STATION:101.3 WBRB Buckhannon, WV
SUBJECT: Healthy Resolutions
DISCUSSION: . Mary Binegar discussed resolutions to live a healther lifestyle and explained
how the Y can help people keep those resolutions. She talked about the equipment and training
programs that are available, complete with personal trainers if you desire. Their health and
fitness programs range from martial arts and yoga to swimming, aerobics, zumba, weightlifting, and more. They have something for all ages and fitness levels.
and more. They have something for all ages and himself to tolo.
DATE:1/14-13
TIME / DURATION:4:30 :20 min
GUEST: Mary Binegar, YMCA
MEDIA INTEREST: The United Way provides funding for more than 20 organizations in our
region which benefit all walks of life. Those agencies include boy scouts, the Y, and agencies that provide free meals for the elderly, and free healthcare for the poor, among others. We
regularly feature United Way agencies to educate people on how the organization touches nearly
everyone in our community.
YEAR: 2013
QUARTER: 1 st (Jan-Mar)

STATION: _	101.3 WBRB Buckhannon, WV
SUBJECT: _	Harrison Co. Board of Education
	N:Talk about the activities of the school system in our county. Guest on this w was Mike Queen who is one of the public elected Board Members
DATE: _Jan.	17, 2013
TIME / DUR GUEST: <u>Mi</u>	ATION: 4:30 am :20 min ke Queen
region which that provide firegularly feature.	EREST: The United Way provides funding for more than 20 organizations in our benefit all walks of life. Those agencies include boy scouts, the Y, and agencies ree meals for the elderly, and free healthcare for the poor, among others. We are United Way agencies to educate people on how the organization touches nearly ar community.
<u>YEAR:20</u>	013
<u>QUARTER</u> :	1 st (January-March)

STATION: _	101.3 WBRB Buckhannon, WV	
SUBJECT: _	New City Council Member- Bob Caplan	= ,
	N:His outlook for the City of Clarksburg and why he accepted this after the resignation of Jim Hunt	
DATE: _Jan.	18, 2013	-
TIME / DUR	ATION: 4:30 am :20 min	
GUEST:B	ob Caplan	
region which that provide frogularly feature.	EREST: The United Way provides funding for more than 20 organizations in obenefit all walks of life. Those agencies include boy scouts, the Y, and agencies tee meals for the elderly, and free healthcare for the poor, among others. We are United Way agencies to educate people on how the organization touches near community.	<u> </u>
<u>YEAR:20</u>	013	
<u>QUARTER</u> :	1 st (January-March)	

STATION:101.3 WBRB Buckhannon, WV
SUBJECT: Harrison Co. Board of Education
DISCUSSION: Talk about the activities of the school system in our county. Guest on this particular show was Gary Hamrick who is one of the public elected Board Members.
particular show was Gary Transfect who is one of the public elected Board Memoers.
DATE: Jan. 31, 2013
TIME / DURATION: 4:30 am :20 min
GUEST: Gary Hamrick
MEDIA INTEREST: The United Way provides funding for more than 20 organizations in our
region which benefit all walks of life. Those agencies include boy scouts, the Y, and agencies that provide free meals for the elderly, and free healthcare for the poor, among others. We
regularly feature United Way agencies to educate people on how the organization touches nearly
everyone in our community.
<u>YEAR</u> :2013
st or
QUARTER: 1st (January-March)

STATION:101.3 WBRB Buckhannon, WV
SUBJECT: Health Access
DISCUSSION: . The community's response to the needs of the uninsured and low-income
residents of Harrison and Doddridge Counties.
DATE: _February 11
TIME / DURATION:4:30 am_:20 min
GUEST: Jim Harris- Executive Director of Health Acess
MEDIA INTEREST: The United Way provides funding for more than 20 organizations in our region which benefit all walks of life. Those agencies include boy scouts, the Y, and agencies that provide free meals for the elderly, and free healthcare for the poor, among others. We regularly feature United Way agencies to educate people on how the organization touches nearly everyone in our community.
<u>YEAR:2013</u>
QUARTER: _1st (January-March)

STATION:101.3 WBRB Buckhannon, WV
SID IFCT. City of Cloubschame
SUBJECT:City of Clarksburg
DISCUSSION: . Talked about problems and economic development for the City of Clarksburg
DATE: Eshmann: 15
DATE: February 15
TIME / DURATION:4:30 am to :20
GUEST: Martin Howe- Clarksburg City Manager
GOESTWattii Howe- Clarksburg City Manager
MEDIA INTEREST: The United Way provides funding for more than 20 organizations in our
region which benefit all walks of life. Those agencies include boy scouts, the Y, and agencies
that provide free meals for the elderly, and free healthcare for the poor, among others. We regularly feature United Way agencies to educate people on how the organization touches nearly
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oracyono m our community.
<u>YEAR</u> :2013
QUARTER: 1 st (January-March)
A CANADA TANGETTA INTERPRETATION OF TANADA INT

STATION: _	101.3 WBRB Buckhannon, WV
SUBJECT:	American Heart Month
-	
developing he	N:Some health conditions and lifestyle factors can put people at a higher risk for eart disease. You can help prevent heart disease by making healthy choices and medical conditions you may have.
DATE: Febru	uary 22
TIME / DUR	ATION: 4:30 am to :20min
CHEST: Mar	garet Howe- Director of Nursing- Harrison-Clarksburg Health
Dept.	gatet Howe- Director of Natishig- Harrison-Clarksburg Health
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NATEDIA INTO	EDECT: The Heisel West and I are the Company of the
	EREST: The United Way provides funding for more than 20 organizations in our benefit all walks of life. Those agencies include boy scouts, the Y, and agencies
	ree meals for the elderly, and free healthcare for the poor, among others. We
	ure United Way agencies to educate people on how the organization touches nearly
everyone in o	ur community.
YEAR: 2	013
OUARTER:	1 st (January-March)

STATION:101.3 WBRB Buckhannon, WV
SUBJECT: Childhood Obesity Program
DISCUSSION: <u>Discussed the child obesity problem in the state of West Virginia and the need to get children involved in healthy diets and a healthy fitness program. Talked about the</u>
programs at the YMCA that address these needs and what the individuals has to do to become
involved in them
DATE: March 11
TIME / DURATION: 4:30 am :20min
GUEST: Mary Binegar, Marketing and Membership Director and Heidi Bastin, Program Director with the Harrison Co. YMCA
MEDIA INTEREST: The United Way provides funding for more than 20 organizations in our
region which benefit all walks of life. Those agencies include boy scouts, the Y, and agencies that provide free meals for the elderly, and free healthcare for the poor, among others. We
regularly feature United Way agencies to educate people on how the organization touches nearly
everyone in our community.
YEAR: 2013
QUARTER: _1st (January-March)

STATION:101.3 WBRB Buckhannon, WV
SUBJECT: American Red Cross
SUBJECT: American Red Cross
DISCUSSION: . Talked about the importance of individuals donating blood, who can donate
and often they can. Also talked about the various blood drives in this with their location, date and
time
DATE: March 20
DATEWatch 20
TIME / DURATION: 4:30 am :20 min
CITEGRE OF 10 1 C
GUEST: _Cheryl Gergley- Communications Manager, American Red Cross
MEDIA INTEREST: The United Way provides funding for more than 20 organizations in our
region which benefit all walks of life. Those agencies include boy scouts, the Y, and agencies
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YEAR:2013
1EAK:
QUARTER: _1st (January-March)