

Issues & Topics covered on

Well Said Show

Hosted by Ira Nash M.D.

Engineered by WRHU Operations Manager John Mullen

Public Affairs Show

Oct 1, 2022 - Dec 31, 2022

This is a public service program to inform and educate the community about important health and wellness topics.

How COVID Crashed the System

October 3, 2022 Ira Nash

Well Said has invited Dr. David Nash, the founding dean emeritus of the Jefferson School of Population health in Philadelphia, and Charles Wohlforth, a widely published author and science writer to discuss their new book "How COVID crashed the system; a guide to fixing American health care" that takes a hard look at how the COVID pandemic exposed deep flaws in how health care is delivered in the US.

Family Planning and Women's Health: Legal Implications of Dobbs v Jackson

October 3, 2022 Ira Nash

Well Said has invited Alex Trinkoff, who serves as the VP of Legal Affairs and Senior Associate General Counsel at Northwell Health to discuss the overturning of Roe v Wade, a decision which brings many concepts in law, bioethics, social justice, and reproductive health to the forefront of conversation.

Gut-Brain Axis

October 10, 2022 Ira Nash

Well Said has invited Dr. Elena Ivanina, Director of Neurogastroenterology and Motility, Assistant Program Director at Lenox Hill Hospital, and an Assistant Professor at the ZSOM to discuss how the gut-brain axis has implications for everything from irritable bowel syndrome to depression and anxiety.

Challenges of Primary Care

October 17, 2022 Ira Nash

Well Said has invited Dr. JoAnne Gottridge, an Internal Medicine Physician, Senior Vice President of the Medicine Service Line at Northwell Health and Associate Professor at the Zucker SOM to talk about the importance of the field of Primary Care, its role during COVID and the challenges it now faces.

Addiction Medicine

November 1, 2022 Ira Nash

Well Said has invited Dr. Sanjey Gupta, a Physician in Emergency Medicine and Addiction Medicine, Chair of Emergency Medicine at South Shore University Hospital, and Professor of Emergency Medicine at ZSOM to talk about the harm reduction strategies being implemented to combat the effects of drug abuse and addiction.

Elder Abuse

November 14, 2022 Ira Nash

Well Said has invited Arlene Markarian, Assistant District Attorney and Chief of the Elder Abuse Unit of Nassau County and Dr. Marzena Gieniusz, a geriatrician at Northwell Health to discuss what constitutes elder abuse, how to recognize it and what can be done about it.

Myocarditis

November 29, 2022 Ira Nash

Well Said has invited Dr. Rubin Cooper, former Chair of Pediatric Cardiology at Northwell Health, and Professor of Pediatrics at the Zucker School of Medicine to talk about Myocarditis – a disease that causes inflammation of the heart muscle and its connection to COVID-19.

Poliovirus

December 6, 2022 Ira Nash

Well Said has invited Dr. Lorry Rubin, Chief of Pediatric Infectious Disease at Northwell Health and a professor of Pediatrics at the Zucker School of Medicine to discuss exactly what is polio and why is it back?

Safety in Healthcare

December 20, 2022 Connor Pilkington

Well Said has invited John Nance, US Air Force and Airline pilot, founding member of the National Patient Safety Foundation, and world-renowned author to discuss the current state of health care safety, the differences between preventing errors and preventing harm and what this all means for both patients and providers.

Heart Surgery – A Personal Story

December 20, 2022 Ira Nash

Well Said has invited Rachel Luscher, a senior at Hofstra University, and Station Manager of WRHU, the campus radio station where Well Said is recorded and broadcast to tell her personal story of facing considerable health challenges, including the need for open-heart