

PUBLIC AFFAIRS REPORT
for
WPPX-TV
Wilmington, Delaware
for
FOURTH QUARTER ENDING DECEMBER 31, 2016

In accordance with Section 73.3526(e) (11) (i) of the Federal Communications Commission's rules, The following, in the opinion of WPPX-TV, are the problems and needs of the community for The period noted above. They are not necessarily listed in order of importance. Each is identified by significant public affairs and/or public service programming in response to these needs.

Issues:

1. What to do when dealing with a victim of domestic violence.
2. How to celebrate community diversity through music, arts and crafts.
3. How to check vegetables for freshness
4. How a community theatre can positively interact with the community
5. How to find employment in the Wilmington area
6. How Wilmington tax dollars are benefitting the people through the parks program.
7. How to celebrate cultural diversity through food
8. How horticulture benefits the local economy, health and prosperity of the community
9. Foods to make for top taste and high nutritional benefits
10. How can one see the signs of diabetes to so they can get an early diagnosis

A detailed summary of each program's content, including guests, affiliations and date of broadcast is included in this report.

Living Well is a one hour community affairs program that is dedicated to active lifestyles, wellness and helpful information that leads to a more empowered life. The featured shows in "Living Well" are "Fresh with Anna Olson" and "Loving Spoonfuls".

Window on Wilmington is a one hour community affairs program covering issues and affairs that are important to the Wilmington, De area. It reaches out to interview non-profit, corporate and community organizations as well as individuals to explore topical issues of local interest.

WPPX-TV, Wilmington, De
PUBLIC AFFAIRS REPORT
FOURTH QUARTER, 2016

Program: *Living Well* Episode # 406
Air Date: Tuesday, October 4, 2016 6:00 am
Topic/Title: Fresh with Anna Olsen, Loving Spoonfuls
Duration: 60 minutes
Style/Type: Human Interest
Source: ION Life
Issue(s) Addressed: Organic, healthy, local and culturally diverse cooking.
Guests: Fresh With Anna Olson: Host Anna Olson
Loving Spoonfuls: Host David Gale
Guests: Ernie Grimo and Linda Grimo of Grimo's Nut Nursery
Guests: Nina Witkowski

"Living Well" is a one hour community affairs program that is dedicated to active lifestyles, wellness & helpful information that leads to a more empowered life. The featured shows in "Living Well" are "Fresh With Anna Olson" and "Loving Spoonfuls".

Description:

This inspirational series takes viewers inside Anna's world – a chef who truly lives food around the clock. Learn how you too can become inspired by fresh foods in your area, and watch as her enthusiasm motivates you to try new culinary creations of your own. Cooking for a crowd can be a fun and gratifying task, it just takes a little planning, choosing your menu, and organizing tasks ahead of time. In this episode Anna makes food to fuel competing rowers that are in town. Anna makes granola bars packed with seeds and nuts, tofu skewers with walnut pesto and potato vegetable samosas with mango chutney. She also visits Grimo's Nut Nursery where we learn about different types of walnuts.

This delightful cooking series is devoted to characters, cultures and food. Each week, host David Gale visits a different grandmother to cook, laugh and learn about her life.

In this episode David visits the home of Nina Witkowski, who is a Polish Grandmother. Together they make Ushka, Sernik and borscht from fresh beets in Nina's garden.

Program: *Window on Wilmington* Episode # 092816
Air Date: Thursday, October 6, 2016 6:00 am
Duration: 60 minutes
Style/Type: Interview
Source: WITG Wilmington, De (Channel 22)
Issues Addressed: Domestic Violence, Music & Film Festival, Local Theatre, Youth Involvement with Theatre, Parks & Recreation Programs
Host: Theopalis K. Gregory, Sr.
Guests: Mariann Kenville Moore, Erin Corry, Bev Zimmerman, Katelyn Gallo, Ken Koubek, Mark Fields & Shawn Baker

Guest Host Theo Gregory opens the show in a conversation with Mariann Kenville Moore and Erin Corry from the Delaware Coalition Against Domestic Violence. Among the topics are when it is necessary for a victim not to flee the house when in this situation and some of the benefits offered by the coalition. Next to the interview desk is Bev Zimmerman, event coordinator for the Brandywine Village River MusicFest. This event celebrates the neighborhood's diversity with its music, vendors, artists and craftsmen. She then discussed the Mills Independent Film Festival. After Katelyn Gallo sang from the musical "Willy Wonka..." Ken Koubek discussed the upcoming schedule for the Delaware Children's Theatre. He also discussed all of their community programs. Mark Fields then presented the schedule of the Grand Opry House. Finally, Shawn Baker talked about the Department of Parks & Recreation's fall programs.

WPPX-TV, Wilmington, De
PUBLIC AFFAIRS REPORT
FOURTH QUARTER, 2016

Program: *Living Well* Episode # 407
Air Date: Tuesday, October 11, 2016 6:00 am
Topic/Title: Fresh with Anna Olsen, Loving Spoonfuls
Duration: 60 minutes
Style/Type: Human Interest
Source: ION Life
Issue(s) Addressed: Organic, healthy, local and culturally diverse cooking.
Guests: Fresh With Anna Olson: Host Anna Olson
Guests: Michael Olson, Charlie Parker
Loving Spoonfuls: Host David Gale
Guests: Anja Karpinnen

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Description:

This inspirational series takes viewers inside Anna’s world – a chef who truly lives food around the clock. Learn how you too can become inspired by fresh foods in your area, and watch as her enthusiasm motivates you to try new culinary creations of your own.

The local jazz and blues fest is in full swing, and Anna has planned the perfect picnic with Michael and their friends Bob and Jean. Stop by the local honey apiary Charlie-Bee with Anna and get a tour from Charlie himself. Anna uses the fresh honey in her Club Sandwich Roll and rounds out the meal with a Wheat Berry Vegetable Salad, and a Jazzy Platz dessert before packing it up for a music infused picnic lunch.

This delightful cooking series is devoted to characters, cultures and food. Each week, host David Gale visits a different grandmother to cook, laugh and learn about her life.

This episode brings the laughs when Finnish grandmother Anja Karpinnen dares David to eat the eye of the salmon and David dares Anja back.

Program: *Window on Wilmington* Episode # 092816
Air Date: Thursday, October 13, 2016 6:00 am
Duration: 60 minutes
Style/Type: Interview
Source: WITG Wilmington, De (Channel 22)
Issues Addressed: Domestic Violence, Music & Film Festival, Local Theatre, Youth Involvement with Theatre, Parks & Recreation Programs
Host: Theopalis K. Gregory, Sr.
Guests: Mariann Kenville Moore, Erin Corry, Bev Zimmerman, Katelyn Gallo, Ken Koubek, Mark Fields & Shawn Baker

Guest Host Theo Gregory opens the show in a conversation with Mariann Kenville Moore and Erin Corry from the Delaware Coalition Against Domestic Violence. Among the topics are when it is necessary for a victim not to flee the house when in this situation and some of the benefits offered by the coalition. Next to the interview desk is Bev Zimmerman, event coordinator for the Brandywine Village River MusicFest. This event celebrates the neighborhood’s diversity with its music, vendors, artists and craftsmen. She then discussed the Mills Independent Film Festival. After Katelyn Gallo sang from the musical “Willy Wonka...” Ken Koubek discussed the upcoming schedule for the Delaware Children’s Theatre. He also discussed all of their community programs. Mark Fields then presented the schedule of the Grand Opry House. Finally, Shawn Baker talked about the Department of Parks & Recreation’s fall programs.

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Program: *Living Well* Episode # 408
Air Date: Tuesday, October 18, 2016 6:00 am
Duration: 60 minutes
Style/Type: ION Life
Issue(s) Addressed: Organic, healthy, local and culturally diverse cooking.
Guests: Fresh With Anna Olson: Host Anna Olson
Loving Spoonfuls: Host David Gale
Guests: Loza Stavroff

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Description:

This inspirational series takes viewers inside Anna’s world – a chef who truly lives food around the clock. Learn how you too can become inspired by fresh foods in your area, and watch as her enthusiasm motivates you to try new culinary creations of your own.

Michael’s nephew Chris and his wife Anna are in town for the weekend and they’ve been invited over for a lazy and relaxing brunch. Anna gets a head start on the Blueberry Sticky Buns the evening before, and stops by the Muileboom Greenhouse for fresh tomatoes and cucumber for her fabulous Huevos Rancheros (with bacon) first thing in the morning. The meal is rounded out with three fabulous Fruit Antipasti platters.

This delightful cooking series is devoted to characters, cultures and food. Each week, host David Gale visits a different grandmother to cook, laugh and learn about her life.

Loza Stavroff makes two different flaky Banistas, and teaches David to dance a Horo.

Program: *Window on Wilmington* Episode # 092816
Air Date: Thursday, October 20, 2016 6:00 am
Duration: 60 minutes
Style/Type: Interview
Source: WITG Wilmington, De (Channel 22)
Issues Addressed: Domestic Violence, Music & Film Festival, Local Theatre, Youth Involvement with Theatre, Parks & Recreation Programs
Host: Theopalis K. Gregory, Sr.
Guests: Mariann Kenville Moore, Erin Corry, Bev Zimmerman, Katelyn Gallo, Ken Koubek, Mark Fields & Shawn Baker

Guest Host Theo Gregory opens the show in a conversation with Mariann Kenville Moore and Erin Corry from the Delaware Coalition Against Domestic Violence. Among the topics are when it is necessary for a victim not to flee the house when in this situation and some of the benefits offered by the coalition. Next to the interview desk is Bev Zimmerman, event coordinator for the Brandywine Village River MusicFest. This event celebrates the neighborhood’s diversity with its music, vendors, artists and craftsmen. She then discussed the Mills Independent Film Festival. After Katelyn Gallo sang from the musical “Willy Wonka...” Ken Koubek discussed the upcoming schedule for the Delaware Children’s Theatre. He also discussed all of their community programs. Mark Fields then presented the schedule of the Grand Opry House. Finally, Shawn Baker talked about the Department of Parks & Recreation’s fall programs.

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Program: *Living Well* Episode # 409
Air Date: Tuesday, October 25, 2016 6:00 am
Duration: 60 minutes
Style/Type: ION Life
Issue(s) Addressed: Organic, healthy, local and culturally diverse cooking.
Host(s): Anna Olson and David Gale
Guests: Carry Katherine-musician and Anna's Olson's niece
Don-drummer
Rudolpha Hood- Grandmother

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Description:

This inspirational series takes viewers inside Anna's world – a chef who truly lives food around the clock. Learn how you too can become inspired by fresh foods in your area, and watch as her enthusiasm motivates you to try new culinary creations of your own. In this episode Anna organizes a fundraising concert featuring the music of her niece Carry-Katherine who is a recording artist. Before heading over to the event, Anna prepares finger foods for a family visit while her niece warms up for the performance with her drummer. The menu centers around a rotisserie chicken served with four different sauces and bases along with potato mushroom bruschetta.

This delightful cooking series is devoted to characters, cultures and food. Each week, host David Gale visits a different grandmother to cook, laugh and learn about her life. In this episode David visits the home of Rudolpha Hood who is from the Island of Nevis. Rudolpha shares stories of the past while preparing Johnny Cakes and codfish with David.

Program: *Window on Wilmington* Episode # 092816
Air Date: Thursday, October 27, 2016 6:00 am
Duration: 60 minutes
Style/Type: Interview
Source: WITG Wilmington, De (Channel 22)
Issues Addressed: Domestic Violence, Music & Film Festival, Local Theatre, Youth Involvement with Theatre, Parks & Recreation Programs
Host: Theopalis K. Gregory, Sr.
Guests: Mariann Kenville Moore, Erin Corry, Bev Zimmerman, Katelyn Gallo, Ken Koubek, Mark Fields & Shawn Baker

Guest Host Theo Gregory opens the show in a conversation with Mariann Kenville Moore and Erin Corry from the Delaware Coalition Against Domestic Violence. Among the topics are when it is necessary for a victim not to flee the house when in this situation and some of the benefits offered by the coalition. Next to the interview desk is Bev Zimmerman, event coordinator for the Brandywine Village River MusicFest. This event celebrates the neighborhood's diversity with its music, vendors, artists and craftsmen. She then discussed the Mills Independent Film Festival. After Katelyn Gallo sang from the musical "Willy Wonka..." Ken Koubek discussed the upcoming schedule for the Delaware Children's Theatre. He also discussed all of their community programs. Mark Fields then presented the schedule of the Grand Opry House. Finally, Shawn Baker talked about the Department of Parks & Recreation's fall programs.

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Program: *Living Well* Episode # 410
Air Date: Tuesday, November 1, 2016 6:00 am
Duration: 60 minutes
Style/Type: ION Life
Issue(s) Addressed: Organic, healthy, local and culturally diverse cooking.
Host(s): Anna Olson and David Gale
Guests: Mike & Tina Papp-Anna's Friends
Zorka Jovancevic -Grandmother

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Description:

This inspirational series takes viewers inside Anna's world – a chef who truly lives food around the clock. Learn how you too can become inspired by fresh foods in your area, and watch as her enthusiasm motivates you to try new culinary creations of your own. In this episode Anna cooks a summer supper as a thank you to her friends Mike and Tina for giving her leftover vegetables from their garden. Anna incorporates the vegetables into her menu and makes Super Burgers, chili sauce, pickled green tomatoes and tiramisu pudding.

This delightful cooking series is devoted to characters, cultures and food. Each week, host David Gale visits a different grandmother to cook, laugh and learn about her life. In this episode David visits the home of Zorka Jovancevic from Yugoslavia. Zorka shares stories with David, while making cabbage rolls, noodles and poppy seed cake.

Program: *Window on Wilmington* Episode # 102616
Air Date: Thursday, November 3, 2016 6:00 am
Duration: 60 minutes
Style/Type: Interview
Source: WITG Wilmington, De (Channel 22)
Issues Addressed: Work Programs for Ex-Offenders, Pet Care, Job Programs, Diabetes, Theatre Programs
Host: Theopalis K. Gregory, Sr.
Guests: Vikram Krishnamurthy, Bob Harris, Dr. Erin Green, Greg Munson, Alfred Lance, Colleen M. Haraldson, Dara Smithers, Pamelyn Manoochio and Allyson Sands

Guest Host Theo Gregory welcomes us with Vikram Krishnamurthy giving an animated discussion about the De Center for Horticulture's programs. One of their chief programs is the Job Skills program that gives ex-Offenders a skill set and training for entering the workforce. Secondly, Dr. Erin Green and Greg Munson from the De Humane Association give pet care tips for handling the holidays. Especially things that can injure your pets. They also talked about their Holiday programs and asked to be remembered when you are giving donations. Next Alfred Lance from the Office of Economic Development talked about the PREP program. The acronym stands for Preparing Responsible Engaged Professionals. It is to train unemployed or underemployed citizens to work in corporate environments. This plan was developed with local corporations as well so job placement is high. Next 2 nurses from St. Francis Healthcare discussed Diabetes Awareness. Colleen M. Haraldson, MSN, RN and Dara Smithers, RN gave examples to help us be aware of the signs and symptoms of this terrible disease. Finally, from the Grand & the Playhouse, Pamelyn Manoochio and Allyson Sands discuss the Stages of Discovery program. A series of historical, literary or educational plays that come with study guides for the teachers to help the classes in their course discussions.

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Program: *Living Well* Episode # 411
Air Date: Tuesday, November 8, 2016 6:00 am
Duration: 60 minutes
Style/Type: ION Life
Issue(s) Addressed: Organic, healthy, local and culturally diverse cooking.
Guests: Fresh With Anna Olson: Host Anna Olson
Loving Spoonfuls: Host David Gale
Guests: Hyun-Joo Cho

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Description:

This inspirational series takes viewers inside Anna’s world – a chef who truly lives food around the clock. Learn how you too can become inspired by fresh foods in your area, and watch as her enthusiasm motivates you to try new culinary creations of your own.

Anna has been asked to judge a pie baking contest for the town’s local food festival, and this episode of Fresh is all about pie inspired recipes! Anna stops by the Williams Apple Orchard to pick ingredients for her Country Apple Pie. Next she creates a Potato Bisque with bacon and cheddar and her specialty, Anna’s Tourtiere.

Anna delivers her meal to her fellow judges before the pie tasting begins!

This delightful cooking series is devoted to characters, cultures and food. Each week, host David Gale visits a different grandmother to cook, laugh and learn about her life.

Hyun-Joo Cho practices spiritual self-healing through her cooking. Cold vegetarian salads and some warm apple wontons are for dinner.

Program: *Window on Wilmington* Episode # 102616
Air Date: Thursday, November 10, 2016 6:00 am
Duration: 60 minutes
Style/Type: Interview
Source: WITG Wilmington, De (Channel 22)
Issues Addressed: Work Programs for Ex-Offenders, Pet Care, Job Programs, Diabetes, Theatre Programs
Host: Theopalis K. Gregory, Sr.
Guests: Vikram Krishnamurthy, Bob Harris, Dr. Erin Green, Greg Munson, Alfred Lance, Colleen M. Haraldson, Dara Smithers, Pamelyn Manoochio and Allyson Sands

Guest Host Theo Gregory welcomes us with Vikram Krishnamurthy giving an animated discussion about the De Center for Horticulture’s programs. One of their chief programs is the Job Skills program that gives ex-Offenders a skill set and training for entering the workforce. Secondly, Dr. Erin Green and Greg Munson from the De Humane Association give pet care tips for handling the holidays. Especially things that can injure your pets. They also talked about their Holiday programs and asked to be remembered when you are giving donations. Next Alfred Lance from the Office of Economic Development talked about the PREP program. The acronym stands for Preparing Responsible Engaged Professionals. It is to train unemployed or underemployed citizens to work in corporate environments. This plan was developed with local corporations as well so job placement is high. Next 2 nurses from St. Francis Healthcare discussed Diabetes Awareness. Colleen M. Haraldson, MSN, RN and Dara Smithers, RN gave examples to help us be aware of the signs and symptoms of this terrible disease. Finally, from the Grand & the Playhouse, Pamelyn Manoochio and Allyson Sands discuss the Stages of Discovery program. A series of historical, literary or educational plays that come with study guides for the teachers to help the classes in their course discussions.

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Program: *Living Well* Episode # 412
Air Date: Tuesday, November 15, 2016 6:00 am
Duration: 60 minutes
Style/Type: ION Life
Issue(s) Addressed: Organic, healthy, local and culturally diverse cooking.
Guests: Fresh With Anna Olson: Host Anna Olson
Loving Spoonfuls: Host David Gale
Guests: Regine Frankel

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Description:

This inspirational series takes viewers inside Anna’s world – a chef who truly lives food around the clock. Learn how you too can become inspired by fresh foods in your area, and watch as her enthusiasm motivates you to try new culinary creations of your own.

For the past eight years Anna has participated in the Eat to the Beat breast cancer fundraiser event. This event is all about healthy foods like Anna’s Blueberry Muffins, and elegant hors d’oeuvres like Turkey and Trimming Pinwheels, and Squash and Cheddar Soufflés. See Anna in her full chef whites as this stunning event unfolds.

This delightful cooking series is devoted to characters, cultures and food. Each week, host David Gale visits a different grandmother to cook, laugh and learn about her life. Regine Frankel tells riveting tales of surviving World War 2 as a Jew in France and sharing his recipe for vegetarian meatballs.

Program: *Window on Wilmington* Episode # 102616
Air Date: Thursday, November 17, 2016 6:00 am
Duration: 60 minutes
Style/Type: Interview
Source: WITG Wilmington, De (Channel 22)
Issues Addressed: Work Programs for Ex-Offenders, Pet Care, Job Programs, Diabetes, Theatre Programs
Host: Theopalis K. Gregory, Sr.
Guests: Vikram Krishnamurthy, Bob Harris, Dr. Erin Green, Greg Munson, Alfred Lance, Colleen M. Haraldson, Dara Smithers, Pamelyn Manoochio and Allyson Sands

Guest Host Theo Gregory welcomes us with Vikram Krishnamurthy giving an animated discussion about the De Center for Horticulture’s programs. One of their chief programs is the Job Skills program that gives ex-Offenders a skill set and training for entering the workforce. Secondly, Dr. Erin Green and Greg Munson from the De Humane Association give pet care tips for handling the holidays. Especially things that can injure your pets. They also talked about their Holiday programs and asked to be remembered when you are giving donations. Next Alfred Lance from the Office of Economic Development talked about the PREP program. The acronym stands for Preparing Responsible Engaged Professionals. It is to train unemployed or underemployed citizens to work in corporate environments. This plan was developed with local corporations as well so job placement is high. Next 2 nurses from St. Francis Healthcare discussed Diabetes Awareness. Colleen M. Haraldson, MSN, RN and Dara Smithers, RN gave examples to help us be aware of the signs and symptoms of this terrible disease. Finally, from the Grand & the Playhouse, Pamelyn Manoochio and Allyson Sands discuss the Stages of Discovery program. A series of historical, literary or educational plays that come with study guides for the teachers to help the classes in their course discussions.

WPPX-TV, Wilmington, De
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FOURTH QUARTER, 2016

Program: *Living Well* Episode # 413
Air Date: Tuesday, November 22, 2016 6:00 am
Duration: 60 minutes
Style/Type: ION Life
Issue(s) Addressed: Organic, healthy, local and culturally diverse cooking.
Host(s): Anna Olson and David Gale
Guests: Andrew Vegelato-Italian Ice Cream
April Horncastle-Pastry Chef/Bride To Be
Heidi Kuhner-Swiss Grandmother

This inspirational series takes viewers inside Anna's world – a chef who truly lives food around the clock. Learn how you too can become inspired by fresh foods in your area, and watch as her enthusiasm motivates you to try new culinary creations of your own. In this episode Anna throws a wedding shower lunch for her pastry chef April. Anna makes Beet and Buttermilk Soup, Luncheon Sandwich Torte and an Ice Cream Layer Cake.

This delightful cooking series is devoted to characters, cultures and food. Each week, host David Gale visits a different grandmother to cook, laugh and learn about her life. In this episode David visits the home of Swiss grandmother Heidi Kuhner, where he learns how to make Cheese Fondue, Linzer Torte and a Mushroom Souffle.

Program: *Window on Wilmington* Episode # 102616
Air Date: Thursday, November 24, 2016 6:00 am
Duration: 60 minutes
Style/Type: Interview
Source: WITG Wilmington, De (Channel 22)
Issues Addressed: Work Programs for Ex-Offenders, Pet Care, Job Programs, Diabetes, Theatre Programs
Host: Theopalis K. Gregory, Sr.
Guests: Vikram Krishnamurthy, Bob Harris, Dr. Erin Green, Greg Munson, Alfred Lance, Colleen M. Haraldson, Dara Smithers, Pamelyn Manoochio and Allyson Sands

Guest Host Theo Gregory welcomes us with Vikram Krishnamurthy giving an animated discussion about the De Center for Horticulture's programs. One of their chief programs is the Job Skills program that gives ex-Offenders a skill set and training for entering the workforce. Secondly, Dr. Erin Green and Greg Munson from the De Humane Association give pet care tips for handling the holidays. Especially things that can injure your pets. They also talked about their Holiday programs and asked to be remembered when you are giving donations. Next Alfred Lance from the Office of Economic Development talked about the PREP program. The acronym stands for Preparing Responsible Engaged Professionals. It is to train unemployed or underemployed citizens to work in corporate environments. This plan was developed with local corporations as well so job placement is high. Next 2 nurses from St. Francis Healthcare discussed Diabetes Awareness. Colleen M. Haraldson, MSN, RN and Dara Smithers, RN gave examples to help us be aware of the signs and symptoms of this terrible disease. Finally, from the Grand & the Playhouse, Pamelyn Manoochio and Allyson Sands discuss the Stages of Discovery program. A series of historical, literary or educational plays that come with study guides for the teachers to help the classes in their course discussions.

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Program: *Living Well* Episode # 414
Air Date: Tuesday, November 29, 2016 6:00 am
Duration: 60 minutes
Style/Type: ION Life
Issue(s) Addressed: Organic, healthy, local and culturally diverse cooking.
Host(s): Anna Olson and David Gale
Guests: David Irish-David Irish's Farm
Evelyn Koop-Grandmother

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Description:

This inspirational series takes viewers inside Anna's world – a chef who truly lives food around the clock. Learn how you too can become inspired by fresh foods in your area, and watch as her enthusiasm motivates you to try new culinary creations of your own. In this episode Anna delivers a working lunch for a meeting in progress at a local college. She puts together a scrumptious vegetarian menu including Vegetable Salad Rolls with a Cashew Cream, Honey Yogurt Cheesecake with Fresh Mango and a Roasted Garlic Vegetable Tart.

This delightful cooking series is devoted to characters, cultures and food. Each week, host David Gale visits a different grandmother to cook, laugh and learn about her life. In this episode David visits the home of Estonian Grandmother Evelyn Koop, who introduced rhythmic dancing to the Olympics. Evelyn shows David how to make Rollmops and Rosolje.

Program: *Window on Wilmington* Episode # 102616
Air Date: Thursday, December 1, 2016 6:00 am
Duration: 60 minutes
Style/Type: Interview
Source: WITG Wilmington, De (Channel 22)
Issues Addressed: Work Programs for Ex-Offenders, Pet Care, Job Programs, Diabetes, Theatre Programs
Host: Theopalis K. Gregory, Sr.
Guests: Vikram Krishnamurthy, Bob Harris, Dr. Erin Green, Greg Munson, Alfred Lance, Colleen M. Haraldson, Dara Smithers, Pamelyn Manoochio and Allyson Sands

Guest Host Theo Gregory welcomes us with Vikram Krishnamurthy giving an animated discussion about the De Center for Horticulture's programs. One of their chief programs is the Job Skills program that gives ex-Offenders a skill set and training for entering the workforce. Secondly, Dr. Erin Green and Greg Munson from the De Humane Association give pet care tips for handling the holidays. Especially things that can injure your pets. They also talked about their Holiday programs and asked to be remembered when you are giving donations. Next Alfred Lance from the Office of Economic Development talked about the PREP program. The acronym stands for Preparing Responsible Engaged Professionals. It is to train unemployed or underemployed citizens to work in corporate environments. This plan was developed with local corporations as well so job placement is high. Next 2 nurses from St. Francis Healthcare discussed Diabetes Awareness. Colleen M. Haraldson, MSN, RN and Dara Smithers, RN gave examples to help us be aware of the signs and symptoms of this terrible disease. Finally, from the Grand & the Playhouse, Pamelyn Manoochio and Allyson Sands discuss the Stages of Discovery program. A series of historical, literary or educational plays that come with study guides for the teachers to help the classes in their course discussions.

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PUBLIC AFFAIRS REPORT
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Program: *Living Well* Episode # 415
Air Date: Tuesday, December 6, 2016 6:00 am
Duration: 60 minutes
Style/Type: ION Life
Issue(s) Addressed: Organic, healthy, local and culturally diverse cooking.
Guests: Fresh With Anna Olson: Host Anna Olson
Loving Spoonfuls: Host David Gale
Guests: Luzia Nunes

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Description:

This inspirational series takes viewers inside Anna’s world – a chef who truly lives food around the clock. Learn how you too can become inspired by fresh foods in your area, and watch as her enthusiasm motivates you to try new culinary creations of your own.

Anna’s friend Susan is having an important birthday and is looking forward to an elegant dinner with a few of her close friends. Anna starts by preparing a Slow Roasted Prime Rib with a rich mushroom jus (brandy). She then heads to her friend Cheryl’s farm gate stand to get fresh ingredients for a Warm Squash and Ricotta Salad. She finishes the meal with a Honey Walnut Torte – a classic Viennese birthday cake.

This delightful cooking series is devoted to characters, cultures and food. Each week, host David Gale visits a different grandmother to cook, laugh and learn about her life.

Luzia Nunes left her home in the Azores to teach David how to cook authentic Portuguese-style fish stew and reveals why she's called "Crazy Luzia".

Program: *Window on Wilmington* Episode # 102616
Air Date: Thursday, December 8, 2016 6:00 am
Duration: 60 minutes
Style/Type: Interview
Source: WITG Wilmington, De (Channel 22)
Issues Addressed: Work Programs for Ex-Offenders, Pet Care, Job Programs, Diabetes, Theatre Programs
Host: Theopalis K. Gregory, Sr.
Guests: Vikram Krishnamurthy, Bob Harris, Dr. Erin Green, Greg Munson, Alfred Lance, Colleen M. Haraldson, Dara Smithers, Pamelyn Manoochio and Allyson Sands

Guest Host Theo Gregory welcomes us with Vikram Krishnamurthy giving an animated discussion about the De Center for Horticulture’s programs. One of their chief programs is the Job Skills program that gives ex-Offenders a skill set and training for entering the workforce. Secondly, Dr. Erin Green and Greg Munson from the De Humane Association give pet care tips for handling the holidays. Especially things that can injure your pets. They also talked about their Holiday programs and asked to be remembered when you are giving donations. Next Alfred Lance from the Office of Economic Development talked about the PREP program. The acronym stands for Preparing Responsible Engaged Professionals. It is to train unemployed or underemployed citizens to work in corporate environments. This plan was developed with local corporations as well so job placement is high. Next 2 nurses from St. Francis Healthcare discussed Diabetes Awareness. Colleen M. Haraldson, MSN, RN and Dara Smithers, RN gave examples to help us be aware of the signs and symptoms of this terrible disease. Finally, from the Grand & the Playhouse, Pamelyn Manoochio and Allyson Sands discuss the Stages of Discovery program. A series of historical, literary or educational plays that come with study guides for the teachers to help the classes in their course discussions.

WPPX-TV, Wilmington, De
PUBLIC AFFAIRS REPORT
FOURTH QUARTER, 2016

Program: *Living Well* Episode # 416
Air Date: Tuesday, December 13, 2016 6:00 am
Duration: 60 minutes
Source: ION Life
Issue(s) Addressed: Organic, healthy, local and culturally diverse cooking.
Guests: Fresh With Anna Olson: Host Anna Olson
Loving Spoonfuls: Host David Gale
Guests: Andrea Vincent

“Living Well” is a one hour community affairs program that is dedicated to active lifestyles, wellness & helpful information that leads to a more empowered life. The featured shows in “Living Well” are “Fresh with Anna Olson” and “Loving Spoonfuls”.

Description:

This inspirational series takes viewers inside Anna’s world – a chef who truly lives food around the clock. Learn how you too can become inspired by fresh foods in your area, and watch as her enthusiasm motivates you to try new culinary creations of your own.

Anna’s parents are visiting and she’s preparing a traditional Sunday Supper. In order to make a wholesome, hardy meal, she pairs a Whole Roasted Pork Loin in a mustard marmalade glaze with Roasted Root Vegetables in a warm vinaigrette. For desert, Anna heads to Whitty Farm to get fresh pears for her Spiced Chocolate Pear Tart.

This delightful cooking series is devoted to characters, cultures and food. Each week, host David Gale visits a different grandmother to cook, laugh and learn about her life.

Hungarian grandmother Andrea Vincent tells heart-wrenching tales of life and love while making Sour Cherry Soup and a Wine Cream.

Program: *Window on Wilmington* Episode # 102616
Air Date: Thursday, December 15, 2016 6:00 am
Duration: 60 minutes
Style/Type: Interview
Source: WITG Wilmington, De (Channel 22)
Issues Addressed: Work Programs for Ex-Offenders, Pet Care, Job Programs, Diabetes, Theatre Programs
Host: Theopalis K. Gregory, Sr.
Guests: Vikram Krishnamurthy, Bob Harris, Dr. Erin Green, Greg Munson, Alfred Lance, Colleen M. Haraldson, Dara Smithers, Pamelyn Manoochio and Allyson Sands

Guest Host Theo Gregory welcomes us with Vikram Krishnamurthy giving an animated discussion about the De Center for Horticulture’s programs. One of their chief programs is the Job Skills program that gives ex-Offenders a skill set and training for entering the workforce. Secondly, Dr. Erin Green and Greg Munson from the De Humane Association give pet care tips for handling the holidays. Especially things that can injure your pets. They also talked about their Holiday programs and asked to be remembered when you are giving donations. Next Alfred Lance from the Office of Economic Development talked about the PREP program. The acronym stands for Preparing Responsible Engaged Professionals. It is to train unemployed or underemployed citizens to work in corporate environments. This plan was developed with local corporations as well so job placement is high. Next 2 nurses from St. Francis Healthcare discussed Diabetes Awareness. Colleen M. Haraldson, MSN, RN and Dara Smithers, RN gave examples to help us be aware of the signs and symptoms of this terrible disease. Finally, from the Grand & the Playhouse, Pamelyn Manoochio and Allyson Sands discuss the Stages of Discovery program. A series of historical, literary or educational plays that come with study guides for the teachers to help the classes in their course discussions.

WPPX-TV, Wilmington, De
PUBLIC AFFAIRS REPORT
FOURTH QUARTER, 2016

Program: *Living Well* Episode # 417
Air Date: Tuesday, December 20, 2016 6:00 am
Duration: 60 minutes
Source: ION Life
Issue(s) Addressed: Organic, healthy, local and culturally diverse cooking.
Host(s): Anna Olson and David Gale
Guests: Ann Bering-White Meadows Maple Syrup Farm
Winifred Field-Grandmother
Janet-Winifred's Daughter

"Living Well" is a one hour community affairs program that is dedicated to active lifestyles, wellness & helpful information that leads to a more empowered life. The featured shows in "Living Well" are "Fresh with Anna Olson" and "Loving Spoonfuls".

Description:

This inspirational series takes viewers inside Anna's world – a chef who truly lives food around the clock. Learn how you too can become inspired by fresh foods in your area, and watch as her enthusiasm motivates you to try new culinary creations of your own. Anna prepares a special meal that both adults and children can enjoy for her guests who have kids. She makes Sweet Onion Dip with Veggies, Three Cheese Pasta Bake, Maple Garlic Roasted Chicken and Very Vanilla Cupcakes that everyone can decorate themselves. Anna also visits White Meadows Maple Syrup Farm

This delightful cooking series is devoted to characters, cultures and food. Each week, host David Gale visits a different grandmother to cook, laugh and learn about her life. In this episode David visits the home of British Grandmother Winifred Field who is from London, England and a decorated war hero. While Winifred talks about her life in England and Canada, they make Classic Steak and Kidney Pie and Poor Man's Trifle. Winifred's daughter Janet also gives them a hand in the kitchen.

Program: *Window on Wilmington* Episode # 102616
Air Date: Thursday, December 22, 2016 6:00 am
Duration: 60 minutes
Style/Type: Interview
Source: WITG Wilmington, De (Channel 22)
Issues Addressed: Work Programs for Ex-Offenders, Pet Care, Job Programs, Diabetes, Theatre Programs
Host: Theopalis K. Gregory, Sr.
Guests: Vikram Krishnamurthy, Bob Harris, Dr. Erin Green, Greg Munson, Alfred Lance, Colleen M. Haraldson, Dara Smithers, Pamelyn Manoochio and Allyson Sands

Guest Host Theo Gregory welcomes us with Vikram Krishnamurthy giving an animated discussion about the De Center for Horticulture's programs. One of their chief programs is the Job Skills program that gives ex-Offenders a skill set and training for entering the workforce. Secondly, Dr. Erin Green and Greg Munson from the De Humane Association give pet care tips for handling the holidays. Especially things that can injure your pets. They also talked about their Holiday programs and asked to be remembered when you are giving donations. Next Alfred Lance from the Office of Economic Development talked about the PREP program. The acronym stands for Preparing Responsible Engaged Professionals. It is to train unemployed or underemployed citizens to work in corporate environments. This plan was developed with local corporations as well so job placement is high. Next 2 nurses from St. Francis Healthcare discussed Diabetes Awareness. Colleen M. Haraldson, MSN, RN and Dara Smithers, RN gave examples to help us be aware of the signs and symptoms of this terrible disease. Finally, from the Grand & the Playhouse, Pamelyn Manoochio and Allyson Sands discuss the Stages of Discovery program. A series of historical, literary or educational plays that come with study guides for the teachers to help the classes in their course discussions.

WPPX-TV, Wilmington, De
PUBLIC AFFAIRS REPORT
FOURTH QUARTER, 2016

Program: *Living Well* Episode # 418
Air Date: Tuesday, December 27, 2016 6:00 am
Duration: 60 minutes
Source: ION Life
Issue(s) Addressed: Organic, healthy, local and culturally diverse cooking.
Host(s): Anna Olson and David Gale
Guests: Ann Bering-Charles Baker-Stratus Winery
Maria-Angelica Enriquez- Grandmother
Gabriela-Maria-Angelica's Daughter

"Living Well" is a one hour community affairs program that is dedicated to active lifestyles, wellness & helpful information that leads to a more empowered life. The featured shows in "Living Well" are "Fresh with Anna Olson" and "Loving Spoonfuls".

Description:

This inspirational series takes viewers inside Anna's world – a chef who truly lives food around the clock. Learn how you too can become inspired by fresh foods in your area, and watch as her enthusiasm motivates you to try new culinary creations of your own. Anna hosts a wine maker's dinner at a friend's winery. She builds a menu around particular wines using flavors that will go well with red wines. Anna makes Rosemary Roasted Rack Of Lamb, Date and Pistachio Salsa, Three Onion Couscous, Parsnips Bakes With Moroccan Spices and Baked Figs with Honey and Yogurt.

This delightful cooking series is devoted to characters, cultures and food. Each week, host David Gale visits a different grandmother to cook, laugh and learn about her life. In this episode David visits the home of Chilean Grandmother Maria-Angelica Enriquez. They make Seafood Soup and Corn Pie. Gabriela-Maria's daughter gives them a hand. While they are cooking they talk about Gabriela-Maria's life in Chile and Canada.

Program: *Window on Wilmington* Episode # 102616
Air Date: Thursday, December 29, 2016 6:00 am
Duration: 60 minutes
Style/Type: Interview
Source: WITG Wilmington, De (Channel 22)
Issues Addressed: Work Programs for Ex-Offenders, Pet Care, Job Programs, Diabetes, Theatre Programs
Host: Theopolis K. Gregory, Sr.
Guests: Vikram Krishnamurthy, Bob Harris, Dr. Erin Green, Greg Munson, Alfred Lance, Colleen M. Haraldson, Dara Smithers, Pamelyn Manoochio and Allyson Sands

Guest Host Theo Gregory welcomes us with Vikram Krishnamurthy giving an animated discussion about the De Center for Horticulture's programs. One of their chief programs is the Job Skills program that gives ex-Offenders a skill set and training for entering the workforce. Secondly, Dr. Erin Green and Greg Munson from the De Humane Association give pet care tips for handling the holidays. Especially things that can injure your pets. They also talked about their Holiday programs and asked to be remembered when you are giving donations. Next Alfred Lance from the Office of Economic Development talked about the PREP program. The acronym stands for Preparing Responsible Engaged Professionals. It is to train unemployed or underemployed citizens to work in corporate environments. This plan was developed with local corporations as well so job placement is high. Next 2 nurses from St. Francis Healthcare discussed Diabetes Awareness. Colleen M. Haraldson, MSN, RN and Dara Smithers, RN gave examples to help us be aware of the signs and symptoms of this terrible disease. Finally, from the Grand & the Playhouse, Pamelyn Manoochio and Allyson Sands discuss the Stages of Discovery program. A series of historical, literary or educational plays that come with study guides for the teachers to help the classes in their course discussions.