

COMMUNITY ISSUES PROGRAM LIST- KNRI
Third Quarter 2020 (July-September)
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The following is a listing of some of the significant issues responded to by KNRI, BISMARCK, ND for the period of July 1st-September 30th. The listing is by no means exhaustive. The order in which the issues appear does not reflect any priority or significance. All times are Pacific Daylight Time.

1. PANDEMIC Self-Care
2. Health & Safety
3. Domestic Abuse
4. Healthy Fatherhood
5. Food Pantry

Issue	Program	Date	Time	Duration	Description of Program
Closer Look	Pandemic Self-Care	9/1/2020	7:00pm	21:55	<p>Dr. Mimi Secor didn't get truly serious about her own weight-management and overall health until her early 60's. Building on her personal success and with a nod to current events, she offers advice cleverly corresponding with each of the letters of the word "pandemic." K-LOVE's Marya Morgan talks with Dr. Mimi about what she calls the '8 pillars of health.'</p> <p>P.lanning/Preparing</p> <p>A.ccountability</p> <p>N.ighttime</p> <p>D.iet</p> <p>E.xercise</p> <p>M.indset</p> <p>I.nspiration/Intimacy</p> <p>C.ontrol</p>

Health & Safety	Closer Look	8/19/2020	7:00pm	13:39	<p>Trauma can settle into your mind and affect your conscious or subconscious no matter who you are -- or how strong you think you 'should' be. K-LOVE's Monika Kelly talks with Jamie Aten, founder of the Humanitarian Disaster Institute which studies mental and emotional reactions to disasters and offers training for Christian leaders preparing to weather societal storms.</p> <p>Related Links: https://www.wheaton.edu/academics/academic-centers/humanitarian-disaster-institute/research/</p> <p>https://www.reopeningthechurch.com/</p> <p>https://www.spiritualfirstaidhub.com/</p>
Domestic Abuse	Closer Look	8/5/2020	7:00pm	28:34	<p>Physical bruises are only small part of what some women and men suffer, says Annette Oltmans of The MEND Project, which brings awareness to what she calls 'covert emotional abuse.' "Victims begin questioning reality and their own sanity," she explains, herself a survivor of domestic abuse – and a Christian – who knows firsthand what's it like to 'live it.' Pastor Paul Cole, president of the Christian Men's Network, has been deeply concerned by the quarantine effect on families already stuffed in a pressure cooker of unhealthy reactions. "A lot of times, we as men act out of anger, rage, disappointment – and we lash out at people," he says, and urges men in this trap to reach out for help. K-LOVE's Billie Branham reports.</p> <p>The National Domestic Abuse Hotline 1-800-799-7233</p> <p>Related Links: https://www.thehotline.org/ https://themendproject.com/ https://cmn.men/ https://ww2.klove.com/news/health/advice-for-men-new-surge-of-domestic-violence-how-to-stop-it-15043?preview=true</p>

Healthy Fatherhood	Closer Look	7/29/2020	7:00pm	29:06	<p>"We know in business, we know in work that you have goals you have you have to meet: well what's your fathering plan?" K-LOVE's Bob Dittman talks with Dr. Ken Canfield of the National Center For Fathering about learning how to be good dad. "We're creating this sense of destiny for our lives that will be played out over and over."</p> <p>Related Links: http://fathers.com/%20 https://fathers.com/ken-canfield/</p>
Food Pantry	Closer Look	9/17/2020	7:00pm	15:14	<p>Stay-at-home orders in Spring 2020 gave millions of new green thumbs a chance to grow. What can Americans do with all those extra cucumbers and tomatoes? Take them to a participating food pantry! K-LOVE's Marya Morgan talks with Ampleharvest.org founder and lifelong backyard gardener Gary Oppenheimer.</p> <p>Related Links: https://ampleharvest.org/</p>
Dakota Boys and Girls Ranch	Local News	8/30/2020 9/27/2020	7:30pm	n/a	<p>Some kids go through trauma or issues and have trouble coping within their school or even their family. Dakota Ranch takes in these kids for various treatments and education; they have one big district with three distant locations, Fargo, Minot, Bismarck. Some of these kids do well academically, but just can't cope well in the classroom setting. Once they've made it through treatment they are transitioned back into their family and their home school. They offer both horse and minibike therapy as well. They use income from several thrift store to fund the work as well as great support from the communities.</p>
Dakota Ranch	PSA	8/19/2020- 9/1/2020	56 spots, 8 times each day	15 seconds	<p>Dakota Boys and Girls Ranch is a place of hope and healing. With trauma-informed care and balanced learning environments the Ranch helps the most troubled, complex, and amazing kids. Through this Faith-filled organization children discover and become their best selves. www.dakotaranch.org or reach them by phone, 800-593-3098</p>

