

# Issues & Topics covered on

## Well Said Show

Hosted by Ira Nash M.D.

**SVP and Executive Director, Northwell Health Physician Partners**

Engineered by WRHU Operations Manager John Mullen Public

Affairs Show

March 14, 2021 – June 28, 2021

This is a public service program to inform and educate during  
the coronavirus pandemic and other health related topics

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### Headaches and Migraines

Well Said has invited Dr. Noah Rosen, Neurology Residency Program Director for North Shore University Hospital and Long Island Jewish Medical Center where he is a Neurologist and Pain Management expert specializing in headache medicine as well as Associate Professor at the Zucker School of Medicine at Hofstra/Northwell to the ins and out of headaches, from mild discomfort after poor night's sleep to chronic and debilitating migraines.

### Personalized Medicine

Well Said has invited Dr. Karina Davidson, Senior Vice President of Research at Northwell Health, Professor of Behavioral Medicine at the Donald and Barbara Zucker School of Medicine at Hofstra/Northwell and head of the Center for Personalized Health at the Feinstein Institute to discuss personalized medicine, unique health strategies and plans created on an individual basis.

### Pacemakers

Well Said has invited Dr. Jason Chinitz, Director of Cardiac Electrophysiology at South Shore University Hospital and an associate professor at the Donald and Barbara Zucker School of Medicine to talk about pacemakers, the sophisticated electronic devices widely used to treat a variety of heart conditions.

### Before Your Operation: What to Know and What to Ask

Well Said has invited Dr. Elliott Hershman, Chairman of Orthopaedic Surgery at Lenox Hill Hospital, Vice-President for the Western Region of the Orthopaedic Service Line for Northwell Health and Associate Professor of Orthopaedic Surgery at the Donald and Barbara Zucker School of Medicine at Hofstra/Northwell to demystify surgical procedures and explore the kinds of questions you can ask your physician and healthcare team.

### Long Term Effects of COVID-19

Well Said has invited on Dr. Ankita Sagar, Director of the COVID Ambulatory Resource Support (CARES) Program at Northwell Health, Assistant Professor of Medicine at the Zucker School of Medicine to shed some light on what the future may look like for those affected by COVID-19.

## **Antibiotics: Use and Resistance**

Well Said has invited on Dr. Donna Armellino, Vice President of Infection Prevention for Northwell Health as we discuss contemporary usage of antibiotics and shed light on the growing concern of antibiotic resistant bacteria.

## **A Contemporary View of Nursing**

Well Said has invited on Dr. Launette Woolforde, Chief Nursing Officer at Lenox Hill Hospital, Lenox Health Greenwich Village, and Manhattan Eye, Ear and Throat Hospital, and Associate Professor at the Donald and Barbara Zucker School of Medicine at Hofstra/Northwell. This week is special because almost every issue of health and wellbeing is shaped by the influence and dedication of nurses. To all Nurses listening- thank you!

## **Bipolar Disease**

Well Said has invited Dr. Raphael Braga, Assistant Professor, Department of Psychiatry, Hofstra Northwell School of Medicine and Physician in charge of the Center for Treatment and Research in Bipolar Disorder, at the Zucker Hillside Hospital to talk about the ins and outs of Bipolar Disease, including diagnosis, treatment and research.

## **So You're Vaccinated... Now What?**

Well Said has invited Dr. Matthew Harris, Assistant Professor of Pediatrics and Emergency Medicine at the Zucker School of Medicine and Medical Director, Northwell COVID-19 Vaccination Program to discuss the nuances behind the COVID-19 vaccinations, the options, the concerns and our progress as a country.

## **Bioelectronics**

Well Said has invited Dr. Kevin Tracey, President and CEO of the Feinstein Institutes of Medical Research and Professor of Molecular Medicine and Neurosurgery at the Donald and Barbara Zucker School of Medicine at Hofstra/Northwell to discuss the growing field of bioelectronics, a fascinating new field that brings together a wide variety of disciplines, including human biology, electrical engineering, and clinical medicine. Receive Well Said Radio Show Updates Get notifications about upcoming shows, topics and guests directly to your inbox. Never miss an episode! Send us feedback and much more. Email (required) \*First Name Last Name Select list(s) to subscribe to WellSaid-2020 Yes, I would like to receive emails from Well Said. (You can unsubscribe anytime) Constant Contact Use. By submitting this form, you are consenting to receive marketing emails from: Donald and Barbara Zucker School of Medicine, 500 Hofstra University, Hempstead, NY, 11549, <http://medicine.hofstra.edu/>. You can revoke your consent to receive emails at any time by using the SafeUnsubscribe® link, found at the bottom of every email. Emails are serviced by Constant Contact var ajaxurl = "https://sites.hofstra.edu/wellsaid/wp-admin/admin-ajax.php";

## **Atrial Fibrillation**

Well Said has invited Dr. Nicholas Skipitaris, Director of Cardiac Electrophysiology for Lenox Hill Hospital and the Western Region, Northwell Health and Assistant Professor of Cardiology, Zucker SOM as we explore exactly what Atrial Fibrillation is and dive into the symptoms, medications and strategies for combating this condition.

## **Cutting Edge Topics in Tourette's**

In recognition of the 2021 Northwell: Cutting Edge Topics in Tourette's, Well Said has invited Dr. Cathy Budman, Dr. Jane Zwilling, and youth ambassadors Christopher Allesandri and Rebecca Caron. Dr. Cathy Budman serves as the director at the Long Island Center for Tourette, she is a clinical professor of psychiatry at the Zucker School of Medicine and a Senior Attending Psychiatrist at Northwell Health. Dr. Jane Zwilling is a Co-Chair of the Tourette Association of America in Long Island and serves as a Co-Director of the Youth Ambassador Program. Join us as we explore this complex disorder, what is like to live with Tourette's and the treatments and research being done to support those affected. Resources Long Island Center for Tourette

and Associated Disorders: <https://www.litourettecenter.org/> Tourette Association of America, Long Island Chapter: <https://www.longislandtourette.org/> Tourette Association of America: <https://tourette.org/>

### **Michael Dowling – Leading through the Storm**

Well Said has invited Michael Dowling, President and CEO of Northwell Health, the largest health care provider in the region, and the organization that has taken care of more COVID patients than any other organization in the entire country. Join us as we explore his remarkable journey from childhood poverty in rural Ireland in the 1950's to becoming a key figure in the fight against COVID-19.

### **Women's Health**

Well Said has invited Dr. Rosemarie Conigliaro, Section Chief for Women's Health at Northwell Health Physicians Partners, Director at Katz Institute for Women's Health, an Internal Medicine physician and professor of medicine at the Zucker School of Medicine at Hofstra/Northwell to dive into the world of Women's Health, including its relations to COVID and upcoming vaccinations.