

APRIL

6/26/20

APRIL EVENTS	
4/17/20	Garage Tour
4/16/20	HOPE HAVEN AUCTION
4/14/20	SHELDON HOME & DESIGN
4/26/20	ALZHEIMERS ASSOC wine & Choc. Fes
5/5/20	Stouxpberman Triathlon
4/12/20	Operation Engage America
4/12/20	Bethany Fundraising Dinner
4/21/20	END IT! For Autumn Color Run
4/17/20	Cindy Cleveringa
4/17/20	Kathy Alons
4/17/20	Stefanie Behrens FCC
4/17/20	Jason Møller
4/17/20	454-5034 LeMars
4/17/20	Shanelle Matus
4/17/20	Brooke Lowin
4/17/20	Jamie Griffioen

4/17/20	Joe Bakker - Dordt	722-6379	online BA in Business degree
4/12/20	Joel & Kristin Brunick (Ann Smith)	605-694-3066	Chr. Home Sch Conf. SD
4/3/20	Dave Krahlng - Mayor	441-0419	SC response to COVID
4/6/20	Ben Van Der Brink	476-9970	B&K 20th Anniversary
4/7/20	Lucas Dubbelde	463-2844	Youth With A Mission
4/8/20	Brandon Huisman	722-6028	Dordt - COVID-19
4/9/20	Darrel & Darren Ralh	722-4846	Am St. Bank
4/10/20	Teri Bos	360-1064	CHP COVID Update
4/13/20	Jeff Ploegstra DU	722-1141	COVID-19
4/14/20	Chert Horstman - SCCS	441-4562	Tails & Trails Summer Camp
4/15/20	Barb Den Herder	722-3457	Chamber - COVID local bus
4/16/20	Ami Keahi	305-0025	ATLAS work - COVID
4/17/20	Josh Bower	979-9598	SCCS COVID-19
4/20/20	Beth Doran ISU Ext	will call us	Protecting Farm Workers
4/21/20	Cory Nelson	722-8107	SC Health - Obtaining H.Care
4/22/20	Niclie Kliegl	395-3157	Certified Life Coach
4/23/20	Kyle Ochshner	402-984-2687	Virtual Performance Clinic
4/24/20	Dave Krahlng - Mayor	441-0419	City update to Pandemic
4/27/20	Jeff Barker - NWC	441-3231	Scripture plays
4/28/20	Donna Mills Shelly	Zoom	Online Parenting Group
4/29/20	Tom & Roxanne Cook	Zoom	Sx Co Youth For Christ
4/30/20	Gary McElowny	441-4981	SCCSD COVID closes schools

MAY

Beef Month

MAY EVENTS			
5/6/20	COLOR ME SWEET Run/Walk	456-6655	Mary Reynolds?
5/17 - 20	OC TULIP FESTIVAL		
6/2/20	Run Walk Roll - Village NW	324-5405	Ryan Haack
	Beef Month		
	Nat. ALS Awareness Month		
	ATLAS Auction	722-4900	Amy Keahl

5/1/20	Rob Roozboom		RiseFest
5/4/20	Carlos Bahena	722-3955	Entegro Health
5/5/20	Ken Smit	540-9560	Bethany 45th Golf Outing
5/6/20	Shari Kastein	441-2634	FCC COVID responses
5/7/20	Jeff Davis	539-0109	Farm Svcs Agency
5/8/20	Rachel Sandbulte		Older Iowans Month
5/11/20	Sunday Ford	551-6780	SCCB
5/12/20	Jen Zomer Alexa Lewis	Haw Hosp 720-346-	Mental Health Month
5/13/20	Tulip Festival Court	5154	Jenon Scanlon
5/14/20	Rob Roozboom		RiseFest
5/15/20	Fred Hall ISU EXT	641-257-	Dairy situation
5/18/20	Dr. Jeff Ploegstra	722-1141	Pro-Biotics
5/19/20	Steve Reeder H-712-332-	8501	
5/20/20	Congressman Steve King	Incumbent 319-270-	Candidate 4th Cong. Dist.
5/21/20	Randy Feenstra 441-2554 -	OR- 2791	Candidate 4th Cong. Dist.
5/22/20	Paul Pate		IA Secty State - Primary
5/25/20	MEMORIAL DAY		
5/26/20	Cash Huntington	651-271- 7016	Red Cross - Blood Dr OC
5/27/20	Kelly Niewenhuis	261-2700	Ethanol Ind Hero's Act
5/28/20	Adam Rossman Josie Faber	605-254- 4230	RV Farmers Mkt
5/29/20	Brooke Lowin		Hope Haven

JUNE

Dairy Month

6/26/20

JUNE EVENTS		
6/2/20	Run Walk Roll - Village NW	324-5405
6/13 - 16	LE MARS ICE CREAM DAYS	548-4971
5/31 - 6/2	SC Summer Celebration	
6/13	Sioux Relay for Life	330-3368
6/15 - 6/16	Rise Fest	
6/11/20	YFC Golf Fundraiser	
June	Dairy Month	
6/4	National Cheese Day	

Mon	6/1/20	Katie Palsma Nor VB	Inspiration Hills
Tues	6/2/20	Heidi O. Emily V.W.	SC Library opening
Wed	6/3/20	Dr. Emily Grace	NWC new physics degrees
Thur	6/4/20	Danette Morgan	Adoption
Fri	6/5/20	Jim Schapp	New Book
Mon	6/8/20	Bob Pollema	Worship during Pandemic
Tues	6/9/20	Tricia Driessen	CFE Golf event
Wed	6/10/20	Greg Christy	NWC Plan for Fall
Thur	6/11/20	Randy Feenstra	GOP Candidate
Fri	6/12/20	Karen Borchers	Woudstra's Meat Market
Mon	6/15/20	Shantelle Oostr	Sheldon Comebac Cash
Tues	6/16/20	Dave Ruter	Pool & Rec.
Wed	6/17/20	Corey Westra	NAA Pandemic Play
Thur	6/18/20	Dianne De Wit Kristi Ten Pas	Dordt Discover E-days
Fri	6/19/20	Annette Van Voorst	Interior Design & COVID
Mon	6/22/20	Gerry Bomgaars Alma Post	Sx Co. Relay for Life
Tues	6/23/20	JD Scholten	Dem Cand IA 4th Cong Dist
Wed	6/24/20	Mark DeYounge	Global Leadership Summit
Thur	6/25/20	Shelly Brown	The Brown Family Theater
Fri	6/26/20	Rob Roozeboom	Rise Fest
6/29/20	Kaleigh Van Middendorp		Guiding Star - New Ex. Dir
6/30/20	Darrel Raih		Am. Inv. & Trust



Weekly Public Affairs Program

Date aired: 04/04/20 Time Aired: _____

Show # 2020-14

Total running time: 29:30 (with optional exit at 24:00)

1. **Gregory A. Poland, MD**, Mary Lowell Leary Professor of Medicine at the Mayo Clinic in Rochester, MN, Director of the Mayo Clinic's Vaccine Research Group, Editor-in-Chief of the medical journal Vaccine

Dr. Poland discussed the status of the coronavirus pandemic and what must happen before lockdowns and social distancing can be eased. He offered recommendations on what to disinfect in homes, whether surgical masks are useful for the general public, what to do about summer vacation plans, and other steps to take to avoid the virus.

Issues covered:
Coronavirus

Personal Health
Government Regulations

Length: 8:59

2. **Dan Stockdale**, Licensed Healthcare Executive in seven states, Certified Nursing Home Administrator, Certified Assisted Living Administrator

Nursing homes and retirement communities have been an intense focal point for the coronavirus pandemic. Mr. Stockdale outlined the steps that nursing homes across the country have taken to protect their residents and staff. He explained what families and others can do to help during this time of social isolation.

Issues covered:
Coronavirus

Senior Citizens

Length: 8:13

3. **Chris Robinson**, Board Member of the National Funeral Directors Association, Managing Owner of Robinson Funeral Home in Easley, SC

The coronavirus lockdowns have had a dramatic effect on the way today's funerals and memorial services can be conducted. Mr. Robinson said live streaming of funeral services, small graveside services, and online guest books have become the temporary replacements for traditional rituals. He also discussed the shortage of personal protection equipment for workers in the funeral industry.

Issues covered:
End of Life

Coronavirus

Length: 5:09



Weekly Public Affairs Program

Date aired: 04/11/80 Time Aired: _____

Show # 2020-15 Total running time: 29:30 (with optional exit at 24:00)

1. **Ken Johnson, PhD**, Senior Demographer at the Carsey School of Public Policy and Professor of Sociology at the University of New Hampshire
 As the coronavirus pandemic spreads across the country, those living in rural areas, are increasingly threatened. Prof. Johnson said that people in rural areas are often more reliant on their neighbors that those who live in urban areas, via through such things as volunteer fire departments and shared educational resources. He said hospitals and doctors are almost always further away in rural areas. He also discussed the potential impact to agriculture and other sectors of the rural economy.
Issues covered: Rural Concerns
 Coronavirus
 Agriculture
Length: 8:07

2. **Ellie Hollander**, President and Chief Executive Officer of Meals on Wheels America
 Ms. Hollander talked about the effect the coronavirus pandemic on Meals on Wheels and the elderly citizens they serve. She said for many clients, Meals on Wheels volunteers are the only people a senior may see in a given day, so families often depend on them to monitor their loved one's day to day welfare. She explained how someone can volunteer or make a cash donation to help.
Issues covered: Senior Citizens
 Coronavirus
 Volunteerism
 Charitable Donations
Length: 9:11

3. **Teri Secret**, certified health & wellness coach, natural health educator, CEO of Joy of Living
 As many Americans are stuck at home, Ms. Secret said it is important to make wise health choices. She offered suggestions to avoid eating or drinking out of boredom, and to incorporate exercise into a daily routine. She also offered ideas to deal with stress and anxiety.
Issues covered: Coronavirus
 Personal Health
 Mental Health
Length: 5:01



Weekly Public Affairs Program

Show # 2020-16

Total running time: 29:30 (with optional exit at 24:00)

Date aired: 4/18/20 Time Aired: _____

1. **David Spiegel, MD**, Willson Professor and Associate Chair of Psychiatry & Behavioral Sciences at Stanford University, Director of the Stanford Center on Stress and Health.

A recent poll found that half of Americans are now suffering mental health issues as a result of the economic shutdown and coronavirus pandemic. Dr. Spiegel outlined the multiple challenges faced by every American during the crisis. He said he expects the mental health effects to be a long-term issue, including increased rates of suicide. He offered tips for coping.

Issues covered: Mental Health, Suicide, Coronavirus

Length: 10:14

2. **Maureen Mahoney**, Policy Analyst, Consumer Reports

From fake cures for coronavirus to phishing emails and phony websites, scammers are taking advantage of consumers' fear as the virus spreads. Ms. Mahoney talked about the way authorities have handled a recent wave of robocalls. She explained how consumers can recognize the signs of a spoofed phone number, or a text or social media message sent by a scammer.

Issues covered: Crime, Consumer Matters, Coronavirus

Length: 7:00

3. **Jean Shafiroff**, philanthropist, author of "Successful Philanthropy: How to Make a Life by What You Give"

As Americans experience historic levels of unemployment, Ms. Shafiroff said food pantries, charities, and nonprofits are seeing huge drops in donations amidst financial uncertainties, while demand for their services skyrocketed. She stressed the urgent need for donations and volunteering from those who are able to do so.

Issues covered: Poverty, Hunger, Volunteerism, Unemployment, Coronavirus

Length: 4:58



Weekly Public Affairs Program

Show # 2020-17

Total running time: 29:30 (with optional exit at 24:00)

Date aired: 04/25/20 Time Aired: _____

1. **Amy David, PhD**, Clinical Assistant Professor of Supply Chain and Operations Management at Purdue University

As store shelves emptied and consumers became frustrated at being unable to get basic supplies during the coronavirus pandemic, many blamed hoarders. Dr. David explained the real reasons behind the shortages, and how the supply chain for food and most other products is much more complex and brittle than most people realize. She talked about ways to build flexibility and redundancies into a supply chain.

Issues covered:
Consumer Matters
Coronavirus

Length: 10:03

2. **Brian Walsh**, Certified Financial Planner at Sofi, a personal finance company

Mr. Walsh outlined prudent financial steps Americans should take to protect themselves during the COVID-19 economic tailspin. He discussed scenarios for those who are unemployed, those who are worried about their jobs and those who have received stimulus checks.

Issues covered:
Personal Finance
Government Stimulus
Consumer Matters
Coronavirus

Length: 7:17

3. **Richard Winchester, JD**, Visiting Professor at Seton Hall University School of Law, national authority on small business and federal employment tax policy

Many Americans have received their stimulus payments from the federal government, but millions of others are still waiting. Prof. Winchester offered advice and web site locations for people to check on the payments and to provide information to the government to expedite the process. He also outlined the numerous aspects of economic aid built into the stimulus bill passed by Congress.

Issues covered:
Government Stimulus
Consumer Matters
Unemployment
Coronavirus

Length: 4:56



Weekly Public Affairs Program

Date aired: 05/03/20 Time Aired: _____

Show # 2020-18 Total running time: 29:30 (with optional exit at 24:00)

1. Rick Seaney, CEO of FareCompare.com

A recent poll found that nearly half of all Americans are ready to travel the moment the pandemic fears are over. Mr. Seaney discussed the current state of air travel. He said, although the current travel outlook is bleak with few flights in the air, there are numerous bargains for consumers who are willing to buy tickets for use later in the year.

Issues covered:
Consumer Matters
Transportation
Coronavirus

Length: 8:51

2. Amanda Kubista-Owen, social worker with Mayo Clinic Health System

Among the unintended consequences of government-ordered lockdowns, Ms. Kubista-Owen said cases of domestic violence and child abuse are becoming more frequent, more severe and more dangerous. She offered advice to those dealing with abusive relationships and said that resources are still available to help victims, despite the pandemic.

Issues covered:
Domestic Violence
Child Abuse
Coronavirus

Length: 8:15

3. Tim Lash, Chief Strategy Officer for West Health, a nonprofit organization dedicated to lowering the healthcare costs of senior citizens

Mr. Lash's organization commissioned a Gallup poll that found that about 1 in 7 Americans say they would avoid seeking medical care if they experienced key symptoms associated with COVID-19, out of fear of the potential cost. He talked about the possible reasons behind this finding. He also discussed the concerns surrounding the greater impact of coronavirus in minority communities.

Issues covered:
Personal Health
Health Insurance
Minority Concerns
Coronavirus

Length: 5:00



Weekly Public Affairs Program

Show # 2020-19

Total running time: 29:30 (with optional exit at 24:00)

Date aired: 05/09/20 Time Aired: _____

1. **Benjamin Domb, MD**, orthopedic surgeon, Founder and Medical Director of the American Hip Institute & Orthopedic Specialists in suburban Chicago

Dr. Domb said a secondary health care crisis is now brewing. He believes it threatens to be much larger than the crisis caused by COVID-19 itself, after the complete stoppage of all non-urgent procedures such as most surgeries, annual mammograms, routine blood tests and cancer screenings.

Issues covered: Public Health

Government

Coronavirus

Length: 8:48

2. **Eric Groves**, Co-Founder and CEO of Alignable, a social network for local businesses

Mr. Groves shared the results of his organization's recent polling, which found that 34% of small businesses nationwide won't be able to pay their May rent in full, as a result of the government-mandated lockdowns. He said retailers, travel, restaurants and personal services businesses are suffering the most, as more than 44% of all small businesses have been shuttered. He also discussed government aid that is available to help small businesses.

Issues covered: Small Business/Economy

Government

Unemployment

Coronavirus

Length: 8:25

3. **Gregory A. Poland, MD**, Mary Lowell Leary Professor of Medicine at the Mayo Clinic in Rochester, MN, Director of the Mayo Clinic's Vaccine Research Group, Editor-in-Chief of the medical journal Vaccine

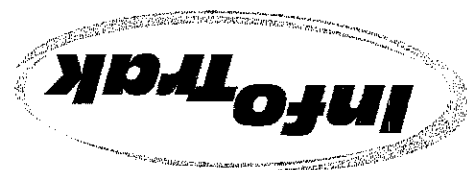
Issues covered: Personal Health

Coronavirus

Personal Health

Length: 5:13

Dr. Poland explained the pluses and minuses of herd immunity, what the similarities and differences are between COVID-19 and the flu, and how he thinks workplaces and schools may change in the future as a result of the pandemic, with less business travel and more e-learning. He said he hopes that we become much more of a mask-wearing society.



Weekly Public Affairs Program

Show # 2020-20

Total running time: 29:30 (with optional exit at 24:00)

Date aired: 5/16/20 Time Aired: _____

1. **Lisa M. Brossseau, PhD**, expert on respiratory protection and infectious diseases, Certified Industrial Hygienist, former Director of the Illinois Education and Research Center and the Director of the Center for Healthy Work, both at the University of Illinois Chicago School of Public Health

Prof. Brossseau spent decades studying the efficacy and fit of surgical masks and respirators, and the aerosol transmission of infectious disease. She said there is no scientific basis for the general public to use cloth masks to prevent COVID-19. She explained why there is a great difference between the use of masks in medical settings vs going to the grocery store. She is concerned that authorities who are ordering the use of bandanas and the like are not taking the issue seriously, and that masks may cause the public to disregard physical distancing.

Issues covered:
Public Health
Government
Coronavirus

Length: 11:53

2. **Prathit A. Kulikarni, MD**, Infectious Diseases Section, Department of Medicine, Baylor College of Medicine

Issues covered:
Public Health
Government
Coronavirus

Dr. Kulikarni explained the basics of contact tracing and why experts believe it will be an effective weapon in the fight against COVID-19. He said the exact number of contact tracers hired by the government will depend on the population and severity of the outbreak in each geographic area.

Length: 5:57

3. **Donald D. Hensrud, MD, MS**, Associate Professor of Nutrition and Preventive Medicine at Mayo Clinic and Director of the Mayo Clinic Healthy Living Program

Issues covered:
Weight Gain
Personal Fitness
Coronavirus

It's being called the "Quarantine 15"—gaining weight while staying at home during the COVID-19 pandemic. Dr. Hensrud talked about the common causes of weight gain during the coronavirus lockdowns and what people can do to avoid it and to get some exercise.

Length: 5:06



Weekly Public Affairs Program

Date aired: 05/23/20 Time Aired: _____

Show # 2020-21 Total running time: 29:30 (with optional exit at 24:00)

1. **James J. Duane**, Professor at Regent Law School in Virginia Beach, VA, author of "You Have the Right to Remain Innocent"

Prof. Duane explained the importance of the Fifth Amendment. He believes it is a constitutional right not clearly or widely understood by the average American. He explained why he advises everyone to never answer questions from law enforcement officers without legal representation. He believes when someone is wrongfully convicted of a crime they didn't commit, often it is because of information they voluntarily gave to investigators.

Issues covered:
Constitutional Rights
Legal Matters
Crime
Length: 9:03

2. **Frank Lalli**, investigative journalist, author of "Your Best Health Care Now: Get Doctor Discounts, Save With Better Health Insurance, Find Affordable Prescriptions"
Mr. Lalli shared his personal story: after he was diagnosed with multiple myeloma, a treatable form of blood cancer, he put his reporter's instincts to work and got the wonder drug he needed at an affordable price—thousands of dollars less than he was told he would have to spend. He explained how to negotiate doctors' fees and how to search for assistance in paying for medications.

Issues covered:
Personal Health
Consumer Matters
Length: 8:11

3. **Alan Cook**, Licensed Contractor, author of "A Trip to the Number Yard"
America's math proficiency is rated 24th out of 29 math-tested countries. Mr. Cook talked about the problem of mathematical illiteracy for both do-it-yourselfers and trade professionals, and the mishaps that sometimes occur as a result. He explained which math skills are crucial to these blue-collar endeavors. He believes the main problem is that our nation's schools have failed to teach math in an engaging manner.

Issues covered:
Education
Workplace Matters
Length: 4:41



Weekly Public Affairs Program

Date aired: **5/30/20** Time Aired: _____

Show # 2020-22 Total running time: 29:30 (with optional exit at 24:00)

1. **Paul A. Offit, MD**, Director of the Vaccine Education Center and Professor of Pediatrics in the Division of Infectious Diseases at Children's Hospital of Philadelphia, co-inventor of the rotavirus vaccine

Dr. Offit discussed the race for a COVID-19 vaccine. He talked about the various strategies that vaccine researchers are pursuing and what the biggest challenges are. He said the typical vaccine takes 20 years to develop. He believes the chances are low that a vaccine will be available by the end of 2020, even with unprecedented resources poured into the research. He expects that there will eventually be multiple vaccines using different approaches because of the great number of companies and government agencies engaged in research.

Issues covered:
Vaccines
Government
Coronavirus

Length: 9:15

2. **Bob Bixby**, Executive Director of the Concord Coalition, a nationwide, non-partisan, grassroots organization advocating generationally responsible fiscal policy

Mr. Bixby discussed the rapidly expanding national debt. He said although he is a deficit hawk, he believes that the US government has little choice than to pour trillions of dollars into the economy in response to the current economic tailspin. He believes the increased spending should be temporary and carefully targeted, and that taxes will almost certainly have to rise in future years. He talked about the path to recovery, once the COVID-19 crisis has passed.

Issues covered:
Economy
Government
Coronavirus

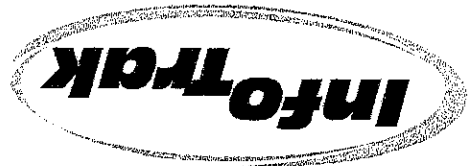
Length: 8:03

3. **Bobbi S. Pitt, MD**, Director of the Clinical Parasitology Laboratory in the Department of Laboratory Medicine and Pathology at Mayo Clinic

Dr. Pitt explained the differences between two primary tests related to COVID-19. She explained who should get either of the tests, how long it takes to receive the results, and what happens next if someone receives a positive test.

Issues covered:
Public Health
Coronavirus

Length: 5:09



Weekly Public Affairs Program

Date aired: 6/6/20 Time Aired: _____

Total running time: 29:30 (with optional exit at 24:00)

Show # 2020-23

1. Colleen Tressler, Senior Project Manager, Division of Consumer and Business Education, Federal Trade Commission

Health experts say that contact tracing helps to stop the spread of COVID-19. However, Mrs. Tressler noted that scammers, pretending to be government contact tracers, are sending text messages that contain links to malware, to hijack an unsuspecting consumer's computer or phone. She explained how to recognize a scam and how to report one to the FTC.

Issues covered:
Consumer Matters
Crime
Coronavirus

Length: 8:42

2. George Zaidan, science communicator, television and web host, author "Ingredients: The Strange Chemistry of What We Put in Us and on Us"

Mr. Zaidan discussed the often-unsettled science surrounding food and health, and why the health aspects of processed food are so controversial. He explained how consumers can try to judge the credibility of media reports about nutrition and food. He also discussed the safety of chemicals that we use on our bodies, such as sunscreen.

Issues covered:
Nutrition
Media

Length: 8:16

Consumer Matters

3. Adrienne Lawrence, former ESPN anchor and legal analyst, author of "Staying in the Game: The Playbook for Beating Workplace Sexual Harassment"

Ms. Lawrence explained how most companies mishandle sexual harassment cases and why. She also discussed the mental health consequences faced by those who report sexual harassment and how to deal with it. She talked about the impact of the MeToo# movement and what she sees as the future of dealing with sexual harassment as a society.

Issues covered:
Sexual Harassment
Women's Concerns
Workplace Matters

Length: 5:03



Weekly Public Affairs Program

Date aired: 06/13/20

Time Aired: _____

Show # 2020-24

Total running time: 29:30 (with optional exit at 24:00)

1. **Mark Votruba, PhD, Associate Professor of Economics in the Weatherhead School of Management at Case Western Reserve University**
 Prof. Votruba was the co-author of a study that examined how layoffs and unemployment may affect crime rates. He found that workers who were let go through no fault of their own experienced a 60% jump in property crimes charges and an overall 20% increase in criminal-charge rates in the year after losing their job. He talked about the possible reasons behind this finding, and how it can be remedied.

Issues covered:

Unemployment

Crime

Length: 8:42

2. **Allan J. Hamilton, MD, Harvard-trained brain surgeon, Regents' Professor of Neurosurgery at the University of Arizona Health Sciences Center, author of "Younger Next Year"; and "Younger Next Year for Women"**
 Dr. Hamilton discussed a wave of encouraging new research suggesting ways to prevent Alzheimer's disease and cognitive decline. He discussed the importance of exercise in generating the growth of new brain cells, and said that it can even result in significant increases in IQ. He explained how women's brains age differently than men, and why preventative steps are even more important for women.

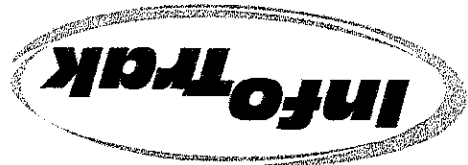
Issues covered:

Alzheimer's disease

Physical Fitness

Aging

Length: 8:16



Weekly Public Affairs Program

Show # 2020-25

Total running time: 29:30 (with optional exit at 24:00)

Date aired: 05/20/20 Time Aired: _____

1. **Phillip Moeller**, author of "Get What's Yours for Medicare: Maximize Your Coverage, Minimize Your Costs"

Health costs are the biggest unpredictable expense for older Americans, who are turning 65 at the rate of 10,000 a day. While Medicare guarantees them affordable health insurance, few Americans know what Medicare covers and what it doesn't, what it costs, and when to sign up. Mr. Moeller explained why Medicare has become so confusing, and how people approaching retirement can understand these complex and important choices.

Issues covered:

Medicare

Senior Citizens

Healthcare

Length: 9:13

2. **Caitlin Shetterly**, author of "Modified: GMOs and the Threat to Our Food, Our Land, Our Future"

GMO products are among the most consumed and the least understood substances in the United States today. Ms. Shetterly shared her personal story of how GMOs affect her family's health. She explained why consumers should learn more about GMOs and why organic foods can be a sensible choice.

Issues covered:

Food Safety

Personal Health

Consumer Matters

Length: 8:01

3. **Costantino Iadecola, M.D.**, Anne Parrish Tizell Professor of Neurology and Director of the Brain and Mind Research Institute at Weill Cornell Medical College in New York
Dr. Iadecola authored a report for the American Heart Association which found that high blood pressure, especially in middle age, is associated with an increased risk of cognitive impairment later in life. He outlined steps to deal with high blood pressure.

Issues covered:

Alzheimer's Disease

Personal Health

Length: 4:58



Weekly Public Affairs Program

Show # 2020-26

Total running time: 29:30 (with optional exit at 24:00)

Date aired: 06/27/20 Time Aired: _____

1. **Suze Orman**, personal finance expert, author of "The Ultimate Retirement Guide for 50+: Winning Strategies to Make Your Money Last a Lifetime," host of the "Women & Money" podcast

Mrs. Orman discussed strategies to save for retirement, especially in the aftermath of the economic upheavals caused by the coronavirus lockdowns. She explained why she believes that Americans should plan to work until age 70. She also explained why those saving for retirement should be using Roth IRAs and 401ks to save for retirement, rather than traditional IRAs.

Issues covered:
Retirement Planning
Personal Finance
Consumer Matters

Length: 10:30

2. **David Geary, PhD**, Curators Distinguished Professor of Psychological Sciences in the College of Arts and Science at The University Of Missouri

Issues covered:
Education
Literacy

Significantly fewer men than women are attending college or pursuing other forms of post-high school education. Prof. Geary led a study that found the primary cause is boys' poor reading skills in adolescence. He said the reading gap between boys and girls is detectable from the very beginning of schooling, even in preschool.

Length: 6:37

3. **John R. Dean, PhD**, Professor of Analytical and Environmental Sciences at Northumbria University in the United Kingdom

Issues covered:
Environment
Consumer Matters

Prof. Dean led a recent study that found that thousands of tons of microfibers are being released into marine environments every year. He explained why this is a serious concern. He found that the problem could be reduced by as much as 30% if consumers made small changes to their laundry habits.

Length: 5:01

MISSION: Providing Excellent Quality of Life and Municipal Services for our
Growing Community through a Spirit of Progressive Cooperation

Council Meetings
July 16, 4:00pm
August 11, 4:00pm

FUTURE MEETINGS

1. Public Input/Communication
2. Consent Agenda
 - Minutes of June 8, 2020
 - Bills
3. Commercial Site Planning Presentation
4. Hwy 75 Streetscaping Master Plan Discussion and Presentation
5. Fire Station #2 – Public Hearing Plans and Specs – Consider Contract
6. Natural Gas Employee Recommendation
7. Children's Park Paving Project Closeout
8. Interstates Water Control Contract Ratification
9. FY '20-21 Wage and Salary Consideration (SC-R-30-20)
10. SRF Sponsored Project
11. Other Business
12. Adjourn

CITY OF SIOUX CENTER
City Council Meeting
June 25, 2020
4:00 PM
AGENDA

LAND USE PLANNING SETS VISION FOR THREE SITES

SIoux CENTER, IA - - Concept drawings were shared with Sioux Center's City Council as the city considers development plans for three pieces of city-owned property.

Community Development Director Dennis Dokter and representatives from planning and design firm Confluence shared concepts designed to create a vision for these three properties.

The sites include land north of Walmart in southern Sioux Center, the former hospital property along Highway 75 in central Sioux Center, and a former farm site along Highway 75 in northern Sioux Center.

The concepts are not designed to be set in stone, but instead allow for purposeful planning to be prepared when businesses inquire about locations. They help ensure those locations tie into the larger community and that accessibility is planned.

Confluence's team created the concepts after viewing the layout of the sites, studying the community's comprehensive planning and zoning maps, and taking input from stakeholder groups.

For the area near Walmart, the concepts suggest a commercial area that features a mix of retail, fast food, and professional offices as well as potential for a larger retail/commercial store and light industrial toward the west end. In the former hospital site, the concept proposes general commercial such as professional offices and complementary retail and possible residential with a focus on walkability. For the northern site along Highway 75, the concept suggests commercial uses such as sales and services or retail sales.

Dokter says they're setting a vision and guidance for the sites, tying into the zoning and comprehensive plan, so when a business does inquire, options are available and the city can be proactive instead of reactive. He says Confluence is providing the concepts to use as a marketing tool for the sites as well to create a purposeful plan to grow in the areas.

CITY OF SIOUX CENTER
City Council Meeting
June 8, 2020
4:00 PM
AGENDA

1. Public Input/Communication
2. Consent Agenda
 - Minutes of May 18, 2020
 - Bills
 - Finance Reports
 - Approve Cigarette Permits
3. Vacate a portion of ROW – Public Hearing (SC-R-21-20)
4. Proposal to Purchase General Obligation Capital Loan Notes, Series 2020 (SC-R-22-20)
5. Consider Appointing Paying Agent, Registrar and Transfer Agent for \$2.5 million G.O. Capital Loan Note (SC-R-23-20)
6. Consider Approving and Authorizing a form of Loan Agreement and Authorizing and Providing for the Issuance, and Levying a Tax to Pay the Note for \$2.5 million G.O. Capital Loan Note (SC-R-24-20)
7. Consider Appointing Paying Agent, Registrar and Transfer Agent for \$1.2 million G.O. Capital Loan Note (SC-R-25-20)
8. Consider Approving and Authorizing a form of Loan Agreement and Authorizing and Providing for the Issuance, and Levying a Tax to Pay the Note for \$1.2 million G.O. Capital Loan Note (SC-R-26-20)
9. Budget Amendment Fiscal 2020 – Public Hearing (SC-R-27-20)
10. Northwest Iowa Safety Group 28E Amendment
11. Consider Disposing of City Property – Public Hearing (SC-R-28-20) (SC-R-29-20)
12. Hwy 75 Update and Discussion
13. Other Business
14. Executive Session
15. Adjourn

FUTURE MEETINGS

Council Meetings
 June 25, 4:00pm
 July 16, 4:00pm

MISSION: Providing Excellent Quality of Life and Municipal Services for our Growing Community through a Spirit of Progressive Cooperation

COUNCIL DISCUSSES SPEED LIMITS FOR HIGHWAY 75 REDESIGN

STIUX CENTER, IA - - Some speed limit decreases are being considered as part of the Highway 75 redesign in Sioux Center.

City staff and Trent Bruce of DGR Engineering shared speed limit recommendations to include in the design of Highway 75 with the City Council this week. These recommended speed zones will help shape roadway design and will need Iowa Department of Transportation (DOT) approval. If approved, the changes will go into effect when the roadway is reconstructed.

Staff and engineers recommend reducing speed limits and extending some speed limits further along the highway.

Mr. Bruce says this is a good opportunity to address some of the other things they're trying to do as part of the reconstruction project - address pedestrian safety and crossings and reduce some of the traffic accident impacts by slowing the speeds.

Speed limits impact right of way design. In general, a higher posted speed limit requires larger right of way. Bruce noted that, along with providing a traffic calming effect, the slight decrease in speed limit from 16th to 9th Street South allows engineers to help decrease the amount of right of way needed in this segment according to DOT requirements.

City Utility Manager Murray Hulstein says it seems early to talk about traffic speeds, but he says identifying speed limits is important at this stage of designing the roadway.

To see the details of each speed limit change in the proposal, go to this story on our website, siouxcountyradio.com.

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June 8, 4:00pm
June 25, 4:00pm

Council Meetings

FUTURE MEETINGS

9. Adjourn
8. Executive Session
7. Other Business
6. Employee Review
5. Workforce Housing Tax Credit Program (SC-R-19-20) (SC-R-20-20)
4. Vacate a portion of ROW – Set Public Hearing
3. Proposal to Purchase General Obligation Capital Loan Notes, Series 2020 (SC-R-18-20)
 - Minutes of April 28, 2020
 - Bills
 - Finance Reports
2. Consent Agenda
1. Public Input/Communication

CITY OF SIOUX CENTER
City Council Meeting
May 18, 2020
4:00 PM
AGENDA

COUNCIL CONTINUES SUPPORT OF GROWTH IN MULTI-FAMILY HOUSING

SIoux CENTER, IA - - The Sioux Center City Council shared support for potential local developers of multi-family housing projects.

The council gave official support to the developers in the case that they apply for state tax credits from a program focusing on affordable housing.

Sioux Center Economic Development Director, Dennis Dokter says multi-family housing and rental housing is a growth area for Sioux Center. He says the city wants to make sure developers have access to this state incentive program through Iowa Economic Development Authority if they plan to build multi-family housing in Sioux Center and help fill the need here.

The council passed a resolution to support the developers' applications. The Workforce Housing Tax Incentive program requires a local match to show support, which is satisfied by the City of Sioux Center's existing five-year tax abatement for multi-family structures built in areas marked for this kind of development.

MISSION: Providing Excellent Quality of Life and Municipal Services for our Growing Community through a Spirit of Progressive Cooperation

June 8, 4:00pm
May 18, 4:00pm - possible in person
Council Meetings

FUTURE MEETINGS

1. Public Input/Communication
2. Consent Agenda
 - Minutes of April 6, 2020
 - Bills
 - Liquor License Renewals
 - Faraway
 - Casey's General
3. Open Space Park Drive - Public Hearing on Plans & Specs and Consider Award of Contract
4. Public Hearing - Resolution Instituting Proceedings to take additional action for the issuance of not to exceed \$9,500,000 General Obligation Capital Loan Notes (SC-R-15-20)
5. Public Hearing - Resolution instituting proceedings to take additional action for the issuance of not to exceed \$700,000 General Obligation Capital Loan Notes (SC-R-16-20)
6. Public Hearing - Resolution instituting proceedings to take additional action for the issuance of not to exceed \$1,000,000 General Obligation Capital Loan Notes (SC-R-17-20)
7. Highway 75 Project Update - Survey
8. Other Business
9. Adjourn

Due to the Covid-19 Health Crisis Sioux Center City Hall is closed to public access. The April 28, 2020 Council Meeting will be held electronically thru Microsoft Teams as allowed by Section 21.8 of Iowa Code. We would ask that any written public comments be submitted by 3:30pm the day of the meeting or you can utilize the online version to make comment at the beginning or during public hearings.

CITY OF SIOUX CENTER
City Council Meeting
April 28, 2020
4:00 PM

Location: www.siouxcenter.org/livemeeting428

Hosted at the City Office

AGENDA

HIGHWAY 75 STREETSCAPE SURVEY SEEKS PUBLIC INPUT

SIoux CENTER, IA - - The City of Sioux Center is seeking public input with a survey focused on streetscape design and safety as the Highway 75 reconstruction project planning moves forward.

The city continues to work with the Iowa DOT, DGR Engineering, and Confluence toward a design to reconstruct Highway 75 as an enhanced 4-lane roadway. The anticipated plan includes two lanes of travel in each direction with medians and a center turn lane. The city is seeking public input as it works to design a corridor that will safely serve the community, offer safe use for pedestrians, and demonstrate Sioux Center's character to all travelers.

Working with landscape architecture and planning firm Confluence, the city is seeking public input through a Highway 75 survey. The survey feedback will contribute to master planning for the Highway corridor in Sioux Center. This is part of phase 1 of the master planning process, and additional opportunities for public information and response are anticipated.

The survey is being delivered to homes with monthly utility bills and is available online. The English online survey is at www.siouxcenter.org/75survey. The Spanish online survey is at www.siouxcenter.org/encuesta75. Residents are asked to complete and return the survey by May 25 to be included in the planning process.