



**QUARTERLY REPORT  
JANUARY-MARCH 2020**

**Program # 2020-1**

Airdate: 1/5/20 Time of Broadcast 7:00 am

Producer: Sean Bratton Host: Ric Bratton ([www.thisweekinamerica.us](http://www.thisweekinamerica.us))

Time	Segment	Segment Length
:00	Intro	:60
1:00	SPOT BREAK #1	2:00
3:00	Segment #1 – Employment/Careers	16:00

Summary: Our guest discusses shares his expertise for those who are in transition or wanting to advance in their career.

Guest: Mark James is an executive recruiter, transition coach and author of "Keys to the C Suite: Unlock the Doors to Executive Career Path Success".  
[www.HireConsulting.com](http://www.HireConsulting.com)

**Issues Covered: mindset, marketing plan, job search, resumes**

19:00	SPOT BREAK #2	3:00
22:00	Segment #2- Youth Sports/ Injuries	7:00

Summary: Our guest discusses things to know and do when a concussion occurs.

Guest: Dr David Geier as an orthopedic surgeon, sports medicine specialist and author.  
[www.drdauidgeier.com](http://www.drdauidgeier.com)

**Issues Covered: head injuries, rule changes, testing, signs**

29:00	Conclusion of Program	:30
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**Program # 2020-2**

Airdate: 1/12/20 Time of Broadcast 7:00 am

Producer: Sean Bratton Host: Ric Bratton (www.thisweekinamerica.us)

<u>Time</u>	<u>Segment</u>	<u>Segment Length</u>
:00	Intro	:60
1:00	SPOT BREAK #1	2:00
3:00	Segment #1 – Travel/Family	16:00

guest discusses his role as boat captain of a 118,000 mile odyssey to the far reaches of the earth.

Summary: Our

Guest: Lew Maurer is a boat captain, explorer and author of "Moana: 118,000 Mile Odyssey To The World's Most Remote Places". The real story of a real people in faraway places.

**Issues Covered: family, cultures, hostile governments.**

19:00	SPOT BREAK #2	3:00
22:00	Segment #2- Same as Segment #1	7:00

Summary: Same as Segment #1

Guest: Same as Segment #1

**Issues Covered: climate change, adventure, dreams**

29:00	Conclusion of Program	:30
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**Program # 2020-3**

Airdate: 1/19/20 Time of Broadcast 7:00 am

Producer: Sean Bratton Host: Ric Bratton (www.thisweekinamerica.us)

<u>Time</u>	<u>Segment</u>	<u>Segment Length</u>
:00	Intro	:60
1:00	SPOT BREAK #1	2:00
3:00	Segment #1 – Diet and Lifestyle	16:00

Summary: Our guest discusses how to lean into a vegetarian diet.

Guest: Dr Susan Smith Jones is a leader in the fields of holistic health, anti-aging, optimum nutrition and balanced living. She's

the author of 30 wellness related books.  
[www.SusanSmithJones.com](http://www.SusanSmithJones.com)

**Issues Covered: benefits, energy, weight**

19:00 SPOT BREAK #2 3:00  
22:00 Segment #2- Same as Segment #1 7:00  
Summary: Same as Segment #1  
Guest: Same as Segment #1

**Issues Covered: smaller meals, rewards, breakfast**

29:00 Conclusion of Program :30

**Program # 2020-4**

Airdate: 1/26/20 Time of Broadcast 7:00am

Producer: Sean Bratton Host: Ric Bratton ([www.thisweekinamerica.us](http://www.thisweekinamerica.us))

<u>Time</u>	<u>Segment</u>	<u>Segment Length</u>
:00	Intro	:60
1:00	SPOT BREAK #1	2:00
3:00	Segment #1 – Business/Success	16:00

guest discusses the successful attributes of technology icon Steve Jobs.

Summary: Our

Guest: Dr. Robert Toguchi is a writer who served as a former faculty member of the National Defense University teaching courses on leadership, strategy and personal effectiveness.

**Issues Covered: attitude, perspective, intuition**

19:00 SPOT BREAK #2 3:00  
22:00 Segment #2- Same as Segment #1 7:00  
Summary: Same as Segment #1  
Guest: Same as Segment #1

**Issues Covered: leadership, values, entrepreneurship**

29:00 Conclusion of Program :30

**Program # 2020-5**

Airdate: 2/2/20 Time of Broadcast 7:00am

Producer: Sean Bratton Host: Ric Bratton (www.thisweekinamerica.us)

<u>Time</u>	<u>Segment</u>	<u>Segment Length</u>
:00	Intro	:60
1:00	SPOT BREAK #1	2:00
3:00	Segment #1 – History/Government	16:00

Summary: Our guest discusses the foreign colonies of the Asia-Pacific region before and after the Japanese invasion of Pearl Harbor.

Guest: Antwyn Price was born in Singapore of British parents. He's lived in numerous countries around the world. He was a Marine in the late 1950's and a Harvard Graduate. Antwyn is author of the book "Colonies in Ruin: Transformed by the Pacific War".

**Issues Covered: pre-war colonies, occupation, battles**

19:00	SPOT BREAK #2	3:00
22:00	Segment #2- Same as Segment #1	7:00

Summary: Same as Segment #1

Guest: Same as Segment #1

**Issues Covered: negotiations, new republics, independence**

29:00	Conclusion of Program	:30
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**Program # 2020-6**

Airdate: 2/2/20 Time of Broadcast 7:00am

Producer: Sean Bratton Host: Ric Bratton (www.thisweekinamerica.us)

<u>Time</u>	<u>Segment</u>	<u>Segment Length</u>
:00	Intro	:60
1:00	SPOT BREAK #1	2:00
3:00	Segment #1 – Business	16:00

Summary: Our guest discusses his research into providing a path toward better decision making both at home and at work.

Guest: Jack Quarles is an Amazon #1 bestselling author, an international trainer, speaker and consultant. He is the author of

"Expensive Sentences: Debunking the Common Myths that Derail Decisions and Sabotage Success".

[www.expensivesentences.com](http://www.expensivesentences.com)

**Issues Covered: improve conversations, myths, culture**

19:00 SPOT BREAK #2 3:00

22:00 Segment #2- Youth Sports 7:00

Summary: Our guest discusses the importance and benefits of youth sports as well as dealing with injuries. Part1

Guest: Dr David Geier as an orthopedic surgeon, sports medicine Specialist and author.  
[www.drdauidgeier.com](http://www.drdauidgeier.com)

**Issues Covered: year round sports, proper healing, prevention**

29:00 Conclusion of Program :30

**Program # 2020-7**

Airdate: 2/16/20 Time of Broadcast 7:00 am

Producer: Sean Bratton Host: Ric Bratton ([www.thisweekinamerica.us](http://www.thisweekinamerica.us))

Time	Segment	Segment Length
:00	Intro	:60
1:00	SPOT BREAK #1	2:00
3:00	Segment #1- Immigration	16:00

Summary: Our guest discusses the diversity and traditions of immigrant communities in the United States.

Guest: Marcus Samuelsson is an award winning chef, best selling author and restaurateur. He is host of "No Passport Required" on PBS. He is also himself an immigrant.  
[www.pbs.org](http://www.pbs.org)

**Issues Covered: culture of food, impact, stereotypes**

19:00 SPOT BREAK #2 3:00

22:00 Segment #2- Media/Education

Summary: Our guest discusses his role on one of the most popular television shows of all time.

Guest: Joshua Dela Cruz is the new host of the revival of the groundbreaking children's series "Blue's Clues and You" on

Nickelodeon.

**Issues Covered: education, friendships, interactivity**

29:00 Conclusion of Program :30

**Program # 2020-8**

Airdate: 2/23/ Time of Broadcast \_\_\_\_\_

Producer: Sean Bratton Host: Ric Bratton (www.thisweekinamerica.us)

Time	Segment	Segment Length
:00	Intro	:60
1:00	SPOT BREAK #1	2:00
3:00	Segment #1 – Abuse	16:00

Summary: Our

guest discusses her role in helping victims of abuse find restoration, healing and their voice.

Guest: Mannette Morgan is a speaker, coach, survivor of abuse and author. She has worked with abuse survivors for 30 years. She's the author of "Finding Your Voice: A Path To Recovery".  
www.mannettemorgan.com

**Issues Covered: types of abuse, 5 stages, denial**

19:00 SPOT BREAK #2 3:00  
22:00 Segment #2- Same as Segment #1 7:00

Summary: Same as Segment #1

Guest: Same as Segment #1

**Issues Covered: self-respect, action, patience**

29:00 Conclusion of Program :30

**Program # 2020-9**

Airdate: 3/1/20 Time of Broadcast 7:00 am

Producer: Sean Bratton Host: Ric Bratton (www.thisweekinamerica.us)

Time	Segment	Segment Length
:00	Intro	:60
1:00	SPOT BREAK #1	2:00

3:00 Segment #1 – Revitalize Your Health 16:00

Summary: Our guest discusses how to invigorate body, mind and spirit.

Guest: Dr Susan Smith Jones is a leader in the fields of holistic health, anti-aging, optimum nutrition and balanced living. She's the author of 30 wellness related books.

[www.SusanSmithJones.com](http://www.SusanSmithJones.com)

**Issues Covered: stress, visualization, rejuvenation**

19:00 SPOT BREAK #2 3:00

22:00 Segment #2- Same as Segment #1 7:00

Summary: Same as Segment #1

Guest: Same as Segment #1

**Issues Covered: attitude, procrastination, refresh**

29:00 Conclusion of Program :30

#### Program # 2020-10

Airdate: 3/8/20 Time of Broadcast 7:00am

Producer: Sean Bratton Host: Ric Bratton ([www.thisweekinamerica.us](http://www.thisweekinamerica.us))

Time	Segment	Segment Length
:00	Intro	:60
1:00	SPOT BREAK #1	2:00
3:00	Segment #1 – Business	16:00

Summary: Our guest discusses his book on how to turn meetings from a necessary evil into a productive event.

Guest: Dr Rick Brinkman is a top keynote speaker and trainer. He's the author of "Dealing with Meetings You Can't Stand: Meet Less and Do More".

[www.drrickbrinkman.com](http://www.drrickbrinkman.com)

**Issues Covered: agenda, focus, behaviors, follow-up**

19:00 SPOT BREAK #2 3:00

22:00 Segment #2- Youth Sports 7:00

Summary: Our guest discusses the importance and benefits of youth sports as well as dealing with injuries. Part 3

Guest: Dr David Geier as an orthopedic surgeon, sports medicine specialist and author.  
www.drdauidgeier.com

**Issues Covered: youth football, burnout, proper techniques**

29:00 Conclusion of Program :30

**Program # 2020-11**

Airdate: 3/15/20 Time of Broadcast 7:00 am

Producer: Sean Bratton Host: Ric Bratton (www.thisweekinamerica.us)

Time	Segment	Segment Length
:00	Intro	:60
1:00	SPOT BREAK #1	2:00
3:00	Segment #1 – History	16:00

Summary: Our guest discusses her miniseries on the life of George Washington.

Guest: Doris Kearns Goodwin is a Presidential historian, Pulitzer Prize winning best selling author and Executive Producer of “Washington” on Smithsonian Channel.

**Issues Covered: shape Presidency, leadership, legacy**

Segment #2 – Diet/Health

Summary: Our guest discusses weight loss and risk of heart disease and diabetes.

Guest: Dr. Arthur Agatston is a pioneer in cardiac disease prevention, founder of the world famous South Beach Diet” and author of “The New Keto Friendly South Beach Diet”.

**Issues Covered: sugar addiction, pre-diabetes, diet**

19:00 SPOT BREAK #2 3:00

22:00 Segment #3- Online Security 7:00

Summary: Our guest discusses how to stay more secure online.

Guest: Scott Westover is a Cyber Safety Expert for Google

**Issues Covered: passwords, good digital habits, teach kids**

29:00 Conclusion of Program :30



**Program # 2020-12**

Airdate: 3/22/20 Time of Broadcast 7:00am

Producer: Sean Bratton Host: Ric Bratton ([www.thisweekinamerica.us](http://www.thisweekinamerica.us))

<u>Time</u>	<u>Segment</u>	<u>Segment Length</u>
:00	Intro	:60
1:00	SPOT BREAK #1	2:00
3:00	Segment #1 – History/Racial Equality	16:00

Summary: Our guest discusses the journey toward racial equality in space.

Guest: Emmy winning filmmaker Laurens Grant is the director of the Smithsonian Channel documentary "Black in Space: Breaking The Color Barrier".

**Issues Covered: cold war, diversity, prejudice**

Segment #2 – Criminal Justice

Summary: Our guest discusses his television series that examines the cases of inmates who may have been wrongfully incarcerated.

Guest: Ronald Kuby is a renowned civil rights lawyer who has helped to exonerate numerous convicted criminals. He is lead investigator on the Starz original true crime series "Wrong Man".

**Issues Covered: police corruption, courts, technology**

19:00	SPOT BREAK #2	3:00
22:00	Segment #3- Family Law	7:00

Summary: Our guest discusses her role deciding and counseling on family issues on a top rated television program.

Guest: Lauren Lake is a family lawyer, legal analyst and relationship expert. She is the presiding judge on the television series "Lauren Lakes' Paternity Court".  
[www.paternitycourt.tv](http://www.paternitycourt.tv)

**Issues Covered: paternity issues, relationships, DNA**

29:00	Conclusion of Program	:30
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**Program # 2020-13**

Airdate: 3/29/20 Time of Broadcast 7:00am

Producer: Sean Bratton      Host: Ric Bratton ([www.thisweekinamerica.us](http://www.thisweekinamerica.us))

<u>Time</u>	<u>Segment</u>	<u>Segment Length</u>
:00	Intro	:60
1:00	SPOT BREAK #1	2:00
3:00	Segment #1 – Relationships	16:00
	Summary: Our guest discusses the importance of human connections.	
	Guest: Dr Paul Carlo is a psychotherapist specializing in child, parent, family and adult relationship issues and author of "Belonging: Feeling Loved, Comfortable and Safe". <a href="http://www.drpaulcarlo.com">www.drpaulcarlo.com</a>	
	<b>Issues Covered: social media, happiness, connection</b>	
19:00	SPOT BREAK #2	3:00
22:00	Segment #2- Same as Segment #1	7:00
	Summary: Same as Segment #1	
	Guest: Same as Segment #1	
	<b>Issues Covered: electronic communication, disconnecting</b>	
29:00	Conclusion of Program	:30