

WPKN

Community Issues Report

Year: 2024

1st Quarter: January, February, March

The following list of WPKN programs represents the station's most significant treatment of community issues during this quarter:

Barricada

Day/Time: Saturday/11 AM

Duration: 2 hours

Frequency: weekly

Origin: local

Series Description

Host John Lugo and others cover public affairs and cultural issues of interest to the Latin community locally and around the world. The program is in Spanish.

Series description in Spanish:

Somos un equipo de trabajo, multiétnico, organizadores comunitarios que buscamos a través de Barricada, llegar a la comunidad latina con un mensaje alternativo. Nuestra meta es crear una red transnacional de noticias para llevar semanalmente a nuestra audiencia lo más reciente de los sucesos por los que atraviezan nuestros pueblos. Esos que están al sur, al otro lado de la frontera.

Band Central Radio

Day/Time: 4th Monday

Duration: 12 noon

Frequency: 1 hour

Origin: local

Series Description

Rob Fried hosts the Band Central Radio (*formerly Band Together Radio*) show on WPKN, on the 4th Monday of the month, 12 Noon to 1 PM with talk, music, & interviews with special guests.

Between the Lines

Day/Time: Thursday/6:30 AM & repeated at 8 PM

Duration: ½ hour

Frequency: weekly

Origin: local

Series Description

WPKN's award winning *Between the Lines*, hosted by Scott Harris, provides the community a substantive progressive alternative to corporate news on a wide range of subjects including war, health care, and free trade. The program serves as a networking resource for communities fighting for social justice here in the U.S. and around the world. Every interview segment features phone numbers and websites to facilitate contact between our audience and groups taking a stand on critical issues of the day.

The Briefing

Day/Time: Tuesday through Friday

Duration: 1 hour

Frequency: weekly

Origin: National

Series Description

A round-up of the day's main news stories, anchored from London by a Monocle Radio news editor. The show features "informed reporting, prescient business analysis and invaluable industry reports covering everything from technology to aviation and retail to media."

Cosmic Perspective

Day/Time: 4th Saturday/10AM

Duration: 1 hour

Frequency: monthly

Origin: local

Series Description

In this science series, host [Andy Poniros](#), a longtime space enthusiast, examines the past, present and future of space exploration. He also encourages local space enthusiasts to explore the heavens with their own telescopes trained on the night sky.

Series issues: space exploration, astronomy, new technology

Counterpoint

Day/Time: Monday/8 PM

Duration: 2 hours

Frequency: weekly

Origin: local

Series Description

In his series *Counterpoint*, host Scott Harris conducts in-depth interviews on a wide range of political, economic and social topics with individuals and representatives of organizations not ordinarily accessible to the community in the mainstream media.

Episodes

This week's guests on *Counterpoint*, hosted by Scott Harris:

- 1) Nikhel Sus, senior counsel and director of strategic litigation for Citizens for Responsibility and Ethics in Washington talks about his role in the lawsuit, under Section 3 of the 14th Amendment, that resulted in the Colorado Supreme Court removing Donald Trump from the state's GOP primary ballot.
- 2) Jacob Sugarman, lifestyle editor at the Buenos Aires Herald, discusses his recent Nation magazine article, "Argentina's Chainsaw Massacre Election."
- 3) Robert L. Herbst, co-chair of the U.S. chapter of the Israeli Committee Against House Demolitions and coordinator of the Westchester New York Chapter of Jewish Voice for Peace, talks about his recent article, "South Africa appeals to the International Court of Justice: Stop Israel's genocide in Gaza."
- 4) Mel Goodman, senior fellow at the Center for International Policy and professor of government at Johns Hopkins University, talks about his recent article, "Unmitigated Horror: Guernica, the Warsaw Ghetto, and Now Gaza." **Monday, January 8 at 8:00 PM and in the [WPKN archive](#).**

This week's guests on *Counterpoint*, hosted by Scott Harris:

- 1) Daniel Boguslaw, an investigative reporter based in Washington, D.C., discusses his recent Intercept article, "CNN Runs Gaza Coverage Past Jerusalem Team Operating Under Shadow of IDF Censor."

2) Jason Stanley, the Jacob Urowsky professor of philosophy at Yale University and author of "How Fascism Works: The Politics of Us and Them," will discuss Donald Trump's recent tirades attacking immigrants and leftists and examine corporate media coverage of Trump's increasingly fascist rhetoric.

3) Carrie Baker, the Sylvia Dlugasch Bauman chair of American studies and professor of the study of women and gender at Smith College and a contributing editor at Ms. magazine, talks about recent post-Roe court rulings and the U.S. Supreme Court's decision to hear a case that could ultimately eliminate public access to mifepristone nationwide.

4) Rann Miller is a former teacher, author of "Resistance Stories from Black History for Kids: Inspiring People and Events That Every Kid Should Know," and editor of the Official Urban Education Mixtape Blog. He'll discuss the dangerous normalization of white supremacy promoted by Donald Trump and the Republican Party. **Monday, January 15 at 8:00 PM and in the WPKN [archive](#).**

This week's guests on *Counterpoint*, hosted by Scott Harris:

1) Michael Lynk, associate professor of law at the University of Western Ontario, discusses the suffering of Palestinian civilians in Gaza and the South African case now before the International Court of Justice accusing Israel of committing genocide in Gaza.

2) Bradley Onishi, a former white Christian nationalist now a scholar of religion and author of the book, "Preparing for War: The Extremist History of White Christian Nationalism—and What Comes Next," discusses Donald Trump and the Republican Party's continued embrace of white Christian nationalism.

3) Tishan Weerasooriya, senior associate of policy and political affairs with the group Stand Up America, discusses what the Supreme Court heard last week re: the Chevron doctrine, concerning federal agencies' ability to set and enforce regulations.

4) Julianne McShane, Mother Jones magazine's news and engagement writer, discusses her recent article, "Three Migrants Drowned After Texas' Attempt to Seize Control of the Border."

Monday, January 22 at 8:00 PM and in the WPKN [archive](#).

This week's guests on *Counterpoint*, hosted by Scott Harris:

1) Jeff Sharlet is a New York Times best-selling author, the Frederick Sessions Beebe '35 Professor in the Art of Writing at Dartmouth College and a contributing editor at Vanity Fair. He discusses the rising extremism, violence and fascist ideology surrounding Donald Trump and his MAGA movement, aspects of which are examined in his book, "The Undertow: Scenes from a Slow Civil War."

2) Nicolas Davies is an independent journalist, a researcher for CODEPINK and author. He discusses the recent article he co-wrote with Medea Benjamin titled, "Biden Must Choose Between a Ceasefire in Gaza and a Regional War."

3) Norma Martinez-HoSang is organizing director with Connecticut For All, a statewide coalition of labor, community, and faith organizations. She talks about the group's 2024 Equity Agenda which will be launched at the Connecticut legislative office building on February 6th.

4) Justin Akers Chacón, professor of U.S. history and Chicano studies San Diego City College, talks about his recent article, "Far Right Forces Are Attempting to Generate a National Emergency at the Border."

Monday, February 5 at 8:00 PM and in the [WPKN archive](#).

This week's guests on *Counterpoint*, hosted by Scott Harris:

1) Katrina vanden Heuvel, editorial director and publisher of The Nation magazine, who served as editor of the magazine from 1995 to 2019, and writes a weekly column for The Washington Post. She'll discuss the current crisis in Ukraine, covering the point raised in her recent article, "The exit from the Ukraine crisis that's hiding in plain sight."

2) Jason Stanley, Jacob Urowsky professor of philosophy at Yale University and author of "How Fascism Works: The Politics of Us and Them," discusses the current push by extreme right forces in the US to ban books in an attempt to erase history, legislate voter suppression laws and measures to subvert election results -- touching on the important points raised in his recent Guardian article, "America is Now in Fascism's Legal Phase."

3) Cody Hounanian, executive director of the Student Debt Crisis Center discusses his group's work to change government policies in order to end the student debt crisis -- and assesses the Biden administration's action on student relief after one year in office.

4) Aziz Dehkan, Executive Director & Lead Organizer with the Connecticut Roundtable on Climate and Jobs talks about his group's work including their upcoming Feb. 16th Climate Change 101 Webinar, plans for listening sessions in Bridgeport re: carbon-free healthy schools, and other initiatives CRCJ is supporting during the current CT legislative session.

Monday, February 7 at 8:00 PM and in the [WPKN archive](#).

This week's guests on *Counterpoint*, hosted by Scott Harris:

1) Phyllis Bennis is a fellow of the Institute for Policy Studies, international adviser for Jewish Voice for Peace, and author of "Understanding the Palestinian-Israeli Conflict: A Primer." She discusses the Israel-Hamas war.

2) Amira Mattar, counsel with the group Free Speech For People, offers her views on the US Supreme Court's recent hearing of oral arguments on the Colorado Supreme Court's ruling that Donald Trump is disqualified to run for public office.

3) Stanley Heller, administrator of Promoting Enduring Peace, a member of Jewish Voice for Peace, and host of the TV news magazine "The Struggle," talks about his recent article, "Why does CT have \$95 million invested in Israel?"

4) Dr. Felicia Kornbluh is a writer, activist, and professor of history at the University of Vermont with appointments in gender, sexuality, women's studies, and Jewish studies. She'll discuss her newest book titled, "A Woman's Life is a Human Life: My Mother, Our Neighbor, and the Journey from Reproductive Rights to Reproductive Justice."

Monday, February 12 at 8:00 PM and in the [WPKN archive](#).

This week's guests on *Counterpoint*, hosted by Scott Harris:

1) Theodore Hamm, associate professor and chair of journalism and new media studies at St. Joseph's University discusses his December 2023 Independent article, "Who Killed Malcom X? New Lawsuit Points to Untapped Sources of Information."

- 2) Andy Bichlbaum, a founding member of "The Yes Men," a culture jamming activist group, talks about his recent Waging Nonviolence article, "A galvanizing vision for Palestine-Israel could help stop the war in Gaza."
- 3) Kevin Gosztola, publisher of the Dissenter Newsletter at Substack, discusses the latest developments in WikiLeaks' founder Julian Assange's battle to stop his extradition to the U.S. where he faces charges under the 1917 Espionage Act.
- 4) Yanira Arias, national campaign manager with Alianza Americas, discusses her group's concern that the Biden-Harris Administration may issue an executive order that could prevent asylum seekers from entering the country through the U.S. Southern border.

Monday, February 26 at 8:00 PM and in the [WPKN archive](#).

This week's guests on *Counterpoint*, hosted by Scott Harris:

- 1) Pete Harrison, director of the group Desegregate Connecticut, talks about his group's work in Connecticut, including an effort to pass legislation to provide financial incentives for municipalities that adopt certain transit-oriented development policies.
- 2) Fred Clarkson, senior research analyst with Political Research Associates and author of "Eternal Hostility: The Struggle Between Theocracy and Democracy," discusses the recent Alabama Supreme Court ruling that frozen embryos can be considered children under state law.
- 3) Thomas G. Moukawsher, a former Connecticut complex litigation judge, discusses his recent Salon.com piece, "With Jan. 6 case, the Supreme Court could take America down the dark road to dictatorship."
- 4) Dr. James J. Zogby, co-founder and president of the Arab American Institute, discusses what more can be done to force an immediate humanitarian ceasefire in Gaza and the campaign in Michigan that garnered over 100,000 votes cast for "Uncommitted" in the state's Democratic primary.

Monday, March 4 at 8:00 PM and in the [WPKN archive](#).

This week's guests on *Counterpoint*, hosted by Scott Harris:

- 1) Rick Perlstein is an historian of the post-1960s American conservative movement and a contributing editor and board member of In These Times magazine. He examines coverage of the 2024 presidential election campaign with a focus on the false equivalence and "both-sides-ism."
- 2) Abby Maxman is Oxfam America's president and CEO. Dr. Karameh Hawash-Kuemmerle, of Boston Children's Hospital Department of Neurology, is a member of Doctors Against Genocide. They will discuss the worsening humanitarian catastrophe in Gaza.
- 3) Lara Witt, editorial director of Prism, a community of journalists committed to delivering in-depth and thought-provoking news, discusses her recent article (co-written by Maya Schenwar of Truthout.org), "Media Organizations Come Together to Uplift Journalism for a Free Palestine."
- 4) Cheri Quickmire, executive director of the Connecticut chapter of Common Cause, discusses her group's effort to pass legislation to support local press outlets through reallocating state advertising revenue.

Monday, March 11 at 8:00 PM and in the [WPKN archive](#).

This week's guests on *Counterpoint*, hosted by Scott Harris:

- 1) Jack Mirkinson, senior editor with The Nation magazine, discusses his recent article, "The Tragic Absurdity of Biden's Gaza Policies: The US government is making elaborate plans to ameliorate a humanitarian catastrophe that would not exist without its own bombs."
- 2) Jake Johnston, senior research associate with the Center for Economic and Policy Research discusses the current crisis situation in Haiti: widespread gang violence, the UN plan to send 1,000 Kenyan police to Haiti, efforts to install a transitional Haitian government, and the ongoing investigation into the July 2021 assassination of Haitian president Jovenel Moïse.
- 3) A Pen America Washington advocate discusses their group's opposition to the recently passed House legislation that could force TikTok, the popular social media app, to cut ties with its Chinese parent company or face a nationwide U.S. ban.
- 4) Investigative journalist Greg Palast, author of the New York Times best-selling book "The Best Democracy Money Can Buy," discusses his recent articles, "Court Approves Vigilante Mass Voter Challenges" and "True the Vote admits it can't backup dropbox fraud claims featured in 2000 Mules film."

Monday, March 18 at 8:00 PM and in the [WPKN archive](#).

This week's guests on *Counterpoint*, hosted by Scott Harris:

- 1) Josh Ruebner, adjunct lecturer in the Justice and Peace Program at Georgetown University, discusses "the ongoing carnage in Gaza, the US cut-off of funds to UNRWA, the Biden administration's lack of action to invoke a ceasefire -- and GOP House Speaker Mike Johnson's plan to invite Israeli Prime Minister Netanyahu to address Congress."
- 2) Karen Dolan, a fellow at the Institute for Policy Studies, discusses her recent "Hill" article, "Biden's populist budget marks the overdue end of trickle-down economics."
- 3) Maurice T. Cunningham, author of "Dark Money and the Politics of School Privatization," discusses the extremist group Moms for Liberty.
- 4) Roger Senserrich, communications director with the Working Families Party of Connecticut, talks about his group's door-knocking and phone banking campaign in support of legislation to expand and strengthen Connecticut's paid sick leave law.

Monday, March 25 at 8:00 PM and in the [WPKN archive](#).

CounterSpin

Day/Time: Monday/7:30 PM

Duration: ½ hour

Frequency: weekly

Origin: national

Series Description

CounterSpin provides a critical examination of the major stories every week, and exposes what the mainstream media might have missed in their own coverage. *CounterSpin* highlights biased and inaccurate news; censored stories; sexism, racism and homophobia in the news; the power of corporate influence; gaffes and goofs by leading TV pundits; TV news' narrow political spectrum; attacks on free speech; and more. The series is hosted by Janine Jackson, Steve Rendall and Peter Hart.

Issues: Fairness in the media and coverage of stories censored elsewhere.

Democracy Now!

Day/Time: Monday through Friday @7pm

Duration: 1 hour

Frequency: every weekday

Origin: national

Series Description

Hosts Amy Goodman and Juan Gonzalez cover national and international news from a progressive, non-corporate perspective. Special attention is given to human rights at home and abroad, war and peace issues and the environment.

Issues: national and international news, progressive politics, economics, human rights, peace activism, infringements on civil liberties

Digging in the Dirt

Day/Time: 2nd Thursday of the month 12noon

Duration: half hour

Frequency: once a month

Origin: local

Series Description

Host Kevin Gallagher covers all aspects of organic farming. His guests include soil experts, as well as, a variety of local farmers, community gardeners and other individuals who discuss how they grow nutritious food without toxic chemicals. Guests on "Digging in the Dirt" are Climate Change experts and activists, promoting organic and regenerative farming techniques, showing the way to grow healthier food in a way that respects the planet's health. In addition to nationally known movers and shakers in this niche, Kevin loves to feature food authors, local farmers and gardeners pushing the envelope by encouraging us to take personal responsibility, as consumers and

gardeners, toward the environment on our properties and urban lots. These guests give us methods, ideas and recipes for creating a better environment for people, our children, animals, insects and the plant life of our planet's ecology — one backyard at a time.

Episodes

Kevin Gallagher's guests on *Digging in the Dirt* will discuss the problems associated with the abandonment of tens of thousands of old lobster traps, or "Ghost traps" as they are known, in Long Island Sound. Dr. Sarah Crosby is the director of conservation and policy at the Norwalk Maritime Aquarium. Kat Cuzco is a marine science educator at Project Oceanology and also works with the Lobster Trap Recovery and Assessment Partnership. Bill Lucey, of Save The Sound, is a fish and wildlife biologist and a commercial fisherman. **Monday, January 8 at 5:00 PM.**

Kevin Gallagher's guests on *Digging in the Dirt*: Joe Magazzi, president of Green Earth Ag And Turf about his upcoming webinar on organic landscape and garden care. Then Raju Rajan, one of the founders of ReWild Long Island who also owns and manages a small agroforest in India dedicated to rewilding and permaculture, talks about ReWild. It's now accepting applications from community groups to join their gardens program. **Monday, January 22 at 5:00 PM.**

Digging in the Dirt: Kevin Gallagher's guests will be Hector Gerado and Liz Guerra owners of Seamarron Farmstead in Danbury CT. They are community and union organizers and they are BIPOC NYers transplanted from the Bronx turned #homesteaders #hempfarmers #beekeepers and Hosts of the bluedreamradio podcast Liz is also a Full spectrum doula/birth worker. BIPOC Farmers are Independent farmers and ranchers who are Black, Indigenous and People of Color (immigrants and US-born) who operate small to midsize farms and utilize ecological farming and ranching practices, and fair labor practices. **Monday, February 7 at 5:00 PM.**

Kevin Gallagher's guest on *Digging in the Dirt* is Louise Washer, who serves on the board of the Pollinator Pathway and is also president of the Norwalk River Watershed Association. She will discuss an upcoming conference on pesticides taking place in Hartford this month. **Monday, March 4 at 5:00 PM.**

Kevin Gallagher's guest on *Digging in the Dirt* is Denise Baden, a professor of sustainable business within Southampton Business School at the University of Southampton in Britain who is also on the Forbes list of Climate Leaders. Denise set up the Green Stories Project which includes writing competitions that encourage storytellers to embed climate solutions into stories. She believes that solution-focused stories can inspire pro-environmental behaviour. **Monday, March 18 at 5:00 PM.**

East End Ink

Day/Time: 4th Wednesday/7:30pm

Duration: ½ hour

Frequency: monthly

Origin: local

Series Description

East End Ink is a monthly literary review based on Long Island's east end. The program is recorded at Canio's Books, 290 Main St in Sag Harbor and other venues on eastern Long Island.

Episodes

East End Ink - Richard Brockman reads from "Life After Death," his evolution from a child overwhelmed by trauma to a man who has struggled to reclaim his past.

Wednesday, January 24 at 6:30 AM (repeated at 8:00 PM.)

East End Ink: members of the Sag Harbor community read the work of Afro-American writers. Recorded at Canios Books. Wednesday, February 28 at 6:30 AM (repeated at 8:00 PM and [archived](#)).

East End Ink: Sag Harbor area readers and writers present the work of John Steinbeck. East End Ink is a monthly literary review. Wednesday, March 27 at 6:30 AM (repeated at 8:00 PM) and [archived](#).

Economic Update

Day/Time: Friday/6:30 AM & repeated at 8 PM

Duration: 1/2 hour

Frequency: weekly

Origin: national

Series Description

Economist Dr. Richard Wolff reports and analyzes important recent economic developments in the U.S. and around the world. Dr. Wolff is Professor of Economics Emeritus, University of Massachusetts, Amherst where he taught economics from 1973 to 2008. He is currently a Visiting Professor in the School of International Affairs of the New School University, New York City.

Emotion Roadmap

Day/Time: 1st, 2nd and 4th Wednesdays/noon

Duration: 1 hour

Frequency: 3 times per month

Origin: local

Series Description

Host Chuck Wolfe tells how to manage emotions and emotional relationships.

Issues: emotions, personal psychology and their importance in your life, work and the other people and organizations relate to you.

First Voices-Indigenous Radio

Day/Time: Tuesday/noon

Duration: 1 hour

Frequency: weekly

Origin: national

Series Description

Host Tiokasin Ghosthorse and others report on political and other important issues affecting Native Americans and other indigenous people. Tiokasin is from the Cheyenne River Lakota (Sioux) Nation of South Dakota and the bands of Itazipco/Mnicoujou and Oglala. He has been described as “a spiritual agitator, natural rights organizer, Indigenous thinking process educator and a community activator.”

Series Issues: political, social and economic issue of importance to indigenous people

Episodes

Tiokasin Ghosthorse's guest on *First Voices Radio* is Marley Shebala, Diné and Zuni, an investigative journalist, photographer, videographer, blogger, and reporter at the Gallup Independent newspaper. She specializes in environmental news and political analysis of the Navajo Nation's government and legislative process. **Tuesday, January 16 at 12:00 noon.**

First Voices Radio host Tiokasin Ghosthorse welcomes Danny Desjarlais, project manager of Lower Sioux Industrial Hemp Construction in southwest Minnesota, an experienced natural builder with a passion for sustainable construction methods and a commitment to creating eco-friendly structures for Lower Sioux Community members. **Tuesday, February 6 at 12:00 noon.**

First Voices Radio host Tiokasin Ghosthorse welcomes Anthony De la Flora, producer of the documentary "The Language of Spirituality," which explores the intersection of spirituality, modern science and language. It was inspired by a series of dialogues

between Native scholars and elders, western physicists, and linguists. **Tuesday, February 13 at 12:00 noon.**

First Voices Radio host Tiokasin Ghosthorse welcomes Jonathan Gonzales. Born in Tuxtepec, Oaxaca, Mexico, he has spent the last 12 years exploring living skills and ancestral ceremonial ways with many teachers and elders to connect more deeply with his ancestral lineage, which is Indigenous Taino from Puerto Rico, Chinanteco from Mexico, and African. **Tuesday, February 27 at 12:00 noon.**

First Voices Radio host Tiokasin Ghosthorse spends the hour with Steven Solomon, Sr., a lifelong Lummi fisherman and traditional knowledge holder of the reef net practice. Reef net fishing is an ancient, sustainable salmon-harvesting technique created and perfected by the Lummi and other Coast Salish Indigenous people. Many tribal members hope to revive reef net fishing to restore both their cultural identity and a more sustainable salmon harvest. **Tuesday, March 5 at 12:00 noon.**

First Voices Radio host Tiokasin Ghosthorse spends the hour with Curtis Zunigha, an enrolled member of the federally-recognized Delaware Tribe of Indians, who has more than 35 years of experience in tribal government and administration, community development, and cultural preservation. Curtis is an acknowledged expert on Delaware/Lenape culture, language, and traditional practices. **Tuesday, March 12 at 12:00 noon.**

First Voices Radio host Tiokasin Ghosthorse spends the hour with Dr. Tink Tinker, the Clifford Baldrige emeritus professor of American Indian cultures and religious traditions at Iliff School of Theology in Denver, Colorado. He is a citizen of the Osage Nation and has been an activist in urban American Indian communities for four decades. **Tuesday, March 19 at 12:00 noon.**

First Voices Radio host Tiokasin Ghosthorse spends the hour with Rebecca Adamson -- Indigenous economist, Cherokee, and founder of both First Nations Development and First Peoples Worldwide. She presents her distinct perspective about how Indigenous people's systems thinking and the value system behind Indigenous economies can be used to catalyze change. Co-author of "The Color of Wealth: The Story Behind the US Racial Wealth Divide," she currently serves as Founding Advisor to the Wharton Business School ESG Initiative. **Tuesday, March 26 at 12:00 noon.**

Forest and the Trees

Day/Time: 2nd Saturday/9:30am

Duration: 1/2 hour

Frequency: monthly

Origin: local

Series Description

Host Melinda Tuhus, a veteran independent journalist, covers a wide range of environmental subjects for both a local and global perspective.

Series Issues: pollution, climate change, public health, government policy on the environment

GM Report to the Listener

Day/Time: 3rd Monday of the month @ 12 Noon

Duration: 1 hour

Frequency: monthly

Origin: local

Series Description

WPKN's General Manager Steve di Costanzo hosts a monthly show that touches upon internal WPKN events and fundraisers; interviews with newsmakers and/or area nonprofits.

Issues: WPKN events, activities of local nonprofit organizations, community involvement

Home Page Radio with Duo Dickinson

Day/Time: 12 noon on the 4th Thursday of the month

Duration: 1 hour

Frequency: once a month

Origin: local

Series Description

Home Page with Duo Dickinson – Whether it is in our homes or on our streets, humans experience what we make. Today we are all compelled to listen to our health in a time of threatened well-being – but what impacts us every day, impacting how we feel in the world we make for ourselves?

Integrative Wellness

Day/Time: Sunday/7:00 AM

Duration: 3 hours

Frequency: alternate weeks

Origin: local

Series Description

The show focuses on mind, body, and spirit wellness. Regular segments include morning meditation, spiritual and material development with Maude Joseph, *The Natural House Call* with naturopathic physician Dr. Eugene Zamperion and nutrition/natural healing with nutritionist Ameni Harris and *Global Healing* covering political and other news impacting health.

Issues: health care, spiritual healing, nutrition and related news

Jay in the City with Jason A. Coombs

Day/Time: 1st Monday of the month

Duration: 1 hour

Frequency: once a month

Origin: local

Series Description

Hosted by Jason Coombs.

Kathy's Corner with Kathy Connor

Day/Time: 5th Wednesday of the month

Duration: 1 hour

Frequency: quarterly

Origin: local

Series Description

Kathy's Corner with Kathy Connor is a monthly radio show on WPKN, 89.5 FM, airing on the 3rd Wednesday of the month from 12 noon to 1 pm. The show centers around the value of developing consciousness/ inner life for greater happiness and success in the outer life.

Issues: self help, talk, women's

La Esquina Latina/Sunday Mix

Day/Time: Sunday/2:00 PM

Duration: 4 hours

Frequency: weekly

Origin: local

Series Description

Hosted by Luis Pomales and Edwin Rivera, Jr., *La Esquina Latina* has been providing socially conscious educational information and entertainment to the Latino community since 1974.

Issues: Latino culture and public affairs

LGBTQ Community Show

Day/Time: 4th Wednesday/noon

Duration: 1 hour

Frequency: monthly

Origin: Local

Series Description

Host Andrew Ross and guests discuss issues of interest to the local LGBTQ community. Subjects range from health care, legal issues, civil rights, and community based events and organizations.

Issues: LGBTQ concerns including health care, civil rights, politics and local events and services for the community

Living the Green Life

Day/Time: 2nd Saturday/9:00 AM

Duration: 1 hour

Frequency: monthly

Origin: Local

Series Description

Hosts Sarah Jane Compton and Lindsay Crum discuss how to make sustainability accessible and part of your everyday life.

Series issues: Environmental protection, nutrition, health

Live Culture

Day/Time: final Saturday of each month from 11-12 noon

Duration: 1 hour

Frequency: monthly

Origin: local

Series Description

Live Culture is a monthly discussion around contemporary art and cultural events, which later become available as podcasts on Soundcloud. Now in it's the third year, Live Culture has presented a broad range of projects, venues and cultural initiative including conversations with artists, curators, gallerists, composers, writers, and musicians both locally nationally and internationally.

Local News

Day/Time: Monday through Friday/6:55 PM, Rebroadcast Monday through Thursday 11PM and Friday 10PM

Duration: 5 minutes

Frequency: every weekday

Origin: local

Series Description

This 5 minute daily report is produced by WPKN to keep our community informed of important local news.

Issues: current local news issues of concern to our community

Mic Check

Day/Time: Sunday/5:30PM

Duration: ½ hour

Frequency: weekly

Origin: local call-in

Series Description

Host Richard Hill and other hosts interview guests on public affairs issues of concern to the local community. Listeners are invited to express their views by calling in.

Issues: promote on air conversation with community on the issues that concern them

Episodes

Richard Hill: *Mic Check*, interview with Anthony Pahnke and Jim Gordon, farmers and small farm advocates, will discuss their recent Counterpunch article: "Billions for Farmers of color isn't racist; it's smart and long overdue." **Sunday, February 13 at 5:30 PM.**

North Fork Works

Day/Time: 1st Wednesday/7:30PM

Duration: ½ hour

Frequency: monthly

Origin: local

Series Description

Host Hazel Kahn interviews guests on a wide variety of issues of interest to communities on eastern Long Island's North Fork.

Episodes

Hazel Kahan's guests on *North Fork Works* are mushroom farmer-artists Agathe Snow and Anthony Holbrooke, who will tell us what they had to learn to start their Mattituck Mushrooms farm during the pandemic, the potential mushrooms have for solving global food problems and what mushrooms look like when seen through their artists' eyes. **Wednesday, January 3 at 6:30 AM (repeated at 8:00 PM and [archived](#)).**

Hazel Kahan's guest on *North Fork Works* is Craig Jobes, environmental analyst at Southold Town in New York, who will describe his role in managing the area's overpopulation of white-tailed deer as well as overseeing recreational hunting, Governor Hochul's new State legislation and, now, the arrival of coyotes on the scene. **Wednesday, February 7 at 6:30 am (repeated at 8:00 PM) and [archived](#).**

Hazel Kahan's guest on *North Fork Works* is Beth Young, veteran twin forks reporter and founder-owner of East End Beacon Publishing. She talks about the growing collaboration among civic and advocacy community groups -- including new residents

bringing expertise developed in other parts of the country -- as illustrated by a vote to limit house size in Southold Town. [Wednesday, March 6 at 6:30 am \(repeated at 8:00 PM\) and archived.](#)

Organic Farm Stand

Day/Time: 1st and 3rd Thursday/noon

Duration: 1 hour

Frequency: twice a month

Origin: local – call in

Series Description

Hosts Richard Hill, Guy Beardsley, an organic farmer from Shelton, Connecticut, Richard Hill, and Bill Duesing present information regarding organic gardening and farming and answer listener calls.

Issues: sustainable agriculture, organic food, gardening, the important role of bees

Episodes

The Organic Farm Stand hosted by Richard Hill and Laura Modlin:

- The Solar/Lunar Report by Laura Modlin
- The Honey Bee Update with Vincent Kaye
- Meteorologist Jack Drake will discuss the basic principles of meteorology and how they can be used by local farmers and share his predictions for this winter.

[Thursday, January 4 at 12:00 Noon.](#)

The Organic Farm Stand hosted by Richard Hill will feature Steve Munno's Small Farm Report from Massaro Farm, Vincent Kaye's Honey Bee Update, and special guest Esther Armmand, who will talk about growing up on her family's farm in the Mississippi Delta in the 1960s. [Thursday, March 7 at 12:00 noon.](#)

Rainy Day Radio

Day/Time: 1st Tuesday/8:00 PM

Duration: 2 hour

Frequency: monthly

Origin: local

Series Description

Host Richard Hill covers important public affairs issues while celebrating many music genres including Latin, Caribbean, African and folkloric.

Episodes

1st Tuesday Rainy Day Radio hosted by Richard Hill:

8:45 PM - The Monthly Labor Report with economist Michael Zweig

9:30 An interview with Hazel Kahan on her two radio programs, Tidings and North Fork Works.

Tuesday evening, February 6.

1st Tuesday Rainy Day Radio hosted by Richard Hill:

8:45 PM: The Monthly Labor Report with economist Michael Zweig and General President of the United Electrical Workers Union Carl Rosen. They'll discuss the growing campaign by organized labor to demand an immediate ceasefire in Gaza.

9:45: Melinda Tuhus, host of the program The Forest and the Trees, discusses her career as an independent journalist and how her long-running WPKN program has led her from the West Bank of Palestine to the mountain-top coal removal operations of West Virginia.

Tuesday evening, March 5.

Ralph Nadar Radio Hour

Day/Time: Sunday/6:00 PM

Duration: 1 hour

Frequency: weekly

Origin: national

Series Description

Ralph Nadar, consumer advocate, political activist and five time Presidential candidate is joined by co-hosts Steve Skrovan and David Feldman for a lively informative hour of interviews with some of the nation's most influential movers and shakers, and thought provoking discussions of the week's news

Series issues: consumer protection, political reform, independent politics

Second Saturday Magazine

Day/Time: 2nd Saturday/1:00 PM

Duration: 3 hours

Frequency: monthly

Origin: local

Series Description

In each show, host Bob Johnson conducts lengthy in-depth interviews with noted authors on a wide range of public affairs and cultural issues of concern to the community.

Issues: social trends affecting our personal lives, religion and politics

Episodes

Bob Johnson: *Second Saturday Magazine* – An interview with civil rights leader Charles Cobb about his book "On the Road to Freedom." **Saturday, February 12 beginning at 1:00 PM.**

Solidarity/What's Your Point

Day/Time: Sunday/7 AM

Duration: 3 hours

Frequency: alternate weeks

Origin: local - call in

Series Description

Solidarity is equal rights and justice through song and the spoken word. Host Garnett Ankle plays music to uplift and liberate the depressed and oppressed. In *What's Your Point*, Garnett conducts guest interviews and gives listeners the opportunity to call in and voice their opinion on issues of the day.

Issues: social justice, politics, culture

Spirit Matters with Annette Szczesiul

Day/Time: 3rd Wednesday of the month

Duration: 1 hour

Frequency: once a month

Origin: local

Series Description

Spirit matters is a monthly program dedicated to meditative sitting and making time for quiet and reflection. Every third Wednesday listeners are invited to enjoy a slowed-down lunchtime getaway of calm. Each episode Annette will guide listeners

through a period of quiet sitting (no religious bent or denomination required) accompanied by beautiful sounds, music, and thought/feeling provoking readings. Sometimes pre-recorded, sometimes live in the studio, occasional interviews and guests; always going easy and softly and breathing deeply. A peaceful break from a chaotic world.

Spotlight on Arts & Culture

Day/Time: 2nd Monday/12 noon

Duration: 1 hour

Frequency: monthly

Origin: local

Series Description

Host David Green, from the cultural Alliance of Fairfield County, interviews local artists and scene makers / writers and influencers.

State of the Arts with Richard Pheneger & Peggy Nelson

Day/Time: Fridays at 12 noon

Duration: 1 hour

Frequency: weekly

Origin: local

Series Description

State of the Arts with Richard Pheneger & Peggy Nelson takes a look at the arts: in fact, it's the "State of the Arts" on WPKN.

Sustainable Long Island

Day/Time: 3rd Wednesday/7:30 PM and 2nd Saturday/9 AM

Duration: ½ hour

Frequency: monthly

Origin: local

Series Description

Sustainable Long Island, heard monthly at this time, is about land use, energy and water resources, transportation, and the farming and food industries on eastern Long Island. Programs are archived at sustainableeastend.blogspot.com

The protection and management of New York's natural resources can help reach the goal of net zero greenhouse gas emissions statewide by 2050. We present portions of a forum produced by Columbia University's Sabin Center for Climate Change Law. The forum focused on how the protection and management of New York's natural resources can help reach the goal of net zero greenhouse gas emissions statewide by 2050. *Sustainable Long Island*, heard on the 3rd Wednesday every month.

Episodes

Sustainable Long Island - Host Francesca Rheannon talks with Brynn Fuller-Becker of the group New Yorkers for Clean Power about the New York Home Energy Affordable Transition Act. If passed, the act would lower home energy bills for millions of New Yorkers who have natural gas service. **Wednesday, January 17 at 6:30 AM (repeated at 8:00 PM.)**

This Way Out

Day/Time: Tuesday/6:30 AM & repeated at 8:00 PM

Duration: ½ hour

Frequency: weekly

Origin: national

Series Description

National and international news of interest to the gay and lesbian community. Subjects include the legal status of same gender couples, adoption rights, discrimination and treatment of gays in the media.

Issues: Gay rights

Tidings

Day/Time: 2nd Wednesday/7:30PM

Duration: ½ hour

Frequency: monthly

Origin: local

Series Description

Tidings from host Hazel Kahan is a monthly program consisting of interviews with authors, activists, musicians in the United States and in other countries, including Australia, Zimbabwe, Pakistan, India, Palestine, Israel and the United Kingdom.

Occasionally, the program takes the form of commentary and personal reflections on subjects that have included tipping, begging, the meaning of home, passports and creativity. *Tidings* is produced by Tony Ernst and archived at hazelkahan.com

Series issues: international affairs, culture, education, social customs

Episodes

Hazel Kahan's guest on *Tidings* is London-based psychoanalytic psychologist and author Maya Lasker-Wallfisch, who talks to us in both personal and professional terms about the psychology of transgenerational transmission of trauma. The daughter of a Holocaust survivor, Lasker-Wallfisch bears the "wounds of history," inheriting experiences she has not lived through herself. She touches briefly on epigenetics, sometimes referred to as "the sins of the father," an emerging field of science that asserts trauma can leave chemical, heritable changes in the genes without altering the DNA sequence. **Wednesday, January 10 at 6:30 AM (repeated at 8:00 PM) and [archived](#).**

This month, Hazel Kahan's guest on *Tidings* is Brewster Kahle, founder of the Internet Archive and the Wayback Machine. While he was present at what he calls "the trailing edge of the hippies" of the Internet's birth, his participation continues deep within the ethos shaping the Creative Commons, Public Domain, open source technology and Wikipedia (featured in last month's *Tidings*). Kahle discusses the Archive's motto (Universal Access to All Knowledge) and mission (to make everything in libraries, archives and museums "freely available to the world" for which, not surprisingly, the organization encounters steady opposition from the publishing industry. In this delightful interview, we learn that, despite the drama of hastily dispatched emails, information and links do not in fact exist forever on the Internet but are subject to "rot" and disappearance, making the Archive's role in remembering "everything" all the more crucial. **Wednesday, February 9 at 7:30 PM and [archived](#).**

Tidings from Hazel Kahan: Guest Michelle Berry Lane, a writer, poet and former science teacher, discusses the concept that we are "creaturely beings" -- deeply connected to all other lives and natural processes of our world -- but who have forgotten this "entwinement." She draws on Ivan Illich's concept of conviviality for the hope of fellowship, mutuality and symbiosis, as exemplified in the stunning convivial relationship between human cells and the even larger number of microbial cells in our own human microbiomes. **Wednesday, February 14 at 6:30 AM (repeated at 8:00 PM and [archived](#).**

Tidings features Hazel Kahan's interview with Atlanta-based Kimberly Coburn, a leader in a movement seeking to remedy today's "skills amnesia" by reclaiming pre-industrialization crafts and skills (fermentation, for example). The goal is to support

life in what many believe is a widespread systems collapse or unravelling of the world as we have known it. [Wednesday, March 13 at 6:30 AM \(repeated at 8:00 PM\) and archived.](#)

Writer's Voice

Day/Time: Monday/10pm

Duration: 1 hour

Frequency: weekly

Origin: local

Series Description

Writer's Voice with Francesca Rheannon features in-depth conversations with writers of all genres. The program features interviews and readings, as well as reviews with authors such as Louise Erdrich, James Risen, Ursula K. LeGuin, Russell Banks, poet Richard Wilbur, and many more notable writers. Writer's Voice is produced and hosted by Francesca Rheannon and has been on the air since 2004, with more than 500 shows produced, airing on stations across the United States.

Episodes

Writer's Voice hosted by Francesca Rheannon - We talk with Sy Montgomery and Matthew Patterson about their acclaimed book, "Of Time And Turtles: Mending the World, Shell By Shattered Shell." Then, we share some of our favorite conversations from 2023. [Monday, January 1 at 10:00 PM.](#)

Writer's Voice hosted by Francesca Rheannon - We explore the people of a tiny island who are thought to be the last uncontacted tribe on Earth. Our guest is historian, essayist and author Adam Goodhart and his book is "The Last Island: Discovery, Defiance, and the Most Elusive Tribe on Earth." Then, we talk with author, gardener and radio host Jennifer Jewell about her book, "What We Sow: On The Personal, Ecological And Cultural Significance Of Seeds." [Monday, January 8 at 10:00 PM.](#)

Writer's Voice hosted by Francesca Rheannon - We talk with Cory Doctorow about his new novel "The Lost Cause." He describes it as a solarpunk science fiction novel of hope amidst the climate emergency. The questions it poses are salient to our current moment: How to protect democracy against violent extremism. How to build social solidarity within the pressure cooker of crises that threaten to divide us. And how to use technology responsibly for human good instead of for the profit of a few. Those questions and more are wrapped in a package of vivid storytelling — something this incredibly prolific writer excels at. [Monday, January 15 at 10:00 PM.](#)

Writer's Voice hosted by Francesca Rheannon - We talk with authors Robert Preston and Emma Donoghue about a collaborative novel whose characters — and their stories — are each written by a different, major literary voice: 'Fourteen Days: An Unauthorized

Gathering." Then, we remember Martin Luther King Jr's birthday by airing some of our interview with Jonathan Eig, about his biography, "King: A Life." **Monday, January 22 at 10:00 PM.**

Writer's Voice hosted by Francesca Rheannon - We talk with Adam Shatz about his acclaimed biography, "The Rebel's Clinic: The Revolutionary Lives of Frantz Fanon." It's a comprehensive exploration of Frantz Fanon's life, work, and enduring influence on post-colonial theory and beyond. Then a Cherokee murder mystery based on two very real crises affecting Native American communities: missing and murdered women and environmental racism. We talk with Native author Vanessa Lillie about her suspense novel, "Blood Sisters." **Monday, February 5 at 10:00 PM.**

Writers Voice hosted by Francesca Rheannon: For Black History Month, we re-air our conversation with Tamara Payne about her late father Les Payne's acclaimed biography of Malcolm X, "The Dead Are Arising." It won the National Book Award in 2020. **Monday, February 7 at 10:00 PM.**

Writer's Voice hosted by Francesca Rheannon - We talk with Elizabeth Flock about her book, "The Furies: Women, Vengeance and Justice." It follows three remarkable women — in the US, in India and in Syria — who took justice into their own hands to defend themselves, other women and their communities. Then Stephen Robert Miller tells us about his book, "Over The Seawall: Tsunamis, Cyclones, Drought, And The Delusion Of Controlling Nature." It was recently featured in the New Yorker. **Monday, February 12 at 10:00 PM.**

Writer's Voice hosted by Francesca Rheannon - We talk with Les Leopold of the Labor Institute about his groundbreaking study of the political cost of mass layoffs. His book is "Wall Street's War on Workers: How Mass Layoffs and Greed Are Destroying the Working Class and What to Do About It." Then we re-air a clip from our 2013 interview with Leopold about his earlier book, "How To Make A Million Dollars An Hour: Why Hedge Funds Get Away with Siphoning Off America's Wealth." **Monday, February 26 at 10:00 PM.**

Writer's Voice hosted by Francesca Rheannon - We talk with Charles Berber about the book he co-wrote, "Dying For Capitalism, How Big Money Fuels Extinction And What We Can Do About It." Then we talk with Andy Lee Roth about Project Censored's yearbook, "State of the Free Press 2024: The Top Censored Stories and Media Analysis of 2022–23." **Monday, March 4 at 10:00 PM.**

Writer's Voice hosted by Francesca Rheannon - We talk with Amitav Ghosh about his masterful history of the opium trade, "Smoke and Ashes Opium's Hidden Histories." Then, Manjula Martin tells us about her personal and "pyro-natural" history of California wildfires — the climate-change intensified ones she lived through in 2020 and the ones Indigenous people lived with before white settlers moved in and took their land. Her book is "The Last Fire Season." **Monday, March 11 at 10:00 PM.**

Writer's Voice hosted by Francesca Rheannon - We talk with Rue Matthiessen, daughter of the famed writer Peter Matthiessen about her family memoir, "Castles And Ruins: Unraveling, Family Mysteries, And Literary Legacy In The Irish Countryside." Then, Claire Coughlan tells us about her twisty-turny whodunit set in Dublin in 1968, "Where They Lie." And finally we air a short clip from our conversation with Fintan O'Toole last St Patrick's Day about his personal history of modern Ireland, "We Don't Know Ourselves," where he tells us how the Catholic Church's authority over reproductive rights and sexuality finally crumbled. **Monday, March 18 at 10:00 PM.**

Writer's Voice hosted by Francesca Rheannon - This week, two novels that explore connections: between men and women, people and nature, the young and the old. National Book Award finalist Bonnie Jo Campbell tells us about her wonderful new novel, "The Waters," and translator and novelist Jennifer Croft discusses her acclaimed new novel, "The Extinction of Irina Rey." Monday, March 25 at 10:00 PM.

Youth Radio

Day/Time: 4th Saturdays/6:00 PM

Duration: 1 hour

Frequency: monthly

Origin: local

Series Description

Youth Radio produced by local high school students under the supervision of WPKN's Richard Hill, features news, opinions, creative writing, humor, public affairs and music from the high school community of New Haven and surrounding towns. The series, not only, presents subjects of interest to local youth, but also, provides young people with training and experience in radio broadcasting.

Issues: Concerns of youth, education in media