nutrition and Fitness.

Guests: Home To Go Host: Peter Fallico

Guests: Margot Hines, Virginie Martocq, Michelle Stonkus

Anna & Kristina's Grocery Bag Hosts: Anna Wallner & Kristina Matisic

Guests: Chef Mary Macintyre, 14th Vancouver Girl Guides Unit

"Home to Go" is an innovative do-it yourself design series that presents original, easy-to-execute, and inexpensive décor ideas and solutions for people living in temporary spaces. Each week, Peter works with roommates, singles, and young couples to help them make over their spaces into beautiful and functional homes that can be packed up and move on when it's time to pick up sticks. Anyone who's accumulated too much stuff over the years understands the desire to downsize the clutter and build storage. Peter's got practical solutions for renters including removable shelves with molding for an upscale library look.

In "Anna & Kristina's Grocery Bag" hosts Anna Wallner & Kristina Matisic put popular cookbooks to the test. In each episode, they try out and review recipes, ingredients, appliances and food preparation techniques to see if the average cook can re-create the beautifully photographed meals. Anna and Kristina will find out if they can trick children into eating their greens as they test out recipes from Jessica Seinfeld's Deceptively Delicious cookbook that advocates hiding vegetables in food. Chef Mary Macintyre, who owns her own restaurant geared towards children and parents alike, is there to critique Anna and Kristina's dishes and the children's reactions to the veggie hidden dishes.

Program: Windows on Wilmington Episode # 092315

Air Date: Thursday, October 15, 2015 6:00 am

Duration: 60 minutes Style/Type: Interview

Source: WITG Wilmington, De (Channel 22)

Issues Addressed: Community Health Services, Healthful Food & Its Availability, PE Deficits for

Special Needs Children

Host: Shannon Harris

Guests: Rob McCreary, Kathleen D. Seipel, Courtney Riches, Chuck Tarver, Ryshemma Dixon,

Akira Grenardo, Deb Buenaga and Nic DeCaire

First, Rob McCreary and Kathleen D. Seipel from The Family Counseling Center of St. Paul's discussed how the center envisions a community where every individual has the opportunity to improve their quality of life through emotional and behavioral health services. Then, Courtney Riches and Chuck Tarver from NAMI Delaware discussed how this organization is a statewide organization of families, mental health consumers, friends and professionals dedicated to improving the quality of life for those affected by life-changing brain diseases such as schizophrenia, bipolar disorder and major depression. Next Ryshemma Dixon and Akira Grenardo from The Southbridge Farmers market talked about how the farmers market will close out its' first year. They also discussed the additional resources that are available to the residents in the Southbridge section of the city as well as residents in the entire City of Wilmington. Finally, Deb Buenaga and Nic DeCaire from Inclusion Means Everyone discussed how there has been a concern from many parents who have children with special needs in the school districts in the state of Delaware. Many children are NOT able to join their peers in PE classes because the PE teachers are not properly trained in "Adaptive PE"! It is not the fault of the teachers - they do not know the proper way to include the special needs kids. They also talked about their 5k run/walk which will raise funds to build a handicapped accessible playground in Newark, DE.

Program: Living Well Episode # 308
Air Date: Tuesday, October 20, 2015 6:00 am

Air Date: Tuesday, October 20, 2015
Duration: 60 minutes

Style/Type: Human Interest
Source: Ion Life

Issues Addressed: Home Improvement, Nutrition and Fitness.

Guests: Home To Go Host: Peter Fallico

Guests: Shawn Labron, Christina Song, Tracy Foster, Lee Buchanan Anna & Kristina's Grocery Bag Hosts: Anna Wallner & Kristina Matisic

Guests: Chef Melissa Craig

<u>"Home to Go"</u> is an innovative do-it yourself design series that presents original, easy-to-execute, and inexpensive décor ideas and solutions for people living in temporary spaces. Each week, Peter works with roommates, singles, and young couples to help them make over their spaces into beautiful and functional homes that can be packed up and move on when it's time to pick up sticks. In this episode Peter, along with designer Christina Song take on DIY projects to bring life to Shawn's open concept loft. Lanterns, translucent curtains and bold colors boost the open space and even the rooftop garden gets a new face. Inspired by retail shelving the modern motif is taken a trendy step forward.

In "Anna & Kristina's Grocery Bag" hosts Anna Wallner & Kristina Matisic put popular cookbooks to the test. In each episode, they try out and review recipes, ingredients, appliances and food preparation techniques to see if the average cook can re-create the beautifully photographed meals. Will recipes from the most powerful woman in show biz's magazine meet Anna and Kristina's high expectations or will the recipes from *O, The Oprah Magazine Cookbook* leave them stranded at a few culinary roadblocks? In this episode internationally versed, Chef Melissa Craig is there to test out their diverse menu.

Program: Windows on Wilmington Episode # 101415

Air Date: Thursday, October 22, 2015 6:00 am

Duration: 60 minutes Style/Type: Interview

Source: WITG Wilmington, De (Channel 22)

Issues Addressed: Housing Opportunities, Women in the Community, Children's Health Care, Business

Growth Pet Therapy

Host: Shannon Harris

Guests: Gladys Spikes, Kay Keenan, Kimberly Cauley, Debbie Doherty, Shannon McLaughlin,

Ebon Flagg, Lynne Robinson, Racine Boyle

First, Gladys Spikes from Housing Opportunities of Northern Delaware discussed how they provide assistance and counseling to individuals who believe they are victims of unfair housing practices. HOND also works with community groups and counseling agencies that are interested in fair housing. Gladys also talked about their 7th Annual Jazz event that helps to raise funds for programs that they sponsor. Then, Kay Keenan and Kimberly Cauley from the Fund for Women discussed how this fund has been making a difference in the lives of women and girls in Delaware. The fund for women provides grants to nonprofits run by women and girls who are working to make a difference in the community. Next, Debbie Doherty and Shannon McLaughlin from Tender Hearts and Exceptional Care for Children discussed how their organizations provide support for children who have diverse medical needs and improving their quality of life. Then, Ebon Flagg owners of several businesses in the lower Market Street Section of the downtown business district in Wilmington discussed the continued growth with new businesses and housing developments. He talked about the businesses he owns and how he would like to embark on new business ventures in the City of Wilmington. Finally, Lynne Robinson and Racine Boyle from PAWS for People discussed their 7th Annual Wag-n-Walk and how people can get involved with pet therapy.

Program: Living Well Episode # 309
Air Date: Tuesday, October 27, 2015 6:00 am

Duration: 60 minutes Style/Type: Human Interest

Source: Ion Life

Issues Addressed: Home Improvement, Nutrition and Fitness.

Guests: Home To Go Host: Peter Fallico

Guests: Kirsty, John, Kabeer, Sabrina Linn

Anna & Kristina's Grocery Bag Hosts: Anna Wallner & Kristina Matisic,

Guests: Chef Tom Douglas, Linda Meinhardt

<u>"Home to Go"</u> is an innovative do-it yourself design series that presents original, easy-to-execute, and inexpensive décor ideas and solutions for people living in temporary spaces. Each week, Peter works with roommates, singles, and young couples to help them make over their spaces into beautiful and functional homes that can be packed up and move on when it's time to pick up sticks. In this episode we meet three university graduates sharing a large apartment that is a mixture of furniture and lacking style.

In "Anna & Kristina's Grocery Bag" hosts Anna Wallner & Kristina Matisic put popular cookbooks to the test. In each episode, they try out and review recipes, ingredients, appliances and food preparation techniques to see if the average cook can re-create the beautifully photographed meals. In this episode Anna and Kristina test out "The Joy Of Cooking-75th Anniversary Edition" by Ethan Becker. Chef Tom Douglas will taste test their dishes. The girls will also test out four different brands of potato peelers and taste test different types of salt.

Program: Windows on Wilmington Episode # 101415

Air Date: Thursday, October 29, 2015 6:00 am

Duration: 60 minutes Style/Type: Interview

Source: WITG Wilmington, De (Channel 22)

Issues Addressed: Housing Opportunities, Women in the Community, Children's Health Care, Business Growth

Pet Therapy

Host: Shannon Harris

Guests: Gladys Spikes, Kay Keenan, Kimberly Cauley, Debbie Doherty, Shannon McLaughlin,

Ebon Flagg, Lynne Robinson, Racine Boyle

First, Gladys Spikes from Housing Opportunities of Northern Delaware discussed how they provide assistance and counseling to individuals who believe they are victims of unfair housing practices. HOND also works with community groups and counseling agencies that are interested in fair housing. Gladys also talked about their 7th Annual Jazz event that helps to raise funds for programs that they sponsor. Then, Kay Keenan and Kimberly Cauley from the Fund for Women discussed how this fund has been making a difference in the lives of women and girls in Delaware. The fund for women provides grants to nonprofits run by women and girls who are working to make a difference in the community. Next, Debbie Doherty and Shannon McLaughlin from Tender Hearts and Exceptional Care for Children discussed how their organizations provide support for children who have diverse medical needs and improving their quality of life. Then, Ebon Flagg owners of several businesses in the lower Market Street Section of the downtown business district in Wilmington discussed the continued growth with new businesses and housing developments. He talked about the businesses he owns and how he would like to embark on new business ventures in the City of Wilmington. Finally, Lynne Robinson and Racine Boyle from PAWS for People discussed their 7th Annual Wag-n-Walk and how people can get involved with pet therapy.

Program: Living Well Episode # 310
Air Date: Tuesday, November 3, 2015 6:00 am

Duration: 60 minutes Style/Type: Human Interest

Source: Ion Life

Issues Addressed: Home Improvement, Nutrition and Fitness.

Guests: Home To Go Host: Peter Fallico

Guests: Scott Temblay, Dylan Roberts, Virginie Martocq

Anna & Kristina's Grocery Bag Hosts: Anna Wallner & Kristina Matisic

Guests: Chef Brian Marchesi

<u>"Home to Go"</u> is an innovative do-it yourself design series that presents original, easy-to-execute, and inexpensive décor ideas and solutions for people living in temporary spaces. Each week, Peter works with roommates, singles, and young couples to help them make over their spaces into beautiful and functional homes that can be packed up and move on when it's time to pick up sticks. In this episode we learn to overcome the challenges of decorating the unconventional space of a loft apartment.

In "Anna & Kristina's Grocery Bag" hosts Anna Wallner & Kristina Matisic put popular cookbooks to the test. In each episode, they try out and review recipes, ingredients, appliances and food preparation techniques to see if the average cook can re-create the beautifully photographed meals. In this episode Anna and Kristina test out the cookbook "Thai Food" by David Thompson and cook an entire Thai meal for Chef Brian Marchesi to taste. The girls also taste test four brands of coconut milk and test four different brands of pineapple slicers.

Program: Windows on Wilmington Episode # 102815

Air Date: Thursday, November 5, 2015 6:00 am

Duration: 60 minutes Style/Type: Interview

Source: WITG Wilmington, De (Channel 22)

Issues Addressed: Home Buyers Help, Breast Cancer Awareness, USPS, Benefits of Chess, Parks Activities

Host: Shannon Harris

Guests: Matthew Heckles, Chadeia Mitchell, Angela Garland, Johnny Means, Shawn Baker

Matthew Heckles from Delaware State Housing Authority discussed the programs that DSHA offers that assist with mortgages, down payments and 1st time home buyers. Then, Chadeia Mitchell from The Delaware Breast Cancer Coalition discussed how DBCC is the only organization in the State of Delaware focused solely on breast health issues as they affect women and men in the state. She also talked about programs that are run through DBCC that raise awareness. Next, Angela Garland from the USPS talked about a variety of job openings with USPS. In addition to holiday openings, they also have full time employment opportunities as well. Angela also discussed the passport services that are available at the post office. Following that, Johnny Means discussed how he is spreading awareness of the educational benefits of chess for children throughout the State of Delaware. Johnny who is 16 is also a mentor to many of the children that he introduces to the game. Finally, Shawn Baker from The Wilmington Department of Parks & Recreation discussed the fall and winter recreation activities as well as the food program.

Program: Living Well Episode # 311

Air Date: Tuesday, November 11, 2015 6:00 am

Duration: 60 minutes Style/Type: Human Interest

Source: Ion Life

Issues Addressed: Home Improvement, Nutrition and Fitness.

Guests: Home To Go Host: Peter Fallico

Guests: Kendra Hawke, Pat Travers, Christina Song, Barbara Barrett Anna & Kristina's Grocery Bag Hosts: Anna Wallner & Kristina Matisic

Guests: Chef Andrea Froncillo

<u>"Home to Go"</u> is an innovative do-it yourself design series that presents original, easy-to-execute, and inexpensive décor ideas and solutions for people living in temporary spaces. Each week, Peter works with roommates, singles, and young couples to help them make over their spaces into beautiful and functional homes that can be packed up and move on when it's time to pick up sticks. A young couple who doesn't want to put down roots still wants a comfortable home with room to put up out-of-town guests. Peter takes advantage of different spaces to double the function of a room as well as creating a hideaway workspace. With help from Barbara Barrett the design team puts a modern twist on antique inspirations.

In "Anna & Kristina's Grocery Bag" hosts Anna Wallner & Kristina Matisic put popular cookbooks to the test. In each episode, they try out and review recipes, ingredients, appliances and food preparation techniques to see if the average cook can re-create the beautifully photographed meals. Vampires beware! Anna and Kristina are testing a cookbook where every recipe – yes, even dessert – contains garlic. While they're at it, they'll find out if any modern mincing gadget is better for garlic than your standard chef's knife and which type of garlic you should use for your dishes.

Program: Windows on Wilmington Episode # 102815

Air Date: Thursday, November 12, 2015 6:00 am

Duration: 60 minutes Style/Type: Interview

Source: WITG Wilmington, De (Channel 22)

Issues Addressed: Home Buyers Help, Breast Cancer Awareness, USPS, Benefits of Chess, Parks Activities

Host: Shannon Harris

Guests: Matthew Heckles, Chadeia Mitchell, Angela Garland, Johnny Means, Shawn Baker

Matthew Heckles from Delaware State Housing Authority discussed the programs that DSHA offers that assist with mortgages, down payments and 1st time home buyers. Then, Chadeia Mitchell from The Delaware Breast Cancer Coalition discussed how DBCC is the only organization in the State of Delaware focused solely on breast health issues as they affect women and men in the state. She also talked about programs that are run through DBCC that raise awareness. Next, Angela Garland from the USPS talked about a variety of job openings with USPS. In addition to holiday openings, they also have full time employment opportunities as well. Angela also discussed the passport services that are available at the post office. Following that, Johnny Means discussed how he is spreading awareness of the educational benefits of chess for children throughout the State of Delaware. Johnny who is 16 is also a mentor to many of the children that he introduces to the game. Finally, Shawn Baker from The Wilmington Department of Parks & Recreation discussed the fall and winter recreation activities as well as the food program.

Program: Living Well Episode # 312

Air Date: Tuesday, November 17, 2015 6:00 am

Duration: 60 minutes Style/Type: Human Interest

Source: Ion Life

Issues Addressed: Home Improvement, Nutrition and Fitness.

Guests: Home To Go Host: Peter Fallico

Guests: Jeanine Noyes, Beth Halstead

Anna & Kristina's Grocery Bag Hosts: Anna Wallner & Kristina Matisic

Guests: Chef Jeff Nathan

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A musician and composer has squeezed a home office into her tiny apartment and needs to find a way to divide the space and make for a homier feel. Peter helps create more space in the home by using simple decorating tricks.

In "Anna & Kristina's Grocery Bag" hosts Anna Wallner & Kristina Matisic put popular cookbooks to the test. In each episode, they try out and review recipes, ingredients, appliances and food preparation techniques to see if the average cook can re-create the beautifully photographed meals.

Anna and Kristina take on recipes from the *Jewish Home Cooking* cookbook as they try to impress a famed New York Kosher chef. The author's philosophy is that Yiddish cooking can be modernized and made in a healthful manner. Also a pickle test finds out which grocery store brand produces the perfect kosher pucker.

Program: Windows on Wilmington Episode # 111115

Air Date: Thursday, November 19, 2015 6:00 am

Duration: 60 minutes Style/Type: Interview

Source: WITG Wilmington, De (Channel 22)

Issues Addressed: Families in Crisis, Disabled people, Extended Education, Stray Animals, Local Theater

Host: Shannon Harris

Guests: Lisa Johnson, Angi McCloskey, Saretta Jones, Zulma Arroyo-Loomis, Robert Peterson,

Brittany Anthony, Abigail DeGroff, Amanda Shepard and Kenn Koubek

First, Lisa Johnson from Adopt-A-Family discussed how they have helped Delaware families in need since 1973 and are coordinated by the Division of State Service Centers in all three counties. The Adopt-A-Family program aids families in crisis; those struggling with illness, homelessness, domestic violence, poverty and unemployment. Then, Angi McCloskey and Saretta Jones from Mosaic discussed how Mosaic is an advocate for people with intellectual disabilities and provides opportunities for them to enjoy a full life. Next Zulma Arroyo-Loomis and Robert Peterson from Springfield College's School of Professional and Continuing Studies discussed how they offer bachelors and master's degree programs to adults who wish to transform their careers and their communities. Brittany Anthony and Abigail DeGroff from Faithful Friends Animal Society discussed who Faithful Friends is a private, nonprofit animal welfare organization with a No Kill shelter serving Delaware. Finally, Amanda Shepard and Kenn Koubek from The Delaware Children's Theatre talked about their upcoming performance of Mary Poppins which runs from November 21st to December 20th.

Program: Living Well Episode # 313
Air Date: Tuesday, November 24, 2015 6:00 am

Duration: 60 minutes Style/Type: Human Interest

Source: Ion Life

Issues Addressed: Home Improvement, Nutrition and Fitness.

Guests: Home To Go Host: Peter Fallico

Guests: Derek Hooper, Brenda Irving, Virginie Martocq, Thomas Hafey Anna & Kristina's Grocery Bag Hosts: Anna Wallner & Kristina Matisic

Guests: Chef Yves Potuin, Nilmini Wijewickereme

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In <u>"Anna & Kristina's Grocery Bag"</u> hosts Anna Wallner & Kristina Matisic put popular cookbooks to the test. In each episode, they try out and review recipes, ingredients, appliances and food preparation techniques to see if the average cook can re-create the beautifully photographed meals. In this episode Anna and Kristina test out the cookbook "Good House Keeping's Vegetarian Meals". Chef Yves Potuin will taste their creations from the cookbook. They also test different types of produce wash and different types of goat cheese.

Program: Windows on Wilmington Episode # 111115

Air Date: Thursday, November 26, 2015 6:00 am

Duration: 60 minutes Style/Type: Interview

Source: WITG Wilmington, De (Channel 22)

Issues Addressed: Families in Crisis, Disabled people, Extended Education, Stray Animals, Local Theater

Host: Shannon Harris

Guests: Lisa Johnson, Angi McCloskey, Saretta Jones, Zulma Arroyo-Loomis, Robert Peterson,

Brittany Anthony, Abigail DeGroff, Amanda Shepard and Kenn Koubek

First, Lisa Johnson from Adopt-A-Family discussed how they have helped Delaware families in need since 1973 and are coordinated by the Division of State Service Centers in all three counties. The Adopt-A-Family program aids families in crisis; those struggling with illness, homelessness, domestic violence, poverty and unemployment. Then, Angi McCloskey and Saretta Jones from Mosaic discussed how Mosaic is an advocate for people with intellectual disabilities and provides opportunities for them to enjoy a full life. Next Zulma Arroyo-Loomis and Robert Peterson from Springfield College's School of Professional and Continuing Studies discussed how they offer bachelors and master's degree programs to adults who wish to transform their careers and their communities. Brittany Anthony and Abigail DeGroff from Faithful Friends Animal Society discussed who Faithful Friends is a private, nonprofit animal welfare organization with a No Kill shelter serving Delaware. Finally, Amanda Shepard and Kenn Koubek from The Delaware Children's Theatre talked about their upcoming performance of Mary Poppins which runs from November 21st to December 20th.

Program: Living Well Episode # 314
Air Date: Tuesday, December 1, 2015 6:00 am

Duration: 60 minutes Style/Type: Human Interest

Source: Ion Life

Issues Addressed: Home Improvement, Nutrition and Fitness.

Guests: Home To Go Host: Peter Fallico

Guests: Gallant Law, Stuart Swing

Anna & Kristina's Grocery Bag Hosts: Anna Wallner & Kristina Matisic

Guests: Chef Andrey Durbach

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In <u>"Anna & Kristina's Grocery Bag"</u> hosts Anna Wallner & Kristina Matisic put popular cookbooks to the test. In each episode, they try out and review recipes, ingredients, appliances and food preparation techniques to see if the average cook can re-create the beautifully photographed meals. In this episode Anna and Kristina test out the cookbook "Fat" By Jennifer McLagen. Chef Andrey Durbach tastes the recipes they make from this cookbook. They also test out different types of butters and thermometers.

Program: Windows on Wilmington Episode # 112515

Air Date: Thursday, December 3, 2015 6:00 am

Duration: 60 minutes Style/Type: Interview

Source: WITG Wilmington, De (Channel 22)

Issues Addressed: HIV/AIDS PAL on Bullying, Stronger Communities, Appreciating Cultural Differences, Art

Host: Shannon Harris

Guests: Frank Hawkins, Michael Lewis, Alyce Derr, Vanity Constance, Yolanda McCoy, Clarice

Kwasnieski, Karen Krauss and Eunice LaFate

First, Frank Hawkins from AIDS Delaware discussed the World AIDS Day Summit, which takes place on Saturday, December 5th. The summit aims to raise awareness and educate people on HIV/AIDS. Secondly, Michael Lewis and Alyce Derr from The Police Athletic League of Wilmington discussed how the LifeSavers' Prevention Program aims to educate youth on the effects of bullying and also how to not engage with the wrong people in life. Then, Vanity Constance and Yolanda McCoy from West Side Grows Together discussed how this organization is a coalition of West Side residents, businesses, churches and community organizations working to make our neighborhoods the best that they can be. Next, Clarice Kwasnieski and Karen Krauss from Renascentia Hall International discussed how this program is devoted to introducing educational opportunities and implementing a platform that fosters increased global awareness, understanding, and respect between cultures. Finally, Eunice LaFate, owner and operator of LaFate Gallery discussed how she recently celebrated the grand opening of the gallery in the LOMA section of downtown Wilmington.

Program: Living Well Episode # 315 Air Date: Tuesday, December 8, 2015 6:00 am

Duration: 60 minutes Style/Type: Human Interest

Source: Ion Life

Issues Addressed: Home Improvement, Nutrition & Fitness

Host: Home To Go Host: Peter Fallico

Guests: Jelena Mihajlovic, Jennifer Leonard, Virginie Martocq, Ed Atkinson Anna & Kristina's Grocery Bag Hosts: Anna Wallner & Kristina Matisic

Guests: Vicky Gabereau

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In "Anna & Kristina's Grocery Bag" hosts Anna Wallner & Kristina Matisic put popular cookbooks to the test. In each episode, they try out and review recipes, ingredients, appliances and food preparation techniques to see if the average cook can re-create the beautifully photographed meals. Anna and Kristina review classic recipes from the 1975 cookbook, The Best of the Best and more. The book has been updated since to include fresher ingredients, but will recipes like "Hamburger Soup" and "Classy Chicken" be enough to impress celebrity guest judge Vicky Gabereau?

Program: Windows on Wilmington Episode # 112515

Air Date: Thursday, December 10, 2015 6:00 am

Duration: 60 minutes Style/Type: Interview

Source: WITG Wilmington, De (Channel 22)

Issues Addressed: HIV/AIDS PAL on Bullying, Stronger Communities, Appreciating Cultural Differences, Art

Host: Shannon Harris

Guests: Frank Hawkins, Michael Lewis, Alyce Derr, Vanity Constance, Yolanda McCoy, Clarice

Kwasnieski, Karen Krauss and Eunice LaFate

First, Frank Hawkins from AIDS Delaware discussed the World AIDS Day Summit, which takes place on Saturday, December 5th. The summit aims to raise awareness and educate people on HIV/AIDS. Secondly, Michael Lewis and Alyce Derr from The Police Athletic League of Wilmington discussed how the LifeSavers' Prevention Program aims to educate youth on the effects of bullying and also how to not engage with the wrong people in life. Then, Vanity Constance and Yolanda McCoy from West Side Grows Together discussed how this organization is a coalition of West Side residents, businesses, churches and community organizations working to make our neighborhoods the best that they can be. Next, Clarice Kwasnieski and Karen Krauss from Renascentia Hall International discussed how this program is devoted to introducing educational opportunities and implementing a platform that fosters increased global awareness, understanding, and respect between cultures. Finally, Eunice LaFate, owner and operator of LaFate Gallery discussed how she recently celebrated the grand opening of the gallery in the LOMA section of downtown Wilmington.

Program: Living Well Episode # 316
Air Date: Tuesday, December 15, 2015 6:00 am

Duration: 60 minutes
Style/Type: Human Interest

Source: Ion Life

Issues Addressed: Home Improvement, Nutrition & Fitness

Guests: Home To Go Host: Peter Fallico

Guests: Carole Mackereth and Christina Song

Anna & Kristina's Grocery Bag Hosts: Anna Wallner & Kristina Matisic

Guests: Jamie Maw and Shaun Layton

"Home to Go" is an innovative do-it yourself design series that presents original, easy-to-execute, and inexpensive décor ideas and solutions for people living in temporary spaces. Each week, Peter works with roommates, singles, and young couples to help them make over their spaces into beautiful and functional homes that can be packed up and move on when it's time to pick up sticks. A dancer on the move wants to personalize her apartment in a more feminine style but definitely wants it portable. Learn how to create French chic style with fabric, color and simple touches. Great storage that looks good is the goal, and Peter demonstrates how to build decorative aesthetics hidden storage using bookcases.

In "Anna & Kristina's Grocery Bag" hosts Anna Wallner & Kristina Matisic put popular cookbooks to the test. In each episode, they try out and review recipes, ingredients, appliances and food preparation techniques to see if the average cook can re-create the beautifully photographed meals. Entertaining dinner guests can be stressful, but the Barefoot Contessa, Ina Garten believes you can still get maximum flavor without too much. Anna and Kristina take a cue and some recipes from her cookbook Back to Basics to present to food critic, Jamie Maw. The hosts also taste test some bacon, pumpkin and try out some cocktail shakers to put together a dinner party worthy of a great review.

Program: Windows on Wilmington Episode # 120915

Air Date: Thursday, December 17, 2015 6:00 am

Duration: 60 minutes Style/Type: Interview

Source: WITG Wilmington, De (Channel 22)

Issues Addressed: Job Assistance, Children's Afterschool Programs, Dealing with Hearing Loss, Pet Adoption

Host: Shannon Harris

Guests: Karen Spellman, Rosanna Brown-Simmons, Eugene Rudder, Jerry Hunter, Linda Heller,

Greg Munson and Stephanie Albero

Karen Spellman from Wilmington Housing Authority's One Stop Shop discussed how the OSS is always open for business. They provide everything from job access opportunities to a clothing boutique. Rosanna Brown-Simmons then discussed the Delaware Technical and Community College's after school program at the Fraim Boys & Girls Club. This program not only offers a safe place for kids to go after school for academic support, but it offers tons of other fun activities that help them to prepare for college. Next, Eugene Rudder and Jerry Hunter discussed how Kingswood Community Center has been serving the Wilmington Community for 69 years. It was started by a group of concerned residents in 1946 who convinced the Kingswood United Methodist Church to open its doors to local youth for After-school activities. It has grown into what is today the Kingswood Community Center, Inc. Following that, Linda Heller from The Hearing Loss Association of Delaware and Eric Drain from Captel Phone Services discussed the importance of having the proper phone systems in place for hearing impaired individuals. Finally, Greg Munson and Stephanie Albero from the DE Humane Association discussed their new location as well as adoption programs for cats and dogs.

Program: Living Well Episode # 317
Air Date: Tuesday, December 22, 2015 6:00 am

Duration: 60 minutes Style/Type: Human Interest

Source: Ion Life

Issues Addressed: Home Improvement, Nutrition & Fitness

Guests: Home To Go Host: Peter Fallico

Guests: Sarah Harrison, Tonya Coyle, Teresa Macdonnell

Anna & Kristina's Grocery Bag Hosts: Anna Wallner & Kristina Matisic

Guests: Sylvia Weinstock

<u>"Home to Go"</u> is an innovative do-it yourself design series that presents original, easy-to-execute, and inexpensive décor ideas and solutions for people living in temporary spaces. Each week, Peter works with roommates, singles, and young couples to help them make over their spaces into beautiful and functional homes that can be packed up and move on when it's time to pick up sticks. Longtime friends and roommates Sarah and Tonya are living in their first apartment together with a mishmash of furniture. They want a modern contemporary look for their large two bedroom apartment without spending a lot of money. Teresa Macdonnel shows ways to use metafoil, assorted fabrics and picture frames to add a dramatic splash; as well as ways to turn trash into treasure.

In "Anna & Kristina's Grocery Bag" hosts Anna Wallner & Kristina Matisic put popular cookbooks to the test. In each episode, they try out and review recipes, ingredients, appliances and food preparation techniques to see if the average cook can re-create the beautifully photographed meals. Anna and Kristina take on the challenge of making a 3 tiered wedding cake for a wedding. They test the cookbook "The Cake Bible" by Rose Levy Berenbaum. They create all the components of the wedding cake from scratch including a mousseline, fondant and marzipan roses. They also test four different types of food coloring and rolling pins. They make a visit to New York City to visit cake maker Sylvia Weinstock to learn how to make marzipan roses and who will critique their finished cake later on. Running into various challenges along the way will their wedding cake be a success at the wedding?

Program: Windows on Wilmington Episode # 120915

Air Date: Thursday, December 24, 2015 6:00 am

Duration: 60 minutes Style/Type: Interview

Source: WITG Wilmington, De (Channel 22)

Issues Addressed: Job Assistance, Children's Afterschool Programs, Dealing with Hearing Loss, Pet Adoption

Host: Shannon Harris

Guests: Karen Spellman, Rosanna Brown-Simmons, Eugene Rudder, Jerry Hunter, Linda Heller,

Greg Munson and Stephanie Albero

Karen Spellman from Wilmington Housing Authority's One Stop Shop discussed how the OSS is always open for business. They provide everything from job access opportunities to a clothing boutique. Rosanna Brown-Simmons then discussed the Delaware Technical and Community College's after school program at the Fraim Boys & Girls Club. This program not only offers a safe place for kids to go after school for academic support, but it offers tons of other fun activities that help them to prepare for college. Next, Eugene Rudder and Jerry Hunter discussed how Kingswood Community Center has been serving the Wilmington Community for 69 years. It was started by a group of concerned residents in 1946 who convinced the Kingswood United Methodist Church to open its doors to local youth for After-school activities. It has grown into what is today the Kingswood Community Center, Inc. Following that, Linda Heller from The Hearing Loss Association of Delaware and Eric Drain from Captel Phone Services discussed the importance of having the proper phone systems in place for hearing impaired individuals. Finally, Greg Munson and Stephanie Albero from the DE Humane Association discussed their new location as well as adoption programs for cats and dogs

Program: Living Well Episode # 318
Air Date: Tuesday, December 29, 2015 6:00 am

Duration: 60 minutes
Style/Type: Human Interest

Source: Ion Life

Issues Addressed: Home Improvement, Nutrition & Fitness

Guests: Home To Go Host: Peter Fallico

Guests: Doug Bryce, Aurelie Hatch, Sabrina Linn

Anna & Kristina's Grocery Bag Hosts: Anna Wallner & Kristina Matisic

Guests: Nico Schuermans

"Home to Go" is an innovative do-it yourself design series that presents original, easy-to-execute, and inexpensive décor ideas and solutions for people living in temporary spaces. Each week, Peter works with roommates, singles, and young couples to help them make over their spaces into beautiful and functional homes that can be packed up and move on when it's time to pick up sticks. Renters Doug and Aurelie need help with creating a theme that turns mismatched into a look that is as unique as they are. Peter Falico and Sabrina Linn show creative ways to bring existing pieces together that aren't hard or expensive. Also learn how to make a kitchen island out of book shelves as well as other simple storage solutions for the kitchen.

In "Anna & Kristina's Grocery Bag" hosts Anna Wallner & Kristina Matisic put popular cookbooks to the test. In each episode, they try out and review recipes, ingredients, appliances and food preparation techniques to see if the average cook can re-create the beautifully photographed meals. Anna and Kristina test out the book "The Flexitarian Table" by Peter Berley. A book that shows how to make dishes for meat eaters or vegetarians by creating so-called "convertible dishes", which start out with the same basic preparations and then can either contain meat or a meat alternative. They test out recipes such as "Crispy pressed chicken or tofu with garlic mint marinade" and "cauliflower polenta with crispy shallots" and need to impress Chef Nico Schuermans, a high profile chef who has worked in restaurants all over the word. They will also visit a culinary school to test out four different types of Dutch Ovens and a yoga studio to test four different brands of tofu.

Program: Windows on Wilmington Episode # 122315

Air Date: Thursday, December 31, 2015 6:00 am

Duration: 60 minutes Style/Type: Interview

Source: WITG Wilmington, De (Channel 22)

Issues Addressed: Wilmington Mayor, Autism, Art & Design Training, Black Film Festival, Jazz Training

Host: Shannon Harris

Guests: Mayor Dennis P. Williams, David Woods, Renee Garnick, Danielle Miller, Kenny Briscoe,

Tina Betz and Jonathan Whitney

Mayor Dennis P. Williams discussed Wilmington's economic growth as well as issues that the city has faced and ways he is looking to address them. Then, David Woods from Autism Delaware discussed how this organization helps people and families affected by Autism. He also discussed ways that Autism DE works with schools and businesses to help individuals with Autism live happy productive lives. Next, Renee Garnick and Danielle Miller from The Delaware College of Art and Design discussed how this is the only two year art and design college in the country, and Delaware's first and only professional art and design school. They also discussed events at DCAD as well as student life. Following this, Kenny Briscoe from the City of Wilmington's Cultural Affairs Department discussed the Black Film Festival planned for Black History Month as well as other events that will take place around the city. Finally, Tina Betz and Jonathan Whitney discussed The 2016 Boysie Lowery Jazz Residency program which will begin accepting applications January 1, 2016. They talked about the success of last year's program and what they hope to achieve with this year's program.