

KKAI ISSUES PROGRAMS

3rd QUARTER 2014

Program: Daytime

Topic: Big Brothers Big Sisters

Date: 7/23/2014

Time: 9:00 a.m.

Duration: 28:30

Cliff Barnett and Ellrad Granger from Big Brothers Big Sisters are here to talk about the need for more volunteers in the Big Brothers Big Sisters program. Big Brothers Big Sisters are promoting their "100 Men in 100 Days" campaign to help fill the need for more volunteers.

During this episode Cliff and Ellrad will talk about the mentoring process, how much time is involved in becoming a Big Brother or Big Sister and the affect a single person can have on a young person for the rest of their life.

Program: Daytime

Topic: Women in the Military

Date: 7/24/2014

Time: 9:00 a.m.

Duration: 28:30

Today's show focuses on "Women in the Military". We will take a look at the growing number of women joining the military. Guests include women presently enlisted as well as women now retired from the various branches of the military.

We will take a look at the various career vocations offered through military service. Education, pension, health care will also be discussed.

Program: City News

Topic: Events around Oahu

Date: 8/8/2014

Time: 10:00 a.m.

Duration: 30 minutes

Coverage of the Memorial Day Lantern Floating Ceremony at Ala Moana beach Park. A crowd of more than 30,000 people showed up at Ala Moana Beach Park to take place in the annual Lantern Floating Ceremony. This is a ceremony where people are asked to write messages to friends or relatives who have passed away. The messages are written on a floating lantern which is floated out to sea.

Annual Dragon Boat Races at Ala Moana Beach sponsored by Bank of Hawaii. Teams from local businesses compete in the all day event, racing dragon boats to raise money for the Hawaii Food Bank.

Coverage of the Annual 4th of July Fireworks display from Ala Moana Beach Park.

Program: Daytime

Topic: Nutrition, Battling Depression

Date: 8/20/2014

Time: 9:00 a.m.

Duration: 28:30

Dr. Jamie Kulaga PhD, joins todays show to talk about depression. She will discuss some of the causes of depression. How men and women differ in the way they show signs of depression, how teenagers show depression. What can be done to combat depression in teens, women and men.

Nutritionist Justin Timineri talks about the importance of good nutrition in maintaining a healthy body and mental health.

Program: Feeding Hawaii Together

Topic: Helping Feed Hawaii's Hungry

Date: 7/3, 7/13, 8/8, 8/22, 9/10, 9/19/2014

Time: 8:00 a.m., 11:30 a.m., 3:30 p.m.

Duration: 15 minutes

This is an inside look at Feeding Hawaii Together, a Kaka'ako based organization which helps feed Hawaii's hungry. Executive Director of FeedingHawaiiTogether.org, Charlie Lorenz explains the way the organization works in the community and how people can become involved in this worthy cause of feeding the hungry in Hawaii.

Program: Kailua Town

Topic: Aloha Festivals

Date: 7/19, 7/26/2014

Time: 3:00 p.m.

Duration: 28:30

Today we will take a look at The Aloha Festivals proudly presents its 2014 merchandise collection to mark its 68th year celebrating Hawaiian culture and heritage. The 2014 Aloha Festivals merchandise – ribbons, power bands and T-shirts – reflects the Polynesian Voyaging Society's mission to promote world peace through its sailing canoe Hōkūle'a in honor of this year's theme "Maluhia Honua – World Peace With Aloha."

Program: Kailua Town

Topic: Hawaii Meth Project Teen Council

Date: 8/16, 8/23/2014

Time: 4:30 p.m.

Duration: 28:30

The Hawaii Meth Project's Teen Advisory Council turns five today with the appointment of 22 student members to its 2014-2015 group. This year's council, selected through a competitive

application and interview process, is comprised of high school students from Kauai, Oahu, Maui, and Hawaii Island who help to raise awareness about the risks of methamphetamine use and provide a teen perspective on the campaign's strategies and messages.

Program: Community Matters

Topic: King Street Bike Lane / FEMA Relief for Big Island

Date: 8/28/2014

Time: 8:00 a.m.

Duration: 28:30

We will examine the plans for a bike lane on King Street running from downtown to Isenberg Street. The far right lane of King Street will be converted into a bike only lane to help increase bike traffic for commuters to downtown.

FEMA has turned down the request from Governor Neil Abercrombie and Mayor Billy Kanoi to offer financial aid to those residents and businesses affected by hurricane Izell earlier this month. Abercrombie has indicated that he will appeal the decision by FEMA and seek money to help those that need it.

Program: Hawaii Red Cross

Topic: Learn CPR Save a Life

Date: 8/30, 9/6/2014

Time: 2:30 p.m.

Duration: 15 minutes

Learn to save a life. Take a Red Cross training class today! These classes will be offered at two separate locations. (Diamond Head Rd/Mililani)

Some Red Cross trainings can be taken in two ways: online blended-learning or full course.

ONLINE BLENDED-LEARNING COURSE: Great for people who take training regularly. Online Blended Learning is convenient with shorter training time. Involves partially online learning (approx: 1 hr) and a classroom session (2 hrs) training.

FULL COURSE: Traditional training class in a classroom, instructor led with video, bookwork and hands-on skills (practice on manikins). Depending upon the desired course, class length can run from 4 to 10 hrs.

Program: Daytime

Topic: Common Core / Dr. T

Aired: 9/2/2014

Time: 9:30 a.m.

Duration: 28:30

Gladis Kersait PhD and Deborah Kozdras PhD join today's show to explain what Common Core is and how it's being implemented into our schools. They will also talk about the 55 by 2025 goal of having 55% of graduating high school seniors advance on to get a college degree.

Hawaii Common Core Standards define the knowledge and skills students need to succeed in college and careers when they graduate. They align with college and workforce expectations, are clear and consistent, include rigorous content and application of knowledge through higher-order skills, are evidence-based, and are informed by standards in top-performing countries.

Also on today's show, Dr. T will talk about taking care of your back and how to avoid injuries to your back. Dr. T will cover symptoms of back problems, stretching exercises for your back and when to have surgery for back pain.

Program: Community Matters

Topic: Juvenile Justice

Aired: 7/9, 7/23, 8/6, 8/20, 9/3, 9/17/2014

Time: 12:00 p.m.

Duration: 30 minutes

Governor Neil Abercrombie, Chief Justice Mark Reckenwald, Senator Donna Mercado Kim and Representative Mele Carroll announced the launch of a new effort to increase public safety and hold juvenile offenders accountable for their actions, while reducing costs to Hawaii taxpayers.

Despite this substantial cost, the majority of juvenile offenders that exit the state's correctional facilities, commit a crime and return within three years.

Program: Daytime

Topic: Women's Self-Defense / Flu Shots

Aired: 9/23/2014, 9/25/2014

Time: 9:00 a.m.

Duration: 28:30

Self-defense expert Charlie Vega joins today's show to women how to defend themselves when confronted by an attacker. He will demonstrate how to use common items like car keys as a weapon when in a dangerous situation.

Charlie also talks about the importance of avoiding dangerous situations like walking alone at night.

With the cold and flu season approaching, pharmacist Paul MacFarland talks about the need for people to get their flu shot. Paul will discuss how flu shot reduce the risk of getting the flu and who needs a high dose flu shot.