

WERU Issues & Programs Q4 2023

Healthy Options 10/4/23, 4-5pm: Hearing and Hearing Loss

Host/Producer: Rhonda Feiman

Co-Producer: Petra Hall

This month:

How do we hear?

What can cause hearing loss?

Are there differences in sensitivity in how individuals react to loud sounds?

How can we protect our hearing?

How do you know that you are experiencing hearing loss?

What are some detriments to delaying or not getting hearing aids when they are needed?

How would an audiologist assess your hearing ability?

How is the hearing of infants & young children assessed, & addressed?

What are the differences between prescription and over-the-counter hearing aids?

Guest/s:

Kate Weiss is an audiologist in Minnesota

Maine Currents 10/3/23, 4-5pm: Author Ann Patchett speaking in Blue Hill

Producer/Host: Amy Browne

Audio recorded by Matt Murphy

This month:

A lively and often humorous discussion with Ann Patchett, celebrated author of “Bel Canto” and eight other novels, and Lynn Boulger, executive director of The Authors Guild Foundation recorded August 4, 2023 in Blue Hill.

Conversations from the Pointed Firs 10/6/23, 4-5pm: Steve Tatko

Host: Peter Neill

Producer: Trisha Badger

Music by Casey Neill

This month:

This month on Conversations from the Pointed Firs host Peter Neill sits down with Steve Tatko, Vice President of the Appalachian Mountain Club. Steve is a lifelong Mainer, born in Monson, graduate of Colby College, shaped by the Maine woods, and now dedicated to its preservation for all of us to use and enjoy.

Common Ground Radio 10/12/23, 4-5pm: Natural Dyeing with Plants

Host: Holli Cederholm

Editor: Clare Boland

This month:

The episode of MOFGA’s Common Ground Radio explores natural dyeing of fibers and textiles with plants and minerals with two Maine artists. With Jude Hsiang, a knitter, weaver and former shepherd, we talk about how to dye plant and animal fibers using plants, many of which she grows in her dye garden or forages for in the local landscape. Later in the show, we are joined by Samantha Verrone, an artist focused on regenerative design. Verrone discusses bundle dyeing, sustainability and experimenting with iron and rust in the dye pot.

Guest/s:

Jude Hsiang, Samantha Verrone

Talk of the Towns 10/11/23, 4-5pm: Hometown Careers and Apprenticeships Linking Mainers with Jobs in Public Service Producer/Hosts: Ron Beard and Liz Graves

This month:

- Background on the work of Maine Municipal Association and the apprenticeship program of Maine Department of Labor
- With Maine municipalities facing a wave of retirements, what opportunities are there for folks new to the workforce and those with experience who might want to change careers?
- What is the range of jobs and careers within municipal government?
- What are some of the more traditional pathways into careers in municipal service?
- How does the Maine Apprenticeship Program work? Can you actually get paid while apprenticing in a job in your town government? What are the other advantages to participating in apprenticeships?

Guest/s:

Peter Osborne, Director of Educational Services, Maine Municipal Association

Rebecca Dansereau, Career Center Consultant, Maine Apprenticeship Program, Maine Department of Labor

Let's Talk About It 10/13/23, 4-5pm: Two-Parter On Military, LGBTQ Situations

Producer/Host: Patrisha McLean

Let's Talk About It: Conversations with Survivors of Domestic Abuse

Guests: Ashley and Dezarae

Topics include:

How the military turned a partner mean, same-sex abuse, emotional abuse, impact on children.

Democracy Forum 10/20/23, 4-5pm: Yikes – 8 Ballot Questions!

Host: Ann Luther, League of Women Voters of Maine

This month:

- Some of them are citizen initiatives; some of them are constitutional amendments. What's the difference?
- What do they mean, what will they do, where did they come from, who supports and who opposes, and whose money is being spent?

Guest/s:

Will Hayward, Advocacy Program Director, LWVME – www.lwvme.org/lwvme-staff

Steve Mistler, Maine Public's chief politics and government correspondent

– www.mainepublic.org/people/steve-mistler

Wabanaki Windows 10/24/23, 4-5pm: ICE Series Review and Final Comments

Producer/Host: Donna Loring

This month: In this episode we review the readings of the 1942 Transcripts and their incredible revelations of the Long Term Strategic Planning of the State to assimilate and eliminate the Wabanaki Tribes and the impact these discussions have on policy and Tribal State Relations up to this day.

Guest/s:

Eric Mehnert, Chief Judge of the Penobscot Nation Tribal Court

Professor Harald Prins is a Native of the Netherlands he is a Distinguished Professor of Anthropology and an Emertus at Kansas State University.

Professor Darren Ranco, Penobscot Nation Tribal Member, Professor of Anthropology and Chair of Native American Studies at the University of Maine.

Law Professor/ Attorney Rebecca Tsosie is a Regents Professor at the James E. Rogers College of Law at the University of Arizona.

Professor Tsosie, who is of Yaqui descent, is a faculty member for the Indigenous Peoples' Law and Policy Program at the University of Arizona

NextWave Radio Hour 10/26/23, 4-5pm: Can My Career Thrive in Maine?

Producer/Host: Olivia Paruk

In this episode:

- Perspectives of being in your young twenties
- Being a college student, specifically studying acting
- Navigating uncertain life paths

Guest/s: Emily Paruk

Conversations from the Pointed Firs 11/3/23, 4-5pm: Joan Radner

Host: Peter Neill

This month:

This month on Conversations from the Pointed Firs host Peter Neill sits down with Joan (Jo) Radner, of Lovell, Maine, professor emerita of literature at American University, holds a Ph.D. from Harvard University, and is enjoying a second career as an oral historian, writer, and professional storyteller in her family's home region of western Maine.

Healthy Options 11/1/23, 4-5pm: Restoring and enhancing resiliency and balance after shock and trauma

Host/Producer: Rhonda Feiman

Co-Producer: Petra Hall

This month:

How does the Trauma Resiliency Model and Community Resiliency Model work to calm the nervous system?

2 How can Trauma Resiliency aid individuals & communities in the recovering process, after mass shootings?

3 What are some new strategies being used globally to treat trauma?

Guest/s: Elaine Miller-Karas, LCSW, is a trauma therapist, co-founder and former Executive Director of the Trauma Resource Institute, and key developer of the Community and Trauma Resiliency Models. She is the author of "Building Resiliency to Trauma, the Trauma and Community Resiliency Models"

Maine Currents Special 10/31/23, 4-5pm: Background on Question 6 from a Tribal Perspective

Producer/Host: Amy Browne

This month:

Donna Loring on the Maine tribe's support of Question 6 on the ballot this November. Recorded on September 30th at an Issues Forum sponsored by the League of Women Voters of Maine.

Maine Currents 11/7/23, 4-5pm: Word Literary Arts Festival 2023: "A.O. Scott in conversation with Alicia Anstead"

Producer/Host: Amy Browne

Audio recorded by Matt Murphy

This month: "A.O. Scott in conversation with Alicia Anstead", recorded by Matt Murphy on October 21st. at the annual Word Literary Arts Festival in Blue Hill. WERU is a media sponsor of the annual festival.

Guest:

A.O. Scott, critic at large for the New York Times Book Review.

Let's Talk About It 11/10/23, 4-5pm: Man Growing Up With a Violent Father

Producer/Host: Patrisha McLean

Production Assistance: Tammy Oropesa

Music: Jackie Lee McLean

Let's Talk About It: Conversations with Survivors of Domestic Abuse

Guests: Commissioner of Corrections, Randall Liberty

Common Ground Radio 11/9/23, 4-5pm: Beekeeping in Maine

Host: Caitlyn Barker

Editor: Clare Boland

This month: Beginner beekeeping strategies, winter beekeeping in cold climates, pest control, resources for beekeepers, climate change and how it impacts beekeeping.

Guest/s: Peter Cowin, Amy Nickerson

Talk of the Towns 11/8/23, 4-5pm: Elected: What Is It Like to Serve as a Member of Local Town Government

Producer/Hosts: Ron Beard and Liz Graves

This month:

- What motivated our guests to seek an elected position in their community, what do they find satisfying about that role, what are some of the challenges?
- What are some of the issues and concerns in Belfast, Blue Hill and Bar Harbor, and what is the role of elected officials in dealing with them?

Guest/s: Jill Goldthwait, former Council Member, Town of Bar Harbor

Eric Sanders, Mayor, City of Belfast

Jim Dow, Selectboard member, Town of Blue Hill

Democracy Forum 11/17/23, 4-5pm: What Happened on Election Day? – And What Does It Mean?

Host: Ann Luther, League of Women Voters of Maine

This month: We'll talk about what happened in the November 7 election. Who were the winners and losers, and what does it mean for the future?

Guest/s:

Shenna Bellows, Maine Secretary of State www.maine.gov/sos/about/bio.html

Michael Shepherd, Political Editor at the Bangor Daily

News www.bangordailynews.com/author/mshepherd/

Power for the People 11/22/23, 4-5pm: The Future of the Maine Electric Grid

Producer/Host: Steve Kahl

This month:

- What is the 'grid' and who owns it
- The future of distributed energy
- Microgrids

Guest/s:

Eben Perkins, Vice President, Competitive Energy Services, Portland, ME

NextWave Radio Hour 11/21/23, 4-5pm: Finding Belonging in Maine

Producer/Host: Olivia Paruk

Theme music by Zeke Sacaridiz. All other music is royalty free. This project was made possible by the generous support of the Maine Community Foundation.

Guest/s:

Elizabeth Walztoni and Phelan Gallagher

In this episode:

- Finding belonging in Maine
- Being a reporter
- Staying curious
- Realities of being a young musician
- Travel
- Being and educator

Maine Currents 12/5/23, 4-5pm: Mainers Calling for Peace in Gaza

Host: Amy Browne

Engineers: Pepin Mittelhauser, John Greenman, Matt Murphy

This month:

We speak with three local residents— 2 of whom are Jewish and 1 who is Palestinian — about their goals, anti-Semitism vs criticizing the actions of the Israeli government, and what they think about the mainstream media coverage and messaging.

Guests:

Abdullah Al-Fdeilat, a Muslim Palestinian refugee who grew up in Jordan and immigrated to the US over 30 years ago.

Jamila Levasseur is of Jewish descent and lost most of her family in the Holocaust. She is a long time supporter of Palestinian rights and was arrested in November for occupying Jared Golden's office demanding he support a ceasefire and stop military aid to Israel.

Larry Dansinger from Bangor is Jewish and has family in living in Israel. Larry identifies as both pro-Jewish and pro-Palestinian, pro peace and anti-violence of all kinds.

Healthy Options 12/6/23, 4-5pm: Brain Health and Aging Well

Host/Producer: Rhonda Feiman

Co-Producer: Petra Hall

This month:

Why is this topic & program relevant for people of all ages?

What is Aging Maine?

What is the Geriatrics Workforce Enhancement Project?

What is dementia? What is "dementia worry"?

Guest/s: Susan Wehry, M.D., geriatric psychiatrist and director of AgingME

Common Ground Radio 12/14/23, 4-5pm: Seaweed and Climate Change

Host: Holli Cederholm

Editor: Clare Boland

This month:

The December 2023 episode of MOFGA's Common Ground Radio explores seaweed, a source of food, fertilizer, and carbon sequestration off the coast of Maine. The majority of the episode is a panel discussion on seaweed — called "Is Seaweed the Solution to Climate Change?" — that was recorded at the 2023 Common Ground Country Fair in September. The panel was organized and facilitated by Bridget Huber from FERN, the Food and Environment Reporting Network. The guests were: Nichole Price, a benthic marine ecologist with Bigelow Laboratory for Ocean Sciences in East Boothbay, Maine; Aurora Burgess, seaweed aquaculture coordinator at Atlantic Sea Farms in Biddeford; and Severine von Tscharner Welcome, of Smithereen Farm in Pembroke, who is also a co-founder of Seaweed Commons.

Guest/s:

Aurora Burgess, seaweed aquaculture coordinator at Atlantic Sea Farms in Biddeford.

Bridget Huber, a staff writer with FERN, the Food and Environment Reporting Network.

Nichole Price, a benthic marine ecologist with Bigelow Laboratory for Ocean Sciences in East Boothbay, Maine.

Severine von Tscharner Welcome, of the Greenhorns and Smithereen Farm in Pembroke.